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 April 14, 2015 Issue 15 - Volume 19

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Get Involved To Support Heart And Stroke



By *Chloe Kneer* – You can show your support for the Heart and Stroke Foundation in a couple of fun ways this spring and summer: either by pedaling on the Big Bike or revving up the engine on your quad. This spring, the Big Bike is back in Espanola on Thursday, May 21. The Espanola complex is hosting the Big Bike this year and the ride will begin there at 11:00 a.m. If you're interested in sponsoring an individual or local team, or creating your own team, you can go to www.bigbike.ca to find out more. Essentially, anyone wishing to ride on the Big Bike must collect a minimum of \$50 in pledges. If you wish to put together a team, you will need between 15-29 riders. The ride

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Sure-Fire Signs That You've Been Married A Very Long Time

According to WME, the faith-based Worldwide Marriage Encounter, Canada's Longest Married Couple live in Parry Sound, Ontario, and they're doing pretty well. (This is not to be confused with the couple who live a few doors down from me and hold the title of Canada's Loudest Married Couple. "Hearing aids," I want to yell "will change your lives. I said HEARING AIDS WILL ... nevermind.")

The Parry Sound couple earned the honour for longevity by getting married in the 1930's and sticking it out for eighty years. To put that in perspective, the Soviet Union, Czechoslovakia, Yugoslavia and ten other countries could not manage to stay together over the last 80 years.

Back in 1934 when they were married in Toronto, Clem was 20 years old and Millie only 15 which made it a "robbing the cradle" kind of relationship. Now 81 years later and looking back, it's more of a "ransacking the rocking chair" kind of thing.

Clem was rather shocked to hear that they have received the WME's award for marital longevity: "It's hard to believe that no one else would achieve that."

Really, Clem? Because today 41% of all Canadian marriages end in divorce and some are over right after the wedding bells stop and the bills start rolling in. I mean c'mon Clem, back when you got married, a marriage licence didn't come

with an expiry date did it? There are certain advantages to being married for more than 80 years, the most obvious being that you have no peers. When it comes to the institution of marriage itself, all other couples might as well be newlyweds. Plus in that kind of timeline, you could go without speaking to each other for a decade or two and in the long run it would have little effect on the relationship. How many couples can brag about a cute little flower girl who's 86 years old today?

Until 2011, title holders for the World's Longest Marriage were America's Herbert and Zelmyra Fisher who divorced once the children were in their 70s and finally out of the family home. Herb and Zel were only staying together until the tykes were out on their own and comfortably established in a nursing homes.

Larry King thought they should be awarded the longest married title until WME officials explained to him that it wasn't based on an aggregate. It had to be with one woman, not eight. Here then are some sure-fire signs you and your better half have been married a very, very long time ...

- You never get tired of referring to him as your "awful wedded husband" and he loves to tell people that for your bridal shower you were registered at Woolworth's Five And Dime.

Continued on page three...

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Continued from page two...

- You remember when 'shake, rattle and roll' had something to do with dancing and not just trying to get out of bed in the morning.
- You're both okay with getting shorter as you get older, but you wished his stories would follow suit.
- You've become so comfortable with each other that she no longer lies about her age and you only trim four or five shots off your golf score.
- You're both in your mid-90's and you haven't had an argument for almost fifty years because you haven't heard a word the other said since the '72 Canada/Soviet series.
- You notice in the last few years he's started to pick on you because there's only so many things you can blame on the government.
- You've always appreciated his guidance and advice but you're getting a little tired of him quietly taking you aside and ... just leaving you standing there.
- In the last while you've noticed that even when he is listening, he still manages to get it wrong.
- He's 85 now and you always hoped that with advanced age would come wisdom and tolerance not just bigger and better blue flammers.
- You both feel ten years

younger now that you're taking a nap every night before bed.

- Of course you both feel really grown-up but damn, but you just wish you hadn't become so mature.
 - You celebrated 50 years of marriage with two minutes of silence because after a half century of being together, that's exactly what both of you wanted.
 - You still believe marriages are made in heaven, it's just that most should be fitted with airbags.
 - You like that law of averages that says you'll outlive your husband by seven years because you'll need at least that much time to find the damn will.
 - You know you've been together for a very long time when your hot flashes are now lukewarm and his cold shoulder has become a place where you go to cry.
- And finally, your secret to a long and happy marriage is that you never go to bed mad at each other because by that time nobody can remember what the fight was about.

For comments, ideas and copies of The True Story of Wainfleet, go to www.williamthomas.ca

McColeman Preliminary Hearing Scheduled

On Tuesday, April 7, Paul McColeman was scheduled to appear in Espanola court. In lieu of his appearance, his attorney George Florentis sent instructions requesting a preliminary hearing date on the multiple charges McColeman is facing in connection to alleged luring of adolescent boys via social media. Judge Serre set a hearing date

of July 6, running for a week and then for four more days beginning July 13. The judge wished to begin court earlier in the day, but the Crown attorney resisted, at least for the first few days, citing his having to schedule multiple witnesses and the large task involved in organizing the scheduling of those witnesses. McColeman remains out of jail on bond.

