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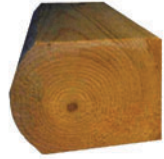
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Continued on page four...

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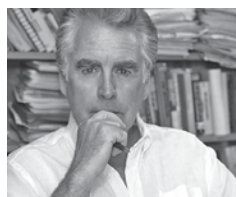
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All The World's A Circus

William Thomas

williamjthomas@gmail.com

Never Browse A Flea Market On A Bit Of A Buzz

Scientific studies are constantly proving that as long as aging brains stay active and gather new information they continue to function soundly. In light of this, you may find the reading of this column a good opportunity of learning. The lesson: never browse a flea market after you've had a few beers.

The problem is everything looks more interesting than it actually is. Everything looks appealing and fixable and paint worthy and ... "Hey! Holy cow! Is that The Mamas & The Papas!"

The photo had Denny Doherty and John Phillips at either end, smiling with great contentment and in the middle, in front of them Mama Cass is looking kind of uncharacteristically foxy but Michelle Philips' hair is shorter and browner than the honey blonde I remember.

Wow! A wood-framed photograph of one of my favourite rock groups of the 1960's. California Dreamin'. Monday, Monday. Are you kidding me? Creeque Alley!

"John and Mitchy were gettin' kind of itchy just to leave the folk music behind. Zal and Denny workin' for a penny tryin' to get a fish on the line."

Well, this was serious happenstance, kissed by karma and guided by serendipity. Right time/right place.

What 'er the chances of me walking into this sprawling palace of junk and approaching, good lord ... The Mamas & The Papas ... when a hundred, maybe a thousand people had walked right on by. I had to have it!

"McGuinn and McGuire just a-gettin' higher. In L.A., you know where that's at. And no one's gettin' fat except Mama Cass."

"How much?"

The 20-year-old kid in the corner who had easily gotten four or five nights sleep out of his clothes looked annoyed that I would dare speak while he played Grand Theft Auto on what looked like the world's first computer.

He picked up a cell phone, hit a button and got the boss or his dad or both. And that man was probably annoyed at being distracted because he was in the middle of hijacking an eighteen-wheeler full of frozen pizzas.

"That framed photo of the band with them parents," he said. "What? Yeah, those guys."

He looked at me and said: "A hundred and twenty-five bucks." Oh man, an autographed picture of The Mamas & The Papas! These people didn't have a clue of what this piece of rock history was worth! Beautiful. A real steal. But hey - you still gotta haggle.

"Tell him he's dreamin'." The wood frame is chipped and the glass is so stained with smoke, it'll have to be replaced. Seventy-five dollars."

He called back, relayed the message, said "Uh huh" and put the phone down. "It's a hundred and twenty-five bucks and now I gotta charge you tax too!"

When I got it home, I cleaned the frame, windxed the glass and hung it smack dab in the middle of my bedroom wall, just to the right of the night stand with

Continued on page three...

FIREARMS LICENCE (PAL) and HUNTER EDUCATION COURSES

will be held in Massey this spring, summer and fall. However, due to the time required to process your firearms licence application, it is strongly advised that you attend a course early enough to be fully prepared for the fall hunting season. Call or e-mail for details and dates. Limited space.

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If you have had bariatric surgery and would be
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705-862-7991



Continued from page two...

my reading light and radio. Perfect!

The next morning, coffee mug in hand, I was sitting on the edge of the bed looking into the almost angelic eyes of a bearded Denny Doherty, the calm and cool member of the band. Right beside him, the normally grungy Mama Cass is looking way, way better than I ever remembered. Her hair, normally lank and scraggly was actually short and perky and ... and okay, that's not Mama Cass. A closer look at the signature confirmed that the large woman in the photo is actually Spanky McFarlane who joined The Mamas & The Papas after Mama croaked. I don't know how I missed that at the flea market but I certainly should have noticed that the short, dark-haired skinny girl in front of John Phillips was not his wife Michelle but his young daughter Mackenzie who joined the band in 1982 after her stepmother's departure.

