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February 18, 2020 Issue #7 - Volume 24

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Baxter Cup Stays In Espanola

By Rosalind Russell - Congratulations to the Espanola Curling Club on retaining the Baxter Cup for another year ... this is the 95th year for this long-time, friendly rivalry with Little Current ... Even before there was a road between Little Current and Espanola, curlers from the two communities would meet for one reason: The Baxter Cup! The yearly event, one set of games in each town a week apart, sees the total score from ten games determine the winner. When it first started up in 1925, it used to be only a day long, and fans and participants alike would take the train back and forth, yup, the train did run across the Swing Bridge, to take in the friendly competition. Kudos to both clubs for another year of great action!!!! Photo provided by Marc Lefebvre - Espanola Curling Club

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SSRT Firefighters Donate To MDC



Muscular Dystrophy Canada is receiving plenty of support from the local area. Regional MDC representative, Trevor McVey, visited the Sables-Spanish Rivers Township Volunteer Firefighters (Station #2) to accept a donation of \$1,120. The funds were raised during the boot drive held on the Friday

night of the 2019 Massey Fair. Muscular dystrophy is a group of diseases that cause progressive weakness and loss of muscle mass. In muscular dystrophy, abnormal genes (mutations) interfere with the production of proteins needed to form healthy muscle. The money will go towards ongoing research into the disease.

Snowarama 2020 A Success

Easter Seals Ambassadors for the annual Espanola-North Shore Snowarama were presented with commemorative plaques. Easter Seals co-ordinator, Carmen Bazinet oversaw the presentation of the introduction of the Miss Emily Rose Richer (Miss Em) Memorial Award on behalf of The Moose 99.3-CJMM – Espanola. The award honours Easter Seal Ambassadors and Bazinet adds she was pleased to have it shared with this year's joint ambassadors, Naomi

Pitawanakwat-Esuk of Birch Island and Richard (Ricky) Dixon of Espanola. Bazinet adds Sunday's event netted just over \$12,400, which will help provide funding for local children to go camping and also for equipment they need for their care. She adds the top fundraisers were Leo Deveau for the top male award raising over \$3,200 and the top female, Sue Belanger with a little more than \$1,000. For event photos visit; <http://www.aroundandabout.ca/snowarama-2020-a-success/>

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for more information

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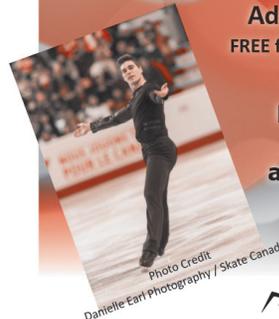
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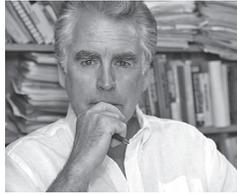


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My Own Self-Imposed Travel Ban Due To Severe Brain Cramps

After many years of international travel, I'm thinking that particular part of my life should probably come to a close. Looking back at the highlight reel of my globetrotting days I have come to the conclusion that I might be too stupid to travel.

There was that long-ago train trip from Malaga to Madrid with a helpless, little old lady in her 90's sitting beside me. She had left her village for the very first time to visit her son in Barcelona. I understood very little as she talked the whole time. But when we pulled into the train station in Barcelona, she was still socializing with passengers around her. I panicked, grabbing her suitcase and getting her off the car and into the station. She'd never seen an elevator so I had to muscle her and her bag onto the moving stairs. The human pile-up at the bottom drew bystanders to help us get up. Handing her over to other Spaniards, I ran up the escalator two steps at a time and boarded the train again just as it was starting to move. I was exhausted but quite proud of myself. Until...until I looked at the ticket the little old widow had left on her seat clearly marked "Estacion de Franca." For the record, there are two train stations in Barcelona. I had got her off at Estacion de Santes. For all I know, she might still be there.

