

Check out our October Flyer online



PAPERWORKS
OFFICE & ART SUPPLIES

OFFICE PRO
Good People. Better Prices.

fall into savings

The Little Paper That Makes A Big Difference

AROUND ABOUT
Your Community Connection

Est. 1996

www.aroundandabout.ca

October 1, 2019 Issue #40 - Volume 23

Orthodontic treatment is a long term commitment.
Choose your orthodontist wisely.

Serving Espanola for 27 years.

Sudbury Orthodontics
For The Smile of Your Life

Dr. D'Aloisio
thesmilecentre.ca
705.869.0880 1.888.8.BRACES



2019 sportsman 450
\$6699 freight & pdi included
as little as **\$39 /week**



TRAIL SIDE SPORTS

705-869-0170
rick@trailsidesports.com

Fourth Annual Espanola Firefighters ATV Run A Win-Win



By **Rosalind Russell** - A national charity will benefit from another successful event hosted by the Espanola Firefighters Association.

Ryan Courtemanche says the weather was perfect for some 220 registered riders to take part in the Fourth Annual Espanola Firefighters ATV Run for Muscular Dystrophy on Saturday, September 21. He adds over \$9,000 was raised for

Continued on page four...

CANADIAN TIRE ESPANOLA

THURSDAY ONLY!

Oct 3, 2019

\$30\$

Must be used on your next visit to Canadian Tire retail store (see details on reverse).
Card valid October 4 to 13, 2019.
Carte valide du 4 au 13 octobre 2019.

Receive a **\$30 PROMO CARD**¹
when you spend \$150 or more before taxes in store.

Promo Card valid from October 4 to 13, 2019.
Includes tires, auto parts and labour.
¹Conditions and restrictions apply. See page 2 of flyer for details.

4 SEASON'S septic service
For Your Septic & Porta Potty Needs

NOW SERVING ESPANOLA & AREA!!

705-869-2448
705-356-3444
1-800-587-3599

<https://aroundandabout.photofinale.com>

Calendars
\$4.29 - \$24.99



ORDER

AROUND ABOUT Your Community Connection
PAPERWORKS OFFICE & ART SUPPLIES

Keep yourself organized with photo calendars. Each month you'll be able to display some of your favorite photos themed from years past in a unique way! Did you take a special trip last year? Create a photo calendar to help you relive the moments each day. Calendars can even make a great gift for the hard to shop for family member or friend . 7-14 days for production.

The One Tot Stop

Preschool and School Age spaces available at our S. Geiger and St. Mary Sites.

For more information, please call Janice at 705-865-3281

Day Care

Massey: 705-865-3281 • Espanola: 705-869-3282
Email: onetotstop@bellnet.ca • www.onetotstop.com

Home hardware 705-869-2130
ESPANOLA 830 Centre Street Espanola



12 ft crown mld 1/2" x 3 1/16
Regular 24.99 Sale price 5.97

WELCOME BACK! NEW & EXISTING PATIENTS

**NEWLY
RENOVATED**



**RE-OPENED
FOR ALL PATIENTS!**



espanola DENTAL CENTRE

**ALL YOUR DENTAL NEEDS FOR YOU AND
YOUR ENTIRE FAMILY UNDER ONE ROOF!**

- › **ORTHODONTICS**
- › **COSMETIC DENTISTRY & IMPLANTS**
- › **DENTURES**
- › **WISDOM TOOTH REMOVAL WITH SEDATION**
- › **DENTAL EMERGENCIES**

**FREE WHITENING
FOR NEW PATIENTS**

**DIRECT BILLING
TO INSURANCE**

CALL TODAY (705) 869 2687

VISIT US ONLINE EspanolaDental.ca

MONDAY-THURSDAY 9 am - 6 pm

CONVENIENTLY LOCATED IN THE ESPANOLA MALL AT 800 CENTRE STREET, UNIT 108

At Your Fingertip Business Directory
 High Circulation • Competitive Rates
 FREE distribution to your customers!
 To Advertise in the Around & About
 Business Directory, call 705-869-6883



All The World's A Circus

William Thomas

williamjthomas@gmail.com

Haggling - I Used To Be One Of The Best!

One recent newspaper article I need not have read was titled: "The Art of Haggling." That's because there was a time in my life that I considered myself one of the world's best barterers.

I came by it naturally, living and working in Spain in the late 70s and getting kicked out every two months for not having a work visa. Lots of interest in nuclear physicists, not so much for tennis instructors at the three-star Hotel Mijas. So every few months, I'd hitchhike from nearly Malaga to Algeciras and take the three-hour ferry to Tangier, Morocco.

Then I'd bus and train it everywhere in this magical kingdom, always ending up in Marrakesh and later, Essaouira. It was like backpacking through the Bible where donkeys out-numbered cars and you could live like a pharaoh on five dollars a day. Morôc was and still is a North African oasis of exoticism, a small Arab nation blessed with sea and desert, snow-capped mountains and chaotic bazaars that make you feel like you're wading through the set of Casablanca.

