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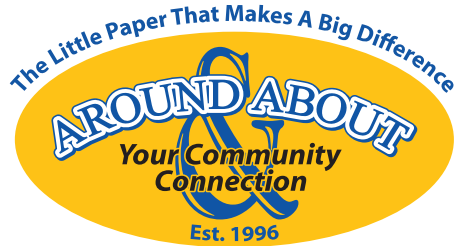
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April 12, 2016 Issue 15 - Volume 20

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Espanola Lobsterfest is back, holding its second event on Saturday, May 28, once again at the Espanola Curling Club. Last year over 300 pounds of fresh lobster was shipped in from Prince Edward Island for the fundraiser, which benefitted former EHS student and competitive athlete Caroline Ehrhardt. Ehrhardt captured the imaginations of her hometown by competing in last summer's Pan Am Games in Toronto. This year's dinner, however, will be in honour of another hometown girl, Jolene Courtemanche. You probably recall Jolene's last two fundraisers, the first for a new accessible van and most recently for the purchase of a new wheelchair. Jolene's hard work and enthusiasm, along with the generosity of family, friends and the community at large raised enough for the new wheelchair, with a little extra to open a trust fund

Continued on page four...

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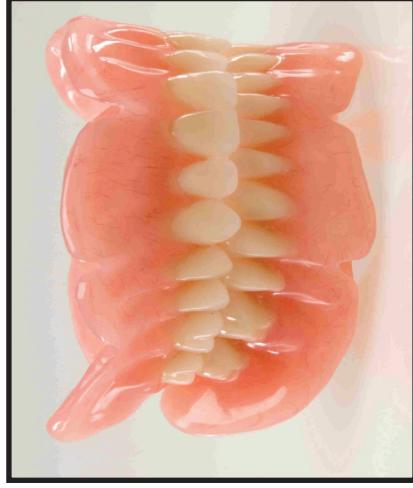
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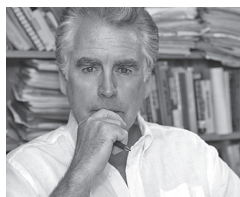
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All The World's A Circus

William Thomas

williamjthomas@gmail.com

Planning A Wedding? Do Not Ask Me To Cater It

So I get this email from a Kate Gibson. The name sounds vaguely familiar and my memory being not what it once was, I don't delete it immediately.

Her email/message read as follows: "My name is Kate, how are you doing? I have a wedding coming up on the 20th of May. I should have called in person but am receiving treatment for my hearing impairment of which I will undergo surgery in some days time. I would like to order 100 grilled chicken and salad and it will be picked up by a private carrier agent by 2 pm on that date and I will be making the full payment of my order now with my credit card, so I want you to go ahead now and calculate the total cost for me now plus the tax. Thanks."

Nothing in this message screamed "Scam!" so I quickly conclude it's a legitimate email sent to the wrong person. Me. I was also in Spain working on a writing project, a tad bored and spending way too much time alone. So I thought I would let Kate Gibson know she'd typed in the wrong email address by sending her the following reply: "Thanks for your order Kate. It's a very difficult time to be in the catering game so I certainly do appreciate your business. First, I need to know if there are any allergies or food issues with any of your guests. Any

peanut allergies or gluten-free freaks who are only too anxious to gag and hork up in a napkin even though when asked, they don't have a bloody clue as to what gluten is! Are there any fourth level vegans who I would personally like to see put in a prison where Gordon "Effen" Ramsay is the warden. I hope this doesn't sound bitter, but last week I catered a 250-person event and had to walk around each chicken four times with a necklace of crocodile teeth because one of the guests believed in Voodoo. They put a curse on my driver for being four minutes late. Kate, I'll be honest with you, Kosher I can deal with but frankly, I'm getting sick and tired of people who wear their eating disorder on their sleeves and think MSG is spread by mosquitoes."

I thought that would be the end of it but no, almost immediately Kate's reply appeared on the screen of my computer: "No food issues. Please send cost estimate as soon as possible."

