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October 22, 2013 Issue 43 - Volume 17 www.aroundandabout.ca



By Chloe Kneer - Small Business Week was started in 1979 to celebrate entrepreneurs and their contribution to the Canadian economy. It may surprise you that small businesses make up over 99% of all companies in Canada. Though criteria varies by country as to what constitutes a "small business," generally, the rule is that the business employs fewer than 250 people and has less than \$7 million in annual receipts. Small businesses are typically born out of an entrepreneur's passion for a given area, the need to fill a niche, to improve upon an existing good or service, or a combination of all of these factors. When starting a small business

Continued on page four...

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Never Sit Next To The Emergency Door

As I'm writing this I'm sitting in the would then simply board her broom and window seat next to the emergency exit door on a SATA International Airlines flight reading a news item in the International Herald Tribune about a guy who, while sitting in the window seat next to the emergency exit door on an Alaska Airlines flight suddenly lunged for the door and tried to open it at 10,000 feet altitude. My question is exactly how bad do you have to pee to think the side door is a better option than those lockers they call washrooms at the back of the plane.

Alexander Michael Herrera, 23, from a planet the Hubble Space Telescope has not yet discovered was arrested in Portland, Oregon when the plane made an emergency landing after taking off for Anchorage, Alaska.

I've sat beside the exit door on many flights and I've never been tempted to open it except once when confronted with a flight attendant on an Air Canada flight from Timmins to Toronto. This surly woman with flaming red hair was even ruder and more hostile than the Air Canada training manual calls for. Trapped between the exit door and a large man who thought deodorant was for sissies, I asked permission to move to one of the several empty rows on the plane and was ordered not once but twice by the downwardpointing index finger of Ms. Air Cannot to stay exactly where I was.

So yeah I considered opening the exit door somewhere over Sudbury to put 20,000 feet between me and the flight warden but then I changed my mind thinking she

harass me all the way to the ground.

Before Herrera started grappling with the exit door, he turned to the woman in the seat next to him and asked: "What would you do if I open the exit door?" The technically correct answer: "See the city of Prince Rupert, British Columbia coming toward us really, really fast?"

Amid the blaring alarm and screaming passengers, two male passengers took Herrera down and held him until a flight attendant brought shoe laces and seat belt extensions to bind him up. Yeah, where were Batman and Robin when I was being held hostage by Fright Flight Fran, between Timmins and Toronto? I don't think I would have gone with the tie-down option on that Alaska Airlines flight. I'd have just opened the door for that gentleman.

Having read the story, I put my newspaper down and stared out the window blankly wondering what exactly it would take for me to open that emergency door in midair. It would take a lot but still, every man has his price.

Before I opened that door, I would definitely have to hear the calm but grave voice of Captain Chesley "Sully" Sullenberger talking to the air traffic controller saying" "We're going down in the Hudson.'

Or on a Trans-Atlantic flight, the sight of the flight attendant with an "I-told-youso" smirk on her face and a microphone in her hand saying: "Remember how I told

Continued on page three...





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Espanola & Area Family Health Team

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Have a night out with your girlfriends at the Family Health Team
Wednesday, October 30, 6pm-9pm
Silent Auction, Pink Café, vendors selling their products.
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Continued from page two...

you that your seat also serves as a flotation device and all of you thought that was so damn funny?!? Well guess what?!?" Or a copilot roaming through the economy section asking to borrow a set of rosary beads and a St. Christopher medal.

Or having the flight attendant inform me that all they have left are kosher meals after noticing the guy beside me has been reading from the Koran.

Or hearing a heated conversation from the cockpit in which the pilot is yelling at his subordinate: "I know it's a bloody boat, I asked you how long it is?!?"

Or watching two copilots wrestle a drunk to the cockpit floor who happens to be the captain.

I can withstand two screaming kids on a plane one in front and one behind but you add one more right beside me and yeah, that door's coming off its hinges.

Oh, and did you know that live in-flight concerts are the latest thing airlines are using to distract passengers from the fact they're charging for luggage? Honest. A recent United Airlines flight from Chicago to Los Angeles featured Sheryl Crow singing a 40-minute set with an acoustic guitar.

So if I ever hear the captain come on the PA and say: "Got a great surprise for you folks this evening. If I might direct your attention to the front of the plane, we have none other than Celine ..." I'm out that door before she hits her first scream.