I hate airports so much. I'm always in a rush to get in and out of them. So it was when I grabbed my bag at Gatwick and quickly boarded the train for the 40-minute trip to London's Victoria Station and my nearby B&B. Up the narrow stairway and into the tiny room, I unzipped my bag and...I'm not sure how'd I'd look in a black teddy and matching fishnet stockings and frankly we'll never know because... out of the B&B, walk to Victoria, train back to Gatwick. It's just as well I did not

understand the language of the angry young woman who had been standing with my bag at "Lost Luggage" for two hours.

But the piece de resistance which from my vast command of foreign languages means "real doozy" occurred when my former travel companion and I were backpacking along a lonely road near Ventnor, on the Isle of Wight. After a five-hour trek on a rustic English footpath, we decided to get a bus to Yarmouth and then a ferry back to the mainland.

No buses--everything on the Isle was shut down on New Year's Day. So we began hitchhiking and before too long got picked up by a young English couple in their small compact car. As many times as I've been to the UK I keep forgetting how terribly friendly and helpful the British really are. I'm sitting in the back seat on the passenger side and the young chap, sorry, the guy is sitting in the front left where he's supposed to be. I cannot see his wife sitting directly in front of me because my back-pack is on my lap. This bloke, sorry, this young man was fascinated that we were hiking and hitching with no booked accommodation. In a country with a pub every mile, if not every block, I wouldn't say we were exactly roughing it.

He asked a lot of questions, but the problem was he turned right around to face me when he asked them. We are having a great animated conversation, but his eyes were rarely on the road.

England is a country where hedges line the rural routes so cars coming out of the side roads have to nose out onto the thoroughfare before the driver can see both ways. Every time a car edged out in front of us, I gently pushed the guy's arm and pointed out the problem because mostly he was facing me

Continued on page three...

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Continued from page two...

and not the oncoming motorcar just ahead that was about to end all our lives. I began to sweat.

Each time I'd point out the potential danger, he'd say, "No fear, mate," and turn around to talk to me about Canada, a place he once wanted to immigrate to. As nicely as I could, I'd urge him to look ahead where an oncoming lorry, sorry, a truck was heading straight for us and carrying four coffins with our respective names embossed on the sides. Now I'm turning an angry red and hyperventilating. Continuing to point and touch his shoulder the guy began looking at me as though I was in his country recovering from bad brain surgery. Finally, the car stopped and we departed with a polite "Cheers."

That's when I said to my

travelling partner: "That bleedin' boulder, sorry, that freakin' lunatic nearly got us killed. The man's a maniac! He only looked at the road when I drew his attention to it!" That's when she turned to me and said, with a certain amount of merit, I must admit: "He wasn't driving, stupid. She was." Okay, why in the hell can't these people put the steering wheel on the right side, that is the correct side, I mean the left side? A bit patchy that. Wot? As I said, for the sake of other travelers, maybe I should stay home.

To buy a book or invite humorist William Thomas to be your guest speaker, go to www.williamthomas.ca williamjthomas@gmail.com



VS

HOME GAME!!

Friday, February 21, 7:30 pm

International Women's Day

A well-known First Nation educator and advocate will be the keynote speaker for International Women's Day events being held in Espanola and Little Current.

Co-organizer Diane Brunetti says the Mnidoo Mnising Coalition against Domestic Violence International Women's Day keynote speaker Sophie Pheasant, a well-known Indigenous advocate, teacher and instructor with Kenjgewin Teg.

Brunetti says the Espanola

gathering takes place on March 6th at the Espanola Regional Recreation Complex and in Little Current on March 9th at the NEMI Recreation Centre, from 9:30 am to 2:30 pm.

She adds the one-day gatherings are open to women from Manitoulin Island and across the North Shore corridor and will also include various workshops. Brunetti says both gatherings are free and interested women are encouraged to pre-register.

To pre-register, call 705-377-5160

Summer Job Program Available For Business And Non-Profits

The Canada Summers Job program is now available for employers to apply for 2020 according to Algoma-Manitoulin-Kapuskasing MP Carol Hughes.

Hughes says the program creates summer job opportunities for youth aged 15 to 30 by paying all wage costs for non-profits or up to 50% for small business and the public

sector.

