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March 19, 2013 Issue 12 - Volume 17  
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**Espanola Lions Club  
 Roaring with Kindness**



The Espanola Regional Hospital Foundation has been conducting a fundraising campaign to purchase a new cardiac monitoring system. "Our current system is more than 20 years old and needs to be replaced immediately" says Terri Noble, Development Coordinator. Cost of replacement is \$350,000, none of which is covered by any government funding. With future cuts in healthcare, the Foundation needs the assistance of our communities in order to obtain this much needed equipment. The Espanola Lions have generously stepped to the plate with a donation of \$20,000, as has the Royal Canadian Legion

*Continued on page four...*

*Jenn Tunney* Cell (705) 662-8752

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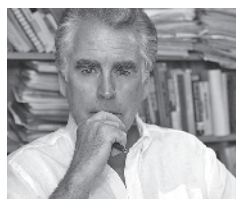
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# All The World's A Circus

William Thomas

williamjthomas@gmail.com



## 'Trophy' Husband Dropped and Shattered

'Trophy wife' is an interesting and somewhat derogatory term usually pertaining to the much younger spouse of a wealthy, narcissistic man out to impress his peers. The wife, perceived to possess little merit beyond her beauty is often referred to as a "gold digger." Fueled by the silent rage of women his own age, the room temperature rises dramatically when a man walks in with his trophy wife on his arm. Men of the husband's age also demonstrate their disapproval of the 'trophy wife' by mumbling something like "he's probably lucky at cards too." Shallowness is not a male flaw; it's part of who we are.

The late Playboy Playmate Anna Nicole Smith was seen as both a trophy wife and a gold digger when she married 89-year-old millionaire J. Howard Marshall at the age of 26. The wedding was spread over a three-day period to allow Marshall to take a series of long naps. Old J. was unable to impress anybody since all his peers had predeceased him. In the end Anna was accused of "robbing the casket."

As far as 'trophy husbands' go, Demi Moore married a goofy one and Joan Collins needed a trophy case to keep all hers. Sometimes Paul McCartney is referred to as a 'trophy husband.' Beatle fans believe he deserves a trophy for time served with Heather Mills.

The Duchess of Alba, Spain's 85-year-old billionaire recently married a man 24 years younger. Considering her five billion dollar fortune, Alfonso Diez is not just digging for gold, he's punning for platinum and drilling for diamonds. All this because last week's Canadian Press headline really caught my eye:

"'Trophy husband' awarded \$157,000 from B.C. Widow." Gordon Walker is 66 years old. Apparently he outgrew the term 'toy boy' when he filed for his Old Age Security Pension.

Valerie Fortune Brown, a former world-class figure skater, model and wealthy widow has been ordered by a British Columbian court to pay her so-called 'trophy husband' more than \$157,000 in support after a 14-year relationship. She's 86 years old.

Before they met, Walker lived on welfare or was periodically employed, but then became a 'kept man' and 'economically dependent,' with Brown covering all of his living expenses and luxuries, including about 60 trips around the world.

According to the court ruling "At 66 years of age, the breakup of their relationship has caused Mr. Walker to be economically disadvantaged in terms of what he had been accustomed." Not to mention the shock from trading in a Grand Duplex Outside Suite on the Queen Mary 2 for a pup tent in Stanley Park.

The court ruling also concluded that "his future job prospects are extremely limited." Well, I'm not so sure about that. Betty White is still alive.

After her second husband died in 1994, Brown was left with an estate of nearly \$8 million that included investments, property and retirement income so yeah, Valerie's middle name really is 'Fortune.'

Gordon Walker was also issued a restraining order against writing a memoir of the couples' sexual experiences. With Mrs. Brown claiming

*Continued on page three...*

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*Continued from page two...*

Walter was just “a platonic live-in friend” do not expect Fifty Shades of Grey. More like Late Nights With Earl Grey.

Mrs. Brown characterized Walker as “a male security escort and travelling companion as well as a heavy luggage porter.” From my experience any man who has ever travelled with a woman has earned the title of ‘heavy luggage porter.’ I’ve been fighting for years to have hernias covered by my travel insurance policy.