"Thanks Kate. I've had wonderful feedback lately with our new "Piri Piri Portuguese Chicken." Bit spicy, but very succulent. Salad - I did one of those crazy Bollywood weddings last month and I sprinkled half the salads with Shiitake mushrooms and the other half with dried Bangladeshi crickets.

Continued on page three...

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The Espanola Fibre Arts Festival Committee is selling rain barrels as a fundraiser for the 5th annual festival. Coordinator Jody Pilon says the fundraiser is a natural progression following the overwhelming success of the Coral Reef Project last year, which highlighted the ecological importance of coral reefs. This year's focus will be on water itself. The annual budget for the festival is around \$30,000 and the money raised from the sale of the rain barrels will help offset those expenses. Order them at <https://rainbarrel.ca/espanola/> or at the Knight Cruisers annual Cruise-In on Saturday, May 28.

Continued from page two...

They look almost identical. After dinner the MC told the guests to turn over their plates to see if they'd eaten mushrooms ("SM") or crickets ("CR"). It created an awful lot of buzz. Some said it was the highlight of the whole event. Thoughts?" Kate's reply: "Would it cost the same? Mostly interested in the costing."

Me: "Sorry, Kate, I've costed this thing out three times and well, it's going to be pricey. I don't have to tell you about the recent dramatic increase in food prices (wholly inflated and unnecessary, in my opinion) but what's killing me is the new Anti-Cruelty Poultry Law which means larger cages and longer lifespans for the product. (What's next? Classical music in the barns and car trips around the farm on weekends? Ridiculous!) Like that's not enough bad news. Hellmann's was hit with a Teamster strike last week so even the price for salad dressing has skyrocketed! However, I do have a few money-saving suggestions for you. Interested?"

Again and almost immediately it came back: "Yes."

Me: "Okay. I can save you almost 40% off my lowest ... lowest ... mind you ... estimate if you and I go together to Layland Farms, my supplier. Sweet and simple. You catch 'em. I strangle 'em. You pluck 'em. I gut 'em. Whaddayathink?"

Kate must have considered this for quite sometime because her reply did not come until the following day: "I can't come due to my present condition here in the hospital. Why can't you go, get all that and I will pay you. So get back to me with the total cost."

Me: "How's this? We fuse the first course with the entree - (wait for it!) - chicken salad sandwiches! Seven bucks a pop. That includes ... the pop." There was no reply from Kate Gibson on this idea so I gave her my best and final shot: "Look Kate, I do not condone this kind of thing, but I've been made aware of a hijacked truck full of Mrs. Paul's Fish Sticks. We add a small bag of Lays Potato Chips (the baked brand to please those health food nutters) and Bingo! - Nuptial Fish & Chips. I can do this for \$11 a plate which would include tax, delivery and several disposable stomach pumps because who the hell knows when that truck left the fish processing plant. Final offer, Kate. Please reply." Sadly, I lost Kate and the order. All future catering requests coming to my website, will be ignored. Frankly, I don't think I'm cut out for this kind of thing.

For comments, ideas and copies of The Legend Of Zippy Chippy, go to www.williamthomas.ca

Espanola Police Reports

On February 29 at 11:33 p.m., a member of the Espanola Police Service stopped a pickup truck on Centre Street for driving in excess of the posted speed limit. Upon stopping the vehicle, the officer noted an empty beer case in the back seat, and detected alcohol coming from the male driver. A sample of the driver's breath into an approved screening device registered a "Fail," and subsequent breath tests at the police station provided readings of 109 mgs and 99 mgs of alcohol per 100 milliliters of blood. Further, it was discovered that the driver was also suspended by the MTO for unpaid fines. As a result, the 29-year old resident of Espanola was charged criminally with impaired operation with over 80 mgs of alcohol, and was further charged under the Highway Traffic Act with speeding, and driving while under suspension. He will appear in Espanola Court on April 5, 2016, to answer to his charges. Pursuant to statute, his licence was suspended for a period of 90 days.

