

# Paper Works Ink

OFFICE & ART SUPPLY

4-400 Centre St., Espanola, ON P5E 1G3  
www.paperworks1.ca

- OFFICE FURNITURE
- FULL COLOUR COPIES
- COMPUTER ACCESSORIES

705-869-2860 **OFFICE Pro**  
Good People, Who Know

## 2013 POLARIS SPORTSMAN 500 4X4

**\$5699** PLUS FREIGHT & PDI



**TRAILSIDE SPORTS**

705-869-0170  
kevin@trailsidesports.com

## Espanola Helping Hand Food Bank News

The Ontario Association of Food Banks works throughout the year to address chronic hunger in communities across the province and to provide food banks and their hunger relief programs with food, assistance, and support. There is a network of programs, including food banks, breakfast clubs, school meal programs, community kitchens, emergency shelters, and seniors' centers. Together, we serve more than 412,000 individuals every single month. (Ontario Association of Food Banks)

The EHHFB is a part of this network. It is through the assistance of many people, most particularly this community, that we are able to do our job. Thank you to everyone.

Sponsored By:  
**GIANT TIGER**  
YOUR ALL CANADIAN FAMILY DISCOUNT STORE  
www.gianttiger.com

The Little Paper That Makes A Big Difference  
Celebrating 17 Years of Service!

# AROUND & ABOUT

Your Community Connection

September 3, 2013 Issue 36 - Volume 17

[www.aroundandabout.ca](http://www.aroundandabout.ca)

## Ovarian Cancer Awareness Walk This Weekend



**FIGHT LIKE A GIRL**

By *Chloe Kneer* - September is Gynecological Cancer Awareness Month and, more specifically, Ovarian Cancer Awareness Month. In 20% of cases, ovarian cancer is detected early and of those diagnosed early, 94% go on to live longer than five years.

Precise risk factors for ovarian cancer are not known, however, what is clear is that pregnancy, taking birth control pills, hysterectomy, and tubal ligation all lower the risk. The prominent symptoms of ovarian cancer include: bloating, pelvic or abdominal pain, trouble eating or feeling full quickly, and feeling an urgent and frequent sense of having to urinate. If you experience these symptoms, your first course of action would be to see your family doctor for a physical examination. From there, your doctor will refer you to a specialist for consultation. The specialist may order any number of tests, including ultrasound, CT scan, or positron emission tomography (PET) scan.

During the PET scan, radioactive glucose (sugar) is given to look for the cancer. Because cancers use glucose (sugar) at a higher rate than normal

Continued on page four...

## RON RIVET CLEANING SERVICES

25 YEARS OF EXPERIENCE



- Carpet & Upholstery Cleaning
- Tile & Grout Cleaning

[www.rrcs.ca](http://www.rrcs.ca)  
705-862-1914



**CANADIAN TIRE ESPANOLA**

## FREE ALIGNMENT CHECK

Keeps your vehicle going straight this summer, extends tire life, as well as suspension parts



ONLY TAKES 2 MINUTES

CALL SERVICE DIRECT  
705-869-3591

## Garnet's

120 McCulloch Dr., Espanola  
PH: (705) 869-2886 or (705) 869-1683

Rent-all

# BLOW-OUT SALE!!!

On instock lawn and garden equipment



Husqvarna



DR. JOSÉE LABRECQUE  
DR. TERI FISHER

## Optometrists

Call 705-869-6200 or toll free at 1-877-869-6211 to book appointments. Or come in at 721 Centre St. (next to Petro Canada)

**Home hardware**

**ESPANOLA**

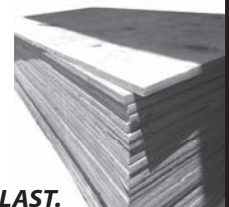
705-869-2130

830 Centre Street  
Espanola

**\$39.97**  
per sheet

**4X8 3/4" OAK PLYWOOD  
ROLL OVER (SECONDS)**

\*ALL CASH & CARRY. WHILE QUANTITIES LAST.



**At Your Fingertip Business Directory**  
 High Circulation • Competitive Rates  
 FREE distribution to your customers!  
 To Advertise in the Around & About  
 Business Directory, call 705-869-6883



**All The World's  
 A Circus**  
 William Thomas  
 williamjthomas@gmail.com



**Don's Electric**  
 (705) 869-0511  
 Cell (705)-862-0753  
 E.C.R.A./E.S.A. #7009119  
 Email: dcf@personainternet.com

**LAMBAC**  
 A Community Futures Development Corporation  
 Une Société d'aide au développement des collectivités

Business Services • Services commerciaux  
 Business Loans • Prêt D'affaires

Gore Bay: 1-800-461-5131 (705) 282-3215  
 Espanola: (705) 869-3656

Open Monday - Friday | Open Tuesday - Wednesday  
 info@lambac.org | www.lambac.org

**Pat's Vineyard**  
 HELPING YOU MAKE FINE WINE

Home of the Kenridge Quality Kits  
 Australian • Chilean • Italian • French

Beer & Wine Kits  
 Equipment & Supplies  
 Gift Certificates

Special Occasion Packages  
 Wedding, Anniversary, etc

2300 Lee Valley Rd. Lot 73, Commercial Building in Park 705-862-7772

**U-VIEW Realty Inc.**  
 Brokerage

We Give You... Options & Choices!

Chloe Kneer, Broker  
 chloe@uviewrealty.com  
 705-918-2456

Ange Pudas, Salesperson  
 ange@uviewrealty.com  
 705-665-5493

Office: 705-583-0422

**THE ONE TOT STOP DAY CARE**

Offering child care for children 18 months to 12 years of age in Massey, Infant to 12 years of age in Espanola.

