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 February 3, 2015 Issue 5 - Volume 19

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By Chloe Kneer - According to Statistics Canada, heart disease is the number two killer of Canadians, behind cancer. Rates of heart disease in males and females are closely matched with around 23,000 deaths per year. Common symptoms of heart, or coronary artery, disease are chest pain, shortness of breath, palpitations (or a "flip-flop" feeling in your chest), faster heartbeat, weakness or dizziness, nausea, and sweating.

Having a heart attack will feel like discomfort, pressure, or heaviness in the chest, arm, or below the breastbone. You may also have discomfort radiating to the back, jaw, throat, or arm. Indigestion, heartburn, or feeling like you are choking are also common symptoms. In others, a heart attack may be "silent," without any symptoms. This occurs most often in diabetics. A heart attack typically lasts 30 minutes or longer and is not relieved by rest or medications. If you experience any of these symptoms, it is imperative to call 9-1-1 to get help right away.

Continued on page four...

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The EHHFB had a very busy 2014. We served 2,185 individuals which reflects an 8% increase over 2014. There was a 12% increase in the number of children served. We would once again like to thank the community for their on-going support over the holiday season. Special thanks go out to: the ladies of the Royal Purple, The Rivermen, RCL Br. 39, Citi Financial, Sponsored By: Espanola Curling Club and the Hart Store. We are located at 87 Centre St. and are open every Wednesday from 11am until 3pm.

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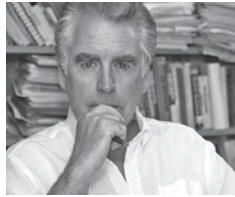
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All The World's A Circus

William Thomas

williamjthomas@gmail.com

That Nameless, Shameless New York City Snow Storm!

If you watched CNN earlier this week you would have thought it was the gynomous giant King Kong himself descending upon New York City instead of a winter storm. They opened with New York City Mayor Bill de Blasio instructing his citizens to stay home. Then he closed the New York subway system and called in 7,000 soldiers from the National Guard. Then they cut to New York State Governor Andrew Cuomo ordering all public transportation to be closed. Cuomo then banned driving in 13 counties and declared his candidacy for president. Standing out front of her Manhattan office and bundled up like an Inuit baby, the CNN anchor Erin Burnett described the oncoming onslaught of snow as: "Monstrous! Unprecedented! Horrific! Grotesque!" Erin was apoplectic which means more expressive than a New York City cabbie stuck behind a rickshaw. They cut back to Mayor de Blasio solemnly anointing the storm as "historic." Erin Burnett, who had described the storm as "horrible, horrid, horrific, horrifying" but not "historic" fired her producer. At the top of the hour as she turned the show and 'the storm of the century' over to Anderson Cooper, Erin Burnett was still spewing storm hyperbole and verily gesticulating. Although I'm not certain as to the meaning of that word, I'm pretty sure she got some on Anderson. Earlier Wolf Blitzer, interrupted his now 326-day personal search for that missing Malaysian airliner by caulking the windows of his Situation Room to keep out the drifting snow. Meanwhile over at Fox News, Bill O'Reilly claimed that although he could not factually pin the source of the storm on President Obama there was no question that it began in several Midwestern states

that were predominantly Democratic. Connect the dots, he said - when word of the storm first leaked, President Obama boarded Air Force One and took off for India ... with his wife. Coincidence? Back over to CNN where Wolf Blitzer predicted New York City would be locked down and hermetically sealed until late spring when the Navy Seals would arrive by sea to conduct a comprehensive body count. Trust me - I watch way too much news - the storm closing in on the Big Apple was a bigger story at CNN than the ultimate demise of eleven hideously deflated footballs. As far as this network was concerned this storm which hadn't yet materialized was nothing short of Hurricane Katrina cleverly disguised as Snow White. Everybody in the evening news business, even the three big national networks in New York City, were giddy over the approaching white apocalypse and they kept insisting it needed a name. Maybe "Snow Storm Dandy" to match "Hurricane Sandy." "Snowfall Skyfall?" They should have named it "The Blizzard Of The Six O'clock News" because all that got dumped on and damaged were the egos of on-air celebrities and the over-active imaginations of ecstatic meteorologists. When the snow storm finally did take shape it sideswiped New York City with less than ten inches of snow and carried on up to New England where people would treat it with respect and shovels and snow ploughs instead of hot air and hysteria. Sadly New York City had to bow to Boston and cancel their ticker tape parade that would have included a 141-foot ball drop.

