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Beautiful Blooms:
 Espanola Horticultural Society
 Show Coming



By Grant Lewis - This summer, the Canadian performances at the Pan Am games is a tough act to follow for any organization. Yet, the Espanola Horticultural Society will attempt to do just that. Instead of boxing, triple jump, relays, swimming, basketball etc., there will be annuals, foliage, design perennials and vegetables. And you don't have to travel to Toronto, only to the local Espanola Royal Canadian Legion. Plus you don't have to worry about those HOV lanes. Join local Espanola gardeners as they put their best faces and plants forward. Why go to a flower and vegetable show anyway? Good question. First you get to see why so many of your neighbours have worked so hard all summer to make our community a more beautiful place. Blooms are cut, foliage is washed and

Continued on page four...

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All The World's A Circus

William Thomas

williamjthomas@gmail.com

Ah Summer - The Sizzle Of The Bbq And The Smell Of Burning Hair.

Men cooking over fire is an ancient custom predating iron, the invention of the wheel and the birth of Hazel McCallion. Two million years ago Homo habilis, an erect primate roamed the southern hemisphere of the earth. Homo habilis operated primitive tools which he dragged behind him in a wheel-less cart. Strips of animal skins wrapped around the waist had not yet been invented so that the bottom half of his woolly mammoth outfit revealed a fair bit of butt crack. His nickname was 'All Thumbs.'

Homo habilis's brain had the reasoning capacity of an American Idol judge which enabled him to create fire to both heat his cave and roast mammals that were slower afoot than himself. He employed a vocabulary of five words: "Fire good" and "little fella tasty." These were good times for prehistoric humans. Man hunted and fire-cooked what he caught, woman gathered wood and fashioned bulky clothes from animal skins. Man cooked everything that moved, the minute it didn't. Woman went into the cave's kitchen after the meal and did the sticks and stones.

Man could cook because man invented fire. Only a man would sit for several days rubbing two sticks together and expecting something to happen. One day it did! And after suffering near-fatal burns to most of his body, he couldn't wait for it to happen again. Man created fire on the same day woman discovered

laughter. Once she laughed so hard she cracked a rib watching him throw rocks across a sheet of ice for no particular reason.

In H. G. Wells' A Short History Of The World he describes fire as "that mysterious phenomenon that cooks man's food, heats his cave and keeps him alive." He goes on to describe a scene of a caveman smashing two rocks together, trying to create a spark to start a fire of dried grass. Even when another caveman comes by with a lit torch they cannot get the rocks hot enough to produce a spark so they all froze to death ending that era of the Cro-Magnon species.

So the importance of fire, then and now cannot be ... oh, sorry that scene was actually from Mel Brooks skit "How Man Invented Fire" and why the earliest species of man died off because they were just too stupid to live.

Although he could still not get his head around the concept of the wheel, Homo habilis invented a thing called the "pocket fisherman" which brought more variety to the meals. Then the earth began to warm up, much like today and they needed to wear less animal skins. Women started to do the cooking wearing two-piece marmot skins over ferret fur thongs. Man's vocabulary expanded from "fire good" to "woman hot" and "little fella overcooked." Foreplay involved a headlock.

When man did the cooking, mostly on

Continued on page three...

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The Ontario School Board Coordinating Committee unites 55,000 school board workers in the public, Catholic, English and French school systems across Ontario. We include education assistants, custodians, and tradespeople, early childhood educators, school safety monitors and social workers, in schools and board offices. We allow education workers to share information and strategies for bargaining, and to discuss issues and policies of concern. We help locals fight contracting out and defend public education in the face of budget cuts

Continued from page two...

weekends, he now drank large quantities of fermented mead which was not helpful. The meat on the fire was not burned, he protested but cooked "Cajun." Nobody believed him. When man could no longer complete the simple task of roasting meat over fire, false idols appeared selling new methods of cooking like the Cro-Foreman Grill and wood-fired rotisserie ovens in which the spit was turned by a treadmill of running gerbils which later doubled as appetizers alongside a tree-resin dipping sauce.