For comments, ideas and copies of The True Story of Wainfleet, go to www.williamthomas.ca

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GET YOUR 2014 ONTARIO TRAIL PERMIT

Snowmobiling season will be here before we know it, and now is the time to purchase your trail permits to get the maximum deal on fees. Until November 1, when you buy your 2014 trail permit online, you save 30% on seasonal permits and \$30 on classic permits (for snowmobiles more than 15 model years old).

Prices until November 1 are \$180 for seasonal permits (price increases to \$210 from November 2 - December 1, then the regular rate of \$260 applies after that). Classic permits are \$140 until November 1. There is a \$7.50 processing fee as well.

Buying your trail permit is the only way to support the volunteers of the Espanola and District Snowmobile Club who prepare the trails for riders.

Buy your trail pass online at https://permits.ofsc.on.ca/en. If you have questions, contact Espanola and District Snowmobile Club president Dennis Lendrum at 705-869-0164.

www.ofsc.on.ca

Not Too Soon To Think Winter: Driving Tips



(NC)—Winter driving will soon be upon us and that means navigating Canadian roads in all kinds of conditions. By understanding the toll that winter driving takes on our roads, vehicles, bank accounts and the environment, we can all contribute to safe, responsible, fuel-efficient winter driving.

For starters, it simply costs more to drive in winter because our vehicles use more fuel. Factors such as increased

aerodynamic resistance, difficult and constantly changing road conditions, gas with less energy content compared to summer gas and the constant drain on electricity coming from the engine to operate systems such as heating, defrosting, head lights, interior lights, heated seats and mirrors and windshield washer pumps are all factors.

The way to get around the extra expense is to keep fuel efficiency at the top of your mind at all times.

Don't idle to warm up. A vehicle left idling for 10 minutes burns about a quarter to half a litre of fuel, resulting in emissions of about 600 to 1,200 grams of CO2 depending on the vehicle and exact conditions. Idling for more than 30 seconds has no benefit for the vehicle and

driving for a few minutes is the most efficient way to warm the engine and the cabin.

Monitor your tire pressure. Tire pressure fluctuates with temperature. Pressure should be checked at least once a month and more often during seasonal changes to ensure a proper level of inflation. Tires under-inflated by just 56 kPa (eight pounds per square inch) can reduce the life of the tires by more than 10,000 km and increase fuel consumption by up to four percent.

Avoid electrical battery blankets and space heaters. Battery blankets and electrical space heaters consume household electricity, causing increased CO2 emissions from electricity generation. Avoid battery blankets unless it's extremely cold. Instead of an electrical space heater, use your vehicle's built-in temperature control system as it produces no additional emissions and is an excellent use for the otherwise wasted engine heat.

Use a block heater. Block heaters heat the coolant in your engine, which allows your engine to warm-up faster, leading to less fuel combustion and fewer harmful emissions. It's best to use a timer set to turn on two hours prior to starting the engine.

According to the experts at Natural Resources Canada's Office of Energy Efficiency, Canadians can reduce the impact of winter on their fuel consumption considerably by following these tips. There are more winter driving tips at www.vehicles.nrcan.gc.ca.

www.newscanada.com

Rivermen Coach McCarthy Chosen to Head Team East



The Canadian Junior Hockey League announced last week that Espanola Rivermen coach Tom McCarthy has been named head coach of Team East for the upcoming CJHL Prospects games November 8 - 9 in Digby and Yarmouth, Nova Scotia. Luke Pierce of the BCHL's Merritt Centennials will guide Team West as their coach.

The two-game event is being held in conjunction with the 2013 World Junior A Challenge in Yarmouth November 4 - 10. The opening contest goes Friday, November 8 at the Digby Arena and concludes the following afternoon at the Mariners Centre in Yarmouth. Player selection in compiling the rosters for these two contests is a joint initiative between the CJHL and NHL Central Scouting.

"Naturally it is an honour to be selected for this opportunity," "It is the said McCarthy. dream of everyone in hockey to take part in Hockey Canada and CJHL events like the CJHL Prospects Games and I look forward to serving as the Team East coach when these forty players come together." McCarthy's appointment to guide Team East in the CJHL Prospects games is wellearned with his coaching record in the Northern Ontario Junior Hockey League being stellar since his arrival over two seasons ago.

