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August 27, 2013 Issue 35 - Volume 17  
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## Espanola Rivermen Host Hockey School



Photo: Players assisted hockey school students with on-ice drills.

By Chloe Kneer - Last week, the newly formed Espanola Rivermen Hockey Club hosted a week-long training school for kids ages 6-16. Rivermen head coach Tom McCarthy instructed students with on-ice skills, classroom and dry land training, and more, while the Junior A players assisted. In all, upwards of thirty children took part in preparation for the upcoming hockey season. It wasn't "all work, no play" however, as during and after lunch, players and students engaged in outdoor games such as capture the flag. "The players did a wonderful job with the younger kids," said Leisure Services Program Manager Cheryl Kennelly.

Continued on back page...

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## Lock The Doors, Hide The Wives – O.J.'S Getting Out Of Jail

In the motorcade of public meltdowns involving professional athletes – Tiger Woods, Lance Armstrong, Oscar Pistorius and now Alex Rodriguez – O.J. Simpson is still the marshal of that parade.

Simpson, who now looks like a bloated, jailhouse thug, has just won parole on a 33 year prison term of which he has already served five years. The former superstar running back of the Buffalo Bills was convicted of kidnapping and robbery charges in an armed attempt to retrieve his own memorabilia from two Las Vegas sports collectors. The Nevada Board of Parole Commissioners claim he won't be going free anytime soon but you know "If they don't commit, he's out lickety-split." O.J. Simpson and my unruly but adorable cat Weggie will be forever linked in infamy. It was almost 20 years ago that I happened to be in Portugal on the day of "the chase." I was in a bar the night before the departure for my Lisbon flight home when I called Carolyn, my sweet but unfocused cat-sitter to see how Weggie was doing.

From the moment my housesitter said hello, I knew something was wrong.

"Is Weggie okay?" I asked.

"Yeah, Weggie's fine," she said, breathlessly. "But it looks like O.J. Simpson may have murdered his wife." O.J. Simpson? Murder? His wife?

"Carolyn, I thought I told you. NO WILD PARTIES!"

"No, it's in L.A. Some kind of car

chase."

I had asked only about the cat. "Well, is O.J. headed north to Wainfleet, for godsakes? Did he leave some kind of note? Did he mention Weggie by name?" I know this cat can irritate just about anyone, but ... O.J. Simpson? "Is this guy totally out of control or what?" I asked.

"Actually, he's in a white Bronco on the San Diego Freeway," she said. "I'm watching the chase on TV."

"You're watching the chase on TV?"

"Yeah," she said. "They're televising the chase live on all major networks."

I thought for a moment. "You know that key I left? The one I said you should never use? The one that opens the liquor cabinet? Carolyn, you didn't use that key, did you?"

"No, no. They're chasing O.J. all over the L.A. freeways. It's been on for about half an hour."

"The chase gone for half an hour?"

"Yeah, but they're only going forty miles an hour."

I thought to myself, of course the chase could only go at forty miles an hour. How else could the colour commentators have time to do their voice-over? I was still confused, but I decided to take a shot. "Do you think O.J. knows that if he went faster, it would be a better chase and he'd actually have a greater chance of escaping?"

"Actually O.J.'s in the back seat with a gun."

*Continued on page three...*

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*Continued from page two...*

I've driven the freeways in L.A. That's not so unusual. But the fact he's steering and working the pedals from the back seat – well, that explains why the best he can do is forty miles an hour. Now it was all starting to make sense.

"There must be like twenty cop cars chasing him," she said.

I took another shot. "From what you know so far, do you think the cops realize if they went faster it would be a better chase and they'd have a greater chance of catching him?"

"There must be twenty helicopters chasing, too."

"The cops are chasing him with helicopters?" I asked.

"No. The cops are chasing him in cars. The reporters are chasing him in helicopters."

"At any time, have they cut away to Steven Spielberg sitting in a director's chair with a megaphone?" I asked.

"No, but there's people on the overpasses and they're waving and cheering," she said.

"Are you sure it's not just an ad for Hertz?" I ventured.

"I don't think so," she said.

"One commentator said O.J. might shoot himself right there in the back seat."

Hey, I've written for television. If he kills himself, that's the end of the chase scene right there.

"Listen, how's Weggie?" I asked. And that's when the line went dead. When I woke up the next morning, I thought maybe I'd dreamed the whole thing.

At the airport in Lisbon, I spotted a group of Canadians coming off the Canada 3000 plane that I was taking back. I approached a guy wearing a Blue Jays cap.

"How the Jays doing?" I asked.

"Awful!" he said. "Hey! Did you hear about O.J.?"

Lord, it was true, the chase, the cops, the live coverage, the ...

"Uh, look," I asked in a very low voice, "this may sound kind of silly, but, uh, there wasn't a cat involved in that thing, was there?"

