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 September 16, 2014 Issue 37 - Volume 18

St. George's Anglican Church in Espanola Celebrates 90 Years



Photo: St. George's Anglican Church on Tudhope Street, Espanola, 2014.

By Chloe Kneer - Settlement of the Town of Espanola began in the early 1900's. Transportation at that time was limited and Abe Aube made his way to the area by riverboat, which was operated by Bill Rogers. Mr. Rogers' family are one of the oldest founding members of St. George's Anglican Church in Espanola. The church is celebrating its 90 year anniversary this year with a special service, dinner, and publication of a book on the church's history, written by Jo-anne Laframboise. Prior to St. George's construction in 1924, Anglicans met in area homes. Times were tough and money was scarce. The mill saw its fair share of hard times, specifically in 1914 when there wasn't enough money being generated for employees' paycheques to clear at the bank. The financial crisis was stemmed by an executive who put forth his own private resources in order to keep things going.

Continued on page four...

Save The Date!

Plan to attend the Espanola All-Candidates Night, Tuesday, September 30, 7:00 - 10:00 p.m.

At The Espanola Legion Branch 39, 370 Annette Street

Send your questions for candidates to election@aroundandabout.ca



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All The World's A Circus

William Thomas

williamjthomas@gmail.com

The 101-Year-Old Spearchucker: Gallantry In Slow Motion

So I open up my morning paper to the sports section to see how Philadelphia Flyers' captain Claude Giroux is being greeted by teammates at training camp after being arrested in Ottawa at a bar on Canada Day for "repeatedly grabbing the buttocks of a male police officer." (I hope you're sitting down for this one – police say "alcohol may have been involved!!!") Claude: do not start one of your dressing room pep talks this season with "We gotta pull together ..." or "I got your back." Okay?

Instead, I spot a photograph of a very elderly lady in a track suit who appears to be competing in a pole vaulting event!?! The mental image of that woman sprinting down the track, jamming that pole into a metal slot and then slingshotting herself up and over a bar high above her head made me cringe. My first thought was that she must be on the same kind of performance program made famous by Ben Johnson. Then I double-checked the article to make sure it was a genuine sports story and not an ad for hip replacement surgery.

Then I read the article. Florence Storch, 101-years-old of Sherwood Park, Alberta is the oldest competitor in the over-55 javelin throwing event and indeed the oldest participant in the entire tournament. That six-foot pole balanced on her shoulder was a spear. Centenarian Florence Storch is a spearchucker not a pole vaulter. Wisely, ice climbing, volcano surfing, wingsuit flying and pole vaulting are events not sanctioned by the Canada 55-Plus Games. These senior events are meant to be inspiring, not insane.

Florence is described in the article as "a little old lady with a really big stick." I'm sure the reporter was safely back in Ontario by the time Florence read that description of herself. "Impaling" is not part of Florence's javelin

throwing per se ... but still a possibility.

Florence was born in 1913 when throwing spears involved wild African animals who became highly vengeful when you missed with your toss. Back then you could pretty much toss a coin to predict who ... the thrower or the runner ... would become dinner.

Hardly looking her age, Florence likes to joke that she looks more like 110 years of age instead of 101. She got into her sport innocently enough when while helping organize the seniors' games she noticed nobody had signed up for the javelin. So she put her name down. She was a bust that first year so she got the local high school athletic coach to set up a training program for her. After a few years of practise she started winning medals and has dominated the sport in her age bracket ever since.

Today during training sessions, Florence needs the help of a friend. Her companion stickhandles the javelin through the halls and doorways of Hanna's Seniors Lodge and then they practise on the back lawn. Florence throws the javelin and her friend, a really good friend to be sure, fetches the missile after every toss. Not to be critical but this sport of seniors throwing sticks could really use dogs.

Unlike a red wine with a lot of tannins, the years are not helping Florence become better. While once she took a run at the starting line before releasing her toss, she now throws from a standing position. As the javelin leaves her right hand, her left hand latches on to the walker to steady herself. And while the instrument remains an aluminum shaft that is about six feet in length, Florence has shrunk to below five feet. Also Florence admits her eyesight isn't what it used to be which has caused a shortage of volunteers

Continued on page three...

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Continued from page two...

who go out onto the pitch to measure throwing distances. All it takes is one guy coming into the clubhouse with a spear in his back and all the other volunteers start phoning in sick. Florence's son Ed also competes in several events at the seniors' games but at 70 years of age, she dismisses him as a "rookie."

