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June 21, 2016 Issue #25 - Volume 20

The Church Mouse Cafe: A Labour Of Love



Photo: Business partners Nicki Bond and Susie Jewell.

By Chloe Kneer - In case you were wondering how the Church Mouse Café got its name, it is quite simple really: the building where the café is housed is the former St. Julia's Catholic Church. Situated in the heart of Whitefish Falls, the church dates back to 1912 and was once the cornerstone of the community, serving the Catholic population of the Whitefish River First Nation and summer cottagers. Whitefish Falls is in the heart of Rainbow Country and the area was host to both the 1970's-era television series of the same name as well as a back drop for the famed artists comprising the Group of Seven. In recent years, the building sat empty, save for some critters who took up residence. Then, in 2013, an entrepreneur decided to breathe new life into it, along with a little help from her friends and family.

Owner Nicole Bond has travelled throughout Europe and has always loved the European café atmosphere. The locally owned and operated establishments caught her fancy as community gathering places. She decided that the old, and basically abandoned, church would

Continued on page four...

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All The World's A Circus

William Thomas

williamjthomas@gmail.com

"Bowie Lover" And "Goat Liver" - The Brits Are Getting Quirkier

Last summer Will Brooker, a professor of film and cultural studies at London's Kingston University announced his plans to be David Bowie for one year. Conducting a "detailed written study of a single specialized subject," Professor Brooker vowed to adopt every persona of his favourite artist including looking like him, eating like him, watching films he watched, reading books he read and in short, inhabiting the head space of the rock star many consider a musical genius. The androgynous looking Brooker planned to start with the star's 1965-era persona, move through his Ziggy Stardust period, ending with The Thin White Duke era.

I tell you this because should you be accosted on the street by a guy wearing feathers and high heels and asking to buy a bag of cocaine, remember that he is not some sort of nutter. He is a professor of a British university conducting an important experiment in living vicariously. Professor Brooker has already claimed he won't duplicate David Bowie's cocaine use, but instead will chug a lot of power drinks to give himself a buzz. I've never done either one, but I'm guessing the effects are not the same. Imagine Will Brooker impersonating David Bowie peeing like a race horse.

Another problem for Professor Brooker will be getting Mick Jagger to sleep with him. In her memoir Angie Bowie claimed she walked in on Mick and David in bed while they were ... collaborating. I'm not sure Mick Jagger will agree to participate

in the professor's experiment, but Keith Richards strikes me as the kind of guy who's up for almost anything!

David Bowie of course died suddenly in January of this year, so there's that phase of his persona Will Brooker is probably not looking forward to duplicating.

At this point Professor Brooker could take a break from being David Bowie and instead become a goat. Another Brit by the name of Thomas Thwaites did. Tired and disillusioned with life, the conceptual designer with a keen interest in how humans use technology to fulfill their pleasures actually made himself over into a goat.

Thomas created mechanisms for his back feet to include hooves and then used full prosthetics for his arms so he could walk like a goat, at their eye level. He wore a helmet because goats butt heads a lot and there's no way in hell he could explain a concussion of this nature to any doctor on earth. He even considered being fitted for a fake stomach but reconsidered. I'm guessing he thought regurgitating grass on his front hooves might be going a tad too far.

Hoping the experiment would allow him to switch off his human intellect, language and memory he set off to join a goat herd in the bucolic mountains of the Swiss Alps. Apparently Thomas Thwaites did everything the goats did except eat tin cans. Another good reason to pass on that fake stomach unless of course it had come with the garburator feature.

Continued on page three...

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Continued from page two...

There's a photo on his website of Thomas being kissed by a goat, but he swears the relationship was strictly platonic. As it turns out, goats strictly adhere to the "four-date rule" and as I said, Thomas was only with the herd for three days.

The peace-seeking designer lasted only three days with the goat herd before he started to smell like them and decided to return home to England for a bath. Then he wrote a book about the experiment titled *Goat Man – How I Took A Holiday From Being Human*. Not a very long holiday. Not exactly A Year In Provence. Not even long enough to do a little recreational milking and bring back a bit of goat cheese.

Thomas Thwaites arrived at a conclusion which could motivate the buyers of his book to lead richer and more productive lives. Simply put, not all grass tastes the same, some being sweet and some being sour. In just three days, Thomas Thwaite hit upon the "yin and yang" concept of Chinese philosophy that took Daoists a lifetime to learn! "Yin and Yang" - the equal interaction between the waxing and waning

of the cosmic universe and the human realm within it. Sweet and sour – also a great way to serve chicken balls.

