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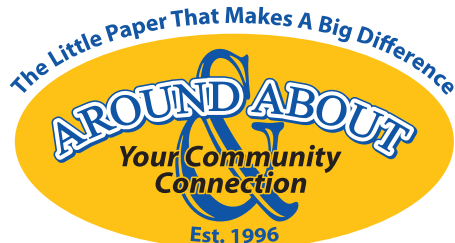
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August 30, 2016 Issue #35 - Volume 20

**All Aboard The Espanola Express!**



By Chloe Kneer - The Espanola Express are looking forward to their second season in the NOJHL, and are currently engaged in pre-season game action. The team has plenty in store for area fans and is currently seeking club volunteers and player billet families.

"Billet families are a very integral part of junior hockey and without local families opening their homes to new hockey family members, junior hockey would not be a possibility in Espanola," says Express President Chad Clarke. "The rewards of having these young gentlemen joining your family are limitless, especially for children. Our players are instructed to help out with chores around the house, such as shovelling snow, washing dishes, vacuuming, keeping their rooms clean. They can be a big help

Continued on back page...

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## All Aboard The Espanola Express!

around the house. Allowing a player to join your family will build a bond that lasts a lifetime and will be a great role model for billet brothers and sisters.” Interested families can contact billet coordinator Jess Rapcewicz at 705-988-4410 for information.

There are a few new faces taking the ice for the Express this season. “We’ve found a drastic increase in skill level, character and hockey IQ in the players we have seen throughout our camps this season,” says Clarke. “It is exciting to see just how much bigger, stronger and older we are at this time than last year; it is like day and night.”

The team has already played

two pre-season match ups, with the next scheduled for Thursday, September 1 away against the Iroquois Falls Eskis. Pre-season action wraps up this weekend and the regular season begins Friday, September 9 at home against the Blind River Beavers. Clarke concludes, “We are expecting big things from our new head coach Jason Rapcewicz this season. Coach Jason is a former pro player, and protégé of coaching legend Tom McCarthy, and has all the tools to become a very successful coach in our league.” Visit [www.espanolaexpress.com](http://www.espanolaexpress.com) and like the Espanola Express Junior “A” Hockey Facebook page for updates and full season schedule.

## “Birds I View”



**Photo:** A tufted titmouse, typically only seen as far north as Owen Sound, but recently spotted in Espanola.

**By Bob Rigby** - These past few weeks have been spent observing birds on the wing, meaning birds that have started early migration. Just last week while at the Espanola complex field at around 6:00 p.m., I got to see about 30-40 common nighthawks flying at different altitudes, feeding on various swarming insects. On this particular evening, the meal appeared to be a feast of flying ants. This aerial display lasted about a half hour as the birds disappeared out of sight heading in a southerly direction. That same night, I received a phone call from a friend in Killarney who witnessed the same event taking place, but he observed over 200 common nighthawks congregating, and

then moving to the south. I had a bird described to me in great detail by my son who was in the neighbourhood cutting grass and after showing him a picture of the bird he spoke of, he was quick to point out a tufted titmouse. The tufted titmouse is a member of the chickadee family and is a permanent resident in southern Ontario, and has been observed as far north as Owen Sound. Being seen here in Espanola is quite a sighting, even for a veteran birder such as myself. With fall just around the corner, birders will see lots of migratory warblers if out bird watching. I find the best time being the first two weeks of September. Next week, we will feature migratory birds.

## Summer Storm Damage



**Photo:** The top of this hydro pole was broken off on Old Webbwood Road. There was also an uprooted tree on Barber Street and a hydro poll blown over on Highway 17 in McKerrow.



**Photo:** Snapped trees took down a power line on Old Webbwood Road as a big storm ravaged our area August 20.

Lashing winds and heavy rain hammered our area the weekend of August 20-21 causing widespread power outages and eventually a cool down in temperatures. We have been experiencing such hot and dry conditions that fire bans have been in place most of the summer, making summer a bummer for backyard fire pit aficionados. The weather has also caused havoc for gardeners and smaller

scale farmers, who are finding it difficult to keep up with irrigation demands. In Espanola, the problem was doubly tough as residents were put under strict water use conditions due to the repair of the water tower. The Farmer’s Almanac predicts a colder, snowier winter than usual, but likely a later start to the winter as dry, warm conditions are expected to continue through October.