Continued on page three...

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Continued from page two...

In Buffalo, New York, ten inches of snow is called a "dusting." On November 17th last, Buffalo got hit with a storm that paralyzed the city with six feet of snow in just a few hours. Roofs caved in, many people were trapped in their cars, 4,000 houses lost power and every man, woman and child in that city was absolutely outraged that that the game between the Bills and the New York Jets might be cancelled.

Trying desperately to save the game, the Bills offered anybody who owned a shovel \$10 an hour - (I'm not making this up) - to come to Ralph Wilson Stadium and remove the 220,000 tons of snow - enough to fill their practice field house eight times over. When nine guys wearing Jim Kelly jerseys passed out from exhaustion, the game was cancelled and moved to Detroit.

A storm that most certainly deserved a name? January 12, 1888 started out as an unusually warm winter's day in the Midwest with melting snow and dripping ice. Then an Arctic blast sped in from Alberta clashing with a warm front from the Gulf of Mexico causing a cataclysmic,

atmospheric train wreck. The temperature dropped...you need to sit down for this one ... 18° Fahrenheit in just three minutes. Striking Montana, Nebraska, Wisconsin and Minnesota like iced lightning - the Midwest was frozen in temperature and time. Heavy snow, high winds, blinding white-outs and 40° below zero in both Fahrenheit and Celsius saw hundreds of people frozen to death, mostly children trying to get home from school. The official death toll was 235 but they believe almost 500 people died.

Now that's a storm, a historic storm worthy of a name. Two names actually. According to Wikipedia it was called the Schoolhouse Blizzard. According to a terrific book by American author David Laskin, it is known by his title "The Children's Blizzard."

And while we're putting name tags on everything - are we not "The Most Spoiled Generation Ever?" Just askin'!

For comments, ideas and copies of The True Story of Wainfleet, go to www.williamthomas.ca

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Espanola Skating Club News



Kuula. Christen Ramsay finished 2nd, Chloe Mokohonuk finished 4th, Alexandra Langlois finished 3rd, Grace Selinger finished 5th, Andrea Mitroff finished 1st and Jenna Bourcier finished 2nd in a different flight of the Star 4 event.

In a new event offered this year, Chloe Mokohonuk finished 1st, Abigail Kuula finished

On January 16, 17 and 18, Espanola Skating Club members attended the annual Rainbow Region Interclub competition at the Tom Davies Community Centre in Lively ON.

Over the past few years Sport Canada and Skate Canada have put more emphasis on skill development and less on competition and so many events this year were purely for evaluation of a skaters skills and not for placing. The following skaters took place in evaluation events: Josee Lefebvre, Adrian Carney, Gabriella Melcher, Lauren Langlois, Maggie Sanders, Amelia Noble, Cassidy Galliot, and Abigail

2nd and Maggie Sanders finished 3rd in different flights of the Creative event where skaters have the opportunity to hear their music a total of 3 times, then are placed in the change room behind closed doors until it is their time to perform at which time they use their creativity and interpret the music selected for them.

Skaters are now preparing for the annual Epanola Skating Club Carnival "Beauty In The World" scheduled for February 22 at the Espanola Regional Recreation Complex, as well as the "Make It A Date" competition in North Bay February 27-29 and Island Skate Competition March 26-28.

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February Is Heart Health Month

February is Heart Health Month (for more reasons than just Valentine's Day!) and there are many ways to protect yourself from developing heart disease. Diet, exercise, and not smoking are the biggies. Keeping an eye on your blood pressure is key and by following a heart-healthy diet, exercising, and not smoking, you can help keep your blood pressure down. Maintaining a healthy weight can also significantly reduce your chances of developing heart disease or having a heart attack. And, believe it or not,

getting enough quality sleep is also important. Adults require between seven and nine hours per night. If you would like to begin your journey to a healthier heart and keeping your blood pressure in check, join the Drug Store Pharmacy's challenges during Heart Month. You can sign up at the Drug Store Pharmacy inside Winkel's Independent Grocer to walk the store and also to challenge yourself to monitor your blood pressure. For information, contact the pharmacy at 705-869-0330.