Very quickly I realized that if you're not willing to dicker over the price of everything, you just won't get it. Haggling is a way of life among the Moroccans. A gentle, French-speaking and charming people, they are offended if you don't engage in their game of barter. They respect you when you strike a fair deal.

I bought a lot of stuff in Morocco like leather bags and goulimine beads, cotton

djellabas and hand-painted jewelry boxes. And never once did I pay the asking price. I once spent three hours and drank a gallon of mint tea in order to buy a classic Berber rug. I got it for half price.

So fifteen years later when I found myself walking through a maze of alleyways in the medina of Tangier with my brother-in-law Danny – I couldn't help but become his haggling instructor.

"Now when we walk into this leather shop, don't be shy. Act like you own the place."

"You see that handsome leather vest up there ... no, no don't look! Never let 'em think you're interested." Dan was nodding but sneaking furtive glances at the vest.

"Now the price tag says 700 Dirham which is 70 bucks and I'm going to walk out of this store with that vest for half that price. Watch this!"

"So Mohammed, do you mind if I try on this vest? I'm not going to buy it. I just need to know how the sizes run."

Mohammed, while reading a newspaper, waved an 'okay' over his shoulder and I slipped into the vest. It fit like a glove, a beautiful dark brown kid glove with a sheen that smelled of Argan oil. I wanted this vest, badly.

"It's kinda tight," I yelled at Mohamed, "and besides the price is ridiculous."

Without looking up from his newspaper Mohammed said: "Whatchu wanna pay?"

"Got 'em right where I want 'em," I said to Dan. "On the defense."

Continued on page three...

JC Plumbing & Heating
Jason Cowles
 Certified Technician
 Serving **Espanola & Area**
 Business 705-583-3040
 Mobile 705-863-3332
 Sales & Service

Singh Dentistry
 Dr. Maninder Singh
 Hours: Monday 9-5
 Tuesday Closed
 Wednesday 9-5
 Thursday 9-5
 Friday 9-5
FOR ALL OF YOUR DENTAL NEEDS
 State of the art facility
 We deal directly with Insurance Companies
 Free dental whitening kit with new patient exam
 91 Tudhope St., Espanola 705-869-1880

Advertise here for as little as \$26 per week
 Call 705-869-6883 for details

HDVS
 LANDSCAPING & CUSTOM DESIGN
SNOW PLOWING SERVICES
 705-865-1506 www.hdvsonline.com

RAINBOW COUNTRY GENERAL SERVICES
 705-863-2492
 SPECIALIZING IN KEEPING SENIORS IN THEIR HOME
 For ALL your renovation needs.
 Always wanted that dream Garage? Dream Kitchen? Dream Spa Bathroom?
 Call us today. Financing available
 Financeit
<https://www.financeit.ca/s/vdIANu>
 *Reduced rate for low income seniors

STEVE'S PLUMBING & HEATING
 705-863-2877
 steve@stevesplumbingheating.com
 SALES AND SERVICE OF: • furnaces • fireplaces • boilers
FREE ESTIMATES
 Steve Donnelly Over 15 years experience locally

TV Bingo
 6:30 P.M. Wednesdays
 Espanola Starting October 2
 Tune into Local Channel 10 or come on out to the Espanola Regional Recreation Complex.

DORION CONSTRUCTION
 • New construction • Renovations
 • Garage packages
 Tel (705) 865-3113 Cell (705) 862-4294

Studio Twelve
 Hair Design
 NEW CLIENTS ALWAYS WELCOME
 FORMERLY **Dittrich's**
 Hair Design 705-869-2915

NT NORTH CHANNEL CARPENTRY & GENERAL SERVICES
 Custom Design and Builds
 • Renovations • Bathrooms/Kitchens • Wet Basement/
 • Flooring/Tiles • Garages/Sheds • Foundation Repairs
 • Windows/Doors • Decks/Fences • Mini-Excavator
 705-863-0095 Licensed/Fully Insured

Andrew Vondette
 Computer I.T. & Network Specialist
 Laptop/Desktop/Server Repair & Sales, Mobile Device Support
 Virus & Malware Removal • Tune up & Optimization
 Operating System Install • Data Recovery • Hardware Upgrades
NEW/REFURBISHED LAPTOPS & DESKTOPS STARTING AT \$125.00
 705-521-3459 Professional, Reliable, Affordable!



VS



HOME GAME!!
Friday, October 4, 7:30 pm

Continued from page two...

I pulled out my wallet and rearranged the bills, the smallest to the top. "Never let 'em see big bills. In fact, when you get near your price, show 'em that that's all you got. See, empty wallet."

Danny nodded vigorously. He had an eye on a full length Berber robe ... at half the sticker price!

"Okay, Dan, here's the play: I'm going to offer Mohammed 350 Dirham and he's going to say no way and go on and on about the quality of the leather and how his own mother hand-stitched it and like that. So when he says 'no' to my offer, we walk right out the door with him after us. He'll throw out a number like maybe 600 Dirham and then quickly 500. Because of the noise out there, he'll yell one more price at us, the last one he knows we'll hear and ... and then we go back in and negotiate down from there."

