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williamithomas@gmail.com

#### Back to school? No, not me. Never.

Many parents right now are relieved that he didn't believe me. Just then an old their kids have returned to school. For me it triggers didaskaleinophobia, the fear of attending school. I have recurring rushed to the door: "Sharon! Sharon nightmares in which I am back in grade Marr! Good Lord, how long has it been?" 13 facing nine final exams in five days Oh yeah, I kept the photo. which will determine whether I graduate to university or return to work on the swing grinder at Atlas Steels for the rest of my life. Naturally, catastrophe is avoided when I join my frat brothers in a pub crawl of Niagara Falls, New York. I remember very few teachers, the bad ones now dressed like prison guards in my mind. I remember a few of the good ones with fondness.

Many years ago I took my mother Margaret back to an event at the church in Dain City where we used to live. Mr. Gregory was there, a kind teacher at Bridgeview Public School who had helped me with for and still nobody can remember his my valedictorian speech. He was also the name. My lifeguard years at Longbeach coach of the school's hockey team. My mother was quite pleased to meet Mr. hit song Purple Haze. Gregory again, and he, her.

However, when we shook hands he had this vague, slightly embarrassed look on his face. He didn't remember me. I was helping him identify players in the photo of our hockey team taken on the day we won the district championship - Ray Arnott, Wes Boyd, Earl Nugent, Malcolm Ferri – when he asked if I was on the team.

"That's me," I said, the kid kneeling front and center on the ice, the one holding the trophy with the "C" on his shirt." Mr. Gregory nodded blankly but I knew

school mate, the very statuesque Sharon Marr walked into the hall and Mr. Gregory

From my years at Welland High And Vocational School I remember the chemistry teacher. He invented Zing which was a clear, highly alcoholic product marketed by Andres Wines in Beamsville. When dumped by the gallon into a brand new plastic garbage pail with an equal amount of Welch's grape juice, it produced enough "Purple Jesus" to get an entire tent full of frat brothers through a long weekend at the Longbeach Conservation Park. We worshipped that man. However there are at least two summers back then that are unaccounted are best recounted by Jimmy Hendrix's

Then there was Mrs. Morrissey, our dear, sweet high school English teacher. Mrs. Morrissey was a vibrant and approachable teacher who introduced me to a world of reading for fun and learning about the English language for the sheer love of words. Mrs. Morrissey had a rule that helped her students increase their vocabulary.

"Say the word three times," she would often say, "and you own it. Say it three times, and it's yours."

And every time she repeated that rule, a low demonic voice could be heard in the





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Continued on page three...

#### Espanola & Area Family Health Team

Grocery Tour & Meal With Susan Clarke RN, CDE & Brooke Noble BScH, RD At Winkel's Jan. 30th or Feb. 13th 9:30 am – 1:30 pm. Call to register

I The Diabetes Education & Care Program is pleased to welcome Brooke Noble Registered Dietitian

#### Continued from page two...

back of the room: "Brenda! Brenda! Brenda!"

I went to Brock University before transferring to Waterloo Lutheran University. Brock's large class of English 101 soon learned that Professor Michael Hornvansky was the most memorable educator any of us would ever have. Professor Hornyansky did not teach English, he performed wonderful works of English playwrights live, on stage. Feared for his staggering intellect and encyclopedic knowledge you did not dare take your eyes of him during class. Just whispering in the theatre of a hundred or more first year students would warrant a laser-like glare from Hornvansky that sent you shrinking in your seat.

And there he was on stage, striding from side to side with his black robe flowing and the book in his hand, a script of lines for the many characters he played. And there she was, an elderly lady sitting in the front row, knitting. Unlike today, it was unusual then to see older people at first year university. But she was knitting which broke the rule that every eve in the house be trained on the thespian professor once the lights went down and the play began.

