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Stocking The Shelves



By Chloe Kneer - After having our first snowfall last week, attention is shifting towards the coming winter and, of course, the holidays. With Christmas just around the corner, the Espanola Helping Hand Food Bank will start seeing demand rise. In advance of the increasing demand, the food bank is hosting many activities and drives in order to stock its shelves. Friday, A.B. Ellis grade one students participated in the Queensway Place's fifth annual Step-a-Thon. Up until two years ago, residents at the Espanola nursing home collected pledges and counted their own steps for a day with proceeds going to the food bank. Due to health circumstances, the grade one students have now taken over the task of wearing pedometers for a day and, along with the assistance of teachers and staff at the school, collecting donations.

Continued on page four...



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Who Names A Racehorse 'Taking Up Space'?

I spent a fair part of my summer watching ended up dead last. thoroughbreds charge around oval tracks in Saratoga Springs and Finger Lakes, New York. I'm writing a book about the Great Zippy Chippy, the New York state racehorse that defied all odds and logic to amass a breathtaking ten-year career of 100 consecutive wins. Sorry, make that 100 losses in a row. No, he never won a race but in fairness, he always meant to. Zippy Chippy may not have had a really fast pace or a quick dash out of the gate or a powerful drive down the stretch or great stamina in long races or ... wait! What else is there? Oh yeah, that horse could eat his weight in alfalfa.

In doing research for this project I could not help but notice some of the very strange names owners give their steeds. In his career Zippy ran against horses named Two Chums Up, Take Sum Believing, Shininlikediamonds. Passem, Sixfeetunder, I'mjumpingjackflash, Makemineagoldmine

Imgonnabiteyounow. As far as I can tell Byby Fran's Kitchen and Uncle Johnyscookin never ran in the same race. If Wishes Were Horses sums it up pretty well while Millie Hurry Up makes you kinda sad.

Zippy Chippy somehow managed to lose a race in which DeWitt Be Quick wasn't, Rockit Man failed to launch and Heaven El Wait will have to. On the other hand he once finished 15 lengths ahead of a horse named Viva La Triomph which

There's actually a governing agency in horseracing that must approve of the owner's choice of name. And so there should be. One guy who didn't like the track announcer named his horse Another Horse so that as the thoroughbreds rushed down the homestretch the call would go out over the PA system: "And Another Horse has taken the lead" confusing the hell out of everybody.

Manchester United soccer star Wayne Rooney once tried to name two of his horses Hoof Hearted and Norfolk Enchants. The censor stopped Rooney in his tracks.

Wear The Fox Hat, Passing Wind and Sofa Can Fast somehow snuck through the censor. Who Gives A Donald was green-lighted but Anita Mandelay got the stop sign.

Although Al-Qaeda failed the name game, Hamas passed with flying colours ... bright green and white.

The trouble with owning and naming a horse is that any damn fool can do it. Take my nephew David for instance. Having spent a good part of his college days at the races, he and two buddies decided they needed to move up the track ladder from losing bettors to thoroughbred owners. So they walked into the track's administration office and one day said they wanted to claim a horse.

"She looked at us like we were high on

Continued on page three...





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Continued from page two...

crack," David recalls. But they knew a guy and for cash that guy talked to another guy and \$2,000 later they owned a horse.

"Yeah, named him we Threeguysonthesauce." (Now you see why the crack was unnecessary.) So there they were, three kids strutting around the paddock like Kentucky straw-hat dandies and slightly buzzed on beer. "A syndicate of investors" is the title they preferred.

All that was great and the girls were quite impressed until the first \$1,000 vet bill arrived. A sobering experience times three. That's when the horse went off to be a jumper at a show farm and the boys went back to being two-dollar bettors.

So Threeguysonthesauce goes into the bin of bad horse names along with Unblessed, Dude Anonymous, Jouncewell, Mecke Mouse and in a belated shout out Honeymooner's The to Ralph Kramden Bangzoomtothemoon.

