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August 9, 2016 Issue #32 - Volume 20

Mom, I'm Bored...



By Chloe Kneer - There is still lots of summer left. What to do? Several area communities have programs and events to keep the kids occupied and happy without breaking the bank. We'll run things down for you.

The pool is open again at the Espanola complex. Take advantage of fit lanes, parents and tots, leisure and recreational swims and the Lions Club free swim Saturdays from 1:00 - 1:55 p.m. Save on fees with a 10 swim pool pass. The Espanola outdoor rink is set up for basketball. The Flower and Vegetable Show, sponsored by the Espanola Horticultural Society, happens Saturday, August 13 at 12:30 p.m. at the Espanola Legion. On Monday, August 15, the Tour of the Universe comes to the complex with five planetarium shows. The fun starts at 10:00 a.m. and tickets are available at the Espanola Public Library. August 18 is the Big Outdoor Movie at the

Continued on back page...

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## Mom, I'm Bored...

Espanola Track and Field. See Zootopia on the giant screen at sundown. And, September 24, Yoga in the Park comes to Espanola. To find out more on these events, call the complex at 705-869-1961.

In Webbwood, the TD Summer Reading Program is ongoing at the Webbwood Public Library until August 23. Every Tuesday from 2:00 – 3:30 p.m., drop in for games, reading and fun. Call the library at 705-869-4147 for details. Every Wednesday evening until the end of August, the Webbwood outdoor rink is the place for rollerblading, skateboarding and scootering

to music from 6:30 – 7:30 p.m. And, the Webbwood Recreation Committee is hosting a yard/bake sale on Saturday, August 20 at the rink starting at 9:00 a.m. Join the Webbwood Community Events Facebook page to keep up-to-date.

In Massey, the 4-H Club is hosting Celebrate Africa night on August 12 from 7:00 – 9:00 p.m. The event will be at the Massey Legion featuring music, dance and more. August 26-28 is Massey Fair time again with something for the whole family. Check the Around&About's August 23 issue for all of the details.

## Break And Enter / Theft / Mischief

The Espanola Police Service are investigating ten incidents that occurred between Sunday July 24 and Thursday July 28 involving break and enters to outbuildings, thefts from vehicles and mischief to property in several different neighbourhoods in the Town of Espanola.

During the incidents, the suspect(s) stole mostly change and cigarettes from the places and vehicles entered, and in one instance, utilized spray paint from a garage to paint the letters "VE," and "AeLR"

on a vehicle. Later, graffiti was sprayed on the wall of Espanola High School spelling out the word "SISS" followed by a vulgar word. A front window on Maranatha's Café and Bakery on Centre Street was also smashed.

Currently, police have suspects in these crimes, but are asking that if anyone has any further information about these crimes, that they call the Espanola Police Service at 705-869-3251 or report information anonymously through Crime Stoppers at 1-800-222-8477.

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## Soccer Returns To Haweater



**Photo:** The Espanola Phoenix, the competitive and festival teams under Espanola Minor Soccer Association, reintroduced soccer to the Lions Haweater weekend at Low Island Park in Little Current during the August long weekend. Teams from Espanola, Little Current and Wiky, all with players aged 12 and under, participated in the soccer fun day. EMSA hopes to host a tournament during the Civic holiday next summer, featuring additional teams from Timmins and Elliot Lake ranging in age from 9 – 16.

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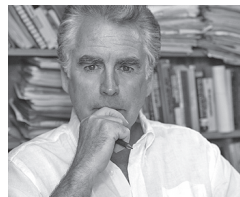
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# All The World's A Circus

William Thomas

williamjthomas@gmail.com

## Lesson Learned - You Never Get What You Want

Many years ago in the middle of a very hot summer like this one, I found myself travelling through western New York on a team bus with 18 minor league wannabees who were trying to scale the mountain known as major league baseball.

I had written a film titled Chasing The Dream and accompanied the film crew over much of New York state. We filmed the games of the St. Catharines Baby Jays in old, and often, gorgeous ballparks in small-town America – Jamestown, Oneonta, Auburn and Glens Falls. We wrapped things up with a visit to The Baseball Hall Of Fame in Cooperstown showing these young deacons of the diamond where the pope and all his bishops reside.

In rural America, baseball is not just a sport, but a point of pride and at times, a kind of cabaret of the absurd – animal mascots pretend to pee on the visitor's dugout and bazookas shoot wrapped hot dogs into the stands to surprise a kid sitting 20 rows back in the bleachers.

During the filming, I became the "colour guy." It was my job to find ballpark eccentrics like the hippie who gave free haircuts to fans at home plate during the seventh-inning stretch and the guy who swallowed enough air to burp the national anthem. I was the guy who found colourful things happening off the ball field – the local glue that holds the story together and gives it a hometown flavour. And so it was, on a sultry, windless afternoon in Glens Falls, NY, I won the lottery of local folklore. I discovered and interviewed the only season-ticket-subscribing dog in baseball history.