At some point after Brown had provided him with a \$10,000 Rolex, a Lexus SUV and bank accounts to cover his expenses, she felt he was abusing her credit cards and withdrawing funds from a joint account. Reading from the news report, it seems Gordon Walker did not see the end of the relationship coming. Expecting another handout, he got foot in the bum instead.

Here then are ten sure signs that your career as a ‘trophy husband’ may be coming to an end.

- Your wife informs you that she wants to renew her wedding vows and she generously offers to put you on the guest list.

- Asked at a party “How’s your

young man?”, you overhear her say “Not here tonight.”

- As you both leave the house for a Caribbean cruise, she asks you what time your ship leaves.

- You notice the new vanity plate she had put on your SUV reads “WASHIS.”

- Rifling through some papers on the kitchen table you notice your name is not mentioned in her will but it does appear on a change of address form.

- You notice she’s behaving very strangely by letting you have the last word.

- You’re standing at the curb when the garbage truck pulls up and she starts yelling from the house to: Jump In!

- You pick up the local paper and see a photo of your dog above the caption “Black Lab target of custody battle.”

- For Halloween she buys you a tight-fitting Superhero costume known as ‘Mooch Man.’

And finally you know your days as a ‘trophy husband’ are numbered when you’re presented with a separation agreement that refers to you as “irreconcilably tarnished.”

For comments, ideas and copies of The True Story of Wainfleet, go to  
[www.williamthomas.ca](http://www.williamthomas.ca)

## Miss Espanola To Compete in Regional Pageant



out” as she receives a commission that help cover her own expenses. The Miss North Ontario Regional Canada Pageant takes place the first weekend of May, however, there is still a lot going on leading up the main event. For example, Mikkelsen is raising money for the Northern Ontario Families of Children with Cancer (NOFCC). Over the holidays, she gift-wrapped for donations and currently she is selling headbands that she knitted on Facebook.

She is also exploring other fundraising opportunities and if she raises the most money for the charity she will earn the Ambassador Award.

There is also an award for Pageant Promotion and she asks that you like her Facebook page at [www.facebook.com/AmyMikkelsenMNO](http://www.facebook.com/AmyMikkelsenMNO). In April, supporters can vote for her online through the Miss North Ontario website and she could earn the Viewer’s Choice Award if she gets the most votes.

Mikkelsen says she is grateful to her hometown for all of its support and she hopes that by competing in the pageant she can display Espanola as a vibrant place to live.

Espanola native Amy Mikkelsen is very busy finishing up her Honours B.A. in Political Science at Nipissing University in North Bay, preparing to start her Masters of Public Policy and Administration program at Carleton University, and representing the town in the Miss North Ontario Regional Canada Pageant. Whew!

Several Espanola organizations have contributed to her run, so Mikkelsen has met the minimum requirements for sponsorship, but says, “I am now just looking for extra [sponsors] in order to cover my own expenses. Any extra sponsors really help me

## Espanola & Area Family Health Team

### Grocery Tour & Meal

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## HUGHES CHALLENGES GOVERNMENT TO SUPPORT NORTHERN MUNICIPALITIES IN NEED



**Carol Hughes, MP**  
**Algoma-Manitoulin-  
Kapuskasing**

Any stimulus spending in the upcoming budget should address the needs of municipalities according to Algoma-Manitoulin-Kapuskasing MP, Carol Hughes. During debate in parliament, Hughes also stressed the need for a plan that is workable for rural and smaller northern communities.

"Communities cannot keep going year by year to find out if they are going to get the

infrastructure dollars," said Hughes. "We need long term funding for municipalities, especially the smaller communities and the rural communities who don't have the luxury of having an engineer at the ready - because it takes them a little bit longer. We've heard from many communities, how some of them found the timelines too tight."

Hughes reminded the government that infrastructure dollars are not limited to specific services in any one community but are also a boon to the entire economy.

The MP also took the opportunity to relate some of the concerns she is hearing from communities in Algoma-Manitoulin-Kapuskasing, showing the need to maintain infrastructure is universal in Canada.

