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November 11, 2014 Issue 45 - Volume 18

### **Area Cadets Help Spread The Message Of** Remembrance



**Photo:** Firefighter "Pinky" Hopkins pins the poppy given to him by new cadet Hailey Murray at Massey Arena's craft show. (Photo courtesy of Jillana Goodchild)

By Jillana Goodchild - A big thank you to Espanola and Massey businesses as they welcomed our local sea cadets Saturday, November 1 in their efforts to help the local legions give out the red flower pins commemorating soldiers who have fought and perished in the various wars for our country's freedom.

The poppy was first adopted as a national remembrance symbol in the early 1920s by the American Legion two years after Ms. Moina Michael created the first batch of 25 silk poppies at a YMCA Overseas War Secretaries conference in New York in 1918. Inspired by the war poem "In Flanders Fields" - "In Flanders fields where poppies blow, between the crosses,

Continued on page four...







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# All The World's lliam Thomas

williamithomas@gmail.com

## "People - Drop Your Costumes And Put Your Hands Up!"

A few nights before Halloween a man to - fights crime on the streets of Seattle, in Nunica, Michigan attended a costume party dressed as a zombie. Stepping outside for a smoke, he decided he'd creep onto the road in front of the house in order to frighten motorists. And boy, did his plan work. He scared one driver so badly, the guy ran him over with his car. So in that sense 45-year-old Jeffrey Stiles of Muskegon and now in traction was quite successful. Jeffrey did not die because as any fan of The Walking Dead knows in order to kill a zombie you must detach the head from the body. Stiles is recovering from non-life threatening injuries and police are looking for a hitand-run driver who is now really, really scared.

In tracking down the hit and run driver, Michigan police may have to enlist the help of the state's real life super hero Bee Sting. But they'll have to move fast because Bee Sting, who dresses up as a law-enforcing bumble bee accidently discharged his shotgun at a trailer park where he was fighting crime. As a result, this four-winged hairy insect may be going to jail. No word from the police if, in misfiring his gun, Bumble Bee Man shot his own stinger off.

Super hero Phoenix Jones might have been able to help Michigan police get their man except he might be going to jail too. Phoenix dresses up in a yellow and black cape-style costume and though nobody has actually asked him

Washington. He has been accused of using pepper spray to break up a fight in front of a downtown bar that witnesses say never happened. That's an excellent indication of a dropping crime rate, where a super hero has to manufacture misdeeds in order to look busy.

On second thought putting Phoenix Jones and Bee Sting on the same case probably would not have worked. With both showing up in clashing bright yellow costumes, they'd have likely got into a real cat fight. Which brings us to Hello Kitty. Two hours past midnight on Halloween, Hello Kitty was arrested in the small town of Gorham, Maine and charged with drunk driving.

I know what you're thinking - although dogs have been known to knock back a few beers now and then, cats almost always avoid cocktails.

Carrie Gipon, 37-years-old and dressed in a classic red and white Hello Kitty costume was spotted driving in the wrong lane and pulled over by police. She refused to take the breathalyzer after she kept getting her whiskers caught in the inhaler.

Gorham police took down Hello Kitty all by themselves, choosing not to enlist the help of Matthew Argintar, New Jersey's very own Batman. The allblack, masked crime fighter may not have been available anyway since he was

Continued on page three...



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Continued from page two...

recently arrested near a Home Depot for disorderly conduct and the illegal possession of handcuffs.

Oakland's Motor Mouth might have been able to bring justice to the Hello Kitty caper but coast-to-coast from California to Maine is a long way to fly. He would have had to refuel his cape at least six times.

Motor Mouth best sums up this new super hero phenomena when he says: "I want to help the cities of my area and make sure that people know my name and that I'm not just some random guy wearing a mask, some dude who read too many comic books or somebody that doesn't have a life."

Motor Mouth who wears a black bullet-proof vest learned all his skills as a super hero from a comic book called "Kickass" which tells me that he might have that vest on backwards.

