

Check out our October Flyer online



PAPERWORKS
OFFICE & ART SUPPLIES

OFFICE PRO
Good People. Wis. Know.

SPOOKY SAVINGS

23% OFF
52% OFF
14% OFF
14% OFF

FREE \$25 Mastercard Giveaway

SPOOKY SAVINGS

The Little Paper That Makes A Big Difference

AROUND & ABOUT
Your Community Connection

Est. 1996

www.aroundandabout.ca

October 9, 2018 Issue #41 - Volume 22

PAPERWORKS
OFFICE & ART SUPPLIES

COPY - FAX
SCANNING SERVICES
PHOTO PRINTING
OFFICE FURNITURE



OFFICE PRO
Good People. Wis. Know.

2018 Yamaha Kodiak 450
from \$39 weekly
on approved credit!



TRAIL SIDE SPORTS

705-869-0170
rick@trailsidesports.com

New Billboard Celebrates Forests and Environmental Stewardship



Photo: Stephanie Parzei, Forest Environmental Management Coordinator, EACOM Timber Corporation | Mike Furniss, Superintendent of Fibre Procurement, Domtar Inc. | Les Gamble, Mayor, Township of Sables-Spanish Rivers | Scott Jackson, Director of Indigenous and Stakeholder Relations, Forests Ontario. Photo provided

By Rosalind Russell - To mark National Forest Week, representatives of Domtar Inc., EACOM Timber Corporation and Forests Ontario gathered in Webbwood on September 27th to unveil a new billboard as the most recent development in the province-wide It Takes A Forest initiative. The billboard promotes Ontario's world-class forest management standards, as well as the importance of our forests and forest sector to the economic, social and environmental well-being of the province. The It Takes A Forest initiative is a collaborative effort of over 40 organizations, designed to increase public

Continued on page four...

CANADIAN TIRE
ESPANOLA

SAVE ON ENERGY EVENT

October 5 to November 4, 2018



4 SEASON'S septic service
For Your Septic & Porta Potty Needs

NOW SERVING ESPANOLA & AREA!!

705-869-2448
705-356-3444
1-800-587-3599

GARNET'S PLUMBING & HEATING

Ready for winter?
We service GAS, OIL, PROPANE AND DUCT CLEANING



Need new equipment?
RENT TO OWN (OAC) Furnaces, A/C, Water Heaters, Fireplaces

Serving North Shore, Espanola and the Island
705-869-1683

The One Tot Stop

The One Tot Stop Day Care, A. B. Ellis Site has Infant and Toddler spaces available.

For more information, please call Devina at 705-869-3282 or email theonestopdaycare@bellnet.ca www.onetotstop.com



Day Care

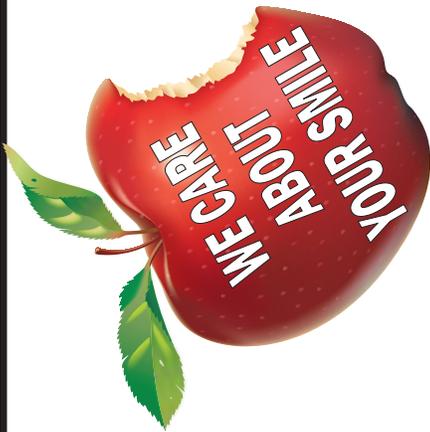
Massey: 705-865-3281 • Espanola: 705-869-3282
Email: onetotstop@bellnet.ca • www.onetotstop.com

Home hardware
ESPANOLA

705-869-2130
830 Centre Street Espanola

-50 RV antifreeze
\$3.97 PLUS TAX CASH N CARRY





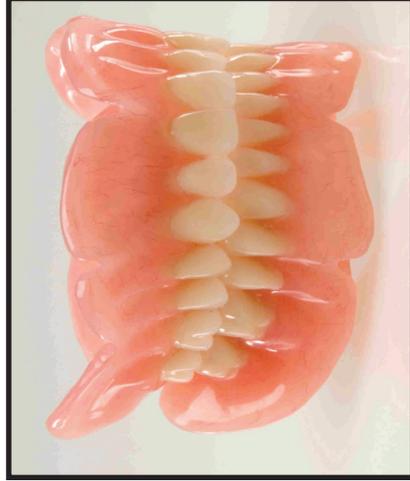
Denture Clinic

L. Bentley, Hon.B.Sc., DD

DENTURE SPECIALIST



Losing your grip?



TAKE THIS TEST:

Are your Dentures...

- Loose?
- Cracked or worn?
- Over 5 years old?
- In your pocket?
- Missing Teeth?
- Sore gums?

73 Centre St. Espanola
(705) 869-4544

58 Worthington St., Little Current
(705) 368-0723 or 1-866-233-5233

At Your Fingertip Business Directory
 High Circulation • Competitive Rates
 FREE distribution to your customers!
 To Advertise in the Around & About
 Business Directory, call 705-869-6883



All The World's A Circus

William Thomas

williamjthomas@gmail.com

Explaining Legal Marijuana To The Little Ones.

Just when parents thought “the birds and the bees” talk with the kids was behind them, up pops the next talk about “the buds and the buzz”! With the October 17 legalization of cannabis around the corner, parents are agonizing over how to approach this issue with the children. Yes, it’s high time to have a heart-to-heart with the little ones.

First of all, parents will need a subtle lead into the talk. “Oh don’t throw those tweezers away, Honey. Mommy and Daddy can use them for a roach clip.”

Maybe the talk starts like this ...”Ah, Sweetie, sometimes adults do really silly things and well, this one’s a real doozie! And just think, in a few years when you turn 19, you too can make this same stupid mistake and live to giggle about it later.”

Or like this ...”Honey, remember how your dad and I taught you that alcohol was the root of all evil and if we ever caught you drinking we would disown you? Yeah, well guess what? Alcohol just got an evil twin!”

Or ... “Sweetie, Mommy and Daddy are having some friends over Saturday night and there will be smoking before dinner.”

“I thought smoking was bad.”
 “Well smoking tobacco is bad but smoking weed is .. is... Bob! Your daughter has a question for you.”

Maybe for the younger children we could deliver the ‘don’t do weed’ message in the form of a poem. I suggest this only because at Charlotte’s Legendary Lobster Pound in Southwest Harbor, Maine, Charlotte is proposing to load her lobsters up with marijuana. Maine legalized marijuana last year and with people in that State attempting

to spark up a joint with a lobster, well maybe that’s a lesson for us all in Canada to rescind the new law before it takes effect.