I believe the modern day philosophers, The Bare Naked Ladies explained the behavioural adventures of these two pioneers when they said: "Chickity China, the Chinese chicken. You have a drumstick and your brain stops tickin'."

How can you not be inspired by these two innovators? I'm thinking I might "go dog." Yeah, long walks, all meals prepared, four naps a day and peeing whenever and wherever I like. Yes, definitely I could "go dog." And if my master is anything like I was to my dog Jake – watching the ball game while sharing beer and popcorn, staying in pet-friendly hotels on road trips, swimming in the lake and sleeping at the foot of his bed – I'll even wear a spiked collar. But no fetch. I could "go dog" but I will never play fetch. That's just stupid.

For comments, ideas and copies of *The Legend of Zippy Chippy*, go to www.williamthomas.ca

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EHS Students Become Entrepreneurs



suppliers for materials. They then put their ideas together in formal business plans and budgets, that they presented in interviews to apply for a loan to cover material costs. Students were responsible for designing the products, labels, displays, and logos for their business, and they marketed their products and sales in the

community. Then they sold their products at two sales; the first at Espanola High School and the second at Espanola Mall which was open to the public.

Students also got to hear from Andrew Zaverucha, the Youth Strategy Coordinator from Sudbury Regional Business Centre, who spoke to them about the opportunities with Summer Company if they choose to continue their businesses. LAMBAC General Manager Michael Addison also enlightened the students about the possibilities of entrepreneurship in the Lacloche and Manitoulin region and how LAMBAC could assist them.

The program had a lot of community support. Teachers let students utilize classrooms for production, Espanola Mall donated space, Veterans Transportation provided the school bus, and Paper Works supplied water to the students at the sale. Jean Country and Shear Vanity offered a greater incentive to buyers, by giving discounts in their stores to anyone who purchased a product from the students. Several other businesses displayed posters and helped spread the word.

Mr. Mackay's grade ten business class at Espanola High School started their first venture into the entrepreneurial world. Alannah Pelletier, the local coordinator for Head Start in Business worked with Mr. Mackay and his students for four weeks to assist them in creating a business plan, budget and applying for a loan to create a unique product. Twelve students participated in this program called Youth Enterprise Camp that is normally delivered in the summer, but has made its way into the classroom.

Students created seven different successful businesses. Odessa Jewelry, makes handmade earrings. Bush Bros, sells fire starters and cedar bundles to repel mosquitos at a camp fire. Shelby Rose Make Up, creates an all-natural blush and bronzer. Scents of Purity, hand makes essential oil candles, bath bombs, face masks and bath salts. Maggie's creates custom magnets, some sporting the school's Spartan logo. Sugar Serenity developed an all-natural body sugar scrub.

Students created their own business ideas, and considered their market, costs and access to

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Continued from front page...

"Birds I View"



By Bob Rigby - Hello birders, as I mentioned before, many of our garden birds are rearing fledglings. This becomes a stressful time for the parents as predators are on the hunt for a quick meal. I have already witnessed three crow attacks on robin's nests, the taking of the eggs and in one case all four youngsters. Squirrels, chipmunks, domestic cats all play a role in the attacks on bird nests, the biggest culprit being the North American grey squirrel; thank goodness we do not have an abundance of this species in our area.

It is hard to imagine that over

70% of Canada's bird population actually nest on the ground or very close to it. Even though the nests are extremely well hidden, many fall prey to a variety of predators. Hawks, snakes, foxes, coyotes, lynx, bobcats, gulls and ravens all require the necessary protein for rearing their own families. Ultimately, however, Mother Nature appears to balance out and overcome these adversities. Did you know that parent birds are very cautious about divulging the whereabouts of their nests? In fact, once the chicks have hatched, their droppings are encased in a membrane of sorts allowing the parent bird to carry it away from the nest and drop it some distance away, leaving no scent near the nest location. Next week we will take a closer look at the yellow-bellied sapsucker, a member of the woodpecker family.