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# All The World's A Circus

William Thomas

williamjthomas@gmail.com

## The Dog's Long Gone, But The Smell Lingers On

Is there anything more exciting than a middle-of-the-night dash up north to the cottage? You gas up and pack the car the night before, you go to bed early with the last-minute list sitting on the kitchen counter reminding you to add ice to the cooler, bring the thermos of coffee and muffins, shut all windows in the house, make sure dog does his business, make sure you do your business, place water dish on the floor of the back seat. Once on the road, stop only when confronted by a sign that reads: "Dead End. No Exit."

So it's 4:00 on a Friday morning, still dark in Niagara and if everything comes off just right we can get past Toronto before it becomes a parking lot.

Cooler's filled, coffee's hot, everything's off and shut tightly and my trusty companion Monica is even on time, which both pleases me and makes me suspicious. As I put Jake's water dish on the floor in the back of the car, I notice the side door ajar. Which means the interior light was on all night, which means Monica has to help me push the car down the driveway and out to the road, where she can jockey her car into a position so we can jump start the battery.

The hatchback is completely packed, so I have to retrieve the jumper cables by going through the back seat and you know this had to happen ... I step in Jake's water dish.

Now we're half an hour behind schedule,

but ready to leave as soon as I get my hands on Jake who just bolted around the side of the house probably chasing a squirrel. Now here he comes wet and breathing hard with his ears and tail pointing down and - "Yoowwww!" I guess in the dark a squirrel could look a little like a skunk.

Jake was drenched from head to haunches by nature's little can of mace. Not in the five years that I had owned Jake had he ever been skunked. Border Collie, I think to myself, smartest breed known to man. Unfortunately I got a dumb one.

So instead of clearing the Burlington Skyway at this point of the trip, the two of us are on our knees beside the bathtub with a wooden brush giving Jake repeated washes and rinses with warm water, shampoo and - who keeps cans of tomato juice on hand for just such emergencies? - Extra Spicy Mott's Clamato Juice. If it burns a little, I think to myself, tough luck.

As the greyness of dawn begins to replace the black of night, I now have a dog that can't travel, a car I can't turn off and a big bottle of vodka in the kitchen cupboard that just lost its last chance of ever becoming a Caesar and oh yeah, a soaker. Did I mention I love these family forays up north in the middle of the night? With a bathroom strewn with towels that I'll have to burn when I return, we set off with a guilt-ridden stinking dog in the

Continued on page three...

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Continued from page two...

back seat, two edgy adults in the front and a car that's now overheating and running low on gas and I think to myself, if I just could have overslept, none of this would've happened.

So we stop for hot coffee at Tim Hortons, we average 20 kilometres an hour getting through Toronto, stop again for fruit in Newmarket, gas up in Kleinburg, buy wine (okay, so we went straight for the hard stuff) in Barrie and we arrive at our original destination, the town of Haliburton, the following Friday afternoon. And the dog still stinks.

And the neat part is we drove all the way with the air conditioner on to keep cool and the windows down to get rid of the smell. And the dog by now is as happy as a clam. It doesn't seem to matter to him that he smells like a bad one.

So our trip to the cottage is a series of small dog disasters that keep you from becoming too relaxed, which, if memory serves, was the whole idea of the trip.

The big dog disaster arrived that same evening. I was busy in the small kitchen marinating steaks and brushing small

potatoes with olive oil when Monica came in to – and here's a word that has a distinct different meaning to different people – help.

So I move toward the fridge and she's there and I open a cupboard and hit her knee and I go for the corkscrew, but she's now there and finally I suggest she'd be better off reading out on the deck until dinner was ready.

And so she did, moving slowly amid a smolder of rejection that left traces of smoke in her wake.

That's when she noticed that although she'd been banished from the kitchen, I obviously had no problem stepping over and around Jake every time I moved. That, she said in a huff, was apparently okay. That's when I said something totally innocent that became the epicentre for the impending earthquake.

That's when I said, as any dog lover would: "But honey, he's keeping me company!" Long weekend? Way, way, way too long.