Charlotte Gill wants her lobsters high on weed so that they have a painless, stress-free plunge into that final pot of boiling water. Experts are not even sure lobsters do feel pain, or can even get high for that matter. Needless to say, people in the United States on death row are watching the experiment with great interest. So maybe we could entertain the little ones with something like this:

Pot in the lobster or lobster in the pot,
 A blissed-out entrée, is still all you’ve got.
 Even if you boil him, the lobster will be fried.
 But at least he got a buzz on, before he up and died.

Don’t do drugs, Jimmy. And don’t smoke pot. Unless you want a star in your own mug shot! Moving up the age ladder, for the mid-teens we could show a video of Ozzie Osbourne walking like he’s fighting weightlessness and repeating his mantra “Of all the things I’ve lost, I miss my mind the most.” Yeah, that’ll even sober up the adults in the room.

For the older teens we could re-introduce that TV ad showing an egg with the message: “This is your brain”. Then the egg gets smashed by a frying pan with the message: “This is your brain on drugs!” And then we could have the egg hatching into a parrot in the frying pan with the message: “And this is your brain on Jimmy Buffett’s signature Coral Reefer cannabis!” All together now: “Wasted away in Marijuanaville, searchin’ for my long lost tweezers.”

The experts are advising parents to be

Continued on page three...

JC Plumbing & Heating
Jason Cowles
 Certified Technician
 Serving Espanola & Area
 Business 705-583-3040
 Mobile 705-863-3332
 Sales & Service

RON RIVET Like us on Facebook
CLEANING SERVICES
25 YEARS OF EXPERIENCE
 • Carpet & Upholstery Cleaning
 • Tile & Grout Cleaning
 www.rrcs.ca 705-862-1914

TV Bingo
6:30 P.M.
Wednesdays
Starting October 3
 Tune into Local Channel 10 or come on out to the Espanola Regional Recreation Complex.

RE/MAX
 Crown Realty (1989) inc., Brokerage
 Independently owned and operated
Paul Wright
 Sales Representative
 paul.wright@remaxcrown.ca
 www.remaxcrown.ca
 Cell: (705) 862-4188
 114 Mead Street, Unit 2
 Espanola, Ontario P5E 1S5
 Bus: (705) 869-4230
 Fax: (705) 869-6299

Studio Twelve
 Hair Design
New Clients Always Welcome
 FORMERLY **Dittrich's**
 Hair Design
705-869-2915

STEVE'S
PLUMBING & HEATING
705-863-2877
 steve@stevesplumbingheating.com
 SALES AND SERVICE OF: • furnaces • fireplaces • boilers
FREE ESTIMATES
 Steve Donnelly Over 15 years experience locally

RAINBOW COUNTRY
 GENERAL SERVICES
705-863-2492
 SPECIALIZING IN KEEPING SENIORS IN THEIR HOME
 ANY JOB. ANY SIZE. ANYTIME
 http://rainbowcountry.wixsite.com/generalservices
 • Special Rates for Seniors
 • Renovations • Light Plumbing
 • Light Electrical • Shed Packages
 • Siding • Demolition
 • Dump runs • Tree Removal
 • Lawn Cutting • Snow removal
 • Decks/patio and Fencing.

Advertise here for as little as \$26 per week
 Call 705-869-6883 for details

Singh Dentistry
 Dr. Maninder Singh
FOR ALL OF YOUR DENTAL NEEDS
 State of the art facility
 We deal directly with Insurance Companies
 Free dental whitening kit with new patient exam
 Hours: Monday 9-5
 Tuesday Closed
 Wednesday 9-5
 Thursday 9-5
 Friday 9-5
 91 Tudhope St., Espanola 705-869-1880

PROACTIVE LUBE
TIME TO CHANGE IT UP
 • No Appt. Needed Oil Changes
 • Rustproofing • Vehicle Detailing
CORROSION FREE
 20 McCulloch Dr. (Behind the Mall)
 Like us on Facebook
705-822-0839

Don's Electric
(705) 869-0511
Cell (705)-862-0753
 E.C.R.A./E.S.A. #7009119
 Email: dcf@personainternet.com

Continued from page two...

prepared to answer specific questions about marijuana from their children.

"Why did the government legalize marijuana, Mommy?"

"It's a cash cow, Honey. Governments make so much money from the sale of alcohol and tobacco, marijuana was the next logical, profitable sin."

"What's next?"

"Probably sex."

"What's sex?"

"Bob! Birds and bees talk! Repeat! Repeat!"

Other questions are likely to surface as well.

"Mommy, how come Sparky is puking in the corner again?"

"Because your father keeps forgetting to put his weed away after he passes out on the couch!"

And ... "Daddy. What's the difference between medical marijuana and recreational marijuana?"

"About three bucks an ounce."

"And what will Canada look like after October 17th, Daddy?"

"Wayne's World. Now do your

homework!"

"Daddy. If marijuana is a natural plant, how can it be harmful?"

"Well, blue agave is a natural plant in Mexico and they make tequila from it. I thought it was pretty harmless until the morning after when Mommy showed me a photo of me eating the worm from the bottom of the bottle with a bone through my nose."

But, Daddy, you said you smoked weed in high school. So how come I can't?"

"Yes, I did smoke weed in high school, which is why I was 24 years old when I graduated."

And finally ...

"Mommy, why is Monday so far from Friday but Friday is so close to Monday?"

"Bob! How many times do I have to tell you to hide that damn weed box!?"

For comments, ideas and copies of The Legend of Zippy Chippy, go to www.williamthomas.ca

The Cooperators Adopt Espanola Blood Clinic – 64 Units Collected

Lila J. Sloss & Associates Inc. of The Cooperators in Espanola partnered with Canadian Blood Services in early October to ensure lifesaving blood products are available to hospital patients in need.

As part of their giving back to their community, Lila J. Sloss & Associates Inc. adopted the Espanola blood donor clinic, which was held on Monday, October 1st.

"We were pleased and proud to have the opportunity to help Give Life in this way, especially when the need for blood is so great," says Lila Sloss,

Financial Advisor/Owner. "We are very excited about making a real difference in the lives of Canadian hospital patients.

"This year, 100,000 new blood donors are needed across Canada to meet patient needs — including 200 needed right here in our community," says Sloss.

Organizers were hoping to collect over 70 units, and fell slightly short collecting 64 units of blood in all. The next clinic will be held by late November. For more information on how to become a blood donor, go to blood.ca

WE REPAIR AIR CONDITIONING!

CALL NOW TO BOOK YOUR APPOINTMENT.

