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AROUND & ABOUT

Your Community Connection

April 2, 2013 Issue 14 - Volume 17
www.aroundandabout.ca

Lending a Helping Hand



Photo: Espanola Helping Hand Food Bank Board of Directors: Left to right: George Brown-Treasurer, Rita Brown-Secretary, Susan Krysanowski-President, Karen Wilcox-Hospitality, Diane Paquette-Fundraising, Pauline Girard-Vice President.

Sitting: Claire Lajeunesse-Past President, Maurice Girard-Maintenance and Safety, Gisèle Mokohonuk-Warehousing

By Chloe Kneer - The Espanola Helping Hand Food Bank has a new Board of Directors to help fuel its growth. The food bank has been active since 2006 and remains viable through the generosity and support of the community and the thirty-eight volunteers who run it. Past president Claire Lajeunesse says, "This is a strong Board of Directors that will work the volunteers. I will be available to them in a consulting capacity." Lajeunesse recently stepped down, handing over the reins to Susan Krysanowski. The food bank now has constitution by-laws, is incorporated with the federal government, and has applied for its charity number in order

Continued on page four...



TV Bingo

6:30 P.M.
Espanola Wednesdays

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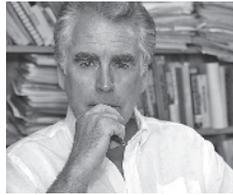
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All The World's A Circus
 William Thomas



williamjthomas@gmail.com

The Day I Threw An Airline Pilot Under The Bus

There's a YouTube video on the Net of the old TV show To Tell The Truth. Very popular in its day, it shows host Joe Garagiolo introducing the Great Imposter. The panel has to correctly select the Great Imposter from a line-up of three guys and two of them are not the real guy so they also are imposters. His deposition: "I Frank William Abagnale am known as the world's greatest imposter. In the course of my nefarious career I've pawned myself as a doctor, a lawyer, a stock broker and the pilot of a major airline. For six years I also cashed \$2,500,000 in bad cheques in 26 countries. Ultimately I was sentenced to 72 years in prison; I served one year in France, one year in Sweden and four years in a federal prison in the United States. Parolled, I now devote my life to the prevention and detection of crime." In the spring of 2001 I filled in for the Great Imposter. Five hundred Canadian travel agents attended a conference in Cascais, Portugal and I was one of four speakers booked for the week-long conclave. Frank, who by this point in his life had gone from career criminal to motivational speaker was the keynote. Then there was Robert Sharma (The Monk Who Sold His Ferrari), Elaine Denby listed as a motivator/chiropractor ("get your life together or I'll manipulate your neck") and me. I even brought Frank's book Catch Me If You Can – The True Story Of A Real Fake for him to sign. Steven Spielberg had directed the movie Catch Me If You Can starring Leonardo DiCaprio and Tom Hanks. The movie grossed \$352 million worldwide and it must have killed Frank not to have embezzled that too. So the night before it all starts we're

all tasting wine in a candlelit cavernous wine cellar up in the mountains of Sintra when the event meeting planner came up to me, white as a ghost. "Frank Abagnale," she said breathlessly. The Great Imposter? He's a 'no show'." "Oh, no," I said, feeling her pain. "Now you're our keynote speaker. You go on tomorrow morning." "Oh, no," I said, feeling my own pain. "Absolutely," I said. "I'll do whatever it takes." Looking back I realize I was too stupid to say: "How much were you paying Frank?" Frank had given some lame excuse about being turned back by the airline in Chicago because he tried to use his own Air Mile points to fly to Lisbon. I suppose if you've surgically removed a guy's spleen while holding a doctor's operating manual in your other hand, then ripping the heart out of a meeting planner is not such a big deal. The travel people were noticeably not happy about this and tomorrow morning I could well become their target of disappointment. So I rejigged my speaking notes and led off with a new presentation titled: "Bury Frank." So there I was standing in front of 500 disgruntled conference goers substituting for Frank Abagnale who even today remains Number One on the list of the World's Most Successful Con Men. Honest. Charles Ponzi who invented the "Ponzi scheme" and was Bernie Madoff's mentor is number two. (And no, I checked, Benny Hinn didn't even crack the top ten.) "Thank you for coming out this morning, I hope you're not too disappointed that you get to hear me speak and not Mr. Abagnale

Continued on page three...

