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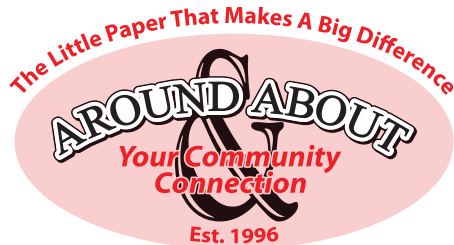
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February 11, 2014 Issue 6 - Volume 18

Rivermen Impress On and Off Ice

By Chloe Kneer - At press time, the Espanola Rivermen are fourth in the NOJHL standings. The junior A hockey team has enjoyed an impressive run since their inaugural season started back in September. Home crowds have been supportive and come out in large attendance to see the exciting ice play that the Rivermen offer up every week. The team as a whole has performed well, but also has a few stand out players, including #15 Brennen Dubchak and #19 Corbin Bean. Dubchak is currently riding an NOJHL best 24-game point streak. And he is second in league scoring with 70 points. Bean has been a difference-maker for the Rivermen scoring six game-winning goals, third best in the NOJHL. He is tied for sixth overall points with 61. The two have been consistent contributors. Another consistent feature of the team has been the players' willingness to give back to the community that has so far fervently supported them. You will frequently see team members at local events, fund-raisers, and school activities in their off-ice time. Director of Operations Tim Clayden made it clear early on that his organization is here not only for good hockey, but also to make a difference in the community. The next Rivermen

Continued on back page...

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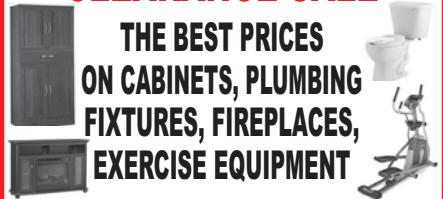


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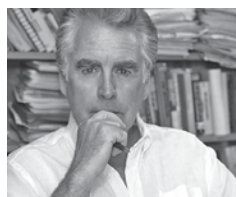
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All The World's A Circus

William Thomas

williamjthomas@gmail.com

San Miguel: Hiking In The Land Of Swollen Udders

I spent some time in the Azores last week. Located Mid-Atlantic San Miguel is thought by some scholars to be the last remnant of the lost continent of Atlantis. This tiny bit of Portuguese paradise, 2,000 kilometres from the mainland, is a land of lush, green mountains on semi-tropic earth with a crashing white and turquoise surf and black volcanic rock formations. Safe, serene and simply spectacular, with the cleanest air on earth, the Azores may be the best place in the world for serious walkers and curious hikers. Where else can you climb down into the crater of a volcano and have a fresh, clear lake all to yourself? Where else can you watch a local chef cram a canvas sack full of meat, vegetables and spices and then drop it down a volcanic hole, only to have it come back up an hour later as your lunch - a stew cooked by natural thermal steam? Where else can you strike out each day for a new town, always assured of finding a clean room with breakfast for about \$40? Fascinating in the simplicity of its lifestyle and in its natural splendour, sunny and seductive San Miguel is nothing less than glorious. There are however two pressing problems you'll encounter as you ramble around these islands.

First, and I'm not exaggerating, the people are so friendly, walking along the roads is difficult. Spotting walkers, Azorean drivers constantly stop to offer them rides. On the other hand, should the weather turn bad, all you have to do is accept a lift from the first or second vehicle passing by. Having hiked six of its nine islands,

I've seen a lot of the Azores from the back of a pickup truck and through rain-spotted sunglasses.

Second, there are way, way, WAY, WAY, WAY too many cows.

There are 900,000 cows on the island of San Miguel. That's five cows for every man, woman and child. Think about it - 900,000 cows and one, very, very busy bull. His name is Lo Velho Vaca, which in English means "The Old Cowpoke."

There are cow on the sides of mountains, cows in fields, cows in pens, cows in barns, big cows in the backs of trucks, calves in the front of trucks, cows on trailers pulled by motorcycles, small cows in cars, big cows in downtown backyards, cows in city parks, cows on ferries, uniformed cows checking passports at the airport and looking for foreign cows trying to come into the country using phony cow ID. I saw a small cow strapped to the back of a motorcycle. Honest.

Walking in the constant gaze of 1.8 million doe-like eyes changes a man. You get a little paranoid and start to think cow humour.

First cow: "Geez Louise, have you looked at yourself lately? You're saggin', baby."

Second cow: "Erma, go sit on a salt lick and rotate."

Don't get me wrong, they're fine specimens, bred by the very latest in agri-biological techniques. In fact, they're so sophisticated, some of these cows have done away with the traditional cow bells and can now be seen operating cell phones

Continued on page three...