Having failed at the one thing he was good at, he desperately tried to recapture his prowess as the great preparer of food. Ordinary flames were no longer enough, he tried heated rocks to cook carcass and later cedar planks for salmon. Still, barbaric man had lost his touch; his simple gift of searing meat over flame was gone.

Delusional, he began to drink heavily both during the cooking session and the meal. He tried drinking Mead Lite to lose weight, but still he outweighed his prey and could no longer outrun them. For at least two ages, ice and iron and I think stone, he had to order in.

Desperately he tried cooking over chunks of carbon and eventually jets of bison methane that burned under strips of steel bars. Sometimes he would fall into the flames and the drink in his hand would splash all over the food. He said he was inventing the art of "basting." Nobody believed him. One evening he became so frustrated man rammed a full can of mead into the first thing he could get his hands on ... a chicken. Woman came running when she heard the shrieking of the chicken in the fire. Man claimed he had invented a new BBQ apparatus called "Mead Can Chicken." Nobody believed him, not even the chicken. Nonetheless he continued to cook meat over fire and today, fourteen million years later, man and several dozen like him have their own grilling shows on cable TV. That's how we got to where we are today. So be kind when you get a whiff of burning hair as your husband comes in with the platter of meat. It's not his fault. It's hereditary.

For comments, ideas and copies of The True Story of Wainfleet, go to www.williamthomas.ca



The Good Food Box ensures that you and your family will have tasty, fresh and nutritious vegetables and fruit in your home. Benefit from the savings of wholesale prices and increase healthy choices each month. Prepay

for a large \$17 box or small \$8 box of fresh vegetables and fruit and pick it up in your neighbourhood!

Contact and prepay your box at one of the following host sites:

Espanola: Queensway Pentecostal Church
Phone: 705.869.1700

Massey: Martin's Country Market
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Nairn Centre: Municipal Office
Phone: 705.896.4232

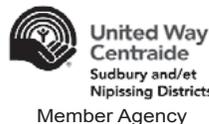
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Continued from front page...

**Beautiful Blooms:
Espanola Horticultural Society Show Coming**

designs are put together so all can strut their stuff. Maybe not as exciting as the 4x100 relay races but a wonderful sight to behold. This year's design theme is our national anthem! Also a show like this will demonstrate new trends in gardening. Within the last ten years, emphasis has leaned towards perennials rather than annuals. Here is the perfect opportunity to see new specimens which are available to everyone.

If you are wondering what to put in your new beds for next year, come on out and see and ask questions. This year at 1:00 p.m., two judges will be conducting quick tours of the show, outlining what exactly makes a healthy specimen and how to grow them.

Admission is free and the doors open at 12:30 p.m. Dessert, tea and coffee will be available for \$5.00. So, beautiful flowers, fabulous designs and perfect vegetables

will be on show Saturday, August 15 at the Legion. Better still why not show off your own garden and enter. Show books are available by calling 705-865-3005. The book outlines exactly all the categories for annuals, perennials, vegetables and design. Plus there are categories for photography! So there is something for everybody. There is a category for gardens, garden beds and curb appeal. You don't have to be a member to have your garden bed or front yard entered, but should be nominated by a member. Let the Horticultural Society know by August 8 so the judge knows where to go. Entries for the show, however, should be at the Legion on Friday August 14 between 6:00 p.m. and 8:00 p.m. The Horticultural Society promises an interesting, fun and informative afternoon. Bring a friend.

**A Northern Ontario Summer Tradition:
The Massey Fair Is Coming!**



The north's largest agricultural fair, the Massey Fair, is coming the weekend of August 28-30. Each year, more than 10,000 people attend to take

in the livestock and horse shows, petting zoo, midway, entertainment (including the demolition derby on Friday night) and more. This year the fair is proud to bring Cindy Cook from the Polka Dot Door and the band Drive, who will be playing Friday and Saturday nights. Jimmy the Hypnotist will also perform Friday and Saturday. The complete fair schedule will be included in the Around&About later this month. For updates, like the Massey Agricultural Society Facebook page.