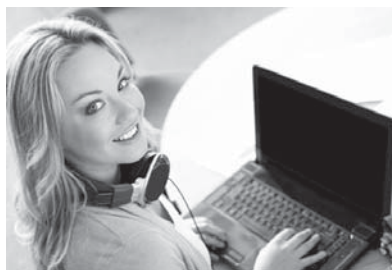
"Nah, I don't think so," he replied. "But there was something about a dog with blood on his paws."

My lasting image of the O.J. trial was verdict day with hundreds of his supporters marching in front of the courthouse chanting about the mysterious glove: "If it doesn't fit, they must acquit." Across the street a little man sat in a lawn chair with a sign that read: "If they acquit, they're full of s\*\*t."

For comments, ideas or passes to Readings At The Roselawn, go to [www.williamthomas.ca](http://www.williamthomas.ca)

## Back To School:

### Scholarships and Bursaries - Get Your Share



wide, there is a possible \$250 million up for grabs. Many do not know that money is available all year (September to June) and that students can apply at various times throughout high school and even after they've gone off to post-secondary education. Yes,

Back to school means new clothes, new shoes, and backpacks filled with new supplies.

However, for students either attending or finishing high school, it also means a good, hard look into the future – university, college, or work? For those choosing to extend their education by applying to university or college, the question then becomes, "how will I pay for it?"

The average Canadian student now graduates with \$37,000 in debt. This is a troubling statistic considering that over \$15 million in scholarships and bursary money goes unclaimed every year. Nation-

there are awards for students in their first, second, third, or even fourth years of university. Experts suggest that students keep in contact with their school's financial aid department to learn of available financial assistance. At the same time, there is also a free online matching service which asks a series of questions in order to find scholarships and bursaries that fit with a student's abilities or other criteria. The best-kept secret is that not all of the financial aid is merit-based. There are many possibilities for students to secure help with financing a post-secondary education. The website to check out is:



**studentawards.com**

Have a story, pictures? Call or email Chloe: 705-869-6883 or [chloe@aroundandabout.ca](mailto:chloe@aroundandabout.ca)

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**FOR RENT - 4 bedroom** home, fridge, stove, dishwasher included for Oct. 1. \$1200/mo + utilities. First, last, security deposit required. No pets or smoking. 705-918-2456 TFN

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**HELP WANTED:** Housekeeper, part-time, experience preferred, must have own transportation. General housekeeping duties, cleaning rooms, laundry. Apply at Clear Lake Inn, 995 Hwy 6 Espanola with resume. 705-869-1748. 08/27

**NEEDED:** 2 school bus drivers for September 4, 2013. For more information, contact 705-865-1633 after 4:30 p.m. 08/27

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## Recipe

This has a Mexican twist on the traditional stuffed peppers. A delicious, healthy and low calorie dinner that the whole family will enjoy. Everyone can add their favourite topping to complete the meal.



### Stuffed Bell Peppers (150 calories per half)

- Olive oil
- 1/2 lb lean ground turkey breast
- 1 cup chopped onions
- 1 heaping tbsp of taco seasoning
- 2 cups of cooked rice
- 3-4 bell peppers, halved and seeds removed
- 1 can of black beans, drained & rinsed
- 1/2 cup of frozen corn
- 1 (15-16 ounce) jar of salsa
- Shredded Cheddar Cheese
- Toppings: fresh cilantro, sour cream, sliced avocado

Preheat oven to 400 degrees. Lightly coat the peppers with olive oil and roast in a baking dish about 20-25 minutes until almost cooked through. Remove the peppers from the oven and allow to cool until you can handle them. Meanwhile cook turkey in a sauté pan until cooked through, set aside and sauté onions until transparent. Combine the turkey, onions, cooked rice, black beans and corn. Add the taco seasoning and salsa and mix well. Carefully spoon the turkey mixture into each half of the bell peppers and place back into the baking dish. Cook the peppers for another 15-20 minutes or until the peppers are cooked all the way through. Before removing from the oven sprinkle the tops of each pepper with shredded cheddar cheese. Place back into the oven just until the cheese has melted. Remove from the oven and top with fresh cilantro, avocado slices and/or sour cream just before serving.

## Kids Korner

### Corn on the Cob Craft

- Cardboard tube
- Dried beans (Great Northern Beans)
- Green felt
- Yellow acrylic paint
- White craft glue
- Scissors
- Paintbrush

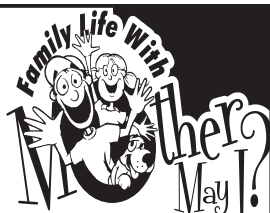


Cover one half of the cardboard tube with white craft glue. Add beans to the glue one by one. Cover the other half of the tube with white craft glue and beans. Allow glue to dry completely. Paint the beans with yellow craft paint and allow it to dry completely. Cut husks from green felt in a simple teardrop type shape, the bottom should be straight. Glue felt husk to the bottom of the corncob, overlapping each one a little as you work your way around.