"We have to consider places like Chapeau whose pipes for

water are deteriorating so bad that there is coloured water and there is sediment in the water when they open their taps," said Hughes. (moved) The MP explained how a growing number of problems on Manitoulin Island are directly linked to the record low water level in Lake Huron and will require assistance. Homeowners are facing problems with their water supply and there is a pressing need to dredge the harbour in South Baymouth so the ferry can dock. In cases like these,

there will be a role for the federal government to play.

"The immediate participation of the federal government is required to ensure the channel is dredged for safe passage of the Chi-Cheemaun ferry as this has an impact on the economy for all of Manitoulin Island," said Hughes.

Hughes argued that only a longer window can truly level the playing field when it comes time to approve projects and challenged the government to recognize this and commit to a solution.

### Top Ten Spring Cleaning Tips



rooms as you go. For example, don't clean out your closet and throw all your clothes in there. Organize what you do and don't wear and label things.

4) Buy assorted containers and get kids involved in organizing items.

5) Make sure tools and appliances are free of dirt and gunk so you can have the cleanest spring yet.

6) Have a winter ring in your toilet? No need to scrub. Instead drop a bubbling denture tablet and leave it in overnight. Then just swish a few times with the toilet brush.

7) Clean your blinds but do it in no time. Use an old dryer sheet! It increases an antistatic barrier that helps prevent dust from building up again.

8) Spring clean your windows but don't use paper towels. But instead use coffee filters to eliminate streaks! And it's cheaper on your bank account too!

9) Instead of going out and buying swiffers and brooms to clean all those hard to reach places and free them of dust and cobwebs, use a yard stick and wrap a tube sock around it!

10) Spring is when we usually like to clean our oven out from all our winter cooking. Try using a wet pumice stone. This will clean it faster than any toxic spray cleaner!

*Continued from front page...*

### Espanola Lions Club - Roaring with Kindness

Branch #39, who have donated \$12,000 from their Poppy Fund! These donations have brought the Foundation that much closer to our goal and we

can't thank either of these organizations enough!

With the help of our communities we have been able to raise \$160,000 toward our \$350,000 goal!

### This is a list of the MAIN components needed

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## EASTER SEALS TELETHON CELEBRATES 30 YEARS

The Easter Seals Telethon turns 30 this year. March 24th, 2013 will mark the 30th time the Easter Seals Telethon in northern Ontario takes to the air. The broadcast will be live from Cambrian Colleges edome on Eastlink and Cogeco cable Sunday March 24th from 1:00 to 8:00 p.m. The annual Telethon provides an opportunity to get to know some local Easter Seals families and hear their stories, Local Easter Seals Ambassadors Cassandra Degn and Kyle Leblanc are making their television debut at this year's Telethon. There will also be special appearances by past ambassadors, hosts and supporters. As always, the Telethon will celebrate the year's fundraising successes, recognize generous supporters, and raise essential funds that help children with physical disabilities and their families who need assistance.

Cathy Macey, Volunteer Telethon Chair is amazed by the continued support over three decades. "Ten years is a long time for any event, but 3 decades of success and continued support is astounding." The next few weeks will be spent on finishing touches, scheduling and last minute recruitment of VIP's. "The VIP area is a fast growing component of Telethon and an opportunity for individuals to showcase their businesses while raising money for children with physical disabilities, all while sitting in a comfy recliner on set." added Nicole Blais, Easter Seals northern Development Manager. Donations can be called into the show live throughout the broadcast or can be made on-line at [www.eastersealstelethon.org](http://www.eastersealstelethon.org). Individuals can fundraise for



*Nicole Blais, Development Manager Northern Ontario and Cathy Macey, Volunteer Chair, Northern Telethon get ready for the 30th annual Easter Seals Telethon being broadcast live on Eastlink on Sunday, March 24th, 2013 from Cambrian College's edome.*

the Telethon by using a new online fundraising tool to create individual fundraising pages which can be forwarded to friends, family and co-workers.

Easter Seals Ontario provides financial assistance to families of kids with physical disabilities for costly equipment such as

wheelchairs, walkers, braces and communication devices, as well as fully accessible summer camping opportunities and funding for other summer recreational programs. Easter Seals relies fully on donations from the public to offer its programs and services. For more information, visit [www.eastersealstelethon.org](http://www.eastersealstelethon.org).