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Continued from page two...

because frankly I have spent very little of my life in jail.”

A few people found humour in this. My mother would have been very proud.

‘Yes, I’ve lived a very sheltered life. I mean in the 70’s while Frank was screwing over good people like you, I was just trying to pay off my student loan.’

They were coming around, nodding in agreement.

‘And believe me, if I’d have known you could write cheques on other people’s bank accounts, I could have paid those loans off a lot sooner.’

And then we were off to the races.

‘Frank claims he couldn’t get on his flight here to Lisbon but really, you would think a guy who impersonated an airline pilot would be able to read a boarding pass.’

‘I’m sure Frank is a great motivator and would have made a fine keynote speaker but the good news is when you

shake my hand later, your watch will still be on your wrist.’

‘Seriously, I’m sure Frank’s a great guy and it’s a shame that when he goes to Sunday dinner, the in-laws still lock the silver in the trunk of the car.’

Oh yeah, I was relentless ... and it worked. All humour needs is a victim and the guy who disappointed 500 people with a lame excuse about his Air Mile points was perfect. March 28, 2001, the day I threw a phoney airline pilot under the proverbial bus. And believe me, the people at that conference who had come especially to hear Frank speak, they wished it had been a Greyhound instead of a ‘proverbial’ bus.

For comments, ideas and copies of The True Story of Wainfleet, go to www.williamthomas.ca To book William as a speaker, niagaraspeakersandtalent.com

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Home Security Begins With You: Preventing Home Break-ins



Spring seems to be around the corner, but many of us in the north are heading for warmer locations to get a break from the snow and cold. Getting a break, however, can also lead to a break-in at your home while you are away. Here are some tips to

help you avoid having your home burglarized, whether you are in town or not.

First, it is a myth that most residential break-ins happen at night. In fact, most residential break-ins actually happen during the day, when the majority of people are not at home.

Our natural instinct is to think about ways to keep the burglar out, such as upgrading our locks or installing an alarm system. When assessing a property from the street, most thieves do not focus on the type of lock you have. Instead, criminals look for

opportunities that improve chances for success. In the case of residential homes, burglars look for:

- Excessive amounts of landscaping and solid wood fences that help them hide from the neighbours
 - Indications that you, the owner, may be away including the presence of flyers, newspapers, unshovelled driveways, lawns in need of maintenance, the absence of a car that is usually parked in the driveway, or the absence of appropriate lighting.
- There are many things you can do to protect your home, such

as clear views of all windows and doors (not obscured by bushes or a high fence), ensure that newspapers/mail and flyers are collected, the driveway is shovelled and lawn is cut when away. Also, leave lights on timers, both inside or outside when away, install deadbolt locks to all your exterior doors, windows with a single locking device should have a secondary security feature, a safety box for valuables is a good idea. It should be stored in an isolated area of your home. Store your keys in an out-of-sight location and advise your neighbours when you’re away.

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Continued from front page...

Lending a Helping Hand

to issue income tax receipts for donors.

Over the weekend of March 24-25, MNR volunteers filled the bed of a truck with food donations by sitting outside a local grocery store

and handing out lists of most needed items to those entering the store for their weekly groceries. Those wishing to help lessen the needs of the food bank are encouraged to call Susan at 705-869-4473.

Espanola Helping Hand Food Bank News

EHHFB is becoming a registered charity. Our charter has been prepared and the first executive elections were held at the annual general meeting in March. This process has been very exciting for our member volunteers. One of the benefits of being a recognized charity is increased opportunities to apply for grant monies. The MNR's food drive in March was very successful and the food bank received generous donations of food and money. Thanks to the staff of the MNR and all of you who supported the drive.