Do you remember when men who wore masks were the bank robbers not guys named Captain Oyster and Phantom Zero hanging around banks to catch the robbers?!? Do you remember when Superman and Spider-Man put bad guys behind bars instead of serving time in the crowbar hotel themselves?!? Do you remember when everyone was kung-fu fighting and not handcuffing, pepper-spraying

and firing shotguns off in the middle of the night?!?

Still, they're in our midst. They come in all sizes and costumes and almost every big city in America has one - today's real life super hero. They have names like Moon Dragon, Geist and Purple Reign. Crime fighters or just guys who like to wear tights? There's even a team of them now operating in Canada. They wear cowboy hats and scarlet red tunics and they ride horses in circles to the sound of music and ... No! Wait! Those are the Royal Canadian Mounted Police! Those guys are for real!

Call me old-fashioned but I think super heroes belong on the pages of comic books and these real-life super heroes belong in protective custody. As far as guys in costume helping citizens in distress, we should have drawn the line at Boy Scouts helping little old ladies across the street and doing it for a chivalry badge and free Girl Guide cookies. People in costumes and crime are a real bad mix. As Superman's Lois Lane once "How many "f's" in said: catastrophic?"

For comments, ideas and copies of The True Story of Wainfleet, go to www.williamthomas.ca



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## Pan Am/Parapan Am Games Torch Relay **To Come Through Massey**

By Chloe Kneer - As a high school student in the summer of 1987, my mother decided it would be a good experience for me to sign up as one of 37,000 volunteers for the Pan Am Games. (She was always trying to think of creative ways to keep me busy, much the way I do with my precocious thirteen year old son now.)

The games were being hosted in my hometown of Indianapolis, Indiana, after two other cities having to back out due to social unrest. It was a cool couple of weeks to say the least. Since the Pan American Sports Organization is affiliated with the International Olympic Committee, both games run every four years, with the Pan Am Games being the lead up to the Olympics. As such, we had great athletes in our midst, including diver Greg Louganis, as well as track and field champions Carl Lewis and Gail Devers. Indianapolis had long been considered the "amateur sports capital of the world" and hosting these games sealed that assertion.

When I donned the red polyester blazer I was issued (hot for July in Indy, to be sure) and boarded the unairconditioned school bus to go to our first assignment, little did I know what I was in for. Apparently, my level of volunteer status was high security compared with other things I could have been stuck doing. Our team was responsible for all medals given to winning athletes. Yes, we had to guard the medals during events and then do the presentations. Incidentally. I still have that red polyester blazer and also a lot of great memories from the experience. In the summer of 2015, the Pan Am/Parapan Am Games host city will be Toronto. There will

be over fifty-two sporting events from archery to wrestling. There are forty-one Pan American Sports Organization (PASO) member nations and the games are the world's third largest international multisports games.

Preceding the Pan Am Games in July and the Parapan Am Games in August will be the torch relay. The torch will make its way from Mexico to Toronto, arriving on May 30. there, over 130 communities and 3,000 torch bearers will relay the torch, landing back in Toronto for the July 10 cauldron lighting ceremony.

On the list of relay communities is Massey. "We (Massey) were selected by the Toronto 2015 Pan Am Committee to be on the torch route and Council passed a resolution confirming our involvement this past summer," says Kelli Bracken, Programs Coordinator for the township's Parks and Recreation Department. "As Massey's Pan Am Committee Chairperson. it will be my duty to ensure the Pan Am Games are well represented in the community focusing on the heritage of the games and applying the spirit of the games - culture and sport.' The township is looking for volunteers to be torch bearers when the torch makes its way through the area on June 3. In order to qualify, a torch bearer must be 13 years old by May 30, 2015, a Canadian citizen or legal resident, and able to run or wheel his/her 200 metre segment on the assigned day. Anyone interested in applying must do so before December 1. For information, visit www. sables-spanish.ca or email Kelli at kbracken@sables-spanish.ca. For more information on the Pan Am/Parapan Games visit www.toronto2015.org



## Espanola & Area

## **Family Health Team**

#### Drugs in our Community?

The Lacloche Foothills Drug Strategy Committee invites you to learn about and discuss drug issues in our community on Nov 18th 6:30-8pm at the Espanola High School Library.