Espanola Town Council Report

By Chloe Kneer - Espanola Town Council reviewed committee and board meeting minutes at the January 27 regular meeting of council. At their most recent meeting, the Community Services Committee directed staff to eliminate the hanging baskets usually seen around Espanola in the late spring and summer months. This direction led to heated debated between councillors. Councillor Ron Duplessis defended the move, saying that although the baskets themselves only cost the town \$1,000, it is the continuous watering and upkeep costs that precipitated the decision. Councillor Stewart Meikleham suggested looking more closely at the actual costs of keeping the flower baskets, saying they are a fundamental part of the town's beautification and he would not like to see them eliminated. Various flower beds and boxes will be kept, however, the hanging baskets will not. Several other items were approved, including increasing the town's liability insurance at the complex from \$2 million to \$5 million, hosting Household Hazardous Waste Day on May 2 along with the Township of Sables-Spanish Rivers,

and moving forward with the tendering process for the external service review. Several councillors had attended a presentation by KPMG which they found informative and helpful in understanding the process of going through a review. All departments except the Police Services Board will be looked at, with the deadline for tenders being February 20. A final report and presentation is anticipated for June. As for the Police Services Board, the impending OPP service proposal, not expected until fall, will cover that department. In their closing remarks, both Bill Foster and Bob Yocom reiterated that the proposal must encompass the same, or increased, level of service as Espanola Police Service currently provides. "I've had many residents express concern on this issue, and I want to make it clear that we will not cut police service for the town," said Foster. Budget deliberations are beginning this week and Stewart Meikleham cited the need for "creating a strong financial buffer for the community." The first departments to present will be Recreation, Cultural Activities, and Economic Development on February 3.

Correction: In the January 20, 2015 issue, we wrote that the community of Meaford, Ontario "have recently decided to switch to OPP." Meaford was already under contract with the OPP and the costs we quoted for the municipality reflect changes since the OPP introduced its new costing model.

February is Heart Month & Winkel's Independent Grocery Store and The DrugStore Pharmacy

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Rivermen Committed To Espanola: Owner Tim Clayden Addresses The Future of the CIHL "Quitting Won't Happen."

By Chloe Kneer - The three teams remaining in the CIHL, including the Espanola Rivermen, the Batchewana Attack, and the Kalkaska Rhinos, are all committed to finishing out the current hockey season. Rivermen owner Tim Clayden has taken his share of lumps since exiting the NOJHL to start the fledgling CIHL league. Despite this, Clayden remains upbeat, saying, "We remain committed to providing strong development and promotion for each of our student athlete players. There is no question that many players involved this season have had an opportunity to develop and grow as both a player and a person, where many will play at a higher level of play next season because of their development here in CIHL hockey this past season." Addressing the problems that he's faced the last year, Clayden says, "It's not any one individual's fault. The guy in the mirror made the mistake of allowing too many inexperienced operators join in our vision and league operations this past season. Junior hockey is a great game, but it is big business and a lot of them, willing to give up so much of their time each and every season to ensure the success of their community junior hockey programs year after year. It's not easy and it takes money and a ton of dedication and time to continue season after season. I made many

mistakes this past season and the easiest thing to do is quit. Quitting on our teams, our community, our players and their parents won't happen as we have too many good people involved that share the same vision and passion for this great game and our CIHL Hockey vision moving forward." The Rivermen have released the remainder of their schedule, with home games Friday, February 13 during Espanola Winter Carnival weekend; Friday, February 20; and Friday, February 27. The round-robin play-offs begin March 6, and the team is participating in two showcases, the first being this weekend in Michigan, and the second the first week of April. Looking ahead to next year, Clayden says, "We plan to have six teams along the Highway 17 corridor leading into the state of Michigan, along with another four USA-based communities that wish to join CIHL hockey for the upcoming season. We believe playing in Michigan, including inter-locking games and college showcase tournaments will create better college exposure for our student athlete players. Eight teams will be able to have games within same day/same night travel. This will ease the travel costs for all teams involved." Next year, the Sudbury junior A team will be under a new ownership group, and the Rivermen have three years remaining on their contract with the Town of Espanola.



