

**Paper Works Ink**  
**OFFICE & ART SUPPLY**  
 4-400 Centre St., Espanola, ON P5E 1G3  
 www.paperworks1.ca

- OFFICE FURNITURE
- FULL COLOUR COPIES
- COMPUTER ACCESSORIES

**705-869-2860** **OFFICE Pro**  
 Good People, Who Know

The Little Paper That Makes A Big Difference

**AROUND ABOUT**  
 Your Community Connection  
 Est. 1996

[www.aroundandabout.ca](http://www.aroundandabout.ca)  
 April 8, 2014 Issue 14 - Volume 18

**RON RIVET**  
**CLEANING SERVICES**  
**25 YEARS OF EXPERIENCE**

- Carpet & Upholstery Cleaning
- Tile & Grout Cleaning

[www.rrcs.ca](http://www.rrcs.ca)  
**705-862-1914**

**2014 POLARIS**  
**SPORTSMAN 400 4X4**  
**\$5799 PLUS FREIGHT & PDI**  
**ONLY \$32.00 A WEEK OAC**



**TRAILSIDE SPORTS**

**705-869-0170**  
[kevin@trailsidesports.com](mailto:kevin@trailsidesports.com)

**Espanola Youth Curling Gets A Jumpstart**



Photo: Espanola Youth Curlers with organizer Jack Tait (far left) and local Jumpstart chapter representative Rock Taylor and Canadian Tire Espanola's Heather Wilson (far right).

By *Chloe Kneer* - The ice may be melting at the Espanola Curling Club as youth curling has now wrapped up its season, and Youth Coordinator Jack Tait couldn't be happier about a recent donation of twenty new, small-handled brushes to the program. "I am all set for next year now," Tait says. "Kids who come out to curl need sliders, grippers, and brushes. This donation will go a long way in helping children who join the youth curling program." The idea was the brainchild of Tait and Rock Taylor who oversees the Canadian Tire Jumpstart program in this area. It has long been the practice of Jumpstart to help children individually, but more recently the approach has been taken to make disbursements to clubs and programs in order to help even more

Continued on page four...

**CANADIAN TIRE ESPANOLA**

**BUY AND HELP KIDS PLAY**

Buy a set of 4 General Grabber AT2 tires and \$100 will be donated\*\* on your behalf to help support Canadian Tire Jumpstart®.

Together, we can help kids in need participate in sports and recreation. \*\*Up to a maximum of \$20,000.

**Sale 131.24\* ea, up. Reg 174.99 ea, up.**  
 General Grabber AT2 Tires. LT235/75R15 104S

**ONLY 59.99** **SYNTHETIC OIL CHANGE**

- Up to 5L Quaker State Synthetic Oil
- MotoMaster Oil Filter
- Vehicle inspection
- Battery Test

**BUY 3, GET 4TH FREE** on selected lines, see in store for details

**DRIVE NOW AND GET** **EQUAL PAYMENTS** **NO INTEREST NO FEE** for **12 months\*** on the and auto service purchase totaling \$200 or more. Cardmembers only. Apply in store.

**GET ON A 2014 HONDA ATV FROM \$150/Mo\***



**COME TEST RIDE THE NEW FOREMAN NOW! HONDA**

**Garnet's** Like us on Facebook  
 120 McCulloch Dr., Espanola PH: (705) 869-2886

**THANK YOU**



to all of our loyal fans on a great first year of Junior A hockey in Espanola!

**Early Bird Pricing for 2014-15 Season Tickets**  
**\*\*Until April 10\*\***

- Kids (Grade 8 and under) - \$99
- Students & Seniors - \$300
- Adults - \$350
- Family Pass - \$700

All prices +HST

[www.espanolajuniorhockey.com](http://www.espanolajuniorhockey.com)

**DR. JOSÉE LABRECQUE**  
**DR. TERI FISHER**

**Optometrists**

Call 705-869-6200 or toll free at 1-877-869-6211 to book appointments. Or come in at 721 Centre St. (next to Petro Canada)

**Home hardware** **705-869-2130**  
**ESPANOLA** **830 Centre Street Espanola**

**COMING SOON!**

**MicroPro Sienna**

[www.MicroProSienna.com](http://www.MicroProSienna.com) **Treated Wood**

**At Your Fingertip Business Directory**  
 High Circulation • Competitive Rates  
 FREE distribution to your customers!  
 To Advertise in the Around & About  
 Business Directory, call 705-869-6883

**LAMBAC**  
 A Community Futures Development Corporation  
 Une Société d'aide au développement des collectivités

Business Services • Services commerciaux  
 Business Loans • Prêt D'affaires

**Gore Bay**  
 1-800-461-5131  
 (705) 282-3215  
 Open Monday - Friday  
 info@lambac.org

**Espanola**  
 (705) 869-3656  
 Open Tuesday - Wednesday  
 www.lambac.org

**Don's Electric**  
 (705) 869-0511  
 Cell (705)-862-0753  
 E.C.R.A./E.S.A. #7009119  
 Email: dcf@personainternet.com

**Plumbing & Heating**  
**Jason Cowles**  
 Certified Technician

Serving  
**Espanola & Area**

Business 705-583-3040  
 Mobile 705-863-3332  
 Sales & Service

**Child Care Spaces Available in Massey.**  
 Call 705-865-3281

Massey: 705-865-3281 • Espanola: 705-869-3282  
 Email: onetotstop@bellnet.ca • www.onetotstop.com