Correction: The Around&About published a name incorrectly in a photo caption in the April 7 issue. Wendy Forcier was pictured with the youth curling league. We apologize for the error.

Espanola Police Report

A 23 year old Espanola resident is facing a number of charges, after two incidents that occurred during the morning hours of March 14, in the Town of Espanola. At 12:48 a.m., the Espanola Police Service responded to a complaint regarding a male damaging a vehicle in the Parchment Street area. Upon arrival, police located the male in the driveway of the home arguing with his girlfriend. The male, who was intoxicated, had been locked out of the residence after becoming argumentative with friends he was visiting, and once he could not gain entry back inside, he allegedly kicked out the taillights, and broke the mirrors off a truck parked in the driveway, and then caused damage to the paint on another car. During the arrest of the male for Mischief, he resisted the officer's attempts to handcuff him, by stiffening his arms, and pushing his body into an officer, causing the officer to fall to the ground. Once under control, the male was taken to the Espanola Police Service, where he was lodged, and once sober, released on a Promise to Appear in court to face charges that included two counts of Mischief to Property, one count of Assaulting a Peace Officer, and one count of Assault with Intent to Resist. At 8:55 a.m., the Espanola Police Service received a 911 call from the same Parchment Street residence, alleging that the male, who was released from police custody less than an hour before, had just broken into the residence, and grabbed and pushed his girlfriend, and punched another male several times in the face, causing bruising, and a bloodied nose. The male left the residence following the 911 call to police, but stopped in the driveway to puncture the tire of the previously damaged truck. At 1:00 p.m., an Espanola Police Officer arrested the male for the second time in 12 hours, when he walked out of his residence. The male was held in custody for a bail hearing on March 16, to face additional charges of: Assault (2 counts); Domestic Assault (4 counts); Breaking and Enter; Forcible Entry; and Mischief Under \$5000.00.

On February 20, a 17 year old female attended the Espanola Police Service to report being assaulted the night before, while sitting inside the Tim Hortons restaurant on Centre Street. The female alleged that while sitting at a table talking to friends, another female that she has had past issues with, approached her and punched her in the side of the face. The female suspect, who was identified as a 17 year old from Elliott Lake, left the restaurant after striking victim, and was not immediately located. On March 21, the Espanola Police Service received information from the victim that the female suspect was back at the Tim Hortons, sitting in a vehicle in the parking lot. Responding quickly, police located and arrested the suspect for assault. As a result of the incident, the 17 year old female from Elliott Lake was charged with one count of Assault. She will appear in Espanola Court on April 28, to answer to her charges.

Anyone with information on any of these crimes call Espanola Police Service at (705) 869-3251 or remain anonymous by calling Sudbury Rainbow Crime Stoppers locally at (705) 222-TIPS (8477) or toll free at 1-800-461-4899



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News From The Park



**Michael Mantha MPP/député
Algoma-Manitoulin**

Day after day, week after week, without a doubt the number one concern raised in our offices is the skyrocketing cost of hydro. Absolutely nothing has been done since this Liberal government was given a majority mandate to alleviate the crippling costs of hydro on hardworking families across this province. Ontarians are paying the highest electricity prices in Canada, more than twice what our neighbouring provinces pay. The Liberal government says that sky-high hydro bills

are just the cost of doing business – but they're not. They are the cost of how the Liberals do business.

At a time when most Ontarians are struggling to pay their current bills, residential hydro rates in the province are expected to increase by 42 per cent over the next five years. Now the Premier is refusing to say how much Hydro One privatization will cost Ontario ratepayers.

Last week Ontario NDP Leader Andrea Horwath asked the Premier point blank, to "provide any guarantees that hydro rates will not go up as part of the Liberal plan to privatize Hydro One and local utilities." The Premier could not, or would not, provide any assurances.

The fact remains that every time Liberals and Conservatives privatize part of our hydro system, Ontarians end up paying more. Hydro rates in Ontario have more than tripled since Liberal and Conservative governments began to privatize Ontario's hydro system. According to the Ontario Energy Board, rates have gone from 4.3 cents/kWh in 2002 to 14 cents/kWh

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today. According to Manitoba Hydro's national comparison, Ontarians pay the highest hydro bills in the country.

Ontario's Energy Minister admitted that if the province privatizes even a small portion of Hydro One that decisions may no longer be in the hands of the public. This should be sounding the alarm bell across this province.