\*If you want to use it as a pencil holder rather than just an art project, Cut a circle of green felt about 3/4" larger than the circumference of the tube. Glue the circle to the bottom of the tube before adding the husks, gluing the excess circle up the sides. Proceed with adding the husks.

*Mother May I now has her own e-mail address! If you'd like to share a recipe, life tip, or craft idea, or have any questions, you can email me at:*

***mothermayi@aroundandabout.ca***



## COMMUNITY NOTES

**The Espanola Skating Club CANSKATE Registration** - September 16, 18, 24, 26 from 5:00 – 7:00 p.m. at the Espanola Regional Recreation Complex. Find out more at [www.espanolaskatingclub.blogspot.com](http://www.espanolaskatingclub.blogspot.com)

**34th Walford Protestant Cemetery Memorial Service and Tea** - Sunday, September 8, at 2:00 p.m. at our Cemetery, tea will be served at the Walford Community Centre. You may wish to bring a lawn chair.

**Espanola Public Library** - Story hour registration, Tuesday Sept. 10 at 9:00 a.m.. The child must be three years of age by December 2013.

**Attention Veterans** - Provincial Service Officer Sherry Culling will be at the Espanola Legion during the week of September 16. To book an appointment to speak to her Call Service Officer Roy Beaudoin at 705-869-3409 before September 8.

**The Espanola Horticultural Society Sunflower Growing Contest** - The team will be coming around September 5th with ladders and measuring tapes. For details or to register your plant, please phone 865-3005 before September 1st.

**Community Living Espanola's Scrapbooking Fundraiser** - Saturday, September 14 from 8:00 a.m. – 12:00 midnight at the Royal Canadian Legion, Espanola. Registration at 345 Centre Street or by calling 705-869-0442.

**Massey & Area Museum Bingos** - September 30 the Massey & District Arena. Doors open at 6:15 p.m. – Bingo starts at 7:00 p.m.

**Royal Canadian Legion Meat Roll Offs** - Friday nights 7:00 – 9:00 p.m., Saturday afternoons 3:00 – 6:00 p.m. Applications for clubs wishing to raise funds during the October – April season should apply by September 6 via email to [rcl-39@persona.ca](mailto:rcl-39@persona.ca) or call 705-869-1711.

**"Call For Works"** - The Espanola Fibre Arts Festival invites volunteers to knit and crochet including granny squares, scarves, doilies, afghans and practice pieces. Volunteers are needed to knit and crochet throughout August for various portions of a larger street art installation occurring in October. Pieces can be dropped off at the Recreation Complex.

**GeNeXt.ccc** - is the new extreme sport club in town. Check [www.genext-ccc.com](http://www.genext-ccc.com) for dates and times for skateboarding/skating/biking/scooters for ages 8 and up. Call or text Pastor Chris 705-822-2292 for more info.

### *Do you have a NOTE for the Community?*

We invite not-for-profit organizations to submit information on their up-coming events in writing no later than Wednesdays at 3:00 p.m. 25 Word Limit.

Fax: 705-869-3342 or E-mail: [around@aroundandabout.ca](mailto:around@aroundandabout.ca)

## Sacred Heart School Welcomes

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*We have a great staff that responds to the needs of all learners and we thank all of the volunteers whose contributions enrich our school daily!!*





Continued from front page...

## Espanola Rivermen Host Hockey School



**Photo:** Espanola Rivermen players and hockey school students engage in a friendly game of capture the flag.

The Rivermen held team try-outs the week prior to hockey school and players were seen doing running drills at the track. Their regular season begins on Friday, September 6 in Kirkland Lake. The Rivermen will drop the puck on their first home game Friday, September 27 against the Sudbury Nickel Barons. For ticket information, call 705-869-1961. For the complete 2013-2014 NOJHL schedule, visit [www.espanolajuniorhockey.ca](http://www.espanolajuniorhockey.ca).

## Sagamok Winds Up Soccer Season



**Photo:** The U12 soccer champions show off their medals and individual achievement awards. The team won in a shoot-out.



**Photo:** Timbits soccer players were happy with the medals they earned.

## Rock and Walk For Youth



**Photo:** Kelsey Weisner with one of the youth at the T-shirt making table.

The Child and Family Centre hosted the first annual "Rock and Walk for Youth" on International Youth Day, which was August 12. The event was organized by the youth that are part of a youth engagement group in order to raise awareness in the community about mental health. The Child and Family Centre has an office in Espanola and Espanola Home Hardware made a generous donation towards the gathering, which had live music from five bands, a barbecue, a walk, and T-shirt making table.



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