**U-VIEW Realty Inc.**  
 Brokerage

Helping You  
 Buy & Sell  
 Real Estate

**Chloe Kneer, Broker**  
 chloe@uviewrealty.com  
 705-583-0422

**Pat's Vineyard**  
 HELPING YOU MAKE FINE WINE

It's time to put on your  
 Summer Wine - Sweet or Dry  
 April Special \$10 off

Hours: Mon 12-5, Tues-Wed-Thurs 10-5, Fri 10-2  
 2300 Lee Valley Rd. Lot 73, Commercial Building in Park 705-862-7772

W.H. Enterprises - Electrical Inc.  
**ELECTRICAL**  
 705-869-4034  
 ESA/ECRA 7001958



# All The World's A Circus

William Thomas

williamjthomas@gmail.com

## Hundreds Of Horses Die For Silly Sport

When it was conceived in the 1880's by jockeys in England, "water derby" involved playfully passing a ball around in shallow ponds at the racetrack while mounted on their steeplechase horses. Today water polo is a tough, demanding sport played in deep pools by both men and women from 40 countries, athletes driven solely by the lure of Olympic gold.

At a recent press conference London's International Animal Rights group said enough is enough. They will protest the upcoming Olympics in Brazil, if necessary.

"Two hundred and two horses drowned in polo pools last year alone and the world, especially the Canadian public, should be ashamed of themselves," said Samuel Steed, spokesman for the group. Steed went on to say that horses drowning in the sport of water polo used to be a rarity, but now that it's an Olympic event, gold medals and large endorsement contracts are pushing the players to raise their game to another level, which means keeping the horses under the water longer. Of the 202 equine fatalities most were at the hands of female Canadian polo players.

"Let's face it," said Steed, "women simply do not have the lung capacity of male athletes. They need to come up for air more often. In order to keep the ball moving toward the opponents' goal, they keep the horse's head under water longer ... sometimes for the entire length of an offensive charge."

"How many polo ponies must die in

pools at the hands of desperate Canadian females before we can ban this sport entirely?" asked Steed, who was near tears at this point in his address.

Steed was furious that the rights of animals are being ignored by Olympic officials in Rio de Janeiro where a new 15,000-seat Aquatic Centre is being built for the 2016 games in Brazil.

Okay, okay, okay. Stop reading. Take a breath. Not a word of that is true. They do not use horses in the sport of water polo. I wrote that counterfeit column 20 years ago, timed so it was published on April 1st. This April Fool's printed prank went on to show Ted Turner and Jane Fonda in their poolside skybox sipping Champagne; confirm salt water was used in the pools to tenderize the horse meat which was later sold as "entrecote" to restaurants in Europe; that because all the action took place under the water where you couldn't see anything, no fans would sit in the stands for hours watching nothing ... except Norwegians; that those readers who wanted to help ban the sport of water polo contact London's International Animal Rights or L.I.A.R. When readers finally realized it was a hoax, I received more hate mail than the time I claimed my mother shouldn't share her doggie bag with my dog. My point is, a good April Fool's joke could work in the past but not today. Today real events have overtaken the time-honored hoax in the realm of the ridiculous.

For example: six nations, their air forces, navies, satellites and the international

*Continued on page three...*

**LINDEN HEATING & Gas Energy Services**

Dennis Rannelli & Linda Quenneville  
 Sales & Service of Commercial & Residential Gas-Fired Appliances, Propane & Natural Gas

TSSA# 205477 Qualified-Certified-Registered  
 705-863-0000 lindenheating@gmail.com

**FIREARMS LICENCE (PAL) and HUNTER EDUCATION COURSES**

will be held in Massey this spring, summer and fall. However, due to the time required to process your firearms licence application, it is strongly advised that you attend a course early enough to be fully prepared for the fall hunting season. Call or e-mail for details and dates. Limited space.  
**Pre-registration required.**

**Dan Smith**  
 Firearms Instructor  
 Tel: (705) 865-2140  
 E-mail: dansmithranch@yahoo.ca

**Buying a Home? Call Hope**  
 Purchase, refinance, or switch to RBC

**Hope Stevenson**  
 Mortgage Specialist  
 Serving Sudbury, Manitowish, Espanola and Surrounding Area

Call Hope today for financial advice you can count on!

705-665-HOPE (4673)  
 1-866-265-0928 (Toll Free)  
 hope.stevenson@rbc.com

**Espanola's Local Yarn Shop**

**Black Sheep Yarns**

289 James St. Espanola, ON Ph (705) 583-2302 Cell (705) 207-5770

Healthy Children = Healthy Families = Healthy Communities



**Sacred Heart Childcare Centre**  
**Spaces Available!**  
 Financial Assistance is available for those who qualify  
**For More information, please call**  
**(705) 869-3171**  
[www.ourchildren-ourfuture.net](http://www.ourchildren-ourfuture.net)

Continued from page two...

space station can find no trace of a huge airliner that disappeared from the face of the earth weeks ago and counting?

