

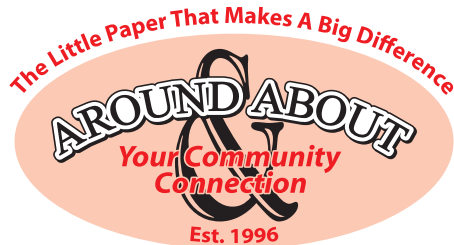
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December 6, 2016 Issue #49 - Volume 20

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## Teddy Traditions



By Grant Lewis - It's strange how one tradition over a hundred years old can be the basis of a tradition that is a mere three years old! It all started in Onward, Mississippi, in 1902 and continued in Espanola, Ontario, 2013.

Our story begins in the wilds of Mississippi, a hunting trip hosted by the then-Governor of the state. Hoping to score political points, his main guest on the hunt was Theodore Roosevelt, then President of the United States. November 10, 1902, was proving to be a great day if you were a bear, and not so great if you were a hunter. Hoping to please

Continued on page four...

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Website: [www.sables-spanish.ca](http://www.sables-spanish.ca)

*Season's Greetings - Wishing everyone a safe and happy holiday!*

**The Municipal Office & Public Works will be closed for the holidays as follows:**

Monday, December 26, 2016

Tuesday, December 27, 2016

Monday, January 2, 2017

### MASSEY ARENA HOLIDAY SCHEDULE



**Free Skating:**  
December 23rd & 30th from  
6:30 p.m. – 8:30 p.m.

**Sponsored by SABLES-SPANISH RIVERS PARKS AND RECREATION:**

**Free Skating:** December 27th, 28th & 29th; January 4th & 5th  
from 2:00 p.m. – 3:30 p.m.

**Free Shinny:** December 27th, 28th & 29th; January 4th & 5th  
from 1:00 p.m. – 2:00 p.m.

#### **Holiday Hours:**

Closed – December 24th & 31st after 4:00 p.m.

Closed – December 25th & 26th, 2016; January 1st, 2017

Closed for Maintenance: January 2nd & 3rd, 2017

### LEE VALLEY ROAD PUBLIC NOTICE – Pursuant to Bylaw 2012-05

**TAKE NOTICE** that at a meeting on WEDNESDAY, DECEMBER 14, 2016, 7:30 p.m., the Council of the Corporation of the Township of Sables-Spanish Rivers will consider a bylaw to have the speed limit remain at 60 km/hr on all of Lee Valley Road within the jurisdiction of the Township of Sables-Spanish Rivers.

Dated this 6th day of December, 2016.  
Kim Sloss, Clerk-Administrator

### PARKING RESTRICTIONS (Pursuant to Bylaw 2009-40)

This is a reminder that no persons shall park a vehicle on any municipal road allowance between the hours of 2 a.m. and 8 a.m., or during other periods of snowplowing operations, from November 1st to March 31st, except for emergency and health care vehicles. Any vehicles interfering with snowplowing operations may be fined or towed away at the owner's expense.

### MASSEY FIREFIGHTERS ANNUAL FOOD DRIVE

The Massey Firefighters will be holding their annual food drive on Tuesday, December 6th from 6:30 p.m. – 9:30 p.m.

Please help support our local Food Bank!

### BURNING BYLAW 2016-25

Changes have been made recently to the Open-Air Burning bylaw. This is a reminder that a permit is required **ALL YEAR** long; however daytime burning shall be permitted during the winter months (special rules apply).

To see all rules and regulations the complete bylaw is on our website [www.sables-spanish.ca](http://www.sables-spanish.ca) or is available for viewing at the municipal office.

### CHRISTMAS SERVICES AND CONCERTS 2016

**Christmas Dinner** (Sponsored by the Massey Bible Chapel) – **December 25th, 2016 at 4:00 p.m.** at the Royal Canadian Legion – 320 Imperial St. S. This is a free dinner for anyone who is looking for companionship on Christmas Day.

#### Christmas Concerts

**St. Mary Catholic School** (290 Algoma St. Massey) –  
**Monday, Dec. 19, 2016 at 6:00 p.m.** Admission is a non-perishable food item.