#### 705-862-7991

Continued from front page...

## **Area Cadets Help Spread** The Message Of Remembrance

row on row...," the idea came to her as a way to raise funds for ex-soldiers.

Today, poppy pins are primarily distributed in UK and Canada in the few weeks preceding Remembrance Day/Armistice Day, although the pins, taking various forms and made of different materials, are also an annual tradition in several other countries worldwide.

Espanola Poppy Chairman, Bob Laplante stressed that the campaign does not involve the "selling" of poppies but rather "poppy tagging," as it is properly labelled, is a means to promote the remembrance symbol. Any donation made for a pin is voluntary and welcomed as the money raised by this effort primarily goes into a poppy trust fund to support veterans and their survivors. However, special permission has been obtained by the Espanola Legion to direct funds to additional worthy causes such as the Northeast Cancer Centre in Sudbury and the Espanola Regional Hospital Foundation in recent years.

Fourteen sea cadets (and one Blind River air cadet) volunteered their time on Saturday starting at 9:00 a.m. to participate in the poppy tagging campaign in collaboration with the Espanola and Massey Legions. Ann Behm, the Massey Poppy Chairman for over 15 years, with help from fellow legionnaires Grace Wagler and Wes MacDonald tallied up the donations brought in from Hero's morning at Massey's businesses and rewarded their cadets' work with a pizza lunch. Espanola and area sea cadets have participated in poppy tagging in the community since they first started parading out of the Espanola Legion and will once again partake in the honour guard at the Massey and Espanola Remembrance Day ceremonies on Tuesday, November 11. The Espanola ceremony will be held at the Espanola Legion at 11:00 a.m. and the Massey ceremony will be held at the Massey Arena also at 11:00 a.m. The parade forms at 10:30 a.m.

Wear your poppy proudly – lest we forget.

More photos at www.flickr.com/rcscchero



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# **CNSC Open House in Spanish: Nuclear Safety**



The Canadian Nuclear Safety Commission (CNSC) will hold two open-house sessions in Spanish, Ontario. We will explain our role and early involvement in the Adaptive Phase Management (APM) approach – a proposed deep geological repository for used nuclear fuel.

Date: November 18, 2014, 1:00 – 3:30 p.m. and 6:00 – 8:00 p.m. Place: Spanish Municipal Marina, 40 Garnier Road, Spanish, Ontario

#### About the open house

CNSC staff will be on hand to provide information and answer questions about how we regulate the nuclear sector. The CNSC is Canada's independent nuclear regulator, and does not promote nuclear energy or the Nuclear Waste Management Organization's (NWMO) APM approach. Our mandate is to ensure safety.

The CNSC is responsible for licensing geological repositories intended to provide for long-term management of radioactive wastes, including used nuclear fuel. The NWMO's APM approach is still in an early stage and the CNSC has not yet received a licence application. Should the project move forward, the NWMO would need a licence from the CNSC before any work commences. The CNSC would only issue a licence if it is safe to do so.

For more information, visit <u>nuclearsafety.gc.ca</u>, or contact us by email at <u>info@cnsc-ccsn.gc.ca</u> or by telephone at 1-800-668-5284.

## Portes ouvertes de la CCSN à Spanish sur la sûreté nucléaire

La Commission canadienne de sûreté nucléaire (CCSN) tiendra deux séances portes ouvertes à Spanish, en Ontario. Son personnel expliquera le rôle de l'organisation et comment participer dès le début à l'approche de gestion adaptative progressive (GAP) – un projet de dépôt dans des formations géologiques profondes pour le combustible nucléaire irradié.