Who would believe such an absurd story in the year 2014 when everyone is secretly photographed a dozen times while shopping downtown and by ten in the morning President Obama knows what Chancellor Merkel had for breakfast. If I wrote about a 656,000 lb. Boeing 777-200ER evaporating into the air or disappearing into deep water without a trace in today's hi-tech world, nobody would read past the second paragraph. The disappearance of the Kuala Lumpur jet has already spun off about a dozen whacky conspiracy theories, the best being that it climbed so high and so fast that it's now in orbit. In fact, the only thing we know for sure is that Charlie Sheen is not involved in the disappearance of this plane.

For instance: Russia invades the nation of Ukraine, severs off and annexes Crimea and the vanquished citizens of that Black Sea peninsula vote 97% to join the conquering country!?! Really! If the Crimeans hate the hammer, wait til they get the sickle.

A free state that willingly joins the all-new, old Soviet Union

is like a young and talented hockey player actually wanting to join the Toronto Maple Leafs.

Case in point, the mayor of Canada's largest city admits to consorting with felons and gang members, driving drunk, binge drinking, smoking crack cocaine and in the first poll taken for the upcoming election he's leading all the other candidates. Ludicrous? Yes, and true.

What does it tell us when this kind of mind-boggling scandal happened once before when Marion Barry, the mayor of Washington, D.C. was caught on camera soliciting a prostitute and smoking crack and ... he got re-elected once he got out of jail? Yes it tells us that history, even scandalous history repeats itself. But, more importantly, it tells us that when the stupid get organized, democracy is in serious trouble.

Bottom line: satire is dead. When actual events become more preposterous than anything a fanciful mind can imagine, it's a ship called Parody that is sending up debris from the bottom of the ocean.

For comments, ideas and copies of The True Story of Wainfleet, go to [www.williamthomas.ca](http://www.williamthomas.ca)

## Espanola Police Report

On March 23, 2014, the Espanola Police Service received a complaint from a resident on Syroid Street in Espanola, reporting that unknown person(s) entered his work vehicle during the night and removed two Ipods; a Blackberry phone charger; and tools including an 18 volt Dewalt Drill, a Dewalt Hammer Drill, a Milwaukee Hammer Drill, and various Hilti drill bits in plastic cases. Further, two collector coins described as a 1907 silver .50-cent coin, and a 2009 Men's Hockey coloured raised commemorative coin were also removed. The value of the items stolen were \$2530.00

Police are asking that if anyone saw suspicious activity in the area during the early morning hours of March 23, 2014, or if you have any information as to the whereabouts of the items stolen, or person(s) responsible, to call the Espanola Police Service at (705) 869-3251 or anonymously through Crime Stoppers at 1-800-461-4899.

On March 24, 2014, a female resident of Espanola, attended the Espanola Police Service to report a Domestic Assault that occurred in November 2013.

A police investigation into the matter revealed that in November, the female and her common-law spouse became involved in an argument in their Espanola home, and while struggling over a phone, the female was pushed and fell to the floor, breaking a child's toy that she landed on; the female suffered an injury to her wrist, which did not require medical treatment. She told police that she was coming forward now, because she was concerned over recent threats made by her spouse while he was drinking, that he'd kill anyone who tried to come between him and his children.

As a result of the complaint, a 40-year old male, whose name is not being released as it may identify the victim in this matter, was arrested and charged with Domestic Assault, contrary to section 266 of the Criminal Code, Mischief Under \$5000.00, contrary to section 430(b) of the Criminal Code, and Uttering Threats, contrary to section 264.1(2) of the Criminal Code. He was released on a Promise to Appear in court on May 6, 2014 to answer to his charges.

Due to the Domestic nature of the charges, which included Threats to Cause Death, the accused's firearms and ammunition were seized, and will be subject to a Hearing to determine if they will be returned, or forfeited for destruction.

On March 28, 2014, the Espanola Police Service received a complaint of a suspicious male going door to door in the James Street area of Espanola, claiming to be a representative of Ontario Energy Star. The male was requesting to see homeowners' utility bills, but had minimal identification to prove his legitimacy; a suspicious homeowner contacted police.

An Espanola Police Officer responding to the call located the male on John Street, and upon speaking to him, was able to verify that he was not an employee of Ontario Energy Star, but rather a private company called Ontario Energy Group from Mississauga, and they were selling HVAC systems. It was also discovered that neither the male, nor Ontario Energy Group had obtained a Hawkers and Peddlers Licence from the Town of Espanola, to permit them to go from place to place within the town limits on a one time or intermittent basis to sell their goods or services.

As a result of the complaint, 19-year old Ryan Embree of Harriston Ontario was charged with Operating as a Hawker and Peddler Without a Licence, contrary to section 3.3 of the Town of Espanola Hawkers and Peddlers By-law 2226/09. The offence carries a set fine of \$500.00.

**Anyone with information on any of these crimes call Espanola Police Service at (705) 869-3251 or remain anonymous by calling Sudbury Rainbow Crime Stoppers locally at (705) 222-TIPS (8477) or toll free at 1-800-461-4899**



**TV Bingo**  
**6:30 P M**  
**Wednesdays**  
**We Serve**  
**Regional Cable Channel 10**  
**To become a member contact Bill Foster**  
**705-869-3330 bill-foster@live.com**

## Espanola & Area Family Health Team

### Forever Free: How To Quit/Reduce Your Smoking



Free 6-week, once a week, workshop for those who want to quit or cut back. Starting Wednesday, April 16th, from 6:30 - 8:00 p.m. Call to register.