**Webbwood Public School** (6 Minto St. Webbwood) –  
**Thursday, Dec. 22, 2016 at 1:30 p.m.**, Community Sing-Along.  
Bake sale and hot dogs for sale with proceeds to Grade 7/8 trip to Toronto.

**S. Geiger Public School** (355 Government Rd, Massey) –  
**Thursday, Dec. 22, 2016 at 12:30 p.m.**

Concert & bake sale with proceeds to Grade 7/8 trip to Toronto.

**Massey Bible Chapel** (315 Castle St, Massey) –  
**Sunday, Dec. 11th, 2016 at 7:00 p.m.** Join us for Christmas carols.

#### Christmas Church Services

##### Saturday, December 24, 2016

**St. Andrew's United Church** – 305 Imperial St. Massey – Family Christmas Service & Pageant – 7:00 p.m.

**Zion Lutheran Church** – Christmas Eve Children's Pageant & Communion Service – 7:00 p.m.

**Immaculate Conception Catholic Church** – 160 Darby St, Massey – 7:00 p.m.

**St. Francis of Assisi Catholic Church** – 530 Hwy 17, Walford – 9:00 p.m.

##### Sunday, December 25, 2016

**Massey Bible Chapel** – 315 Castle St, Massey – Christmas Service – 11:00 a.m.

**St. Lawrence Catholic Church** – 3 Nelson St, Webbwood – 9:00 a.m.



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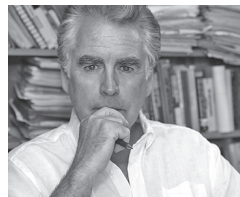
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# All The World's A Circus

William Thomas

williamjthomas@gmail.com

## Trump – Walking It All Back In A \$7,000 Suit

If asked about “populism,” Donald Trump would likely nod knowingly and reply that the populism of New York City was over eight million people and every one of them voted illegally for Hillary Clinton. And yet “populism,” a trend of knee-jerk, backlash balloting and voting with a vengeance, won him election to the office of the president.

By definition, populism is the political struggle of “the pure people” against “the corrupt elite.” This was the downtrodden rust-belt population of middle America railing against the power concentrated in Washington. A critical mass of pissed-off people bought into the simple, bumper sticker solutions offered up by a charismatic leader who sadly, is turning out to be as false an idol as Jim Jones or David Koresh.

The great American satirist H.L. Mencken explained how political populism worked a half a century ago. “As democracy is perfected, the office represents more and more closely, the inner soul of the people. We move toward a lofty idea.” (Note the white lettering on the red baseball cap that reads: “Make American Great Again.”) ... “On some great and glorious day the plain folks of the land will reach their heart’s desire at last and the White House will be adorned by a downright moron.”

Just when you thought George W. Bush’s illegal invasion of Iraq or Britain’s exit from the European Union were two of the worst decisions of this young century, along comes a snake-oil salesman in a \$7,000 Brioni suit and democracy takes a Bruce Lee kick to the crotch.

President Elect Donald Trump has already reneged on almost every election promise he made, outrageous and undoable pledges uttered solely for the eager ears of a disgruntled, white, locked and loaded America.

How did these plain folk across middle

America railing against their jobs being stolen by U.S. trade deals ever believe that they could trust a Manhattan dandy who has his line of clothing made in offshore China?!

Trump promised to kill Obamacare, but after a meeting with the president said he might keep it. During the campaign, climate change was a hoax, now he thinks human abuse of energy just might have something to do with the fact we set new heat records every summer. During the campaign he led his followers in chants of “Lock Her Up!” and now “Crooked Hillary” is “very smart, very strong and graceful.” The Muslim ban? Not currently on. Then, water boarding political prisoners good. Now, water boarding bad. Trump now refers to the wall he was going to build along the border with Mexico a “great campaign device.” He’s hinted the wall may become a fence. The wall will likely turn out to be a troop surge of 10,000 German Shepherds and he’ll swear he can make Germany pay for it. Trump now has “great respect” for the New York Times which he referred to during the campaign as “failing,” “really disgusting,” “poorly run and managed” and “SAD.”

Deke, fade, pivot, reverse, whiffle and then waffle – such a political chameleon the world has never known.

Here’s my question ... why would anybody watch Alec Baldwin come on Saturday Night Live and impersonate Trump breaking all his promises when watching the original impostor do it, is so much more dramatic and entertaining?!