We could see that the knitter was grating on Hornyansky's

nerves and unsettling his concentration because every time he passed in front of this woman, he stopped and scowled at her. Of course, she was oblivious to the silent warnings because ... she was knitting.

Finally, when he could no longer abide this discourtesy, he stopped dead, looked to the heavens and said: "By the way, did you know that knitting is a form of mental masturbation?"

A fearful hush swept across the class of stunned students in a place that quickly fell silent once more. All eyes, his and ours now narrowed in on the little old lady in the front row still deftly stickhandling her way through half a woolen sweater.

And without missing a beat or even a stitch, she said, with her head still down: "Professor Hornyansky, you do it your way and I'll do it mine!"

Bedlam, the kind you see in news clips of Mexican prison riots, followed.

Is it any wonder I turned out the way I did? No, I won't be going back to school anytime soon.

For comments, ideas and copies of The True Story of Wainfleet, go to www.williamthomas.ca

### DR. JOSÉE LABRECQUE DR. TERI FISHER Optometrists

Call 705-869-6200 or toll free at 1-877-869-6211 to book appointments. Or come in at 721 Centre St. (next to Petro Canada)

#### Don't Get Caught! It's Not Too Late To Get Your Flu Shot

The Sudbury & District Health Unit (SDHU) and Health Sciences North/ Horizon Santé-Nord (HSN) are encouraging all residents to protect themselves and others from the influenza virus by getting a flu shot.

There are presently five outbreaks of influenza in local long-term care homes. Physicians' offices and emergency departments are busy assessing patients with influenza like illness. The SDHU continues to receive and investigate laboratory reports of influenza across the district.

"The first line of defence against the flu is plenty of rest, drink lots of fluids, and minimize your contact with other people," says Dr. Chris Bourdon, HSN's Chief of Staff and an Emergency Department physician. "If your symptoms worsen, visit your doctor's office or a community clinic. If you feel your case of the flu is of an urgent nature, the Emergency Department is here to help you."

"Everyone is at risk of getting the flu," says Dr. Penny Sutcliffe, Sudbury & District Medical Officer of Health. "However, some individuals who get the flu are at higher risk of experiencing serious complications including pneumonia, bronchitis, and sinus and ear infections." Symptoms of influenza may include fever, runny eyes, headache, sore throat, extreme weakness, chills, cough, stuffy nose, muscle aches, and

fatigue. In addition to getting the flu shot, all residents are reminded of the following steps to take to protect themselves and others from illness:

• Wash your hands often and especially before eating using liquid soap and water. Use an alcohol based hand sanitizer if soap and water are not available.

• Cough into a tissue or your sleeve and throw away used tissues immediately.

• Stay home if you are ill.

Free flu shots are available at the Health Unit's main office, located at 1300 Paris St., Sudbury or by visiting participating walk-in clinics, community health centres, or your health care provider.

For more information about caring for someone who has influenza, please visit www. sdhu.com.

#### **Espanola Police Report**

The Espanola Police Service in partnership with the Ontario Association of Chiefs of Police and the Insurance Bureau of Canada engaged in the "Lock It or Lose It" program over the winter holiday season. This is a proactive crime prevention program that encourages drivers to take a few simple precautions that will protect their vehicle and vehicle contents from theft.

Between Monday, December 17th 2012 and Sunday, January 6th 2013 members of the Espanola Police Service checked 1,039 parked and unattended vehicles parked in various public access locations throughout the town. Vehicles were checked throughout the day and evening hours. Officers found that 833 of these vehicles (80.1%) were locked and had no keys or items (packages, shopping bags, etc) in plain sight. The number of vehicle owners who were taking the time to properly secure their vehicles and protect their property was down from 2010-2011's secure rate of 87.9%.

Officers found that 126 vehicles (12.1%) were left unlocked and 78 (7.5%) had valuable items left in plain sight.

The Espanola Police Service are committed to proactive approaches to help prevent crime from occurring in our community. We appreciate the support that we have received from the community and will continue with this and many other proactive policing programs.