"Got it," said Danny. Whistling casually in disinterest, but still eyeing that summer djellaba.

"So Mohammed, that vest that I don't really like is for a friend who I'm also not that crazy

about... how about I give you 350 Dirham for it?"

I mockingly put my hands over my ears to let Danny know that Mohammed was about to blow his tasseled top. Then the man got up from his chair, stretched, looked at his watch and said: "Okay. I gotta go to lunch. You wanna bag or are you going to wear it?"

Later, while walking through the Medina - I had him put the vest in a bag, by the way - I started to explain to Dan where the haggling process went off the rails but my focus quickly changed to his physical well being. Fact is, Dan was laughing so hard I thought he might fall down and hurt himself.

The best I could do was state the fact: "Well, at least I got my price!" But secretly I was thinking back to my younger days in Marrakesh. I probably got screwed on the price of that rug, too!

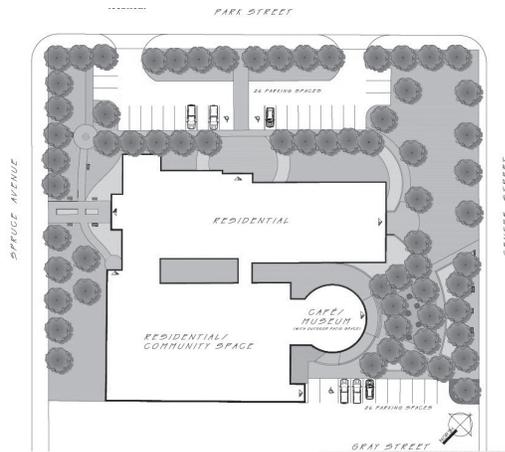
And For comments, ideas and copies of The True Story of Wainfleet go to www.williamthomas.ca

Terry Fox Walks In The Local Region

The Annual Terry Fox Walks were held across Manitoulin Island and along the North Shore corridor last week. Two Espanola schools, Ecole St. Joseph and Espanola High held their events on Friday,

September 20 raising \$3,287 and \$1,000 respectively. The funds are sent to the Terry Fox Foundation, which has raised nearly \$1-billion internationally to carry out research around the world.

Save AB Ellis Committee Looking at Incorporation



as a non-profit board and putting in a board of directors, as well as applying for funding and grants to move forward.

He says the next step would be a feasibility study to look at the cost of converting the building into housing and perhaps a

The Save AB Ellis Public School Committee in Espanola was thrilled to learn that the Rainbow District School Board has declared the property surplus rather than putting it to the wrecking ball. Committee spokesperson, Fred Yackman, says it is good news in that it opens the door to hopefully eventually buying the building.

He says the committee has some key strategies to get to that point such as incorporating

museum while the third step would be to contact the school board to find out their timeline for putting the property on the open market.

The school is temporarily housing Sacred Heart staff and students while construction continues on the new double school.

Yackman says anyone wanting to find out more is invited to their next meeting October 16th at the United Church.

Espanola Fibre Arts Festival

October 17, 18, 19, 20, 21 - 2019



**Opening Celebration
& Keynote with David
Melnychuk**

**Friday, October 18
7:00 - 9:00 PM
Espanola United Church
Call to register
705-566-7653**

www.espanolafibreartsfestival.ca

Hearing Solutions for the Whole Family

Our Audiologists **Michael Blythe** and **Jean Roveda** have over 50 combined years of clinical experience.

Call 705.673.2885 to schedule your hearing health assessment today!

Sudbury
AUDIOLOGY CLINIC
(Est. 1978)

825 McKinnon Drive, Espanola, ON
sudburyaudiologyclinic.com

Conveniently located in the Espanola Hospital for over 20 years

OK TIRE™

Automotive services, maintenance and repairs, oil/fluid changes, tires, and much more!

**Drop in or call to book your appointment
705-869-0333**

Neuro-Trauma Education Day Held In Espanola



Knowing how to handle emergency trauma and the how to when it comes to new equipment were the focuses for a professional development day held at the Espanola Regional Hospital.

Hospital Foundation communications spokesperson, Terri Noble, says staff from across Northeastern Ontario met at the facility on September 10th.

She says the presenters from Health Sciences North out of Sudbury focused on neuro surgery and trauma assessments, as well as clinic presentation on medical-surgical intensive care units.

The participants hailed from Chapleau, Blind River, Manitoulin Island and Elliot Lake.

Noble added the presenters complimented Espanola on the facility, as well as the overwhelming turn-out, which

indicated the critical need and importance of critical care education for rural emergency department nurses.

Noble stresses all the small rural communities handle life-threatening situations and education is essential so they are prepared for any type of emergency.

She adds, the hospital staff do not necessarily see these patient's presentations on a regular basis so the expertise of Health Sciences North, which is considered the HUB facility, is essential for rural sites to stay current with Emergency Best Practice.