Trump accused Secretary of State Hillary Clinton of spilling state secrets with her controversial emails and yesterday ... Mel Brooks couldn’t make this stuff up! ... yesterday he was seriously considering naming General David Petraeus to

Continued on page three...

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*Continued from page two...*

be his Secretary of State. Petraeus was fined \$100,000 and sentenced to two years probation for ... spilling state secrets!!

As I'm writing this column, President Elect Donald Trump is claiming the election – the election he won – was rigged. So besides being a narcissist, a compulsive liar and a gushing sexual assaulter, he's also kind of dumb.

Not a lot of humour in all of this except for that cartoon that made the rounds the day after Trump's victory. Sitting in a jail cell wearing an orange prison jumpsuit, Hillary asks her visiting husband: "Any news from the president about my pardon?" Doubled-over laughing, Bill replies: "Damn! Played golf with him yesterday. Forgot to mention it."

Trump's biggest and most immediate problem might be those angry, white supremacists who helped him win. With a wink and a tip of his red ball cap, there's no doubt that his message to them was "Make America White Again." Hanging on his every threat, these folks do not appear to be a moderate group of reasonable people who will take kindly to being tricked. Reaching out to this lunatic fringe who welcomed his victory with Nazi salutes,

Trump coined the phrase the "Second Amendment Solution," a not-so-veiled threat to take out Hillary Clinton by gun. He planted the seed but now he himself is quickly becoming their enemy.

Trump's second most pressing problem may be the growing list of women who have accused him of sexual assault. "All of these liars will be sued after this campaign is over." Sorry, but that strategy did not work for Bill Cosby.

I'm hoping the Brits have it right on this one. In the British Isles, (Go now before they break up into four or five pieces.) a 'trump' is a fart. Let's hope that's all we're dealing with here. A big, rich one mind you, the kind that's fueled by warm beer and boiled cabbage, but no more than just a foul blast that will in time pass and leave gales of clean air rushing in behind it. Anger and ignorance plus an appetite for revenge and all of a sudden you're no longer complaining about all the problems with your new car – you're driving it off a cliff with a smile on your face.

For comments, ideas and copies of The Legend of Zippy Chippy, go to [www.williamthomas.ca](http://www.williamthomas.ca)

## "Birds I View"

**By Bob Rigby** - I was driving home from Sudbury last Sunday afternoon, when I noticed a rough legged hawk swooping across the highway, when it suddenly lunged down on a snowshoe hare. The whole event took only a few seconds, but the passengers in the car were in awe to see this spectacular event, as was I. As I had mentioned last week we are so lucky to have an area such as Black Creek in close proximity. I have bird watched in this area for the past ten years and I've recorded over 80 species of birds in the vicinity with as many as forty bird species nesting at once. Some of the birds that come to mind that are worthy of a mention, simply because they are seldom seen, let alone breeding, here are: yellow rail, black billed cuckoo, American bittern, ringed necked duck, mourning warbler, pied billed grebe, northern marsh hawk and rose breasted grosbeak. I find that the first two weeks

of June is best for the birder to visit this area, just grab a Timmies and a folding chair and you are set to go. Early morning is best, and even the beginner can expect to see a minimum of thirty species. Enjoying the mild spell while we can, I have been doing plenty of good hiking; hopefully I will have some interesting content for next week's issue.



**Photo:** Black billed cuckoo, just one of many bird species that can be witnessed in our area.

**99.3 Moose FM**  
Espanola's Biggest Variety

**Moose Corner**

The Moose 99.3FM CJJM and the Espanola Regional Hospital and Health Centre are teaming up once again for the 3rd annual national charity drive. The hospital and The Moose will be hosting a one-day Radiothon Friday, December 9. Morning host Rosalind (Roz) Russell, will welcome guests and take pledges to support The Park With A Heart: a gated park for the hospital's long-term care patients. The goal is \$150,000 to fund the park.