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Espanola Sea Cadet Awarded Gold Medal By The Marine Club



Photo: CPO1 Gravelle with Dr. Douglas Stenton, holding an artifact from the HMS Erebus.

The Marine Club is an established fraternity of persons directly involved in Marine Transportation and Commerce on the Great Lakes systems and connecting waterways of Canada. The club supports and encourages aspiring youth in the marine and naval sectors through their Good Works Programme, including the Royal Canadian Sea Cadet Corps of Ontario. Yearly, they

award the gold medal for proficiency to the Navy League's Medal of Excellence winner and top Sea Cadet in Ontario. In April, 2014, Chief Petty Officer First Class (CPO1) Pascal Gravelle, of RCSCC #357 Hero, Espanola, won Top Cadet and was awarded the Medal of Excellence, "In recognition of outstanding leadership and service of the highest order to the Navy League of Canada and the Royal Canadian Sea Cadet Movement."

On January 16, 2015, The Marine Club awarded CPO1 Gravelle with the gold medal for proficiency at their 76th annual dinner at the Fairmont Royal York Hotel in Toronto. With approximately 1,000 members and guests in attendance, it was an evening to remember. Chief Gravelle was accompanied by his Commanding Officer, Lt(N) Vickie Boucher and several family members.

The evening was ushered in with the traditional marine pump and ceremony: the reception of the

Silver Oar, the singing of O' Canada and the Star Spangled Banner, opening remarks from the Marine Club president, Peter L. Kelly, and a remarkable presentation given by Dr. Douglas Stenton on the recent discovery of the HMS Erebus, the lost ship of Arctic explorer Sir John Franklin, in 1848.

Directly following Dr. Stenton was the presentation of the awards. CPO1 Gravelle was awarded the gold medal, a commemorative plaque, a bursary check, and engraved watch. Lt(N) Boucher also received a plaque and was recognized for her leadership role in RCSCC #357 Hero, and the Canadian cadet movement.

These prominent leaders in the Marine industry were gracious in their acknowledgment of CPO1 Gravelle's success and offered sage words of wisdom and advice, but the primary question on everyone's mind was, "What did you do to earn this award?"

Since the age of twelve, Chief Gravelle has intentionally

pursued excellence at every level of the cadet program. For him, cadets was not just an after school, extra-curricular play group, but an open door to opportunities of the future, of which he has clearly taken advantage.

CPO1 Gravelle explains, "My attitude toward life has always been to run as hard as I can, learn all that I can and achieve as much as I can, all for the glory of God. His providential hand leads and guides me in the way I should go, preparing me for my future as a leader."

Having just turned seventeen, Chief Gravelle has a few more years in cadets and to complete his homeschool studies before deciding the direction of his future. He is very thankful for the excellent training he has received through the Royal Canadian Sea Cadet program and to The Marine Club for their acknowledgment of his success.

For more information on the Royal Canadian Sea Cadet program, visit www.espanolaseacadets.com.

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OBITUARY



Sheremetta, Daniel Mytro - Passed away quietly on the morning of Saturday, January 24, 2015 at the St. Catharines General Hospital following complications after emergency surgery. He was 75. He was pre-deceased by his parents, Bill and Rose Sheremetta of Espanola, ON and his siblings, Stephen, Ann, Mary and Mike. He is survived by his wife, Carol, by his children and (grandchildren) Cindy (Harrison, Benjamin) of London, ON, Beverley, Anthony of Windsor, ON, Ryan (Jenna), of Kamloops, BC and Brandon of St. Catharines, ON as well as by a great many nieces

and nephews and very good friends who will miss him dearly. In 2007, Dan retired from his life-long career as Insurance Broker/Owner of Dennie's Real Estate Insurance Ltd where he was a respected member of the business community. Dan loved to vacation. Dan played hockey in his younger years and continued his excellence in other sports such as fishing, bowling and golf. One of his favorite pastimes - playing cribbage - helped him recover from numerous surgeries in the recent years. He never forgot his roots in his hometown of Espanola, ON and continued to visit when possible. The Sheremetta family would like to thank the doctors and the nurses of the ICU at the St. Catharines General Hospital. Cremation has taken place and

at Dan's request, no funeral or memorial service will take place.