They are hoping it will become an annual event and thanked the partners for coming together for what, according to Noble, was 'an amazing experience.'

Photo provided by Terri Noble, ERHHC

THE SOURCE DEALER

"The store for all your electronic and music needs"

Located in the Espanola Mall

Vintage Electronics & Sound (2008)

705-869-4820 www.thesource.ca/shopFlyer

Continued from front page...

Fourth Annual Espanola Firefighters ATV Run A Win-Win



Muscular Dystrophy Canada for research into the group of diseases that results in the breakdown of skeletal muscles over time.

Courtemanche adds the event has raised over \$40,000 since its inception four years ago. Photos by Trevor McVey and Rosalind Russell

Espanola Gardeners Promoting Orange Tulip Campaign

The Espanola Gardeners hope to paint the town orange next Spring.

The Espanola Royal Canadian Legion Branch #39 in partnership with the horticultural enthusiasts are promoting the Liberation 75th Tulip Initiative in honour of the 75th anniversary of the Liberation of Holland in 1945.

General Charles Foulkes, commander of the 1st Canadian Corps, accepted the surrender of German forces in the Netherlands on May 5th, 1945.

Two days later, Germany formally surrendered and the war in Europe came to an end.

That year, the Dutch royal family sent 100,000 tulip bulbs to Ottawa in gratitude for Canadians having sheltered the future Queen Juliana and her family for the preceding three years during the Nazi occupation of the Netherlands in the Second World War.

The Espanola Gardeners have bags of the special orange tulip bulbs available for purchase and planting this fall.

This goal is to plant 1.1 million Liberation 75 tulips across the country, in honour of the 1.1 million Canadians who served during WWII and \$1 from every bag sold goes to the Legion.

The Espanola Gardeners have ordered 20 bags (15 bulbs in a bag) and will sell them for \$15 per bag. Anyone wishing to purchase a bag to brighten up their flower beds, let Sheila Pope know by October 1st via email at: sheila_pope@hotmail.com.

They will be taking delivery sometime in early October which will give people plenty of time to get them in the ground before winter.

For more information about the program, go to: <https://liberation75.ca>

RAINBOWCOUNTRY
GENERAL SERVICES
705-863-2492
SPECIALIZING IN KEEPING SENIORS IN THEIR HOME

For ALL your renovation needs.

**Always wanted that dream Garage?
Dream Kitchen?
Dream Spa Bathroom?**

Call us today. Financing available

Financeit <https://www.financeit.ca/s/vdiANw>
*Reduced rate for low income seniors

BELL • BOOTH • SIRKKA • FABRIS
OPTOMETRISTS

**Espanola Mall
Little Current Hospital**

**705-869-2030
705-368-3245**



The Canadian
Association of
Optometrists

opto.ca

your eyes deserve an optometrist®

Manitoulin Island Hosts Cruise Ship



Over the last five years, the Great Lake Cruising Coalition and communities including NEMI have worked hard on establishing the Island as a go-to for cruise ships.

Island resident and guide Roy Eaton says the cruise ships add to the Island economy, provide an opportunity for visitors to get to see the beauty of the North Channel and also take part in a wide variety of activities.

He says on Wednesday, September 19th, they played host to passengers from the new expedition cruise ship, the Le Champlain.

He says he took his group to M'Chigeeng First Nation, which provided presentations on making quill boxes and also provided a First Nation cultural experience with a smudging ceremony, Anishinabek dancing at the powwow grounds and a visit to the Church of the Immaculate Conception founded in 1854. Eaton adds the Le Champlain and The Victory will be returning to Manitoulin on October 9th giving visitors and residents alike one last opportunity to see the big ships before winter sets in.

Photos provided by Roy Eaton

GUITAR LESSONS



**LESSONS FOR PEOPLE OF ALL AGES
BEGINNING IN OCTOBER IN ESPANOLA**

Only \$20 per lesson!
(30 minutes)

**Learn the proper chording
techniques to your favourite songs!**

Register with Barry Hamilton

Call 705-806-4212

Email zor6264@gmail.com

Welcome to Local Hippie's weekly tip for living a greener life! Each week we will provide you with a quick tip to help you reduce your carbon footprint and change the world.



This week's tip is for the coffee lovers: Ditch K-Cups (or any plastic coffee pods)

Plastic coffee pods generate tens of billions of non-reusable and non-recyclable pieces of plastic each year. As of 2017, the amount of plastic coffee pods trashed in landfills can wrap around the world TEN TIMES! Not to mention the resources and transportation (carbon emissions) required to produce and distribute them constantly.

There are a few easy solutions for this problem:

- > If you really love your single-cup coffee maker (Keurig, Tassimo, etc.), invest in a reusable fillable coffee filter for it.
- > If you prefer a traditional drip coffee maker, try a Coffee Sock - a reusable, rinsable, cotton coffee filter that can be composted at the end of its life. Find them at Local Hippie!
- > Try a pour over coffee maker that has a reusable filter. Bodum makes a great one!