**Cadet Camp Was A Great
Summer Experience**

By LS Kyle Preuss - This summer I was given the opportunity to represent my Royal Canadian Sea Cadet Corps 357 Hero of Espanola at HMCS Ontario's General Training Camp in Kingston. I felt both honoured and lucky to have had this chance. I attended camp for the first two weeks of July, then attended a graduation where we were all recognized for our learning and accomplishments. I received a gold medal for fitness and an expert marksman award. The general training program is a two-week camp that introduced me to all aspects to cadet camp life. At camp, I was introduced to all the programs available at HMCS Ontario. We had instruction in music and band, sailing, seamanship, marksmanship and drill and ceremony. We also spent time each day on physical training and completed fitness testing

near the end of camp. Now that I have completed general training camp, I may be given opportunities to advance to three-week and six week camps in an area of specialization. My favourite aspect of camp was sailing and I hope to next year be able to attend a three-week basic sail camp. At general training summer camp, I had the chance to form great friendships with people I plan to stay in contact with. Camp life is busy and demanding but tons of fun and offers so much knowledge and experience. I wouldn't miss another chance to attend HMCS Ontario for the world! To find out more about or sign up for cadets, come to the Royal Canadian Legion in Espanola beginning September 9 from 6:00 - 9:00 p.m. Cadets meet every Wednesday night at the Legion and everyone is welcome.

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Website: www.sables-spanish.ca

NOTICE OF A PUBLIC MEETING Concerning Application for Consent

TAKE NOTICE that the Council of the Township of Sables-Spanish Rivers will hold a public meeting on Wednesday, August 26, 2015 at 7:30 p.m., at the Township Office, 11 Birch Lake Road, Massey in order to consider a proposed application for Consent under Section 53 of the Planning Act, RSO 1990 as amended.

File No. C-15-06 The purpose of this consent application is to provide for a new lot in the Rural Zone.

The property is described as Hallam Township, Lot 9, Concession 5, Parcel 778, River Valley Road. The land subject of these applications is not subject of any other application under the Planning Act.

If you wish to be notified of the decision of the Township of Sables-Spanish Rivers in respect of the proposed consent, you must make a written request to the Township of Sables-Spanish Rivers. This will also entitle you to be advised of a possible Ontario Municipal Board Hearing. Even if you are the successful party, you should request a copy of the decision since the Township of Sables-Spanish Rivers decision may be appealed to the Ontario Municipal Board by the applicant or another member of the public.

To appeal the decision to the Ontario Municipal Board, send an appeal form to the Clerk of the Township of Sables-Spanish Rivers outlining the reasons for the appeal. You must enclose the appeal fee of \$125.00 for each application appealed, paid by cheque, made payable to the Ontario Minister of Finance.

If a person or public body that files an appeal of a decision of the Township of Sables-Spanish Rivers in respect of the proposed consent does not make written submission to the Township of Sables-Spanish Rivers before it gives or refuses to give a provisional consent, the Ontario Municipal Board may dismiss the appeal.

ADDITIONAL INFORMATION regarding this application is available at the municipal office at 11 Birch Lake Road, Massey, during regular office hours.

Dated this 4th day of August, 2015
Kim Sloss, Clerk-Administrator
Township of Sables-Spanish Rivers



Thank you to everyone for your support and generous donations that helped make our Canada Day Parade and Festivities in Webbwood a Huge Success!!

Thank You!

WATERING BYLAW

This is a reminder to residents that Bylaw 2003-10 regulates the use of municipal water for lawn and garden care. Odd numbered houses may water on odd-numbered days; even numbered houses on even numbered days. Please note that watering is only to take place between the hours of 7:00 am and 10:00 am AND 7:00 pm and 10:00 pm.

BELL STREET & HIGHWAY 17

This is a reminder to motorists that during construction of the Sables River Bridge there is NO RIGHT TURN from Bell Street onto Highway 17. Please obey the traffic lights at this intersection to ensure the safety of all travellers.

BUILDING PERMITS

Please note that when applying for a building permit, the review time of an application can be up to 10 business days for a single-family dwelling. Be sure to include complete drawings and plans to avoid delays in having your permit issued. Residents are reminded that Sudbury & District Health Unit approval may be required, depending on the work, prior to your permit being issued.

