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It's Massey Marathon Weekend



By *Chloe Kneer* - It's Friendly Massey Marathon time again! (Yes, already.) The marathon turns 39 this year, with most of the same committee as last year (with a few new faces) and Dave Stonley still at the helm for organizing the events this weekend.

"As I've said many times before, an event such as this puts Massey on the map," says Stonley. "We are happy with the steady interest in the marathon and new course that we implemented last year."

The festivities aren't only for the hard-core running types; there are plenty of activities for families, including a 2k and 5k fun run on Saturday afternoon. A cycle tour of the route will also be offered, and then there's the traditional

Continued on back page...

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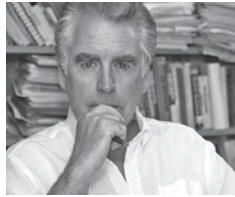
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All The World's A Circus

William Thomas

williamjthomas@gmail.com

Men Behaving Badly With Balloons

A daredevil with a death wish and a bunch of balloons makes for great but grim entertainment. Rising thousands of feet into thin air without an engine almost assures the stuntman immortality, his name plated to the list of guys who die after uttering the words: "Watch this!" For the airborne stuntman it's a win/win situation. If he lives, he earns his fifteen minutes of fame. If he dies, he gets presented with a Darwin Award "commemorating those individuals who ensure the long-term survival of our species by removing themselves from the gene pool in a sublimely idiotic fashion." Last Sunday Daniel Boria strapped himself into a lawn chair which was attached to 120 helium-filled party balloons and soared high into the skies over Calgary, Alberta. His marketing plan was to land in the middle of the Calgary Stampede in order to garner great advertising coverage for his fledging cleaning products company. Really? Not landing with a flag for a fundraiser to cure a dreaded disease or even an invitation "Will you marry me Pookie?" Cleaning products!

Looking down through the clouds at passenger jets below and now somersaulting through the freezing air, Daniel ditched the lawn chair and parachuted into a field two miles south of the Stampede. The lawn chair which he had purchased at Canadian Tire for \$20 crashed landed in a farmer's field a few miles away and from my experience if he wants to return it for whatever reason he

damn well better have the receipt. Daniel broke a foot and was charged by Calgary police with "mischief causing danger to life." He has about 30 days to come up with a compelling argument detailing why he has the same right to international airspace as WestJet. Daniel Boria is a copycat. American Larry Walters - he was the original, the first "Houston, we got a balloon problem" pilot to navigate the heavens in a lawn chair. Larry was my kind of guy because he accepted the challenge of the human spirit and although, as any woman could have predicted, he did screw up big time, he also failed to perish. No shallow advertising scheme, Larry had experienced a "Peter Pan-style dream in which he would hook himself to a bundle of balloons and float high past the sprawling Los Angeles metropolis into the desert beyond." This of course is the dream of every man ... who wears a cap with a red feather on the side and leotards that are way too tight. So Larry built his dream ship and it consisted of a fold-up aluminum lawn chair attached to 42 helium-filled weather balloons and a bunch of milk jugs full with water for ballast. Simple by design, Larry's home-made dirigible had going-up power, going-down weight and a lawn chair where a cockpit would normally be. Larry's on-board equipment consisted of a two-way radio, an altimeter, a wristwatch

Continued on page three...

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Continued from page two...

and a pellet pistol, a two litre of Coke and a sandwich. Because he lacked an overhead compartment, Larry's aviation tools were selected for their ability to fit in the front pockets of his jeans.

Why the wristwatch? Well, Larry wanted to be back home for the Dodgers afternoon game. The purpose of the pellet gun was to shoot out the weather balloons in the event Larry had to make an emergency landing. While tethered to earth by three ropes and at the hands of a woman with a knife - Larry launched prematurely. Anything that leaves the ground that fast is usually taking supplies to the space station.