On March 3, a 16-year old female who had made threats at Espanola High School that she was going to cause death to another student, was rearrested by the Espanola Police Service for sending a threatening text to the same student. On February 18, the female was arrested, charged, and released on an undertaking into the custody of her parents; however, on February 27, she sent a text to the student she'd previously threatened through a third party, this time communicating the threat directly to the student, which was also a violation of her undertaking. As a result of the complaint, the female was charged with one count of uttering a death threat, and one count of failing to comply with an undertaking. She appeared in bail court in Sudbury on March 3, to answer to her charges.

On March 3, a female complainant attended the Espanola Police Service to report that her estranged husband, who was bound by conditions of a peace bond, had repeatedly texted her for reasons outside of those specified in the order. The complainant produced 9 pages of text messages received that day, which confirmed the breach. As a result of the complaint, a 44-year old male from Espanola was arrested and charged with one count of breach of recognizance. He was released on a promise to appear in Espanola Court on April 5 to answer to his charge.

Anyone with information on any of these crimes call Espanola Police Service at (705) 869-3251 or remain anonymous by calling Sudbury Rainbow Crime Stoppers locally at (705) 222-TIPS (8477) or toll free at 1-800-461-4899

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Continued from front page...

Espanola Lobster Fest

for Jolene's future medical needs. Espanola Lobsterfest Part 2 will add to that trust fund.

Seafood lovers can dine on a full lobster or land lubbers can enjoy prime rib, each dinner is \$55. New for this year is the added option of a surf and turf (lobster and half prime rib) for \$75. The link for the online reservation form is <https://onlineregistrations.ca/lobsterfestespanola/> or can be found on the Facebook

page Espanola Lobsterfest. Tables can be reserved for groups or individual tickets can be purchased at Garnet's or the Espanola Beer Store. Those reserving tables are welcome to decorate their tables for a chance at winning \$200 towards their favourite charity. Dinner will be served from 5:30 – 7:30 p.m. with a dance afterwards. A tip for the newbies: bring your lobster crackers and utensils for an easier eating experience.

Espanola Corporate Services Committee News

By Chloe Kneer – The Corporate Services Committee met on Tuesday, April 5 to discuss a few items that may come before council in the near future. The first of which was the town's purchasing policy. Currently, acquisitions between \$10,000 and \$25,000 require three quotes before a decision can be made. (Under \$10,000 doesn't have the same requirement.) It was brought up that department heads should not divide large purchases to avoid the policy. Also on the table was the use of corporate credit cards. Staff confirmed that at least eight credit cards are in use by departments. CAO Cynthia Townsend said that the cards are primarily used for travel and training, but that if any member of the public is curious about expenses that are charged, they are more than welcome to visit the town hall and examine the files. "Anyone can come, sit in our boardroom and go through the file," she says, "There is nothing to hide." At a prior council meeting, Councillor Ray Dufour questioned why meeting agendas are not archived on the town's website. The committee discussed making this possible.

Deputy Mayor Bill Foster said, "For ease of public use and transparency, I think [prior council agendas] should be available in some format." The same debate applied to posting the cheque register online. CAO Townsend remarked that for \$5 anyone can get a copy of the cheque register emailed to them or obtain a hard copy for \$7.

The last item on the agenda was the exploration of reintroducing a taxi by-law in the town. Mayor Ron Piche said that having unregulated taxi services could become a matter of citizen safety. Some staff and council disagreed, saying that if the town were to institute a taxi by-law it would open the town up to liability. Councillor Bob Yocom cited his frequent taxi use and commended the companies who provide the service in Espanola, saying that he has only been in clean vehicles with responsible drivers.

Espanola Council will have its next regular meeting Tuesday, April 12 at 7:30 p.m. and Corporate Services will meet again on Tuesday, May 3 at 4:00 p.m. The agendas for the meetings are posted at www.espanola.ca, the town's website.

Make Cystic Fibrosis History



she is asking for others to get active right alongside her for the Walk To Make Cystic Fibrosis History.

The walk will take place on Sunday, May 29, leaving from the Webbwood Eagles Club at 11:00 a.m. The leisurely stroll around Webbwood will conclude with lunch and prizes and participants are welcome to bring their pets, as Grant is a dog lover and can often be seen walking her Rottweiler.

