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March 3, 2015 Issue 9 - Volume 19

Improving Local Access to Healthy Food


Food. We all need it to survive. Our knowledge about food can vary though. Some may want to know more about growing food, or improving cooking skills, or making better food choices, or buying locally produced foods. The LaCloche Foothills Food Network (LFFN) invites you to improve your food knowledge by attending one of the upcoming workshops. LFFN is a group of individuals and organizations working to increase access to safe and nutritious food, and to promote healthy food choices and food skills for all residents. Some upcoming LFFN activities, open to the public,

Continued on page five...

Spring Farweard
 Sunday, March 8th Remember to turn your clocks FORWARD one hour! This is also a good time to check the power, and change the batteries in your smoke detectors!!

|  |  |
| :---: | :---: |
|  |  |

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## It's Only A Really Bad Date If Someone Dies

Have you ever told a little white lie to get out of a date? Ever faked a headache or pretended to cough into the phone while cancelling a date? Everybody's had a nightmarish date. Like the guy who booked a table for two with a great view and it turned out to be Hooters. Like the woman who said she'd love to see you again as long as it's on Skype. Like the date who showed up pregnant and when you mentioned it, she stormed out calling you Captain Obvious. Or the guy you thought really liked you until you caught him discreetly giving the waiter twenty bucks to leave the washroom window open. Or the time one of you showed up 30 pounds heavier and 12 years older than your dating profile while the other was in the final stage of transgendering. Oh yeah, dating - more car wrecks than on icy roads in Georgia. But have you ever faked your own death to avoid a bad date? No? Meet Anna Gray.
According to The Mirror in Britain, 29 -year-old Anna Gray of Somerset met a guy online and dated him a few times. After three dates and a dinner, Anna knew it was over. So she picked up her phone, sorry mobile and texted him saying she just wasn't that into him. While Anna's feelings for the guy went Arctic Vortex, he ... as a Brit, he has the right to remain oblivious to everything going on around him except football scores and the temperature of beer ... he still had the hots for her. (Wot? My

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Email: dcf@personainternet.com
beautiful Anna!)
Okay, he replied which both surprised and pleased Anna. Not entirely focused he was actually watching in painful disbelief as Bradford City stunned his beloved Chelsea with two late goals. Wow!, he thought, I should tell my dear sweet Anna about this!
"I think we need to have a date tonight," he texted. I will be around your house in 30 minutes."
Now pretending to be her own sister, Anna immediately messaged him back with bad news. Anna, she said, had been rushed to the nearby hospital the previous night with a very serious illness. So ... long recovery ... if and when ... don't hold your breath ... goodbye.
Quick as a cat but still thick as a post the guy texts back: "Oh thanks. What ward is she on and I'll visit her now?"
Digging herself deeper into this deception, "Anna's sister" replied: "They are only letting family members in at the moment. Will let you know."
"Hey," tweeted the guy looking up as he walked aimlessly around the city livestreaming Manchester United getting their clocks cleaned by Swansea City, "I'm outside that hospital now."
At this point in the story, you're realizing how tickety boo ... sorry, how absolutely easy peasy it is to write a British stage comedy. You take a bunch of queer coincidences, an impending death, unrequited love and

Continued on page three...
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you throw in a headmaster who likes to be caned, a wedding interrupted by a funeral, a bulldog named Churchill and a wicked Helen Mirren who happens to carry a riding crop in her kit. Next thing you know Hugh Grant is begging to play the lead for scale.
At this point, as the noose of deceit tightened around her neck, Anna Gray must have contemplated killing herself. So - ah what the hell - she did. After an appropriate minute of silence, Anna's sinister sister sent the guy the coup de grâce: "I am really sorry to tell you but we lost her last night." "Great," said the guy. I'll switch the tulips for white funeral lilies and be right up!" Okay that one I made up but the rest is absolutely true.
The death notice ended the relationship. Nobody knows if the guy - "Wow! Liverpool nil, Everton nil!" - actually took the hint or was so upset by the death of his Anna that his grief muted his response.
A few months later, Anna Gray was back and dating on the original site when the jilted man spotted her active
profile. Hmm, he must have wondered, back from the dead? Maybe a fresh start? I'll just go to her flat and ask her out on a date!
In fact he sent Anna a bunch of horrible messages which must have been fairly close to the truth because she acknowledged she probably deserved them. "Karma is a bitch," is how she put it.
Now with the stalker out of her life, Anna's engaged to be married. Although her fiancé is completely infatuated with Anna, it's those text messages from her twisted sister that he fears the most.
Speed dating, blind dating, online dating - what was once referred to as 'courting' can be very complicated today. Today there are more bad dates than good ones, more feelings hurt than friendships made. It's enough to make a guy named Chad with short hair and perfect teeth curse at Christian Mingle.

