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Espanola Fibre Arts Festival



By Jody Pilon - The 5th annual Espanola Fibre Arts Festival is scheduled for the third weekend in October. The 2016 festival provides a variety of opportunities and experiences for visitors including demonstrations, exhibitions and workshops. Local textile artist Jocelyne Sobeski will exhibit her first solo show 'Light & Shadow'. Canadian textile artist Mary Pal will be in attendance exhibiting her work, offering a lecture regarding her personal artistic journey, and teaching a full day workshop that will have participants creating textured landscapes with cheesecloth. International artist Susan Lenz will deliver her TEDx Talk, "Making Plans for Your Precious Possessions" at the opening celebrations.

Continued on page four...

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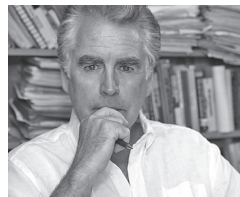
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All The World's A Circus

William Thomas

williamjthomas@gmail.com

Fifteen Sure-Fire Signs Your Pilot Is Drunk

"BLOTTO PILOTS" screamed the July 19, 2016 headline in the Scottish Sun newspaper the day after two Canadian pilots of Air Transat were arrested at Glasgow Airport for "being impaired through alcohol and threatening and abusive behavior." Subsequently the flight to Toronto was postponed by one day, passengers were compensated, apologies offered and the pilots, both from Ontario were eventually released on bail after surrendering their passports to officials in Scotland.

Courageously, the cabin crew raised concerns about the behavior of the two pilots of Air Transat Flight #725 carrying 345 passengers.

Air Line Pilots Association International claimed substance abuse amongst its 53,000 member pilots was "extremely rare." In fact it happens more than you think and way more than it should according to "Bottle to Throttle: A Short History of Drunk Pilots." An American Airlines Pilot recently failed two sobriety tests before his early morning flight out of Detroit and an Alaskan Airlines pilot flew a commercial plane from California to Oregon and back, drunk. A drunken pilot crashed a Japan Air cargo flight while taking off at Anchorage, Alaska and an inebriated Aeroflot pilot killed 88 of his passengers eight years ago when he buried the plane in Siberia.

Several years ago an ugly airline incident occurred at Moscow's Sheremetyevo Airport that had 300 passengers on a Boeing 767 screaming for their lives.

Pilot Alexander Cheplevsky was so drunk, passengers could not understand his "welcome aboard" greeting. Complaining, they were told to quit "making trouble." Some were threatened with expulsion.

One passenger used his phone to call the Aeroflot office and somebody hung up on him after yelling "Impossible!" Soon an Aeroflot manager boarded the plane and explained it was not a big deal because "this aircraft practically flies itself." When onboard officials asked him to come out of the cabin, he refused. After much pleading, he staggered out and promised "to sit quietly in the corner and not touch the controls." Slurring his words, I really hope that "sit" bit came out okay.

Finally Ms. Ksenia Sobchak, Russia's best known TV host stepped forward and demanded all four pilots be replaced. Aeroflot officials backed down and a new crew boarded the aircraft before the Russian farce ended like a Greek tragedy. Drunk pilots! I'm here to help. Here then are fifteen sure-fire signs there's trouble in the cockpit.

- As soon as he enters the plane he yells: "Wait a minute, this isn't the shuttle bus."
- The pilot boards the plane wearing an engineer's hat and whenever he makes an announcement you hear a train whistle go off in the cockpit.
- Even before take-off the pilot invites all passengers to sing along to "Ninety-nine Bottles of Beer on the Wall" but gets the numbers all screwed up.
- As the lyrics to "The Beer Barrel Polka" are blasted on the P.A. system, the pilot begins dancing with a flight attendant who is trying to demonstrate how you hook up your seat belt.
- Asked about the cast on his arm, the pilot is overheard explaining that yesterday he fell off the wagon and cracked his elbow.
- The pilot's speech is slightly garbled when he instructs passengers not to smoke in the washroom or store crying babies in

Continued on page three...

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the overhead compartments.

- At first the copilot asked if there's a doctor on board and then quickly adds: "... or a 12-stepper AA member."

- The copilot comes out and butts in line when the flight attendants bring out the Duty Free cart.

- Halfway through the flight one pilot begins screaming "Hijack! Hijack!" and the other gets hysterical when he yells back "Hijane! Hijane!"

- When confronted, the pilot denies being drunk and claims he's just doing his Captain Jack Sparrow impersonation.