Inspections do not happen automatically. It is **YOUR** responsibility to ensure that either you or your contractor requests the necessary inspections in a timely manner. Inspections are conducted within two business days after the request has been received. This two-day time period begins on the day after you request the inspection.

WEBBWOOD SUMMER PROGRAM SCHEDULE

August 2015						
Sun	Monday	Tuesday	Wednesday	Thursday	Fri	Sat
						1
2	3 Sports at WPS 10-Noon Youth Drop In Webbwood Rink 1-3pm	4 Hip Hop dance Lessons Webbwood Rink -7:30-8:30 (4-8yrs and up)	5 Youth Participaation Webbwood Rink 8yrs and Up 6:30-8pm	6 Sports at WPS 10-Noon Youth Drop In Webbwood Rink 1-3pm	7	8
9	10 Sports at WPS 10-Noon Youth Drop In Webbwood Rink 1-3pm	11 Hip Hop dance Lessons Webbwood Rink -7:30-8:30 (4-8yrs and up)	12 Youth Participaation Webbwood Rink 8yrs and Up 6:30-8pm	13 Sports at WPS 10-Noon Youth Drop In Webbwood Rink 1-3pm	14	15
16	17	18	19	20 Last Day!!	21	22
23/30	24/31	25	26	27	28	29

Participants List of Things To Do and Bring:

- Water (for sports)
- Sunscreen and Bug Spray (apply before)
- Proper Clothing and Footwear

Weather Pending for sports, meet at Webbwood Rink at 10am (if raining, extreme heat)

Please note canteen will be open during the drop in center times

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LANG LAKE RESORT FISH

AND CHIPS - Open to August 30, 2015. Every day from 12:00 - 7:00 p.m. Fresh pickerel, burgers, poutine and much more. Beautiful lake view patio area. 13 minutes south of Espanola. 1454 Lang Lake Rd. For details, call 705-285-4241. 8/18

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— Enclosed trailer 8ft long x 5ft wide. Only used once (1 year old). \$2200.00, can be seen at 404 James St, Espanola, or by calling 705-869-1310, leave message. 8/4

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— Double casement thermopane low-e window with one crank out. New, never installed. Dimensions 44 ½" x 63 ½" wide. Asking \$350 obo. Call 705-869-0518 or 705-862-1570. 8/25

NOTICE

NOTICE - The Massey Area Museum Bingos have been cancelled for August and September. The Bingos will resume on October 5, 2015.

FOR RENT

HOUSE FOR RENT IN ESPANOLA-2 bedroom 2 story house, \$550.00/ month plus bills. Located downtown Espanola. Please call 807-823-0930 or 807-788-0707. 8/4

FOR RENT - One bedroom apartment available now, 2 bedroom available August 1. 45 Arthur Ct, Espanola. No pets and references required. Call 705-869-5989. 8/4

YARD SALE

YARD SALE/ESTATE SALE - Saturday, August 8th, 9:00 a.m. to 2:00 p.m. at 275 Bell Street, Massey. NO EARLY BIRDS!

REAL ESTATE

3 bedroom home with view of Clear Lake, 26x32 heated garage, fully renovated home, 2 bathrooms, 150x150 lot, large deck, sauna. Asking \$262,900. Call 705-923-1713. 8/18

THANK YOU

Thank you

We'd like to thank everyone who came to our surprise 50th Anniversary Party. It was nice to celebrate with you. Our daughters and their families did a great job surprising us!!

Frosty & Gerry

EMPLOYMENT OPPORTUNITIES

Employment Opportunity

Riverside Enterprises
60 McCulloch Drive Suite 2
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We currently have two positions available:

- **AZ Driver**
- **DZ Driver**

Duties will include delivering/dumping roll off bins and septic pumping.

Please forward Resume and Driver's Abstract to fax# 705-869-6924 or email Robert St.Michel at riversideenterprise@bellnet.ca. Upon hiring we will be requesting references.