For comments, ideas and copies of The True Story of Wainfleet, go to www.williamthomas.ca



## Espanola Council Report: Municipality Getting Provincial Help To Fix Hwy 6 Culvert

Although the amount of the grant is yet to be revealed, Espanola taxpayers will not be on the hook for the entire cost of replacing the Hwy 6 culvert from Clear Lake hill to McCulloch Drive, just south of the town. The job will need to be retendered and work is expected to begin sometime this year, dependent on several factors including the mating season of a rare species of turtle that inhabits the surrounding area. Dave Parks, Assistant Manager of Public Works, was in attendance at Espanola's most recent town council meeting, informing councilors that the job is ready to roll once the tendering process is completed again.
Parker also answered questions about two major vehicle purchases that Public

Works is requesting to be added to the next budget: a replacement for a 2003 Ford F-150 pick up truck and a new tandem plow to replace the 1989 International single axle plow. The majority of council (with the exception of Councillors Ray Dufour, who opposed and Stewart Meikleham, who was not present) approved adding the pick up to the budget for 2015, while all agreed to defer a decision on the plow. Councillor Bill Foster cited the need "to make sure we have a proper mix of equipment in Public Works." He added that council should wait for the Asset Management Plan and the pending external service review before proceeding with approval of such a large purchase (around $\$ 250,000$ ).

## Two New Portable Cardiac Monitors Funded, Thanks To Legion



Photo: The Espanola Regional Hospital Foundation got a big boost from the Espanola Legion Branch 39 Poppy Fund and the Ontario Command Charitable Foundation. Donations totalling over $\$ 19,000$ were presented by Roy Beaudoin and Robert Laplante to Michael Dunn and Terri Noble. "We're very grateful to them for their support and generous donation," said Dunn. The money will be used to purchase two remote (portable) units for the cardiac monitoring system at the Emergency and Acute Care departments of the Espanola Regional Hospital and Health Centre. The portable units allow cardiac patients to be mobile, while still being continuously monitored by nurses. If a patient develops problems, staff can respond quickly and abnormalities can be noted for physicians.

## Espanola Police Report

On January 31, 2015 at 9:55 a.m., the Espanola Police Service received a call from a female complainant, advising that her estranged husband had called and threatened to attend her home, kick down the door, and assault her and her new boyfriend. The complainant was advised to leave the home immediately, and attend the Espanola Police Service. At 10:02 a.m., prior to her arrival at the police service, the female contacted police to report driving up on a fight on Second Street between her boyfriend, and her estranged husband; police responded immediately, and upon arrival, located the female complainant and estranged husband standing on the roadway; the other male had left following the altercation.
Based on information provided to police, the estranged husband was arrested for Uttering Threats, and was transported to the police service. Following an investigation, police determined that since December 2014, the women's husband had threatened her and her boyfriend on three separate occasions, and forcibly entered the residence and assaulted the boyfriend on another occasion using a wooden stool as a weapon.
As a result, a 30-year old resident of Espanola was charged with:

- Forcible Entry;
- Assault;
- Assault with a Weapon; and,
- Uttering Threats to Cause Death or Bodily Harm (5 counts)

He was held in custody, and appeared in Sudbury Bail Court on February 2, 2015, to answer to his charges.