Half Day / Full Day / Socialization Before and After School

Massey: 705-865-3281 • Espanola: 705-869-3282  
 Email: onetotstop@bellnet.ca • www.onetotstop.com

**Dittrich's Hair Design**  
 "A Look With A Difference"

**HOURS**  
 Sunday-Monday CLOSED  
 Tuesday-Friday 9a.m.-7p.m.  
 Saturdays 9a.m.-1p.m.

705-869-2915

**Blinds At Home**  
 We Come to You! Buy Blinds in the Comfort of your own home.

Free Installation. In Home quote Call today serving Espanola & surrounding area  
 705-869-8166

**Low Testosterone? Live With It Or Die From The Remedy**

So I'm well into the six o'clock news hour and during a commercial break they show a guy applying a stick of deodorant to his armpits. This is odd because almost every minute of commercial time on every American channel between six and six-thirty is reserved for big pharmaceutical companies advertising erectile drugs. There are more ads for Viagra, Cialis and Levitra on TV than on my computer screen first thing in the morning. We can't cure cancer and we can't slow Alzheimer's but we can sure help grandpa grope and grunt all the way to the grave.

So the guy in the deodorant commercial looks totally out of place until I actually listen to the ad and yeah, it's also a testosterone-building erectile drug which if you ask me, is being applied to the wrong place. I'm no expert on these things but if that guy in the ad suffers stiffness in both arms then I'm right, the armpit is the wrong area in which to address this problem.

The commercial for Axiron is about 5% about the drug's benefits and 95% about all the harm it can do. "Axiron is not for use in women or anybody under 18 years old. Exposure to Axiron may harm your unborn or breastfeeding baby. Tell your healthcare provider if you have breast cancer or prostate cancer or urinary or heart problems or ..."

Who would buy this product after watching the ad? I mean would you fly Air Emirates if the ad showed two people enjoying an intimate in-flight

meal followed by a minute and a half of crash footage?

"Keep Axiron in a safe place, out of the reach of children." I should hope so! There's little Jimmy crawling down from the sink with Daddy's deodorant and suddenly "Boing!"

The series of "not for use" surprises are only the warnings. The side effects include increased acne, aggressive behaviour, enlarged genitals, excessive body hair growth and male-pattern baldness. Excessive hair growth and baldness happening at the same time?!? Wow!

Show me a man who is able to grow body hair below the neck while going bald on top and I will fill a circus tent at fifty bucks a seat. Throw in Chuckles The Clown with an oversize electric shaver and I will put Cirque du Soleil out of business.

Promising to restore low testosterone levels to normal in about two weeks and urging prospective customers to "go the extra mile," the ad goes on to warn consumers about the serious side effects of possible prostate problems, enlarged breasts, blood clots in the legs, problems breathing while sleeping, ankle, feet and body swelling.

As opposed to 'serious,' 'common' side effects include red and irritated skin, headaches, diarrhea, vomiting and increased PSA. I have no idea what PSA is but I'm sure after everything else that's going on here, it's a welcome relief.

Continued on page three...

**Coyote Woodworks Sign Shop**  
 BUSINESS • HOME • COTTAGE

52 LEE VALLEY RD MASSEY  
 HIGHWAY SIGNS • BANNERS • LOGO DESIGNING  
 VEHICLE LETTERING & GRAPHICS & So Much More

705-865-1414

**LINDEN HEATING & Gas Energy Services**

Dennis Rannelli & Linda Quenneville  
 Sales & Service of Commercial & Residential Gas-Fired Appliances, Propane & Natural Gas  
 TSSA# 205477 Qualified-Certified-Registered  
 705-863-0000 lindenheating@gmail.com

**JC Plumbing & Heating**  
 Jason Cowles  
 Certified Technician  
 Business 705-583-3040  
 Mobile 705-863-3332

Serving Espanola & Area  
 Sales & Service

W.H. Enterprises - Electrical Inc.  
**ELECTRICAL**  
 705-869-4034  
 ESA/ECRA 7001958

## Espanola & Area Family Health Team



### Stand Up! Reduce your risk for falls!

**FREE** program for seniors to improve balance and strength.

Group exercises twice a week for 12 weeks.

Starts Tuesday September 10, 2013.

Register by August 30th at the Health Unit, call 705-869-1271

**705-862-7991**

*Continued from page two...*

“Step right up, ladies and gentlemen and witness the Amazing Harry! Before your very eyes this man will go bald and grow body hair at the same time! It’ll be like watching a werewolf with the head of Dr. Phil and the body of Bigfoot!”

“And that’s just the beginning, ladies and gentlemen, before your very eyes the Amazing Harry’s ankles will swell up and his breasts will get really big! He’ll remind you of your Aunt Florence when she was pregnant with twins!”

“And that’s not all ladies and gentlemen. When I poke him with this stick The Amazing Harry will get so angry and so aggressive, pimples will pop out on the red and irritated skin of his face. His groin will swell to the size of his head which will be contorted in pain due to a severe migraine.”

“And then for the grand finale, ladies and gentlemen, completely bald and holding his prostate in his right hand, The Amazing Harry will all at once vomit and ... and ... complete what we like to call the always difficult, always dangerous, Double Discharge. That’s right, jockeys can’t do it, Oprah can’t do it and Weight Watchers won’t even try it, but The Amazing Harry will lose ten pounds in under six seconds right before your disbelieving eyes. Men with buckets will be stationed at both ends. Step right up

ladies and gentlemen, tickets are going fast.”

Seriously, I realize that men as they age often suffer a loss of testosterone which results in a diminished libido which by extension ... okay, there is extension, okay. That’s the problem. Get used to it.

