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 Your Community Connection
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 June 17, 2014 Issue 24 - Volume 18

Is there a Drug Problem in the LaCloche Foothills Area?

Drugs. They're a big city problem right? Maybe not. Consider the following:

- Fifteen of every one hundred people ages 12 and up have tried some kind of illicit drug in the previous 12 months. *
- Approximately one third of all youths in grades 7 to 12 have tried at least one illicit drug (excluding alcohol, tobacco, energy drinks, and steroids) in the previous 12 months. **
- Almost one of six youths in grades 7 to 12 has used prescription medications to get high and most of them got these medications from home. **
- Eight out of ten people ages 12 and over drink alcohol, and 2 out of 10 drinkers are binge drinkers. *

The statistics presented above represents the City of Greater Sudbury, and the Sudbury and Manitoulin Districts. The LaCloche Foothills area, covering the Hwy 17 corridor from Nairn Centre to Walford and Hwy 6 from McKerrow, Espanola to Birch Island, is part of this area.

In 2013, Espanola Police seized over \$300,000 in drugs and 48 people were charged with 125 drug-related offences. This represents an increase in drug activities from 2012. Drug use impacts the family which can lead to

Continued on page four...

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All The World's A Circus

William Thomas

williamjthomas@gmail.com

I Hate Water. Water Is Our Enemy.

I used to love water which is why I bought a house at Sunset Bay along the north shore of Lake Erie. Back then water was good. I swam in the lake and sailed on its surface. In the cold of winter I fished through lake ice for perch. Until my knees went creaky, I paddled a canoe through the waters of Algonquin Park for five or six summers in a row. I enjoyed water so much that just for fun I would take two cubes of frozen water and make them float in a glass with Scotch. That was so much fun, sometimes I would do it twice. But then came global warming and extreme weather and water turned on me like it was coming through a hose held by riot police. The year 2013 has just been officially declared as the hottest twelve months in the history of the world. By mid-summer the lake water was no longer cool and refreshing. By August the water was too warm for me to swim in and the algae grew faster than ever, piling up on the beach and rotting. Every day thousands of tons of ice fall into the ocean from the Arctic Ice Shield. That being the world's air conditioner, the summer can only get more oppressively hot. I was happy to feel the water cool down in the fall and then ... then the Arctic Vortex hit like that iceberg that got in the way of the Titanic. It was like a cruel

meteorologist, say Al Roker forced us all into a big meat freezer at gun point and didn't let us out until April. It was always twenty something below zero and the wind was 50 and 60 miles-per-hour coming off the lake. Suddenly everything that used to be water became ice including the pipe that runs from my outside cistern into the house. It froze and burst and froze again so I didn't have water for five months. Late spring when the ground thawed, I was able to install a new and very expensive water pipe and heat line. When I say I had no water, I exaggerate because one day the float on my sump pump broke away and I had lots of water, ten inches of ground water in my basement. The gas pilot light sits five inches off the floor so the furnace blew out as well. No water to drink or wash with, no heat and then a skating rink in the basement. My plumber came to my house at least 30 times during that period. One day he showed up when I hadn't even called him. He said he was experiencing separation anxiety. The last time he was here he told me his wife gave him an ultimatum: "It's either me or that guy who hates water! Make up your mind!" He says he's still thinking about it. When it comes to the Great Lakes,

Continued on page three...

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Continued from page two...

scientists predict that if we don't stop the wastage and the spillage, some day we will deplete the world's largest supply of fresh water. I'm all for it. The sooner the better. I hate water.

There was so much ice on the lake, in March a fisherman the next bay over drove his ATV one mile out onto the lake and couldn't find water. His ice fishing auger only went down three feet!

I thought frozen water was my mortal enemy until I watched the Toronto Maple Leafs trying to play hockey on it. Then I didn't feel so bad. Those guys have reason to hate ice even more than I do!