Anyone with information on any of these crimes call Espanola Police or Crimestoppers 1-800-222-TIPS(8477)

#### **Hughes Begins Presentation Of Jubilee Medals In Elliot Lake**



Carol Hughes, MP Algoma-Manitoulin-Kapuskasing

The distribution of the Queen's Jubilee Medals is under way in Algoma-Manitoulin-Kapuskasing. The first of thirty medals being distributed by MP, Carol Hughes were presented in Elliot Lake last week.

"The process revealed many worthy recipients and I wish I was able to direct more of these awards," said Hughes. "For the people who receive them, it is a nice acknowledgement of their contribution to their community.

Hughes handed out medals at New Year's Levees for the Elliot Lake Legion and the Mayor and also at a January 5th Civic Centre reception. She notes that the call for nominations in her June householder (distributed to every residence in the constituency) was well met.

"I want to thank everyone who took the time to make a nomination," said Hughes. "It was nice to see just how many exceptional people there are in the area"

Hughes says there will be ceremonies until the end of February in communities throughout the constituency. The remaining recipients will be revealed at those events. Elliot Lake Queen's Jubilee

Medal Recipients:

Deacon Joe O'Neil - for advocacy on behalf of veterans, the Legion, and community involvement;



*Lindsay Burke* - for advocacy on behalf of veterans, the Legion, and community involvement;

*Daniel Roche* - for advocacy on behalf of veterans, the Legion, and community involvement;

*Ulrich Krings* - for advocacy on behalf of veterans, the Legion, and community involvement;

*Al Warman* \* - for advocacy on behalf of veterans, the Legion, and community involvement;

*Darla Hennessey* - for community volunteerism including long service with

Air Cadets;

*Ken Pierce* - for leadership and community involvement on various boards and organizations:

*Christine Margetts* – community involvement, local and national work on competitive swimming:

*Ian Ludgate*\* - for leadership and assistance in remobilization after the mall collapse.

\* The medals for Mr. Warman and Mr. Ludgate were presented by the MP on behalf of other partner organizations.

#### **NOJHL Junior Hockey** takes to the Ice in Espanola

The Town of Espanola, in a quest to secure a junior hockey program for the community to begin possible play in the 2013-14 season has invited the North Bay Trappers to skate at the Espanola Regional Recreation Complex prior to the Trappers league game in Elliott Lake on Friday January 18th.

"We are thrilled for the opportunity to show off our community, the quality of our ice and the diversity of our facility to the Trappers and the NOJHL," says Mayor Mike Lehoux, "The Trappers are known as a winning team both on and off the ice; their management practices cultivate leadership and community stewardship by continually having their team and players involved community in volunteerism initiatives. This is the kind of team we'd like to see playing in our arena and in our community, we are thrilled to showcase our Town and Complex facilities to a potential NOJHL team."

North Bay Trappers Chairman of the Board and Director of Operations, Tim Clayden added to the excitement, "it's a wonderful invitation that gives our team and players and frankly, the NOJHL, a sneak peek at another potential Northern Ontario junior hockey market that the league can possibly expand to. It also gives our team a good pre-game skate prior to the upcoming long road trip" stated Clayden. "It's fitting to visit Espanola when you think that Trappers Coach Tom McCarthy was awarded the "Red McCarthy NOJHL Coach of the Year" last season, with Red being the Town of Espanola sports hero." Mayor & Council see this practice as a great opportunity for the community to extend a warm welcome to the team and get a taste of high caliber junior hockey. "It's no secret that the Trappers have been considering a move from their home base of North Bay & Memorial Gardens - a hearty community showing next Friday might help the Trappers and or the NOJHL to give consideration to making Espanola the new home for a future NOJHL franchise.'

The North Bay Trappers are scheduled to practice in Espanola on Friday January 18th from 12:30 - 1:30 p.m. The community is invited and encouraged to attend.