Although Florence Storch may not be an athlete in her prime, she's got game. Unlike the shortstop from the Toronto Blue Jays who believes you could die from getting grass stains on your uniform, Florence does what it takes to get the job done. A collection of gold medals underscores this woman's determination to go out year after year and slay the real enemy with a spear...aging.

"You've got to make up your mind and I've made up mine - I'm going to get the gold."

Memo to kids - there it is, the

secret to a great career. First try things, lots of things until you find the one that kind of fits. Then get serious, then get better and soon you'll be going for the gold. Later in life when you're down and disappointed and find yourself bent over picking up the pieces of your chosen career, imagine Florence Storch standing behind you about to unleash that spear. And yeah, she's got the pointy end at the front. If that doesn't get you up and running, nothing will. Spear in hand, walker at the ready with every toss Florence proves, that although her performance might be beatable, the human spirit is not. Florench Storch - a spearchucker extraordinaire and an inspiration to us all.

For comments, ideas and copies of The True Story of Wainfleet, go to www.williamthomas.ca

Climb that Mountain Challenge & Coaching Sessions (worth 50 ft per session/ 500ft for all)

Date	Time	Event	Comment
Sept 16th	7:30-8:30am	Your health matters	Cancer risk factors/prevention
Sept 23rd	6-7pm	Your health matters	Same
Sept 30th	1-6pm	Metabolic syndrome screening	Find out your personal risk factors - know your targets - make a plan
Oct 7th	5-7pm	Exercise made easy	Learn easy exercises to reach your goals
Oct 14th	6-7pm	Diet is a 4 letter word	Learn new ways to lose those pounds learn to use a new APP to help
Oct 28th	5-7pm	Smoking and Diabetes	How to lower blood sugar, impact of smoking How to quit!!
Nov 25th	5-7pm	Celebration	Winner of contest declared

All sessions held at Espanola Regional Complex
For more information call Lynn 705-869-0330

Creative Messages of Hope For The Espanola Hospital



In an age where the latest technology and innovations can touch millions of lives, sewers from the Espanola community are using creativity to uplift the individual. Banners of Hope (BOH) are small fabric-based banners with inspirational messages that are displayed in hospitals, shelters and charity locations that greet members of the public in times of challenge. Often displayed in waiting areas, the unique banners inspire,

amuse and offer simple words of encouragement for those waiting for treatment or appointments.

The Banners of Hope project was conceived by the Fabric Arts Council, a section within the Craft and Hobby Association. Lorine Mason, of Lorine Mason Designs, co-chair of the Council states that "there are two goals for the BOH project, first to encourage the public to develop or expand their sewing skills on a simple often quick project and second and most importantly, to connect the sewing industry with the public in a meaningful way. You never know the impact of a positive phrase or an up lifting comment on someone in a very delicate state of mind or health."

The art of sewing is also a stress relief and offers a tactile feeling of

accomplishment that often in itself can be therapeutic. Recent studies from NYU and Harvard University show that sewing can help to reduce stress, build self-esteem and increase physical dexterity. These studies have shown that crafting activities such as sewing can actually improve concentration, while enhancing health and mental wellness.

The Espanola Fibre Arts Festival has chosen the Espanola Regional Hospital and Health Centre as the beneficiary of their Banner of Hope project. Finished Banners will be on display at the 3rd Annual Espanola Fibre Arts Festival in October and subsequently donated to the hospital.

On September 19 and October 9, the Espanola Fibre Arts Festival will host "Construction Zone"

activities at the Lighthouse Church, 100 Tudhope Street in Espanola to create banners for their cause. Generous donations of supplies have been provided by the Craft and Hobby Association and local crafters. Experienced sewer, Elly Charette will be on hand to guide and advise attendees on construction techniques. Beginner and experienced sewers are welcome. Those who wish to make Banners at home and donate them to the cause can drop off completed banners to Jody Pilon at 109 Sheppard Street in Espanola. Please visit the Craft and Hobby Association web page www.craftandhobby.org for standardized size and specific details on banner creation. Feel free to contact the Espanola Fibre Arts Festival coordinator at 705-583-2326 or coordinator@espanolafibreartsfestival.ca.