In 2011-12 he was named NOJHL coach of the year

guiding the North Bay Trappers to a league-best seven-win improvement from the season prior with an overall 29-21 in his first year at the helm of the club.

Last season, he led the Trappers to a first place finish in the NOJHL with an impressive 34-7-3-4 mark before going on to see his club win the league championship and a berth in the Dudley-Hewitt Cup.

McCarthy s streak of wins has continued as he guides the Espanola Rivermen through their inaugural season.

A former first round pick, tenth overall, by the Minnesota North Stars in the 1979 National Hockey League Entry Draft, McCarthy went on to play 460 NHL contests with both the North Stars and Boston Bruins accumulating 399 career points on 178 goals and 221 assists.

"Tom McCarthy's appointment as head coach of Team East in the CJHL Prospects games is a very well-deserved honour," stated NOJHL Commissioner Robert Mazzuca.

"His efforts behind the bench, with both North Bay and now Espanola, has helped turn that organization into one of the elite programs in not only the NOJHL, but the entire CJHL," Mazzuca added.

"For him to have earned this opportunity shows the inroads the NOJHL has made at the national level as the quality of play on the ice and strength behind the bench continues to prosper and garner recognition."

The CJHL Prospects games will showcase 40 of the top NHL prospects in the CJHL. It will feature players from the CJHL's five western leagues competing against the CJHL's five eastern leagues.

The event includes a twogame total goal series between Team East and Team West in a battle for the President's Cup, which is awarded annually to the winning team.

It's Small Business Week!

there are a few different ways to set up shop: as a sole proprietorship, a partnership, or a corporation. Each frame work has its benefits and pitfalls depending on the type of business you are offering, number of employees working for you, and other factors.

Small business owners face a number of challenges in their initial quest at entering the marketplace and even down the road. The top four are:

Access to Capital: While an entrepreneur is in the early stages of starting his/ her own company, having enough cash on-hand to pay the bills (personally and professionally) is key. Many times a small business owner continues working at a steadypaying job while setting up their business on the side, with an anticipated transition to devoting all their time to the new venture. Other times, he or she asks for grants or loans for upstart. Either way can be a tricky balancing act. **Growing Sales:** Attracting customers and keeping them is a must for any business. In today's economy, knocking on doors is becoming more and more rare,

economy, knocking on doors is becoming more and more rare, with small business preferring to use social media and other avenues to generate interest in their goods or services. Social media sites such as LinkedIn also connect small business owners so that they can share ideas or refer clientele between each other.

Managing Overhead: The old saying "you gotta spend money to make money," though true, is also a major challenge for the small business owner. It is easy to dig yourself into a hole that you cannot get out of when your overhead continues to exceed your revenue. Slow, steady growth is the optimal plan for any small business.

Managing Paperwork and **Taxes:** There is a tremendous amount of paperwork, taxes, filing dates, etc. to keep track of as a small business owner. Often the entrepreneur is great at networking, attracting customers and providing service to them, but falls short on the administration end of things. The passion for growing the business is there, but the detailed, day-to-day activities maintaining accounts and other paperwork in good standing is time-consuming and can be confusing. In this instance, it is often a good idea for the entrepreneur to hire someone to look after administration. A willingness to ask for help is key for a small business owner. For all who own/operate shop at/support small businesses: Happy Small Business Week!



In The Loop

This has been a busy week for the executive. The adjudicator from the Office of the Privacy Commissioner provided us with the explanation the Town of Espanola forwarded to her on why we should not have access to the Cheque Register. This package package Register. includes four pages allegations insinuating that we have engaged in "a pattern of conduct that amounts to an abuse of the right of access and that interferes with the operations of the institution" and that we have acted in "bad faith." Also included are 13 exhibits which are intended to verify these claims.

We have until October 28, 2013 to respond....and respond we will. We believe residents have an absolute right to public information and that as a Not For Profit Organization, the Espanola Citizen Group should be able to obtain and publish it without reprisals. We are in the process of carefully examining the

Town's submission, point by point, exhibit by exhibit, and we intend to justify why we request this information and how we use it to inform the residents of Espanola on how their tax dollars are used.