John Phillips is really John Phillips but he appears to be standing a tad too close and directly behind his daughter - it's all coming back to me now - because in her 2009 autobiography "High On Arrival," Mackenzie Phillips revealed that along with their frequent drug binges, she and her father had conducted a long-term and consensual sexual relationship. (There's no doubt in my mind that after she found out about the affair Mama Cass probably choked on that ham sandwich intentionally.)

Now I'm highly suspicious of

these people in my bedroom and as much as I hated to do it, I needed to know whether Mackenzie falsely publicized the incestual affair with her late father in order to sell a ton of books or if it was, in fact, true. So I crept up to the frame, removed it from the nail it hung on, turned it around and yup ... if you look at the photograph of The 'New' Mamas & Papas, John Phillips and Mackenzie Phillips are not wearing pants!!!

Needless to say, I don't like my chances of getting my \$141.25 back from Dwayne and Dwayne Senior at the flea market just because I have been grossed out by what I saw on the backside of the photo. So I moved it from the bedroom to the living room because no matter what you think of the Phillips' idea of fun for the whole family, it's one helluva conversation starter.

Obviously I'm the victim in this car wreck, a disaster which could have easily been avoided if they installed breathalyzer devices at the entrances to flea markets. Long story short: For Sale - A lovely, framed photograph of The Slightly Rearranged Mamas & The Papas. Must be bolted to wall. No peeking. \$125.00. No tax. P.S. Mama Cass looks absolutely ravishing.

For comments, ideas and
copies of The True Story
of Wainfleet, go to
www.williamthomas.ca

Breathe New Life Into Old Rusty Items



As many homeowners can attest, summer is by far the best time to take on DIY projects around the home. From major renovations to minor repairs, getting to work just seems easier with a nice warm breeze.

This renewed summer feeling also brings out the desire for homeowners to take inventory of their items, especially deciding what can stay and what must go. But before you scrap old items like rusted bikes or broken down wagons, consider an 'upcycle' project instead. Millions of Canadians are joining the upcycling trend by updating old outdoor items, and it can be easier than you think with the right tools.

Upcycling Outdoors

One of the biggest issues homeowners run into with outdoor pieces is rust and water damage. When items such as bikes, gazebos or even iron fences are left to endure winter weather, they can accumulate rust patches and corrosion, which are not only

an eyesore, but can reduce the life span of the structure. One simple solution when working with rusted items is to improve the look and protect from further damage with a high-quality rust paint, such as Tremclad.

"That one product has been around for decades helping so many treasured items last longer," says Lawrence Genga, the senior director of marketing and research and development at Rust-Oleum Consumer Brands Canada. "The science behind Tremclad works to penetrate rust and help inhibit further occurrence."

When using a rust product, the most important quality to look for is durability. The more durable your product, the less you will have to apply in the long run and the better protection your item will have from further water damage.

Another key consideration when doing outdoor projects? The weather. Not just when it comes to the durability of your project, but when applying your paint or products. Be sure to follow temperature instructions closely and select days with low wind for best results on your next upcycle project.

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Emiry's Berry Patch for updates

Continued from front page...

Good Food Box Program Now Available In The Lacloche Area!

Each box contains the same mix of vegetables and fruit. The boxes are always below market price. There is at least one local food item in each

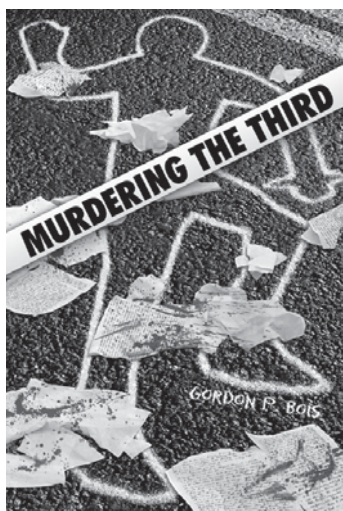
box, with numbers varying by season.