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Continued from page two...

... but never ever while driving. Cow talking on a cell phone: "Ida? There's a geek wearing a tan backpack and a Toronto Blue Jays cap headed your way. Can you get up on the overpass and drop the brown bomb on him? Ida? You're breaking up, honey."

Yes cow humour is meo vida. I'm serious, when it's just you and them, you get a little psycowtic after a while. They stare at you as you walk by, from a vast sea of sad eyes. Once you've passed, they make those low mooing noises, and you know, oh yeah, you know very well they're talking about you. And those ears! They all look like parked pick-up trucks with the front doors open.

It's troubling to walk by a field of two hundred cows with four hundred stomachs and know that while they're standing silent, perfectly still and seemingly happy they're actually roiling and regurgitating on the inside. Scientists estimate that livestock are responsible for almost 20% of the world's greenhouse gas, so yeah they're rippin' em even as you stand there making fun of them. Let's see ... 900,000 cows time 130 kilos of methane a year equals ... wow! That's 4.9 million metric tons of Beano to take care of this problem! I mean it makes you wonder if it was the volcanoes or the cows that

erupted to form these nine islands.

The farmers have so many cows to milk, they don't always get to some herds on time and some udders are dragged along in such a way that they look like they require a separate licence plate or at least go "Beep! Beep! Beep!" when they're backing up.

After a week they're making me crazy, I tell you, crazy. I'm doing stand-up comedy alone beside a farmer's field. Vaca humoristico: "What do you call a cow that tried to jump over the moon but forgot about the barbed wire fence at the far end of the field? Una completo catastrofo. In English, an udder catastrophe."

Two cows are sitting by the hotel pool wearing sunglasses, smoking cigarettes and drinking vodka tonics from glasses with tiny umbrellas. There's no joke here; I'm telling you they're everywhere! Don't talk to me about mad cow disease - I'm still seeing cattle in my sleep.

San Miguel, a beautiful verdurous sanctum in the middle of the Atlantic, where sweet and simple people are outnumbered and surrounded by way, way too many cows.

For comments, ideas and copies of The True Story of Wainfleet, go to www.williamthomas.ca

'Champions For Children' Nominations Being Accepted

Each year, the Board of Directors of Our Children, Our Future invite members from the community to nominate an individual or individuals in the District of Sudbury and Manitoulin who are caring, concerned and committed to making a difference in children's lives.

Our Children, Our Future will recognize the contribution of

the award recipients at their 14th annual Champions for Children Awards Luncheon on Thursday, April 24 at 12:00 p.m.

Nomination Categories are: Junior Volunteer, Volunteer, Group, and Business. Nominations are being accepted now until Friday, February 28 at 4:00 p.m. Nomination forms and regulations are available online at: www.ourchildren-ourfuture.net.

Valentine's Day on a Budget



write the date the photo was taken and why the memory is special to you. Awww.

2) A rose is still a rose, whether you buy a dozen, or just one. A single flower presented in your own unique way can be more meaningful than a bunch.

3) Throw a fancy dinner at home. This will be especially meaningful if you're not the one who normally cooks at your house. If you are afraid of screwing up, get the take-out meal from the local grocery store and customize it with a special sauce or fancy bread and vegetables. Add a sparkling wine and voila!

4) Do something special and unexpected. If your sweetie leaves for work early, clear the snow from and warm up his/her car. Prepare breakfast, or a do a chore that normally isn't your responsibility.

5) Burn a CD of his/her favourite tunes to listen to in the car. Make a custom cover for it.

Happy Valentine's Day, which, by the way, is this Friday!

It's one of the most highly anticipated days of the year, sometimes with expectations that go off the charts. If you are looking to make it special, Valentine's Day can be stressful ... and expensive. Often, flowers and meals are more expensive on holidays. However, you can avoid the inflated prices and put together a thoughtful, but budget-conscious alternative. Here are a few ideas to get you started:

1) Instead of buying one, make a Valentine's Day card. You can attach a photo of the two of you (or the family). Inside,

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FOR SALE – Limited dry wood, call Greg at 705-822-4734. 02/11

FOR RENT

FOR RENT – Brand new office space for rent in Espanola. Could easily be converted to another use. Located in the KFC Plaza on Highway 6. Available March 1, 2014. For more information, call 705-869-1742. 02/18

FOR RENT – 1 & 2 bedroom apartments. Available immediately. 45 Arthur Court, Espanola. Please call 705-869-5989. References required and no pets allowed. 02/18

