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**PAPERWORKS**  
OFFICE & ART SUPPLIES

**Year-End COUNTDOWN**



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December 3, 2019 Issue #49 - Volume 23

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**Espanola Family Needs Support Once Again**



*By Rosalind Russell* - Ten year old Blake Bond of Espanola has spent half his life fighting cancer and is now diagnosed with a new disease. Blake has been diagnosed with Graft-versus-Host Disease, a medical complication following the transplant of tissue from a genetically different person. The disease which affects his skin, muscles and joints is commonly associated with transplants such as those that occur with bone marrow transplants, which Blake underwent last year. While not curable, it can be treated, but it requires Blake to travel to Ottawa weekly and Toronto monthly. Remedy's RX in the Espanola Mall is setting up a donation jar to assist the family in offsetting travel, lodging and prescription costs not covered by any support program. The pharmacy encourages the public to drop by with a donation. They will also host a Pop Up Sale on December 4th to encourage donations.

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## Espanola Regional Hospital & Health Centre Vein Finder Campaign

Espanola woman Jolene Courtemanche has been on a mission to purchase two Vein Finders for Espanola Regional Hospital & Health Centre. Courtemanche, who suffers with difficult veins, decided that there must be many people with the same condition who would benefit from this piece of equipment. With that in mind, she began campaigning the community. "Friends, family, business and community members have been so very generous," says Courtemanche. "So much so, that we are now

able to move forward with the purchase of the first Vein Finder!" Espanola Hospital Foundation Coordinator, Terri Noble adds "We are so grateful for Jolene's determination to give back to our hospital. We are certain these vein finders will eliminate some of the stress of having blood work for many of our patients." Courtemanche has collected \$9,000 to date with more on the way. Each unit costs \$8,100 and will be available in the Lab and in the Emergency Department.



**PHOTOS:** Espanola woman, Jolene Courtemanche, has received several donations from local businesses to go towards her campaign to raise another \$8,100 for a vein finder for the Espanola Regional Hospital. On hand for the presentations is Photo 1 (l-r) – Jolene Courtemanche with staff and owner Tanner Lafreniere (2nd from right) of Tanners Independent Grocer. Photo 2 - with Jolene Courtemanche, Terri Hogarth and Robert McKechnie of Espanola Home Hardware. PHOTO 3 (l-r) - Espanola Hospital Foundation representative, Terri Noble, Courtemanche, Domtar – Executive Assistant, Darla Southwood, Domtar – Human Resources, Angela Vuorensyrja and Domtar – Manager of Engineering, Joe Cooper. (Photo 3 by Rosalind Russell)

To view our monthly flyer go to  
[www.paperworks1.ca](http://www.paperworks1.ca)



Friday December 13th  
6am - 6pm

## Clearer Image X-Ray Campaign

Help us replace our ageing  
X-Ray machine

### Ways to Give

Bring in or call in your gift to Moose FM

705-869-6999 or 869-0578

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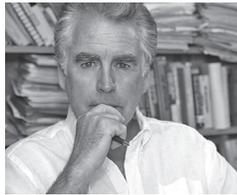
At the Foundation Office 'Donation Drop Box'

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## Canada's Rocky Horror Hospital Show

Our Canadian health care system has fallen to ninth place among 12 nations as rated by the highly-respected Commonwealth Fund. With the UK, Australia and Holland leading, we're barely staying above the United States. So with costs and wait times on the rise, not to mention patients being warehoused in the hallways of our hospitals, it's nice to come across some good news for a change. "Report finds 553 foreign items left inside Canadian patients after surgery from 2016 to 2018." I had to read that twice.

Yeah, there's an awful lot of surgeons in this country snapping off the latex gloves after stitching somebody up and asking the nurse: "Hey! There's only two sponges here! Didn't we start with three?" Sponges and medical instruments were the most common items left behind according to the report released by the Canadian Institute for Health Information.

The statistics in the CIHI report are enough to send you into shock and off to your local emerge. Canada has the highest rate of avoidable complications after surgery among the 12 countries studied. That's a staggering 90 percent above the average. One out of every 18 patients in a Canadian hospital will experience some form of 'preventable harm' during their stay. Hard to believe that preventable harm is now the third leading cause of death in Canada behind cancer and heart disease.