Rising faster than a speeding basket, not one but two commercial airline pilots from Delta and TWA reported the sighting of a man in a lawn chair gaining altitude over L.A. International Airport. Drug-testing being what it is in the airline industry, I don't think any of us can imagine the courage it took those pilots to file those reports with the control tower.

At 16,000 feet and getting dizzy in the cold thin air, Larry began his descent by shooting out the weather balloons with his pellet gun. He was headed for a crash landing on a golf course until

the balloons' tethers wrapped themselves around high-voltage lines. Larry, as the miracle and legend goes, failed to perish. Dangling from the wires like a tangled-up puppet, he was rescued by golfers who were given a breathalyzer by police after they reported what they had seen.

Larry subsequently appeared in magazine ads for Timex, the maker of the wristwatch he was wearing during his flight. Yes, Larry's Timex took a licking but kept on ticking and for years his face twitched every time he spotted a lawn chair. He was paid \$1,000 for the Timex ad and fined \$1,500 by the United States Federal Aviation Administration for essentially entering international airspace without an airplane.

Note to Daniel Boria - Larry Walters wouldn't be caught dead in a parachute!

Have you noticed that people of superior intelligence have never attempted to go to the moon in a lawn chair and seldom win a Darwin Award? These people are commonly known as 'women.'

For comments, ideas and copies of The True Story of Wainfleet, go to www.williamthomas.ca

Know The Rules Before You Ride



Region Traffic Inspector Mark Andrews. "It could take some time for municipalities to review the new provincial legislation and to figure out how it fits with their individual needs."

Safety is always

The Ontario Provincial Police (OPP) is reminding off-road vehicle (ORV) operators to check with your municipality to ensure local by-laws have been amended to allow 2-up all-terrain vehicles (ATVs), Side-by-Side ORVs and Utility Terrain Vehicles (UTVs) on-road access in your respective areas.

As of July 1, 2015, the Province of Ontario implemented updates to The Highway Traffic Act Ontario Regulation 316/03 that extends on-road access for more types of off-road vehicles on Provincial Highways. It is however, up to each individual municipality to enact by-laws for the local roadways to coincide with the Provincial amendments.

"It is the operator's responsibility to consult the Highway Traffic Act and to contact the municipality to confirm certain off-road vehicles are permitted on area roadways," says North East

a number one concern for the OPP. "We often stop operators who are not wearing an approved and properly fastened helmet, or who are not 16 years of age," states Inspector Andrews. "When you don't wear a helmet, you are at a much higher risk of serious injury or death in the event of an ORV incident. Knowing the laws and operating your ORV in a safe manner are the first steps to making your ORV experience a positive one."

OPP officers will continue their enforcement and education efforts on local roadways and trails in an effort to save lives. For more information about what has changed, please visit: www.ontario.ca/atv.

For more detailed information on legal requirements for ORV and ATV use, refer to the Off Road Vehicles Act (ORVA) and the Highway Traffic Act (HTA), or visit www.e-laws.gov.on.ca

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FOR SALE – Last year's 4x5 round bales of hay \$10/each. This year's 4x5 round bales \$20/each. Call 705-869-2031 or 705-822-9030. 7/14

FOR RENT

FOR RENT - One bedroom apartment available now, 2 bedroom available August 1. 45 Arthur Ct, Espanola. No pets and references required. Call 705-869-5989. 8/4

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FAREWELL DINNER

A FOND FAREWELL AND THANK YOU TURKEY DINNER FOR JO-ANNE LAFRAMBOISE, Tuesday, July 21 at the Espanola Elks Hall at 5:00 p.m. Tickets are available at the Espanola Public Library until July 16. 7/14

WANTED

ACCOMMODATION WANTED - Woman looking for one or two bedroom home or apartment in Webbwood. Quiet and responsible. Non-smoker, no pets. References. Call 705-936-7106. 7/21

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OPEN HOUSE

OPEN HOUSE – Sunday, July 19 from 2:00 – 4:00 p.m. at 34A Sunset Bay Drive. Wonderful waterfront 2+1 bedroom home on Tube Lake. Uniquely designed decks, steel roof, year-round road, 2 baths, Jacuzzi, wired garage, renovated kitchen and living room. For more information and pictures, visit www.kennaplesrealestate.com 7/14