For comments, ideas and copies of The Legend of Zippy Chippy, go to [www.williamthomas.ca](http://www.williamthomas.ca)

## Local Residents Aim To Save A.B. Ellis



**By Chloe Kneer** - Historic or heritage buildings have special places in communities. Under the Ontario Heritage Act, municipalities can pass by-laws to designate properties of heritage value or interest. It is a public way of acknowledging a property's value to a community. In addition, it helps ensure the conservation of important places for the benefit of present and future generations. Designation may also provide the property owner with access to grants, loans or tax relief in support of the conservation of the property. On the Ministry of Tourism, Culture and Sport's website ([www.mtc.gov.on.ca](http://www.mtc.gov.on.ca)), those wishing to obtain a heritage designation can download the kit which tells them how to do so. Locally, a group is hoping to obtain heritage designation for the former A.B. Ellis Public School. Now that A.B. Ellis students will be attending

their new school at Espanola High School, Save A.B. Ellis (S.A.B.E.) is looking at the long-term viability of the old building. The group is being organized by Daphne Allen along with other residents who feel that the school site should be deemed a heritage property. Their hope is to see the property developed in some way to benefit the various demographics of the community, from seniors to youth. Ideas that have been tossed around include seniors' apartments and the on-going use of the auditorium and gyms for youth. S.A.B.E. is hoping to present to Espanola Town Council at their regular meeting on Monday, September 12. They are also hosting a public meeting Wednesday, September 14 at 7:30 p.m. at the Espanola United Church. Anyone with a vision or ideas for the property are being welcomed to attend and brainstorm.

 **BILLETS NEEDED!**  
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## OBITUARY



**LEGROW, Richard Sr.** of Espanola passed away at the Espanola Regional Hospital, Espanola on Wednesday, August 17, 2016 at the age of 64 years. Beloved husband of Brenda (nee Beer) Legrow of Espanola. Dear son of the late Kenneth and Agnes (nee Bertrand) Legrow. Loving father of Angela Legrow (Darren) of Sudbury, Bobbi-Ann Santerre (husband John) of Sudbury & Ricky Jr. of Calgary, Alberta. Will be sadly missed by grandchildren, Heather, Anthony & Ethan & great-grandson, Noah. Very dear brother of Mary Massicotte (husband Omer

predeceased) of Espanola, Kenneth Legrow (wife Elizabeth) of Espanola & the late Alice Grenier (George) & Jim Legrow. Rick will be missed by many brothers in law and sisters in law, numerous nieces and nephews. "A man who stood for what he believed in. He lived at the rink during winters and at the ball field in summer. Blue Jays and cold beer. The one person that made you happy as soon as you started talking to him. His wife and family were the source of his joy, the center of his world, and the whole of his heart. He's now on his V-Max in heaven, full throttle, making everyone smile." Cremation has taken place. A Celebration of Life was held on Sunday, August 21st at the Royal Canadian Legion, Branch 39, Espanola. If so desired, Memorial tributes may be made to the Heart and Stroke Foundation. Arrangements by Bourcier Funeral Home Ltd., Espanola.

## Home Ownership Down Payment Assistance

The Manitoulin-Sudbury District Services Board is currently offering the homeownership component of the Investment in Affordable Housing Program to individuals that qualify. If you are considering transitioning from renting to owning a home, the program could assist you with up to a 10% down payment in the form of a forgivable grant.

There are eligibility requirements, including: low to moderate income singles and families; seniors; those with disabilities; victims of domestic violence; Aboriginal people living off-reserve; and residents of remote communities. There are also financial restrictions. For information on the program, or to see if you qualify, contact the MSDSB in Espanola.

## Recipe

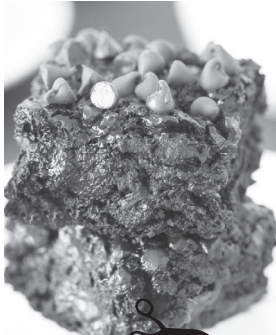


The most gooey, chocolatey zucchini brownies ever! You'd never guess that these are a healthier version brownie, made with whole wheat flour, zucchini and applesauce in place of the oil. It's a great way to use up that zucchini in your garden, and you can feel good about serving these to your family. I am giving you the recipe as I found it. I did do some tweaking when I made these; I used granulated sugar because I didn't have coconut sugar. I just cut back on the sugar by 1/4 cup because I find the chocolate chips add the needed sweetness anyway. And, I used Nutri flour blend instead of whole wheat flour due to my intolerance to whole wheat. I highly recommend not decreasing the amount of chocolate chips in the batter because it adds a sweetness and decadence to these brownies. You also can sprinkle some chocolate chips on top, but I didn't bother. Unless someone sees you making these, they will never guess that there is zucchini in them. I love them; they satisfy my chocolate craving with a little less guilt.