On February 1, 2015, the Espanola Police Service received a complaint from a female residence of Espanola, advising that mid-afternoon on January 31, while she was walking her dog on Avery Street near John Street, her dog was attacked by two other dogs, and during the attack, both her and her dog were bitten.
The two dogs, described as a brown medium sized Boxer with white on its chest, and a larger all black long-haired dog resembling a German Shepherd, were being walked on leashes at the time by a white male in his early to mid-twenties, with orange colored hair and facial hair, wearing a dark jacket, blue jeans, and a grey and white checkered hooded sweater. Following the incident, the male apologized for the actions of his dogs, and continued walking southbound on Avery Drive; he may reside in the area.
At this time, the owner of the dogs is unknown, and police are asking the owner to please come forward, or if anyone recognizes the description of the male and/or dogs, to contact the Espanola Police Service at (705) 869-3251 or report your information anonymously through Crime Stoppers at 1-800-461-4899.

On February 5, 2015 at 10:30 p.m., the Espanola Police Service responded to a complaint from a female at the Tim Hortons, who advised that she and her spouse were threatened by their neighbor, and as a result, were afraid to go home.
Members of the Espanola Police Service attended at the Tim Hortons, and spoke to the couple, who stated that during a dispute with their neighbour over a parking space, the neighbour told them that he "could have them murdered."
At 11:00 p.m. police attended at the Queensway Street residence, and after speaking to an independent witness, a 33 -year old resident of Espanola was arrested and charged with one count of Uttering Threats to Cause Death or Bodily Harm. He will attend Espanola Court on April 7, 2015 to answer to his charge.

On February 9, 2015 at 4:30 p.m., a member of the Espanola Police Service stopped a motor vehicle on Centre Street, regarding a minor traffic act violation. While speaking to the occupants in the vehicle, the identity of the passenger, who was noted to be under the influence of alcohol, was obtained, and a computer check revealed that the passenger was bound by an order of probation, with a condition to abstain from the consumption of alcohol.
As a result, the 45 -year old male from Killarney was charged with one count of Breach of Probation contrary to the Criminal Code. He will attend Espanola court on April 7, 2015, to answer to his charge.

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## Air Miles Telephone Scam

The Espanola Police Service would like to advise the public of a Telephone Scam involving the Air Miles Rewards Program.
In the month of February, the Espanola Police Service received complaints from three citizens advising that they were the recipient of a computerized phone message from the Air Miles Reward Program, telling them that they've won a large number of Air Miles Reward Miles. The automated message instructs the recipient to dial " 1 " to learn more about the win fall. In two of the three reported cases, the recipients of the calls hung up, while the third did press " 1 ," but was disconnected by the automated message. Normally, by pressing " 1 ," the recipient of the call is connected to a live person, purporting to be a representative of the Air Miles Reward Program.
The Telephone Scam is an attempt to solicit an Air Miles Collector's account PIN or Credit Card information, which the caller will say is necessary to deposit, and/or secure the Air Miles Reward Miles that were won. Once obtained, the fraudsters will steal cash and the collector's Air Miles Reward points. Avoid being pressured to provide your personal information, by
warnings from the caller that the matter is time sensitive or a limited time offer, and if you don't act, you will lose the reward.
In April of 2014, the Air Miles Reward Program released a public notice advising that they "do not use automated messages to notify their clients of account updates or to reward them prize points. They also do not ask for credit card information under any circumstances."
The Espanola Police Service would like to remind the public to be vigilant when receiving telephone calls, and know whom you are talking to before you provide any personal or banking information. The callers can seem very convincing, but the most important thing to do is not to answer any questions, and advise that you will call the company back directly, using the contact number on the back of your credit card and/or collector card. An actual employee of the company will not be offended.
If you believe that you have been the victim of a Telephone Scam, or have received a telephone call that you believe was a scam, you can report the incident to your local police service, or contact the Canada Anti Fraud Centre at 1-888-4958501.