- After announcing that the in-flight movie system is not working, the pilot offers to fly low over the drive-in theatres for the rest of the trip.

- Suddenly the pilot stomps out

of the cockpit demanding the guy in the front row remove his shoes and then begins tickling his feet.

- The pilot invites female passengers to come to the cockpit where he's awarding triple air mile points for induction into the Mile High Club.

- The pilot passes around a selfie of himself and David Hasselhoff having dinner on the "The Hoff's" kitchen floor. And finally, you know your pilot is pissed when he keeps deliberately flying into turbulence in order to stay awake.

For comments, ideas and copies of The Legend of Zippy Chippy, go to www.williamthomas.ca

On The Move...



By Chloe Kneer - What's going on behind the former St. Louis de France French Catholic Church in Espanola? As we await the demolition of Sacred Heart School to make way for the joint school board project that is expected to begin this summer, you may have noticed that the two homes behind the church have been stripped basically to bare bones. The two lots where the homes sit were purchased by a private investor in order to have a larger area for the new school building. Rather than tear them down, they are being prepped to be moved and up-cycled at their new locations on Second Avenue. Once at their destinations, one of the homes will be a single

family residence and the other will be an up-and-down duplex with a 3 bedroom main floor residence and a 2 bedroom basement apartment. Both properties are currently up for sale.

As part of the school project moving forward, the former St. Louis de France church is likely going to be demolished this fall. A demolition permit has not been issued as of yet, says Paula Roque, Clerk/Manager of Planning Services for the Town of Espanola.

With regards to the former A.B. Ellis Public School site, there is a group of grassroots supporters advocating for saving the school building. The fate of the building hasn't been decided yet and according to Rainbow School Board officials, there is protocol to be followed in deciding what will be done with the building. It must first be offered to other parties, including the municipality, then may be offered for sale or torn down.

Ontario's \$4.8 billion hospital underfunding means 6 less nurses, 18 fewer hospital staff, \$1.8 million a year funding gap for Espanola



PHOTO: From left to right: Tania Massicotte, Secretary-Treasurer CUPE 1332 & Carol Simond, Vice-President CUPE 1332

"Fewer Hands Less Funding" OCHU report was presented to members of the community regarding hospital funding held on August 9 at the Royal Canadian Legion in Espanola

Espanola, ON —Ontario Council of Hospital Unions-- When compared with the rest of Canada the Ontario government's \$4.8 billion underfunding for hospitals like Espanola General, means skeleton hospital staffing and much less care for Espanola patients, a report released today has found. The report (Fewer Hands, Less Hospital Care) compares funding, staffing, nursing, and readmissions in Ontario and other provinces.

Based on the latest figures from the Canadian Institute for Health Information (CIHI), Ontario government funding for hospitals is \$1,395.73 per capita. The rest of Canada, excluding Ontario, spends \$1,749.69 per capita. In other words, provincial and territorial governments outside of Ontario spend \$353.96 more per person on hospitals than Ontario does. That is a whopping 25.3 per cent more than Ontario.

Overall there would be an additional 45,500 hospital employees, 15,200 of them nurses, in Ontario if funding was on par with the average for the rest of Canada.

The Fewer Hands, Less Hospital Care report found that for Espanola, Ontario's level of funding results

in 6 fewer nurses and 18 fewer people providing care in the hospital. Notably, Espanola has higher than average readmissions.

"The \$4.8 billion shortfall in hospital funding in Ontario is counted in 6 hours less nursing care per patient in our hospital. Our hospitals have significantly higher readmission rates than the rest of the country because of our radically shortened lengths of stays," says Michael Hurley, president of the Ontario Council of Hospital Unions (OCHU/

CUPE). CIHI data shows that per capita expenditures on hospitals has declined for the last three years with real hospital funding cut by 10 per cent. Ontario has fallen a long way behind other provinces since the Liberals were elected in 2003 — and especially since the beginning of Liberal austerity in 2010.

This gap, has significant consequences for local communities and patients, says Hurley with "thousands of patients turned away from hospital or sent home while still acutely ill and thousands more dying from hospital-acquired infections due in part to overcrowding. All the while shifting system costs to individuals, forcing them and their families to travel hundreds of kilometres for treatment. We call on the provincial government to fund our hospitals at the average of the rest of Canada."