By way of explanation, the CIHI's Tracy Johnson said: "People don't go to work to make mistakes, but these things happen." Well yeah, but when I make a mistake, I spell somebody's name wrong. I don't leave some poor bugger looking at the impression of a vice grip on his stomach and wondering

how it got inside?!?

This is pretty shocking news to anyone carrying a provincial health card. Not as horrible, mind you, as American doctors operating on the opposite side of a patient's head or removing the right limb when the left limb was the one designated for amputation. Happening so frequently, it now has a name - 'wrong side surgery.'

A rash of botched surgeries at the University Community Hospital in Tampa, Florida included a wrong knee operation, a wrong female sterilization and the removal of a tube from the wrong patient that resulted in death. Heading the list of 'wrong side surgery' was a 51-year-old heavy-equipment operator by the name of Willie King. Nobody should wake up after an amputation as King did and say: "Doctor, that's the wrong leg."

And nobody I know possesses a sense of humour as forgiving as Willie King who after losing both legs and learning to walk with two prosthetic legs said: "I've kind of taken it in stride."

Here then are a few snippets of conversation you never want to hear when you're on your back and woozy in a hospital operating room.

Doctor: "Tick, tick, tick...you hear that! That's his heart beating again. I saved his life!"

Nurse: "Actually doctor, he has no pulse and that sounds an awful lot like you're new Rolex."

Doctor: "When it says 'left' leg...is that on my left when I'm looking at the patient or on his left when he's looking at me?"

Nurse: "SECURITY!"

Nurse: "Doctor, you just removed a kidney

*Continued on page three...*

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## Annual Espanola Express/Lions Teddy Bear Toss

The Annual Espanola Express/Lions Teddy Bear Toss will be Friday, December 13th as the Express take on the Rayside Balfour Canadians. Here's your chance to throw, toss, hurl, jettison a teddy onto the ice and support two wonderful organisations.



*Continued from page two...*

from the wrong patient."

Doctor: "That's why God gave us two!"

Doctor: "Please speak up, I'm not hearing you."

Nurse: "Where's your hearing aid?"

Doctor: "I don't know but have you noticed when this guy's stomach growls it sounds like the MGM lion?"

Doctor: "I don't understand, this is a complete mess!"

Nurse: "In a heart-lung transplant the heart usually goes below the lungs!"

Doctor: "Damn! Are you sure?"

Nurse: "Yes, appendectomy is spelled with two 'p's. Prostatectomy has one 'p'."

Doctor: "Well, she's going home with a brand new pacemaker."

Nurse: "Yeah but according to her chart she came in to have her gallstones removed."

Doctor: "Nurse, you'll have to fill out the paperwork. I can't find my reading glasses."

Nurse: "But you had them on during that last surgery and..."

Doctor: "What?! Are you sure?"

Nurse: "Yeah, it was Ron James who needed the bypass. That was Don James. He was here

for rotator cuff surgery."

Nurse: "Foreskin! I thought you said forceps!"

Doctor: "Check the chart and see if he's Jewish."

Doctor: "But she's not waking up!"

Nurse: "Well here's the full bottle of antibiotics and the empty bottle of Ambien. Where did you say you left your reading glasses?"

Doctor: "Why does this patient have 'R' written on his right leg and 'L' written on his left leg?"

Nurse: "He's obviously read one of your reviews."

Nurse: "Doctor, I don't know how to tell you this but that testicle you just removed...it was the good one!"

Doctor: "As I said, thank God we all have two!"

Doctor: "Oh look, this patient has a medical alert band."

Nurse: "Yeah, and it reads: 'In case of an emergency take me anywhere but here!'"