Somebody should have considered charges against owners who named their colts Happy Hooves, Horsemeat Jr., Bag O'Bones, Born Loser and Horse-Apples. Legs And A Prayer however carries a certain cache and I must admit I do like Nag, Nag, Nag.

At 100 career losses Zippy Chippy may not have any zip to him but he sure was chippy. This horse bit and kicked so many of his handlers he might well have been named First Aid. Or Bringing Up

Rear. Herecomesollardass. Zippy Chippy once lost a race by 15 lengths to a horse named Mr. Peanut. He once finished behind Dunkin' Donuts by nine lengths. He never recovered from those defeats. It was almost fitting that in his last race and 100th loss he ended up three lengths behind Taking Up Space. Yet in 100 races, he never gave up and he actually did a little victory dance after each loss. No doubt there is glory and nobility in great attempts ... trying and striving and getting up off the mat to face another fight.

"Life's battles don't always go to the stronger or faster man. But sooner or later the man who wins is the man who thinks he can." ~Vince Lombardi~

> For comments, ideas and copies of The True Story of Wainfleet, go to www.williamthomas.ca

6:30 P M Wednesdays RegionalCable **Channel 10**

Espanola Rivermen Host 'Pink In The Rink' Night This Friday



JUNIOR A HOCKEY CLUB www.espanolajuniorhockey.net

Come out this Friday to the Espanola Regional Recreation Complex to see the Espanola Rivermen in action against the Abitibi Eskimos and for the first annual "Pink In The Rink." The Rivermen are hosting the evening in support of Canadian Breast Cancer Awareness Month with all proceeds going locally to prosthetics purchase prosthetic bras for women who need financial support.

"Pink In The Rink" will also help the Espanola Regional Hospital Foundation in its continuing drive towards a cardiac transport monitoring For every adult season ticket sold, the team is donating \$100 to the Hospital Foundation.

"We are fortunate to have a team so committed to giving back to the community," says Terri Noble,

Development Fund Coordinator. "The Foundation will be represented at the games this weekend to

assist the team in the final push for season ticket sales." The transport monitor provides patients with uninterrupted accurate monitoring during ambulance and helicopter transport and is just one crucial part of the new \$350,000 new cardiac monitoring system.

Game time on Friday is 7:30 p.m. and advance tickets are available now. Get season ticket information at the complex front desk or visit www.espanolajuniorhockey.

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corrina.bourguignon@desjardins.com





383 Centre St., Unit 3 Espanola, ON P5E 1E4 Greg & Kim McCulloch







- 1. Always use common sense.
- 2. Young children should always go trick-or-treating with an adult.
- 3. Never trick-or-treat alone. Have at least 2 buddies go with
- 4. Plan your entire route and make sure your family knows what it is.
- 5. Make sure that you are wearing a flame retardant

- 6. Wait until you get home to eat your candy so that your parents can check it.
- 7. Be very cautious of strangers.
- 8. Accept treats only in the doorway. Never go inside a house.
- **9.** Be sure and say thank you for your treats.
- 10. Don't play near lit jack-olanterns.

- 11. Visit only houses where the lights are on.
- 12. Walk, do not run.
- 13. Walk on sidewalks and driveways.
- 14. Cross the street at the corner or in a crosswalk.
- 15. Take a cell phone with you if possible.
- 16. Wear a watch.
- **17.** Carry a flashlight.

Make green Jell-O. Put some of it in clear plastic containers and put some aside. When the Jell-O starts to solidify, add various gummy bugs. Beat the rest of the Jell-O to a froth and add to the top of the slime. Let set.

Use a large, flat, dark cookie for the brim and an ice-cream sugar cone for the crown. Fill the cone with ice cream even to the rim and center it on top of the cookie.





slices white bread • 8 slices bologna • Mustard

Cut each slice of bread into the shape of lips, with a slit in the middle. Cut the bologna into strips that look like tongues. Insert the bologna into the slits in the lips(so it looks like the tongues are hanging out of the mouths). Cover the bread with mustard and broil until the bread is golden brown.