#### Continued from front page...

#### Something to Come Home To...



*Photo: 14'x 16' home, complete with new fence and garden.* 

while there. In addition to for an orphanage. It was helping build a home for the family, they renovated a ministry building that day of fishing....a bounty would serve as a safe shelter and place for prostitutes and addicts to clean up, prepared and delivered meals to the homeless, and helped host a New Year's Eve barbecue

mostly work, but they managed to squeeze in a of tuna that was later used to feed more homeless people. A picture is worth a thousand words, so enjoy this photo diary. All pictures are courtesy of Al Leduc.



*Photo: It took a little muscle to bring this one in...but Marlins* are catch and release. All the tuna that was caught, however, was eventually consumed by homeless people.



Photo: The makeshift roof in the background is the former shelter for this family of four.



Photo: Michele, the daughter, happy to have a new home.



Photo: Volunteers took the family on a shopping spree to Wal Mart. The youngest son was so excited he insisted on carrying all of the bags.





#### FOR SALE

FOR SALE – Estate Dryer, by Whirlpool. 4 years old. \$200.00 O.B.O. Please call 705-863-0684

#### FOR RENT

FOR RENT - Huge 3 bedroom apt in quiet building. Recently renovated bathroom, new carpets, tile, hardwood, and 4 appliances. A must Available Feb/March see. \$1000.00 + utils. 705-618-5751. 01/22

FOR RENT - 1 bedroom apt available February 1st. \$650.00 per month, utilities included. Call Dan at 705-869-1378. 1/15

#### FOR RENT IN WEBBWOOD

- 2 bedroom home, 1 level. \$700.00 /month plus utilities. First and last required. Call Greg at 705-822-4734. 01/22



#### SERVICES

ABANDONED CATS Espanola and North Shore area has a cat problem. Please spay and neuter! There is help available. Please call 705-869-6329. TFN

**SNOW REMOVAL** SERVICE -Residential/ Commercial Plowing. Seasonal or single rates. Affordable prices, reliable service. Call for a free quote (705) 862-8613 or (705) 285-1061.01/15

**ESPANOLA** SELF STORAGE - 6x8 and 8x10 Storage Units available in Espanola. Located behind the car wash. Call 705-869-8405. 01/22

APP **COMPUTER** SOLUTIONS - Available 7 days a week. Complete Computer Repairs -Virus, Trojan & Spyware Removal -Tune Ups & System Reloads Software & Network Installations – Flat rates available. Call 705-869-5757. 01/22

UNCLE PHIL'S DELIVERIES – Do you need a delivery? Call Uncle Phil. 705-862-0669. Serving Massey, Sagamok, and Espanola Area. 02/05

GAETANNE RIOPEL SEWING - Serving you for all of your sewing and stitching needs. Specialize in wedding alterations and leather. Please call 705-869-5650. 02/12

# FRIENDLY

MASSEY **MARATHON** The Friendly Massey Marathon Committee has cancelled the 2013 race due to not finding a new chairperson to organize the race. We would like to thank all our sponsors, runners and volunteers that have helped make the Friendly Massey

#### **EMPLOYMENT OPPORTUNITY**

Marathon a very special race.

NOTICE

#### **Employment Opportunity**

Around&About has an opening for a permanent part-time leading to full-time "Office Assistant & Reception". Ideal candidate must possess excellent organizational skills, demonstrate a strong work ethic, and can work well independently as well as in a team environment. The successful candidate will be reliable and take directions well.

#### The preferred candidate will have the following minimum qualifications:

- Must be capable of lifting 50LBS
- Must have a valid driver's license
- Must have excellent communication skills
- Must be able to multi-task
- Must have strong attention to detail and the proven ability to deal with confidential information
- Must know how to operate a computer as well as basic office equipment
- Must have knowledge of Excel, Word, Outlook & basic Simply Accounting

#### Also, not necessary but will be considered assets with any experience in the following areas:

- In-Design, Illustrator
- Experience in an office setting
- Knowledge of general accounting principles an asset
- Basic Sales Experience
- · Hours will be based Monday-Friday from 9:00 a.m. - 4:30 p.m. Wages commensurate with experience

Please e-mail resume to nickylamothe@aroundandabout.ca Only those chosen for interview will be contacted. Thank you in advance for your interest.