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## Bursary Awarded To Massey Resident Lina Vermeer

Lina Vermeer of Massey has earned an educational bursary award for her outstanding work as an Ontario Parks summer employee. Ontario and Ontario Parks' corporate partners are recognizing outstanding student employees working at provincial parks with bursary awards to support their postsecondary education. "I would like to thank Lina for her outstanding contribution to Ontario Parks this past summer. Lina's dedicated efforts ensured that families and outdoor enthusiasts from Ontario and around the world who visited Algonquin Provincial Park were able to enjoy a very high quality and enjoyable experience. Her enthusiasm and leadership are greatly appreciated. I wish her the very best in her future studies," said Algoma-Manitoulin MPP Michael Mantha.

In total, forty students will be

celebrated for their hard work, unparalleled service and leadership in natural resources management through the Ontario Parks Partners' Bursary Awards. Corporate partners will present top summer staff with \$500 bursaries to apply toward their college or university tuition. Ontario continues to support employers and businesses across the province and help create good jobs for youth. Through Ontario Parks' summer employment program, the province provides more than 1,600 students with jobs in provincial parks every year. The program offers training and valuable work experience to help youth build a solid foundation for their future success.

Creating summer employment opportunities for students is part of our plan to create jobs, grow our economy and help people in their everyday lives.

*Continued from front page...*

## Teddy Traditions

the president, the governor instructed his assistants to find a bear and tie it to a tree to make it easy for a presidential kill. Roosevelt, a world renowned big game hunter, refused to shoot. Two days later, a light-hearted cartoon appeared in the Washington Post. At the same time, candy store owners Manny and Rose Michtom also made stuffed animals at Christmas. After receiving permission from Roosevelt to name it "Teddy's Bear," the teddy bear was born. Actually Michtom went on to found the Ideal Toy Company with "Teddy's Bear" being the biggest seller.

So what, you ask, has this got

to do with Espanola in 2016? On Friday, December 9, you will have the chance to toss, throw, heave, hurl, catapult, propel, fling (get the point) a "Teddy's Bear" of your choice onto the ice at the Espanola complex at intermission at the Espanola Express game.

The Espanola Lions Club, with the help of the Express hockey team invites you to participate once again in the annual Teddy Bear Toss. All bears will be used in the Lions Christmas Toy Drive to make Christmas just a bit softer and cuddlier for a special child. Please join us to cheer on the team and help a child at Christmas. I just love traditions!

## Espanola Firefighters Feted



The Espanola Volunteer Fire Department recently held their annual awards ceremony, paying tribute to its dedicated roster of volunteers. The following recognition awards were handed out: Firefighters Dario Laurenti, 10 years; Lannie Piche, 5

years; Derek Lalonde, 5 years; Wes Macdonald, 5 years; Fred Gagan, 10 years; Chris Gillis, 10 years; Lieutenant Jamey Ramsay, 15 years; Captain Terrance Smith, 25 years. Congratulations to all of those who serve to keep our community safe.

**HOME GAME!!**  
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**FAVOURITE PLAYER: BRETT HULL**  
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**MOST MEMORABLE LIFE MOMENT: MY 1ST RED WINGS GAME, BRETT HULL SCORED AN OT WINNER**  
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## Sables-Spanish Christmas For Kids

There are many ways to help families who need it at Christmas time. For the third year, the Sables-Spanish Rivers Christmas For Kids is one of them. Last year, the program helped nine families and this year, the goal is to brighten the holidays for a total of 20 children, who range in age from seven months to 13 years. All of the families are Sables-Spanish Rivers Township residents from the Massey, Webbwood and Walford areas.

The campaign was started by Matt Sonnenburg, who has since relocated from the area; however, his legacy lives on. Most of the gifts being requested are clothing; however, anything that's new and age appropriate is

welcome, including toys and monetary gifts. Last year, through the generosity of the community, each child received a snow suit and the families' pantries were stocked with food for the holidays.

For information, join the Facebook group Sables-Spanish Christmas For Kids, where a list has been posted giving the ages, sizes and genders of each child. Lists can also be picked up, then gifts dropped off at either Massey Home Hardware or Stewart's General Store in Webbwood. In addition, Massey Rona has their mitten tree up, taking hats, gloves, scarves and warm socks to be distributed.

Contact Joanne Rheault by phone or text at 249-878-0787.