2013 LNHL Atom "D" Champions



Front row : Draven Abitong, Joshua Camillo, Jacob Toulouse, Ethan Toulouse, Deon McGregor
Middle Row: Ethan Matijevich-Wigwans, Tristan Harrington, Owen Konings, Mackenzie Shigwadja, Ethan Eshkakogan, Jacinta Eshkakogan
Coach Sean Camillo, Trainer Sandra Camillo, Manager Shelley Toulouse

During the March Break Sagamok Anishnawbek was represented at the 2013 Little Native Hockey League (LNHL) Tournament in Mississauga, Ontario. This year's event had a total of 153 teams with 24 teams in the Atoms Division. Sagamok Atoms first two opponents were a couple of talented teams from Chippewa (ended up in "B" final) and Batchawana (ended up in "A" final). Their third game was a close game against Akwesasne (ended up in "C" final) but Sagamok came up one goal short and were placed in the "D" section of the tourney. Sagamok Atoms final day of hockey would see the team play 3 games and they would win all three. This gave Sagamok the "D" Championship. Sagamok Atoms would like to thank all their players, coaching staff, parents and sponsors especially Dreamcatcher Charitable Foundation for their effort and contribution to this year's team. Sagamok Atoms team would like to thank all their players, parents, coaching staff members, their sponsors and a big thanks to Dreamcatchers.

Community-Building Fun in Webbwood



Photo: Webbwood Public School is the site of fun and fundraising this spring.

Webbwood Public School has been hosting many events and fund-raisers for the school, including a Breakfast Club Bingo every Tuesday in the gym from 11:30 a.m. – 12:30 p.m. They hold two black-out games and a 50/50 winner's purse, worth a minimum of \$20. On Friday, April 12, the school will hold a community bazaar. Vendors are welcome to rent a table for \$10 or members of the general public may make donations to the flea market by dropping off items at the school office. There will be arts and crafts, baked goods, and other

items available for sale. The indoor bazaar will run from 9:00 a.m. to 3:00 p.m. and is open to everyone. The school is also selling the newest and hottest environmentally friendly pencils, called Smencils. For \$2, you can purchase these special pencils, which are made from corn-based biodegradable plastic, recycled newspapers, and environmentally friendly fragrances. For more details about the goings-on at Webbwood Public School, call the office at 705-869-3751.

Skip Bottled Juice For The Benefits Of All-Natural



(NC)—We all know that we're supposed to consume 7 to 10 servings of fruits and vegetables on any given day as outlined by Canada's Food Guide. Many of us turn to bottled juice to help meet the daily intake recommendation, but we may not be getting what we think. Many commercially bottled juices are processed and lack nutritional content, while freshly juiced fruits and vegetables are full of vitamins, minerals and

phytonutrients. A lot happens in the bottling process, including heating and pasteurizing that reduces the nutritional content. Many bottled juices also have added preservatives, colour and artificial sugars. Instead, juicing a selection of fresh produce is a simple activity you can do to ensure you're getting a sufficient amount. Reliable guidance is available on the Reboot with Joe website: rebootwithjoe.com. You will see that freshly juiced produce provides the essential vitamins, minerals and enzymes, all needed for a healthy body. Juicing is a fast and efficient way to absorb immune boosting nutrients and to get the daily required amount of fruits and veggies our bodies need. www.newscanada.com

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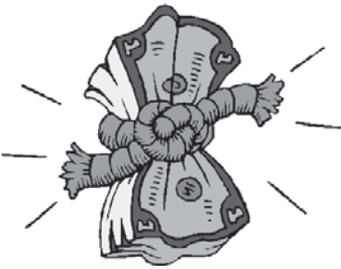
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By Chloe Kneer - Budget presentations and deliberations continue in Espanola as the town wrestles with its financial health. The looming repayment of \$4 million in back taxes to Domtar has forced the administration

Balancing the Budget in Espanola

and council to look at every means possible of cutting expenditures in order to avoid a sharp increase in property taxes to cover the bill.

Residents were happy to hear that the decision was made to sell two properties that the town currently owns: the building where Cambrian College is housed across from the municipal offices and the so-called "doctor's house" on Second Avenue.

It was also decided that an independent service review will be carried out, likely at a cost of \$15-25,000, and that the

strategic plan will be complete. Budget cuts include: print and television advertising budgets have been nixed; public works will see a reduction in the hiring of student workers from 14 to 8; mayor and council car allowances will no longer be paid; honorariums to council-appointed board members will no longer be paid; Espanola will request that all communities in the hospital catchment area contribute to doctor recruitment costs. In addition, the Sudbury and District Health Unit will be asked to identify where surplus municipal contributions

are spent. If the town is not satisfied with the expenditure, they may demand a refund of overpayments. Mayor and council salary concessions were addressed in-camera.