MONSTER BOL 12 - Skewer cubes of various kinds of cheese with pretzel sticks.

Put chocolate pudding in clear plastic containers and imbed a gummy worm or two. Cover the top of the pudding with crushed chocolate cookie crumbs. It looks good if a worm is peeking out of the dirt too.



Michael Mantha MPP/député d'Algoma-Manitoulin

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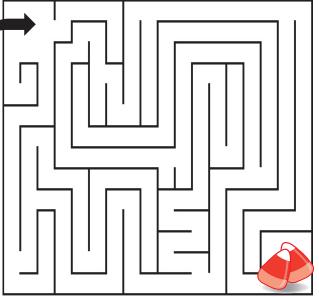


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Halloween Maze Help this trick-or-treater find more candy





HALLOWEEN PARTY GAME

OBJECT OF THE GAME: You pass around paper cups to your guests while telling the story below. Do it in the dark or in a semi dark room and tell them they can't look in the cups. The cups are filled with gross "body parts" (food) and guests have to guess what it really is. After the lights are back on and everyone has finished writing down their guesses, collect the papers. As you check their guesses, you can show everyone what was really in the cups. Give a nice prize to the person with the most correct answers.

WHAT YOU NEED: Paper cups. The body parts (food) described below and a box of handy wipes for guests to clean their hands.

What To Do: Ahead of time, prepare the cups that are described below. Have everyone sit in a circle, then shut off most of the lights and start the story. You have to have the room fairly dark so that people cannot see what's inside of the cups. You can pass out paper and pencil at the beginning of the game and let them write down their guesses between each cup or you can have each player guess out loud between each cup. At the very end of the game, you can tell them what is in each cup, but wait until the end!!

HERE'S THE STORY: Tell the story as you pass around each cup. "Once in this town there lived a man named, Hal O' Ween. T'was years ago, on this very night that he was murdered out of spite. They say these are his remains."

HERE IS HIS BRAIN. WHICH NOW FEELS NO PAIN.

USE A PEELED SQUISHY TOMATO OR STEWED TOMATOES
HERE ARE HIS EYES, STILL SWOLLEN WITH SURPRISE.

USE TWO FROZEN, PEELED GRAPES OR BLACK OLIVES
HERE IS HIS HEART. BE CAREFUL LEST IT START!

USE A LARGE LUMP OF UNCOOKED LIVER OR SIMILAR MEAT
NOW WE HAVE HIS HAIR, WHICH ONCE WAS SO FAIR!

USE A HAMPFUL OF CORN SILK OR WET FUR OR YARN
FEEL THESE DROPS OF HIS BLOOD. ALL THE REST TURNED TO MUD.

USE A LITTLE KETCHUP THINNED WITH WARM WATER
ONE HAND ALL ALONE, JUST ROTTING FLESH AND BONE.

USE A WET LATEX GLOVE FILLED WITH RED GELATIN
HERE IS HIS EAR. NEVERNORE WILL HE HEAR!

USE A DRIED APRICOT OR SIMILAR DRIED FRUIT
THIS IS HIS NOSE. NOW TO NEVER SMELL A ROSE

USE THE END OF A PICKLE, A HOT DOG OR A SOFT CHICKEN BONE OR GRISTLE
THESE WORMS ARE ALL THAT'S LEFT TO FEEL. FOR THEM HAL O'WEEN
WAS A LOVELY MEAL!