**705-862-7991**



**Jumpstart**<sup>™</sup>

Giving kids a sporting chance.

kids lead an active lifestyle. Equipment that is purchased stays within the club or organization and gets used until it needs replacement. Jumpstart was launched in 2005 with one goal in mind: to provide all children the ability to participate in sports. To that end, Jumpstart has helped disadvantaged kids between the ages of four and eighteen play hockey, soccer, golf, bowling, martial arts, and dance, amongst other things.

## Espanola Youth Curling Gets A Jumpstart

There are 332 local chapters and 100% of money raised by our local chapter directly benefits kids in our area. In 2013, 110 children in our area were assisted and over \$14,000 was disbursed at an average of \$132 per child. In addition to providing funds to families to offset registration and equipment fees, Jumpstart has given over \$2000 to the Webbwood Public School outdoor program and \$1800 to Espanola Youth Curling. Jumpstart relies on the generosity of the community to fund these activities. The Jumpstart Ball campaign runs the whole month of May and is their biggest fund-raiser of the year. There will also be a Jumpstart Day. You

are encouraged to donate, or if you wish, fund-raise by organizing your own event. For more information on what Jumpstart does and how you can get involved, visit [jumpstart.canadiantire.ca](http://jumpstart.canadiantire.ca). As Jack Tait gets the Curling Club cleaned up after a successful winter, he is grateful to all the volunteers who make the youth program possible. "I

have a couple of high school students, Fred and Peyton, who, without their dedication, I couldn't have run the program. They do a great job with the kids. I would also like to thank all of our volunteers, you know who you are, and I would especially like to extend our gratitude to Jumpstart and Tim Hortons, who is always there for us as well."

## Rainbow Schools Mark Day of Pink on Wednesday, April 9th

Staff and students in Rainbow Schools will wear pink tomorrow, April 9, to mark Day of Pink, the International Day against Bullying, Discrimination, Homophobia and Transphobia in schools and communities. It's part of Rainbow District School Board's ongoing efforts to build community and promote inclusion. The Board celebrated its sixth "Stand Up Against Bullying Day" last fall. "Once again, this small gesture demonstrated our collective commitment to safe schools," said Director of Education Norm Blaseg. "We are building on these efforts by recognizing Day of Pink." He added: "By nurturing a strong partnership between the school, the home and the community, Rainbow Schools ensure that students receive an education that includes personal, social and citizenship development. We are leaders in learning

inspiring success for all students by reaching minds and touching hearts." Ten character traits, which are modeled, taught and expected in Rainbow Schools, provide the foundation for ongoing character development and the values of the Board - honesty, respect, empathy, responsibility, integrity, courtesy, resilience, acceptance, courage and co-operation. The many character development programs and activities in Rainbow Schools complement the Board's Code of Conduct, which promotes responsibility, respect, civility and academic excellence in a safe learning and teaching environment. "Stand Up Against Bullying Day" began in Nova Scotia where secondary school students Travis Price and David Shepherd arranged for dozens of their classmates to wear pink shirts in support of another student who had been bullied for wearing pink.

### In The Loop

"The Public Sector Salary Disclosure Act, 1996 (the act) makes Ontario's public sector more open and accountable to taxpayers. The act requires organizations that receive public funding from the Province of Ontario to disclose annually the names, positions, salaries and total taxable benefits of employees paid \$100,000 or more in a calendar year." (Excerpt Minister of Finance Ontario)

EMPLOYEE	2012 SALARY	2013 SALARY
<b>Cynthia Townsend</b> <i>Clerk Treasurer/Administrator</i>	\$116,751.71	\$125,215.93 (+7.25%)
<b>Joel Yusko</b> <i>Manager of Public Works</i>	\$100,514.95	\$103,512.76 (+2.98%)
<b>Shawn Sullivan</b> <i>Police Officer</i>	\$109,815.34	\$110,327.03 (+.05%)
<b>Ann Towns</b> <i>Deputy Treasurer</i>	-----	\$102,831.83 (+ min 3%)
<b>Steven Edwards</b> <i>Deputy Chief of Police</i>	\$118,442.72	\$121,872.95 (+2.89%)
<b>William Gardiner</b> <i>Police Sergeant</i>	\$108,410.21	\$112,670.66 (+3.92%)
<b>Jason Hamilton</b> <i>Police Officer</i>	\$107,575.79	
<b>Steven Huard</b> <i>Police Officer</i>	\$100,863.39	\$113,130.08 (+12.16%)
<b>Donald St. Pierre</b> <i>Police Officer</i>	\$100,390.92	\$102,009.43 (+1.61%)
<b>Edward Stortz</b> <i>Police Officer</i>	\$103,596.54	\$106,548.77 (+2.84%)
<b>Robert Towns</b> <i>Chief of Police</i>	\$137,984.84	\$151,373.33 (+9.7%)
<b>Paula Martin</b> <i>Police Officer</i>	-----	\$103,465.83 (+min 3.5%)

The above chart discloses salaries of public servants employed by the Town of Espanola for 2102/2013 who make \$100,000 or more also known as The Sunshine List. Percentage increases have also been calculated. 2014 salaries will be posted by the Province next spring.