The fire department's budget was accepted as was the police budget, though a review with the police services board is yet to be scheduled.

The recreation budget is to be reviewed on April 9. Clerk-Treasurer/Administrator Cynthia Townsend says she hopes the budget will be finalized by the end of April.

ARREST FOR ARSON



WANTED

**TYLER
DAVIDGE/
WOODLEY**

On March 4, 2013 the Espanola Police Service responded to a garage fire on Watson Ave. in Espanola. Upon arrival of police and fire services the garage was completely engulfed in flames and was completely destroyed. The estimated damage of the fire is \$70,000.

The fire was found to be suspicious. As a result of further police investigation, two adult males were charged with a number of offences.

During the same time frame another nearby garage was broken into on Watson Ave.

and a case of beer was stolen. It was determined by police that the same individuals were responsible.

The two males accused are; Jordan LACOSSE (18) charged with: Arson - Disregard for Human Life, Arson - Damage to Property, Break and Enter x2, Carrying a Concealed Weapon x2 and Possession of Weapon for a Dangerous Purpose x2. He was arrested, brought to Sudbury Bail Court and was released on bail with conditions.

Tyler DAVIDGE/WOODLEY (20) will be charged with: Arson - Disregard for Human Life, Arson - Damage to Property, Break and Enter x2, Fail to Comply with an Undertaking (x2) and Breach of Probation (x2). Police have been unable to locate him and there has been a warrant issued for his arrest.

Any information regarding these crimes or the whereabouts of Tyler DAVIDGE/WOODLEY please contact the Espanola Police Service at 705-869-3251 or call Crime Stoppers at 1-800-222-TIPS.

As of March 26, this information was current.

Espanola & Area Family Health Team

Smoking Cessation Support Group

First session is Monday April 22nd
6:30-8:00 p.m. Will run for 4 weeks.

FREE support for anyone who is trying to quit smoking or has quit smoking.

From Soup to Tomatoes

Gentle program

Armchair based exercise

Elk's Hall 10:15-10:45 a.m.

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In The Loop

In a letter on the Town of Espanola website, Mayor Lehoux asked that residents work together as a team to protect our image of being a community of choice. The Espanola Citizen Group Executive has accepted this invitation.

To assist in finding long-term solutions for Espanola we have scheduled a Town Hall Meeting for April 18 at 7:00 p.m. at the KC Hall. We have invited the Mayor and Council and have asked Mayor Lehoux to be the Introductory Speaker.

Guest Speaker Irene Callaghan from Northeastern Manitoulin and the Islands Ratepayers Association (NEMI) has agreed to explain how her group and council have managed to accomplish this feat and then she will take questions from the audience. The ideas which they have found beneficial should help us attain our goal as a community which works together.

For more information on this, the town budget meetings, and other "Outside the Box" ideas and suggestions, like our Facebook page and visit our website at www.espanolacitizengroup.ca

Executive member **Richard Ellis**



The information provided in the Espanola Citizens Group are the written expressed opinions, views and facts collected by the ECG. A&A does not agree or disagree with the information provided by the ECG.

NOTICE



Notice Congratulations to



Donna McDonald, Justin Picard and Ken Patterson for winning the draw for **Espanola Curling Club Youth Curlers.**

Thanks to all who purchased tickets and to our sellers!

EMPLOYMENT OPPORTUNITY

Employment Opportunity

J&S Manufacturing is currently seeking an **AutoCAD Design Technician** and **Machinist** and **Welder** for our Spanish, Ontario plant. Under the direction of the General Manager, the selected AutoCAD Technician will be responsible for all aspects of CAD drawings including electrical wiring and hydraulic schematics of our underground mining equipment. The Machinist will work under the Plant Supervisor and be responsible for all aspects of the day-to-day operation of the Machine Shop and ensure constant flow of material for fabrication of our underground mining equipment. The Welder will work under the Welding Fabrication Supervisor and will be required to assist in all aspects of fabrication on our mining equipment.