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Espanola Town Council Report

By *Camilla Kirkpatrick*

- Espanola Council was presented with an update of the Service Delivery and Operational Review in a special meeting on July 7. KPMG's Chas Anselmo identified areas of cost saving including the sharing of services as Espanola is a hub for the immediate area. Areas that could be shared include the fire chief, building control services, land use planning, administrative support, information technology and public works equipment. Anselmo said the "greatest barrier" is in information technology. The town has new software but it is not integrated and staff lacked training. "There are aspects of operations you don't know what the operating costs are," said Anselmo, citing the recreation complex as an example. He added that policy development is needed with regards to communications, budget, debt, capital financing and investment. "Your level of winter controls maintenance exceeds provincial minimum standards," said Anselmo but added that every community does to prevent litigation issues.

He said moving from salt to sand on the roads could save \$25,000 a year. Anselmo told council that they have the ability to draw up policies with regards to level of winter maintenance.

Other ways to save include removing fluoridation from the water and decreasing the number of playgrounds. He said the maintenance of sports fields exceeds normal levels.

He suggested implementing non-resident user fees at the complex and increasing the cost of ice rental fees from March to August. Crossing guards cost the municipality \$46,250 a year and are a discretionary service, he said. Anselmo said the municipality spends \$100,000 more for

landfill operations as opposed to other communities.

Anselmo will be meeting with council again, as public meetings were held the following night for residents. "Based on those conversations, there will be additional analysis and ability to refine." Council went in camera to discuss further findings. The final report will be presented on August 11.

In a second presentation, Don Hoekstra, Director for Project Development with the Ontario Clean Water Agency, provided council with the opportunity to take part in a trial with new SLG biosolids pretreatment technology.

"Our goal as operations partner is to explore possibilities to give you access to best available technology and give you options that will allow you to make a capital investment that gives you a return in five years or less," said Hoekstra, adding that this technology was not available when council was presented with the cost-prohibitive GEO tubes option.

Currently the biosolids being shipped to Sudbury for disposal is only 2.5 percent solid but Hoekstra said the preconditioning technology would turn the biosolids into 5.5 to 6 percent solid.

He said Orege, a France-based company is very interested in conducting a trial and would provide equipment at a no cost or low cost basis. "To go from 2 to 5 percent going through this one process, the dewatering process will be more cost effective and more quickly," said Hoekstra. If the solids continue to be hauled to Sudbury for disposal, the number of loads per year will be cut in half. The mobile unit could be installed in one day and be on site by the end of summer. He did not have an estimated cost of the unit for budget purposes but only that it cost the company \$250,000 for a trial basis. Council gave unanimous direction to OCWA to proceed with trial.

COMMUNITY NOTES

Next Community Kitchen Luncheons - July 14 and 28 at the Lighthouse in Espanola (across from the Royal Bank) from 11:30 am to 1:00.

Fibre Art Coral Reef Project - Meetings at the Espanola Public Library July 16 from 6:30 - 8:30 p.m. and August 6 from 9:00 - 11:00 a.m. For information, call Jody at 705-583-2326.

Strawberry Social at the Lee Valley Hall - Saturday, July 18 from 1:00 - 4:00 p.m. featuring the Back Road Country Band.

Espanola Royal Canadian Legion 1st Annual Open Golf Tournament - Saturday July 25, at the Espanola Golf Course (registration deadline July 23, 1:00 p.m.). For more info or to register call 705-869-6237.

Beats 4 Blues Concert - Fundraiser and awareness concert for mental health. Donations go to Child and Family Services in Espanola. Saturday, August 1 at 390 Highway 17, Walford, in the parking lot. Starts at 1:00 p.m. and goes all day. For information, call Glenda at 705-862-1614.