*Bonus tip: Compost your used coffee grounds or add them to your gardens for an awesome nitrogen boost!

Have questions? Feel free to forward them to jaymie@localhippie.net or find me at the Espanola Farmers' Market. Have a happy hippie week!

Indoor Soccer Registration!

Join us for winter fun.
Still just \$90!

Sign up at the
Espanola complex

October 9 & 10 from
6:00 - 8:00 pm

(Birth years 2001-2012)

Like our Facebook page to keep up-to-date



Like us on

Facebook

CLASSIFIEDS

Real Estate • Rentals • Services
Lost & Found • Items For Sale
Prayers • Thank You • Notices
Personals • Vehicles
Special Occasion

Highest Circulation &
Best Rates In Town!

Interac MasterCard VISA
705-869-6883

SERVICES

ROGER PICHETTE BUILDING CONSTRUCTION
– Over 45 years in the trade. Book your winter projects now. 705-865-1128, or cell 705-862-1554. 10/1.

MINI EXCAVATOR - operator available for any smaller excavation required: trench, culvert, stump removal, foundation prep, water lines. Locally owned. Available all weekends. 705-862-4294. 10/15

HANDYMAN - ODD JOBS COLOMBUS. I install click and tile flooring, ceramic tiles, drywall, mud, paint, baseboards, trim, door frames, doors, install cupboards, vanities, paring, siding, tub surround and more... call me Stephane Coulombe 705-863-3434. 10/8 - R

DR. DARIO LAURENTI, D.C. - CHIROPRACTOR - 28 years' experience. Instrument, Manual, Cranial Adjusting, Acupuncture, Orthotics. Call 705-869-2737. All Insurances accepted. 11/26

ESPANOLA SELF STORAGE – 6x8 and 8x10 Storage units available in Espanola. Located behind the car wash. Call 705-869-8405. 10/29 - R

TOTAL MAINTENANCE SERVICES - Carpentry, painting, steel & shingle roofing, tree cutting, decks, dump runs. No job too big or too small. Call 705-936-6160 10/8 - R

FOR RENT

FOR RENT – 1 bedroom apartment, available now. 2 bedroom apartment available November 1. 45 Arthur Court. 705-862-2510. 10/22.

BRENTWOOD VILLAGE. New Garden Homes in Espanola 55+. Wheelchair accessible, available immediately. Two-bedroom, two-bath, plus garage. \$1,695.00/month plus utilities. Contact 705-863-0487. 10/8

FOR RENT - Lang Lake Resort – 3 & 4 bedroom cottages available. Full kitchen, satellite TV. Call 705-285-4241 for monthly rates. Available October 15. 10/8

CHERYL'S MASSAGE THERAPY & ACUPUNCTURE – To make an appointment call 705-863-3223 or email cherylsmassage7@gmail.com 10/29 R

PHYSIOTHERAPY OFFERED BY MARILYN WITTMANN - Located at Physio Moves in the Espanola Hospital. Accepting new patients. WSIB and MVA patients welcome. Acupuncture available. Visit www.physiomoves.net for services, rates, and hours, or call 705-988-3737. 10/29 - R

NORTH CHANNEL CARPENTRY & GENERAL SERVICES – All your renovation needs! Bathrooms/Kitchens, Garage/Shed. Windows/Doors. Siding Installation, Flooring/Tiles. Wet Basement & Foundation Repairs. Mini-Excavator. Licensed/ Fully Insured. Call 705-863-0095. 10/01 R

EVENT

SIGN MAKING WORKSHOP - Fundraiser In Support of R.C.L. 39 October 4th from 7:00 – 9:00 p.m. with “Who’s Crafty” at the Espanola Royal Canadian Legion. Tickets are \$45.00 and can be purchased at the Legion.

FOR SALE

FORSALE–Porcelain top table with drawer. Antique Ford wire wheels from 1928-1936. 1968 Seadoo, first year built by Bombardier. Call 705-583-2192. 10/1

FOR SALE – 1991 Fleetwood Camper. 29 feet. \$53,000 km. All Appliances. Asking \$9,000. Call 705-869-2944. 10/1

FOR SALE – 2007 650 V-Twin Kawasaki Brute Force. Excellent condition. Also limited amount of drywood, and kindling for backyard fires. Call Greg 705-822-4734. 10/15

THANK YOU

A Heart felt thank you!! To the Espanola Family Health Team, the Northeast Cancer Center, Veterans Transportation, and The North East LHIN for everything you did for Pirkko Toureslampi. And a very special thank you to Charlene Martel of Nairn Centre for all the donations of food for the beautiful luncheon that was served. Antti Toureslampi and family. Thanks!

EMPLOYMENT OPPORTUNITIES

Orr's
valu-mart

Orr's Valumart Little Current

**Now Hiring Meat Manager
Full Time Permanent position**
Job includes full benefits, incentives, wages negotiable

*If interested please email
mon02602@loblaw.ca
or call 705 368 0617 ext 103*



More Drivers Needed!