Try one out this month! You won't be disappointed!

Host Sites

Queensway Pentecostal Church: Angela Phibbs 705-869-1700
Espanola & Area Family Health Team: Susan Clarke 705-862-7991
Massey & District Arena: Brady Ropp 705-865-2519
Township of Nairn & Hyman: Sarah Peerla 705-222-3551

Local Author Releases Final Publication



Gordon P. Bois has released his eighth and final book of poetry. In "Murdering The Third," Bois chose to revisit the third person narrative one last time. When asked why, Bois said it was like finding the

missing puzzle piece necessary to complete the big picture.

After years of self-publishing, he's opted out and wants so very much for a traditional publisher to assume the breadth of responsibilities, financial and otherwise. He will, however, continue to submit to known literary magazines. Not only will this further bolster his literary resume but it's also a testament of his undying love and respect for the writer's craft.

This latest published work sells for \$13 and is now available at the following locations: Espanola Public Library, First Run Video, the Source Dealer in the Espanola Mall and online at: www.gordonsbookshelf.com (A Division of Gordon Bois Publications).

Espanola Sea Cadets Sail Into Summer



By Darryl Nadeau - The Ontario Provincial Sailing Regatta was recently held at HMCS Ontario, Kingston. It was attended by 84 Sea Cadets from all across Ontario in the hope of making Team Ontario to compete at the National Sea Cadet Sailing Regatta this summer.

357 RSCC Hero sent three cadets to the provincial regatta: CPO2 Riley Nadeau, PO2 Severin Gravelle and MS Gabriel Nadeau. This was the first Provincial Regatta for the paired team of Gravelle and Gabriel Nadeau. However, this was the third provincial regatta Chief Nadeau

has attended, his second representing 357 Hero.

The Nadeau brothers will spend their summer at HMCS Ontario, Kingston, honing their skills in the sailing program, while PO2 Gravelle pursues a Rifle Instructor course in Connaught, Ontario. For more information about the cadets program, visit www.espanolaseacadets.com.



Espanola Eat Local Farmers' Market

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Rainbow District School Board Approves 2014-2015 Budget

Rainbow District School Board approved a balanced budget of \$181 million for the 2014-2015 school year at the Board meeting on Monday, June 30. Despite declining enrolment, the Board's overall budget reflects an increase. This is primarily due to Early Learning Kindergarten, which will be fully implemented and funded in September 2014. Provincial funding to Rainbow District School Board has increased by \$5.5 million.

"Ongoing savings, coupled with the declining enrolment grant, have enabled us to align expenditures with revenue and achieve a balanced budget once again this year," said Rainbow District School Board Chair Doreen Dewar. "We have also invested in initiatives that will have a positive impact on learners from Junior Kindergarten to adult education."

Projected enrolment for September is expected to total 13,443 students, an overall reduction of 285 (full-time equivalent). This includes 75 fewer students in the elementary panel and 227 fewer students in the secondary panel. The Board is also predicting increased enrolment in a revamped Adult Day School program being launched this fall.

A total of 78 per cent of the budget, or \$141 million, has been allocated to salaries and benefits. The total staffing complement for 2014-2015 will be a full-time equivalent of 1,581 employees.

The budget reflects an increase of 15 designated early childhood educators for the Early Learning Kindergarten Program, which is being expanded to 12 more schools. It also reflects an increase of 10 elementary teachers, including 2.5 student success teachers

to support Grade 7 and 8 students in designated schools.

Two more Social Workers are being hired as part of the Board's mental health strategy. The budget also includes the equivalent of 13 Educational Assistants to support students with special needs.

Funds have been allocated to provide more artistic performances in elementary and secondary schools as well as enhance professional learning opportunities for teachers in program areas, including French as a Second Language.

Significant savings in utilities are once again reflected in the budget. Capital projects (including energy retrofits, the renewal of schools, the construction of three new green schools, and the revitalization of Sudbury Secondary School) coupled with declining enrolment have resulted in a decrease in electricity, gas and water consumption.