I went to Portugal for a couple of weeks where the weather was uncharacteristically cold and the waves off the Atlantic hammered the coastline and smashed walls that have been there for centuries. In the north an American surfer set a world record by riding a 78-foot monster wave into the coast near Nazaré. A couple weeks later, a plumber from Devon, England broke that record by two feet. Water, it seemed has followed me to Portugal and it was trying to kill me there too and make it look like an accident.

I turned on BBC News and

the bottom half of England was under water. It rained for three weeks straight, the worst downpour on record since 1915. The Thames River overflowed and if you didn't have water in your basement it meant you lived in a second floor flat. Water, it seemed was trying to kill all of us, not just me.

The winds are stronger, the waves are higher and because of global warming the water in the oceans is rising. If you have not been to Key West, go now while it's still there.

Trust me, water is out to get us. We need to replace it immediately with Kool-Aid or Diet Coke, something that's not quite so sticky. Or, it may all be one big conspiracy engineered by the world's industrial, military complex. All this has made me fearful and crazy but just because I'm paranoid it does not mean that water is not really out to get me.

From now on I plan to avoid all water - fresh, salt, distilled, whatever - except for those frozen cubes that pop to the top of scotch in a glass. That's so much fun!

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Update: The Future of Education in Espanola

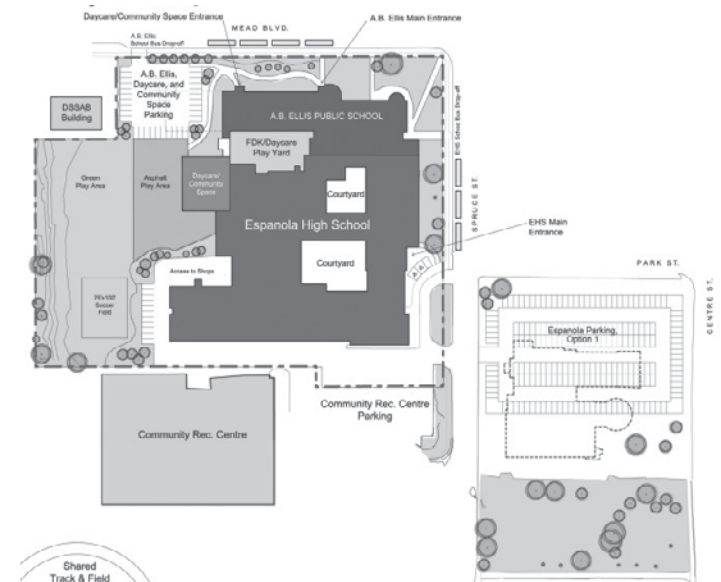
Another school year has come and gone, and this was a big year with regards to the futures of schools in Espanola. The Ministry of Education approved over \$21 million of investment in creating a new joint school for the French and English Catholic board schools and to renovate Espanola High School to include A.B. Ellis Public School in the same footprint.

Construction planning is now underway and expected to be completed by June, 2015 for the construction of the joint Franco-Ouest/St. Joseph/Sacred Heart Schools on the old Sacred Heart School site. Sacred Heart is set for demolition next summer. While the new joint school is being built, Sacred Heart students will be relocated to the former A.B. Ellis site, which will be vacated this summer.

The renovation of Espanola High School includes two distinct areas and separate entrances and bus drop off for A.B. Ellis Public School students and high schoolers. The current capacity of A.B. Ellis is 497 students, with an expected enrolment of 288 for the 2014-15 school year. At its new location, A.B. Ellis will be able to accommodate 309 students.

The current capacity of E.H.S. is 1077 (without Franco-Ouest) and expected enrolment for 2014-15 is 534. The post-renovation capacity of E.H.S. will be 642. There will be an additional 20,000 square feet of play area included in the new design.

The rendering below shows one of two options for the renovation of Espanola High School.



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will be held in Massey this spring, summer and fall. However, due to the time required to process your firearms licence application, it is strongly advised that you attend a course early enough to be fully prepared for the fall hunting season. Call or e-mail for details and dates. Limited space. Pre-registration required.

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Is there a Drug Problem in the LaCloche Foothills Area?

more family and social issues that may also require police presence. Community partners also estimate that about 7000 clean needles are brought into the LaCloche Foothills area every month by injection drug users, for the injection of illegal drugs.