To buy a book or invite humorist

William Thomas To be your guest speaker, go to [www.williamthomas.ca](http://www.williamthomas.ca) [williamjthomas@gmail.com](mailto:williamjthomas@gmail.com)

## Explore Carpentry Day



On November 20 and 21, some 40 grade 9 female students from Conseil scolaire catholique Nouvelon high schools in Greater Sudbury and Espanola took part in the activity entitled "Explore Carpentry Day." Taking part were students from Collège Notre-Dame (Sudbury), ESC Champlain (Chelmsford), ESC l'Horizon (Val Caron), ES du Sacré-Coeur (Sudbury) and ESC Franco-Ouest (Espanola). Offered through the Ontario Youth Apprenticeship Program (OYAP), this hands-on learning activity was held at the Carpenters' Union in Azilda.

During this experiential learning activity, the girls participated in a construction workshop. They had hands-

on experience in carpentry, drywall installation, and plastering while learning about the tools and products needed for construction. This group of CSC Nouvelon students was also informed of related health and safety protocols.

The purpose of the experiential learning activity is to demystify specialized trades for girls and enable female students to learn about rewarding careers in this sector of the economy. Statistics reveal that women are under-represented in the construction, industrial, as well as the motive power sectors. By participating in this type of activity, the CSC Nouvelon is seeking to raise the girls' level of confidence while initiating them to non-traditional careers.

Photos supplied by CSCN

## The Fish Store

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# VS



## HOME GAME!!

**Friday, December 13, 7:30 pm**

## Historical Pointer Boat Dismantled And Repurposed



The front of the Massey Area Museum looks a little different today following the removal, dismantling and repurposing of a historical replica. Big Red, a replica of a 32-foot pointer boat used by the lumber industry in the early part of the 19th and 20th century has been dismantled. Former president of the Friends of the Spanish River, Bill McKenna, says the boat's stern and bow have been kept

to be repurposed as shelving for a historical display inside the museum, rather than outside where it had been featured for several years. McKenna says it was originally built for the Friends by Bill Blight of Espanola and Ed Tate of Sudbury 20 years ago to highlight local lumbering history and was used for tours on the Spanish River, in parades and at other public events.

# Mayor & Council thank all those who made Parade Day extra special!

### Sponsors

Espanola Lions Club  
Espanola Regional Hospital & Health Centre

### Partners

Public Health Sudbury & Districts  
Espanola Skating Club  
Friends of the Library  
Knight Cruisers Car Club

### Judges

Erin Bourcier The Appliance Shop  
Gary MacPherson Espanola Legion Branch 39  
Michael Dunn Espanola Hospital Foundation

### Security

OPP \*Espanola Fire Department  
\*Espanola Public Works

### Marshals

Kelly Deshamps & Alex McKechnie Home Hardware

### Parade Winners

Best Commercial Domtar  
Community Spirit Knight Cruisers Car Club  
Judges Choice Queensway Pentecostal Church

### Parade Participants

Appliance Shop  
Blissful Aesthetics  
Calvary Baptist Church  
Carol Hughes MP  
Contrans Trucking  
Dansations Dance  
Domtar  
Espanola Boogie Mountain Ski Hill  
Espanola & District Snowmobile Club  
Espanola Junior Curling

Espanola Home Hardware  
Espanola Regional Hospital & Health Centre  
Fairstone  
Knight Cruisers Car Club  
Manitoulin Sudbury & District Services Board EMS  
Michael Mantha MPP  
Northshore & Island Kennel Club  
Northshore Search & Rescue  
Our Children Our Future  
Rainbow District Animal Services & Bylaw Enforcement  
Queensway Pentecostal Church  
RBC Espanola Branch  
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Shay's Café  
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Website: [www.sables-spanish.ca](http://www.sables-spanish.ca)

*Season's Greetings - Wishing everyone a safe and happy holiday!*

**The Municipal Office & Public Works will be closed for the holidays as follows:**

Wednesday, December 25, 2019

Thursday, December 26, 2019

Friday, December 27, 2019

Wednesday, January 1, 2020

## CHRISTMAS CHURCH SERVICES

### Tuesday, December 24, 2019

St. Andrew's United Church – 305 Imperial St. Massey – 7:00 pm

Zion Lutheran Church – 535 Imperial St. S, Massey – 7:00 pm

Immaculate Conception Catholic Church – 160 Darby St, Massey – 7:00 pm

St. Francis of Assisi Catholic Church – 530 Hwy 17, Walford – 11:00 am

St. Lawrence Roman Catholic Church – 3 Nelson St, Webbwood – 9:00am

## CHRISTMAS IN MASSEY

Friday, December 6, 2019 - 5:00 pm until 8:00 pm!