705-869-0333 OKTIRE™

Vote

JILL BEER

for MAYOR

I maintain a strong work ethic and will lead with honesty & integrity

CSCNO Students' Graduation Rate Among The Best In Ontario



Photo: Graduates of Ecole Franco Ouest 2018 are joined by celebrants as part of graduation convocation in June, 2018 in Espanola. Photo supplied

The Government of Ontario recently released the 2017 student graduation figures for the province's Catholic and Public school boards, and a local board has exceeded all expectations.

The Conseil scolaire catholique du Nouvel-Ontario (CSCNO) takes great pride in the fact that 92.7% of its students complete the requirements for their high school diploma in less than five years, with 89.2% receiving their diploma in four years. The CSCNO students' graduation rate is among the best in Ontario and is the highest among all school boards operating in the districts of Sudbury, Manitoulin and Algoma.

The CSCNO takes great pride in knowing that its Catholic secondary school students consistently achieve this level of excellence. Since 2012, the five-year graduation rate of CSCNO students has systematically hovered around 92%. The 2017

provincial average for graduation within five years of starting secondary school was 86.3%, while 79.8% of students received their diplomas in four years.

"A high school diploma is a tremendous asset in today's working world, now more than ever," explained Ms. Lyse-Anne Papineau, Director of Education at the CSCNO. "We are pleased to see that due to our winning strategies and dedicated staff, the CSCNO is a springboard to success for the students we welcome at our secondary schools."

CSCNO President André Bidal adds, "We fully believe that our French-language and Catholic school environment and total commitment of our teaching staff and families are valuable assets. While meeting the diverse needs of its students, the CSCNO shines in its ability to provide a learning environment that nurtures student success and personal excellence."

Espanola Fibre Arts Festival

October 17, 18, 19, 20 & 21 - 2018

Until Now A Perspective on Creativity as Fuel for Life

Friday, October 19 at 7 PM – 9 PM

United Church of Espanola

Call to register 705-566-7653

www.espanolafibreartsfestival.ca

Keynote Address

Textile Artist Heidi Hunter

Sacred Heart Daycare Centre
INFANT, TODDLER, PRESCHOOL
BEFORE AND AFTER SCHOOL
SPACES AVAILABLE!
 Financial Assistance is available for those who qualify
 For more information, please call
705-869-3171
 www.ourchildren-ourfuture.net



Espanola All Candidates Night Set For Election

Candidates running for council in Espanola will be able to present their platforms at a Meet the Candidates Night.

There are two people running for mayor; incumbent Ron Piche and Jill Beer.

There are eight people running for council: incumbents Ray Dufour, Ron Duplessis, Ken Duplessis, Heather Mallott, Bill Foster, and newcomers Maureen Van Alstine and Sandra Hayden.

The forum will take place Wednesday, October 10th at 7:00pm at the Espanola Royal Canadian Legion.

Still with the story, school board candidates are also invited.

Rainbow Board incumbent Bob Clement is being challenged by Daphne Allen.

For the English Catholic School Board; incumbents Kathleen Rosilius and Lindsay Liske, are being challenged by William D'Arcy Halligan and Reginald Simon.

And, the French Catholic incumbent Paul Gervais is being challenged by Gabriel Tremblay.

Legion President, Gary MacPherson, will be the moderator.

Continued from front page...

New Billboard Celebrates Forests and Environmental Stewardship

awareness of Ontario's forests through the dissemination of fact-based information. Whether living in big cities or rural communities, forests are the centre of our lives. They purify the air and water, they provide habitat for animals, they help fight climate change and they offer endless playgrounds to enjoy nature. Forests also provide the wood we need to build homes and make many products that make our lives better.

The new billboard is located just outside of Webbwood, Ontario, approximately 75 km west of Sudbury on Highway 17. It focuses on wildlife and the important role that sustainable forest management practices play in ensuring the long-term provision of wildlife habitat.

"We are pleased to support this initiative; we believe it is important for every Ontarian to understand and appreciate this fantastic resource" said Bonny Skene, Regional Public Affairs Manager for Domtar. "The forests support jobs, clean our air and provide an amazing venue for so many outdoor activities."

"Canadian forests are a great public treasure. Our team at EACOM is proud to help showcase how responsible forestry practices not only ensure that this renewable resource is maintained into the future, but also work to protect

wildlife habitat and social values," explained Jennifer Tallman, R.P.F., Chief Forester, Ontario at EACOM. "It Takes A Forest is a unique platform that celebrates environmental stewardship, collaboration and transparency; we hope the billboard will encourage Ontarians to connect with the initiative online or at events in their community."

Since its launch in 2016, It Takes A Forest has developed a wide range of tools to connect with Ontarians on a variety of forestry-related topics, including sustainable forest management, wildlife, recreation and human health, climate change and the benefits of wood and wood-based products. In addition to erecting twelve billboards across the province, It Takes A Forest also participates in local events and uses social media platforms to engage the minds of the public and encourage informed dialogue.

"Ontario is recognized as a world leader in forest management" adds Rob Keen, CEO of Forests Ontario. "Our approach to forestry ensures we provide for multiple forest values over the long-term. We believe all Ontarians should be very proud of how well our forests are managed and increasing the awareness of our forests and our forestry practices is a critical step."

RE-ELECT **Bob Clement** Public School Trustee



Working for;

- New and innovative ideas in our schools
- Investing in learning technologies
- Improved access to resources for students with developmental and learning disorders

Experience;

- Represented different boards for 25 years. Currently the past 8 on the Public Board
- Serving on Board of Directors for OPSBA (Ontario Public School Board Association) advocating for the north
- Serving on 7 committees with the Public Board
- Volunteer on Baldwin Township Fire Department for the past 44 years
- Baldwin Township Fire Chief for the past 25 years

Committed to quality education for the children in your family and mine



Ron Duplessis For Council

13 Years of Previous Council Experience

Your taxes, your vote

Ron Duplessis
 ron.duplessis@hotmail.com

Sensible spending for affordable taxes

7th Annual Espanola Fibre Arts Festival



October 17-21, 2018

Wednesday, October 17th

9:00 AM – 3:00 PM @ Espanola Golf & Country Club 309 Golf Club Road
Art Journaling with Heidi Hunter

6:30 PM – 9:30 PM @ Espanola Golf & Country Club 309 Golf Club Road
Support the Girls
Tickets \$20 in advance @ Espanola Farmers Market

Thursday & Friday October 18th & 19th

9:00 AM – 3:00 PM @ Espanola Golf & Country Club 309 Golf Club Road
Finders Keepers Textile Art Workshop
with Alice Vander Vennen

Friday October 19th

7:00 PM - 9:00 PM @ the United Church of Espanola 137 Sheppard St
Key Note Address: Until Now - A Perspective on
Creativity as Fuel for Life with Heidi Hunter
Light Refreshments to Follow - Admission \$5.00