## Moose FM Charity Drive + Espanola Hospital = A Park With Heart

The Moose 99.3 FM CJJM in Espanola and the Espanola Regional Hospital and Health Centre have teamed up once again for the third annual national charity drive. The one-week charity drive runs now to Sunday, December 11 and is headed up by The Moose parent company, Vista Radio Inc. Vista operates 41 radio stations (and growing) broadcasting across 73 transmitters in three provinces and the Northwest Territories. With more than 300 employees, the team members are passionately dedicated to their communities and are committed to generating exceptional local radio.

The hospital and The Moose will be hosting a one day Radiothon on Friday, December 9 where morning talent, Rosalind (Roz) Russell, will take to the airwaves throughout the day encouraging pledges, welcoming special guests and promoting this year's special project: the building of a park for the hospital's long-term care patients.

Local talent is always welcome at the radiothon.

"I love the radiothon because I literally get to do anything I want on air for twelve hours," exclaimed Russell. "It is so exciting to give back to the community and it is also a wonderful way to showcase the talent we have. Anyone who wishes to sing or play instruments or take part in radiothon 2016 is more than welcome to do so."

The Moose will also feature special guests throughout the day talking about the various services provided by and through the hospital, health centre, health team and other partners.

Vista Radio raised nearly 1.2 million dollars last year for various charities throughout Canada, the local hospital being just one of them.

The hospital and health centre is one of those institutions considered of prime importance to Espanola and the North Shore. Many of the patients in long-term care have Alzheimer's or other dementias, and as a result,

have limited mobility. This year's project, being called A Park With a Heart, would have the building of a tempered glass enclosed park allowing long-term care residents the freedom of being outdoors without staff worrying about them wandering, explained Public Affairs and Communications Coordinator, Terri Noble.

"We are raising money to build a gated park for our nursing home residents. The target is to break ground in the spring of 2017. The park will be approximately 2,500 square feet and include benches, raised gardens, trees and shrubs, rubberized wheelchair/walker paths, a gazebo and tool shed," explained Noble. "This area will promote activity, encourage interaction and promote wellness for the residents. The park will be enclosed with tempered glass panels, allowing a clear view of the area, while keeping residents safe without a risk of wandering."

The goal for this year's radiothon is \$150,000 to fund the new park. "What is unique to this project is that each and every donation will be commemorated," added Russell.

"Depending on the amount of the donation, there will be acknowledgement at different levels," explains Mike Dunn, chair of the hospital board. "For example, a \$5,000 donation means a bench will be named after the donor; be it an individual or a business. We will have memorial trees, shrubs, the building of the tool shed, a stone wall coursing through the area, so plaques would mark the donation ... it provides us with a wonderful way to say thank you to all those who take part."

If you are interested in showcasing your talent during the radiothon, please call Rosalind at 705-869-6397 or email: [rrussell@moosefm.com](mailto:rrussell@moosefm.com)

If you are interested in donating, have a fundraising idea or wish to volunteer, please call - Terri Noble at 705-869-1420 ext. 3591 or email: [tnoble@erhhc.on.ca](mailto:tnoble@erhhc.on.ca)

## Royal Giving



**Photo:** Espanola Elks and Royal Purple Secretary Theresa Land presents Dennis Lendrum a cheque for Edge of the Box program for Autism.



**Photo:** Honoured Royal Lady Helen Noonon presents Provincial President Annie Reid a cheque for Elks and Royal Purple Fund for Children.

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**HANDYMAN - ODD JOBS COLOMBUS** - Need something fixed, painted, patched, drywalled, or something put together, give me a call. Stephane Coulombe 705-863-3434. colombus87@eastlink.ca 12/6 - R

**CHIMNEY CLEANING** - Over 20 years of local experience in cleaning, repairs, and installations. For your security, have your chimney cleaned and checked today. Call Larry at 705-844-2878. 1/17

**L & M STOVE SHOP** - 308 Albert St. Espanola. We stock a wide range of appliance parts and vacuum supplies. We stock elements, vacuum bags, etc. Call 705-869-2944. 1/24 - R

**STORAGE SPACE AVAILABLE** - Located in Espanola. Call 705-869-1705. 1/10

**ESTHETICS BY JANE** - New location at 361 Avery Drive, Espanola. New customers welcome, by appointment. 705-863-0113. 12/20

**HANDY-DENN** - Yard work, clean-ups, grass cutting, weeding, repairs to decks and fences, pressure washing. Home repairs. Call 705-863-3778 or 705-583-2210. 12/6