Shop Local and Celebrate the Magic of the Season

There is something for everyone from face painting to a meet and greet with Santa.

Find your way around town to take part in all the festivities provided by your local businesses.

## WALFORD COMMUNITY CENTRE CHRISTMAS DINNER

Come out to enjoy a turkey dinner with all the trimmings

When: December 11th, 2019

Time: 1:00pm

Location: 402 Hwy 17, Walford, ON

Cost: \$10.00 / plate

Call Glenda at 705-822-6096 for more information

## “DESIGN THE SIGN” CONTEST

Don't forget to put your artistic talent to work and enter our “Design the Sign” contest for your chance to win \$100! Check out our Facebook group or visit [www.sables-spanish.ca](http://www.sables-spanish.ca) for more information.

## ATTENTION NON-PROFITS!

Did you know you can advertise your event on this page for free? Don't forget to contact the Township to let us know about it! Call the Office at 705-865-2646 or email [inquiries@sables-spanish.ca](mailto:inquiries@sables-spanish.ca)

Non-profits can also take advantage of our Facebook group “Township of Sables-Spanish Rivers” to advertise their events.

## PARKING BYLAW

With the winter season soon to be upon us, this is a reminder that pursuant to Bylaw 2009-40 no persons shall park a vehicle on any municipal road allowance between the hours of 2a.m. and 8a.m., or during other periods of snowplowing operations, from November 1st to March 31st, except for emergency and health care vehicles.

Any vehicles interfering with snowplowing operations may be towed away at the owner's expense.

## 2020 DOG AND CAT LICENSES ARE NOW AVAILABLE AT THE TOWNSHIP OFFICE

	REGULAR	SENIOR (OVER 65)
<b>BEFORE FEBRUARY 15TH</b>	\$20.00	\$10.00
<b>AFTER FEBRUARY 15TH</b>	\$30.00	\$20.00

## MASSEY ARENA WINTER SCHEDULE

### **Fridays:**

SHINNY - 5:30 pm – 6:30 pm

PUBLIC SKATING from 6:30 pm – 8:30pm

### **Sundays:**

FAMILY SKATE from 5:00 pm – 6:00 pm

FAMILY SHINNY from 6:00 pm – 7:00 pm

ADULT SKATE from 7:00 pm – 8:00 pm

The PENALTY BOX Canteen is OPEN and offering a holiday special:

Friday Night Public Skating: all skaters will be entered into a draw for a Gingerbread House – to be drawn Friday December 13th

Sunday Family Skate: all skaters will be entered into a draw for a Gingerbread Village – to be drawn Sunday, December 15th

*Happy Holidays!*

# CLASSIFIEDS

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## SERVICES

**“BLISSFUL AESTHETICS WINTER PROMOTION** - Spa Manicure & Aquatherm Facial for only \$99! Gift Certificates available. Call today 249-200-5484 or check us out on Facebook.” 12/10

**LOCAL HAIRSTYLIST AMANDA FAIRBURN** - formerly of Dittrich's Hair Design is now located at 120 Tudhope St. (across from Pharmasave). Please call Amanda at (705)822-6161 to book an appointment Stylez By Amanda welcomes new clients. 1/21

**HANDYMAN - ODD JOBS COLOMBUS.** I install click and tile flooring, ceramic tiles, drywall, mud, paint, baseboards, trim, door frames, doors, install cupboards, vanities, parging, siding, tub surround and more...call me Stephane Coulombe 705-863-3434. 12/3 - R

**ESPANOLA SELF STORAGE** - 6x8 and 8x10 Storage units available in Espanola. Located behind the car wash. Call 705-869-8405. 12/24 - R

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**PHYSIOTHERAPY OFFERED BY MARILYN WITTMANN** - Located at Physio Moves in the Espanola Hospital. Accepting new patients. WSIB and MVA patients welcome. Acupuncture available. Visit [www.physiomoves.net](http://www.physiomoves.net) for services, rates, and hours, or call 705-988-3737. 12/24 - R