Tennis at Espanola Golf Club - Community Living Mondays 1:00 p.m.; senior doubles Tuesday, Thursday, Saturday 10:00 a.m.; open play Friday 5:00-7:00 p.m.; youth Saturday 11:00 a.m. Free lessons, call 705-869-0475.

Al-Anon Meetings For Families and Friends of Alcoholics - Meetings are Tuesdays at 7:00 p.m. at St. George's Anglican Church, Espanola. Call 705-869-2505 or 869-6595 for information.

AA Meetings At St. George's Anglican Church - Tudhope St., Espanola, Wednesday at 8:00 p.m. and also Thursday at the United Church at 8:00 p.m.

Toastmasters - Develop communication and leadership skills, which in turn foster self-confidence and personal growth. Mondays 7:00-8:30 p.m. at the Espanola Hospital board room. Call Pauline for details 705-869-4016.

Drug Problem? - We've been there. We can help. Narcotics Anonymous, meetings are Tuesdays and Saturdays 7:30 p.m. - 9:00 p.m. United Church Espanola 137 Sheppard St.

Popcans for Petsave - If you would like to donate your aluminum cans for a good cause please phone 705-869-6357 after 6:00 p.m.

Do you have a NOTE for the Community?

We invite not-for-profit organizations to submit information on their upcoming events in writing no later than **Wednesdays at 3:00 p.m. 25 Word Limit.** Fax: 705-869-3342 or E-mail: around@aroundandabout.ca

Continued from front page...

It's Massey Marathon Weekend

spaghetti feast Saturday starting at 6:00 a.m. The half evening for those wishing to carbo-load for the big day. and the Chutes 10k starts at 6:15 a.m. Serving begins at 5:00 p.m. 6:30 a.m. Awards ceremonies will be on-going at the arena as runners complete the races. Sunday is the main event, Volunteers are still being taken with the full marathon for all the fun.

Recipe

Making cookies doesn't get much easier than this! My mom makes these often and they are soft, chewy, and lemony delicious. These can also be made with a chocolate cake mix.



Lemon Burst Cake Mix Cookies

- ❖ 1 box Lemon Cake Mix
- ❖ 1- 8 oz container Cool Whip, completely thawed
- ❖ 1 egg
- ❖ 1/2 cup powdered sugar (for rolling)

Preheat oven to 350°. In a medium bowl, beat the egg. Add the Cool Whip and mix well. Mix in the cake mix. Dough will be thick and sticky. Drop by teaspoonfuls into a bowl of powdered sugar and roll to coat. Place on a cookie sheet lined with parchment paper or a silicon baking sheet. Bake for 10- 12 minutes or until slightly set and tops are cracked. Cool on pan for 5 minutes then transfer to wire racks to cool.

- Dough is a little easier to handle if you refrigerate about an hour before dropping in powdered sugar, but it's not required.
- You don't want to make these cookies too big, the key is to keep them small.
- Since the dough is sticky, try using a small cookie scoop to drop cookie dough into powdered sugar, for easier handling. This also keeps your cookies small and consistent.

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OPEN TO THE PUBLIC

Saturday, July 18

- 11:00 am - 6:00 pm - Registration at Massey and District Arena
- 11:00 am - 2:30 pm: Fun Run registrations
- 11:30 am: Cycle Tour of route.
- 3:00 pm: 2K Fun Run
- 3:30 pm: 5K Fun Run
- 4:00 pm: Fun Run, Awards and Prizes
- 5:00 - 8:00 pm: Spaghetti Feast - Cost \$8.00/person
Age 16 and Over; \$5.00/person Age 5-15; Under Age Of 5 Is Free

Sunday, July 19

- 5:00 - 5:30 am: No registrations accepted. Pick up race packages only.
- 6:00 am: FULL MARATHON START
- 6:15 am: 1/2 MARATHON START
- 6:30 am: CHUTES 10k START
- 8:00 am: Pancake Breakfast
- 8:00 am: Awards Ceremony will be on-going at the Arena as soon as the runners complete their race

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