Requirements for AutoCAD Design Technician:

- Designation in a mechanical discipline preferred
- Must be proficient in AutoCAD
- Ability to draw hydraulic and electrical schematics would be an asset.
- Ability to work under little supervision

Requirements for Machinist:

- Licensed Machinist preferred or equivalent experience
- Must have knowledge of CNC Lathe and Mill
- Programming and set up of CNC required
- Ability to read blueprints is a must
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Requirements for Welder:

- Certified and/or accredited in FCAW
- Ability to read blueprints
- At least 3 years experience

*Please note that only those considered will be contacted for an interview.

Please send resumes to
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or mail to:

J&S Manufacturing
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Recipe

Are you looking for a recipe to use up the last of your Easter ham? This is a "quiche" like recipe without the hassle of making pastry. It's great for a quick meal or to serve at a brunch.



Ham & Onion Crescent Squares

- 8 oz. can Pillsbury Crescent Dinner Rolls
- 3/4 cup shredded Swiss cheese
- 3/4 cup shredded Mozzarella cheese
- 1 egg, beaten
- 3/4 cup milk
- 1 cup diced fully cooked ham
- 5 chopped green onions

Heat oven to 375° F. Separate crescent dough strips and place in an ungreased 13 x 9 pan; press over bottom and 1/2 inch up sides to form a crust, sealing separated strips. Sprinkle cheeses over the dough. Combine the egg and milk and pour over the cheeses. Sprinkle the onions and ham evenly over the top. Bake at 375° F for 22 to 28 minutes or until crust is deep golden brown and the filling is set. Cool for 5 minutes; cut into squares.

Makes 4 to 6 servings.

Kids Korner

Rainy Day Umbrella Craft

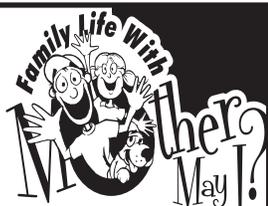
- construction paper (any light colour)
- blue paper
- scissors
- cupcake liners
- paint or markers
- glue
- tape
- pipe cleaners



Start by having your child paint or decorate the cupcake liners with markers. Cut out some big fat raindrops out of the blue paper. Put some glue dots on the paper and add the rain drops. Fold the cupcake liners in half or cut them in half. Bend the pipe cleaners to look like an umbrella handle and add the pipe cleaner handles to the back of the umbrella with tape. Glue your umbrellas to the construction paper and let dry.

Mother May I now has her own e-mail address! If you'd like to share a recipe, life tip, or craft idea, or have any questions, you can email me at:

mothermayi@aroundandabout.ca



COMMUNITY NOTES

Spaghetti Supper - Webbwood Eagles Saturday, April 6 from 5:00 p.m. to 6:00p.m. Everyone welcome.

Rainbow Hikers - There will be a hike on Thursday, April 4th. Meet at the Espanola Recreation Complex at 10:00 a.m. Call Gwen Wilson at 705-869-4899 or Edith Beange at 705-869-6228 for more information.

Arts & Blooms Garden Tour - The Espanola Horticultural Society is looking for gardeners and artists to show off their skills and hard work. The tour is Saturday, July 6 from 9:00 a.m. - 4:00 p.m. Please phone 705-865-3005 or 705-869-2671 by April 30.

STOMP -Every Friday night between 7:00 - 8:30 p.m. at Queensway Pentecostal Church for tweens grades 3-7. Fun, free and everyone is welcome.

The Anishinabe Spiritual Centre - Invites you to celebrate the "Feast of St. Kateri Tekakwitha" on April 17. Mass at 5:15 p.m., followed by dinner and events. To reserve your space for the free event call 705-869-4994.

Sudbury-Manitoulin Alzheimer Society - Espanola & Area Friendship Circle will meet Monday, April 8 from 1:30 p.m. - 3:00 p.m. at the Seniors' Drop In Centre 799 Queensway Ave. For more info call 705-869-1137.

Espanola Public Library - 2nd Annual Poetry Night, Thursday, April 11 from 6:00 - 8:00 p.m. Come listen to local and visiting poets. Refreshments will be served. For information, call Daphne Allen 705-869-0475.