Need I remind aging men that the original purpose of all this business was reproduction and unless you’re Tony Randall the chances of you fathering a child at your age are about the same as Johnny Bauer coming back to play goal for the Leafs this season. I’m well aware that would be an improvement but it’s not going to happen, okay!

A low testosterone problem is often described as “male menopause” and sometimes characterized as a “midlife crisis.” Live with it or seek treatment is the question. What’s your preference? Having a hot flash or growing a three-piece suit from unwanted body hair? Gaining a little weight or wearing a DD cup bra when you go out to cut the lawn? Mood swings or blood clots? You want to look like grandpa or the hirsute gorilla that held New York city hostage? It’s just a midlife crisis. Seriously, buy a sports car.

For comments, ideas and copies of The True Story of Wainfleet, go to [www.williamthomas.ca](http://www.williamthomas.ca)

## Prorogation Marks Desperate Attempt To Change The Channel



**Carol Hughes, MP**  
**Algoma-Manitoulin-Kapuskasing**

If you watched Question Period during the last five weeks parliament sat in the spring, you didn’t see much of the Prime Minister. When Stephen Harper was around over that stretch, it was anything but smooth sailing. Day after day he faced a tough line of questioning from Tom Mulcair about the Mike Duffy/Senate expense scandal and the attempted cover-up performed by the Prime Minister’s chief of staff. His answers were weak and it was clear he was losing patience with the situation.

For a man with a reputation for controlling every situation it was easy to understand that he wouldn’t want to be in Question Period. That doesn’t mean that he should have avoided Parliament so much. Much the same, it is no excuse to avoid facing those same, tough, unanswered questions, but that is what the Prime Minister is doing by proroguing Parliament and delaying the start of the autumn sitting likely by as much as five weeks.

The problem with the growing cynicism over prorogation is of the Prime Minister’s own making. This is the fourth time he has used the parliamentary tool and in each case it has been employed primarily to avoid scandal. The scandal he is avoiding this time is also of his own making. With the exception of Liberal Senator, Mac Harb, Stephen Harper appointed the Senators at the centre of the storm.

Throughout the summer the problem has only deepened.

While we do hear less about Mike Duffy and Nigel Wright, we are hearing more and more about Senator Pamela Wallin, who has now been ordered to repay \$138,970 due to misappropriation and is the subject of an ongoing RCMP investigation.

It looks as if the Prime Minister considered the appropriateness of his Senate appointments as a secondary concern when vetting candidates. The clear emphasis seems to have been on whether they were politically useful to the Conservative Party – especially with Senators Duffy and Wallin.

Now it is time to be accountable for those appointments and any attempts that members of the Prime Minister’s inner circle have made to sweep these problems under the rug. Instead of returning to Parliament, answering the tough questions, and working our way through the government bills that remain at various stages of the parliamentary process, the Prime Minister is going to hide out for another month and start from scratch - again.

This buys a little time, but Canadians are clearly outraged by the entitled behavior of these patronage appointees and that anger won’t dissipate as quickly as the Prime Minister hopes. What is being slowly ground down is any faith Canadians have in the effectiveness of our democratic institutions. It is beyond ironic that the Senate, which is inherently undemocratic, is at the heart of the problem. While the Prime Minister makes vague statements about reforming the Senate, public opinion is growing in support of the long held New Democrat position that we should just abolish it altogether.

As far as answering for the actions of his patronage appointees and senior members of his inner circle, the Prime Minister will eventually have to deal with the fact that no amount of hiding can wash away the bitter taste of deceit that Canadians are experiencing. Although it is clear he is going to give that another try.

## Paul’s Concrete and Renovations

Specializing in Poured Pads & Garages

Paul Courtemanche  
Owner/Operator

**705-862-0976**

### PROFESSIONAL FIREARMS SAFETY TRAINING

*“Focus on Safety”*

- Canadian Firearms Safety Course - for P.A.L.
- Ontario Hunter Education Course
- Government Agency Specialized Training/Qualification
- Remington 870 Armorer

**COURSES THROUGHOUT THE FALL**

**Dan Smith**  
Firearms Instructor

**Tel: (705) 865-2140**  
**E-mail: [dansmithranch@yahoo.ca](mailto:dansmithranch@yahoo.ca)**



**For All Your Accounting and Bookkeeping Needs**

Personal, Business and Corporate Returns • On-Site Service – Home/Office  
Call Toll Free: 1-800-304-3986 or Manitowaning Office: 705-859-1400

[www.rs2000tax.com](http://www.rs2000tax.com)

## Espanola Police Report

**Break and Enter** - On August 1, 2013, the Espanola Police Service was called to investigate a Break and Enter to a detached garage on Jacklin Road, Espanola. Upon arrival, police learned that unknown person(s) entered the garage sometime during the previous month, and removed a 2011 Stihl Model # 391 chainsaw from its carrying case, taking the saw, but leaving the case behind. The black, white and orange colored chainsaw, valued at \$700.00, was the only item missing from the garage.

At this time, police have no leads, and are asking that if anyone has information regarding this break and enter, or the whereabouts of the chainsaw, to call the Espanola Police Service at (705) 869-3251 or report anonymously through Crime Stoppers at 1-800-461-4899.

**Fail to Attend Court** - On August 6, 2013, 32-year old Jennifer Yurko of Espanola was to attend the Espanola Court to answer to fraud charges stemming from an incident in 2012; however, she failed to attend court as directed to do so, and the presiding Justice issued a Bench Warrant for her arrest.

On August 7, 2013, Yurko turned herself into the Espanola Police Service, and was arrested on the weight of the warrant, and charged with Failing to Attend Court, contrary to Section 145 (2) (b) of the Criminal Code of Canada. She is to appear in Espanola Court on the September 24, 2013 to answer to her new charges, in addition to her previous charges.