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#### Recipe

I'm always looking for new ways to use ground beef as well as something quick and easy to make on those busy days. This is a quick and satisfying meal to make that the whole family will like. It makes a large batch, so I half



the recipe, but you can also keep the extra in the fridge for another day or freeze for a future meal.

#### **Homemade Sloppy Joes**

(serves 8 - 12)

- 2 Tbsp. vegetable oil • 2 medium onions, roughly
- chopped •  $2\frac{1}{2}$  lbs. ground beef
- 2 Tbsp. tomato paste
- 2/3 cup BBQ sauce (your
- favourite)

- $\frac{1}{2}$  cup ketchup
- <sup>1</sup>/<sub>4</sub> cup Worcestershire sauce
- $\frac{1}{4}$  cup soy sauce
- Freshly ground black pepper
- 8 to 12 hamburger buns or rolls

Preheat oven to 300 degrees. Heat the oil in a large skillet over medium heat. Add the onions and cook, stirring, until they start to turn translucent, about 4 minutes. Add the beef and cook, stirring and breaking up the meat, until it is finely crumbled, the liquid boils off and the meat begins to brown. ( about 10 minutes) Drain the grease off the meat and onions. Stir in the tomato paste, and keep stirring until the meat is coated. Add the BBQ sauce, ketchup, Worcestershire, soy sauce, and pepper, and bring to a boil. Cook until the sauce is slightly thickened, 4 to 5 minutes. You can make the sloppy joe meat up to 2 days in advance and reheat it over low heat or in the microwave. Wrap the buns in aluminum foil and warm in the oven for about 10 minutes. Serve sloppy joe mix hot on warmed buns.

#### **Kids Korner**

When it's too cold to go outside and make a snowman, make one indoors using mini marshmallows. A snack and a craft all in one!

#### Mini Marshmallow Snowman

- · Mini marshmallows
- White glue
- White paint
- Construction paper
- Markers or crayons and paint
- 2 Pretzel sticks
- Glitter or fake snow



Draw a snowman shape on the construction paper using a marker or crayon. Glue the mini marshmallows around the snowman shape. Take a mini marshmallow and dip it into the white paint. Using the marshmallow as a stamp, decorate the background of your snowman scene with marshmallow-printed snowflakes. Add facial features to your snowman using paint. Glue on pretzel sticks for arms. Finally, sprinkle glitter or fake snow on the wet paint to make everything sparkly!

Mother Mav I now has her own e-mail address! If you'd like to share a recipe, life tip, or craft idea, or have any questions, you can email me at:



mothermayi@aroundandabout.ca

## COMMUNITY NOT

Espanola Blood Donor Clinic - Thursday, January 24 at the Knights of Columbus Hall, 399 Mead Street from 11:30 p.m. - 2:30 p.m. and 4:00 p.m. - 7:00 p.m.

Spaghetti Dinner - Friday, February 5 from 5:00 p.m. - 2:00 a.m. at the KC Hall. All you can eat, two live bands, elimination draw.

Community Luncheon - January 22 at the Lighthouse in Espanola (across from the Royal Bank) from 11:30 a.m. - 1:00 p.m. NO CHARGE. Everyone Welcome.

Ladies Winter Tea - Queensway Pentecostal Church, Thursday, January 24 at 7:00 p.m.

**Espanola Citizen Group Town Hall Meeting - NEW DATE** January 29, 2013 at the KC Hall at 7:00 p.m. There will be guest speakers and new information for the taxpayers of Espanola.