The Church Mouse Cafe: A Labour Of Love

make a great spot to enjoy a coffee or tea along with fresh baking and homemade meals. (Bond's business partner Susie Jewell will manage the kitchen and do the cooking.) The project took shape with her brother Andre (Skipper) Bussieres as interior designer and her husband Larry Bond helping with construction. The foursome worked away at restoring as much of the original wood as they possibly could, creating an eclectic, yet cohesive atmosphere. They imported special décor items from overseas, as well as using many historical items from the area itself. The result is a quaint café with modern touches.

The owners hope to attract an

equally eclectic range of clientele by offering not only the café, with free public wifi, but also local entertainment, including music. They will also offer a unique, intimate space for weddings, parties and social events for up to 60 people.

The Church Mouse Café is proud to announce its grand opening on Saturday, June 25. Festivities will kick off at 10:00 a.m. and run until 4:00 p.m. with live, local entertainment. Regular summer hours will be 7:00 a.m. – 7:00 p.m. For more information, you can reach them at 705-285-1232. To see more pictures of the newly restored building, go to www.aroundandabout.ca.

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COMMUNITY NOTES

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Children's Clothes Closet – Calvary Baptist Church, Espanola, Wednesday, June 22 from 10:00 a.m. - 2:30 p.m. Newborn to 6X. This will be the last one until September.

STOMP Finale Colour War Paint Night - June 22, grades 5-8 from 7:00 - 8:30 p.m. Students must come prepared to be covered in paint by wearing a white shirt and sunglasses/goggles. All are welcome!

Annual Fish Fry And A Buffet Of Salads - At the Walford Community Centre, Friday, June 24 from 4:30 - 6:30 p.m. No pre-sold tickets. For more information, call Austin at 705-844-2289. Sponsored by St. Andrew's Church in Massey.

Beaver Lake Club Juhannus Midsummer Celebration - June 25 from 1:00 - 4:00 p.m. Music by Iona Reed Trio, Finn food fare and refreshments.

Vacation Bible School at Massey Bible Chapel - June 27-30 each evening from 6:00 - 8:00 p.m. Children JK to grade 7 are welcome to join us for VBS. Free admission.

Elks Juice Draw – July 1 at the Canada Day Fun Day. Proceeds to the Elks High School bursaries.

Espanola Minor Hockey Association Fundraiser Dance - Knights of Columbus Hall on Saturday, July 16. This is a licensed event and doors open at 8 p.m. Tickets available by calling/texting 705-863-2735.

Do you have a NOTE for the Community?

We invite not-for-profit organizations to submit information on their upcoming events in writing no later than

Wednesdays at 3:00 p.m. 25 Word Limit.

E-mail: around@aroundandabout.ca

Recipe

This salad is fresh, simple, delicious and perfect for summer. I have put it in my column before but I'm repeating it because it's one of my favourites to make when the weather is hot, and I always get compliments whenever I make it. You can use any kind of noodle that you prefer, but I usually use mini shells because I like how the shape of the noodle holds the bruschetta, and you get a mouthful of flavour in every bite. Mini Bocconcini can also be added.

BRUSCHETTA PASTA SALAD

- 3 cups cooked pasta
- 5 tomatoes, chopped (I use vine ripened because they have the most flavour)
- 2 green onions, chopped
- 1 tbsp red onion, chopped finely
- 1-2 cloves garlic, minced
- 1 bunch basil, chopped
- 1 tbsp olive oil
- 2 - 4 tsp balsamic vinegar (to your taste)
- 1/3 cup shredded parmesan cheese
- salt & fresh ground pepper to taste



In a bowl, combine the tomatoes, onions, garlic, chopped basil, olive oil, balsamic vinegar and parmesan cheese. Let this mixture rest for at least 15 minutes. Then toss the tomato mixture with the cooked noodles. Season with salt and fresh ground pepper. You can serve and enjoy this recipe right away, or let it rest for up to an hour before serving.



Canada Day at QPC

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Dot's Girls

We would like to express our most sincere thanks to all who sent flowers, plants, cards, food, donations and words of comfort to us after the loss of our mother Dot Lachance. A huge thank you to Dr. McKay for the care and concern given to both our parents over the years. Thank you to her family and friends who comforted her with their visits, meals and flowers. A special thank you goes to the staff at the Espanola hospital for the compassionate care given to mom in her final hours. Mom had the most incredible hands god ever created and has left many with memories of what she made and wrote with them. Thanks mom, we will miss you forever-
LOVE YOUR GIRLS!