Saturday October 20th

9:00 AM - 4:00 PM @ Espanola Recreation Complex 175 Avery Drive

- Makers' Market, Exhibits & Workshops - Admission \$2.00
- Commemorative Exhibit honouring founding member Carol Wessel
- A Map for Me – Collective Project led by Julieanne Steedman
- Built by Hand: Kayaks as Works of Art – Jim Olding
- A Day in the Park Community Art Project led by Chantal Lafrance

10:00 AM- 5:30 PM @ Espanola Public Library Fibre Craft Recitals

10:00 AM-11:30 AM Build a Bug Hotel Workshop

12:00 PM - 1:00 PM Sunflower Wreath Demonstration

1:15 PM - 2:00 PM Boro Stitching Workshop

2:30 PM - 5:30 PM Introduction to Punch Needle (registration in advance)

Sunday, October 21st

9:00 AM - 3:00 PM @ Espanola Golf and Country Club 309 Golf Club Road
Bookmaking: Coptic Creating with artist Heidi Hunter

9:00 AM - 4:30 PM @ Espanola Public Library 245 Avery Drive
Beginner Punch Needle 8X8 Trivet with Simon Vojvodin
(registration in advance)



ONTARIO ARTS COUNCIL
CONSEIL DES ARTS DE L'ONTARIO

an Ontario government agency
un organisme du gouvernement de l'Ontario



Workshop Details & Registration Information
www.espanolafibreartsfestival.ca

LOOK. LISTEN. LEARN.



Be aware.
Fire can happen anywhere.™

FIRE PREVENTION WEEK: OCTOBER 7-13, 2018

firepreventionweek.org



History of Fire Prevention Week

Fire Prevention Week was established to commemorate the devastating Chicago fire on October 9, 1871 in which more than 250 people died, 100,000 were left homeless, destroyed more than 17,400 structures and burned more than 2,000 acres.

The fire changed the way that firefighters and public officials in North America think about fire prevention and fire safety. The Fire Marshals Association of North America (today known as the International Fire Marshals Association), decided that the anniversary of the Chicago fire should be observed in a way to educate the public about the importance of fire prevention.

Fire Prevention Week was proclaimed in Canada in 1919 to commemorate the Chicago blaze, as well as a major fire that destroyed the Centre Block of the Parliament buildings in Ottawa on February 3, 1916.

Smoke Alarms

LOCATING/INSTALLING SMOKE ALARMS:

- Read and follow the manufacturer's instructions carefully.
- For best performance, an alarm should be mounted on the ceiling in or near the centre of the room, hall or stairway, and at the head of each stairway leading to an occupied area. Optimum location for wall mounts is at least 15 cm (6 inches) from the ceiling but not more than 30 cm (19 inches) from it.
- Avoid installing where the temperature is less than 5oC (41oF) or exceeds 48oC (119oF).
- Keep alarms away from doors and windows.
- Never locate an alarm in front of an air register, fans or vents.
- Keep alarms at least 60 cm (2 feet) from any corner.
- Smoke alarms in rooms with ceiling slopes greater than 30 cm (one foot) rise per 2.4 m (eight feet) horizontally should be located on the high side of the room. Avoid locating an alarm at the peak of an "A" frame type ceiling. Do not recess smoke alarms in walls or ceilings!
- Never paint a smoke alarm.
- Keep alarms 60 to 90 cm (two to three feet) away from light fixtures.

WHEN HAVING AN ALARM CONNECTED INTO THE ELECTRICAL WIRING SYSTEM OF A HOUSE YOU SHOULD:

- Use a qualified electrical contractor.
- Never install the alarm in the electrical circuit except at the main panel. Alarms must also never be installed in a circuit connected to an on/off switch.
- Check the alarm when installation is complete.

MARK YOUR CALENDAR: TESTING AND CLEANING:

- Test your smoke alarm monthly and clean it every 6 months. Mark it on your calendar so that you don't forget. Things to remember when testing your smoke alarm:
- Ensure that power is being transmitted to the alarm and that it will activate in the presence of smoke. Even alarms with a pilot light that indicate power is being transmitted, should be tested regularly. Test your smoke alarm by pressing the test button.
- Battery-operated smoke alarms will warn you when batteries need replacing. Despite this, make it a habit to change the batteries yearly.
- Remember, your smoke alarm can't protect you if the batteries have been removed or a plug has been disconnected.
- The lifespan of a typical smoke alarm is about 10 years, but some models last as little as 5 years.
- To clean the alarm, open the cover and gently vacuum the interior of it. Frequently, the alarm will sound while the unit is being cleaned.

Fire Safety Tips & Facts

- Smoking while in bed, tired or under the influence of alcohol or medication is the most common cause of fires that kill.
- Most chimney fires occur with wood-burning fireplaces. Ensure chimneys are cleaned and professionally inspected regularly. Burn only small quantities of wood at a time.
- Keep a pan lid or cookie sheet handy in case grease or oil catches fire. The lid or cookie sheet should be slid over the top of the pan to smother the fire.
- Place candles in sturdy, burn-resistant containers that won't tip over and are big enough to collect dripping wax.
- Don't use candles in high traffic areas where children or pets could knock them over.
- Never remove the third prong on a three-prong plug or bend it back to use a two-prong outlet. The third prong is a necessary ground for the appliance or heater.
- When bathing children, always turn cold water on first before the hot. Test the water temperature before allowing your child to get into the bathtub or shower. Consider adjusting your hot water heater to a maximum temperature of 49 C or 120 F.
- Turn pot handles towards the centre of the stove.
- Battery-operated smoke alarms will warn you when batteries need replacing. Despite this, make it a habit to change the batteries yearly.
- Install at least one smoke alarm outside each sleeping area. For improved safety, install a smoke alarm in every bedroom.
- Have a thorough yearly maintenance check of the furnace carried out by a professional.
- Lack of maintenance is the number one cause of dryer fires. That is why it

- is critical to clean the lint filter before and after each use, and wipe away any lint that has accumulated around the drum. Perform periodic checks to ensure that the air exhaust vent pipe is unobstructed (lint accumulation) and the outdoor vent flap opens readily.
- Extension cords must never be run inside walls or under rugs or furniture. They can be damaged by traffic or heavy furniture and start arcing, which can lead to a fire.
- It is important to install a carbon monoxide detector in your home. However, carbon monoxide detectors do not replace the need for prevention through yearly maintenance and inspection of heating systems and appliances.
- Do not overload electrical outlets or use extension cords in the place of additional outlets.
- Use a screen in front of the fireplace opening to protect children and to prevent embers from escaping and igniting carpets, etc.
- Educate your children about the dangers of fire and make sure they know that all fires, even small ones, can spread very quickly.
- In case of fire, get out and stay out! Use a neighbour's phone to call the emergency response number in your area.
- Be wary of buying novelty candles. Avoid candles surrounded by flammable paint, paper, dried flowers, or breakable/meltable containers.
- Equipment that uses natural gas should show a clear blue flame—a yellow or orange flame may indicate a problem. If a problem appears, call a qualified technician.
- Ensure a source of fresh air is available, for an example an open window or flue, when operating a wood-burning fireplace.