## Espanola Helping Hand Food Bank News

The EHHFB will be hosting the meat roll-offs every Saturday for the month of March at the Espanola Legion. The fun begins at 3:30 pm and everyone is welcome. Come out and support a great cause!
Our AGM and elections will be held on
Wed., March 18 at 3:30 pm and the public sponsored By: is welcome to attend. We are located at 87 Centre St. and are open every Wednesday from 11 am til 3 pm .

# Espanola \& Area <br> <br> Family Health Team <br> <br> Family Health Team Bariatric Support Group <br> Peer lead support group for people who have, will be, or are thinking about undergoing bariatric surgery. Held every 2 weeks. Next meeting will be held on March 10th at $2: 30 \mathrm{pm}-4 \mathrm{pm}$ <br> <br> 705-862-7991 

 <br> <br> 705-862-7991}

Continued from front page...

## Improving Local Access to Healthy Food

include:
Free Bus to attend Sudbury Seedy Sunday on March 8th.

The LFFN is offering a free bus to attend Sudbury Seedy Sunday on March 8, 2015, with pick up spots in Massey at 8:15 a.m. and Espanola at 8:45 a.m. All new and experienced gardeners are welcome. You can exchange locally saved seeds, buy heirloom garden seeds, listen to a variety of speakers, and meet local food/garden vendors and community groups. For details go to www.sudburyseedysunday. ca. For more information or to register for the bus, call the Sudbury \& District Health Unit (SDHU) at 705.222.9202, ext. 537.

Fruit Trees, Bushes and Vines Workshop on March 28th

Have you ever wanted to have apples, pears, plums, cherries, grapes, raspberries or hascap berries growing in your yard? Join us Saturday March 28, 2015, from 1:30 to 4 p.m. for a free Fruit Trees, Bushes and Vines Workshop at the Queensway Pentecostal Church in Espanola. Ron Lewis will be speaking on planting preparation, selecting hardy varieties, planting, pruning and care. The Fruit for All program will also be discussed. Call the SDHU at 705.222.9202, ext. 537, to register.
If you are interested in becoming a LFFN member or would like more information, contact Cheryl McCaw, Sudbury \& District Health Unit, at 705.222.9202, ext. 310.


## Massey Winter Carnival



Photo: Log sawing made its return to the Massey Winter Carnvial February 20-22. Photo courtesy of Michael Mantha.


Photo: Kids vie for prizes and bragging rights in the minnow races.

This year's Massey Winter Carnival had fun for everyone. Carnival weekend saw families and dignitaries enjoying $\log$ sawing, several meal fundraisers, sleigh rides, minnow races, a three-legged race, talent show, and more. In addition to the fun activities to partake in, a locally filmed movie made its debut. "Black Forest" was well-received by those who came to view it on Saturday night of the carnival.
The winter photo contest deadline has been extended to March 13 for those who would like to share their scenic winter shots. Go to www. masseywintercarnival.com or like the Facebook page to enter.


Photo: Algoma-Manitoulin MPP Michael Mantha gets friendly with some equine constituents (the ones pulling the weight for the sleigh rides). Photo courtesy of Michael Mantha.

## Local Paramedics Recognized For Service



Photo: Manitoulin-Sudbury DSB paramedics Frank Seguin and Sherri Chopra each received an OPP Commissioner's Award for their outstanding work on a recent call. EMS Deputy Chief Glen Clifford explained, "The crew attended a call on an island on Lake Penage for an accidental shooting. Due to the limited access, an OPP helicopter landed at the scene, the seats were removed and the patient transported to a Sudbury, hospital where he underwent immediate surgical intervention." Congratulations to the team for their outstanding work.