**CHERYL'S MASSAGE THERAPY & ACUPUNCTURE** - To make an appointment call 705-863-3223 or email [cherylsmassage7@gmail.com](mailto:cherylsmassage7@gmail.com) 12/24 R

## FOR SALE

**FOR SALE** - Yamaha Electone Organ in excellent shape. Also stackable washer & dryer, double frame box spring & mattress, 28" kitchen stove, Rockwell collectable plates, roofing nailer, framing nailer, coffee tables, new 12" chop saw. 4 snows 225/60 R16, vintage racing Vegabond speed bic. Call 705-662-3770. 12/10

**FOR SALE** - 2007 650 V-Twin Kawasaki Brute Force. Excellent condition. Also limited amount of drywood, and kindling for backyard fires. Call Greg 705-822-4734. 12/10

## CHRISTMAS MARKET

**CHRISTMAS MARKET** - December 7, 2019 from 10:00 - 4:00 p.m. at the Espanola Complex. To register as a vendor contact Donna Macdonald 705-936-7559. 12/3

## BINGOS

**MASSEY AGRICULTURAL SOCIETY.** 1st Monday of the month beginning January 6th, 2020. \$1825 cash prizes. Massey Arena - bingo starts @ 7:00 p.m. 04-28

## NOTICE / MEETING

**ESPANOLA GOLF CLUB** - There will be a 1:00 p.m. meeting at the Espanola Golf Club Monday, December 5, 2019. All members welcome. 12/3

## NOTICE OF AGM

**ESPANOLA MINOR SOCCER ASSOCIATION AGM** - Thursday, December 12 at 7:00 pm at the Espanola complex (upstairs). Come have your say about the future of soccer in Espanola. Everyone welcome! 12/3

## REAL ESTATE

**INCOME PROPERTY FOR SALE** - Zoned commercial with residential. Includes 3 bedroom house, 1 bedroom apartment, and a vacant store. Good investment with both res portions already rented to good tenant. Call 705-662-3770. 12/10

## IN MEMORIAM



Melba, Joan, & Omer

Our hearts are filled with memories  
Which we gather through the years  
All the happy times we shared,  
Are treasured souvenirs.  
Always loved and missed

*The Gervais Family*

## EMPLOYMENT OPPORTUNITIES



**Espanola Ski Hill (Boogie Mountain)**  
is hiring for the 2019/2020 season.

\*2 new paid part-time ski patrol positions  
(first aid certification and downhill skiing experience required)  
\* liftees, canteen, and rental shop staff

Please submit resumes to Tom Hutchinson, GM  
(email [GM@boogiemountain.com](mailto:GM@boogiemountain.com)) or at the Espanola Recreation Complex

## COMMUNITY NOTES

PROUDLY SPONSORED BY



**Spanish Area Christmas Market** - Saturday, December 7 from 10:00 a.m. - 3:00 p.m. at the Four Seasons Waterfront Complex. Admission: Voluntary donation to the Spanish Medical Equipment Fund. All Proceeds go to the Medical Building Fund.

**Children's Clothes Closet** - at the Calvary Baptist Church Wednesday, December 11 from 10 a.m. - 2:00 p.m.

**Annual Express/Lions Teddy Bear Toss** - Friday, December 13th at the Espanola Express / Rayside Balfour Canadians Hockey Game. Here's your chance to throw, toss, hurl, jettison a teddy onto the ice and support two wonderful organizations.

*Do you have a NOTE for the Community?*

We invite not-for-profit organizations to submit information on their upcoming events in writing no later than  
**Wednesdays at 3:00 p.m. 25 Word Limit.**  
E-mail: [around@aroundandabout.ca](mailto:around@aroundandabout.ca)



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## Recipe



I love these make ahead breakfast casseroles, especially at this time of year when life is busy and I have more overnight guests. This casserole is loaded with sausage, peppers, cheese and Italian flavour! Serve with a fresh fruit salad and you have a delicious breakfast that your guests will love.