### Community Living **THANK YOU** Espanola

#### CLE CASH CALENDAR 2013 WINNERS LIST

Community Living Espanola would like to thank everyone who purchased **CLE Cash Calendar** tickets and or donated towards our specialized ARJO bathtub fundraiser. The support we have received has been outstanding!

Congratulations to the following:

#### **\$1,000 Winners:**

James Landry, Jean Ramsay, Joan Leeson

#### **\$100 Winners:**

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Watch for the CLE Cash Calendar again this fall!

A Special Thank You to the Lions Club and the Knights of Columbus for their generous donations!

Louise Laplante, Executive Director  
Community Living Espanola



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## In The Loop

At the Council meeting on March 12th Blair Wilson made a powerful presentation to Council on the need to reduce spending and hold taxes at the present level. He expressed the concerns of a great many citizens, the 1323 or so who actually signed this petition as well as many others who did not get an opportunity to do so and asked Council to look at the names of those who had signed ...it represents a wide spectrum of our community. He asked on their behalf that no further major expenses be considered until the present situation is remedied. It was a demanding task that Blair undertook and we thank him for doing so.

On another front, the ECG executive presented Mayor Lehoux and Councillors with the suggestions we received from residents on cost saving measures and included the material which we had intended to present. FYI there were 18 pages of suggestions from Espanola taxpayers as well as 2 survey sheets in this package. It goes to demonstrate that there is a great deal of interest in how the situation we now find ourselves in will be resolved.

Let us hope that with cooperation and open communication will get us through this rather tumultuous period in Espanola's history.

Note: We have posted our presentation on our website [espanolacitizensgroup.ca](http://espanolacitizensgroup.ca).

Richard Ellis  
ECG executive member

**AROUND & ABOUT**  
Your Community Connection

The information provided in the Espanola Citizens Group are the written expressed opinions, views and facts collected by the ECG. A&A does not agree or disagree with the information provided by the ECG.

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À l'attention de: Brigitte Drouin, Directrice générale  
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Elliot Lake, ON  
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Télécopieur : 705-848-4993

## Recipe

I was getting bored with the usual side dishes and went on a hunt for new recipes to try. I found the following recipe and knew it would be a good one because I like the texture of orzo and my kid's favourite instant rice package is cheddar and broccoli. I've made this three times already and really enjoy it alongside baked chicken. You can make it as cheesy as you like by adding extra cheese. My only advice is to start with the 1/4 cup of milk and only add enough milk to make it creamy. It becomes bland if you add too much milk. (I may have found this out the hard way)



### Cheesy Broccoli Orzo

- 1 cup orzo
- 1-1/2 cups chopped broccoli florets
- 1/4 cup shredded cheddar cheese
- 2 Tablespoons grated parmesan cheese
- 1 Tablespoon butter
- 1/4-1/2 cup 2% milk
- Salt

Add orzo to a large pot of salted boiling water. Cook for 5 minutes then add chopped broccoli to the pot and cook for 2 more minutes, or until orzo is tender (It took a bit more time for me). Drain well (broccoli florets are notorious for holding onto water) then return to the pot. Add cheeses, butter, and 1/4 cup milk then stir well and add more milk if needed. Season with salt to taste.

## Kids Korner

Not only will the Kool-Aid make your kitchen smell super sweet, you'll get some fantastically vivid results. Kool-Aid has citric acid in it, so you do not need to add vinegar.

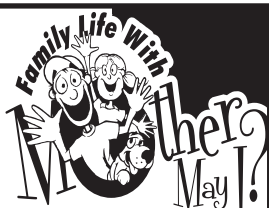
### Kool-Aid Easter Eggs

- Hard Boiled Eggs
- Small containers (one for each colour)
- Different flavours (colours) of Kool-Aid
- Water

For each colour (flavour) add 2/3 cup of water to one package of Kool-Aid in a container. Stir well to dissolve powder. Do this over your sink because the powder will stain. Do this for each colour. Place hard-boiled egg in desired colour. You don't have to leave it in the dye long to have a vividly coloured egg. Once desired colour is obtained, take egg out of dye and place in empty egg carton to dry. Note: Lemonade on its own comes out very light and Grape turns a darkish gray. You can get a nice yellow by mixing Lemonade with a quarter to half packet of Orange. To get light pink, use one packet of Pink Lemonade with a bit of Cherry or Strawberry. To turn the Grape colour into an indigo colour, add Berry Blue to the mix.