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Espanola Rivermen Ready For Second Season

The ice is in at the Espanola Regional Recreation Complex and the Espanola Rivermen are training to begin their second season of hockey action. Rivermen General Manager Chad Clarke says, "We are very excited to get started. Our guys have worked hard the past two weeks during training camp and are ready to test the opposition." Testing the opposition, as Clarke says, means playing against newly formed teams in a new league, the CIHL. Before the regular season begins on October 2 against the Greater Sudbury Royals, the Rivermen are engaging in a number of exhibition games. Clarke says, "It's gonna be a fun time of the year having so many local kids showcase their talents to our fans including young Talon McGregor from Espanola and many others from Manitoulin Island and the others student-athlete junior hockey players that have traveled, some half-way around the world, to play for the Rivermen. It's

especially exciting wrapping up our pre-season schedule in one of four college showcases." The Around&About will have complete season coverage of the Espanola Rivermen. For more details and ticket information, visit www.espanolarivermen.com. Clarke adds, "Let's get ready to rumble!" Upcoming exhibition games are as follows:

Friday, September 19
7:30 p.m. game
Greater Sudbury Royals @ Espanola

Sunday, September 21
2:00 p.m. game
Espanola Rivermen @ Greater Sudbury Royals

Thursday - Sunday, September 25 - 28
International College Classic Summit Series
Traverse City, Michigan, USA
Home of the Detroit Red Wings Training Camp

Continued from front page...

90 Year Anniversary For St. George's Church



Photo: Thomas and Bella Coad with their children Tom, Nellie, Nancy, Abe, Susan and John (Jack, in his mother's arms). Circa early 1900. The Coad family were long-time members of St. George's Church.

Pessah (2005-06), Rev. Paul Walmsley (2007-12), and Rev. Henk Willems (2012-present) have served.

There are still many founding families who attend St. George's regularly. The names of those who worship there on Sunday are familiar and so are the surroundings, as the church has

undergone very little renovation. Aside from maintenance and general upkeep, St. George's largely remains the same as it did when it was built. Those who wish to help celebrate nearly a century of the church are welcome to attend the 10:30 a.m. service this Sunday. Bishop Stephen Andrews will lead. After the service, the Espanola Seniors' Centre is hosting a dinner starting at 12:30 p.m. Immediately following the dinner, there will be musical performances, a fashion show of period costumes, and a slide presentation. If you wish to attend in period wear from the last 90 years, you are welcome to. Tickets are \$10 and can be purchased from Jo-anne Laframboise at 705-869-2968. Jo-anne will also have copies of her book for sale.

Sheppard and Tudhope were the first town streets in Espanola, so it is not surprising that St. George's was erected on Tudhope Street. About thirty 2-storey brick homes lined the area. However, St. George's was built well at the end of the road, where there was little else existing. Wooden fences had to be put up around the property's perimeter to stop wandering farm animals from entering the yard. Snow clean up at that time was a messy job, as sidewalks had not yet been installed and only dirt and mud paths led to the church's entrance. Later, wood sidewalks were put in, and then eventually concrete was poured. The church had its grand opening on October 2, 1924. The building was described as distinctly Anglo-Gothic in style. The Archbishop of Algoma, Rev. Dr. Thorneloe celebrated holy communion and there were many visiting church dignitaries at the celebration of the new place of worship. There have been a long line of pastors that have served the church, the first being Rev. H.F. Cocks from 1924-26. More recently, Rev. Steve

undergone very little renovation. Aside from maintenance and general upkeep, St. George's largely remains the same as it did when it was built.

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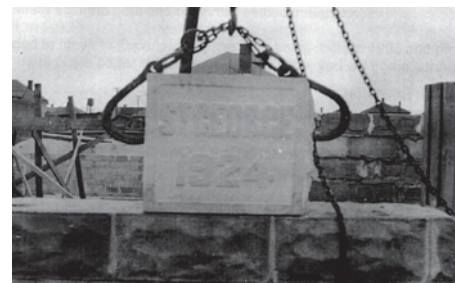


Photo: The keystone of the church is laid into the foundation on the west side of the structure in 1924.

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Recipe

I was skeptical about this recipe when I first read it because it seemed too easy. I was even more skeptical when I was putting it together but I had read all the reviews on this recipe and everyone was raving about it. As I was layering the ingredients into the dish, the butter seemed overwhelming and the batter too thin; I just couldn't imagine it was all going to come together as a cobbler. But I was pleasantly surprised and wrong when it came out of the oven looking perfect and very happy when it was delicious and everyone loved it. I used fresh peaches that I blanched and removed the skins from but according to recipe reviews you can also use canned peaches, peach pie filling (but don't add sugar), blueberries or any other fruit that you would like. I added 2 teaspoons of cornstarch to the peaches as they cooked; just to be sure it thickened and didn't make a mess in the oven and 1 teaspoon of cinnamon. I made the recipe as it is and it was quite sweet. Some only use ½ cup of sugar in the peaches, especially if they are already naturally sweet. I also kept my eye on it and noticed it was cooked within 30 minutes. Different ovens will vary in cooking time. It is delicious served warm with vanilla ice cream.