Date: 18 novembre 2014, 13 h à 15 h 30 et 18 h à 20 h

Lieu: Marina municipale de Spanish, 40, chemin Garnier, Spanish (Ontario)

#### À propos des portes ouvertes

Le personnel de la CCSN sera sur place pour fournir de l'information et répondre aux questions sur la façon dont nous surveillons le secteur nucléaire. La CCSN est l'organisme de réglementation nucléaire indépendant du Canada et ne fait pas la promotion de l'énergie nucléaire ou de l'approche de GAP de la Société de gestion des déchets nucléaires (SGDN). Notre mandat consiste à assurer la sûreté.

La CCSN est chargée d'autoriser les dépôts géologiques prévus pour stocker des déchets radioactifs à long terme, y compris le combustible nucléaire irradié. L'approche de GAP de la SGDN en est encore à ses débuts, et la CCSN n'a pas encore reçu de demande de permis. Si le projet va de l'avant, la SGDN devra obtenir un permis de cette dernière avant que les travaux puissent commencer. La CCSN ne délivrera un permis que si le projet ne pose pas de danger.

Pour en savoir plus, consultez <u>suretenucleaire.gc.ca</u>, ou contactez-nous par courriel à <u>info@cnsc-ccsn.gc.ca</u>, ou par téléphone au 1-800-668-5284.

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MASSAGE THERAPY – Offered by Krista Zdyb R.M.T. Located at In Touch Chiropractic & Wellness Center, Espanola. Half Hour and Full Hour Appointments available. Therapeutic, relaxation, and hot stone massage. New patients welcome. Call 705-862-7171. 11/11

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**ESPANOLA SELF STORAGE** – 6x8 and 8x10 Storage Units available in Espanola. Located behind the car wash. Call 705-869-8405. 11/25 - **R** 

PHYSIOTHERAPY - offered by Marilyn Wittmann. Located at Physio Moves in the Espanola Hospital. 705-988-3737. Visit www.physiomoves.net for services, rates, and hours. WSIB and MVA accepted. Acupuncture available. 11/25 - R

#### **FOR RENT**

FOR RENT - Exceptional Lakefront Home - situated 15 min from Espanola on beautiful Maple Lake. 3 bedroom/3 bathroom, modern kitchen, sunken living room with cathedral ceiling, air, fireplace, hardwood and ceramic floors. 2200 sq feet of open spacious living with large attached garage - a handyman's dream. Scenic views, great swimming and boating. Fishing/hunting or a nature lover's paradise. \$1700/month+utilities (only efficient hydro geo-thermal system). Call 613-617-8595 or email wemelandrick@gmail.com. See links below for to photos and a virtual tour. https://www.facebook.com/media/set/?set= a.392442540797599.81542.232010746840 780&type=3 or http://www.youtube.com/ watch?v=DP6tDc8hLgY

**FOR RENT** – 2 bedroom apartments. One available November 1 and December 1. Spacious, open concept, lots of natural light. Laminate flooring. Newly renovated bath, fridge and stove included. Laundry facilities. \$675/month, hydro not included. Call 705-869-5015, leave message. 705-862-1011. 11/11

**FOR RENT** – 2 bedroom apartment in Webbwood \$800/month utilities included. Minimum year lease. For more info call Don. 705-204-4737 or 705-869-0972. 11/11

MASSAGE THERAPY & ACUPUNCTURE - by Cheryl Van Allen, R.M.T. Therapeutic and relaxation massage. \$80 one hour, \$47 half hour. Senior and student rates available. Located at the Pinewood Motor Inn. 705-869-3460. 12/2 - R

APP COMPUTER SOLUTIONS - Complete computer repairs - virus, Trojan, and spyware removal - tune-ups & system reloads - software & network installations - hard drive and memory upgrades available. Call 705-869-5757. 12/09 - R

WILD GAME PROCESSING – For all your wild game processing call 705-865-1886 or 705-865-9996. Cut, wrap, sausage, etc. No Sunday calls please. 11/11

#### INVITATION

#### Queensway Pentecostal Church

would like to invite you to say goodbye to

#### Mario and Stephanie Borsato.

Dr. Borsato has been the community pastor at QPC for the last two years and has truly been a blessing to QPC and Espanola. Mario and Stephanie are moving to Nova Scotia and their last Sunday at QPC is November 16th. So we would like to invite you to join us at 10:30AM on Sunday, November 16th as we say farewell to our good friends.