Webbwood United Church - Homemade Soup and Sandwich Luncheons Every 2nd and 4th Wednesday of each month from 11:30 a.m. - 1:00 p.m. Free will offering – Everyone welcome.

Lions TV Bingo - Wednesdays at 6:30 p.m. Tune into Local Channel 10 or come on out to the Espanola Regional Recreation Complex.

Social Bridge - Wednesdays from 1:00 - 3:30 p.m. at the Seniors Drop In Center. No partner needed, just come and play. Call D. Allen at 705-869-0475 for info.

Espanola Elks Cribbage Tournaments - Sunday, January 27. Preregistrations (teams of two). For Registrations Call 705-869-6237 or 705-869-1931.

Do you have a NOTE for the Community? We invite not-for-profit organizations to submit information on their up-coming events in writing no later than Wednesdays at 3:00 p.m. 25 Word Limit. Fax: 705-869-3342 or E-mail: around@aroundandabout.ca

#### IN THE LOOP

I would like to begin by explaining the date change for the ECG TOWN HALL MEETING. It is now going to be held on Tuesday, January 29th instead of January 30th at the request of the Guest Speakers. The time and place will remain the same .... 7:00pm at the KofC Hall. Please re-pencil this new date on your calendar and come out and hear what they have to say about how working together benefits the entire community.

Early on in fire hall discussions the ECG presented Council with a petition signed by nearly 700 residents requesting the most cost effective approach be considered (eg: renovate vs rebuild). At the last meeting in December 2012, instructions were given by Council to return with more options for the proposed "new" Fire Hall. Instead, the Jan. 8th agenda contained a recommendation to accept the identical Schematic Design as previously presented and that the project now proceed to the Design Development Phase. A recorded vote was conducted on the motion. Councillors McMaster and Meikleham voted against,

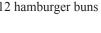


requesting more information and options. Mayor Lehoux, Councillors Rose, McMillan, Howard and Beer voted in favour of continuing with design development. Therefore the new fire hall project will proceed to the next phase.

Councillor McMaster suggested in an A&A column a couple of weeks back that residents become more involved, not only on election day, but by emailing/texting/phoning /snail mailing , or meeting with them to discuss concerns. Most Councillors indicated they were in favour of using this approach. Meetings with the Mayor and/or individual Councillors can be arranged by phoning the Town Office (705 869 1540). Email and phone numbers can be found on the town website, in the MNM and we will also post them on our website espanolacitizengroup. ca under "Council Matters". The Espanola Citizen Group Executive encourages you to take advantage of their offer. If you need assistance please feel free to contact us.

**Richard Ellis Executive Member** 

The information provided in the Espanola Citizen's Group are the written expressed opinions, views and facts collected by the ECG. A&A does not agree or disagree with the information provided by the ECG.



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## Information Night

## **Tuesday** January 22, 2013

5:30 pm to 6:30 pm

#### ELEMENTARY SCHOOLS – ESPANOLA AREA

SCHOOL A.B. Ellis Public School S. Geiger Public School Webbwood Public School ADDRESS 128 Park St. 355 Government Rd. 6 Minto St.

ADDRESS

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PRINCIPAL Lynn MacDonell Kendra Mihell Kendra Mihell

**PRINCIPAL** 

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#### ELEMENTARY SCHOOLS – MANITOULIN ISLAND

SCHOOL

Assiginack Public School Central Manitoulin Public School Charles C. McLean Public School Little Current Public School

rrent Public School 18 Dr

The English Program includes Core French.

For enrolment in Junior Kindergarten, your child must be four-years-old by December 31, 2013. For enrolment in Senior Kindergarten, your child must be five-years-old by December 31, 2013. When registering your child, please bring his/her identification documents including birth certificate, birth registry/ baptismal certificate, Ontario Health Card and an immunization record.

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All parents/guardians and children are welcome to the information night at their area Rainbow School.

Join us and continue your journey of learning together!