Super Easy Peach Cobbler

- 1/2 cup unsalted butter
- 1 cup all-purpose flour
- 2 cups sugar, divided
(1 ½ if you prefer it less sweet)
- 1 tablespoon baking powder
- Pinch of salt
- 1 cup milk
- 4 cups fresh peach slices (skin removed)
- 1 tablespoon lemon juice
- (2 teaspoons of cornstarch will help it thicken if it's too runny)
- Ground cinnamon or nutmeg (optional)

Melt butter in a 13- x 9-inch baking dish. Combine flour, 1 cup sugar, baking powder, and salt; add milk, stirring just until dry ingredients are moistened. Pour batter over butter (do not stir). Bring remaining 1 cup sugar (only ½ cup if your fruit is already naturally sweet), peach slices, and lemon juice to a boil over high heat, stirring constantly. Add cornstarch at this point if using and cinnamon. Boil for 30 seconds. Pour over batter (do not stir). Bake at 375° for 40 to 45 minutes or until golden brown (Mine was cooked in 30 minutes). Serve cobbler warm or cool.

Knit Or Donate A Red Scarf For HIV Awareness



As part of the HIV Awareness Campaign "Bundle Up in Red," Réseau ACCESS Network, in partnership with the Espanola Fibre Arts Festival, will be hosting a booth at the Fibre Arts Festival October 17 - 19. Community members are invited to visit our booth and knit a scarf or bring their red scarf donation to a Réseau ACCESS Network staff. Réseau ACCESS Network is reaching out to the Lacloche

and Manitoulin areas to knit red scarves which will be hung in that area over HIV Awareness Week November 24 - December 1.

The purpose of the "Bundle Up in Red" campaign is to raise awareness on HIV in Sudbury and areas. As part of the "Bundle Up in Red" campaign, Réseau ACCESS Network has launched the Red Scarf Project and invites community members to knit and donate red scarves which will be hung on hydro and lamp posts throughout Sudbury and participating areas. Community members are invited to take and wear a red scarf over HIV Awareness Week.

For further information, contact Stephanie Harris at Réseau ACCESS Network by calling 705-688-0500, Ext. 214.

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FOR RENT - 2 Br Apt for rent at 196 Barber st in Espanola. Close to uptown. Non-smoking and not pet friendly. Avail. early Oct, \$615 per month plus utilities. 705-865-2413 or 705-662-8203

FOR RENT - 2 bedroom apt. Jacuzzi tub. 20 Main St. Webbwood. \$800.00/month utilities included. Available immediately. Contact Don at 705-207-4737 or call 705-869-0972. 09/23

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BINGOS

MASSEY AREA MUSEUM BINGOS - October 6 at the Massey and District Arena. Doors open at 6:15 p.m. Bingo starts at 7:00 p.m. \$1825 in cash prizes. 09/23 R

FOR RENT

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Classified Ad!!**

FUNDRAISER

An Epicure Extraordinary Cheese Dip fundraiser is being held for Emily Richer's ongoing medical costs. Kits are \$20, \$5 of which will go to Emily. Call Chelsey at 869-1484 before September 29 to place your order.

EMPLOYMENT OPPORTUNITY

Technical Writer/ Junior Engineer

J&S Manufacturing is currently seeking a **Technical Writer** and **Junior Engineer** for our Spanish, Ontario plant.

JOB REQUIREMENTS

- Determine, develop and obtain data necessary to produce illustrated parts and operator/service/maintenance manuals
 - Develop/write procedures as part of overall development of illustrated parts and operator/maintenance manuals
 - Read and interpret engineering blueprints and subcontractor data
 - Generate accurate illustration requests to support technical manual development
 - Review change requests to determine level of impact to technical manuals
 - Assist in documenting changes
 - Demonstrate high levels of written and oral communications skills, interpersonal and organizational skills
- Superior organizational skills and be tech savvy with excellent abilities using MS Office.

QUALIFICATION

Mechanical Engineering background (nice to have).
Mechanically inclined with knowledge of mining equipment (nice to have).
Strong computer knowledge is an asset
Experience in writing technical manuals is an asset

*Please note that only those considered will be contacted for an interview.

Please send resumes to contact@jsmanufacturing.ca or fax or mail to:

Fax: 705-844-2139
J&S Manufacturing
PO Box 427, 26 Gagan RD,
Spanish Ontario P0P 2A0



OPEN HOUSE



OPEN HOUSE - Sunday, September 21, 1:00 - 3:00 p.m. 14 Minto Street, Webbwood, Hwy 17 to First to Minto. Four bedrooms, indoor pool. A must see home! Hosted by Chloe Kneer, broker, U-View Realty Inc, Brokerage. 705-583-0422.