Espanola Elks Elimination Draw, Lasagna Supper & Dance - Saturday, April 20 from 4:30 p.m. - 2:00 a.m. Call 705-869-1931

Espanola Elks Lodge/Club #346 - looking for new members. Not sure what the Elks do? Come out to a meeting, every 2nd and 4th Wednesday, September - June at 7:00 p.m.

ALANON - Have you been affected by a relative or friend's drinking? Tuesday, 7:00 - 8:00 p.m. at the St. George Anglican Church, Tudhope St., Espanola or call 705-869-2536 or 705-869-5168.

Drug Problem? - We've been there. We can help. Narcotics Anonymous, meetings are Tuesdays and Saturdays 7:30 p.m. - 9:00 p.m. United Church Espanola 137 Sheppard St.

Breakfast Club Bingo - Tuesdays 11:30 -12:30 at Webbwood Public School Gymnasium. 2 Blackout Games. All proceeds go directly to funding our Breakfast Club Program. Call 705-869-3751.

Do you have a NOTE for the Community?

We invite not-for-profit organizations to submit information on their up-coming events in writing no later than Wednesdays at 3:00 p.m. 25 Word Limit.

Fax: 705-869-3342 or E-mail: around@aroundandabout.ca



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MASSEY & TOWNSHIP PUBLIC LIBRARY NEWS

Renovations: Our new accessible washroom is completed. We would like to apologize for any inconveniences during our renovations.

JASI: With JASI, our patrons are able to access our collection from the comfort of their home. Are you looking for that favourite book? Check out our collection to see if it is there.

AUTOMATED MESSAGES: Are you receiving an automated call from your library on Mondays? That means you have an overdue book or an outstanding fine. If you take care of this now, the message will stop. Your overdue books can be returned at no charge the last Monday of each month.

SILENT AUCTION: The library has some collections of books ready for a silent auction. Come in and place your bid.

FOR SALE: Rare Antique Books. Prices were acquired through online comparison appraisal.

OVERDRIVE: Ebooks, Audiobooks, Movies and Music are available for download. Our website has more information.

INFORMATIONAL DATABASES: They are located on our website under Resources: Gage Cengage Learning, Indeed Job Search, Career Cruising, Tumblebook Cloud Junior and many more.

Friends of the Library: Our new Friends Group is looking for volunteers that would like to contribute some time to the library. Are you 18 years or older and interested in becoming part of our Friends of the Library? Would you like to make a positive change at the library? Volunteers are needed to achieve this goal. Contact us for more information.

Volunteers Hours: Students - do you need your 40 community service hours? Volunteers are welcome at the library.

For more information, please contact the Massey & Township Public Library at 705-865-2641 or Fax: 705-865-1781; infomasseylibrary@gmail.com. Visit our website at www.masseylibrary.com.

SENIOR OF THE YEAR & YOUTH VOLUNTEER AWARD

Council is requesting nominations for "Senior of the Year" & "Youth Volunteer". This is our opportunity to honour outstanding local residents. Recipients of both awards must reside in the Township of Sables-Spanish Rivers.

Recipients of the "Senior of the Year" are individuals who, after age 65, have enriched the social, cultural or civic life of the community without thought of personal or financial gain. Ontario seniors deserve special recognition for their outstanding accomplishments.

Recipients of the "Youth Volunteer" are individuals between the ages of 15 – 24 who have contributed a significant amount of time and service without pay to a charity, not for profit organization or an individual.

Please submit your nomination no later than 12:00 noon on Friday, April 19th, 2013 to the Township Office.

SUMMER EMPLOYMENT OPPORTUNITIES

Applications for summer employment are being accepted for the Public Works and Parks & Recreation Departments.

Employment is conditional upon approval of grant funding.

Applicants must meet the following eligibility requirements:

- returning to school on a full-time basis during the next academic year (must provide proof of registration)
- is a student in a secondary, post secondary, vocational or technical program; priority is given to students in post secondary education
- drivers' licence with clean drivers' abstract would be considered an asset
- is legally entitled to work in Canada

Applications will be received until 12:00 noon, Friday, April 12, 2013

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