USE COLD, WET SPAGHETTI

HALLOWEEN WORD JUMBLE UNSCRAMBLE THE HALLOWEEN WORDS

1. OOTRCBE
2. ETRTA
3. MCTUSEO
4. ICWTH
5. ADRK
6. ABCTAKCL
7. UPAKME
8. HENTAUD
9. RAYNOCNDC

12. YTPRA
13. APVRME
14. OOITSRBKMC
15. LLSUK
16. HTGOS
17. GONBLI
18. MEIOZB

11. KRITC

19 .ARCSY 20. CRUDINAO

ANSWERS: 1. OCTOBER 2. TREAT 3. COSTUME 4. WITCH 5. DARK 6. BLACK CAT 7. MAREUP 8. HAUNTED 9. CANDY CORN 10. CANDY 11. TRICK 12. PARTY 13. TOWN 18. TOWNSTE 19. SCARY 20. CAULDROW

HALLOWEEN JOKES

Q- Who won the skeleton beauty contest? **A.** No body

Q- What did one ghost say to the other ghost? A- Do you believe in people? Q- What do witches use to keep their hair up? A- Scarespray

Q- How do you make a witch itch?

A- Take away her "w"!

Q- What do you call a fat Jack-o-lantern? A- A plumpkin Q- What is a mummy's favourite type

of music? A- Rap Music Q- What did one casket say to the other

casket? A- Is that you coffin?

Q – What did one ghost say to the

other ghost? A- Long time no see! Q- What did the werewolf eat after he had his teeth cleaned? A- The dentist

A guy named Billie Bob Joe goes to a Halloween costume party with a girl on his back. Harold, answering the door: What are you supposed to be?

supposed to be? Billie Bob Joe: A turtle. Harold: What do you mean? Billie Bob Joe: The girl on my back is Michelle.

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It's the Most Wonderful Time of the Year ... Almost



By Grant Lewis - 'Tis the season.... No, not yet. Let's get over Halloween and then it is the season. Once again, the Espanola Lions will be starting its annual toy drive to help out kids this Christmas. But Santa has lots of helpers in this community.

Once again, Winkels will be having their Angel tree. Starting in November, you can pick an angel from the tree in the store. On it will be boy/girl plus an age. Pick an angel and drop off your gift in the bin at your convenience. Pick up date will be Wednesday, December 11.

You can also drop off your toys or knitting at the special tree in the lobby of the nursing home. Again there will be angels on the tree with ages and boy/ girl, but all donated toys will be appreciated by Santa. This tree will be ready after November 11 and pick up at the nursing

home will be on December 11. Canadian Tire has kindly donated all the wrap, tissue, tape and tags so that the many volunteers can do Santa's wrapping for him. The Wrapping Bee will be on Thursday, December 12 in the Georgian Room at the Pinewood Motor Inn at 9.00 a.m. If you would like to help out, please phone 705-865-3005 and leave a message. It's lots of fun and only takes a few hours but is very appreciated by the elves! From mid-November until

December 11, there will be a tree at the TD Bank to drop off toys and knitting. And don't forget to "tip a teller." You never know what could happen. All monies collected are donated to the local Lions to help the toy drive.

A.B. Ellis and Sacred Heart will also be Santa's helpers this year. They have already started collecting through various in-school fund raising initiatives. Monies collected will be doubled by the local Lions. Then let the shopping begin at Giant Tiger. Staff and students will shop-till-theydrop for gifts, mainly for the older children, who sometimes get overlooked.

Giant Tiger will donate \$1,000 to the staff at the TD Bank who will also do shopping at discounted prices.

And then there are the Espanola Rivermen. What an addition to our community! Not only is the hockey play truly exciting, but they have embraced our community with energy and enthusiasm. Many local groups have already benefitted. The hospital, Boogie Mountain Ski Hill, Pumpkin and Fibre Arts Festival, local cancer initiatives ("Pink In The Rink' this Friday) Community Living, plus others I've forgotten, all have good reason to be thankful to this group. Our hats are off to the

players and the management team. Have I mentioned they play great hockey? There will be a Teddy Bear Toss at the Rivermen game Friday, December 6, so bring any stuffed animal, new or gently loved to the game and get ready to toss.