Last year, 72 unique individuals received service at the Espanola Outpatient Addictions and Gambling Program (OAGS). Espanola OAGS is an outreach addiction program of Health Sciences North that works with clients and their families across the spectrum of care from reducing harm to abstinence and recovery. Clients seeking support range in age from 10 to 95 years of age. A worker from the OAGS said, "We see 'everyday kind of people'. People who took prescriptions for one problem and now they have another problem". According to the Espanola OAGS all street drugs are available in our area.

No one plans to become addicted. Often substance misuse starts with peer pressure, a dare or as a way to cope with hardship. Many people use substances to numb pain and escape their problems such as family stress, neglect, poverty, physical or sexual abuse, poor living conditions, early childhood experiences, unemployment, low education, illiteracy and more.

As tolerance for a substance rises, a person might try new and harder drugs to get that same feeling. This increases the risks that using drugs becomes a 'way of living' and the person will forsake family, work and other activities to seek their high.

While it sounds like a big problem, there is plenty that can be done to decrease drug misuse in the LaCloche Foothills area. Steve Edwards, Espanola's deputy chief of police adds "We can't fix this problem with enforcement alone. We need all the services". It will take everyone working together to prevent substance misuse and reduce the problems caused by drug use. In recent months many community agencies and concerned individuals have been meeting to discuss drug use issues and are working together to create a drug strategy for the LaCloche Foothills area.

For more information on the LaCloche Foothills Drug Strategy, call Carol Eshkakogan, PDA Coordinator at the North Shore Tribal Council – N'Mninoeyaa Health Program at 705.844.2021.

* Canadian Community Health Survey, 2011

** Canadian Centre for Addiction and Mental Health, Ontario Student Drug Use and Health Survey, 2013

Royal Canadian Sea Cadets Corps 357 Hero Holds First Annual Review



Photo: ASLt Darryl Nadeau proudly pins the Lord Strathcona medal to son CPO2 Riley Nadeau's tunic.



Photo: MS Wyatt Fremlin accepts this year's Top Drill Team Member award from Espanola Legion president Jack Fraser.

Espanola Town Council Addresses Fire Services Review

By Chloe Kneer with contribution from Bob Yocum - From the agenda of the June 10 regular meeting of Espanola Town Council:

Be It Resolved That: Council accept the fire services review that was conducted by an independent company (Fire Protection Survey Services) and that staff be directed to draft an implementation plan to proceed with some or all of the recommendations as quickly as possible.

A full fire services review was contracted for the Town of Espanola this spring, however, a full review was not possible due to "unforeseen circumstances." Because the scope of the report was scaled back, so was the cost. Initially it was quoted at \$9500 and ultimately cost \$3000.

In the draft, there were some significant recommendations made that, if approved, will affect the bottom line for Espanola taxpayers for years to come. For instance, the firm hired to do the report, Fire Protection Survey Services, (FPSS) suggests that Espanola add two additional full-time employees by making the deputy fire chief and the administrative assistant positions full-time. The report also states: "It is recommended that a new fire

station of single storey modern design be built to replace the old present station. This new station should be of three bay double deep capacity with drive through (bay doors front and back) bay design, large training classroom, male and female washrooms, large and sufficient offices." FPSS says that the new fire hall would accommodate one pumper, one tanker, one rescue truck and one 75-foot aerial/pumper. Some of this equipment is currently existing and some, such as the aerial/pumper would be acquired. The new facilities would also be large enough for future expansion and sufficient in size for training, something which is sorely lacking in the present building. All in all, the recommended facility is much more austere compared to the architectural drawings of the previously proposed fire hall. The report also suggests putting a plan into place to set aside money for the replacement of equipment over time, in a staggered fashion.

Ultimately, the motion was deferred. Because the scope of the report was limited, council discussed hiring another firm to come in and conduct an additional review, but it is expected that this issue won't be fully dealt with until the new term of council begins this fall.