Average Ontario hospital funding for the population the size of Espanola in 2005/6 would have been about \$0.26 million less than average funding for the same population outside of Ontario. But by 2015/16 the funding shortfall for a population the size of the Town of Espanola would have exploded to \$1.8 million. For more information please contact:

Michael Hurley, President, Ontario Council of Hospital Unions (OCHU/ CUPE): 416-884-0770 Stella Yeadon, CUPE Communications: 416-559-9300

CUPE

CUPE represents over 30,000 social services workers in the Province of Ontario. We work hard to provide care to people with developmental disabilities, providing child care, working with families in crisis and delivering programs such as Ontario Works. Government cuts force cuts to the people we serve. Social service workers are leading campaigns to defend our work.

Express Coach Signs Pro Contract



Espanola Express Head Coach Tom McCarthy has had a storied career with major success as a high end scoring forward, playing for the likes of the Oshawa Generals, Minnesota North Stars, Boston Bruins and in Europe with Asiago. Many would think that the plethora of dreams and goals that have been achieved at this point in his career would be enough to last a lifetime, but his passion for the game has driven him to set new goals and dreams for himself to stay involved in the game and help players achieve their own dreams and goals as he did. Once again he achieved his new milestones as Tom went on to coach midget and junior hockey for 18 years, not only developing young hockey minds but helping them grow into successful young men. Tom spent these 18 years pouring his heart and soul into the hockey players he led each year, helping them to become better players and preparing them to advance their careers to the next level of their choosing. His successes as a coach over these years and the experience he has gained with the hundreds, if not thousands, of players he has taught is what has led him to having his latest dream come true of coaching pro hockey in Europe. "To have such an opportunity is such a tribute to all the players that gave me all the knowledge, experience and attributes to use my own experience to advance

and live my dreams as I wish for all my players," expressed Coach McCarthy.

The Espanola Express are incredibly proud to announce that Coach Tom McCarthy has signed a pro contract to become head coach of Sport Club Csikszareda, who play in the Romanian Hockey League, that country's top professional league. HSC Csikszareda is one of the most successful franchises in the RHL with 14 championship titles, including six in a row between 2007 and 2012. "I can't begin to communicate how excited and proud I am of Coach Tom for this opportunity he has earned. This couldn't have happened to a better, more deserving guy," said Express President Chad Clarke. Director of Hockey Operations Randy Blake added, "I'd like to wish one of my best friends and colleague Tom McCarthy the very best of luck in his newest venture. I know he will do great and be very successful. No one deserves this opportunity more than Tom."

For those who fear that Coach Tom's days with the Express are over, do not fret. He will continue to be one of the owners of the Espanola Express, and continue residing in Espanola in the off season, spending the summers helping build future Express teams. "We absolutely love our new home in Espanola and it will remain as my family's forever home," said Coach Tom. "I would also like to take this opportunity to thank the town and the fans for their continued support that allowed the success for my players and now for me." Former pro player and veteran Express Co-Coach Jason Rapcewicz will lead the charge for the upcoming 2016-17 NOJHL season as bench boss.

Continued from front page...

Espanola Fibre Arts Festival

A unique feature of this year's festival includes a series of one hour fibre craft recitals. Artists will demonstrate and discuss various fibre art related techniques including, the ancient needle craft of nalbinding, meditative slow stitch, introduction to alpaca fibre and ice dying. Four one-hour sessions are also scheduled so that visitors can learn the beautiful art of needle tatted lace.

This year's community art project, Stitching our Stories, is well underway and will be exhibited during the festival.

An exhibition of historic textiles and fancy goods is scheduled for the festival, and contributions for this exhibition are currently being sought from the community. For the first time, the Makers' Market will be open on Friday evening in conjunction with the opening celebrations. To register for a workshop, fibre craft recitals, and lectures or to get your FREE admission ticket to the Makers Market, visit the Espanola Fibre Art Festival web site at www.espanolafibreartsfestival.ca for details and more information.

Express Local Players Signings

3 local players will be suiting up to play for the Express for the upcoming 2016-2017 NOJHL Season. All 3 players played for the Express last season and are a welcomed addition to this years squad.

Espanola native Riley Nadeau will be joining the Express again this season. The 98 birth year, speedy forward ranked 5th in scoring amongst rookies on the team with 8 goals, 13 assists for 21 points in 54 games. "Riley found his offensive game in the second half of the season where he scored 14 of his 21 points," commented coach Rapcewicz. "We're looking forward to Riley picking up where he left off last year and continue to develop at the rate he has," added Rapcewicz.