ASSURANCE
RIVET
INSURANCE

Home • Auto • Business
Insurance

Phone: 705-524-3000
Fax: 705-524-6793
Toll Free: 1-866-524-3004

Espanola
Clinic Pharmacy
& **PharmaChoice**

OPEN 365 DAYS A YEAR

Phone 705-862-7000 service@eclinipharmacy.ca

801 MCKINNON DRIVE

Home
hardware
ESPANOLA

830 Centre Street
705-869-2130

Espanola
ONTARIO CANADA

Fire Escape Plan

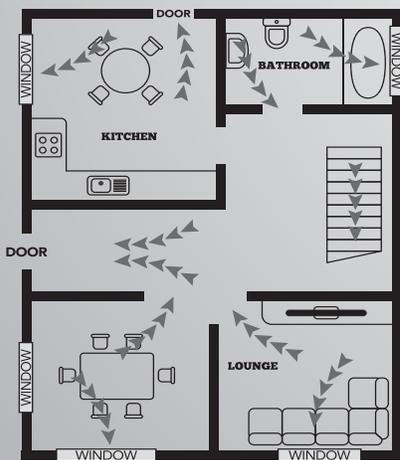
Domtar



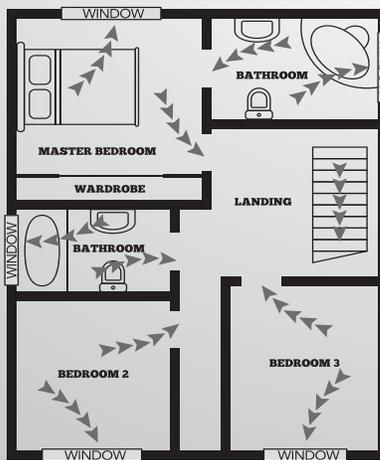
Statistics reveal that 78 percent of deaths from fire occur in the home, with most of the fatalities taking place between 2 am and 4 am, while occupants are asleep. That is why it is critical to develop an escape plan, because one needs to react quickly with a fire:

- practice your plan at night, getting down on your hands and knees with a flashlight while crawling to safety. Heavy smoke impairs breathing, which is why staying close to the floor increases chances of escape.
- In order to be able to react quickly to fire, draw a floor plan of your home showing all possible exits from each room. Where possible, plan two exits: a main route and an alternate route from each room.
- If you live in an apartment building, develop your escape plan taking into account fire escape procedures provided by building management.

- Draw a map of your home. Show all doors and windows.
- Visit each room. Find two ways out.
- All windows and doors should open easily. You should be able to use them to get outside.
- Make sure your home has smoke alarms. Push the test button to make sure each alarm is working.
- Pick a meeting place outside. It should be in front of your home. Everyone will meet at the meeting place.
- Make sure your house or building number can be seen from the street.
- Talk about your plan with everyone in your home.
- Learn the emergency phone number for your fire department.
- Practice your home fire drill!
- Make your own home fire escape plan using the grid provided on page 2.



1st FLOOR

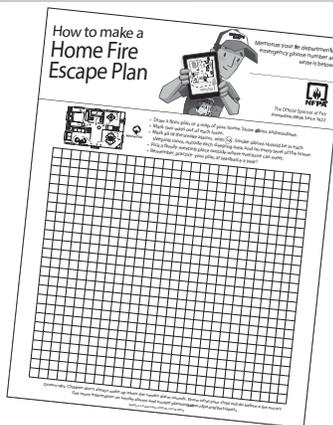


2nd FLOOR

Sparky is a trademark of NFPA. ©2017 NFPA

Visit our website
www.aroundandabout.ca
 and print off a copy of

How to make a
 Home Fire
 Escape Plan



Be careful!
 It's the start of a new school year!

Michael Mantha
 MPP Algoma-Manitoulin

1-800-831-1899
mmantha-co@ndp.on.ca

Tim Hortons
 ESPANOLA • MCKERROW

BELL • BOOTH • SIRKKA • FABRIS
OPTOMETRISTS

**Espanola Mall
 Little Current Hospital**

**705-869-2030
 705-368-3245**

The Canadian Association of Optometrists opto.ca
 your eyes deserve an optometrist®

Desjardins
 Caisse populaire Vermillon

**Espanola, Ontario
 (705)869-2317**

corrina.bourguignon@desjardins.com

FCR

FREELANDT CALDWELL REILLY LLP
 CHARTERED PROFESSIONAL ACCOUNTANTS

Accounting | Assurance | Advisory | Tax

705-869-3351 30 McCulloch Dr. fcrca.com

ROBINSON'S PHARMASAVE

119 Tudhope St, Espanola, Ontario
 (705) 869-1561

Good Doctors Walk In Clinic
 LIVE WELL WITH
PHARMASAVE®

VOTE FOR THE SUCCESS OF THE TOWN OF ESPANOLA



Maureen Van Alstine
for Council



The following is my platform for the October 22 municipal election in the Town of Espanola

- V** VOICE CONCERNS OF COMMUNITY
- A** ACCOUNTABLE – no frivolous spending
- N** NO NONSENSE – follow municipal act and township by-laws – no behind closed doors agreements
- A** Accessible – email: Masvan@personainternet.com
ph. 705-869-0514
- L** LEADERSHIP
- S** SERVE ALL RATEPAYERS
- T** TRANSPARENCY
- I** INTEGRITY -
- N** NEEDS OF WHOLE TOWN
- E** EXPERIENCE

My husband Harry & I were born and raised in McKerrow. We live on Barber St in Espanola. I am self-employed having incorporated my own business in July 1994 (MASVAN Enterprises Inc – bookkeeping & accounting). In January 1995, I purchased the H & R Block franchise in Espanola and continue to serve our customers at 123 Tudhope St. Espanola. I have been in business for the past 24 years. During this time, I have gained a keen knowledge and understanding of business.

Over the years, I have been a proud member of the Espanola Royal Purple Elk's. I currently serve on the following boards: Espanola Non-Profit Housing Board, the Espanola Regional Hospital & Health Center Board, and the Espanola Police Service Board.