COMMERCIAL SPACE FOR RENT



NEW OFFICE SPACE in KFC Plaza in Espanola (760 sq. ft.). Very reasonable rent. Call 705-869-1742. 09/23

THANK YOU



The Espanola Lions Club would like to thank the Sponsors and Volunteers who made the Ovarian Cancer Awareness Walk Breakfast Fundraiser such a huge success.

- Winkels
- Giant Tiger
- Cortina Restaurant
- Ovarian Cancer Awareness Committee
- The Espanola Rec Complex and Employees
- Around and About
- Lions members wives

NOTICES

Bushido Martial Arts At The Espanola Elks Hall

Join Anytime! "Be part of Espanola's Growing Martial Arts Community"



First Lesson FREE

Register For Classes Now!

Monday & Thursday

6:00-6:45 - Ages 6-11

7:00-8:15 - Ages 12 & up

Chuck Trahan

Renshi

705-869-1187 Licensed & Certified 4th Degree Black Belt



Pond Hockey Registration

Sept. 17, 18 & Oct. 8

6:00 p.m. - 8:00 p.m.

Espanola Regional Recreation Complex

**Free equipment available at registration.
Equipment donations welcomed.**

COMMUNITY NOTES

The Espanola Horticultural Society Annual Sunflower Growing Contest - Wednesday September 17. To register your entry for measurement please phone 705-865-3005. Categories are: tallest sunflower, most blooms, and largest seed head. Age groups are over and under 12 years.

North Shore Angler and Hunters Meeting - September 18, 7:30 p.m. at the Walford Community Centre.

Espanola Curling Club Fish Fry and Silent Auction - Friday September 19 at 6:00 p.m. Live entertainment. Take-out available, must be purchased in advance. For tickets call 705-869-6237.

Banners of Hope - A simple craft project that offers encouragement in difficult times. Join Elly at the Lighthouse 100 Tudhope St Espanola, September 19 and October 9, 9:30 a.m. - 2:00 p.m. to participate in this free community art project. For more information, call Jody at 705-583-2326.

Espanola Seniors - Bid Euchre Tournament Saturday, September 20 at 1:00 p.m. at the Seniors Drop In Centre.

Espanola Horticultural Society Tour - What to do with tons of fish guts and sawdust? Find out on Saturday, September 20. Join us as we tour Meeker's on Manitoulin Island. The tour will explain how the Magic Mix is made followed by a tour of the Blue Goose fish farm. Non-members welcome. For more info and directions, please call 707-865-3005.

Next Community Luncheons - September 23 at the Lighthouse in Espanola (across from the Royal Bank) from 11:30 a.m. to 1:00 p.m. NO CHARGE. Everyone welcome.

Espanola Curling Club Fundraiser - Barbecue at the Espanola Mall, September 25-27.

Game and Fish General Meeting - The next meeting of the Espanola Game and Fish Protective Association will take place on Thursday, September 25 at the Elks Hall, 7:30 p.m.

Meat Roll-Offs - Espanola Legion starting Saturday, September 27 at 3:30 p.m. Everyone is welcome. Proceeds support your favourite local organizations.

Roast Beef Supper and Silent Auction - Sponsored by St. James Anglican Church, September 28, 4:30 p.m. at the Massey Legion Hall. Take out available. Call Ruth Ann for information at 705-865-2004.

Espanola Public Library - Family Playtime (drop-in) starting Thursday, October 9 from 10:00 - 11:30 a.m. (for 8 weeks) No registration required.

Espanola Reads - 5th annual on October 14, 7:00 p.m. at the library room. Everyone welcome. For information, call Daphne Allen at 705-869-0475.

Espanola Fibre Arts Festival Stash Sale - October 19 at the Espanola complex. Any crafts and craft-related supplies accepted. For information, visit www.espanolafibreartsfestival.ca

Community Living Espanola Harvest Lunch - Wednesday, October 29, 11:00 a.m. - 2:00 p.m. at the Legion.

Popcans for Petsave - If you would like to donate your aluminum cans for a good cause please phone 705-869-6357 after 6:00 pm.

Do you have a NOTE for the Community?

We invite not-for-profit organizations to submit information on their upcoming events in writing no later than
Wednesdays at 3:00 p.m. 25 Word Limit.

Fax: 705-869-3342 or E-mail: around@aroundandabout.ca



Ph. 705-869-6883
toll free 888-231-3578
Fax 705-869-3342

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around@aroundandabout.ca

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