Community Living

Espanola

COMMUNITY LIVING ESPANOLA is accepting applications for entry level Casual Support Worker - Casual/Part-time Positions

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Send applications to: Hiring Committee
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Or Via email to
debbie.langlois@clespanola.ca
Indicate "Job Posting" in subject line

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Recipe

This is a quick and easy salad that always gets rave reviews and requests for the recipe. It's perfect for hot summer days, potlucks or holiday meals. It's delicious as it is, or you can crumble feta or goat cheese on top before serving.



Cranberry Spinach Salad

- ❖ 3/4 cup slivered almonds
- ❖ 1 pound spinach, rinsed and torn into bite-size pieces
- ❖ 1 cup dried cranberries (Craisins)
- ❖ 2 tablespoons sesame seeds
- ❖ 1 tablespoon poppy seeds
- ❖ 1/4 cup white sugar
- ❖ 2 teaspoons minced onion (or green onion diced fine)
- ❖ 1/4 teaspoon paprika
- ❖ 1/4 cup white wine vinegar
- ❖ 1/4 cup cider vinegar
- ❖ 1/2 cup olive oil
- ❖ Feta or goat cheese (optional)

Toast the sesame seeds and almonds in the oven at 350 for 10 minutes or until lightly browned. In a large bowl, combine the spinach with the toasted almonds and cranberries. In a medium bowl, whisk together the sesame seeds, poppy seeds, sugar, onion, paprika, white wine vinegar, cider vinegar, and oil. Toss desired amount of dressing with spinach just before serving.



COMMUNITY NOTES

Espanola Blood Donor Clinic – Thursday, August 6 from 11:30 a.m. – 2:30 p.m. and 4:00 – 7:00 p.m. at the Knights of Columbus Hall.

Next Community Kitchen Luncheon - August 11 & 25 at the Lighthouse in Espanola (across from the Royal Bank) from 11:30 am to 1:00 pm. NO CHARGE. Everyone Welcome.

PD Day Camp 2015-16 – At Queensway Pentecostal Church, pre-registration required for ages 6-12. Runs 8:30 a.m. – 4:30 p.m. on school PD days starting September 28. Crafts, stories, daily activity options, limited spaces. Call Angela Phibbs at 705-869-1700 for more information.

The Espanola Horticultural Society - Pleased to have Linda Hugli as our guest speaker. Join us at the Queensway Pentecostal Church on Monday, August 10 at 7:00 p.m. Everyone welcome and bring a friend.

The Good Food Box - Benefit from the savings of wholesale prices and increase healthy choices! Get the Good Food Box every month in Espanola, Nairn & Massey! Call 705-521-6717 x.104 for more information.

Yoga (chair style) – at the Espanola Elks Hall Monday, Wednesday, Friday at 11:00 a.m. (30 min. classes).

Tennis at Espanola Golf Club – Community Living Mondays 1:00 p.m.; senior doubles Tuesday, Thursday, Saturday 10:00 a.m.; open play Friday 5:00-7:00 p.m.; youth Saturday 11:00 a.m. Free lessons, call 705-869-0475.

Al-Anon Meetings For Families and Friends of Alcoholics - Meetings are Tuesdays at 7:00 p.m. at St. George's Anglican Church, Espanola. Call 705-869-2505 or 869-6595 for information.

AA Meetings At St. George's Anglican Church – Tudhope St., Espanola, Wednesday at 8:00 p.m. and also Thursday at the United Church at 8:00 p.m.

Toastmasters - Develop communication and leadership skills, which in turn foster self-confidence and personal growth. Mondays 7:00-8:30 p.m. at the Espanola Hospital board room. Call Pauline for details 705-869-4016.

Drug Problem? - We've been there. We can help. Narcotics Anonymous, meetings are Tuesdays and Saturdays 7:30 p.m. - 9:00 p.m. United Church Espanola 137 Sheppard St.

Do you have a NOTE for the Community?

We invite not-for-profit organizations to submit information on their upcoming events in writing no later than **Wednesdays at 3:00 p.m. 25 Word Limit.**
Fax: 705-869-3342 or E-mail: around@aroundandabout.ca



705-869-6883

email: around@aroundandabout.ca

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