The Ministry of Education has provided additional funding to assist with rising electricity costs in schools. The school renewal capital program has also been extended for another three years.

Rainbow District School Board operates 35 elementary schools and 9 secondary schools in Sudbury, Espanola, Manitoulin and Shining Tree.

The Board also offers educational programs at Barrydowne College (a re-engagement school at Cambrian College), the N'Swakamok Native Friendship Centre, the Shkagamik-Kwe Health Centre, the Children's Treatment Centre, the Ruth MacMillan Centre, Frank Flowers School and Cecil Facer Secondary School.



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**MASSEY, Ontario
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OPEN TO THE PUBLIC

Saturday, July 19

11:00am-8:00pm - Registration at Massey and District Arena

11:00 am - 2:30 pm: Fun Run registrations

11:30 am: Cycle Tour of route.

3:00 pm: 2K Fun Run

3:30 pm: 5K Fun Run

4:00 pm: Fun Run, Awards and Prizes

5:00 - 8:00 pm: Spaghetti Feast - Cost \$8.00/person
 Age 16 and Over; \$5.00/person Age
 5-15; Under Age Of 5 Is Free

Sunday, July 20

5:00 - 5:30 am: No registrations accepted. Pick up race packages only.

6:00 am: FULL MARATHON START

6:15 am: 1/2 MARATHON START

6:30 am: CHUTES 10k START

8:00 am: Pancake Breakfast

8:00 am: Awards Ceremony will be on-going at the Arena
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PHOTO

Recipe

This is a perfect summer punch for any occasion. It's not too sweet and not too tart. I make it without alcohol for non-drinkers at the party but gin, vodka or white rum can be added to a glass if a guest desires.



Pineapple Pink Lemonade Punch

- 1 large can of pineapple juice
- 1 bottle of cranberry juice
- 1 6 oz. pink lemonade concentrate (thawed)
- 2/3 cup Sugar
- 7 Cups Ginger Ale
- 1/2 Lemon, squeezed
- 2 lemons sliced (for garnish)

Chill all ingredients (except sugar) ahead of time. Mix all ingredients together except ginger ale and stir well to combine. Just before serving, add ginger ale. Slice two lemons into rounds and float in the punch bowl.

Send Your Recipe Ideas To:
mothermayi@aroundandabout.ca



Espanola Police Report

On June 10, 2014 at 4:42 p.m., the Espanola Police Service was called to attend on Buzdygan Street, Espanola, regarding a possible impaired driver in a small red car. The driver of the vehicle was identified to police, and thought to be under the influence of either alcohol or drugs. While searching the area for the vehicle, police received another call from a residence on Thornloe Street, advising that the male had just left there in his car, after attempts by the caller to keep the male there were unsuccessful.

At 5:46 p.m., an Espanola Police Officer located the male sitting in the driver's seat of his vehicle on the shoulder of Penage Lake Road. The male exited the vehicle upon the officer's arrival, and in speaking to the male, the officer formed reasonable grounds to believe that he was under the influence of drugs, and in care or control of a motor vehicle. The male was arrested by the officer, and a search of his vehicle incident to arrest turned up 2 empty prescription pill bottles, and drug paraphernalia with Marihuana residue inside.

Once at the Espanola Police Service, the male was evaluated by an officer trained as a Drug Recognition Evaluator, who determined that the male's ability to have care or control of a motor vehicle was impaired by drugs.

As a result, the 26-year old resident of Espanola was charged with Care or Control While Impaired by Drugs, contrary to section 253(1)(a) of the Criminal Code. He is to appear in court on August 5, 2014 to answer to his charges.