Also the North Shore Pins and Needles Quilting and Stitchery Guild will be making quilts for all those kids under one year of age. They will become keepsakes for sure.

If you or your group can help out, please let us know. We always need knitted hats, scarves, mitts and gloves. Please call 705-865-3005 for pick up.

 $Continued\ from\ front\ page\ ...$

Stocking The Shelves

Next on the agenda for the volunteers of the Helping Hand Food Bank are the Espanola Legion meat rolloffs through the month of They will host November. everv Saturday afternoon starting at 3:30. On November Queensway Pentecostal Church is sponsoring a 5k Road Race and Fun Run. The \$20 entry fee will be divided in half with one half covering the cost of T-shirts for runners and the other going directly to the food bank. The church will prepare a pancake breakfast after the run. For details, contact Stephanie Borsato at 705-869-1700.

On November 23, the food bank will hold a Christmas

exchange at the Espanola Regional Recreation Complex that will be open to everyone. If you have decorations to donate, drop them off at 155 Mead Street, Espanola starting November 17.

Preparations are also being made for the Helping Hand Food Bank's first entry into the Espanola Santa Claus Parade on November 30. Volunteers will take donations along the parade route and at the complex festivities which follow.

If you wish to donate to the food bank this holiday season, they are located at 87 Centre Street, Espanola and their new phone number is 705-583-3045.



Remember to turn your clocks back one hour! This is also a good time to change the batteries in your smoke detectors!!



Ending Domestic Violence, One Step at a Time

The M'Nidoo Minissing Coalition Against Domestic Violence is hosting a 2 km walk and peaceful demonstration in Espanola on Saturday, November 9. The group is inviting everyone to come out and participate in the Clothesline Project workshop. The workshop and registration for the walk will take place at 10:00 a.m. at the Lighthouse, 122 Tudhope Street.

The walk and peaceful demonstration will begin at 11:00 a.m., making its way down Centre Street. Volunteers will then collect donations at the Espanola Mall.

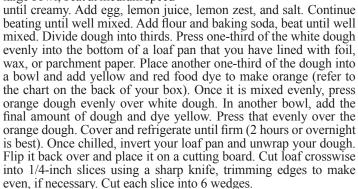
If you are interested in taking part, or would like more information about the Clothesline Project and Coalition Against Domestic Violence, please email victimservices@eastlink.ca

RECIPE

Candy Corn Sugar Cookies

- 2 Sticks Butter, softened
- 1 c. Sugar
- 1 Egg
- 2 T. Lemon Juice
- 2 t. Lemon Zest
- 1/8 t. Salt
- 3 c. Flour
- 1/2 t. Baking Soda
- Red Food Dye
- Yellow Food Dye
- 1/2 c. Granulated Sugar (for dusting)

Combine butter and sugar in a large bowl; beat at medium speed



Kids Korner

Q-Tips make great bones for this Halloween Skeleton. The kids will have a great time making this project.

Q-Tip Skeleton

- 18 O-tips
- Black cardstock or construction paper
- White paper
- Black marker
- Scissors
- White glue



Begin by gluing 6 whole Q-tips on the black cardstock for the skeleton's ribs. Glue 1 Q-tip perpendicular over the ribs to act as the backbone. Have the Q-tip lie flush with the last rib, but poke up longer than the top rib, to act as the neck bone. Draw a skull on the white paper with a black marker, and cut it out. Glue the skull on the paper above and touching the neck bone. Glue 4 whole Q-tips for the arm joints and leg joints, as shown in the picture. Cut 6 whole Q-tips in half, or make them even shorter if you like. These are smaller bones that can be used as the 10 fingers, and 2 for the feet. Glue them in place.





Donations to the Food Bank appreciated.