I have served intermittently on council from 1984 to 2007 in McKerrow (Township of Baldwin). While on council I gained experience and knowledge as a member of the Planning Board, Property standards, Lacleche foothills, Community policing, Fire department, Landfill, District social service board.

My platform is simple, *elected by the people to serve the people* – the entire community. I urge everyone who is a resident or landowner in the Town of Espanola to exercise their democratic right and vote. **Vote for Van Alstine, Maureen;** a voice on council who listens, assesses the facts, and votes in the best interest of the entire community.

On Monday October 22 vote for: Van Alstine, Maureen
Thank you

Orange Shirt Day Celebrated At Local Schools

Rainbow students were wearing orange as part of a board-wide initiative to recognize the impact of residential schools on First Nation children.

Staff and students in Rainbow Schools wore orange the last week of September, as well as Monday, October 1st to show support for residential school survivors.

“Orange Shirt Day” recognizes the effects and intergenerational impacts of the residential school system on First Nation, Métis, and Inuit children in Canada.

“This important gesture brings us together in the spirit of reconciliation,” says Director of Education Norm Blaseg. “It provides an opportunity for staff to open up or continue the conversation about residential schools with students.”

“Participation in Orange Shirt Day demonstrates our collective commitment to building our ongoing understanding. Wear orange and show students that every child matters.”

Orange Shirt Day began in Williams Lake, British Columbia by the St. Joseph Mission residential school commemoration project. Phyllis Webstad, a young girl from the Dog Creek reserve, attended the Mission in 1973, where her clothes were

removed, including her brand new orange shirt.

Phyllis’ story inspired the Mission to declare September 30th Orange Shirt Day, as this was the time of year in which children were taken from their homes to attend residential schools.

Espanola High school teacher, Jayson Stewart says student Nevada Anwhatin led a memorial song and smudge in the Four Medicines Garden in The CALMmon at the high school as part of the school’s observation of Orange Shirt Day. And, students from AB Ellis PS also shared the Orange Shirt Story and wore plenty of the bright colour to mark the initiative.

Photos: AB Ellis Public School and Espanola High School students took part in Orange Shirt Day, which marks the impact residential schools had on First Nation students. Photos supplied



VOTE

Eldon



STINSON

October 22-2018

FOR

COUNCIL



TOWNSHIP OF SABLES-SPANISH RIVERS

Phone: (705) 865-2646 Fax: (705) 865-2736

Email: inquiries@sables-spanish.ca

11 Birch Lake Road, Massey, ON, POP 1P0

Website: www.sables-spanish.ca

2018 MUNICIPAL ELECTION ADVANCE VOTE:

Municipal Office, 11 Birch Lake Road Massey

- **Saturday, October 13, 2018 10:00 a.m. to 5:00 p.m.**
- **Monday, October 15, 2018 9:00 a.m. to 5:00 p.m.**

**Voting Day is Monday, October 22, 2018
Between the hours of 10:00 am and 8:00 p.m.**

Qualifying addresses vote at the following locations:

Town of Massey & Townships of Salter, May, Tennyson, Harrow & McKinnon	S. Geiger School – 355 Government Road, Massey
Town of Webbwood & Townships of Gough, Hallam, Shakespeare	Webbwood Public Library – 16 Main Street
Township of Victoria	Walford Community Centre – 410 Highway 17

ALL VOTERS MUST SHOW IDENTIFICATION FOR PROOF OF NAME

***** AND QUALIFYING ADDRESS AT VOTING LOCATION *****

NOTICE OF THE PASSING OF ZONING BYLAW (Planning Act-Section 34)

TAKE NOTICE that the Council of the Corporation of the Township of Sables-Spanish Rivers passed the following Bylaws on the 26th day of September, 2018.

File No. ZBA18-03: Purpose and Effect: The purpose of the zoning amendment is to provide for a reduced shoreline frontage setback in the Resource Recreation zone. The effect is to allow for construction with a reduced shoreline setback. **The land to which the bylaw applies is described as Victoria Township, Section 17, Parcel 17-1, Tube Lake-water access.**

File No. ZBA18-04: Purpose and Effect: The purpose of the zoning amendment is to provide for a commercial operation/home based business in the General Residential zone. The effect is to allow for a car detailing operation. **The land to which the bylaw applies is described as Salter Township, Section 25, Parcel 39-1, Plan D-272 Unit 39, #405 Imperial Street South.**

These applications are not subject of any other application under the Planning Act.

APPEAL - The last date for filing a notice of appeal of the by-law is **October 29, 2018**. Any such appeal must be filed with the clerk of the municipality and must set out the reasons for the appeal and must be accompanied by the fee required by the Local Planning Appeal Tribunal. Only individuals, corporations and public bodies may appeal a by-law to the Local Planning Appeal Tribunal. A notice of appeal may not be filed by an unincorporated association or group. However, a notice of appeal may be filed in the name of an individual who is a member of the association or the group on its behalf. No person or public body shall be added as a party to the hearing of the appeal unless, before the by-law was passed, the person of public body made oral submissions at a public meeting or written submissions to the Council of the Township of Sables-Spanish Rivers or, in the opinion of the Tribunal, there are reasonable grounds to add the person or public body as a party.

These bylaws are available for inspection in the municipal office during regular office hours.

Dated this 9th day of October 2018

USED EQUIPMENT FOR SALE

- 2006 Chev 2500; 6l. gas engine (at PW South Yard)
- 1988 Champion 740 Grader (at PW South Yard)
reserve bid of \$10,000.
- 2007 Husqvarna YTH 2242 lawn tractor (at PW South Yard)
- 1999 International Tandem Truck (at Walford Truck & Tractor)
reserve of \$10,000.

All equipment is "as is – where is".

Appointment to view – call 705-862-2010 or 705-865-2626 ext 229 to schedule.

Sealed written bids must specify the equipment being bid on
To be received by 12:00 p.m., October 19, 2018

2018 VOLUNTEER AWARDS

The **Junior Volunteer** of the Year was awarded to **Quynlan Vuorensyrja**. He is always on hand to help at many community events in Walford and throughout the Township of Sables-Spanish Rivers. He is a member of 4-H, active in sports, helps with children's activities, as well as being involved in assisting at the Walford playground and outdoor rink. Whatever an organization needs help with; Quynlan Vuorensyrja is there and always exhibits respect and courtesy for all. Council extends their heartfelt appreciation and congratulations to Quynlan for all he does to help in the community!