She says the program helps employers provide high-quality jobs while developing young people's skills and experience.

Hughes adds employers in the riding have until February 24th to apply.

For more information and to apply, visit Canada.ca/Canada-summer-jobs or a Service Canada Centre.



The Espanola Lions would like to give a ROARING thank you to Mrs. Lacasse's Kindergarten class for drawing over 250 beautiful placemats used for our annual Seniors' supper. Special thanks to Brianna for her wonderful design.

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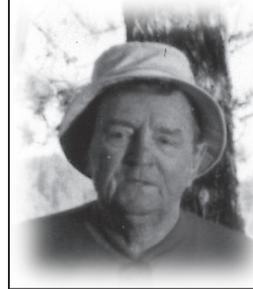
BINGOS

MASSEY AGRICULTURAL SOCIETY. 1st Monday of the month beginning January 6th, 2020. \$1825 cash prizes. Massey Arena - bingo starts @ 7:00 p.m. 04/28

IN MEMORIAM

In Loving Memory of
Eldon Bell

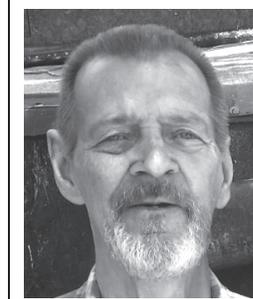
October 2, 1930 - February 21, 2019



Dad

In my eyes you never grew old
In my heart you were never far away
In my life, you were my hero
You always will be
Love Lorie

OBITUARY



FLEURENT, Yvon - In loving memory of Yvon Fleurent who passed away peacefully on Thursday, February 6, 2020 at Health Sciences North with his son Leo by his side at the age of 80 years. Cherished husband of the late Georgette Fleurent (nee Essiambre) predeceased. Loving father of Marcel Fleurent of Sarnia, Luc Fleurent and Leo Fleurent both of Espanola. Dearly loved brother of Andre, Denis of Marathon, Gilles of Amos, QC, Roger of Val D'Or, QC, Jean-Claude of Saint-Edmond (predeceased), Gisele Fleurent of Cadillac, Qc and Madeleine LeBrasseur of Marathon. He will be sadly missed by many nieces, nephews, extended family members and friends. Born in Val D'Or, QC on July 8, 1939 he was the son of the late Wellie Fleurent and Elianne Fleurent (nee Provencher). In keeping with Yvon's wishes, there will be no service or visitation, a Celebration of Life will be held at a later date. Arrangements have been entrusted to Ranger's Cremation and Burial Services Ltd. Online condolences can be posted at www.RangersSudbury.com

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Recipe

A gyro (pronounced yee-roh) is a Greek sandwich that is traditional made with lamb, but I came across this recipe using chicken which appealed to me. I prepared the chicken and tzatziki sauce in the morning, so all I had to do was quickly sauté the chicken and cut up some fresh veggies at dinner time. We really enjoyed these, so much so, we had them again the next day. The left-over tzatziki sauce is delicious spread on warm pita's, used as a sandwich spread or as a dip for fresh vegetables. If you are in a hurry or feeling a tad lazy, you can buy the tzatziki sauce at the grocery store. This recipe can also be made into a rice bowl by placing the chicken, cut up vegetables and feta cheese over a bowl of hot rice and drizzling with tzatziki sauce.

Chicken Gyro

For the chicken marinade:

- 1 lb. chicken breast sliced into ½-inch strips
- 3 tbsp. olive oil
- 1 tbsp. lemon juice
- 1 tbsp. red wine vinegar
- 1 tsp. paprika
- 1 tsp. dried oregano
- 1/2 tsp. salt
- 1/2 tsp. pepper

For the Tzatziki Sauce:

- 1 medium cucumber
- 1 cup plain Greek yogurt
- 1 tbsp. extra virgin olive oil
- 1 tbsp. lemon juice
- 2 tbsp. chopped fresh dill or 1 tbsp dried dill weed
- 1 medium clove garlic pressed or minced or 1 tsp garlic powder
- ¼ teaspoon salt

For the Gyro:

- Pita bread
- Toppings: shredded iceberg lettuce, sliced tomatoes, sliced cucumbers, sliced red onion, feta cheese.