HELP WANTED

Espanola Golf & Country Club is now accepting resumes for positions in Bar (smart serve preferred), Pro Shop, and Grounds. Also tenders for kitchen lease are being accepted. Mail to: 309 Golf Club Rd., Espanola, ON, P5E 1A3. Closing date March 31, 2014. Successful applicants will be contacted for an interview. 02/11

DANCE

WEBBWOOD EAGLES – Valentine's Day Dance - Friday, February 14, 8:00 p.m. – 1:00 a.m. Featuring The Back Road Country Band. 50/50 draw and light lunch 11:30 p.m. - midnight. An age of majority only event, \$10.00 per person. Advance tickets available at the club, #3 Centre St., Webbwood. For more info, call 705-869-4269 after 3:00 p.m. 02/11

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BINGOS

MASSEY AREA MUSEUM BINGOS – March 3 at the Massey and District Arena. Doors open at 6:15 p.m. Bingo starts at 7:00 p.m. \$1525 in cash prizes. 03/11

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Now hiring full time grill and cashiers for days, evenings, and weekends. Please drop off resume.

In The Loop

A budget process presents council with operating and capital expenses requested by each department.

This article is being written to provide Espanola taxpayers with some of the 2014 capital expenses that will come before council for approval, alteration, or rejection.

Capital Expenditures (2014 Draft Budget):

Renovations/lift for municipal building - \$300,000

Operating software (administration) - \$100,000

Rescue van - \$150,000

Police vehicle/equipment - \$90,000

Hwy 6 culvert - \$1,180,000

LED street light conversion - \$389,000

AI Second trail/boardwalk - \$180,000

Public works vehicles/equipment - \$180,000

Zamboni - \$94,000

Environmental Capital Expenses: (Water/Sewer)

Bois Street lift station - \$80,000

Geotubes - \$452,500

Sewage treatment plant - \$271,000

The Ontario Municipal Partnership Grant has decreased \$154,300 in 2014 and if all of these expenditures are approved there will be a projected increase in capital spending of 136% over 2013.

It is recommended by Administration that \$1,384,604 be taken from reserves to help offset costs to taxpayers.

Note: At press time, no statement has been issued by the Town of Espanola on the status of the Domtar re-assessment payment.

Richard Ellis

Executive member, Espanola Citizen Group

The information provided in the Espanola Citizens Group are the written expressed opinions, views and facts collected by the ECG. Around & About does not agree or disagree with the information provided by the ECG.

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Recipe

I'm not going to lie. I saw this recipe on television and it looked so good and simple to make that I wanted to try it. It is good! Delicious served on simple garden greens with your favourite additions. It needs to be made ahead and refrigerated so that the flavours have time to meld, so plan in advance.



Easy Peazy, Lemon Squeezy Salad Dressing

- 3/4 cups olive oil or canola oil
- Juice of 2 lemons
- 4 tablespoons fresh, grated parmesan cheese
- 1/4 teaspoon salt, or more to taste
- Freshly ground black pepper
- 1/4 teaspoon sugar
- Dash of paprika
- 1 clove garlic, peeled and left whole

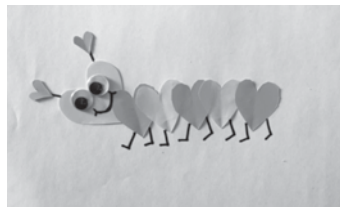
Place all ingredients into a jar. Shake it up and store in the fridge at least 24 hours before serving. Remove garlic clove. Serve on your favourite garden salad. Also works well on pasta salad.

Kids Korner

Here's an easy and cute Valentine's Day craft for kids to make.

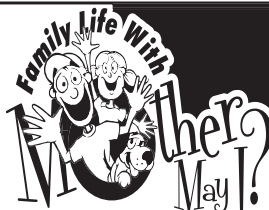
Valentine's Day Caterpillar

- Piece of white paper
- Light and dark pink paper
- Black sharpie
- Two googly eyes
- Scissors
- Glue stick



Cut out three small hot pink hearts, two small light pink coloured hearts and one big one for the head. Glue the hearts in a pattern overlapping the next ones. Draw some feet with a black sharpie and a smile. Add some antennas, googly eyes, and two little pink hearts on the end of the antennas. Now you have a cute little love bug for Valentines!

Mother May I now has her own e-mail address!
If you'd like to share a recipe, life tip, or craft idea, or have any questions, you can email me at:



mothermayi@aroundandabout.ca

Have a story or pictures to share?
Email: around@aroundandabout.ca

COMMUNITY NOTES

The Espanola & Walden Grannies – will be in the Espanola Mall Friday, February 14 with treats for Valentine's Day.