FOR RENT – Spacious 2 or 3 bedroom townhouse starting at \$673.10 per month plus utilities. Non Smoking. Call Chantel at 705-690-5156. www.RSPM.ca Available November 1 or 15. 11/18

FOR RENT – 1 bedroom apartment. Available January 1. Spacious, open concept, lots of natural light. Laminate flooring. Newly renovated bath, fridge and stove included. Laundry facilities. \$675/month, hydro and heat included. Call 705-869-5015, leave message. 705-862-1011. 11/11

**FOR RENT** – 2 bedroom apartment available immediately. 45 Arthur Ct, Espanola. Please call 705-869-5989. References required and no pets allowed. 12/30

FOR RENT – Two 2 bedroom apartments in Espanola and Massey. Espanola available immediately \$700/mo + utilities. Massey available December 1 \$600/mo + utilities. Call Roger at 705-698-0645. 11/11

#### **BINGOS**

MASSEY AREA MUSEUM BINGOS – December 1 at the Massey and District Arena. Doors open at 6:15 p.m. Bingo starts at 7:00 p.m \$1825 in cash prizes. 11/18 - R

#### **FOR SALE**

**FOR SALE** – 1986 Chevrolet Capric Brougham Classic. 121 k, all power 305 V8, stored winters. Asking \$4200. Will only sell to a caring person. Call Elliot 705-865-3076.

**FOR SALE -** Locally grown organic potatoes. Call Dan or Arlene 705-869-5102. 11/11

**FOR SALE** – Hardwood firewood for sale. Hard maple and oak. Cut, split, and delivered \$100/cord. Call Nathan Detroit at 705-865-3011. 11/18

**FOR SALE** – 2001 16 ft cube van. 178,259 km, 7.4 litre, asking \$8000. 705-865-2412. 11/11

#### **EMPLOYMENT OPPORTUNITY**

## **Employment Opportunities**

Dittrich's Hair Salon is looking for a "Receptionist & Experienced Hairstylist with Clientele" to join our team.

If you are motivated, enthusiastic and enjoy working with the public please drop a resume off at: 400 Centre Street, Espanola or email *kim paradis@hotmail.com* 

Resumes will remain confidential.

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#### **RAFFLE WINNERS**

## Winners of Raffle Tickets Massey Area Museum – Drawn November 1st, 2014

Twig Furniture Winner – Elizabeth Gamble Quilt Winner – Barbara Toulouse Personalized Sign Winner – Jeannine Hnatuik 50/50 Draw Winner – Linda Hembruff

Massey Area Museum thanks everyone for their support!

#### **NOTICE**

#### **Public Information Session**

Domtar will host a public information session regarding its registration application to the

Ontario Pulp and Paper Industry Standard under the Local Air Quality Regulation (O. Reg. 419/05).

Date: November 12, 2014

**Time:** 7:00pm – 9:00pm

Place: Domtar Continuous

Improvement Centre 79 Tudhope Street

Espanola

This information session is to explain the Espanola mill's registration to the standard and actions the mill is taking as part of this registration.

Comments are invited and can be posted on-line to the Ontario Environmental Registry at <a href="http://www.ebr.gov.on.ca">http://www.ebr.gov.on.ca</a>.



#### THANK YOU

# Community Living THANK YOU

Once again this year, I would like to extend a very special thank you to the Board of Directors, CLE Fundraising Committee and staff of Community Living Espanola for your commitment and hard work in making our 6th Annual Fall Harvest Luncheon fundraiser a very successful event.