In The Loop

Since the deferral of a report to Council on the review of fire services is addressed separately, I will fill you in on other happenings at the June 10 regular meeting.

The Public Works Department is purchasing a 2014 Ram 1500 (cost: \$29,101 plus tax) to replace the 1998 Econoline van with 162,000 kms. This van is the oldest of 8 PWD fleet vehicles. \$38,000 plus tax is required to replace the dry piping at the complex. The present system was installed 15 yrs ago. At the time, schedule 10 galvanized pipe was recommended but schedule 10 steel pipe was used to reduce cost. Pin holes are now beginning to appear. This time around galvanized piping will be used.

A training partner agreement with the Canadian Red Cross will be entered into for the purpose of delivering a variety of water safety and first aid courses for staff.

It cannot be mentioned often enough...Please check online at VOTERLOOKUP.ca or by phone (1-866- 6772) to ensure that you are on the voter list. This is especially important if you lease or rent in Espanola. Do not take for granted that you are eligible to vote because you did so in the past. If you are not on the Official Voter list you WILL NOT receive a Vote by Mail kit.

*Richard Ellis, executive member
Espanola Citizen Group*

Note: The views expressed In The Loop are that of the Espanola Citizen Group alone and do not necessarily reflect the views of Around&About.

Local Soccer Players to Compete in North American Indigenous Games in Regina

The North American Indigenous Games takes place July 20-27 in Regina, Saskatchewan, and local soccer athletes have been chosen to compete. Soccer is just one of a variety of events taking place, including archery, baseball, basketball, boxing, lacrosse, swimming, volleyball, and more. Athletes from all over North America will take part, so it is a huge honour for players who have

competed with Espanola Minor Soccer Association to have qualified for the opportunity.

In addition to the athletics, there is also a celebration of culture at the games. There will be opening and closing ceremonies showcasing Indigenous music and dance, as well as an Elder's Program. For more information, visit the website www.regina2014naig.com.



Photo: Theron McGregor, Alara Owl, and Montana McGregor are all Espanola Minor Soccer Association players.



Photo: Jaxen and Kiel Cress, members of the Sudbury Impact soccer team which participated in many exhibition games in Espanola last summer.

Recipe

I made this as a side dish the other night using fresh asparagus out of my garden and it was so good and so easy to make. The red pepper flakes and hot sauce add a zip and you can never go wrong with olive oil, garlic and parmesan cheese as a sauce on pasta. You could substitute the asparagus with broccoli florets or mushrooms or any combination that you wish.

Pasta with Asparagus

- 4 garlic cloves, minced
- 1 teaspoon dried red pepper flakes
- 2 to 3 dashes of your favourite hot sauce
- ¼ cup olive oil
- 1 tablespoon butter or margarine
- 1 pound fresh asparagus, cut into 1-1/2 inch pieces
- Salt to taste
- ¼ teaspoon pepper
- ¼ cup parmesan cheese
- ½ lb of penne or fusilli

Cook pasta according to directions. In a skillet, cook garlic, red pepper flakes and hot sauce in oil and butter for 2-3 minutes. Add asparagus, salt and pepper; sauté until asparagus is crisp-tender; about 8-10 minutes. Add parmesan cheese and mix well. Pour over hot pasta and toss to coat. Serve immediately.



Send Your Recipe Ideas To:
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MASSEY AREA MUSEUM BINGOS — July 7 at the Massey and District Arena. Doors open at 6:15 p.m. Bingo starts at 7:00 p.m. \$1775 in cash prizes. 07/29

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OBITUARY



COMMISSION — Joan of Espanola passed away at the Espanola Regional Hospital on Friday, June 6, 2014 in her 69th year. Beloved wife of the late Joseph Commission (2014). Dear daughter of the late Joseph and Doris (nee Corbiere) Cada. Loving mother of Joy Commission (husband Greg Bednarski) of Espanola and Jody Grexton (husband Gerry) of Webbwood. Will be sadly missed by grandchildren Sadie Simoes of Midland, Lorraine Crick of Worthington, Margo Desjardins of Ottawa, Gerry Gambelin of Espanola, Dolores Riccutti of Stoney Creek, Larry Cada of Mississauga, Randy Cada of Bolton and the late Anne Troupe and Gertie Cada. Friends called at the Bourcier Funeral Home, Espanola on Monday, June 9 and funeral mass was held on Tuesday, June 10 at St. Jude Roman Catholic Church, Espanola with Father Ed officiating. Interment in the Espanola Cemetery. If so desired, memorial tributes may be made to the Northern Cancer Research Foundation.