**Theft Under** - On July 27, 2013, the Espanola Police Service received a shoplifting complaint from the Remedy's RX Pharmacy in the Espanola Mall.

Upon arrival, police were advised that an employee of the Pharmacy observed a female in the cosmetics aisle acting in a suspicious manner. The employee watched the female, and saw a number of new cosmetic items inside a tote bag the female was carrying. The store employee followed the female as she exited the store making no attempt to pay for the items, and when confronted in the mall parking lot, the female agreed to return to the store, where she turned over the tote. The tote was found to contain \$130.26 in cosmetic items belonging to the pharmacy, and another \$9.50 in items taken from the Dollarama Store. Prior to police arrival, the suspect exited the store, where she entered a vehicle in the parking lot and left southbound on Highway 6. With the assistance of the O.P.P., the vehicle was stopped near Whitefish Falls, and the female suspect was arrested and returned to Espanola.

As a result of the incident, 22-year old Nikki Trudeau of Wikwemikong was charged with one count of Theft Under \$5000.00 contrary to Section 334 (b) of the Criminal Code of Canada, and one count of Possession of Property Obtained by Crime, contrary to Section 355 (b) of the Criminal Code of Canada. She is to appear in Espanola Court on the 24Sep13, to answer to her charges.

**Anyone with information on any of these crimes call Espanola Police Service at (705) 869-3251 or remain anonymous by calling Sudbury Rainbow Crime Stoppers locally at (705) 222-TIPS (8477) or toll free at 1-800-461-4899**

## In The Loop

This week's article will deal with three topics.

To begin, we would like to extend an invitation to all residents to attend our Fall Town Hall on September 18th at 7:00 pm at the K of C hall. The main topic will be a presentation on policing comparison costs for Espanola. This has been a five month research study and we are confident that you will find the results very informative! Those in attendance will receive a copy of the study.

The second topic is the Care Van operation. Espanola's Clerk Treasurer/Administrator informed Council that funding had been reduced and that there is a shortfall of \$10,000 to operate this service. In terms of percentages this would mean a further reduction in services of 41.67% if other monies cannot be found within the present budget. The Care Van is the lifeline to our community for many of our seniors. We urge Council to come up with a

solution and keep it operating as it presently does.

Finally on to the External Service Review. This was budgeted for in the 2013 budget. Monies were set in place to pay for it. It is an important step forward in finding ways to become more efficient. Four+ months have passed and to the best of our knowledge a date to begin this process has not been set by Council. This was a promise made to residents by Council during their Strategic Plan Presentation and should be on the "high priority list" considering the critical financial situation Espanola is faced with. In closing, it has been a little over one (1) year since Council was given the draft of the Code of Conduct for Councillors. Council asked to review the document before voting on it. To date it has not resurfaced for either discussion or a vote.

**Richard Ellis**  
Espanola Citizen Group executive member

**The information provided in the Espanola Citizens Group are the written expressed opinions, views and facts collected by the ECG. A&A does not agree or disagree with the information provided by the ECG.**



Continued from front page...

## Ovarian Cancer Awareness Walk This Weekend

tissues, the radioactivity will tend to concentrate in the cancer. A scanner can spot the radioactive deposits. This test can be helpful in spotting small collections of cancer cells. In some instances this test has proved useful in finding ovarian cancer that has spread. It is even more valuable when combined with a CT scan (PET/CT scan).

To commemorate Ovarian Cancer Awareness month and to raise funds for the

Northern Cancer Foundation's PET Scanner Fund, a walk is scheduled for this Sunday, September 8th, starting at the Espanola Regional Recreation Complex. Participants are encouraged to collect pledges, wear the colour teal, and meet at the complex at 1:00 p.m. Preregistration is not required and everyone is welcome. For more information, "like" the Espanola's 1st Annual Ovarian Cancer Awareness Walk Facebook page.

## Summer Is Winding Down

With summer winding down and a new school year getting underway, the Ontario Provincial Police (OPP) is reminding drivers to get reacquainted with sharing the road safely with school buses and the more than 800,000 Ontario school kids who will be crossing roads, getting on and off school buses and walking and biking to and from school.

All too often, drivers let their guard down in school zones during the summer months and with kids heading back to school, and it is important that drivers maintain an acute sense of awareness and expect the unexpected when driving near schools and in neighbourhoods where school buses and school kids are present.

Motorists also need to be mindful that more and more youths are texting and talking on cell phones as they travel to and from school and as such, they are likely to be more inattentive and unaware of their surroundings. Using cell

phones while driving is against the law and particularly dangerous in and around school zones where kids are walking and may also be distracted with their cell phones.

The following are a few key safety tips to get drivers and school kids off to a safe start as the school year begins:

- Always stop and never pass a school bus when its upper alternating red lights are flashing, regardless of whether you are behind the bus or approaching it from the front.
- Reduce your speed and always keep a safe distance behind school buses as they make frequent stops.
- Always stop for pedestrians at crosswalks and school crossings and obey crossing guards at all times.

Traffic safety is a shared responsibility and S/Sgt Riopelle is reminding parents that they can help keep their children safe by teaching them the rules about traffic safety.

## Bushido Martial Arts

At Grant's Place - Uptown

Join Anytime!

"Be part of Espanola's Growing Martial Arts Community"



Classes start Sept. 9, 2013

Monday & Thursday

6:00-6:45 - Ages 6-11

7:00-8:15 - Ages 12 & up

Chuck Trahan

Renshi

705-869-1187

Licensed & Certified 4<sup>th</sup> Degree Black Belt

## Recipe

It's that time of year again when life starts to get busy and crockpot meals are a life saver. Prepare everything in the morning or the night before and after a couple quick steps when you get home, dinner is ready to be served.