### Zucchini Chocolate Brownies

- 2 large eggs
- 1 tablespoon vanilla extract
- 3/4 cup coconut sugar or unrefined sugar or granulated sugar
- 1/4 cup (60 ml) unsweetened applesauce
- 1 cup (125 grams) whole wheat flour or whole spelt flour or all-purpose flour
- 1/2 cup (45 grams) cocoa powder
- 1 1/2 teaspoons baking soda
- 1/4 teaspoon salt
- 2 cups (about 300 – 320 grams) peeled and grated zucchini
- 1 cup semi-sweet chocolate chips

Preheat the oven to 350 degrees F (176 degrees C) and line an 8"x8" pan with parchment paper or spray with baking spray. In a large bowl, mix together the eggs, vanilla, coconut sugar (or granulated), and apple sauce and let sit for 5 minutes. In a separate medium bowl, mix together the flour, cocoa powder (sift if lumpy), baking soda and salt. Add the dry mix to the wet; gently stir until combined. Be sure not to over mix! Then fold in the zucchini and 1 cup chocolate chips. Pour the batter into the pan and even the surface with a spatula. Bake for 25 - 30 minutes or until a toothpick inserted in the middle doesn't come out gooey. It might still be sticky - just not have raw batter on it. Oven temperatures vary so check your brownie and be sure to not overcook. Store in an airtight container for up to 2 days at room temperature or up to one week in the refrigerator. I recommend storing them in the refrigerator right from the beginning due to their high moisture content.



## COMMUNITY NOTES

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**Espanola Public Library French and English Hour Registration** – Tuesday, September 6 at 9:00 a.m. at the library. For more information, call 705-869-2940.

**Save A.B. Ellis (SABE) Public Meeting** – Wednesday, September 14, 7:30 p.m. at the Espanola United Church. Come with ideas, information, vision.

**Rollerblading, Skateboarding And Scootering Night** – Set to music at the Webbwood outdoor rink Wednesday nights only from 6:30-7:30 until August 31. Free, sponsored by the Webbwood Recreation Committee.

**Manitoulin Northshore Victim Services** - Is looking for volunteers to join our dynamic team of crisis responders. We provide immediate assistance to victims of crime and tragic circumstances. Call 705-370-3378 for more information.

**Toastmasters** - Develop communication and leadership skills. Learn to think quickly and clearly on your feet Mondays 7:00 - 8:30 p.m. at the Espanola Hospital board room. Call Katherine for details 705-507-3623 or visit <http://602922.toastmastersclubs.org>.

**Espanola Seniors Club** - Come join the seniors club and enjoy all of our activities - exercise, euchre, cribbage, bridge, quilting, knitting! Phone 705-862-7206 for schedule and information.

**Al-Anon Meetings For Families and Friends of Alcoholics** - Meetings are Tuesdays at 7:00 p.m. at St. George's Anglican Church, Espanola. Call 705-869-2505 or 705-869-6595 for information.

### Do you have a NOTE for the Community?

We invite not-for-profit organizations to submit information on their upcoming events in writing no later than **Wednesdays at 3:00 p.m. 25 Word Limit.**  
E-mail: [around@aroundandabout.ca](mailto:around@aroundandabout.ca)

## CUPE

CUPE represents over 30,000 social services workers in the Province of Ontario. We work hard to provide care to people with developmental disabilities, providing child care, working with families in crisis and delivering programs such as Ontario Works. Government cuts force cuts to the people we serve. Social service workers are leading campaigns to defend our work.

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**FUNDRAISER FOR MOBILITY VEHICLE FOR RYAN VLAAD** - Despite being diagnosed with Cerebral Palsy at 11 months, 7 year-old Ryan Vlaad strives to be independent. The Lindsay youngster, whose family calls Espanola home, are raising funds to purchase a modified vehicle, so that he can continue to remain active. A Go Fund Me account has been set for anyone who wishes to donate from the local area. The family is trying to raise \$20,000. Check the Moose Facebook for a link to the account.