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Deadline to Submit July 1, 2014**

COMMUNITY NOTES

Ovarian Cancer Awareness Walk – is hosting a Craft Market July 1 at the Knight of Columbus Hall, Espanola, from 10:00 a.m. – 3:00 p.m. For tickets or vendor info call 705-862-1893

Massey Area Museum Fish Fry - Friday, June 20 at the Heritage Park, 4:00 p.m. – 7:00 p.m. Fresh Whitefish, Fresh Cut Fries.

31st Jessie Burnside Memorial Art Show - Applications can be picked up at the Massey Area Museum Mon. – Fri. between 11:00 a.m. and 4:00 p.m. or call 705-865-2266 to have one emailed/faxed to you.

Rib Dinner And Stand Up Comedy Night – The Espanola Rivermen are hosting the evening in support of Relay For Life. Friday, June 20. Call the Espanola Complex for details at 705-869-1961.

7th Annual Joel's Quad Run - In memory of Joel Austin, June 21 in Nairn Centre. Registration is at the Nairn rink 9:30 a.m., run leaves at 10:00 a.m. with a BBQ and raffle upon return. All proceeds go to the Heart and Stroke Foundation in Joel Austin's memory.

Midsummer Celebration of Juhannus – At the Beaver Lake Sports and Cultural Club, Sunday, June 22 starting at 1:00 p.m. Entertainment and refreshments. For tickets and information, call 705-866-1506.

VBS At Massey Bible Chapel – From June 23- June 26, 6:00 – 8:00 p.m., Castle Street. All children JK to grade 7/8, free. Call Elaine for information at 705-865-3423.

Tennis at Espanola Golf Club – Community Living Mondays; senior doubles Tuesday, Thursday, Saturday; open play Friday. Starting June 28: youth Saturday. Free lessons, call 705-869-0475.

Next Community Luncheon - June 24 at the Lighthouse in Espanola (across from the Royal Bank) from 11:30 am to 1:00 pm. NO CHARGE. Everyone welcome.

Annual Fish Fry And A Buffet of Salads - At the Walford Community Centre Friday, June 27 from 4:30 - 6:30 p.m., sponsored by St. Andrew's United Church (Massey). For more information, call Austin at 705-844-2289 or Shirley at 705-862-0757.

Espanola Youth Centre Summer Camp – August 5-8 for ages 6-12. Receive a 10% discount for early registration. Call 705-862-2242 or email espanolayouthcentre@gmail.com for details.

VON Adult Day Centre - Provides activities, exercise and socialization. They have just renovated and are open Mondays and Wednesdays from 9:30 a.m. - 3:00 p.m. Please call 705-869-3304 for more information.

Do you have a NOTE for the Community?

We invite not-for-profit organizations to submit information on their upcoming events in writing no later than
Wednesdays at 3:00 p.m. 25 Word Limit.
Fax: 705-869-3342 or E-mail: around@aroundandabout.ca



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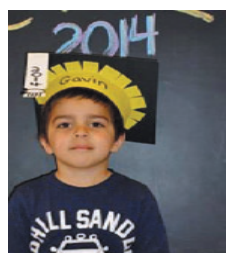
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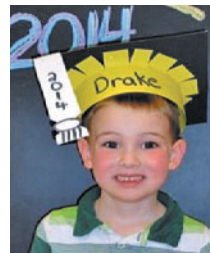
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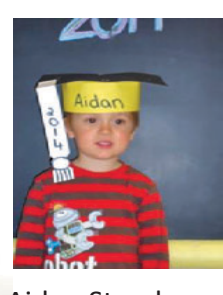
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