### Crockpot Beef and Broccoli

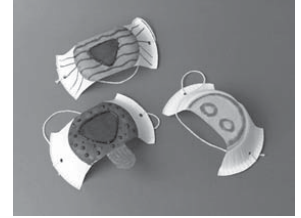
- 1 pound boneless beef roast, sliced into thin strips
- 1 cup beef consommé
- ½ cup soy sauce
- ½ cup brown sugar or honey
- 1 tablespoon sesame oil
- 3 garlic cloves, minced
- 2 tablespoons cornstarch
- 2 tablespoons cooled sauce from the crock pot after being cooked
- Fresh broccoli florets (as many as desired)
- Hot cooked rice

Place beef in a crock pot. In a small bowl, combine consommé, soy sauce, brown sugar/honey, oil, and garlic. Pour over beef. Cook on low for 6-8 hours. In a cup, stir cornstarch and sauce from the crock pot until smooth. Add to crock pot. Stir well to combine. (If your sauce is not thickening, try bringing your sauce to a boil on the stovetop with the corn starch mixture. Boil until your desired consistency is reached). Add broccoli to the crock pot. Stir to combine. Cover and cook an additional 30 minutes on high (the sauce has to boil for it to thicken). Serve over hot cooked rice.

## Kids Korner

Create your favourite animal nose mask.

- Paper bowl
- Glue
- Markers
- Scissors
- Hole punch
- Ribbon or string
- Tape
- Glitter (optional)



Using a marker draw an hour-glass shaped nose on the bottom of a paper bowl. Cut out the nose with scissors. Draw a nose, snout, and/or whiskers on the cut-out with the markers. Punch a hole on each end of your nose. Measure and cut ribbon or string, to fit around your head. Thread into the holes and knot each side. Attach ends of ribbon with clear adhesive tape. Decorate and add details to your nose. Add freckles, whiskers or nose hair. Let dry before you wear your nose.

## School's Back In Session

All three area school boards are welcoming students back to school this week. Huron-Superior Catholic District School Board began the 2013-2014 school year today, and The Conseil scolaire catholique du Nouvel-Ontario and Rainbow Schools both start tomorrow. Both CSCNO and Rainbow District wish to remind parents that unlike past years, there will be no early dismissal, and that students will depart from school at the regular time.

"We are always excited to see our new and returning students," said Mrs. Lyse-Anne Papineau, CSCNO Director of Education. "With the support of our staff, parents and partners, we are committed to offering a quality French language catholic education to all of our students." Parents of children who attend A.B. Ellis spent the summer

pondering the amalgamation of the elementary and high schools in Espanola into the current Espanola High School location. The potential merger of the two schools under one roof has financial benefits for the board, but parents are concerned for the younger students.

Director of Education Norm Blaseg is confident the new approach will work. He says, "A review of the secondary school site in Espanola has been completed, including the indoor facilities and the space in the surrounding schoolyard. The site could accommodate two distinct schools."

A public information session is slated for September 19 at 7:00 p.m. at Espanola High School. Parents are invited to gain more information and to ask questions about the proposal.

## September 4 to 6: Register for Adult Education at Sudbury Secondary School

Rainbow District School Board offers FREE credit courses during the day to any adults 18 years of age and older who have been out of high school for at least one semester. Adults can earn two high school credits in approximately six weeks.

To register, visit the Adult Education Centre at Sudbury Secondary School's Davidson Street entrance weekdays from 9 am to 11:30 am and 1:30 pm to 3 pm from Wednesday, September 4, 2013 to Friday, September 6, 2013.

When registering, students should bring a copy of their transcript from the last high

school attended as well as a birth certificate and health card. The Adult Education Centre offers adult day classes leading to completion of a high school diploma.

Block 1 of adult day classes will begin Monday, September 9, 2013 and continue until Tuesday, October 29, 2013. A total of five blocks of six-week long classes will be offered throughout the school year.

For more information, visit the Adult Education Centre at Sudbury Secondary School's Davidson Street Entrance, call 705-675-5481 or visit [rainbowschools.ca](http://rainbowschools.ca).

# MASSEY MINOR HOCKEY REGISTRATION

6:00 - 8:00 p.m.

MASSEY AND DISTRICT ARENA

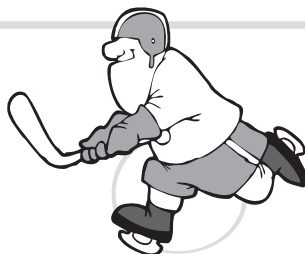
Wednesday, September 4th, 2013

Thursday, September 5th, 2013

Monday, September 9th, 2013

Tuesday, September 10, 2013

TYKE	\$375.00
NOVICE	\$450.00
ATOM	\$470.00
PEE WEE	\$470.00
BANTAM	\$475.00



**WANT TO BECOME A VOLUNTEER,  
ASK US HOW YOU CAN HELP OUT**

# CLASSIFIEDS

Real Estate • Rentals • Services  
Lost & Found • Items For Sale  
Prayers • Thank You • Notices  
Personals • Vehicles  
Special Occasion

Highest Circulation &  
Best Rates In Town!