## SERVICES

TAX TIME! Margaret's Tax Prep - over 40 years' experience. By appointment or chance. 71 Walford Rd, Walford. 705-8442289. 03/10

L \& M STOVE SHOP - 308 Albert St. Espanola. We stock a wide range of appliance parts and vacuum supplies. We stock elements, vacuum bags, etc. Call 705-869-2944. 3/24 R

## Call 705-869-6883 <br> To Place Your Classified Ad!!

ESPANOLA SELF STORAGE - $6 \times 8$ and $8 \times 10$ Storage units available in Espanola. Located behind the car wash. Call 705-8698405. 3/17 R

MASSAGE THERAPY \& ACUPUNCTURE - by Cheryl Van Allen, R.M.T. Treatment focused on pain relief or relaxation. Covered by most insurance companies. Gift certificates available at the front desk. Located at the Pinewood Motor Inn. 705-869-3460. 3/17-R

## APP COMPUTER SOLUTIONS

Complete computer repairs virus, Trojan, and spyware removal - tune-ups \& system reloads software \& network installations - hard drive and memory upgrades available. Call 705-869-6699 or 705-869-8872. 3/31- R

## BINGOS

MASSEY AREA MUSEUM BINGOS - April 6 at the Massey and District Arena. Doors open at 6:15 p.m. Bingo starts at 7:00 p.m $\$ 1825$ in cash prizes. $3 / 10-\mathbf{R}$

## FOR RENT

FOR RENT - 1 bedroom apartment at 45 Arthur Ct , Espanola. Available February 1, no pets allowed and references required. Call 705-869-5989. 3/10

## FOR SALE

FOR SALE - 2007 Arctic Cat 700 ATV. Low miles. Plow \& attachment included. Call Greg 705-822-4734. 03/03

## WANTED

CARPOOLER WANTED Looking for someone to carpool to New Sudbury Monday-Friday. Leaving Espanola between 7-7:30 a.m., departing Sudbury between 4-4:30 p.m. Call 705-918-0257. TFN

## EMPLOYMENT OPPORTUNITY

WANTED: Part Time SCHOOL BUS DRIVER (may lead to full time).

## Must have:

' B ' class license (minimum ' G ' class license for those pursuing ' $B$ ' class license: training available)

- Be a minimum of 25 years of age
- Clean driving record
- Clean criminal record

Family friendly perks;

- Weekends, PD days, Christmas Break, March Break \& Summers OFF - Split shift; errands can get done - Evenings off; home in time for supper - Your children (including youngsters in car seats) can ride your bus

Please Apply in person ; Veteran's Transportation of Espanola Ltd.
ATTN: Amy Mathie; Manager 61 Highway 6
Espanola ON P5E 1S3
Ph: 705-869-2250

## EMPLOYMENT OPPORTUNITY

## NOW HIRING

# Sales Associate Cashier \& Cook Kitchen Prep 

Fax Resume to 705-869-5770 Deadline to Submit March 17, 2015

## Espanoled Helping Hend Food Benk

Please remember to feed our hungry brothers and sisters and their children! Canned foods, shampoo, coffee, soap, everything you use, they need! Located 87 Centre Street Espanola.

## FREE WOOD PALLETS <br> Call 705-869-6883 for details.

## Dittrich's Hair Design

 "A look With A Difference"$705-869-2915$


BECKWICK - Ida Marie of Espanola passed away at the Manitoulin Health Centre, Little Current on Wednesday, February 18th, 2015 in her 88th year. Beloved wife of Karl Beckwick of Espanola. Loving mother of Allan (wife Deborah) of Hamilton, Leonard (wife Maria) of Hamilton, Jim (wife Joanne) of North Bay, Judy Howard (Dave Porteous) of Espanola \& Cindy (Bert) of Barrie. Will be sadly missed by grandchildren, Jennifer, Julie, Kim, Holly, Carey, Mike, Sheri \& Bradley and 8 great-grandchildren. Dear twin sister of Mary Ranta of Thunder Bay \& predeceased by many brothers \& sisters. No visitation or funeral service. Cremation has taken place. Arrangements by Bourcier Funeral Home Ltd., Espanola