Deb, Cindy, Tammy, Sandra and families

NOTICE

ATTENTION – Would the gentleman who bought a collection of sports books at our yard sale on June 4, please call 705-869-0706 for important information. 6/21

SMART METER PETITION SIGNING – June 24 from 11:00 a.m. – 2:00 p.m. in front of the Espanola courthouse. Last chance to have your say! 5,000 or more signatures needed. 6/21

VENTURE LANES – Open for the month of June. Closed for July. Re-opening in August after civic holiday. Call for reservations. 705-869-2450. 6/21

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INVITATION TO TENDERS



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INVITATION TO TENDER

PROJECT DESCRIPTION

Manitoulin-Sudbury District Services Board (DSB), proposed removal and replacement of asphalt roofing at 70 Barber, Espanola.

The Manitoulin-Sudbury DSB invites interested parties to submit bids for the complete removal of deteriorated asphalt shingles, venting, flashing and all associated components; installation of new 35 year architectural shingles, ice/water shield, venting, flashing and all other associated components to meet or exceed OBC. The work is to be 100% completed by September 1st, 2016.

LOCATION

70 Barber, Espanola, Ontario

DOCUMENTS ISSUED

Full details of the location and requirements are available on or after June 8th at the Manitoulin-Sudbury DSB office: 210 Mead Boulevard, Espanola, ON.

OR

Full details are also available via email from the office of the Manitoulin-Sudbury DSB on or after June 8th (email tenders@msdsb.net).

BIDS RECEIVED

No later than Thursday June 23rd, 2016 at 2:00 p.m. at the Office of:

Manitoulin-Sudbury District Services Board
210 Mead Blvd.
Espanola, ON, P5E 1R9

Any tenders received after this time will be declared ineligible.

SITE VISIT

A **mandatory site visit** will be conducted on Tuesday, June 21st, 2016 at 10:00 a.m. at 70 Barber, Espanola.

THE LOWEST BID OR ANY TENDER WILL NOT BE NECESSARILY ACCEPTED. CONTRACTORS MUST MEET BIDDER QUALIFICATIONS INCLUDING CURRENT WSIB.



Conseil des Services du District de

Manitoulin-Sudbury
District Services Board

210 boul Mead Blvd
Espanola, ON P5E 1R9
Telephone/Téléphone: (705) 862-7850
Fax/Télécopieur: (705) 862-7805
<http://www.msdsb.net>

INVITATION TO TENDER

PROJECT DESCRIPTION

Manitoulin-Sudbury District Services Board (DSB), proposed removal and replacement of asphalt roofing at 29 Nixon, Mindemoya.

The Manitoulin-Sudbury DSB invites interested parties to submit bids for the complete removal of deteriorated asphalt shingles, venting, flashing and all associated components; installation of new 35 year architectural shingles, ice/water shield, venting, flashing and all other associated components to meet or exceed OBC. The work is to be 100% completed by September 1st, 2016.

LOCATION

29 Nixon, Mindemoya, Ontario

DOCUMENTS ISSUED

Full details of the location and requirements are available on or after June 8th at the Manitoulin-Sudbury DSB office: 210 Mead Boulevard, Espanola, ON.

OR

Full details are also available via email from the office of the Manitoulin-Sudbury DSB on or after June 8th (email tenders@msdsb.net).

BIDS RECEIVED

No later than Thursday June 23rd, 2016 at 2:00 p.m. at the Office of:

Manitoulin-Sudbury District Services Board
210 Mead Blvd.
Espanola, ON, P5E 1R9

Any tenders received after this time will be declared ineligible.

SITE VISIT

A **mandatory site visit** will be conducted on Monday, June 20th, 2016 at 10:00 a.m. at 29 Nixon, Mindemoya.

THE LOWEST BID OR ANY TENDER WILL NOT BE NECESSARILY ACCEPTED. CONTRACTORS MUST MEET BIDDER QUALIFICATIONS INCLUDING CURRENT WSIB.

EVENT



Moose Corner



MOOSE SHOUT OUT; A fundraiser has brought in \$7,500 to support Alzheimer victims in the Espanola – Manitoulin region. Little Current was the site for a walk along the boardwalk in the town. About 80 people took part. Next year the walk takes place in Espanola. The MOOSE 99.3FM is proud to have sponsored this event, CONGRATULATIONS TO ALL THOSE WHO PARTICIPATED!



705-869-6883

email:
around@aroundandabout.ca

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Distribution by Pelletier Holdings & Around & About

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