705-869-6883

## FOR SALE

**FOR SALE** - 1998 Terry 24.5' 5th wheel trailer. Good condition, one slide out, many new parts. Asking \$3,800 obo. Call 705-865-2886. 09/10

## FOR RENT

**LANG LAKE RESORT** - Winterized Cottages. Full kitchen, satellite TV. Fully Furnished. Monthly rates available from Oct - June. Call 705-285-4241. 09/24

**FOR RENT** - 1 & 2 bedroom apartments, available immediately. 45 Arthur Court, Espanola. Please call 705-869-5989. References required and no pets allowed. 09/24

**FOR RENT** - 4 bedroom home, fridge, stove, dishwasher included for Oct. 1. \$1200/mo + utilities. First, last, security deposit required. No pets or smoking. 705-918-2456 TFN

## THANK YOU

Blessed Virgin Mother thank you for prayers answered. CCM 09/03

Thank you St. Jude for favours received. CCM 09/03

## AUCTION SALE

**BROHART AUCTION** - September 7, 11:00 a.m. at 96 Brohart Rd, 5 miles east of Massey off Lee Valley Rd. Household, tools, horse equipment, antiques. Chesterfield and love seat, swivel chairs, patio set, antique bedroom set, office chair, computer desk, oriental rug, lots of crystal dishes, electric fireplace, lamps, mirrors, beer making equipment, radios, Honda pumps, vinyl records, horse bells, new show bridles, collars, 7 1/2 ft heavy duty back blade, bicycles, air conditioner. Lots of tools, arc welder and helmet, lumber (cedar, pine), new tilt, gater snow plow blade, new exterior door, walking plough, riding plough. 21 1/2 ft Prowler 5th wheel travel trailer. And much much more!! Call 705-865-2345. 09/03

## SERVICES

**APP COMPUTER SOLUTIONS** - Available 7 days a week. Complete computer repairs - virus, Trojan, and spyware removal - tune-ups & system reloads - software & network installations - flat rates available. Call 705-869-5757. 09/17

**ESPANOLA SELF STORAGE** - 6x8 and 8x10 Storage Units available in Espanola. Located behind the car wash. Call 705-869-8405. 9/04 -R

**MASSAGE THERAPY** - Offered by Krista Zdyb R.M.T. Located at In Touch Chiropractic & Wellness Center, Espanola. Half Hour and Full Hour Appointments available. New patients welcome. Call 705-862-7171. 09/10

**FREE PALLETS**  
Call  
705-869-6883  
for details.

## AUCTION SALE

**MOVING OUT AUCTION** - In Massey, everything must go! No reserved bids. Antiques: dining room table, dressers and vanities with mirrors, buffet and household items. Vintage upright piano, pump organ, walk in freezer with oak exterior, Styrofoam insulated double doors with panic hardware, commercially built. Johnson outboard motor parts, repair manuals, repair tools, mechanical and hand tools. September 14, 2013 on 395 Second Street Massey at 1:00p.m. Auctioneer: Norm Morrell. 09/10

## NOTICE

### Notice of Power Interruption

Hydro One will be interrupting the Power supply to the **Town of Webbwood and parts of Espanola on:**

**Sunday, September 15th 08:00 am - 4:00 pm**

All ERHDC customers within Webbwood and those in the immediate rural areas (Old Webbwood Rd., Faraway Rd. and #2201 - #2261 Lee Valley Rd.) will be affected.

If you have any questions or concerns please contact ERHDC customer service at 705-869-2771.



## EMPLOYMENT OPPORTUNITY

Pepsico Foods Canada, the nation's Leading Snack Food Company is seeking an energetic individual in the Espanola area as a:

### Part Time Merchandiser

In this role you will be responsible for:

- \* Providing outstanding customer service, day in and day out,
- \* The weekend merchandising of our entire line-up in various grocery stores in the area

Please send your resume via:

**Fax: 705-566-2233**

**EMAIL: graham.sage@pepsico.com**

no later than Friday September 13, 2013.

Only those candidates selected for an interview will be contacted.

**ESPANOLA ANIMAL HOSPITAL**  
SETTING THE STANDARD OF CARE



### Espanola Animal Hospital is seeking a full-time Veterinary Assistant to start immediately.

Applicants should be friendly and out-going and able to demonstrate good customer relations skills. We're looking for a long-term, career-oriented person with a desire to learn new skills and perform at the highest possible level in a fast-paced, intense work environment. Week-end shifts and periodic on-call will be required and applicants must reside or relocate within 20 km of the hospital. Starting wage is \$13/hr plus bonuses, full benefits, CE allotment, uniform allowance, 3 weeks vacation paid plus sick days and many other "perks". Send resume to 138 Tudhope St., Espanola, ON P5E 1S6 or espanolaanimalhospital@hotmail.com

## EMPLOYMENT OPPORTUNITY

*Jeremy's*

# NOW HIRING FULL TIME POSITION AVAILABLE CASHIERS

Fax Resume to 705-869-5770  
Deadline to Submit  
September 10, 2013

## THANK YOU

*Thank You*

The Polden family extend our sincere appreciation to family and friends who supported us during the sudden passing of Ted. Thank you for the cards, flowers, phone calls, donations, masses, food and the caring thoughts and prayers. To family and friends that attended Ted's celebration of life on July 9th, 2013 – thank you. To the paramedics, physicians, nurses and hospital staff – thank you for your compassionate care. A special thank you to Father Vince Fiore and Bourcier Funeral Home for their services and to Bev Stinson, Ray and Martha Gagnon and Joelle Levasseur. Ted was a kind, gentle and caring father and grandfather who will always be loved and remembered. His memory we treasure.  
**Dave, Gloria, Greg, Dianne and families**



Ph. 705-869-6883  
toll free 888-231-3578  
Fax 705-869-3342

email:  
around@aroundandabout.ca

**Around&About is printed  
locally by OJ Graphix INC.**

**Distribution by Pelletier Holdings & Around & About**

The advertiser agrees that the Publisher shall not be liable for damages arising out of errors in advertisements beyond the amount paid for the space actually occupied by that portion of the advertisement in which the error occurred. There shall be no liability for non insertion of any advertisement. The publisher reserves the right to edit, revise, classify or reject an advertisement.