Another fellow Espanola player joining the Express next year is Jason Bednarski. The large power forward will be a welcome addition again this season. His physical play made him a fan

favourite and the 97 birth year forward finished 4th in scoring last year with 13 goals and 13 assists for 26 points in 48 games. "Jason also scored 18 of his 26 points last year in the second half of the season," explained Coach Rapcewicz. "He has the tools to be a very productive forward in this league and as a 19 year we are looking for him to have a break out year," remarked Rapcewicz. M'Chigeeng resident Mitchal Payette was a pillar on the blue line last year and will be returning to his post for the upcoming season. The physical defenceman not only punished opposing teams in the defensive zone he displayed an offensive touch as well, scoring 7 goals and 11 assists for 18 points in 53 games. "Mitchal developed into a strong defenceman for us last year and we will be looking for him to continue developing and dominating the puck this year," stated general manger Scott Ginson.



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Wynne stops in Espanola as part of Northern Ontario Tour



Photo: Ontario Premier Kathleen Wynne makes a funding announcement at Espanola Regional Recreation Complex.

By Jessica Brousseau - Ontario Premier, Kathleen Wynne, stopped in Espanola on Aug. 7 as part of her Northern Ontario Tour with the minister of government and consumer services, Marie-France Lalonde.

Having not given any word as to why she was coming to Espanola, let alone the Espanola Regional Hospital & Health Centre (ERHHC), spectators gathered in the main lobby of the hospital, anxiously waiting to hear from the Premier.

During her announcement, she said that Espanola had been selected as one of five hospitals in the province to undergo a three-year pilot project. A total funding amount of \$2.5 million will be split with ERHHC, Haliburton Highlands Health Services, the North Shore Health Centre, Dryden Regional Health Centre and the Manitowadge General Hospital.

The funding is expected to enhance services between the hub locations to meet the "unique needs of rural communities." In addition, ERHHC will receive two additional funding grants

from the province of Ontario. One for \$97,300 and the other for \$384,000.

Wynne said they took into the format of the ERHHC when it came to budget and they "were able to give a 0.9% increase to the hospital from the year before."

The second funding comes from the Health Infrastructure Renewal Fund (HIRF) which is used to upgrade and maintain the campus.

"What that means for Espanola Regional Hospital is that this year, they will receive more than \$384,000 for critical hospital repairs and upgrades that I know are needed to provide the excellent care here."

CEO of ERHHC, Nicole Haley said the funding will go to replacing kerbs, purchase a backup boiler and roofing repairs to the building.

Prior to her funding announcement, Haley took Wynne and Lalonde on a tour of the campus where they were introduced to residents in the assisted living wing, doctors and toured the new emergency department.



Photo: Premier Kathleen Wynne meets residents at the nursing home.



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Team Rbc Donates Sweat, Effort, And \$10,000 To Habitat Build In Espanola



Photo: A crew of ten local Royal Bank of Canada representatives boost the build with family alongside

The Royal Bank of Canada presented Habitat for Humanity with a donation of \$10,000 toward its build of a semi-detached on Adelaide St. in Espanola.

A crew of ten local RBC team members then helped with levelling the driveway, framing decks, and rolling primer on the exterior of the structure. Habitat for Humanity's Adopt-A-Day program allows volunteers, community partners, and donors a chance to help build the homes of the families they're supporting.

"The day represents a significant donation of both effort and money," said David Morris, CEO of the regional Habitat for Humanity Ontario

Gateway North affiliate. "First and foremost our mission is to mobilize community. Team RBC has stepped-up and displayed an incredible amount of communal spirit and dedication with this donation and their work on the build site."

Two local families are scheduled to move into the completed homes this autumn – a single mother and a family of six. Sheldon Lacasse, the father of a family moving into the semi-detached, worked alongside the RBC volunteers. Lacasse said it was inspiring to work beside people from his community who were contributing to what will eventually become their family home.