**Richard Ellis, Executive member**  
**Espanola Citizen group**

**Note: The views expressed In The Loop are that of the Espanola Citizen Group alone and do not necessarily reflect the views of Around&About.**

## Espanola Minor Ball 2014 Registration



**at Espanola Recreation Complex On:**

Tues April 8, Wed April 9, Thurs April 10  
Tues April 15, Wed April 16, Thurs April 17  
6:00 pm until 8:00 pm  
Registration Fee is \$60.00 for all divisions

## News from the Park



**Michael Mantha MPP/député  
Algoma-Manitoulin**

This week marked another constituency week where I had the opportunity to tour the riding and offer clinics. I visited several communities in the northwestern part of the riding and heard many of your concerns. Unfortunately things are not improving for many families. Affordability continues to be of major concern and the cost of living continues to rise.

People continue to be outraged with the skyrocketing costs of hydro. My colleagues and I have introduced measures that will help to alleviate some of these costs. The current liberal government doesn't seem to be listening to Ontarians and continues to subsidize electricity exports to the United States. Executive pay is at an all-time high and consumers are not seeing any of the benefits from our power generation and sales. We will continue to pressure the government to stop burdening Ontario's taxpayers with these unnecessary costs.

Winter road conditions continue to raise concerns for motorists. We have seen the government start to fine contractors however there

are many areas in Algoma-Manitoulin which continue to receive poor service and this is putting folks in danger. I spend much of my time driving these highways and know first-hand the state of our roads; this is the outcome of continued privatization. We need to put the safety of Ontarians first.

This week Premier Wynne seems to be back peddling on tax increases. Our leader Andrea Horwath has clearly been setting the agenda and my colleagues under her leadership will continue to put the priorities of middle class families' front and center. The government commissioned a report and the panel recommended a series of possible tax hikes including a 5 or 10 cent a liter gas tax, increased HST in conjunction with a modest corporate tax increase.

It is clear that Premier Wynne is scrambling to distance herself from her own policies because she knows that families will not support them. Voters will not soon forget the series of broken liberal promises. The liberals promised not to introduce the HST, then introduced HST. They promised to freeze hydro rates, and then hiked hydro rates. They promised to reduce auto insurance rates, and then rates went up. This is the liberal way.

New Democrats are listening to Ontarians and introducing policies that actually make life more affordable for working families, and we will continue to do this going forward.

As always, please feel free to contact my office about this issue or any other provincial matters. You can reach my constituency office by email at [mmantha-co@ndp.on.ca](mailto:mmantha-co@ndp.on.ca) or by phone at 705-461-9710/1-800-831-1899.

## BELL • BOOTH • SIRKKA • FABRIS **OPTOMETRISTS**

Like an orange,  
your eyes can look  
and feel great on  
the outside.



**\*\* Eye conditions don't always come with warnings. Often early detection is critical in preventing unnecessary vision loss or permanent damage from occurring. See your optometrist regularly. They know your eyes inside and out.**

But an optometrist  
knows your eyes  
inside & out.



### ESPANOLA OFFICE HOURS:

<b>Monday - Tuesday</b>	<b>9:00 AM - 5:00 PM</b>
<b>Wednesday</b>	<b>8:30 AM - 6:00 PM</b>
<b>Thursday</b>	<b>9:00 AM - 7:00 PM</b>
<b>Friday</b>	<b>9:00 AM - 5:00 PM</b>
<b>Saturday - Sunday</b>	<b>Closed</b>

**Espanola Mall  
Little Current Hospital  
705-869-2030**



The Canadian  
Association of  
Optometrists

your eyes deserve an optometrist® [opto.ca](http://opto.ca)

# LACROSSE



Wanted: Kids Interested in Fun, Fitness, and Friendships!

## REGISTRATION

Little Current-Howland Arena  
April 10, 2014 6-8 pm

Espanola Regional Recreational Complex  
April 10, 2014 6-8 pm

Registration For The Following Divisions

Paperweight (2008-2010)	Tyke (2006-2007)
Novice (2004-2005)	Peewee (2002-2003)

Unfortunately there will be no bantam or midget this season.

\$95.00 per Child  
Payment to accompany  
registration.  
Method of Payment  
Cash or Cheque.

**For More Information Contact:  
Leslie at 705-285-4335**

or  
Visit our facebook page at  
Manitoulin & Northshore Lacrosse Association  
or  
[www.mnslacrosse.com](http://www.mnslacrosse.com)



**Boogie Rush Law Enforcement Torch Run**  
A 5 km "Mud Run" to raise money  
for the Special Olympics Torch Run.

May 31st, 2014 at the  
Boogie Mountain Ski Hill in Espanola, ON  
[www.guardiansoftheflameendurance.com](http://www.guardiansoftheflameendurance.com)

# CLASSIFIEDS

Real Estate • Rentals • Services  
Lost & Found • Items For Sale  
Prayers • Thank You • Notices  
Personals • Vehicles  
Special Occasion

Highest Circulation &  
Best Rates In Town!