Ad space must be reserved Wednesday to be placed in the following week's issue. Copyright and/or property rights subsist in all advertisements and in all other materials appearing in this edition of Around & About. Permission to produce wholly, or in part, any part in any form whatsoever, particularly by photographic or offset process in publications must be obtained in writing. Any unauthorized reproduction will be subject to recourse in law.

Nicky Lamothe - PUBLISHER

### STAFF

Andrew Vondette - Manager & Sales Consultant  
Bill Leeney - Design/Website  
Chloe Kneer - Sales/Correspondent  
Kathy Houle - Bookkeeping  
Donna McDonald - Proof Reading  
Aimee Dupuis - Production  
Rayann Muncaster - Production  
Connie Stephen - Reception  
Carol-Ann Martel - Office Assistant & Reception

## COMMUNITY NOTES

**Webbwood Eagles Spaghetti Supper** - September 7 from 5:00 - 6:30 p.m. Everyone is Welcome. Call 705-869-4269 for information.

**Alzheimer Society** - Espanola & Area Friendship Circle meeting Monday, September 9, 1:30 p.m. to 3:00 p.m. at the Senior's Drop in Centre 799 Queenway. Call 705-869-1137.

**Living a Healthy Life with Chronic Pain** - Free 6 week workshop at the Lee Valley Hall, 983 Lee Valley Rd., Massey, Tuesday, September 17 – October 22, 10:00 a.m. – 12:30 p.m. Register by calling Flo at 705-865-1209.

**Chairs & Cheesecake Social** – Friday, September 20, 7:00 p.m. at the Massey Legion Hall. A social evening of decadent desserts and a live auction of one-of-a-kind chairs (with special guest auctioneer Norm Morrell). Hosted by St. Andrew's United Church.

**Espanola Horticultural Society General Meeting** - Monday, September 9 at 7:00 p.m. at Queensway Pentecostal Church. Join us as we continue the garden adventure with Wayne and Linda Hugli on the Great Garden Adventure. Everyone is welcome.

**50 & 60's Nostalgia** - Featuring Elvis, Buddy Holly, Roy Orbison, September 13 at the Espanola Royal Canadian Legion. Dinner and Concert Fundraiser for Maison Vale Hospice. Everyone welcome!

**Fish Fry & Silent Auction** – Espanola Curling Club, Friday, September 20 at 6:00 p.m. Tickets available from club members or by calling 705-869-6237.

**The Espanola Skating Club CANSKATE Registration** - September 16, 18, 24, 26 from 5:00 – 7:00 p.m. at the Espanola Regional Recreation Complex. Find out more at [www.espanolaskatingclub.blogspot.com](http://www.espanolaskatingclub.blogspot.com)

**34th Walford Protestant Cemetery Memorial Service and Tea** - Sunday, September 8, at 2:00 p.m. at the cemetery. Tea will be served at the Walford Community Centre. You may wish to bring a lawn chair.

**Espanola Public Library** - Story hour registration, Tuesday Sept. 10 at 9:00 a.m.. The child must be three years of age by December, 2013.

**Attention Veterans** - Provincial Service Officer Sherry Culling will be at the Espanola Legion during the week of September 16. To book an appointment to speak to her Call Service Officer Roy Beaudoin at 705-869-3409 before September 8.

**Community Living Espanola's Scrapbooking Fundraiser** - Saturday, September 14 from 8:00 a.m. – 12:00 midnight at the Royal Canadian Legion, Espanola. Registration at 345 Centre Street or by calling 705-869-0442.

**Massey & Area Museum Bingos** – September 30 the Massey & District Arena. Doors open at 6:15 p.m. – Bingo starts at 7:00 p.m.

**"Call For Works"** - The Espanola Fibre Arts Festival invites volunteers to knit and crochet including granny squares, scarves, doilies, afghans and practice pieces. Volunteers are needed to knit and crochet throughout August for various portions of a larger street art installation occurring in October. Pieces can be dropped off at the Recreation Complex.

### **Do you have a NOTE for the Community?**

We invite not-for-profit organizations to submit information on their up-coming events in writing no later than Wednesdays at 3:00 p.m. 25 Word Limit.

Fax: 705-869-3342 or E-mail: [around@aroundandabout.ca](mailto:around@aroundandabout.ca)

**Healthy Children = Healthy Families = Healthy Communities**



## **Sacred Heart Childcare Centre Summer Care Program Spaces Available!**

*Financial Assistance is available for those who qualify*

**For More information, please call  
(705) 869-3171**

[www.ourchildren-ourfuture.net](http://www.ourchildren-ourfuture.net)



## TOWNSHIP OF SABLES-SPANISH RIVERS

Phone: (705) 865-2646 Fax: (705) 865-2736

Email: [inquiries@sables-spanish.ca](mailto:inquiries@sables-spanish.ca)

Box 5, Site 1, R.R.#3, 11 Birch Lake Road, Massey, ON, P0P 1P0

Website: [www.sables-spanish.ca](http://www.sables-spanish.ca)

### CONGRATULATIONS

Council would like to congratulate the **Emiry Family** on their **100th Anniversary** of farming in the area and wish them continued success.

Council also congratulates the members of the **Lee Valley Autumn Leaves** for their efforts in preserving the history of the **Lee Valley Hall** with their **100th Year Celebration**.

### THANK YOU!

The Massey Medical Clinic Staff would like to thank Greg Gibson for his generous donation - our waiting room renovations continue to be a work in progress

### ATTENTION MASSEY RESIDENTS

**The Public Works Department will be flushing hydrants starting on:  
Monday, September 16th and continuing through to  
Friday, October 4th, 2013**

Flushing may cause temporary discolouration of water or loss of pressure. Before using, please run your tap until the water is clear and refrain from doing laundry while flushing is occurring in your area.

We apologize for the inconvenience that this may cause.