Turkey Supper – United Church of Espanola, Sunday, February 16. Two sittings: 5:00 and 6:15 p.m. Tickets at the door or call 705-869-1215 and leave a message.

QPC Family Day 2014 – Join us at the Complex on Monday, February 17 between 12:30-3:30 p.m. for free lunch, skating, swimming, face painting, games, inflatable fun and more! Everyone is welcome!

Meat roll-offs – Royal Canadian Legion, Espanola, Friday nights 7:00 – 9:00 p.m. February 14, 21, 28. In support of junior curling.

Espanola-North Shore Snowarama for Easter Seals Kids – February 16. Call Theresa at 705-869-1597 or Lisa at 705-865-1441 for more info. or to purchase dinner tickets.

Journey of Compassion – St. Jude Parish Hall, February 19 at 7:30 p.m. Elly Charette will share her experiences as a volunteer for Impact Nations in Kenya. Everyone welcome.

Zion Lutheran Church Annual Bean Supper – February 23, 4:30 – 6:00 p.m. Zion Lutheran Church, Imperial St. South Massey.

Let's Cook! – Free Community Kitchen on the third Thursday of each month at the Espanola Recreation Complex from 10:00 a.m. to 1:00 p.m. Call 705-222-9202, ext. 491

VON Adult Day Centre – We provide activities, exercise and socializing, every Monday and Wednesday. Please call 705-869-3304 for more information.

Chronic Pain Self-Management Workshop – Free six week workshop for adults of all ages (caregivers welcome) Tuesdays until March 11 from 1:00 p.m. – 3:30 p.m. Call Flo to register and for location at 705-865-1209.

Do you have a NOTE for the Community?

We invite not-for-profit organizations to submit information on their upcoming events in writing no later than

Wednesdays at 3:00 p.m. 25 Word Limit.

Fax: 705-869-3342 or E-mail: around@aroundandabout.ca

Espanola Skating Club News



Photo (courtesy of Monique Shank): Back row – left to right: Grace Selinger, Jenna Bourcier, Andrea Mitroff, Paige Shank, Christen Ramsay, Chloe Mokohonuk, Alex Langlois. Front row – left to right: Cassidy Galliot, Erin Arthur, Chloe Paul, Abby Kuula, Maggie Sanders, Amelia Noble.

Espanola Skating Club members took to the ice in Garson for the annual Rainbow Region Interclub Competition. Skaters are now busy preparing for an upcoming test day as well as Make It a Date Competition in North Bay followed by the Espanola Skating Club's Annual Skating Carnival on Sunday, March 23. This year is Olympic-themed. They have a final competition in Little Current at the end of March.

Continued from front page...

Rivermen Impress

home game is this Friday, hosting the Soo Thunderbirds in a Valentine's Day match up. Grab your sweetie and enjoy the game.



Photo: #19 Corbin Bean



Photo: #15 Brennen Dubchak

From Winter Blahs to Ooohs and Ahhhs



Winter Carnival time is here. If you're going shack whacky from the long, cold, and snowy winter, the next couple of weeks should help. Get out and enjoy the fun at the Beaver Lake Winter Carnival this weekend. The Kid Zone is open from 10:00 a.m. – 2:00 p.m. Saturday. North Shore Search and Rescue will be there doing demos. There will be live music, and activities including jug curling, cross-country skiing and more. The festival is at the Beaver Lake Sports and Cultural Club. Phone Eija for more information at 705-866-1506.

Meanwhile, further west, Massey has an exciting Winter Carnival weekend planned for February 21-23. Children have already been hard at work on their ice sculptures, which they make in their own yards and the judges come to see. Winners will be announced on carnival weekend. Chair Jayson Stewart says there are still volunteer and sponsor opportunities, and for those interested, email jaysonstewart@gmail.com. The weekend kicks off with the Parade of Lights starting in the Rona parking lot Friday night at 5:30, followed by the opening ceremonies and a talent show at 7:00 p.m. On Saturday, you can take in a hockey game and the kids can get dressed up or watch the dog fashion show. That night is the Winter Carnival dance. The weekend is capped by the elimination draw Sunday afternoon. Proceeds go to fund the fire department's mobile training trailer. For a complete schedule, visit www.masseywintercarnival.com.

Espanola & Area Family Health Team

Menopause Evening

Join us Feb 27th 6:30pm-8:30pm for a presentation on menopause by one of our Nurse Practitioners. Get the answers to those hot questions you have been burning to ask. Call 862-7991 to register.



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Soo Thunderbirds**

**Monday, February 17, 2:00 p.m.
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www.espanolajuniorhockey.com**