I would also like to express my sincere thanks to the following community volunteers, organizations and businesses for their contribution to the success of this fundraiser. To those whose names may have been missed, please accept my apologies and sincerest thanks.

Blue Heron Resort Evelyn's Hair Freshco Giant Tiger Tim Horton's Costco Starbucks Town of Espanola Rustie J.F.B. Café Paperworks Ink Winkels Massey Wholesale Farquhar's Dairy Richard's Auto Big Deal Furniture Aimee Belanger Creations Cambrian College Ladies of the Royal Purple Espanola Girl Guides Northwest Trading Company Cheryl Van Allen, RMT Petro Canada Canadian Tire Wendy's O.J. Graphics Robinson's Pharmasave The Hair Centre Home Hardware Jean Country Roger Rabbit's Elite Training Cortina Espanola On Line Auction The Grooming Shop Remedy RX Espanola Chiropractic Hair Dynamics Cutie Paws Meloche's Nick's Sales & Service Elly's Epicure

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Together we raised a total of \$2,705.25 on October 29/14 which will be used to enhance the lives of the individuals supported throughout our programs.

Louise Laplante, Executive Director Community Living Espanola

## Recipe

Cream of mushroom soup has always been one of my favourite things to have for lunch. When I was in elementary school my Grandpa would pick me up for lunch on Fridays while my mom and Grandma were grocery



shopping. Our lunch was always the same; mushroom soup that wasn't quite blended enough which left lumps throughout the soup and a layer of pepper floating across the top of the bowl. Grandpa taught me to dip a whole soda cracker into the bowl of butter but

**COMMUNITY NOTES** 

**Meat Roll-Offs** - Espanola Legion Saturdays at 3:30 p.m. Everyone is welcome. Proceeds support your favourite local organizations.

**Remembrance Day Services** – Espanola Legion and Massey Arena, Tuesday, November 11 at 10:45 a.m.

**Next Community Luncheons** - November 11 and 25 at the Lighthouse in Espanola (across from the Royal Bank) from 11:30 a.m. to 1:00 p.m. NO CHARGE. Everyone welcome.

**Espanola United Church Women's, Christmas Tea and Bazaar** – Saturday, November 15 at the Espanola United Church, 137 Sheppard Street, noon to 2:00 p.m.

**St. Andrew's United Church Harvest Supper and Talent Auction** - Sunday, November 16, 5:30 p.m. at the Massey Legion Hall. For tickets call Donelda 705 865-2450.

**Drugs in Espanola Area?** - Learn about and discuss drug issues in our community with the LaCloche Foothills Drug Strategy Committee on Tuesday, November 18 from 6:30 - 8:00 p.m. at Espanola High School Library. For more information call Cheryl McCaw 705-222-9202 ext. 310.

**Christmas Decorations Exchange** – Drop off your used decorations November 21 at the Espanola complex for the annual sale November 22 from 9:00 a.m. – noon. Proceeds benefit the Helping Hand Food Bank.

**Espanola Reads** – 5th annual, Wednesday, November 12, 7:00 p.m. at the library room. Everyone welcome. For information, call Daphne Allen at 705-869-0475.

**Dodgeball Tourney** - Friday, November 14, 6:30 - 9:30 p.m. at Espanola High School. Teams must have 6-8 players. Register by November 7 at Queensway Pentecostal Church. Email for additional information: bobbybarran@live.ca or katiehfinlay@gmail.com

Ladies of the CWL Charity Bazaare – At the Espanola Mall on November 20 from 9:00 a.m. – 3:00 p.m.

**Elvis Presley and Johnny Cash Tribute** – Fundraiser for St. James Anglican Church at the Massey Arena, November 22, 7:00 – 9:00 p.m. For information, call Marilyn at 705-865-2916 or Elsie at 705-865-2728.