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Recipe

Years ago I became semi-famous for my monkey buns. I'm talking about cinnamon bun pull-apart bread, so don't be thinking anything silly. They are made with Pillsbury biscuits and I have put the recipe in my column many times now. They are still delicious and very easy to make BUT I have a "better" version that I make now and made twice over the Christmas holidays this year. I didn't want to wait until next Christmas to share the recipe. I assemble them at night before bed because they need time to thaw completely and rise and then you just pop them in the oven in the morning. The recipe calls for 2 loaves of frozen bread dough but you actually only need about 1 ¾ loaves, BUT I still use 2. You will wake up in the morning to find some buns have escaped the pan as they have risen. I tried baking these escapees separately on a pan but they turned out hard and not very edible so now I just discard them. I bought a bag of 4 frozen loaves at our local grocery store and was able to make this recipe twice. These are perfect for a brunch, to serve overnight guests or just to enjoy for breakfast.



New and Improved Monkey Buns

- 2 loaves of frozen bread dough (take out of freezer a couple hours ahead so that you are able to cut them into pieces)
- ½ cup chopped pecans
- ½ cup granulated sugar
- 2 heaping tablespoons of cinnamon
- ½ cup melted butter
- 1 cup brown sugar

Butter a bundt pan. Sprinkle pecans on the bottom of the pan. Combine the granulated sugar and cinnamon on a plate. Cut loaves into 24 small pieces. I cut each loaf into 12 sections and then cut each section in half. Roll each piece into the cinnamon sugar mixture and drop into bundt pan. Sprinkle whatever sugar/cinnamon mixture you have left over the buns. Melt butter in a pot and add the brown sugar. Mix well. Pour over the buns. Cover pan with parchment paper. I have found that parchment paper is the best thing to use because the buns don't stick to it as they rise. Let rise overnight. If you find it has risen way over the top of the pan in the morning, remove a bit of the excess. Bake at 350 degrees for 35-50 minutes depending on your oven. Check at 35 minutes. You don't want to overcook them. Remove from oven and immediately flip pan over onto a plate. You won't be disappointed. Enjoy!



Félicitation

Après tant d'années de travail que tu as consacré à tes études en travaillant toujours à temps plein, ce diplôme représente un grand succès tant attendu. Félicitation pour l'obtention de ton diplôme d'Éducation en services à l'Enfance de la part du personnel du Centre de la petite enfance d'Espanola ainsi qu'All Star Children Services Inc.

**ALL STAR
CHILDREN SERVICES INC.**
Child Care Provided Along the North Shore
Service à la petite enfance

COMMUNITY NOTES

Espanola Game and Fish General Meeting - Wednesday, February 4, 7:30 p.m. at the Elks Hall.

Zumba Fund-raiser - For Blake Crawford and his family. Saturday, February 7 at 4:00 p.m. at Sacred Heart School, Espanola. For information, call the school at 705-869-4070.

Monthly Spaghetti Supper - Saturday, February 7, 4:30 - 6:00 p.m. at the Webbwood Eagles Club, 3 Centre Street, Webbwood. For information, call 705-869-4269. All welcome.

Blood Donor Clinic - Monday, February 9, 11:30 a.m. - 2:30 p.m. and 4:00 - 6:00 p.m., Knights of Columbus Hall, Espanola.

Espanola and Area Friendship Circle - Support group meeting for those with memory loss and their care partners. Monday, February 9, 1:30 - 3:00 p.m. at the Espanola Seniors' Drop-in Centre. Call Wendy Ashton for information at 705-869-1137.

Next Community Luncheons - February 10 and 24 at the Lighthouse in Espanola (across from the Royal Bank) from 11:30 a.m. - 1:00 p.m. No charge. Everyone welcome.

Snowflake Luncheon - Friday, February 13, 11:30 a.m. - 1:30 p.m. Espanola complex. Soup, sandwich and dessert, tickets at the door. Hosted by the Espanola Fibre Arts Festival.

Espanola Winter Carnival Spaghetti Supper/Elimination Draw - Knights of Columbus Hall, February 13, 5:00 p.m. - 2:00 a.m. Tickets available from any K of C member or call 705-869-3491 (4:00 - 6:00 p.m. weekdays) or 705-869-0692.

Beaver Lake Winter Carnival - Friday - Sunday, February 13 - 15. Spaghetti supper Friday evening, Kid Zone Saturday 10:00 a.m. - 2:00 p.m., pancake breakfast Sunday morning. Call 705-866-1506.