### Overnight Sausage Breakfast Casserole

- 14 slices bread, crust removed, cubed and dried overnight or in a 300-degree oven for 10 minutes.
- 1 package Italian Sausage
- 3 green onions, sliced
- ½ red bell pepper, finely diced
- ½ green bell pepper, finely diced
- 2 cups shredded Italian blend cheese, or your favourite flavour
- 2 cups mozzarella cheese
- 6 eggs
- 3 cups milk
- 1 teaspoon Italian seasoning
- Pepper to taste



Remove casing from sausage and cook over medium high heat until no pink remains. Drain any fat. Layer ½ of the cubes in a greased 9×13 pan. Top with ½ of each the sausage, green onions, peppers, and cheese. Repeat layers ending with cheese.

Combine eggs, milk, & seasonings Pour egg mixture over bread ensuring all of the bread has been covered. Refrigerate overnight (or at least 3 hours).

Remove from fridge and place in the oven while preheating the oven to 350 degrees. Bake covered with foil 65-75 minutes or until a knife inserted in the center comes out clean.

**Welcome to Local Hippy's weekly tip for living a greener life! Each week we will provide you with a quick tip to help you reduce your carbon footprint and change the world.**



This week's tip is short and sweet: shop local!

I know how tempting it can be during the holiday season to order EVERYTHING online, but choosing to shop local can have a big impact.

When we order things online we need to consider both their carbon footprint AND packaging they will inevitably arrive in. Items ordered online need to be transported via planes, trains, and automobiles that ALL create carbon emissions. On top of that, most items arrive wrapped in non-recyclable materials like plastic bubble wrap and plastic mailing envelopes.

Secondly, shopping local supports your community and the people in it. A quote I saw online sums this up wonderfully: "When you buy from a small business, you're not helping a CEO buy a 3rd summer home. You're helping a little boy get piano lessons, a little girl get her soccer jersey, and parents put food on the table"

A good tip for supporting local is to visit holiday shopping events in your community. There you will find a ton of small makers and business people from your area! Come see Local Hippy and other local entrepreneurs Thursday Dec 5th from 6-9 pm at the Espanola Recreational Complex!

Cheers to an earth-friendly holiday season!

Have questions? Feel free to forward them to [jaymie@localhippie.net](mailto:jaymie@localhippie.net)  
Have a happy hippie week!

## FORM 6 SALE OF LAND BY PUBLIC TENDER

THE TOWNSHIP OF SABLES-SPANISH RIVERS

Take notice that tenders are invited for the purchase of the land(s) described below and will be received until 3:00 pm local time on **December 10, 2019, at the municipal office, 11 Birch Lake Road, Massey, Ontario P0P 1P0.**

The tenders will then be opened in public on the same day at 3:15 pm local time, at the **municipal office, 11 Birch Lake Road, Massey, Ontario.**

### DESCRIPTION OF LAND(S):

File No.: 98,195 (ID SSR-18-22)  
Roll No.: 000-008-19500-0000  
PIN: 73423-0501 (LT)  
Property: PCL 3 SEC D267; UNIT 3 PL D267  
SALTER; SABLES-SPANISH RIVERS

**Minimum tender amount: \$ 34,575.35**

Tenders must be submitted in the prescribed form and must be accompanied by a deposit in the form of a money order or of a bank draft or cheque certified by a bank or trust corporation payable to the municipality (or board) and representing at least Twenty per cent (20%) of the tender amount.

Except as follows, the municipality makes no representation regarding the title to or any other matters relating to the land(s) to be sold. Responsibility for ascertaining these matters rests with the potential purchasers.

This sale is governed by the Municipal Act, 2001, and the Municipal Tax Sales Rules made under that Act. The successful purchaser will be required to pay the amount tendered plus accumulated taxes and the relevant land transfer tax.

The municipality has no obligation to provide vacant possession to the successful purchaser.

**For further information regarding this sale and a copy of the prescribed form of tender contact:**

<b>Title</b>	<b>Name of Municipality or Board</b>
Patricia Deline, Treasurer	Township of Sables-Spanish Rivers
<b>Address of Municipality or Board</b>	<b>Phone No. of Municipality or Board</b>
11 Birch Lake Road, Massey, Ontario P0P 1P0	705-865-2646