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EMPLOYMENT OPPORTUNITY

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TO GIVE AWAY

FREE CAT – One 4-year old male, neutered and declawed. Call 705-869-5782. 11/5

THANK YOU

The Espanola Fibre Arts Festival Committee would like to thank every person who invested their time, in advance and during the Festival, to make the 2nd Annual Fibre Arts Festival a great community event. We estimate that overall there were at least 300 individuals involved, making the Festival a huge success!

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EMPLOYMENT OPPORTUNITY

Hairstylists Required

Dittrich's Hair Design is looking for motivated, enthusiastic stylists to join our team.

Please drop Resume off in person at: 400 Centre Street, Espanola 705-869-2915





Espanola & Area

Family Health Team

The Espanola & Area Family Health Team is an interdisciplinary group of allied health professionals promoting improved health of individuals by providing increased access to a range of health care services.

The team is currently recruiting a full-time **Registered Nurse** interested in providing primary care on a Monday to Friday work schedule.

The successful candidate will have familiarity with the health issues of the community and will work collaboratively with physicians and other primary care providers to improve the health of the patients accessing services through the Family Health Team.

Responsibilities Include...

- Provide general nursing care to patients in keeping with the standards of the College of Nurses of Ontario
- Provide health teaching and support to patients (individually and in groups)
- Work collaboratively with other FHT staff and community organizations to improve patient care, service delivery and coordination
- Scheduling and managing Ontario Telemedicine Network in-house systems

Qualifications:

- Current registration in good standing with the College of Nurses of Ontario
- Demonstrated experience working in community setting or primary care setting
- Demonstrated ability to work effectively within an interdisciplinary team
- Strong interpersonal and communication skills

Applications will be accepted until November 6, 2013, at 4pm. Interested individuals may apply with a covering letter detailing education and experience, to:

Tammy Tallon, Manager
Espanola & Area Family Health Team
801 McKinnon Drive
Espanola, ON P5E 1T2
E-mail: ttallon@esphosp.on.ca
Fax: 705-862-7157

While all responses are appreciated, only those applicants who will be invited for an interview will be contacted





The Board of Directors of the

Espanola Regional Hospital Foundation

Would like to thank everyone who supported our

2nd Annual Dinner & Elimination Draw

Congratulations to our winners

Christine McCulloch Pair of Jeans Barb Adams-Leblanc \$25 \$25 Cheryl Kay \$25 P. Koka **Brenda Legrow** \$25 **Connie Stephen** \$25 Raymond Roy \$25 \$25 Meikleham Family

> **Evelyn Bourcier-2nd Prize Emile Grignon - Grand Prize**

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- * Order of the Royal Purple * Giant Tiger
- * Canadian Tire * Quality Inn & Suites

In The Loop

The agenda for the Council meeting of October 22 contained 136 pages. Kudos go out to staff and Department Heads for a job well done. Reports were detailed and thorough.

There were 3 major items Council had to deal with.

The first was concerning the construction of a sludge plant for Espanola. The sludge problem must be dealt with. The contract with Vale runs out at the end of the year. The financial commitment would be an estimated \$450,000 capital investment for a Geo Tube option. Council approved an engineering/design estimated at \$40,000 for this option. A second alternative is to have this operation managed by the Ontario Clean Water Agency (OCWA) where OCWA would provide the capital for project. The savings on trucking (estimated \$39,000/yr) would cover the majority of the repayment costs.

The next major issue was a decision on whether to retrofit the Town

with LED lighting in order to be more environmentally friendly and to save money. If undertaken by the town the cost would be in the \$369,000 range. Monies for this could come from Gas Tax Credits which were not used for the Hwy. 6 culvert. Another option would be to have LAS (electricity reseller) oversee this project and absorb the entire capital cost...with Espanola receiving 10% of these savings per year for 10 years and LAS retaining the remaining 90% to offset their capital investment/financing costs. Two projects for the Helios Whitefish First Nation Ltd. Partnership (660 Barber St. and 921 Vanier Rd) received approval for a 20 metre setback rather than the 100 metre setback as specified by the Ontario Power Authority. These approvals are for ground and/or roof installations.