The Community Services Committee Meeting was held on October 15, 2013. The following Departmental reports were presented.... Public Works / Leisure Services / Fire / Building Services.

These reports are not available to the public until accepted by the Committee. Information will be made available to you in next week's article.

In closing, Mr. Bill Foster has submitted his request to address Council on Policing Services. We will let you know when he is scheduled to make this presentation.

Richard Ellis Espanola Citizen Group executive member



The information provided in the Espanola Citizens Group are the written expressed opinions, views and facts collected by the ECG. A&A does not agree or disagree with the information provided by the ECG.

Councillor's Corner

Espanola Town Councillor Stewart Meikleham responded to the following questions pertaining to the Freedom of Information Requests made by the Espanola Citizen Group:

Do you think the Town of Espanola is overacting to the Freedom of Information requests by the Espanola Citizen Group in trying to obtain access to the check registry?

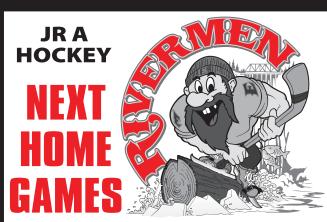
Council is a governance board not a management board. It is our role to set policy not to do the day to day management of that policy. Thus I do not feel I can comment on the question about overacting. Council is not aware of most, if not all, Freedom of Information requests. It is my understanding that this FOI is working its way through an adviser for the province. I look forward to the ruling.

Why hasn't council voted to make the cheque registry readily available for the public?

As a council we have not been requested to make a policy that deals specifically with making the check registry a public item. There are personal and thus confidential information in those papers.

It is council role to review these items and ask questions. I often have specific question about items to which I ask Ms. Townsend who is prompt and forth right with the information. A council member can make a notice of motion to have something added to the next agenda. At this point in time I do not see this particular item being voted upon.

The Around&About encourages input from all councils in the townships it services. We reserve the right to edit for clarity and space. Not all submissions will be used. Email to around@aroundandabout.ca



Friday, October 25, 7:30 p.m.

North Bay Trappers

Sunday, October 27, 2:00 p.m.

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FOR SALE - 2001 Honda Civic 4-door, great gas mileage, excellent condition, 5-speed standard, undercoated yearly, certified, 192k km, service records, 1 year powertrain warranty. \$3995.00 + HST, Johnson Auto Sales, can be seen at Richard's Auto Service, Adelaide St, Espanola, 705-869-4677. 11/12

FOR SALE – Limited dry wood for sale, call Greg at 705-822-4734. 10/22

FOR SALE- 4 BF Goodrich tires. Size R70/75 13" on 4 bolt wheels. Fits Ford compact. Call 705-869-2363. 10/22

FOR RENT

FOR RENT - One bedroom main floor apt. Tudhope St. Espanola. \$650.00/month plus hydro, laundry hookups, non smoking, no pets. First & last month rent. lease agreement. References. Available Oct 1, 2013. Call 705-869-0514. 11/12

FOR RENT - Spacious, quiet basement 2 bedroom apartment in Massey. Smoke and pet-free, available immediately, \$800 inclusive, includes fridge and stove, call 705-865-3399. 11/05

FOR RENT- 1 & 2 bedroom apartments. Available immediately. 45 Arthur Court, Espanola. Please call 705-869-5989. References required and no pets allowed. 10/22

COMMERCIAL SPACE FOR RENT Located in Espanola town centre, Station Rd. Available November 1. Call 705-869-1378. 10/22

EMPLOYMENT OPPORTUNITY

EMPLOYMENT OPPORTUNITY -Veteran's Transportation Ltd- Looking for part-time bus drivers. May lead to fulltime. Must be over 25 years of age. Must have clean record. Call or bring resume to Amy at 705-869-2250 or Veterans Transportation 61 Hwy 6. 10/29

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NOTICE

NOTICE OF THE PASSING OF ZONING BYLAW

(Planning Act-Section 34(18))

TAKE NOTICE that the Council of the Corporation of the Township of Sables-Spanish Rivers passed Bylaw 2013-31 on the 9th day of October, 2013.