705-869-6883

## FOR SALE

**FOR SALE** – Wall unit, coffee table, and 2 end tables. All matching, in good condition, \$300. 705-865-3448. Please leave a message. 04/29

**FOR SALE** – Firewood. All hardwood cut and split. Delivery only. Call for prices. Greg. 705-869-1698, leave a message. 04/15

**FOR SALE** – Danby window air conditioner, 15,000 BTU cools approximately 700 sq. ft., Energy Star rated, comes with remote control. Call 705-521-3077. TFN

## BUSINESS FOR SALE

**FOR SALE** - Ferment on premises business for sale due to health reasons. Pat's Vineyard for sale, for more information call 705-862-7772. 04/29

## FOR RENT

**FOR RENT** – 1 and 2 bedroom apartments. Available immediately. 45 Arthur Ct. Espanola. Please call 705-869-5989. References required and no pets allowed. 04/29

**FOR RENT** - Spacious one bedroom apartment available May 1. \$650 inclusive. Call 705-869-1378 04/15

**FOR RENT** - 1013 Hopkins Hill Rd, Espanola, upstairs one bedroom furnished apartment \$525/month, first and last required. No pets, non-smoker. Ideal for one person or a couple. Available May 1. Call 705-869-1726. 04/22

**FOR RENT** - Uptown office space, newly renovated. Not suitable for high-traffic business, long or short-term, first and last required. Call 705-521-3077. TFN

## KARAOKE

**KARAOKE** – Back at Marshall's Bar & Grill, Espanola, Thursday nights from 10:00 p.m. – 2:00 a.m. with DJ Angella. New songs weekly. For more information, call 705-869-1441. 04/08

## BINGOS

**MASSEY AREA MUSEUM BINGOS** – May 5 at the Massey and District Arena. Doors open at 6:15 p.m. Bingo starts at 7:00 p.m. \$1775 in cash prizes. 04/11

## SERVICES

**LAWN BOYS** – Booking now for summer. Most lawns \$35, senior discount 15%. Call 705-869-0005 TFN

**CHIMNEY CLEANING** – Over 20 years local experience in cleaning, repairs, and installations. For your security, have your chimney cleaned and checked today. Call Larry at 705-844-2878 and book your appointment. 5/13

**WHOLE HEALTHCARE BODY TALK** – Stop living with Chronic Pain. See Shery at In Touch Chiropractic Wellness in Espanola on Thursdays to get to the root cause of the pain. Call/Text 705-863-2612. 04/15.

**ESPANOLA SELF STORAGE** – 6x8 and 8x10 Storage Units available in Espanola. Located behind the car wash. Call 705-869-8405. 04/15 - R

**PHYSIOTHERAPY** - offered by Marilyn Wittmann. Located at Physio Moves in the Espanola Hospital. 705-988-3737. Visit [www.physiomoves.net](http://www.physiomoves.net) for services, rates, and hours. WSIB and MVA accepted. Acupuncture available. 04/15- R

**CHERYL VAN ALLEN'S MASSAGE THERAPY & ACUPUNCTURE** - Early morning and evening appointments available. Take advantage of your coverage for massage. Call anytime to book your appointment, late reception hours available. 705-869-3460. 04/22 - R

**APP COMPUTER SOLUTIONS** - Complete computer repairs - virus, Trojan, and spyware removal - tune-ups & system reloads - software & network installations - hard drive and memory upgrades available. Call 705-869-5757. 04/29

## HELP WANTED

**WANTED: Part-time SCHOOL BUS DRIVER** (may lead to full-time).

**MUSTS:** -'B' class licence (minimum 'G' class licence for those pursuing 'B' class licence; training available). -Minimum 25 years of age. -Clean driving record. -Clean criminal record

**Family Friendly Perks:** -Weekends, PD days, Christmas Break, March Break & Summers OFF. -Split shift; errands can get done. -Evenings off; home in time for supper. -Your children (including youngsters in car seats) can ride your bus.

**Veteran's Transportation of Espanola Ltd.**  
ATTN: Amy Mathie, Manager  
61 Highway 6  
Espanola ON P5E 1S3  
Ph: 705-869-2250  
Fax: 705-869-3442

## NOTICE

Notice is hereby given that the **Massey & District Curling Club**

will hold a general meeting to discuss the distribution of club assets **Tuesday, April 15, 2014 - 7:00 p.m. at the Massey Arena.**

All former members are invited to attend.

For more information, contact:  
**Marc 705-865-3117 or Alan 705-865-2184.**

## EMPLOYMENT OPPORTUNITY



**NOW HIRING  
FULL TIME  
POSITIONS AVAILABLE**

**CASHIER SALES  
ASSOCIATE  
IMMEDIATE OPENING**

**Fax Resume to 705-869-5770  
Deadline to Submit  
April 22, 2014**

## THANK YOU

In Memory of Bernadette "Bernie" Gobillot – I would like to thank everyone, family and friends for attending the celebration of life in Bernie's honour. She will forever be in our hearts and thoughts, and missed beyond words. A special thanks to my daughter Jennifer for creating and organizing the "Battle For Bernie" bracelet fundraiser, thanks to all who donated. From my heart. Thank you, Nick Cywink. I love you, Bernie.

*Dittrich's*  
**Hair Design**

"A Look With A Difference"

**705-869-2915**

## Recipe

Chicken Florentine casserole is chicken that lays on a bed of spinach leaves and mushrooms, has a creamy white sauce mixed with garlic, Parmesan cheese, and Italian seasonings, and is topped with melted mozzarella. I changed the procedure of the original recipe to my liking and feel free to do the same. Some people use raw chicken and cook it longer, some use fresh spinach (which I would have done but I had frozen spinach to use up); I omitted the bacon bits because I didn't have any and the casserole turned out delicious. I served it with egg noodles.