The **Senior Volunteer** of the Year was awarded to **Gail Whalen**. An active member of the Walford Community Centre Board since its inception in 1985, Gail has served as the Catering Convener and is an advocate for youth and seniors' programming in the community, as well as a dedicated member of her parish and the Catholic Women's League. Gail's willingness to lend a hand whenever called upon and her dedication to her community has not gone unnoticed. Council would like to take this moment to congratulate and thank her for all she has contributed to the residents of the Township of Sables-Spanish Rivers.

2018 BUSINESS SUCCESS AWARD

The winner of the Business Success Award is **John's Auto Repair & Sales**, located in Massey.

Established in 1995, John's Auto is a complete auto repair and maintenance centre that has helped both residents of the Township of Sables-Spanish Rivers and many a stranded tourist in the area with fast service and being able to recommend local attractions, places to eat, and lodging. In addition, John's Auto has donated to a variety of charitable functions and worthy causes since establishing their business. Congratulations on being selected as the recipient of the Business Success Award. The Economic Development Committee applauds your efforts and commends you for your vision, dedication and for choosing to operate a top-notch business in the Township of Sables-Spanish Rivers. We wish you continued success throughout the coming years.

WALFORD CHRISTMAS BAZAAR Saturday, November 24, 2018

We are now accepting donations for the silent auction, penny sale and gently-used table. They can be dropped off at 36 Walford Rd., Walford or call 705-844-2364 for pick up.
We appreciate your support!!

CLASSIFIEDS

Real Estate • Rentals • Services
 Lost & Found • Items For Sale
 Prayers • Thank You • Notices
 Personals • Vehicles
 Special Occasion

Highest Circulation &
 Best Rates in Town!



705-869-6883

SERVICES

CHIROPRACTOR - DR. DARIO LAURENTI, D.C. 27 years' experience. Instrument, Manual, Cranial Adjusting, Acupuncture, Orthotics. Call 705-869-2737. All Insurances accepted. 11/20

LEE VALLEY FEEDS - Wood Pellets in stock now. 416 Lee Valley Rd, Massey. 705-865-9996. 10/23

REGISTERED PSYCHOLOGIST - for K-12, College/University, to all ages. Assessing Asperger's, ADHD, or other learning problems. Over 20 years' experience. Competitive/flexible rate and hours. Will travel. Prompt turn around. Dr. Ryan Kneer. 705-869-8588. 11/13

PHYSIOTHERAPY OFFERED BY MARILYN WITTMANN - Located at Physio Moves in the Espanola Hospital. Accepting new patients. WSIB and MVA patients welcome. Acupuncture available. Visit www.physiomoves.net for services, rates, and hours, or call 705-988-3737. 11/27 - R

TOTAL MAINTENANCE SERVICES: Plowing, carpentry, painting, steel & shingle roofing, tree cutting, decks, landscape construction, yard maintenance, dump runs. 705-936-6160 11/6 - R

WILD GAME PROCESSING - Cut/wrap and sausage- 416 Lee Valley Road Massey 705-865-9996 or 705-865-1886 10/23

ESPANOLA SELF STORAGE - 6x8 and 8x10 Storage units available in Espanola. Located behind the car wash. Call 705-869-8405. 11/20 - R

HANDYMAN - ODD JOBS COLOMBUS. I do flooring, painting, mudding, drywall, trim, install doors and frames, build head boards and bed frames and much more...call me Stephane Coulombe 705 863 3434. 10/30 - R

THE RITCHIES ARE AT IT AGAIN! Get your firewood cut, split, delivered. Hardwood maple. More info, call Mina at 705-865-3017. 10/30.

MEETINGS

Massey Agricultural Society monthly meetings - 3rd Tuesday of the month. Held at Massey Firehall @ 7pm. We welcome the public's attendance. 04/23

FOR RENT

FOR RENT - Spacious 2 bd apartment available Nov 1. This open concept apartment has been newly renovated and features large windows and laminate flooring throughout. Fridge & Stove incl. \$800.00 / m, hydro extra. Call 705-869-5015. 10/16

FOR RENT - 3 bedroom house in Espanola. No pets, no smking. One floor. References. Security deposit. \$950.00 / month plus heat/hydro. First/last months rent required. Call 705-869-1219, leave message. Avail Nov 1. 10/30

FOR RENT - One bedroom + one ground floor apartment available on Second Street in Espanola. \$950 per month hydro included. First and last required. Call 705-869-7557 or 705-869-2443. 10/23

FOR SALE

FOR SALE - Mate's bed with bedding. Good condition. Phone 705-869-2237 after 4:00 p.m. 10/9

FOR SALE - Grass fed baby beef, and rotted manure. \$40.00 a bucket. Charlie Smith. 711 Birch Lake Rd, Massey. 705-865-2316. 10/16

FOR SALE - Limited dry wood for kindling/backyard fire. Also oil tank and fittings, double walled. Call Greg 705-822-4734. 10/9

NOTICE

CHERYL'S MASSAGE THERAPY & ACUPUNCTURE - NEW LOCATION as of April 9th. 363 John St. Espanola. To make an appointment call 705-863-3223. cherylsmassage7@gmail.com 11/27 R

THANK YOU

Thank you to the Guardian Angels that checked in on me last Thursday at the riverbank. Even though the river was flowing fast, my tears were flowing faster from the sudden loss of my mom. A strong woman is not the one who doesn't cry. A strong woman is the one who cries. And sheds tears for a moment then gets up and fights again. Author Unknown. Thank You!!

NOTICE

NOTICE TO ELECTORS CHECK YOUR MAIL FOR YOUR MUNICIPAL ELECTIONS VOTING PACKAGES

Espanola will once again be utilizing the Vote By Mail Method for the 2018 Municipal Elections.

Eligible Electors will receive a Vote By Mail Package in their mailbox the first week of October. The package will contain clear instructions as well as a declaration form and your ballot.

If you have not received your voting package or for more information on the Vote By Mail process go to the municipal office at 100 Tudhope Street or call 705-869-1540



EMPLOYMENT OPPORTUNITY

Employment Opportunity

The One Tot Stop Day Care is looking for a reliable, flexible and caring individual for a Permanent Full Time Early Childhood Educator position. Position will be in Espanola and will start in November 2018.

Experience working with children is a must. Successful applicants will be required to have a current vulnerable sector criminal reference check, valid First aid and up to date immunization. An Early Childhood Education diploma is required.

Please send your resume, cover letter and references to The One Tot Stop Day Care, Box 695 Massey, ON POP 1P0, or to onetotstop@bellnet.ca by Friday October 19th, 2018.