**PHYSIOTHERAPY OFFERED BY MARILYN WITTMANN** - Located at Physio Moves in the Espanola Hospital. Accepting new patients. WSIB and MVA patients welcome. Acupuncture available. Visit [www.physiomoves.net](http://www.physiomoves.net) for services, rates, and hours, or call 705-988-3737 1/23 - R

## KARAOKE

Spanish River Inn. Come join us for Karaoke Friday & Saturday Nights. 705-844-2000. 12/6

## CLASSES

**LITTLE ART GARAGE** - Sculpting and art classes new registration dates: December 3 & 4, December 13 & 19 at SasseyPhotoz in Espanola. Why not host an art party in your home? Call 705-869-7743 or visit [www.littleartgarage.com](http://www.littleartgarage.com) to register and more information. Gift Certificates Available 12/6

## THANK YOU

**St. George's Anglican Church**

Would like to  
**THANK EVERYONE**

Who supported our  
**Christmas Bake Sale**

On Saturday  
At the Espanola Mall  
Merry Christmas to all.

## EMPLOYMENT OPPORTUNITY

### ESPANOLA REGIONAL HOSPITAL AND HEALTH CENTRE

#### Part-Time Health Care Aides

#### QUALIFICATIONS:

The successful candidate should possess the following:

- Personal Support Worker Certificate
- Current CPR and first aid
- Must be able to communicate well, both verbally and in writing
- Ability to work independently
- Recent experience in Geriatric Nursing and shows evidence of interest in continuous professional growth and geriatric nursing.
- Ability to provide regular attendance
- Bilingualism in French and English is an asset
- Must be able to work all shifts; we are a 24/7 facility

To apply in confidence, please forward your resume together with a cover letter outlining your relevant experience and qualifications by December 13, 2016 to:

Human Resources Manager  
Espanola Regional Hospital and Health Centre  
825 McKinnon Drive  
ESPANOLA, ON P5E 1R4  
Fax (705) 869-4039  
Email: [recruitment@esphosp.on.ca](mailto:recruitment@esphosp.on.ca)



**espanola**  
regional hospital and health centre  
hôpital régional et centre de santé  
**d'espánola**

Thank you for your interest. Only applicants who have been selected for an interview will be contacted

## FOR RENT

**FOR RENT** - Three bedroom, 1.5 bath semi-detached home close to the downtown area in Espanola. Easy walk to banks, all schools, recreation complex. \$1,100 per month + utilities. First and last months' rent and references required. Full privacy, fenced back yard. Call 705-583-3020. 12/13

**FOR RENT** - Two bedroom apartment with stairs close to downtown and schools with washer, dryer, fridge, stove, heat included. Mature couple or single person, no smoking and no pets. First and last months' rent with two references. Ready now. In Espanola, \$900 + hydro. Please call 705-869-4713 leave message. 12/20

**FOR RENT** - Two bedroom, \$700 plus. One bedroom, main floor great for seniors, outdoor patio. \$750 plus. Laundry facilities available in building, parking and a storage unit. Both available now. Call 705-869-5989. 12/13

**FOR RENT** - Three bedroom townhouse in Espanola available February 1, 2017. Non-smoking, no pets. Rent \$750 plus utilities. First and last required plus references. Call 705-869-3223. 12/20

## FOR SALE

**FOR SALE** - Two mobile homes for sale in Espanola Mobile Home Park. Fixer-uppers. Lot 6 & 29. Please call park manager at 705-936-7777 for details. 12/6.

## KARAOKE

**SPANISH RIVER INN**

Come join us for  
**KARAOKE**  
**FRIDAY & SATURDAY NIGHTS**  
**705-844-2000**

## ANNUAL GENERAL MEETING

### Notice of Annual General Meeting Monday, December 12th, 2016 Massey Legion (upstairs) Time: 7:00 p.m.

All members are invited to the Annual General Meeting of the Massey Agricultural Society.

#### At the Annual Meeting:

The Board of Directors shall present:

- A report of the Society's activities and accomplishments
- A detailed statement of the receipts and expenditures for the fiscal year
- A statement of the assets and liabilities for the Society, certified by the appointed Reviewers

The general membership will appoint the Secretary and Treasurer. Such positions will be voting members of the Executive.