**Mother May I now has her own e-mail address! If you'd like to share a recipe, life tip, or craft idea, or have any questions, you can email me at:**

**[mothermayi@aroundandabout.ca](mailto:mothermayi@aroundandabout.ca)**



## COMMUNITY NOTES

**First Annual Webbwood Easter Egg Hunt** - Saturday, March 30 at 11:00 a.m. Come one, come all to the All children must be accompanied by at least one parent, registration will begin at 10:30 and a registration fee is required.

**St. George's Church Bake Sale** - at the Espanola Mall on Thursday, March 28 starting at 9:00 a.m.

**Sportsman League Finals** - March 19, 21 & 22, 8:00 p.m., 9:00 p.m., 10:00 p.m. Saturday, March 23, CHAMPIONSHIP GAMES, C Final - 12 noon, B Final - 1:00 p.m., A Final - 2:00 p.m.

**Espanola Elks Elimination Draw, Lasagna Supper & Dance** - Saturday, April 20 from 4:30 p.m. - 2:00 a.m. Call 705-869-1931

**Espanola Elks Lodge/Club #346** - looking for new members. Not sure what the Elks do? Come out to a meeting, every 2nd and 4th Wednesday, September - June at 7:00 p.m.

**ALANON** - Have you been affected by a relative or friend's drinking? Tuesday, 7:00 - 8:00 p.m. at the St. George Anglican Church, Tudhope St., Espanola Or call 869-2536 or 869-5168.

**Espanola Game and Fish P.A.** - The general meeting scheduled for March 21, 2013 is postponed to April 25, 2013 at 7:30 p.m.

**Community Luncheon** - March 26 at the Lighthouse in Espanola (across from the Royal Bank) from 11:30 a.m. - 1:00 p.m. No charge. Everyone Welcome.

**Espanola Blood Donor Clinic** - Thursday, March 28th at the Knights of Columbus Hall, 399 Mead Street from 11:30 p.m. - 2:30 p.m. and 4:00 p.m. - 7:00 p.m.

**Webbwood United Church Supper** - Ham, baked beans and scalloped potatoes, cheesecake for dessert, Thursday, March 21, 4:30 - 6:30 p.m. Tickets at the door.

**St. George's Church** - The Reverend Henk Willems and The Reverend Beth Willems. Good Friday Service at 7:00 p.m. and Easter Sunday Service at 11:30 a.m.

**Espanola United Church Women** - Easter Bake Sale, Thursday, March 28 at 9:00 a.m. at Espanola Mall.

**Drug Problem?** - We've been there. We can help. Narcotics Anonymous, meetings are Tuesdays and Saturdays 7:30 p.m. - 9:00 p.m. United Church Espanola 137 Sheppard St.

**Breakfast Club Bingo** - Tuesdays 11:30 - 12:30 at Webbwood Public School Gymnasium. 2 Blackout Games. All proceeds go directly to funding our Breakfast Club Program. Call 705-869-3751.

**Royal Purple Lunches** - Effective immediately monthly luncheons are cancelled. Thanks to all of our loyal supporters.

**Queensway Pentecostal Church-- STOMP** - Every Friday night between 7:00-8:30 p.m. for tweens grades 4-7. Fun, free, and everyone is welcome.

**Espanola Skating Club Annual Carnival** - Saturday, March 30, at the Espanola Recreation Complex. Fund-raiser in support of the skating club. For information, call 705-862-2501.

**Relay for Life Fund-raiser** - Collecting refundable bottles, will pick up at your home. Please call Marlene Wilson. 705-869-8365 or 705-285-0048.

### Do you have a NOTE for the Community?

We invite not-for-profit organizations to submit information on their up-coming events in writing no later than Wednesdays at 3:00 p.m. 25 Word Limit.