**Espanola Elks Hamper Fund** – To qualify, apply in person at the Elks Hall on Thursday, Friday, and Saturday, November 27, 28, 29 between 1:00 – 4:00 p.m. Radiothon is at the Espanola Mall on Saturday, November 29 10:00 a.m. – 3:00 p.m

**CLE Cash Calendar 2015 Fundraiser** - prizes totaling \$7,000.00. All winning tickets are re-entered daily! Tickets can be picked up at the CLE Administration Office at 345 Centre Street. Proceeds will be used towards the purchase of a Snoezelen (multisensory) Room.

**Stomp Junior High** - Grades 5-8 on Wednesdays from 7:00 - 8:30 p.m. at Queensway Pentecostal Church. There will be fun, games, prizes, friendships and life coaching.

**Christian Musicians Wanted** – Contemporary Worship Band. Practice starts in January. Looking for acoustic and bass guitars and keyboardist. Call 705-665-3455 or email BruceBirtwistleGODdrummer@yahoo.ca

#### Do you have a NOTE for the Community?

We invite not-for-profit organizations to submit information on their upcoming events in writing no later than Wednesdays at 3:00 p.m. 25 Word Limit.

Fax: 705-869-3342 or E-mail: around@aroundandabout.ca

I was not to tell Grandma. To this day I think of him every time I eat mushroom soup and I still dip my cracker into the butter when nobody is looking. For years I've been wanting to make homemade mushroom soup and finally did it last week. I found a simple recipe that really didn't take much time to make thanks to the convenience of presliced mushrooms. I am not a wine drinker and am hesitant to use it in cooking but if you let it simmer until it's reduced it really does add a nice flavour without making you aware it's in the soup. It was deliciously creamy and I loved having spoonfuls of large, chewy mushrooms with every bite. Of course it wasn't complete without a good sprinkle of pepper and a handful of crackers.

#### **Homemade Cream of Mushroom Soup**

- 1/4 cup butter
- 3 cloves garlic, minced
- 1 1/2 pounds mushrooms, thinly sliced
- 1 onion, diced
- Kosher salt and freshly ground black pepper, to taste
- 1 cup red wine (if you are not a fan of wine, you can reduce the amount and use more chicken broth)
- 4 cups chicken broth
- 1 cup cream (I used half and half)
- 1/2 teaspoon dried thyme
- 2 tablespoons cornstarch

Melt butter in a large pot over medium heat. Add garlic and mushrooms, and cook, stirring occasionally, until tender and browned, about 5-6 minutes; season with salt and pepper, to taste. Stir in onion and cook, stirring frequently, until translucent, about 2-3 minutes. Stir in wine and bring to a boil; reduce heat and simmer until slightly reduced, about 5 minutes. Stir in chicken broth, cream and thyme. In a small bowl, whisk together cornstarch and 1/4 cup water. Stir mixture into the soup until slightly thickened, about 1-2 minutes; season with salt and pepper, to taste. If the soup is too thin, add more cornstarch and water as needed until desired consistency is reached.

## Giant Tiger Winner Helps Espanola High School



Giant Tiger Stores ran a national online contest at back-to-school time where shoppers could make a video sharing their shopping experiences (look for the "Haul Video" on YouTube). Up for grabs was \$1,000 (\$500 in gift cards and \$500 cash) to go to the school of the winner's choice and \$500 in gift cards for the winner. The grand prize winner of the video contest is Massey resident Katherine Wright, who chose to donate the winnings to Espanola High School. "I have a daughter at E.H.S.," says Katherine. "I got a lot of help from her and her friends in putting the video together." Katherine and her daughter, Halie, with the help of a friend who has all of the video equipment, took actual footage of themselves doing their back-to-school shopping at Giant Tiger Espanola. The video captured the eyes of those at Giant Tiger's head office and the rest is history.

Local Giant Tiger owner Jeanno Lalande along with Katherine and Halie presented the gift cards and cheque to Espanola High School Vice Principal Sheila Giroux (photo above). "We will let Halie decide how the money is to be spent," said Giroux.