Richard Ellis Citizen Espanola Group Executive Member



The information provided in the Espanola Citizens Group are the espandia Chizens Group are the written expressed opinions, views and facts collected by the ECG. A&A does not agree or disagree with the information provided by the ECG.

COMMUNITY NOTES

Knights of Columbus - Annual Sportsman Stag, Friday, November 1, 8:00 p.m. – 2:00 a.m. at the K of C Hall. For more information call Marc Paquette 705-869-0692.

Spaghetti Supper – Webbwood Eagles Ladies Auxiliary, Saturday, November 2 from 5:00 - 6:30 p.m. Everyone is welcome.

Espanola Reads - Tuesday, November 5 at 6:30 p.m. at the Espanola Public Library. Presenters – "Tell Me About a Favourite Library Book.'

The Massey-Walford Horticultural Society Meeting - Tuesday, November 5, at 2:30 p.m. at the Massey & Township Public Library. Come to warm up to new ideas, share, and socialize.

Free Food and Farming Event for the LaCloche and Manitoulin **Area** – November 5 from 6:45 to 9:00 p.m. at the Whitefish River First Nations Community Centre, Hwy 6, Birch Island. Register 1-866-522-9200 ext. 735 or ext. 537.

Espanola High School Band Fundraiser - The band is selling citrus fruit (navel oranges, ruby red grapefruits and tangerines.) Orders will be taken until November 8 and fruit should arrive on December 2. For more information, contact Tracy Mark at 705-869-

Victorian Christmas Tea – Saturday, November 9, 1:00 – 3:00 p.m. at the Walford Community Centre. Bazaar and bake tables, tea room, 50/50 draw, penny table and silent auction.

Woman Abuse Prevention Awareness - Manitoulin North Shore Victim Services is hosting a 2 km walk and peaceful demonstration in Espanola Saturday, November 9. The walk begins at 10:00 a.m. at The Lighthouse, 122 Tudhope St., Espanola. For more information contact Kristin Bickell at 705-859-3378 or email victimservices@eastlink.ca

Remembrance Day Service – Monday, November 11 at the Espanola Legion. Parade at 10:45 a.m. and the service will begin at 11:00 a.m. sharp. Lunch provided by the Ladies Auxiliary (good will offering). The Espanola Senior Choir will entertain us with some of the old time war songs - come and sing along. Everyone is welcome to attend. Lest we forget.

Zion Lutheran Church Annual Harvest Supper - Turkey dinner with all the fixings, pie, coffee or tea. Sunday, November 17 at Zion Lutheran Church in Massey, 4:30 to 6:00 p.m. For more information, call 705-865-2020 or email zionlutheranmassey@gmail.com

Celebrating Families Free Family Swim – Wednesday, November 20 from 6:00 – 7:00 p.m. Sponsored by the LaCloche Area Service Providers Network.

Christmas Decorations Exchange – Espanola Regional Recreation Complex, in support of the Helping Hand Food Bank. Saturday, November 23 from 9:00 a.m. – 12 noon.

Let's Cook! - Free Community Kitchen on the third Thursday of each month at the Espanola Recreation Complex from 10:00 a.m. to 1:00 p.m. Call 705-222-9202, ext. 491

Christmas Luncheon/Tea - Saturday, November 23 from 11:00 a.m. -to 2:00 p.m. at St. Mary's Catholic School in Massey. All proceeds will go to Immaculate Conception Parish in Massey.

Do you have a NOTE for the Community?

We invite not-for-profit organizations to submit information on their upcoming events in writing no later than Wednesdays at 3:00 p.m. 25 Word Limit. Fax: 705-869-3342 or E-mail: around@aroundandabout.ca



Ph. 705-869-6883 toll free 888-231-3578 Fax 705-869-3342 email: around@aroundandabout.ca

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