On June 8, 2014 at 3:00 a.m., a member of the Espanola Police Service was conducting routine patrol in the area of Marshall's Bar and Grill on Centre Street, Espanola, when the officer observed a pick-up truck exiting the parking lot of the bar. The driver of the truck caught the officer's attention, when he immediately pulled off the roadway into a private drive, after having just pulled onto the roadway. The officer approached, and engaged the male driver in conversation, and while doing so, detected the odour of an alcoholic beverage coming from his breath; the male also admitted to having consumed four beers in a very short period of time while at the bar. Based on the officer's findings, he formed reasonable suspicion to believe that the driver had consumed alcohol and was operating a motor vehicle, and as a result, the officer gave a demand to the driver to provide a sample of his breath into an approved screening device, which the driver refused.

Based on his refusal to provide a sample, the 23-year old from Webbwood was charged with Refuse Breath Sample contrary to section 254(5) of the Criminal Code. He is to appear in court on August 5, 2014 to answer to his charges.

Anyone with information on any of these crimes call Espanola Police Service at (705) 869-3251 or remain anonymous by calling Sudbury Rainbow Crime Stoppers locally at (705) 222-TIPS (8477) or toll free at 1-800-461-4899

COMMUNITY NOTES

Good Food Box - Fruits and vegetables available in large or small box sizes. Pick-up sites in Espanola (705-869-1700), Massey (705-865-2519) and Nairn Centre (705-222-3551).

Whitefish Falls Plant and Yard Sale - Perennial plants and yard sale until July 13 from 10:00 a.m. to 4:00 p.m. daily in the park across the road from the Community Center in Whitefish Falls.

Members Only Garden Tour - Sponsored by The Espanola Horticultural Society, Saturday, July 12, starting at 10:00 a.m. Meet at 109 Sheppard St., Espanola (across from the Royal Bank) and we'll travel together from garden to garden. Memberships will be available that morning.

Espanola Curling Club Fundraiser Barbeque - July 17-19 at the Espanola Mall.

Lee Valley Autumn Leaves - Monthly meetings at 7:00 p.m. on the third Wednesday of the month at Lee Valley Hall. Everyone welcome. Music by Back Road Country Band July 19 at 1:00 p.m.

31st Jessie Burnside Memorial Art Show - Applications can be picked up at the Massey Area Museum Monday - Friday between 11:00 a.m. and 4:00 p.m. or call 705-865-2266 to have one emailed/faxed to you.

Tennis at Espanola Golf Club - Community Living Mondays; senior doubles Tuesday, Thursday, Saturday; open play Friday. Starting June 28: youth Saturday. Free lessons, call 705-869-0475.

Espanola Youth Centre Summer Camp - August 5-8 for ages 6-12. Receive a 10% discount for early registration. Call 705-862-2242 or email espanolayouthcentre@gmail.com for details.

VON Adult Day Centre - Provides activities, exercise and socialization. They have just renovated and are open Mondays and Wednesdays from 9:30 a.m. - 3:00 p.m. Please call 705-869-3304 for more information.

Do you have a NOTE for the Community?

We invite not-for-profit organizations to submit information on their upcoming events in writing no later than
Wednesdays at 3:00 p.m. 25 Word Limit.

Fax: 705-869-3342 or E-mail: around@aroundandabout.ca

YARD SALES

Yard Sale - Saturday, July 12 from 8:00 a.m. - noon at 451 Old Webbwood Rd. Building materials, snow machine, and more.



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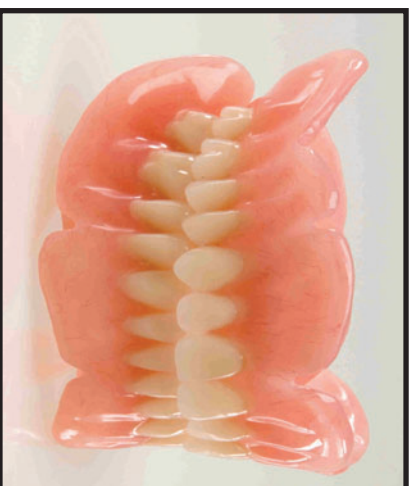
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