Participants are asked to register and collect pledges. For more information and forms, call Grant at 705-869-5456 or email alanalovesrotties@gmail.com or stop by the Around&About at 85 Centre Street, Espanola. Come out and help Grant top the \$10,000 that was raised at her birthday party.

Webbwood native Alana Grant recently celebrated a milestone birthday: 40 years. The age may seem unremarkable by most standards, but Grant has lived her entire life with cystic fibrosis, a disease that clogs the lungs and weakens the immune system. Not so long ago, those with a CF diagnosis weren't expected to live into their 40's, but Grant beat the odds by staying active. Now



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MPAC To Reassess All Properties In 2016

This year, the Municipal Property Assessment Corporation (MPAC) is updating the assessed values of every property in Ontario. All properties will have a legislated valuation date of January 1, 2016. Residential property owners can expect to receive their property assessment notice in late April. Non-residential notices will be mailed in the fall. These values will be used by municipalities to calculate your property taxes for the 2017-2020 property tax years. For more information on how assessment works,

market trends, the request for reconsideration process and property assessment and taxation, visit aboutmyproperty.ca. If you would like to see the information MPAC has on file for your property or compare your property to others in your area, you can register and login using the roll number and access key located on your Property Assessment Notice. Your deadline to file a Request for Reconsideration is listed on your Property Assessment Notice. You have 120 days from the issue date listed on your notice to request a review.

Sables-Spanish Rivers Asking Residents To Recycle Batteries

Until May 20, residents of the Township of Sables-Spanish Rivers are being encouraged to recycle their old batteries and then sign up to win prizes through the township's website. The initiative is being called the Spring Into Battery Recycling and residents

can drop off rechargeable, cellphone, alkaline and single-use batteries at the township offices on Birch Lake Road, then go to www.sables-spanish.ca to enter for the prizes. Household Hazardous Waste Day will be Saturday, April 30 in Espanola.

Rainbow Schools Mark Day Of Pink On Wednesday, April 13

Staff and students in Rainbow Schools will wear pink on Wednesday, April 13 to mark Day of Pink, the International Day against bullying, discrimination, homophobia, transphobia and transmisogyny in schools and communities. It's part of Rainbow District School Board's ongoing efforts to build community and promote inclusion.

The board celebrated its eighth "Stand Up Against Bullying Day" last fall. "This small gesture demonstrated our commitment to safe schools," says Director of Education Norm Blaseg. "Day of Pink will reinforce our ongoing work in the area of equity and inclusive education." He adds, "By nurturing a strong partnership between the school, the home and

the community, Rainbow Schools ensure that students receive an education that includes personal, social and citizenship development."

Ten character traits, which are modeled, taught and expected in Rainbow Schools, provide the foundation for ongoing character development and the values of the board - honesty, respect, empathy, responsibility, integrity, courtesy, resilience, acceptance, courage and co-operation.

The many character development programs and activities in Rainbow Schools complement the board's Code of Conduct, which promotes responsibility, respect, civility and academic excellence in a safe learning and teaching environment.

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Start Date: June 13, 2016

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HELP WANTED - FIRE DEPARTMENT PERSONNEL

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- Facilitate public education programs.

VOLUNTEER FIREFIGHTERS

Applications are now being accepted for volunteer firefighters. If you are interested in becoming a volunteer firefighter, please contact the municipal office. Training will be provided.

Deadline date for applications: April 29, 2016 at 4:00 p.m.

For further information, please contact:

Robert Deschene, CAO
Township of Nairn and Hyman
64 McIntyre Street, Nairn Centre, Ontario P0M 2L0
Telephone: 705-869-4232
Email: nairncentre@personainternet.com

NOTICE/MEETING

ESPANOLA FARMERS' MARKET ANNUAL MEETING - Tuesday, April 19th, 7:00 p.m. at the Espanola Recreation Complex. New producers/vendors welcome. 4/19

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Recipe

Who doesn't love a warm apple crisp with a crunchy topping and vanilla ice cream melting otop? But if you are trying to watch your calories and stick to a better way of eating you may avoid this kind of dessert. Typically fruit crisps are made with a lot of white, processed sugar but this recipe uses maple syrup which adds a delicious deep flavour to the dish. The coconut oil in the topping replaces the butter that you would typically find in a crisp recipe, and is a healthier alternative. Add a small amount of low fat, whipped topping for a little treat. This not only makes a healthier dessert option, but also a delicious breakfast.