We in Northern Ontario have seen the devastating impact of privatization and downloading of services. The current state of winter road maintenance in northern Ontario is downright frightening. We see roads that haven't been salted or plowed after storms for hours and even days putting motorists and their families in grave danger. Much of the Ministry of Natural Resources and their programs have been cut, services like the Bear Wise

Program have been eliminated putting wildlife management in crisis and communities at risk. If it's not one thing, it's another. Ontarians are fed up with the scandals and mismanagement which are resulting high costs including hydro and lost services.

We encourage Ontarians to sign and join the campaign to stop the sell-off of our shared public assets: http://www.ontariondp.ca/not_for_sale.

As always, please feel free to contact my office about this issue or any other provincial matters. You can reach my constituency office by email at mmantha-co@ndp.on.ca or by phone at 705-461-9710/1-800-831-1899.

**Michael Mantha
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Photo: Joe's Quad Run is in memory of Joel Austin (above).

itself is only 20 minutes or 2 kilometres. Last year, over 70,000 riders in over 200 communities helped to raise

more than \$8 million for heart and stroke research.

The eighth annual Joe's Quad Run will take place in Nairn Centre on June 27. Registration will be at 9:00 a.m., with the ride starting at 10:00 a.m. Riders will go from Nairn to Fairbanks Lodge and back and will enjoy a barbecue and raffle afterwards. The ride is in memory of Joel Austin and proceeds will also benefit the Heart and Stroke Foundation. For information, go to the Facebook page Joe's Quad Run.

Local 4-H Club Participating In Exchange Program This Summer

The local 4-H Club is doing an exchange this year with 11 of its members going to Athabasca, Alberta and staying with 4-H members and their families for a week in July. Members will experience all the sights and learn about the area. Then, in August, 11 members of the Athabasca 4-H Club will arrive to stay with our 4 H families and learn about our area.

This exchange program comes with a price tag, of flights and money for buses and admission to sights. Therefore, the local 4-H Club is in full fundraising mode with their first event being an open mic night and family dance this Saturday, April 18. This is a non-alcoholic event that is being held at the

Walford Community Center. The fun begins at 3:00 p.m. with the open mic. Several local, talented people and groups have already booked times to perform. Afterwards, Railroad Steele has donated its time and talent to entertain from 8:00 p.m. - midnight.

In addition to the open mic and dance, there will be a silent auction, photo booth, barbecue, and a 4-H Club table showing what the club is all about. Emiry Frozen Yogurt will be there, as well as other activities.

Everyone is welcome to come support this adventure for the 4-H Club. Ticket information is available by emailing jennandjamie@yahoo.ca. On the May long weekend, 4-H'ers will host a bottle drive and car wash in Massey.

Top Tools for Spring Cleaning



The snow is finally melting and warmer weather is arriving. The trouble is, all that brilliant sunshine has a way of highlighting the mess that's been hiding under the snow for all these months. Suddenly your spring cleaning "to-do" list is looking longer than ever.

Now is the time to get outside and look after those neglected lawns and gardens to prepare for spring flowers and greenery. Three tools are essential to make quick work of the task at hand and to keep your outdoors looking beautiful all summer:

1. **Lawnmower.** Your grass loves the spring sunshine and will respond with rapid growth, so a lawnmower is vital to keeping your lawn looking lush and healthy. There are a variety of lawn mowers to choose from, depending on the size and shape of your outdoor space. If you have a large space, you might want to consider a self-propelled mower to tackle big jobs with minimal effort. Other popular models include push-mowers and environmentally-friendly electric mowers. Take the time to consider which mower is best suited to your needs.

maintenance, a good drill will help you complete small tasks around the outside (and inside) of your house. A new drill can also serve as an incentive to complete those DIY projects you've been putting off so take a look at the variety at any reputable tool dealer. Sears Canada tells us, for example, that there are many types of hand drills including pistol-grip drills, which are the most common for everyday use. Heavy-duty tasks might require a hammer drill that can power through concrete or wood. Consider your summer projects to make sure you get the best tool for the tasks at hand.

3. **Pressure washer.** Winter salt and mud can wreak havoc on the surfaces of your home. A pressure washer is the best way to remove the dirt and stains that accumulate around the outside of your home. Keep your driveway and deck looking clean with a gas or electric pressure washer that easily attaches onto your garden hose. The higher the pressure, the tougher the cleaning power. For cleaning barbecue grills, patio furniture and windows, electric washers are generally lower in pressure, are more compact and easy to maneuver. Less time will be spent working and more time will be spent enjoying the summertime if you have just the right tools to get jobs done efficiently. More information is available at www.sears.ca/tools.