Marinate the chicken. Place the chicken in a medium bowl and add all of the marinade ingredients. Mix it well, cover with plastic wrap, and marinate for at least 2 hours, preferably overnight. Make the tzatziki. Grate the cucumber and squeeze the excess liquid out with your hands. Discard the liquid. Place the cucumber in a mixing bowl with the rest of the tzatziki ingredients and mix well. Refrigerate. Cook the chicken. Heat a large, non-stick skillet over medium-high heat. Add the chicken slices and cook for about 4-5 minutes on each side, until cooked through. Slice the chicken into thin strips. Make the Gyro! Warm the pita bread (in the oven or microwave). Add a bit of shredded lettuce, tomato, cucumber, onion, and chicken on top. Drizzle with a generous amount of tzatziki and feta cheese, if desired. Fold the gyro in half and serve.



COMMUNITY NOTES

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Lumberjack Luncheon – Thursday, February 20 from 11:00 a.m. – 1:00 p.m. at the St. Jude Hall.

Save A. B. Ellis Meeting - Thursday, February 20, 1:30 - 3:00 at the United Church chapel. Everyone welcome

Pancake Supper - United Church of Espanola 137 Sheppard St Tuesday, February 25 from 5:00 - 6:30 p.m. Tickets available at the door.

Spanish River Snowmobile Club-Next Meeting - Thursday, February 27th, 7:30 p.m. at the Spanish Town office-back room. Everyone is welcome!

Bean Supper – Sunday, March 8 from 4:30 – 6:00 p.m. at the Zion Lutheran Church.

C.W.L. Saint Patrick's Day Soup & Sandwich Luncheon – Tuesday, March 17 from 11:00 a.m. – 1:00 p.m. at the Saint Jude Parch Hall.

Massey Area Museum AGM - March 26, 7:00 p.m. at the Museum, 154 Sables Street in Massey. The purpose of this meeting is for election of Executive Officers and Board Members. The public is invited.

Massey Area Museum - is looking for a few talented and conscientious volunteer board members to lead and strengthen the Massey Area Museum. If interested call Chris Berry at 705-562-6077.

Voices of Spring Community Choir - rehearsals Saturday, 10:30 am in the basement of St. Andrew's United Church, Massey. New members always welcome.

Free community luncheon at the Lighthouse - every second and fourth Tuesday of the month 11:30 a.m. - 1:00 p.m. Everyone welcome.

Do you have a NOTE for the Community?

We invite not-for-profit organizations to submit information on their upcoming events in writing no later than **Wednesdays at 3:00 p.m. 25 Word Limit.**
E-mail: around@aroundandabout.ca

Welcome to Local Hippy's weekly tip for living a greener life! Each week we will provide you with a quick tip to help you reduce your carbon footprint and change the world.

This week we're going to talk about carbon footprints.

What is a carbon footprint?

A carbon footprint is the amount of greenhouse gases - primarily carbon dioxide - released into the atmosphere by a particular human activity. This measure can be applied to the actions of an individual, a family, an event, or an entire nation!

Calculating your carbon footprint:

If you log onto <https://www.footprintcalculator.org/> you can complete a quiz that will give you an approximate measure of your carbon footprint! Factors that affect your footprint include home energy sources, means of travel, personal diet, and more.

After completing the quiz, select "See Details" to see the breakdown of your footprint and identify areas in your life that need improvement. From there you can also select "Explore Solutions" and read about ways we can all help the planet.

For comparison:

In 2018, it was recorded that the average Canadian has a carbon footprint of 22 tonnes of emissions per year (one of the highest averages amongst developed nations). My personal footprint sits at 8 tonnes per year, which I am working to reduce everyday!

Take the quiz and see where you stand!

Have questions? Feel free to forward them to jaymie@localhippie.net
Have a happy hippie week!



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