## THANK YOU

## The Espanola Skating Club

## would like to thank the following business for continued support of our annual skating carnival show. <br> Thank You!

Tim Horton's<br>Dorion Construction<br>Around \& About<br>Home Hardware<br>Rosalind Russell<br>Bell Booth Sirka Inc.<br>CEP Unifor Local 74<br>CEP Unifor Local 31-X<br>KD Designs<br>D. Peter Best \& Amy Best Espanola Clinic Pharmacy Farquhar's Dairies<br>Freelandt Caldwell Reilly<br>O.J. Graphix<br>Ok Tire \& Auto Service<br>Moose FM<br>U-View Realty<br>Robinsons Pharmacy<br>Domtar<br>Eacom<br>Veterans Transport<br>Winkles Independent<br>Algom Insurance Adjusters<br>Bardon Automotive<br>Blades \& Things<br>Espanola Elks Club<br>Order of the Royal Purple<br>Kylee Dormer<br>Lindsey Bender<br>Skate Canada Manitoulin<br>Garnet's Plumbing \& Heating<br>North Shore Family Chiropractic<br>Espanola \& District Credit Union<br>The Corporation of the Town of Espanola<br>The Espanola Regional Recreation Complex<br>Espanola Roof Maintenance \& Repair

## Recipe

Do you have blueberries frozen in your freezer like I do? I like to freeze several bags after our annual blueberry picking session in the summer so that I can make muffins throughout the winter. I have two favourite
 recipes that never fail me. I alternate between the two. The only difference between them is the texture but they are both very good. The secret of course is to not over mix the batter and to gently fold in the blueberries to avoid heavy, tough muffins.

## Favourite Blueberry Muffins \#1

- 11/4 cup vegetable/canola oil
- $3 / 4$ cup white sugar
- 1 egg
- $1 / 2$ cup milk
- $11 / 2$ cups of flour
- $1 / 2$ tsp salt
- 2 tsp baking powder
- 1 cup blueberries

Cream together the oil and sugar and egg. Add the milk. Mix together the flour, salt and baking powder. Gently mix the dry ingredients into the liquid ingredients. Fold in the blueberries. Fill muffin cups $2 / 3$ full. Bake at 350 degrees for 20-25 minutes.

Favourite Blueberry Muffins \#2

- $13 / 4$ cup flour
- $3 / 4$ cup sugar
- $21 / 2$ tsp baking powder
- $3 / 4$ tsp salt
- 1 egg, beaten
- $3 / 4$ cup milk
- $1 / 3$ cup vegetable/canola oil
- 1 cup blueberries

Mix flour, sugar, baking powder and salt. Make a well in the dry ingredients and add the beaten egg, milk and oil. Gently mix just until dry ingredients are moistened. Fold in the blueberries. Fill muffin cups $2 / 3$ full. Bake at 350 degrees for 20 minutes.

Ah. The month of spring!!!! - The Massey-Walford Horticultural Society welcomes you to "warm-up" to their next meeting, Wednesday, March 4 at 1:00 pm at the Massey \& Township Public Library.
World Day of Prayer 2015-An inter-denominational service will be held at the Espanola United Church on Friday, March 6 at 7:00 p.m. All are welcome. Refreshments will be served.
World Day of Prayer Service Massey - March 6, 7:00 p.m. at the St. James Anglican Church, Massey. Featured country "the Bahamas." Refreshments to follow. Hosted by Massey and Area Inter-church Council.
F.O.E. Ladies Auxiliary Monthly Spaghetti Supper - Webbwood Eagles, Saturday, March 7, 4:30-6:00 p.m., 3 Centre Street. Take out available, everyone welcome. Call 705-869-4269.
Free Bus to Sudbury Seedy Sunday - On March 8. New and experienced gardeners welcome. Bus leaves Massey 8:15 a.m. and Espanola 8:45 a.m. Exchange and buy seeds, speakers, local food/ garden vendors. To register, call the Sudbury and District Health Unit at 705-222-9202 ext. 537
Community Living Information Sessions - For individuals and families with developmental disabilities, learn more about access to community participation supports through the Passport Services program. Monday, March 9 at 6:00 p.m. at the Training and Resource Centre, Hwy 17, Massey and March 10 at 6:00 p.m. at Day Services Cafeteria, 345 Hwy 6, use Thornloe Street entrance. RSVP by March 2 to Kathy Ainslie 705-869-0442, ext. 30.
Alzheimer Society - Espanola \& Area Friendship Circle meeting Monday, March 9, 1:30-3:00 p.m. at the Seniors' Drop in Centre, 799 Queensway Ave. Espanola. Call 705-869-1137 for info.
Women's Wellness Day - Monday, March 9 from 9:00 a.m. - 2:00 p.m. at the Little Current Recreation Center. For more info or to register contact 705-370-3378.
Massey Agricultural Monthly Meeting - Tuesday, March 10 at Massey Fire Hall at 7:00 p.m. Everyone is welcome.
Next Community Kitchen Luncheon - March 10 \& 24 at the Lighthouse in Espanola (across from the Royal Bank) from 11:30 am to 1:00 pm. NO CHARGE. Everyone Welcome.
Alzheimer Society First Link Learning Series - Starting Wednesday, March 18 from 10:00 a.m. - 12:00 p.m. To register please call Alison at 705-524-2024 ext 402