First Annual Chili Cook-off - Espanola Legion, Sunday, February 15, 11:30 a.m. - 3:30 p.m. Registration deadline is February 9. Prizes for the top three winners. For information or to register, call Anita at 705-869-1711.

Shrove Tuesday Pancake Supper - Espanola United Church, Tuesday, February 17, 5:00 - 6:30 p.m. Enjoy pancakes, sausages, dessert and tea or coffee. Tickets available at the door.

Bean Supper - Zion Lutheran Church is hosting its annual Bean Supper on Sunday February 22, from 4:30 - 6:00 p.m. at Zion Lutheran Church, Imperial Street South in Massey. For more information please call 865-2020.

Fund-raiser Breakfast - St. James Anglican Church, Massey. Sunday, March 1, 9:30 a.m. - 1:00 p.m. For information, call Marilyn at 705-865-2916 or RuthAnn at 705-865-2004.

Chess Anyone? - Espanola Public Library conference room, Wednesday nights from 7:00 - 9:30 p.m. All levels welcome, bring a chess set, no timers required. Call the library at 705-869-2940 or Wayne at 705-936-6369.

Toastmasters - Develop communication and leadership skills, which in turn foster self-confidence and personal growth. Mondays 7:00-8:30 p.m. at the Espanola Hospital board room. Call Pauline for details 705-869-4016.

VON Adult Day Centre - We provide respite, activities, exercise and socialization. Open Mondays and Wednesdays from 9:30 a.m. - 3:00 p.m. Please call 705-869-3304 for more information.

Espanola Elks Dart League - Looking for new players. Tuesdays 7:00 - 9:00 p.m. through May. Call Debby at 705-869-2925 or the Elks Hall 705-869-1931.

Popcans for Petsave - If you would like to donate your aluminum cans for a good cause please phone 705-869-6357 after 6:00 pm.

Espanola Sea Cadets - Every Wednesday, 6:00 - 9:00 p.m. at the Espanola Legion. Free leadership, seamanship and physical fitness training for youth, ages 12-18. Call 705-862-7700.

Do you have a NOTE for the Community?

We invite not-for-profit organizations to submit information on their upcoming events in writing no later than

Wednesdays at 3:00 p.m. 25 Word Limit.

Fax: 705-869-3342 or E-mail: around@aroundandabout.ca



TOWNSHIP OF SABLES-SPANISH RIVERS

Phone: (705) 865-2646 Fax: (705) 865-2736

Email: inquiries@sables-spanish.ca

Box 5, Site 1, R.R.#3, 11 Birch Lake Road, Massey, ON, P0P 1P0

Website: www.sables-spanish.ca

NOTICE OF THE PASSING OF ZONING BYLAW (Planning Act-Section 34(18))

TAKE NOTICE that the Council of the Corporation of the Township of Sables-Spanish Rivers passed Bylaw 2015-06 on the 28th day of January, 2015.

The land to which the bylaw applies is described as Harrow Township, Part Lot 10, Concession 3, Plan 53R-19756 Parts 1-9, 100 Buckmiller Road. The purpose for the amendment is to allow for a reduced lot area for the lot being created on Part 2 of Plan 53R-19756 of the above described property. This application is subject of a consent application under the Planning Act.

The last date for filing a notice of appeal is **February 23, 2015**. A Notice of Appeal must be filed with the Clerk of the Corporation of the Township of Sables-Spanish Rivers, setting out the reasons for the appeal. This must also be accompanied by the fee required by the Ontario Municipal Board.

Only individuals, corporations and public bodies may appeal a zoning bylaw to the Ontario Municipal Board. A Notice of Appeal may not be filed by an unincorporated association or group. However, a Notice of Appeal may be filed in the name of an individual who is a member of the association or the group on its behalf.

No persons or public body shall be added as a party to the hearing of the appeal unless, before the bylaw was passed, the person or public body made oral submissions at a public meeting or written submissions to the Council or, in the opinion of the Ontario Municipal Board, there are reasonable grounds to add the person or public body as a party.

This bylaw is available for inspection in the municipal office during regular office hours.