A dog bark in a ballpark is an unusual

sound, not to mention - "No Pets Allowed" - illegal. But there he was in the stands behind home plate, this mangy beige poodle having a bad hair day and a wonderful time chasing foul balls and growling at the hitters on the St. Catharines Blue Jays team taking batting practise.

His name was Pete and his owners, Dutch and Biddie, were in their 70s, plump, pleasant, Friday-go-to-the-legion-for-fish-fry kind of people. I remember the couple well because Dutch referred to his wife as "the old Biddie" and every time he said that, she found it in her heart not to kick him in the wedding tackle.

The story was simple enough, Dutch and Biddie loved their dog, baseball and apple pie. Pete also loved baseball, so in order for the whole family to enjoy America's pastime at the home games of the Glens Falls Redbirds, they sat down with the manager of the ballpark and worked out a deal. Pete would be allowed in the ballpark as long as he behaved himself, which gives a dog a lot of wiggle room right there. He was never to be served beer even if he asked for it and swore he was on Dutch's tab. Dutch and Biddie bought Pete a season's ticket. The fans loved the scruffy-looking mutt, the Redbirds tolerated him and the opposing players drove him nuts by barking all the time. (Pitcher Harry Muir from London, Ontario, lacked the fastball that would take him to the majors, but his impersonation of a German shepherd in heat should have earned him a spot on David Letterman's 'Stupid Pet Tricks.'

So we set up the camera and Dutch and

*Continued on page three...*

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*Continued from page two...*

Biddie told their story. Kneeling in the stands with my head beside the lens, I listened and nodded and when Dutch started wandering off topic, I knew the interview was over. I tapped the cameraman on the knee to signal the end of the taping. The story of the only season-ticket-holding dog in baseball was in the can, as they say. It was a nice little nugget of sentiment and eccentricity that only baseball in small town America could offer up. We also got a close-up of the ticket stub tucked neatly in Pete's collar. That's when the old adage about never quite getting everything you want hit me between the eyes like a tin-foiled hot dog from the double-barrelled Oscar Mayer wiener gun. Dutch slowly leaned into me and lowered his voice as if he was going to reveal the third and final secret of Fatima. "You know Bill, when we negotiated that there deal to buy the season ticket," he said looking around suspicious that others might be listening. "Yeah," I replied, now hanging on his every word.

"Well, we worked it out in dog years," he said giving me a 'thumbs up.' "That way we got him the senior citizen's discount too!" There followed one of those awful silences when you know a great moment has been missed, never to return. I looked around for somebody to blame. "Why did you turn that camera off?" I asked. "You told me to," said the cameraman. Just then the umpire yelled "play ball" and everybody, including Pete, the only season-ticket-holding, senior-citizen-discounted dog in the history of baseball, took their seats. I got the interview, but missed the punchline. And in the end, the director of the film scrapped the whole bit. So for Pete's sake, learn to live with the fact of life that you never get all you want. Go after it all, settle for half and you'll never be disappointed.

For comments, ideas and copies of The Legend of Zippy Chippy, go to [www.williamthomas.ca](http://www.williamthomas.ca)

## Birds I View



**Photo:** Pileated woodpeckers in the nest. Photo by Sheri Commission.

**By Bob Rigby** - It's hard to believe that it is August already, and our birds have pretty well finished their rearing duties, preparing now to feast before their long journeys back to the South Americas, or further in many cases. The forest and gardens are deafened by the sound of silence with the exception of a few that sing out an occasional song. Many birds such as red winged blackbirds, common grackles, rusty blackbirds, cowbirds and starlings are now starting to gather in huge flocks, some consisting of 500 birds or more and are

beginning to field, a term used when flocks of birds visit local farmland, particularly those who are engaged in a second hay cut. This fielding allows the birds to gorge on a variety of insects to store fat for their upcoming migration.

There are some nice pictures of birds floating around on social media. One that caught my attention shows the nest of the pileated woodpecker, taken by Espanola's Sheri Commission. This bird is more often seen during our winter months, as it becomes very secretive during breeding season. Those observing the nesting birds would disagree with me because they sure kick up a fuss when the chicks get ready to leave the nest. The pileated woodpecker is the largest North American woodpecker; however, that was not always the case. The ivory billed woodpecker of the Florida Everglades was the largest until in recent years ornithologists ruled the bird extinct.

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Community Support Services

#### Personal Support Worker

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This position is responsible to ensure a continuum of care for vulnerable, high risk seniors residing in Sagamok Anishnawbek (Massey area) and Serpent River First Nation (Cutler area).

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- To adhere to the plan of care as determined by the supervisor;
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- To observe and report on changes in clients condition to supervisor;
- To plan and prepare nutritious meals as required;
- To assist with ambulation, mobilization, transferring and adaptive aids;
- To demonstrate understanding of client needs and maximize abilities;
- To provide cognitive, social, emotional, and psychological support to the client;
- To maintain client information confidentiality;
- To observe & report to supervisor any concerns regarding client's safety, including physical environment, implement interventions as directed by his/her supervisor & advocate on client's behalf to ensure client's safety is maintained;
- To attend in services to develop knowledge and skills;
- To uphold and promote the organization's values and philosophy relating particularly to ethics, morality, and integrity;
- To complete all other tasks as assigned.