More drivers are needed for our busier season that's fast approaching!

Required: Valid G license for 3+ years, clean Driver's Abstract and clean Criminal Record Check (CPIC)

Assets: Smartserve certification, general knowledge of Espanola and surrounding areas

**Drop off resume at: 429 Mead Boulevard
OR**

Email us at: espanolataxi@gmail.com

Royal Canadian Legion Branch 39 – On Saturday, September 21, 11:00 a.m. at the Espanola Cemetery a ceremony was held honouring seven of our veterans whereby a Veterans Dedication Plaque will be placed on their respective tombstones. The Royal Canadian Legion, Branch 39 provided a rifle team and a Last Post bugler. There are some who have not yet been honoured with a plaque. Anyone who knows of such a veteran and would like to honour her/him, please contact Ray Constantineau (705-869-3669) or Leonard Foucault (705-561-3410).

AROUND & ABOUT
Your Community Connection

PAPERWORKS
OFFICE & ART SUPPLIES

705-869-6883
email: around@aroundandabout.ca
Around&About is printed locally by OJ Graphix INC.

Distribution by Around & About

The advertiser agrees that the Publisher shall not be liable for damages arising out of errors in advertisements beyond the amount paid for the space actually occupied by that portion of the advertisement in which the error occurred. There shall be no liability for non insertion of any advertisement. The publisher reserves the right to edit, revise, classify or reject an advertisement. Ad space must be reserved Wednesday to be placed in the following week's issue. Copyright and/or property rights subsist in all advertisements and in all other materials appearing in this edition of Around & About. Permission to produce wholly, or in part, any part in any form whatsoever, particularly by photographic or offset process in publications must be obtained in writing. Any unauthorized reproduction will be subject to recourse in law.

Nicky Lamothe – PUBLISHER
STAFF
Andrew Vondette - Office Sales/Graphic Design Advertising Manager
Rayann Muncaster - Office Sales/Production Co-ordinator
Muriel Leblanc - Office Sales Manager
Doreen Track - Office Sales/Data Entry
Bill Leaney - Graphic Design
Vickie Trahan - Bookkeeping
Donna McDonald - Proof Reading
Rosaland Russell - Correspondence
PJ Baskey - Office Sales/Production

YOU CAN MAKE A DIFFERENCE at Espanola Regional Hospital and Health Centre

Are you interested in sharing your patient experience to help others?

ERHHC is seeking an **Aboriginal community member** who has recently been a patient, used our services, or whose loved one was cared for at ERHHC, to partner with us as Advisors to share perspectives on what we do well and what we could do better.

Advisors will have the opportunity to participate in discussion groups, review patient education materials and work on short term projects to help strengthen our patient experiences.

If you are interested in joining our Patient Advisory Committee please contact:

**Paula Mitroff at
705-869-1420 ext. 3048
Continuous Quality
Improvement Manager**



NOTICE



espanola
regional hospital and health centre
hôpital régional et centre de santé
d'espanola

Espanola Regional Hospital Community Notice

Planned Power Outage for Replacement of Generator

Sunday, October 6th, 2019 9am to 5pm

ERHHC will be without power and utilizing down-time procedures for the time specified above.

Our Acute Care Unit, Clinical Departments and Long-term Care Home will be without power for the duration of the generator replacement. Management and staff will be on-site and plans are in place to ensure minimal impact to patient and resident care.

Our Emergency Department will be utilizing back-up power during this time and there will be minimal disruptions to service in this area. Should you have any questions or concerns please contact our Public Affairs & Communications Department at 705-869-1420 ext. 3591

Recipe

This is Autumn comfort in a bowl. It's not only creamy and delicious, it's also nutritious. One bowl of soup contains a healthy dose of fibre, Vitamin C, and has antioxidant and anti-inflammatory effects. I made it the other day and it was quick and easy; just a bit of peeling and chopping and everything is thrown into one pot. I omitted the ginger due to personal preference and added quite a bit of salt at the end for my taste, but the beauty of this soup is that you can make it to suit you. I have an inexpensive immersion blender that comes in handy for cream soups. It saves pouring it all into a blender. I like to eat this soup with a dollop of sour cream and a handful of garlic, butter croutons on top.



Crockpot Butternut Squash Soup

- 3 cups vegetable stock or chicken stock
- 2-3 cloves garlic, minced
- 1 medium apple, cored and quartered
- 1 medium (about 3-4 lbs) butternut squash, peeled, seeded and chopped
- 1 red, or yellow onion, diced
- 2" nob of fresh ginger, peeled and sliced
- 1 bay leaf
- 1/4 tsp ground cinnamon
- 1/4 tsp cayenne pepper
- salt and pepper, to your taste
- 1 (15 oz) can coconut milk
- sour cream and croutons for garnish



Add all ingredients EXCEPT for the coconut milk to a slow cooker. Toss gently to combine ingredients well. Cook on low for 6-8 hours or on high for 3-4 hours. When vegetables are tender, remove and discard the bay leaf and then stir in the coconut milk. Blend the soup until smooth. I use my immersion blender for this, but you can also puree it in batches in a blender. Garnish with a dollop of sour cream and crusty croutons and serve warm.