Healthy Apple Crisp

Yield: serves 4

- 4 cups apples, thinly sliced (peeled or unpeeled if you want extra fibre)
- 2 Tbsp maple syrup (if you prefer it sweeter, you can add more to your taste)
- 1/2 tsp cinnamon



For the Topping

- 1/2 cup old fashioned rolled oats
- 2 Tbsp whole wheat flour or Nutri flour blend
- 2 Tbsp coconut oil, melted
- 1 Tbsp maple syrup
- 1/2 tsp cinnamon

Preheat oven to 375F. Combine apples, maple syrup, and cinnamon in a pie plate or square baking dish. Mix well and set aside. In a bowl, combine oats, flour, coconut oil, maple syrup, and cinnamon. Top apple mixture with oat mixture. Bake for 25 - 30 minutes, or until apples are soft.

Nutritional Information: Cal: 230 Fat: 8.2g Protein: 2.6g Carbs: 40g Fiber: 5.3g Sodium: 1.8mg



COMMUNITY NOTES

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Children's Clothes Closet – Wednesday, April 13 from 10:00 a.m. - 2:30 p.m. at Calvary Baptist Church, Espanola. Sizes newborn – 6X.

Meat Roll Offs – Fridays at the Royal Canadian Legion at 7:00 p.m. April 15, 22 and 29. Come out and support Espanola Minor Soccer. Saturday afternoons for bowling.

Turkey Supper – United Church, Espanola, Sunday, April 17. Sittings at 5:00 p.m. and 6:15 p.m. Tickets at 705-869-2851, 705-869-1215 or at the door. Pick up or delivery available.

Espanola Public Library – Annual book sale April 18-22. Semi-annual poetry night April 20 at 7:00 p.m.

Massey Area Museum Fundraiser Supper – Ham, bean, scalloped potatoes, Wednesday, April 20 at the Webbwood Eagles Club. 4:30 - 6:30 p.m. Everyone welcome.

Edge Of The Box Theatre Group – Presented by Autism Ontario for eight weeks, starting April 21 at Adamson School in Sudbury. Free for families with children who have ASD. Register at <http://edgeofthebox.eventbrite.ca>

Trappers Reunion - April 23 at the Blind River Community Centre. Activities all day with over 50 exhibitors. Come out for a fun day with the family. Everyone welcome! Free admission.

Next Community Kitchen Luncheons – April 26 at the Lighthouse in Espanola (across from the Royal Bank) from 11:30 a.m. to 1:00 p.m. No charge. Everyone welcome.

Northshore Pins And Needles Quilting And Stitchery Guild - Next general meeting Wednesday, April 27 at 7:00 p.m. at the Royal Canadian Legion, Espanola. Everyone welcome.

Elks Elimination Draw Supper And Dance – April 30. Chicken and spaghetti supper 4:00 – 8:00 p.m. Draw 6:30 – 8:30 p.m. Music by DJ.

Mother's Day Craft Sale – Espanola Legion on Saturday, April 30 from 10:00 a.m. - 2:00 p.m. Book your table now at 705-869-1711.

Music Performance at the Espanola Seniors Drop-in Centre - A free evening of oldies rock, country and blues music with the band Girls Night Out May 6 from 7:00-9:00 p.m. at 799 Queensway Ave, in Espanola. For more information, call 705-869-4554.

Do you have a NOTE for the Community?

We invite not-for-profit organizations to submit information on their upcoming events in writing no later than **Wednesdays at 3:00 p.m. 25 Word Limit.**
E-mail: around@aroundandabout.ca



705-869-6883

email: around@aroundandabout.ca

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