PURPOSE AND EFFECT: Council has provided comprehensive amendments to the Township's Comprehensive Zoning Bylaw 2010-51 as follows:

1. Section 3.R – add a definition for "Renovate";

2. Replace the existing provisions of Section 4.22(d) – Non-Conforming

and Non-Complying Uses – Reconstruction of Existing Uses; Amend Section 5.6.1; Resource Recreation zone- by deleting

"Recreational Vehicle Park" as a permitted use;

Amend Section 5.18.1; Rural zone - by deleting "Campground" as a permitted use, with an exception.

The effect of the proposed amendments will permit renovations to unsafe buildings that are in a non-conforming/con-complying situation, without triggering a site-specific zoning bylaw amendment and to simplify the bylaw and avoid using terms that are not defined.

The last date for filing a notice of appeal is **November 11, 2013.** A Notice of Appeal must be filed with the Clerk of the Corporation of the Township of Sables-Spanish Rivers, setting out the reasons for the appeal. This must also be accompanied by the fee required by the Ontario Municipal Board.
Only individuals, corporations and public bodies may appeal a zoning bylaw to the

Ontario Municipal Board. A Notice of Appeal may not be filed by an unincorporated association or group. However, a Notice of Appeal may be filed in the name of an individual who is a member of the association or the group on its behalf.

No persons or public body shall be added as a party to the hearing of the appeal unless, before the bylaw was passed, the person or public body made oral submissions at a public meeting or written submissions to the Council or, in the opinion of the Ontario Municipal Board, there are reasonable grounds to add the person or public body as a party.

This bylaw is available for inspection in the municipal office during regular office hours. Dated this 22nd day of October, 2013 Kim Sloss, Clerk-Administrator Township of Sables-Spanish Rivers 11 Birch Lake Road P0P 1P0 Massey, ON 705-865-2646



NOTICE OF A PUBLIC MEETING **Concerning Application for Consent**

TAKE NOTICE that the Council of the Township of Sables-Spanish Rivers will hold a public meeting on Wednesday, November 13, 2013 at 7:30 p.m., at the Township Office, 11 Birch Lake Road, Massey in order to consider proposed applications for Consent under Section 53 of the Planning Act, RSO 1990 as amended.

File No. C-13-03/C-13-04 The purpose of these consent applications is to provide for two new lots in the General Residential zone. The properties are described as Salter Township, Section 25, Plan D-273 Units 23, and Plan D-273 Units 23 & 24, 270 and 290 Government Road. The land subject of this application is not subject of any other application under the Planning Act.

If you wish to be notified of the decision of the Township of Sables-Spanish Rivers in respect of the proposed consent, you must make a written request to the Township of Sables-Spanish Rivers. This will also entitle you to be advised of a possible Ontario Municipal Board Hearing. Even if you are the successful party, you should request a copy of the decision since the Township of Sables-Spanish Rivers decision may be appealed to the Ontario Municipal Board by the applicant or another member of the public.

To appeal the decision to the Ontario Municipal Board, send an appeal form to the Clerk of the Township of Sables-Spanish Rivers outlining the reasons for the appeal. You must enclose the appeal fee of \$125.00 for each application appealed, paid by cheque, made payable to the Ontario Minister of Finance.

If a person or public body that files an appeal of a decision of the Township of Sables-Spanish Rivers in respect of the proposed consent does not make written submission to the Township of Sables-Spanish Rivers before it gives or refuses to give a provisional consent, the Ontario Municipal Board may dismiss the appeal.

ADDITIONAL INFORMATION regarding these applications is available at the municipal office during regular office hours. Dated this 22nd day of October, 2013 Kim Sloss, Clerk-Administrator Township of Sables-Spanish Rivers 11 Birch Lake Road Massey, ON 705-865-2646 P0P 1P0

SABLES-SPANISH AVERS

Recipe

I'm going to be honest and admit that I haven't made these yet but I really want to. Actually I really just want to eat them. I love pecan pie and these little hand pies sound fool proof and simple to make. Pastry is not my favourite thing to make, so I like the idea of using pre-made pie crusts. Portion control MAY even be possible.