#### Qualifications

- Graduate of Personal Support Worker program
- Experience working with seniors in the community health services setting
- Must possess strong written and oral communication skills
- Demonstrated organizational and time management skills
- Strong interpersonal and customer focus skills
- Must have demonstrated sound skills and knowledge of providing personal care duties
- Knowledge of the First Nation cultural values and traditions an asset.
- Current CPR and First Aid certification required.
- Ability to perform tasks that are necessary for the position, e.g. lifting/transferring clients
- Must have access to a personal vehicle.
- Must have a valid drivers' license

Please submit your resume and covering letter describing how you will contribute to our Team. Also provide a copy of your diploma, reference letters, and clear CPIC to;

Community Support Services Manager,  
473B Highway 17, Cutler, ON  
POB 1B0 via email  
[edith.mercieca@nmninoeyaa.ca](mailto:edith.mercieca@nmninoeyaa.ca)  
or fax 705-844-2844.

Thank you for your interest, only those candidates selected for an interview will be contacted.



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## Recipe

It's the perfect time to try this recipe with the abundance of fresh zucchini in the garden. It's vegetarian, low carb, and can be eaten as a meal on its own, or served with meatballs or chicken if you want to add a protein. I made it for dinner last night and we really enjoyed it. I'm not going to lie, it's a little on the "sloppy" side being that zucchini adds moisture to the dish, but I hate dry lasagna so I loved this. I also love using zucchini in place of pasta because it adds the texture of noodles, but not the carbs.



### Spinach and Zucchini Lasagna

- 1 tbsp extra-virgin olive oil
- 1 half onion, finely chopped
- 4 garlic cloves, crushed
- 2 tbsps tomato paste
- 1 28 oz. can crushed tomatoes
- Salt and pepper to taste
- ½ tsp sugar
- 1 tbsp chopped fresh basil
- 3 cups spinach
- 15 oz part-skim ricotta
- 1 large egg
- ¼ cup freshly grated Parmesan cheese
- 4 medium zucchini, sliced ½" thick
- 16 oz part-skim mozzarella cheese, shredded

In a saucepan, heat olive oil over medium heat. Add onions and cook 4-5 minutes until they are soft and golden. Add garlic and sauté, being careful not to burn. Add tomato paste and stir well. Add crushed tomatoes and basil. Add salt and pepper and sugar. Cover and bring to a low simmer for 25-30 minutes. Finally remove from the heat and add the spinach. Stir well until the spinach has wilted. Adjust the seasoning if you think it is necessary. Preheat oven to 375°. In a medium bowl mix ricotta cheese, parmesan cheese and an egg. Stir well. In a 9x12 casserole spread some tomato sauce on the bottom. Layer 5 or 6 zucchini slices to cover. Place some of the ricotta cheese mixture over the zucchini, and top with the mozzarella cheese. Repeat the layers until all your ingredients are all used up. Top with sauce and mozzarella. Bake 30 minutes covered and 10 minutes uncovered. Let stand about 10 minutes before serving.



## COMMUNITY NOTES

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**Community Luncheons** – August 9 and 23 from 11:30 a.m. – 1:00 p.m. at the Lighthouse, Espanola (across from the Royal Bank). No charge, everyone welcome

**Rollerblading, Skateboarding And Scootering Night** – Set to music at the Webbwood outdoor rink until August 31 from 6:30 - 7:30 p.m.. Free, sponsored by the Webbwood Recreation Committee.

**The Sables-Spanish Rivers 4-H club** - Evening of African music, dancing, and storytelling Friday, August 12, 7:00 p.m. at the Massey Legion. Free and open to everyone.

**Musicians Needed** - Christian contemporary band needs lead guitarist and bass guitarist. Contact 705-665-3455.

**Toastmasters** - Develop communication and leadership skills. Learn to think quickly and clearly on your feet Mondays 7:00 - 8:30 p.m. at the Espanola Hospital board room. Call Katherine for details 705-507-3623 or visit <http://602922.toastmastersclubs.org>.

**Espanola Seniors Club**—Come join the seniors club and enjoy all of our activities—exercise, euchre, cribbage, bridge, quilting, knitting! Phone 705-862-7206 for schedule and information.

**Al-Anon Meetings For Families and Friends of Alcoholics** - Meetings are Tuesdays at 7:00 p.m. at St. George's Anglican Church, Espanola. Call 705-869-2505 or 869-6595 for information.

### *Do you have a NOTE for the Community?*

We invite not-for-profit organizations to submit information on their upcoming events in writing no later than

**Wednesdays at 3:00 p.m. 25 Word Limit.**

E-mail: [around@aroundandabout.ca](mailto:around@aroundandabout.ca)

## Espanola Minor Hockey Late Registration



**Monday, Aug 22 from 4-8 p.m.**

**Wednesday, Aug 24 from 6-8 p.m.**

### ESPANOLA REGIONAL RECREATION COMPLEX

**EMHA is offering FREE registration to children born in 2010 or 2011 who have never played hockey before in any association.**

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