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LIVE MUSIC

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OBITUARY



BARNES – Mildred of Espanola passed away at her residence on Sunday, August 7th, 2016 at the age of 78 years. Beloved daughter of the late Thomas & Lovina (nee St. Amour) Barnes. Very dear sister of the late Marcel Barnes, Marcia Belland, Clifford Barnes, Noella Desbiens, Thomas Jr. Barnes, Lawless Barnes, Leonard Barnes, Dorcas Vondette & Deanige Barnes. Will be sadly missed by nieces, nephews, great nieces and nephews & great-great nieces and nephews. Mildred was a teacher for 35 years and most of those years were at Sacred Heart School, Espanola. Visitation took place at the Bourcier Funeral Home, Espanola on Monday, August 8th and Funeral Mass, August 9th at St. Jude Roman Catholic Church, Espanola with Father Raymond officiating. Cremation followed with interment of ashes in the Espanola Cemetery. If so desired, Memorial tributes may be made to the SPCA or the charity of your choice. Arrangements by Bourcier Funeral Home Ltd., Espanola

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Espanola Minor Hockey Late Registration



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Wednesday, Aug 24 from 6-8 p.m.**

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Recipe

I can't think of a better time to make this recipe with cucumbers and fresh herbs being in season. Tzatziki is a classic, Greek, cucumber, yogurt, sauce or dip that has become very popular in recent years. It traditionally is served as a condiment for gyros, fish and souvlaki but is delicious on many other things or just used as a dip. We go through a container a week with my daughter being home for the summer. She takes it in her lunch and dips whole wheat pita wedges or vegetables in it. We also enjoy it on perogies, baked potatoes, stuffed chicken breasts or anything else that you would put sour cream on. Making your own Tzatziki with low fat Greek Yogurt makes it a healthier and more delicious option than sour cream. I made some yesterday and will have to make more today. I let the yogurt and grated cucumber sit in a fine, metal sieve for an hour or so, and then quickly mixed in the rest of the ingredients; very simple and very delicious.



Homemade Tzatziki

- 8 oz low fat or fat-free Greek yogurt
- 1 small cucumber, peeled and seeded (1 cup grated and drained)
- 1 clove garlic, crushed
- 1-2 tsp lemon juice
- 1 tbsp fresh dill, chopped
- 1 tbsp fresh chives, chopped (optional)
- kosher salt and fresh pepper (to taste)

Strain the yogurt using a metal strainer or a coffee filter for a few hours to remove as much liquid as possible. Set aside. Scoop seeds out of the cucumber with a small spoon. Place cucumber in a mini food processor or grate with a cheese grater. Drain the liquid from the cucumber in a metal strainer and sprinkle with a little salt (this helps release the liquid). You may want to use the back of a spoon to help squeeze out any excess liquid. Combine strained cucumber, garlic, yogurt, salt, pepper, lemon juice, dill and chives (if using). Taste and add more lemon juice or salt if needed. Refrigerate for a few hours before serving. Makes about 2 cups. Store in refrigerator for about a week.

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FUNDRAISER FOR MOBILITY VEHICLE FOR RYAN VLAAD - Despite being diagnosed with Cerebral Palsy at 11 months, 7 year-old Ryan Vlaad strives to be independent. The Lindsay youngster, whose family calls Espanola home, are raising funds to purchase a modified vehicle, so that he can continue to remain active. A Go Fund Me account has been set for anyone who wishes to donate from the local area. The family is trying to raise \$20,000. Check the Moose Facebook for a link to the account.

COMMUNITY NOTES

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Massey Area Museum 33rd Jessie Burnside Memorial Art Show & Sale - Runs until August 27. Feature Artist: Theresa Minten. For more information contact the Museum 705-865-2266.

Community Luncheons - August 23 from 11:30 a.m. - 1:00 p.m. at the Lighthouse, Espanola (across from the Royal Bank). No charge, everyone welcome

Rollerblading, Skateboarding And Scootering Night - Set to music at the Webbwood outdoor rink wednesday nights only from 6:30-7:30 until August 31. Free, sponsored by the Webbwood Recreation Committee.

Toastmasters - Develop communication and leadership skills. Learn to think quickly and clearly on your feet Mondays 7:00 - 8:30 p.m. at the Espanola Hospital board room. Call Katherine for details 705-507-3623 or visit <http://602922.toastmastersclubs.org>.

Espanola Seniors Club - Come join the seniors club and enjoy all of our activities—exercise, euchre, cribbage, bridge, quilting, knitting! Phone 705-862-7206 for schedule and information.

Al-Anon Meetings For Families and Friends of Alcoholics - Meetings are Tuesdays at 7:00 p.m. at St. George's Anglican Church, Espanola. Call 705-869-2505 or 869-6595 for information.

Do you have a NOTE for the Community?

We invite not-for-profit organizations to submit information on their upcoming events in writing no later than
Wednesdays at 3:00 p.m. 25 Word Limit.
E-mail: around@aroundandabout.ca



705-869-6883

email: around@aroundandabout.ca

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