COMMUNITY NOTES

PROUDLY SPONSORED BY



Northshore Pins & Needles Quilting & Stitchery Guild - Next meeting, Wednesday, September 25, 7:00 p.m. at the Espanola Royal Canadian Legion. New members welcome.

Massey Area Museum Annual Roast Beef Dinner - at the Walford Hall September 27, 4:30 - 6:30 p.m. Take out possible. Thanks to Waterfalls Lodge.

Women of Faith Breakfast - Saturday, September 28, 9:30 - 11:30 a.m. (doors open at 9am) Espanola Golf & Country Club Call Jenny at 705-583-2078 or Calvary Church at 705-869-5485 for tickets or info.

Old Time Country & Music Sing Along And Dance - Saturday, September 28 from 1:00 - 4:00 p.m. at the Lee Valley Hall. Sponsored by the Lee Valley Autumn Leaves.

Alzheimer Society Learning Series - Session 4, Building a Circle of Support, Monday, September 30 at the Espanola Family Health Team MMR Room. To register call Deb 705-524-204 ext 236

Free Community Hymn Sing - at St. Andrews United Church in Massey on Monday September 30 at 7 p.m.

Festival of Praise - Friday, October 4 at 7:00 p.m. Calvary Church 599 Barber, Espanola

Peace Lantern Ceremony - for Sable-Spanish River, Webbwood, and Sagamok. Sunday, October 6, at 6:00 p.m. at the Massey Legion. For more info please call 705-582-2012.

North Shore Pins & Needles Quilt Show - October 20, 10:00 a.m. - 4:00 p.m., October 21, 10:00 a.m. - 2:00 p.m. 128 Park St.

Do you have a NOTE for the Community?

We invite not-for-profit organizations to submit information on their upcoming events in writing no later than **Wednesdays at 3:00 p.m. 25 Word Limit.**
E-mail: around@aroundandabout.ca



TOWNSHIP OF SABLES-SPANISH RIVERS

Phone: (705) 865-2646 Fax: (705) 865-2736

Email: inquiries@sables-spanish.ca

11 Birch Lake Road, Massey, ON, P0P 1P0

Website: www.sables-spanish.ca

NOTICE OF A PUBLIC MEETING Concerning Application for Validation Planning Act Section 57

TAKE NOTICE that the Council of the Township of Sables-Spanish Rivers will hold a public meeting on **Wednesday, October 23, 2019 at 6:00 p.m.**, at the Township Office, 11 Birch Lake Road, Massey in order to consider an application for Validation under Section 57 of the Planning Act, RSO 1990 as amended.

Validation, if granted, will rectify any prior violations of the subdivision control provisions of the Planning Act. Consent had never been granted under the Planning Act to sever abutting lands owned by the same owner. This validation approval in effect shall validate the title to these parcels.

The subject property is described as Township of Harrow, Pt Lot 11 & 12, Concession 5, Parcel 5208 and Parcel 2092, at civic number 446 Lacloche Lake Road. The lands subject of this application is not subject of any other Planning Act application.

ADDITIONAL INFORMATION regarding this application is available at the municipal office during regular office hours.

Dated this 1st day of October, 2019
Kim Sloss, Clerk-Administrator

PROPERTY TAX BILLS

Tax bills were due September 30th. If you have not received a tax bill, please contact the Township Office to confirm your mailing address to avoid misdirected mail. We would also like to remind you that we offer payment through online banking, pre-authorized debit as well as e-billing. If you wish to receive more information on any of these options, please give us a call!

WATER BILLS

Water bills were sent out at the beginning of July and were due by September 30th. To help manage your account, we offer monthly and quarterly preauthorized payments. You also have the option to make payments using online banking. If you have questions regarding these forms of payment, please contact the municipal office.



FARMER'S



MARKET

Township of
Sables-Spanish Rivers

**Oct. 4th is the last market day for 2019...
We would like to thank everyone who
supported this great initiative.
join us again next year!**

NOTICE OF THE PASSING OF ZONING BYLAW (Planning Act-Section 34)

TAKE NOTICE that the Council of the Corporation of the Township of Sables-Spanish Rivers passed Bylaw 2019-41 on the 25th day of September, 2019.

File No. ZBA 19-04; Bylaw 2019-41

PURPOSE AND EFFECT: The purpose of the zoning amendment is to provide for a reduced front yard with shoreline frontage and a reduced interior side yard setback in the Rural zone. The effect is to allow for completion of construction of a residential structure. **The land to which the bylaw applies is described as Victoria Township, Section 40, Parcel 40-1-2, Plan 53R-13611 Part 7 at #178 Kring Road.** This application is not subject of any other application under the Planning Act.