CLINICS



Conseil des Services du District de
Manitoulin-Sudbury
 District Services Board

210 boul Mead Blvd
 Espanola, ON P5E 1R9
 Telephone/Téléphone: (705) 862-7850
 Fax/Télécopieur: (705) 862-7805
<http://www.msdsb.net>

Community Paramedicine Wellness Clinics

The Manitoulin-Sudbury DSB is proud to announce weekly Community Paramedicine Wellness Clinics in the following Lacloche Communities starting the week of October 1st.

Massey Wednesdays 9 – 10 am 410 Bell Street Common Room Left side entrance	Webbwood Thursdays 11:30am – 12:30pm 10 O'Neil Street Common Room Side entrance
Espanola Fridays 9 – 10 am 70 Barber Street Common Room Side entrance	

Paramedics are available to take your blood pressure, and address questions you may have regarding your health or medications.

Recipe



Growing up we had a beautiful apple tree in our yard that as the story goes, was started from seed by my Great Grandma. Every year it would produce large amounts of sweet but tart, red apples. It wasn't uncommon to have neighbourhood kids knock at the door and ask if they could pick a few. Fallen ones would often go out to camp to feed the deer and many off the branches were turned into pies, apple juice and homemade apple sauce. Even in the last couple of years when many of the old branches had disappeared, the last remaining branches would be loaded with apples. Sadly during one of our wind storms this summer, the aging tree became uprooted and that was the end of our apple tree. I think we all felt the loss and I still feel sadness when I pull up at my parents and see the tree stump. So needless to say, I have become accustomed to homemade applesauce. Apple sauce from the store doesn't even begin to compare in flavour and it's honestly so simple to make your own. It's apple season right now, so I picked up a variety of Ontario apples this week and made a double batch of the following recipe. The hardest part of the process is the peeling and coring of the apples, but it's so worth it. I put the sauce in small containers and freeze it to enjoy throughout the year. I love it with pork chops or just as a treat.

Homemade Apple Sauce

- 4 apples - peeled, cored and chopped
- 3/4 cup water
- 1/4 cup white sugar
- 1/2 teaspoon ground cinnamon
- Additional sugar to taste



In a saucepan, combine apples, water, sugar, and cinnamon. Cover, and cook over medium heat for 15 to 20 minutes, or until apples are soft. Mash with a fork or potato masher. I taste it at this point and add more sugar if it's not sweet enough. Let cool. Store in the fridge for immediate use or freeze in containers.

99.3 Moose FM **Moose Corner**
 Espanola's Biggest Variety

The Moose 99.3 FM CJJM - Espanola is proud to support local charities and organizations. If you have an event you want to share, please call Roz at 705-869-6397 or email your information to: rrussell@moosefm.com The Moose- Espanola's Biggest Variety! Your Station, Your News, Your Stories

AROUND ABOUT Your Community Connection
PAPERWORKS OFFICE & ART SUPPLIES
OFFICE PRO

Nicky Lamothe - PUBLISHER
STAFF
 Andrew Vondette - Office Sales-Graphic Design Advertising Manager
 Rayann Muncaster - Office Sales/Production Co-ordinator
 Mauriel Leblanc - Office Sales Manager
 Doreen Track - Office Sales/Data Entry
 Richard Gagnon - Production
 Bill Leeney - Graphic Design
 Vickie Trahan - Bookkeeping
 Donna McDonald - Proof Reading
 Rosalind Russell - Correspondence
 PJ Baskey - Office Sales/Production

705-869-6883
 email: around@aroundandabout.ca
 Around&About is printed locally by OJ Graphix INC.

Distribution by Around & About

The advertiser agrees that the Publisher shall not be liable for damages arising out of errors in advertisements beyond the amount paid for the space actually occupied by that portion of the advertisement in which the error occurred. There shall be no liability for non insertion of any advertisement. The publisher reserves the right to edit, revise, classify or reject an advertisement. Ad space must be reserved Wednesday to be placed in the following week's issue. Copyright and/or property rights subsist in all advertisements and in all other materials appearing in this edition of Around & About. Permission to produce wholly, or in part, any part in any form whatsoever, particularly by photographic or offset process in publications must be obtained in writing. Any unauthorized reproduction will be subject to recourse in law.

Community Living

Espanola

Open your heart to a person who has a developmental disability

Community Living Espanola is introducing a "Friendly Neighbour" housing model for adults with a developmental disability.

We are currently recruiting for a person or couple who can provide overnight "monitoring" for a person with a developmental disability living in an apartment setting. The person or couple would be offered their own 1 bedroom apartment rent free in the same building as well as daily compensation in return for providing overnight supports to the individual.

If you are interested and would like more information, please contact:

Kathy Ainslie
 Community Living Espanola
 345 Centre Street
 Espanola, ON P5E 1E4
 (705) 869-0442 x 30
kathy.ainslie@clespanola.ca

COMMUNITY NOTES

PROUDLY SPONSORED BY



- Children's Clothes' Closet at Calvary Baptist Church** – Wednesday, October 17 from 10:00 a.m. – 2:00 p.m. No donations needed at this time. Thank You
- The Espanola Helping Hand Food Bank** - will be hosting the meat roll-offs at the Espanola Legion on Oct. 20 and Oct 27. The fun starts at 3:30 and everyone is welcome.
- St. Andrew's Harvest Ham Supper & Auction** – Sunday, October 21, 5:30 p.m. at the Massey Legion. For tickets call 705-865-2450.
- Northshore Pins & Needles Quilting & Stitchery Guild** - Next meeting, Wednesday, October 24 at 7:00 p.m. at the Espanola Royal Canadian Legion. New members welcome.
- Spanish River Snowmobile Club** – Next meeting is Thursday, October 25, 7:30 p.m. at the Royal Canadian Legion-Spanish. Everyone Welcome.
- Community Living Espanola's 10th Annual Fall Harvest Luncheon** – Tuesday, October 30 from 11:00 a.m. - 2:00 p.m. at the Royal Canadian Legion, Espanola. Tickets at 345 Centre Street, or by calling 869-3131 or at the door
- Free Community Luncheons** – Every second and fourth Tuesday at the Lighthouse, Espanola (across from the Royal Bank). EVERYONE WELCOME.
- Need rides to medical appointments?** - VON's Transportation Program offers rides to medical appointments, even to Sudbury. Call Espanola VON at 705-869-3304.
- Pickle Ball & Tennis at the Espanola Courts** – Courts are open daily. Equipment available at the rec centre.
- Do you have a NOTE for the Community?**
 We invite not-for-profit organizations to submit information on their upcoming events in writing no later than **Wednesdays at 3:00 p.m. 25 Word Limit.**
 E-mail: around@aroundandabout.ca

ESPAÑOLA EXPRESS VS GOLD MINERS
HOME GAME!!
Tuesday, October 9, 6:45 pm