### Chicken Florentine Casserole

- 4 skinless, boneless chicken breast halves
- 1/4 cup butter
- 3 teaspoons minced garlic
- 1 tablespoon lemon juice
- 1 (10.75 ounce) can condensed cream of mushroom soup
- 1 tablespoon Italian seasoning
- 1/2 cup half-and-half (or milk if you prefer)
- 1/2 cup grated Parmesan cheese
- 2 (13.5 ounce) cans spinach, drained (I used frozen spinach that I defrosted in the microwave) or you can use fresh spinach.
- 4 ounces fresh mushrooms, sliced
- 2/3 cup bacon bits
- 2 cups shredded mozzarella cheese

You can precook your chicken by placing it on a cookie sheet and baking for 20 – 30 minutes in a 350 degree oven or you can boil them (poach them) until cooked which is my favourite method because they stay moist. Melt the butter in a medium saucepan over medium heat. Stirring constantly, mix in the garlic, lemon juice, cream of mushroom soup, Italian seasoning, half-and-half, and Parmesan cheese. In a small frying pan in a small amount of butter or olive oil, sauté the fresh mushrooms and spinach together. Arrange the spinach/mushroom mixture over the bottom of a 9x9 inch baking dish. Arrange chicken breasts in the dish, and cover with the sauce. Sprinkle with bacon bits (optional). Cover and bake for 25 minutes at 350 degrees. Remove from the oven and top with the mozzarella and continue to bake uncovered for 10 minutes, and top with mozzarella cheese.

## Kids Korner

### Marshmallow Easter Bunny

- Mini marshmallows
- Construction paper
- Pencil
- White glue
- Googly eyes
- Yarn
- Pom poms



Start by making a template for the outline of your bunny head (or you can free hand it directly onto the construction paper). If you make a template, you or your child can trace the bunny head using the pencil onto the construction paper. Run glue along the pencil lines. Add the marshmallows to the glue. Draw on the glue for the features. Add yarn whiskers, googly eyes and a pom pom nose. Let dry.

**Mother May I now has her own e-mail address! If you'd like to share a recipe, life tip, or craft idea, or have any questions, you can email me at:**



**[mothermayi@aroundandabout.ca](mailto:mothermayi@aroundandabout.ca)**

## COMMUNITY NOTES

**Espanola Seniors 15th Annual Easter Tea & Craft Sale** – Thursday, April 10 from 11:30 a.m. – 1:00 p.m. at the Seniors' Drop-In Centre. Tickets at the door.

**Legion Bursaries** - Applications available at the Espanola High School and Legion office for students graduating and continuing their education. To qualify you must be a child, grandchild or "other" relative of an active member of the forces, legion member or ladies auxiliary member. Deadline is April 11 to the legion office or emailed to [rcl-39@persona.ca](mailto:rcl-39@persona.ca)

**Biblical Signs, Answers and Preparedness for This Time in History** - New program, Wednesdays 7:00 - 8:15 p.m. at EHS Library. No cost - No strings - Pastor Chris 705-583-2281.

**Alzheimer Society** - Espanola & Area Friendship Circle meeting Monday, April 14, 1:30 – 3:00 p.m. at the Seniors' Drop in Centre, 799 Queensway Ave. Espanola. Call 705-869-1137 for info.

**Massey Area Museum Bake Sale** - Thursday, April 17 from 11:00 a.m. - 3:00 p.m. at the museum.

**Espanola United Church Women's Easter Bake Sale** - Thursday, April 17 from 9:00 a.m. - 3:00 p.m. at the Espanola Mall.

**St. George's Church Anglican Church, Espanola Good Friday Service** - Friday, April 18 at 7:00 p.m.; Easter Sunday - Sunday, April 20 at 11:30 a.m.

**The Espanola Youth Centre** – First Annual General Meeting, Wednesday, April 23. EYC is looking for volunteers to sit on the board. If you have a passion for helping youth, email [espanolayouthcentre@gmail.com](mailto:espanolayouthcentre@gmail.com)

**The Anishinabe Spiritual Centre** - is offering pilgrimages to Saint Kateri's Shrine and to Our Lady of Guadalupe's Basilica. Contact us for more information at 705-869-4994

### *Do you have a NOTE for the Community?*

We invite not-for-profit organizations to submit information on their upcoming events in writing no later than

**Wednesdays at 3:00 p.m. 25 Word Limit.**

Fax: 705-869-3342 or E-mail: [around@aroundandabout.ca](mailto:around@aroundandabout.ca)



**Please join us for our 20th Anniversary Celebration**

**Saturday April 12th  
10 a.m. – 2:00 p.m.**

**S. Geiger School Gym in Massey**

**We will have Science North exhibits, face painting, crafts and a BBQ. This is a family event and children need to be accompanied by an adult.**



Ph. 705-869-6883  
toll free 888-231-3578  
Fax 705-869-3342  
email:  
[around@aroundandabout.ca](mailto:around@aroundandabout.ca)  
**Around&About is printed locally by OJ Graphix INC.**

Nicky Lamothe - PUBLISHER  
STAFF  
Andrew Vondette - Layout/Sales-Graphic Design  
Bill Leemey - Design/Website  
Chloe Fineser - Sales/Correspondent  
Vickie Trahan - Bookkeeping  
Donna McDonald - Proof Reading  
Aimee Dupuis - Production  
Rayann Muncaster - Production  
Connie Stephen - Production

Distribution by Pelletier Holdings & Around & About

The advertiser agrees that the Publisher shall not be liable for damages arising out of errors in advertisements beyond the amount paid for the space actually occupied by that portion of the advertisement in which the error occurred. There shall be no liability for non insertion of any advertisement. The publisher reserves the right to edit, revise, classify or reject an advertisement.