APPEAL - The last date for filing a notice of appeal of the by-law is October 21, 2019. Any such appeal must be filed with the clerk of the municipality and must set out the reasons for the appeal and must be accompanied by the fee required by the Local Planning Appeal Tribunal. Only individuals, corporations and public bodies may appeal a by-law to the Local Planning Appeal Tribunal. A notice of appeal may not be filed by an unincorporated association or group. However, a notice of appeal may be filed in the name of an individual who is a member of the association or the group on its behalf. No person or public body shall be added as a party to the hearing of the appeal unless, before the by-law was passed, the person or public body made oral submissions at a public meeting or written submissions to the Council of the Township of Sables-Spanish Rivers or, in the opinion of the Tribunal, there are reasonable grounds to add the person or public body as a party.

This bylaw is available for inspection in the municipal office during regular office hours.

Dated this 1st day of October 2019
Kim Sloss, Clerk-Administrator

MASSEY ARENA - CANTEEN LEASE

The Township of Sables-Spanish Rivers is requesting proposals from qualified vendors for lease and operation of the canteen located in the Massey and District Community Centre, to provide snacks and meal options and include to their best of their ability, healthy options.

The successful Proponent will enter into a Lease Agreement for the duration of this winter season (November 1st - March 31st), with the potential of a (1) season extension.

The complete Request for Proposals, including the submission form, is available at the Township office, on our Facebook page, and on our website. Any inquires are to be submitted in writing to:

Brady Ropp C.I.T.
Parks and Recreation Coordinator
455 Government Road Massey ON P0P1P0
Email: massey.arena@sables-spanish.ca

Proposals must be in sealed envelopes marked RFPPR 19-01 and shall be received until 12:00pm EST. Thursday, October 17th 2019 at the Township of Sables-Spanish Rivers municipal office, 11 Birch Lake Road Massey Ontario P0P 1P0.

PEACE LANTERN CEREMONY

The Peace Lantern Ceremony will begin at the Massey Legion on October 6th, at 6:00 p.m. The ceremony begins with song, drumming and blessings. Participants will make their way to the river to launch the peace lanterns. To be eco-friendly, the tealights will be made of beeswax. For more information, contact Monique Alexander: 705-582-2012.

FORM
SALE OF LAND BY PUBLIC TENDER

THE TOWNSHIP OF SABLES-SPANISH RIVERS

Take notice that tenders are invited for the purchase of the land(s) described below and will be received until 3:00 pm local time on **October 22, 2019, at the municipal office, 11 Birch Lake Road, Massey, Ontario P0P 1P0.**

The tenders will then be opened in public on the same day at 3:15 pm local time, at the **municipal office, 11 Birch Lake Road, Massey, Ontario.**

DESCRIPTION OF LAND(S):

File No: SSR-18-01
Roll No.: 000-001-06700-0000
PIN: 73424-0020 (LT)
Property: PCL 13967 SEC SWS; PT BROKEN LT 11 CON 3 HARROW AS IN WP 7334; SABLES-SPANISH RIVERS
Minimum tender amount: \$ 7,717.12

File No: SSR-18-05
Roll No.: 000-002-13000-0000
PIN: 73417-0010 (LT)
Property: MAY CON 4, PT LOT 3, PCL 991
Minimum tender amount: \$ 5,555.05

File No: SSR-18-06
Roll No.: 000-003-04000-0000
PIN: 73418-0096 (LT)
Property: SALTER SECTION 9, PCL 17392A
Minimum tender amount: \$ 5,002.40

File No: SSR-18-12
Roll No.: 000-005-15900-0000
PIN: 73415-0144 (LT)
Property: HALLAM CON 6; LOT 9, PCL 20897, RP SR2041, PART 2
Minimum tender amount: \$ 12,216.36

File No: SSR-18-13
Roll No.: 000-010-06700-0000
PIN: 73413-0288 (LT)
Property: PM6 PT LOTS 38-39, RP 53R9142, PARTS 2-4, PCL 27770
Minimum tender amount: \$ 13,278.81

Tenders must be submitted in the prescribed form and must be accompanied by a deposit in the form of a money order or of a bank draft or cheque certified by a bank or trust corporation payable to the municipality (or board) and representing at least Twenty per cent (20%) of the tender amount.

Except as follows, the municipality makes no representation regarding the title to or any other matters relating to the land(s) to be sold. Responsibility for ascertaining these matters rests with the potential purchasers.

This sale is governed by the Municipal Act, 2001, and the Municipal Tax Sales Rules made under that Act. The successful purchaser will be required to pay the amount tendered plus accumulated taxes and the relevant land transfer tax.

The municipality has no obligation to provide vacant possession to the successful purchaser.

For further information regarding this sale and a copy of the prescribed form of tender contact:

Title: Patricia Deline, Treasurer	Name of Municipality or Board: Township of Sables-Spanish Rivers
Address of Municipality or Board: 11 Birch Lake Road Massey, Ontario P0P 1P0	Phone No. of Municipality or Board: 705-865-2646