Mini Pecan Pies

- 2 pre-made pie crusts
- 1 1/2 cups brown sugar
- 3 teaspoons vanilla
- 2 eggs
- 2 tablespoons butter warm melted
- 2 cups of raw chopped pecans

Preheat oven to 350. Roll out pie dough into a square. Cut each pie dough into 12 squares (so 24 total). Place a dough square in each cup of a muffin tin and shape to cover the cup. Fill each mini pie shell with pecan pieces. Whisk together eggs, brown sugar, and vanilla extract. Mix in melted butter. Spoon on enough pie filling to cover the pecans in each pie cup. Place muffin tins in oven for 15 minutes. Then reduce heat to 300 degrees and bake for another 15 minutes. Remove Mini Pecan Pies from oven and allow to cool for five minutes. Carefully remove the pies from the pan. Serve at room temperature and enjoy!

Kids Korner

Filled with small candies, these simple treat holders can serve double duty as festive table decorations and party favours for your Halloween party.

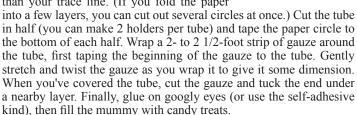
• White paper

Craft glue

Yummy Mummies

- Toilet paper tubes
- Clear packing tape
- Googly eyes
- · Small candies
- Roll of 2-inch-wide gauze

For each holder, trace one end of the empty tissue tube onto a piece of white paper, then cut out the circle, making it slightly smaller than your trace line. (If you fold the paper



Mother May I now has her own e-mail address! If you'd like to share a recipe, life tip, or craft idea, or have any questions, you can email me at:



mothermayi@aroundandabout.ca



toll free 888-231-3578 Fax 705-869-3342

email: around@aroundandabout.ca

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About

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COMMUNITY NO

Massey Area Museum Halloween Luncheon - October 23, 11:00 a.m. - 1:00 p.m. at the Massey Legion.

OFSC Young Driver Training Course - Massey October 23 and 24 and Espanola November 12 and 13. For more information call Roxanne at 705-222-3568 or Lisa at 705-865-1441

First Annual Breast Cancer Awareness BBO-- At Citifinancial on Thursday, October 24 from 11:00 a.m. - 3:00 p.m. If weather is not the best, BBQ will be on Friday, October 25. All profits will go to our local Cancer Society.

Annual Fall Fair and Craft Sale – Beaver Lake Sports and Cultural Club, Friday and Saturday, October 25 and 26. Fun for the whole family, look for Ella Road off Hwy 17. For more information call Eija at 705-866-1506.

Espanola-Walden Grannies Sale – Handmade items and goodies at the Espanola Mall, Saturday, October 26, 10:00 a.m. – 2:00 p.m. Proceeds support the Stephen Lewis Foundation.

St. Andrew's United Church Annual Harvest Ham Supper and **Talent Auction** – Sunday, October 27 at 5:30 p.m. at the Massey Legion Hall. Tickets are available from church members or by calling Lee at 705-865-2559.

Sgt. Wilson Army Show - Back by popular demand. Performance will be on Sunday, October 27. A spaghetti supper will follow at 5:00 p.m.. Tickets available at the Legion bar.

Massey & Area Museum Bingos – October 28 at the Massey & District Arena. Doors open at 6:15 p.m. – Bingo starts at 7:00 p.m.

Community Living Harvest Luncheon - Tuesday, October 29 at the Espanola Royal Canadian Legion from 11:00 a.m. – 2:00 p.m. Call 705-869-3131.

Knights of Columbus - Annual Sportsman Stag, Friday, November 1, 8:00 p.m. – 2:00 a.m. at the K of C Hall. For more information call Marc Paquette 705-869-0692.

18th Annual Christmas Craft Sale Massey Arena - (Sadowski Room) Saturday, November 2 from 10:00 a.m. – 3:00 p.m. For more information please call 705-865-2266.

Women in Motion - We're a casual weight loss support group. Meetings are from 6:00 to 7:00 p.m. Wednesdays at the Massey Public Library. Come check us out!

Living a Healthy Life with Chronic Pain - Free 6 week workshop (2.5 hours per week). For adults of all ages, caregivers welcome. Date and location to be announced. Register by calling Flo at 705-865-1209.

Do you have a NOTE for the Community?

We invite not-for-profit organizations to submit information on their upcoming events in writing no later than Wednesdays at 3:00 p.m. 25 Word Limit. Fax: 705-869-3342 or E-mail: around@aroundandabout.ca

Centre de la CETITE ENFANCE



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