If you have any questions, please feel free to contact  
The Public Works Department at 705-865-2646 ext. 229 or 705-865-2358

### “FALL CLEAN-UP”

The residents of the Township of Sables-Spanish Rivers are advised that the Tennyson landfill site, north of Massey (Tote Road) will be open in October as follows;

**EVERY SATURDAY; 10:00 A.M. - 2:00 P.M.**

**THURSDAY, OCTOBER 10TH AND THURSDAY OCTOBER 24TH  
10:00 A.M. - 2:00 P.M.**

**ALL TIPPING FEES APPLY**

**FREE DISPOSAL OF BRUSH & LEAVES** also available on the above dates, at the old landfill site location (Imperial St. North, Massey-1st left after cemeteries)

**ELECTRONICS WASTE DAY:** September 26th, 12:00 P.M. - 7:00 P.M.  
Public Works Yard @ 11 Birch Lake Road....Bring us your electronic recycling

## NOTICE

**This is to advise that**

**Agnew Lake Road will be closed to one-lane traffic  
between civic #95 and civic #112 on September 9th, 2013  
until approximately September 12th, 2013**

to allow for a culvert replacement.

If you require further information you may contact the municipal office.

The Township regrets any inconvenience caused as a result of this construction project.

Mark Van Breda, Public Works Director of Operations

### PUBLIC NOTICE

**THE 2012 PERFORMANCE MEASURES REPORT AND THE 2012 FINANCIAL STATEMENTS**

are now available for public viewing during regular office hours at the Municipal Office

11 Birch Lake Road, Massey, Ontario

Copies of the documents are also available for pickup by interested parties or can be viewed on our website.

For more information, please call 705-865-2646

### TOWNSHIP OF SABLES-SPANISH RIVERS NOTICE OF PUBLIC MEETING Zoning Bylaw Amendment

**TAKE NOTICE** that the Council of the Corporation of the Township of Sables-Spanish Rivers will hold a public meeting in order to consider an amendment to the Comprehensive Zoning Bylaw 2010-51. The public meeting will be held pursuant to the requirements of Section 34(13) of the Planning Act, RSO 1990, as amended. The public meeting will be held on Wednesday, October 9, 2013 at 7:30 p.m. in the Council Chambers, Township Office, 11 Birch Lake Road, Massey, Ontario.

**PURPOSE AND EFFECT:** Council proposes to amend the Township's Comprehensive Zoning Bylaw 2010-51 as follows:

1. Section 3.R – add a definition for “Renovate”;
  2. Replace the existing provisions of Section 4.22(d) – Non-Conforming and Non-Complying Uses – Reconstruction of Existing Uses;
  3. Amend Section 5.6.1; Resource Recreation zone- by deleting “Recreational Vehicle Park” as a permitted use;
  4. Amend Section 5.18.1; Rural zone - by deleting “Campground” as a permitted use.
- The effect of the proposed amendments would permit renovations to unsafe buildings that are in a non-conforming/con-complying situation, without triggering a site-specific zoning bylaw amendment and to simplify the bylaw and avoid using terms that are not defined.

*If a person or public body does not make oral submissions at a public meeting or make written submissions to the Township of Sables-Spanish Rivers before the bylaw is passed, the person or public body is not entitled to appeal the decision of the Council of the Township of Sables-Spanish Rivers to the Ontario Municipal Board.*

*If a person or public body does not make oral submissions at a public meeting or make written submissions to the Township of Sables-Spanish Rivers before the bylaw is passed, the person or public body may not be added as a part to the hearing of an appeal before the Ontario Municipal Board unless, in the opinion of the board, there are reasonable grounds to do so.*

**ADDITIONAL INFORMATION** related to the proposed zoning bylaw amendment is available during regular office hours at the municipal office.

**Dated at the Township of Sables-Spanish Rivers this 3rd day of September, 2013**  
Kim Sloss, Clerk-Administrator

### NOTICE OF A PUBLIC MEETING Concerning Application for Consent

**TAKE NOTICE** that the Council of the Township of Sables-Spanish Rivers will hold a public meeting on Wednesday, September, 25, 2013 at 7:30 p.m., at the Township Office, 11 Birch Lake Road, Massey in order to consider a proposed application for Consent under Section 53 of the Planning Act, RSO 1990 as amended.

**File No. C-13-01** The purpose of this consent application is to provide for a new lot with Rural-Commercial zoning. The property is described as May Township, Concession 2, Part Lot 11 Parcels 7932 and 7933. The land subject of this application is not subject of any other application under the Planning Act.

*If you wish to be notified of the decision of the Township of Sables-Spanish Rivers in respect of the proposed consent, you must make a written request to the Township of Sables-Spanish Rivers. This will also entitle you to be advised of a possible Ontario Municipal Board Hearing. Even if you are the successful party, you should request a copy of the decision since the Township of Sables-Spanish Rivers decision may be appealed to the Ontario Municipal Board by the applicant or another member of the public.*

*To appeal the decision to the Ontario Municipal Board, send an appeal form to the Clerk of the Township of Sables-Spanish Rivers outlining the reasons for the appeal. You must enclose the appeal fee of \$125.00 for each application appealed, paid by cheque, made payable to the Ontario Minister of Finance.*

*If a person or public body that files an appeal of a decision of the Township of Sables-Spanish Rivers in respect of the proposed consent does not make written submission to the Township of Sables-Spanish Rivers before it gives or refuses to give a provisional consent, the Ontario Municipal Board may dismiss the appeal.*

**ADDITIONAL INFORMATION** regarding this application is available at the municipal office at 11 Birch Lake Road, Massey, during regular office hours.

**Dated at the Township of Sables-Spanish Rivers this 3rd day of September, 2013**  
Kim Sloss, Clerk-Administrator