2. **Drill.** Not just for spring

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MASSEY AREA MUSEUM BINGOS – May 4 at the Massey and District Arena. Doors open at 6:15 p.m. Bingo starts at 7:00 p.m \$1825 in cash prizes. 5/5 - R

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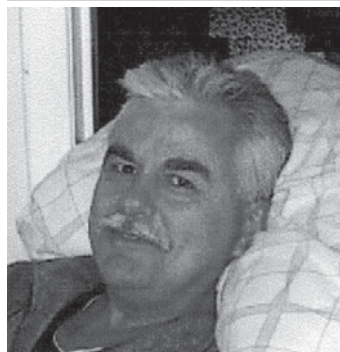
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OBITUARY



Richard (Dicky) Beauchamp – of Espanola passed away at his home February 2015. Born May 17, 1956. Preceded by father Wallace 1987, mother Laura 1983, sister Shirley 1982, and Muriel 2011. Survived by daughter Sherry, and son Micheal, and four grandchildren. Brother William (Janice) of Burlington, ON, Bernice Bourguignon (Armand) of Espanola, James (Bonnie) of Barrie ON, Donald (Susan) of Abbotsford BC, Christine Heaton (George) of Espanola, numerous nieces and nephews. Richard was Cremated. Burial to follow in spring 2015.

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Thank you for your interest. Only applicants who have been selected for an interview will be contacted.

Recipe

A popover is made from a thin egg batter which rises to form a hollow roll when baked. It's very similar to Yorkshire pudding. The secret to a light and airy popover is a very light touch when mixing and a very hot oven when baking. These are the perfect vessel for pouring in gravy with your roast beef dinner but also can be eaten at breakfast with butter and jam or for dessert with a sweet filling. I got the following recipe years ago from a friend and I enjoy them most served with roast beef and gravy.



Popovers

- 2 tbsp's butter, melted
- 2 cups milk
- 2 cups flour
- 1 tsp salt
- 4 eggs, lightly beaten

Preheat oven to 450 degrees. Butter and lightly flour 10-12 muffin cups or a popover pan. Set aside. Whisk together the butter, milk, flour and salt until smooth. Whisk in the beaten eggs a bit at a time until incorporated. Do not overbeat the batter. It should have the consistency of heavy cream. Fill prepared cups $\frac{3}{4}$ full. Bake 15 minutes. Without opening the oven, lower the heat to 350 degrees and bake 15- 20 minutes longer. Serve hot.



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COMMUNITY NOTES

Massey Agricultural Monthly Meeting - April 14 at the Massey Fire Hall at 7:00 p.m. Everyone is welcome.

St. George's "Almost Silent Auction" and Dinner - Saturday, April 18 at the Espanola Legion. Dinner at 5:00 p.m. Call Jo-anne at 705-869-2968 for tickets.

Voices of Spring Concerts - Sunday, April 19, St. Andrew United Church Massey. Sunday, April 26, Espanola United Church. Sunday, May 3, St Sebastien Catholic Church, Spanish. All concerts begin at 7:00 p.m.

Espanola Lions 2015 Spring Food Drive - Friday, May 1 between 1:00 - 7:00 PM at the following locations: Winkel's Independent, FreshCo, Giant Tiger.

Elimination Draw, Supper, and Dance - Espanola Elks, Saturday, April 25. Get tickets from a member or call 705-869-1931 or 705-869-4302.

Meat Roll Offs - Espanola Legion every Friday night at 7:00 p.m. for Espanola Minor Soccer and Saturday afternoons at 3:00 p.m. for the Ovarian Cancer Awareness Walk and the P.E.T. Scanner Fund.

VON Adult Day Centre - Provides respite, activities, exercise and socialization. Open Mondays and Wednesdays from 9:30 a.m.-3:00 p.m. Please call 705-869-3304 for more information.

Toastmasters - Develop communication and leadership skills, which in turn foster self-confidence and personal growth. Mondays 7:00-8:30 p.m. at the Espanola Hospital board room. Call Pauline for details 705-869-4016.

Do you have a NOTE for the Community?

We invite not-for-profit organizations to submit information on their upcoming events in writing no later than

Wednesdays at 3:00 p.m. 25 Word Limit.

Fax: 705-869-3342 or E-mail: around@aroundandabout.ca

Espanola Helping Hand Food Bank News

The EHHFB held their elections on Mar. 18/15. There was no change to the executive this year. The Lion's Club will be holding their annual food drive on May 1/15 from 1-7pm. It will take place in the parking lots of Freshco, Winkel's and Giant Tiger. We would like to thank Liberty Tax, Espanola for their generous donation and the Royal Canadian Legion Br. 39 for letting us host the meat roll offs for the month of March. We are located at 87 Centre St. and are open every Wednesday from 11:00 a.m. to 3:00 p.m.

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Photo: On Friday, March 13, Liberty Tax Services, Espanola Branch donated \$10 from every tax return filed in their office for that day, totaling \$250. Presenting the cheque to President Susan Kryzanowski and volunteers is Antoinette Bonadio who is accompanied by the Liberty Star!



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