Scrap Your Way Into Spring - Saturday, March 21 at the Walford Community Hall, 9:00 a.m. to 9:00 p.m. Mother/child/grandma activity. Everyone welcome. Sponsored by St. Andrew's United Church. To register, phone Denise at 705-865-3399 or Jane at 705-865-2268.
Free Drop-In Family Playtime - Espanola Public Library, starting March 25. 10:00 a.m. - 11:30 a.m. for six weeks. Toys, puzzles, games, and books for age 5 and under.
Espanola Handgun Club Annual Meeting - Friday, March 27 at 7:00 p.m. sharp in the upstairs Regency Room at the Pinewood Motor Inn, Espanola.
Free Fruit Trees, Bushes and Vines Workshop - Saturday March 28, 1:30 to 4:00 p.m. at Queensway Pentecostal Church, Espanola. Would you like apples, pears, cherries and grapes growing in your yard, farm or park? Two guest speakers, refreshments served, and door prizes. Register by contacting the Sudbury and District Health Unit at 705-222-9202 ext. 537.
Community Art Collective - Coral Reef Project sponsored by the Espanola Public Library, first Thursday of the month at 9:00 a.m. and third Thursday at 6:30 p.m. www.espanolafibreartsfestival.ca for information.

AA Meetings At St. Georges Anglican Church - Tudhope St., Espanola, Wednesday at 8:00 p.m. and also Thursday at the United Church at 8:00 p.m.

## Do you have a NOTE for the Community?

We invite not-for-profit organizations to submit information on their upcoming events in writing no later than

Wednesdays at 3:00 p.m. 25 Word Limit.
Fax: 705-869-3342 or E-mail: around@aroundandabout.ca


## TOWNSHIP OF SABLES-SPANISH RIVERS

Phone: (705) 865-2646 Fax: (705) 865-2736<br>Email: inquiries@sables-spanish.ca<br>Box 5, Site 1, R.R.\#3, 11 Birch Lake Road, Massey, ON, POP 1P0<br>Website: www.sables-spanish.ca

## CONGRATULATIONS !!

The Council of the Township of Sables-Spanish Rivers wishes to extend congratulations to the two following individuals of our community.

Christopher Vuorensyrja, Principal of St. Mary School in Massey, has been named one of Canada's Outstanding Principals. We thank Chris for his dedication and commitment to our community and to the education of our children.

Tyler Behm, has been nominated for the 2014 Ontario Junior Citizen of the Year Award, and received a Certificate of Recognition for his community involvement, participation and contributions to our community.

It is an honour to have such named residents within our municipality!!