Ad space must be reserved Wednesday to be placed in the following week's issue. Copyright and/or property rights subsist in all advertisements and in all other materials appearing in this edition of Around & About. Permission to produce wholly, or in part, any part in any form whatsoever, particularly by photographic or offset process in publications must be obtained in writing. Any unauthorized reproduction will be subject to recourse in law.

## \$11 Million Orca Cruise: A Working Holiday

*This is a follow-up to a previous story on the Sea Cadets' trip to B.C.*



Photo: CPO2 Gravelle, MS Goodchild and PO2 Sayyae enjoying a break at one of the ports.

**By Danika Gravelle** - It was with mixed feelings CPO2 Pascal Gravelle, and MS Jake Goodchild, from 357 Hero and PO2 Bradley Sayyae, from 348 Manitoulin, returned home from their week long Orca Deployment in British Columbia.

A working holiday hardly sounds like "fun" to the rest of us, but for these young men, nothing could have been better. The crew was up at 6:30 every morning to begin their rounds. With seventeen cadets on board and seven officers, everyone had something to do. Chief Gravelle was the Cadet Engineer on this deployment. He had to make hourly rounds of the engine room, and trouble-shoot any issues with the systems. It was also his responsibility to train the course cadets how to check the systems and read the gauges on the Main Board of the vessel.

When asked what his favorite part of the deployment was, he said, "I loved being in the engine room and knowing exactly what was going on with the ship at all times. I also really enjoyed teaching others how to navigate around all the machinery, gauges and switches. The entire adventure was an experience of a lifetime."

As course cadets, MS Goodchild and PO2 Sayyae had to participate in all the duties on board the Orca throughout the week. There were many "Man Overboard" rescue missions where each cadet was lowered into the water aboard the Zodiac, a lightweight inflatable boat, with one other crew member. They

were expected to find and rescue "Oscar," the life buoy. Besides rounds in the engine room, they also worked on navigating, commanding the ship, fire drills, steering at the helm and cleaning; "lots and lots of cleaning." MS Goodchild said his favourite part of the deployment was steering at the helm. The Captain would give a command that he would have to repeat, verify and execute properly. MS Goodchild also had to learn the specific commands for each duty in the rotation. When asked to sum up his week, MS Goodchild said, "I grew in confidence over the week and



Photo: MS Goodchild takes a turn at the regular monitoring of pressure gauges.

learned a lot. I've never done anything like this before, and I loved it!" PO2 Bradley Sayyae's favorite memory of the deployment was the day he was on Life Buoy Sentry duty. He was the first to spot a school of dolphins that eventually surrounded the vessel and played for a while. His second favourite part about Sentry duty was being able to look out on the

water and mountains of B.C. PO2 Sayyae also said that steering at the helm was his second favorite duty, even though he had to maintain intense focus for long periods of time. "This trip was an experience of a lifetime," PO Sayyae said. "I learned so much and now I can bring that knowledge back and teach it to my corps."

Be assured, these young men did not starve while on duty. They were served four hot meals per day of homemade, seafaring cuisine. The

cook made clam chowder and seafood stir fry with scallops and shrimp for one meal. It has been said that hard work, fresh air and hunger are the best spices; by the sounds of it, the Orca cook had a winning recipe.

All three local cadets are very thankful for the opportunity that was given to them. Where else could three young men get an opportunity to go on a week-long, Pacific cruise aboard an \$11 million dollar naval training vessel for spring break? Only in the Royal Canadian Sea Cadet corps!

## Remedy's Rx<sup>®</sup>

The Local Drug Store

### A1C Insulin Clinic Sunday, May 4

*This clinic is for individuals interested in learning more about improved diabetes management. Contact our Pharmacy Staff to see if you qualify for Type II Diabetes Screening*



### Cholesterol Clinic Tuesday, May 27



*This clinic is for individuals interested in learning more about cholesterol and how to improve their cholesterol levels.*

**Attend our clinics for a healthier You!**

### We Also Offer The Following Services:

- Medication Reviews
- Smoking Cessation Counseling
- Compliance Packaging
- Free Home Deliveries in Espanola



**(705) 869-1860**

**800 Centre St Unit 111, Espanola**

**www.remedy.ca**



Specializing in Renewable Energy  
Solar- Off-Grid-Grid Tie  
Wind

Solar Thermal- Hot Water Generation  
Back-Up Power Systems

soleilpowercanada.com (705)-869-6026 256 Centre St. Espanola



- √ 10-14 hour burn times
- √ Highest Rated Woodstoves in North America
- √ Thermostat Heat Control
- √ Burn 33% less wood