The general membership will elect 10 Directors to represent the Board of Directors of the Society. The new Board of Directors will elect from themselves a President, Vice President, 2nd Vice President (officers of the Society to be known as the Executive).

Should you wish to address the membership at this meeting please advise the Secretary in writing prior to December 1st, 2016 of your intent and the topic you wish to address so that the agenda can be finalized.

Noreen Clement, Secretary/Treasurer  
[masseyfair@bellnet.ca](mailto:masseyfair@bellnet.ca)  
or Massey Agricultural Society,  
Box 728,  
Massey, Ontario P0P 1P0



## Recipe

The following recipe is a favourite at any time of the year, but I like to make them at Christmas time for the spice cookie lovers in our house.



### Molasses Sugar Cookies

- |                            |                               |
|----------------------------|-------------------------------|
| • 1 1/2 cups shortening    | • 4 teaspoons baking soda     |
| • 2 cups white sugar       | • 2 teaspoons ground cinnamon |
| • 1/2 cup molasses         | • 1 teaspoon ground cloves    |
| • 2 eggs                   | • 1 teaspoon ground ginger    |
| • 4 cups all-purpose flour | • 1 teaspoon salt             |

Melt the shortening in a large pan on the stove, and cool. Add sugar, eggs, and molasses, beat well. In a separate bowl, sift dry ingredients together and add to the pan. Mix well and chill 3 hours or overnight. Form into walnut-size balls. Roll in granulated sugar. Place on greased cookie sheet about 2 inches apart. Bake at 375 degrees F (190 degrees C) for 8-10 minutes. Store cookies in an airtight container to keep from getting overly crisp. If they do lose their softness, an easy way to restore it is to place one slice of fresh bread in the container with the cookies for a couple of hours or overnight and they will be soft again!

## COMMUNITY NOTES

PROUDLY SPONSORED BY



**Safety Coalition: Keeping Seniors Safe** – Thursday, December 8 at the Espanola complex lobby. Free presentation 10:00 – 11:00 a.m., display 11:00 a.m. – noon. Free Santa Lions bingo and healthy snacks.

**Blue Christmas Service At St. George's Anglican Church** – Monday, December 12 at 7:00 p.m. This service is to honour those coping with loss of any kind, anyone struggling with the bitter sweet celebration of Christmas, bereavement, or illness.

**Next Community Kitchen Luncheon** – December 13 at the Lighthouse in Espanola (across from the Royal Bank) from 11:30 a.m. to 1:00 p.m. No charge, everyone welcome.

**Free Christmas Dinner** – At the Lighthouse on December 25 at 4:30 p.m. Everyone welcome. Call Joan 705-869-1648 or Camilla 705-869-4415 to join us or for a ride.

**Al-Anon Meetings For Families And Friends of Alcoholics** – Tuesdays at 7:00 p.m., St. George Anglican Church, Espanola. Call 705-869-6595 or 705-869-2505 for more info.

**Good Food Box** – Supported by United Way, the Good Food Box makes it easy to access affordable fresh produce. Serving Espanola, Naim & Massey. Visit [goodfoodboxsudbury.ca](http://goodfoodboxsudbury.ca) for info.

#### Do you have a NOTE for the Community?

We invite not-for-profit organizations to submit information on their upcoming events in writing no later than

**Wednesdays at 3:00 p.m. 25 Word Limit.**

E-mail: [around@aroundandabout.ca](mailto:around@aroundandabout.ca)

## Espanola Festival Choir's Annual Christmas Cantata.

Tuesday, December 6 at 7:00 pm - United Church of Espanola

Thursday, December 8 at 7:00 pm - Queensway Seniors' Drop-In Centre

Sunday, December 11 at 11:00 am - Lighthouse

Sunday, December 11 at 7:00 pm - Zion Lutheran Church, Massey

# CUPE

CUPE represents over 30,000 social services workers in the Province of Ontario. We work hard to provide care to people with developmental disabilities, providing child care, working with families in crisis and delivering programs such as Ontario Works. Government cuts force cuts to the people we serve. Social service workers are leading campaigns to defend our work.



705-869-6883

email:  
[around@aroundandabout.ca](mailto:around@aroundandabout.ca)

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