## SUMMER STUDENT EMPLOYMENT OPPORTUNITIES

Applications for summer employment are being accepted for the Public Works Department

Employment is conditional upon approval of grant funding.
Applicants must meet the following eligibility requirements:

- returning to school on a full-time basis during the next academic year (must provide proof of registration)
- is a student in a secondary, post secondary, vocational or technical program; priority is given to students in post secondary education
- drivers' licence with clean drivers' abstract would be considered an asset
- is legally entitled to work in Canada

Applications will be received until 4:00 p.m., Wednesday, April 1, 2015

## WEBBWOOD RINK SHACK/ CANTEEN HOURS <br> (Winter 2014-2015)

| MONDAY - FRIDAY: | SATURDAY \& SUNDAY: |
| :---: | :---: |
| PUBLIC SKATE.........6-8PM | HOCKEY................11AM-1PM \& 8-10PM |
| HOCKEY.....................8-10PM | PUBLIC SKATE..... $1-3: 30$ PM \& 6-8PM |

**No hockey during public skate times! If no public skaters then hockey is allowed, but sticks and pucks must be removed from ice if public skaters arrive (during the scheduled public skate time)! ${ }^{* *}$
**If you know anyone, including students needing community hours, that would be interested in volunteering hours to supervise at the rink and run the canteen, please let myself or any Webbwood Recreation Committee member know**
**Come on out for a skate, with a place to warm up and enjoy a hot or cold beverage and/or a snack from our canteen...Indoor washroom is currently up and running**

We have also set the date for the Grand Opening of the Webbwood Rink Shack! Saturday, March 14th Time(s) still in the works. Stay tuned for a list of the fun events that will be happening that day...a day for you all to come out and check out the awesome restoration of our beloved Rink Shack and more!!

If you need more information or have any questions please feel free to contact me...via facebook, email or you can call/txt my cell 705-862-2512.
Thank you,
Tracey VanDerGulik, Chair
New Webbwood Recreation Committee

## REQUEST FOR PROPOSALS

The Township of Sables-Spanish Rivers is requesting proposals for the removal of the existing structures on property at 1820 Highway 17 in Massey.

The successful bidder will remove and have ownership of said buildings, and will provide a total lump sum on what they will pay the Township for them.

All prospective bidders are invited to call the Township Office to arrange a meeting to scope the project.

The successful contractor will be required to provide the Township of Sables-Spanish Rivers with proof of liability insurance coverage at a minimum of Two Million Dollars $(\$ 2,000,000)$, and a WSIB Clearance Certificate, and shall ensure that any approvals or permits that may be required from the Ministry of Transportation are obtained. The Township shall be responsible for the demolition permits.

Proposals shall be received until 12:00 p.m. on March 31, 2015 at the Township Office.

Kim Sloss, Clerk-Administrator

## EMPLOYMENT OPPORTUNITY

The Township of Sables-Spanish Rivers is accepting applications from interested individuals to work as receptionist at the Massey Clinic. This is a temporary part-time position encompassing 24-28 hours per week replacing an employee on medical leave. The days of work may vary from week to week with scheduling being at the discretion of the Officer Manager. The successful candidate will possess excellent computer skills and perform general office duties including typing, filing and scheduling patient appointments. Confidentiality in this office setting is imperative. Applications will be received by the undersigned until 12:00 noon, March 20, 2015.

Kim Sloss, Clerk- Administrator

## SPRING FLING DANCE

Come out and support the Massey Fair and the Royal Canadian Legion on Saturday, March 21st, 2015. We will be hosting a Spring Fling Dance at the Legion - doors open at 8:00 pm. Admission is $\$ 10$ per person

For more information call Colleen at 705-865-2973.

## MASSEY AGRICULTURAL SOCIETY ICE FISHING DERBY

Saturday, March 14, 2015 on Lacloche Lake (in designated area). Registration starts at 9:00 am at the Lacloche Lake Road landing. Derby begins at 10:00 am and runs till 4:00 pm. Cost is $\$ 20$ per Adult and $\$ 5$ per child (under 12).

## Great Prizes <br> Live Release <br> Hot Food at the Landing <br> Fun \& games throughout the day for everyone

For more information contact Colleen at 705-865-2973


[^0]:    Anyone with information on any of these crimes call Espanola Police Service at (705) 869-3251 or remain anonymous by calling Sudbury Rainbow Crime Stoppers
    locally at (705) 222-TIPS (8477) or toll free at 1-800-461-4899