Dated this 3rd day of February 2015
Kim Sloss, Clerk-Administrator

PROPERTY TAXES

The Township of Sables-Spanish Rivers regularly utilizes Part XI of the Municipal Act, R.S.O 2001, which deals with the **Sale of Land** for Tax Arrears as a method of collecting outstanding property taxes. You are urged to keep your property taxes up to date to avoid this process. Tax registration will add a significant cost to your tax account and could possibly result in the public sale of your property.

2015 Interim Tax bills are in the mail and due at the end of February. Please ensure your mailing address is correct to avoid misdirected mail. We accept payment by cash, cheque, Interac debit, telephone/internet banking, pre-authorized debit and e-commerce through our website. Please contact the municipal office for more information.

WATER BILLS

First quarter Water bills were sent out at the beginning of January and are due by March 31st. To help manage your account, we offer monthly and quarterly preauthorized payments. You also have the option to make payments using online banking. If you have questions regarding these forms of payment, please contact the municipal office.

2015 CAT & DOG LICENCES NOW AVAILABLE

Pick up your cat or dog licence before February 15th and save!
Dog licences are \$20 (\$30 after February 15th)
Cat licences are \$20
Available at the Township office – please bring cash or cheque made payable to “Animal Control”

NOTICE OF A PUBLIC MEETING Concerning Application for Consent

TAKE NOTICE that the Council of the Township of Sables-Spanish Rivers will hold a public meeting on **Wednesday, February 25, 2015 at 7:00 p.m.**, at the Township Office, 11 Birch Lake Road, Massey in order to consider proposed applications for Consent under Section 53 of the Planning Act, RSO 1990 as amended.

File No. C-15-02 The purpose of this consent application is to provide for a new lot in the Rural Zone. The property is described as Shakespeare, Parcel 5950, Lot 9, Concession 1, McLary Road.

File No. C-15-03/15-04/15-05: The purpose of this consent application is to provide for 3 new lots in the Rural Zone. The property is described as May, Parcel 1719, Lot 1 Concession 3, Hunt Road.

The land subject of these applications is not subject of any other application under the Planning Act.

If you wish to be notified of the decision of the Township of Sables-Spanish Rivers in respect of the proposed consent, you must make a written request to the Township of Sables-Spanish Rivers. This will also entitle you to be advised of a possible Ontario Municipal Board Hearing. Even if you are the successful party, you should request a copy of the decision since the Township of Sables-Spanish Rivers decision may be appealed to the Ontario Municipal Board by the applicant or another member of the public.

To appeal the decision to the Ontario Municipal Board, send an appeal form to the Clerk of the Township of Sables-Spanish Rivers outlining the reasons for the appeal. You must enclose the appeal fee of \$125.00 for each application appealed, paid by cheque, made payable to the Ontario Minister of Finance.

If a person or public body that files an appeal of a decision of the Township of Sables-Spanish Rivers in respect of the proposed consent does not make written submission to the Township of Sables-Spanish Rivers before it gives or refuses to give a provisional consent, the Ontario Municipal Board may dismiss the appeal.

ADDITIONAL INFORMATION regarding these applications is available at the municipal office at 11 Birch Lake Road, Massey, during regular office hours.

Dated this 3rd day of February, 2015
Kim Sloss, Clerk-Administrator

WEBBWOOD RECREATION COMMITTEE

A date has been set for our first Webbwood Recreation Committee meeting, happening Thursday, February 12th – 7:30 pm at the Webbwood Public Library. We are hoping to build the committee with members and volunteers. Our goal is to bring activities and events to the community as well as care for the Webbwood rink, etc. Students looking for community hours are also welcome to attend and become a volunteer. If you wish for further information contact Tracey VanDerGulik - 705-862-2512 or Linda Lendrum - 705-869-4147. Looking forward to seeing many new and old faces!

URBAN POLING!

Also known as Nordic Walking, this program is designed for adults 55+ who want to stay active, get outside and socialize! The program will run every **Tuesday and Thursday from 1-2 pm** beginning **February 3rd** for six weeks! This is in partnership with the Sudbury & District Health Unit, Rainbow Routes and Trails4Life. Training on proper poling technique will be provided! Poles will be available on a sign-out basis on off-days.
If interested, contact Kelli Bracken - kbracken@sables-spanish.ca or 705-863-0121.