Fax: 705-869-3342 or E-mail: [around@aroundandabout.ca](mailto:around@aroundandabout.ca)



Ph. 705-869-6883  
toll free 888-231-3578  
Fax 705-869-3342  
email:  
[around@aroundandabout.ca](mailto:around@aroundandabout.ca)  
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Nicky Lamothe - PUBLISHER

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## ROMANCE FRAUD TAKES A HUGE PERSONAL AND FINANCIAL TOLL

**Canadian Victims Have Lost Millions** - One of the fastest growing and most devastating fraud schemes in Canada is perpetrated through romance scams, according to members of the Ontario Provincial Police (OPP) Anti-Rackets Branch.

The romance scam has been around for decades. However, with the prominence of the internet and online dating sites being commonly advertised, it has opened up a large audience for scammers seeking vulnerable people wanting a relationship. It makes the scammer's life easier because he or she can direct their efforts at building a friendship right away and not have to worry about finding the potential victim who is seeking a relationship.

According to the Canadian Anti-Fraud Centre (CAFC), in 2012 there were 1,460 complaints from Canada of romance fraud. Of those, 1,047 victims were identified

and their combined financial losses exceeded \$14.8 million - more than any other identified financial loss due to fraud. Almost 70 per cent of all victims were in their 40s and 50s.

Single or recently unattached people - often female - are the victims of criminals who initially approach their targets online. Usually this occurs through e-mail blasts, social media platforms, or singles and dating-related websites. In some cases, prolonged interaction with individuals has cost some victims tens of thousands of dollars before the relationship ends - usually after the culprit gets what they want. Police add all fraud is under-reported. However, the romance scam not only affects a person financially, it is an emotional roller coaster. Therefore, a victim is dealing with emotional and financial losses leading to the crime being under-reported.

If you suspect you or someone you know has been a victim of romance fraud, or if you have already sent funds, don't be embarrassed - you're not alone. Contact your local police service or Crime Stoppers at 1-800-222-8477 (TIPS).

Don't give out any personal information in an email or when you are chatting online. Like any scam, use your computer to your advantage. Educate yourself. Check the name, the company name, and the addresses used.

**FRAUD - Recognize it. Report it. Stop it.**

### Espanola Police Report

On the 11th of March 2013, The Espanola Police Service responded to a complaint of a break and enter in a remote area of Merritt Township.

The complainant reported returning to his cottage after an extended period away and finding it forcibly entered and items missing.

The suspect(s) smashed two outside doors to gain entry. Taken were two hunting rifles, ammunition, an area rug, power tools and stereo equipment.

In the early morning hours of Tuesday, March 5, 2013, the Espanola Police Service responded to a complaint of a break and enter to the garage situated behind the residence at 276 Watson St. The suspect(s) gained entry by breaking the south side window of the garage. There were approximately 28 beer taken.

*Anyone with information on any of these crimes call Espanola Police Service at (705) 869-3251 or Sudbury Rainbow Crime Stoppers locally at (705) 222-TIPS (8477) or toll free at 1-800-222-TIPS.*



Registration will take place March 26, 27, 28 and April 2, 3, 4 at the Recreation Complex - from 6 pm - 9 pm.

Registration forms can be picked up at Recreation Complex beginning March 21st.

Division	DOB - Children Born	Fees
U5/U7	2006, 2007, 2008, 2009	\$ 70.00
U9/U11	2002, 2003, 2004, 2005	\$ 80.00
U13/U16	1997, 1998, 1999, 2000, 2001	\$ 100.00
U19	1994, 1995, 1996	\$ 100.00

Fees include full uniform (socks, shirt, shorts). Playing days and divisions will depend on registration.

**Once players have been placed on a team they will not be moved.**

Late registrants will not be permitted to pick their teams. Players registering late will be placed on a team based on player shortfall needs.

A fee of \$50.00 per player will be charged for late registrants (late fees will apply to anyone requesting registration after May 01 2013).

First time registrants must bring proof of age.

Season begins May 21st - House League Wrap Up event July 20th - GSSC Tournament option for interested players Weekend of July 26th, 27th, 28th.

**Interested in coaching, refereeing or sponsoring a team - contact Paul Kallioinen @ 705-862-0216 or Lynne Gibson @ 705-869-1691**

