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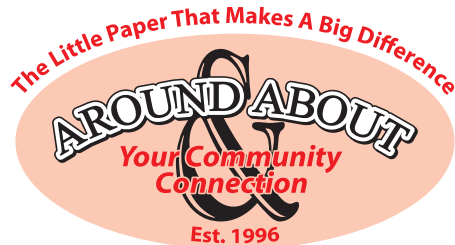
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March 1, 2016 Issue 9 - Volume 20

## Curling For Camp Quality



Photo: Former EHS student Sarah Lashbrook and her Camp Quality teammates.

By Chloe Kneer – "Good curlockeys" doesn't quite roll off the tongue as easily as "good curling" does, but it sure invokes a lot of fun. Over the weekend of February 19, the Espanola Curling Club held a fun spiel in support of Camp Quality, a camp devoted to empowering and supporting children with cancer and their families. Campers are between the ages of 4-18 and get a true camping experience, all free of charge for them compliments of the corporate, foundation, individual and service group financial support that Camp Quality receives. Camp Quality Canada is part of an international family of organizations that made their way to Canada in 1988. Since then, Camp Quality has set up in seven locations across the nation.

Back to curlockeys...the Espanola

Continued on page four...

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Box 5, Site 1, R.R.#3, 11 Birch Lake Road, Massey, ON, P0P 1P0

Website: [www.sables-spanish.ca](http://www.sables-spanish.ca)

### SUMMER STUDENT EMPLOYMENT OPPORTUNITIES

Applications for summer student employment are being accepted for the Public Works Department

Employment is conditional upon approval of grant funding.

Applicants must meet the following eligibility requirements:

- returning to school on a full-time basis during the next academic year (must provide proof of registration)
- is a student in a secondary, post secondary, vocational or technical program; priority is given to students in post secondary education
- drivers' licence with clean drivers' abstract would be considered an asset
- is legally entitled to work in Canada

Resumes will be received until 4:00 p.m., Monday, April 11, 2016

Kim Sloss, Clerk-Administrator

### WATER BILLS

First quarter Water bills were sent out at the beginning of January and are due by March 31st. To help manage your account, we offer monthly and quarterly preauthorized payments. You also have the option to make payments using online banking. If you have questions regarding these forms of payment, please contact the municipal office.

### NEW LANDFILL HOURS

**Tennyson Landfill Site** - (12 km north of Massey on the Tote Road)

Starting on March 5, 2016 the landfill site will be open **EVERY SATURDAY** from 10:00 a.m. to 2:00 p.m.

### IN MEMORIAM PARK BENCHES

If you are interested in purchasing a park bench as an In Memoriam tribute, or to advertise your business/ Service Group at key locations throughout the Township of Sables-Spanish Rivers, contact Kelli ([khansson@sables-spanish.ca](mailto:khansson@sables-spanish.ca)) or (705) 865-2646 x 224 for more information.

### ANNUAL MASSEY COMMUNITY EGG HUNT

All children are welcome to come out to the annual Egg Hunt on Sunday, March 27, 2016, at the Massey Community Centre & Arena. Please contact Bonnie Meier at 705-865-3297 for more information and to register.

### SENIOR OF THE YEAR & YOUTH VOLUNTEER AWARD

Council is requesting nominations for "Senior of the Year" & "Youth Volunteer". This is our opportunity to honour outstanding local residents. Recipients of both awards must reside in the Township of Sables-Spanish Rivers.

Recipients of the "Senior of the Year" are individuals who, after age 65, have enriched the social, cultural or civic life of the community without thought of personal or financial gain. Ontario seniors deserve special recognition for their outstanding accomplishments.

Recipients of the "Youth Volunteer" are individuals between the ages of 15 – 24 who have contributed a significant amount of time and service without pay to a charity, not for profit organization or an individual.

Please submit your nomination no later than 4:00 p.m., Monday, April 11th, 2016 to the Township Office. Nomination forms are available at the office or from our website, [www.sables-spanish.ca](http://www.sables-spanish.ca)

### REDUCED LOADS

**Please note that pursuant to Bylaw 2013-22 the reduced load period on municipal roads is in effect from March 1st to June 15th of each year, while appropriate signage is erected.**

Only satisfactory road conditions will decide if the load restriction shall be removed prior to June 15th, as determined by Public Works.

### BUILDING PERMITS

Please note that when applying for a building permit, the review time of an application can be up to 10 business days for a single-family dwelling. Be sure to include complete drawings and plans to avoid delays in having your permit issued. Residents are reminded that Sudbury & District Health Unit approval may be required, depending on the work, prior to your permit being issued.

Inspections do not happen automatically. It is **YOUR** responsibility to ensure that either you or your contractor requests the necessary inspections in a timely manner. Inspections are conducted within two business days after the request has been received. This two-day time period begins on the day after you request the inspection.

Most projects require a permit – if in doubt please contact the township office. Permit fees are doubled if work commences prior to a permit being issued.



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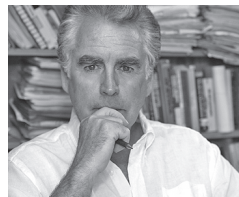
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# All The World's A Circus

William Thomas

williamjthomas@gmail.com

## Cicilia – The Oldest Woman In Canada

Cicilia Laurent, quite possibly the world's oldest person celebrated her 120th birthday last month in her home of Laval, Quebec. At the small but festive party attended by dignitaries, friends and family, Haitian-born Cicilia laughed and sang and clapped her hands, then went for a really long nap. The birthday cake which could be seen from the Space Station, boasted 120 candles which quickly melted all the smoke detectors in the room and the party had to be moved.

In the newspaper photo, a smiling Cicilia in her elegant gold suit and white-brimmed hat appears to be the picture of good health. Born January 31, 1896, this slim and perky woman still keeps a bucket list. She wants to meet Prime Minister Justin Trudeau. She wants to see her great-grandsons from Haiti one last time. She wants to be recognized by the Guinness World Records as the oldest living person on the planet. And she wants to play one shift on defense with P.K. Subban of the Montreal Canadiens the next time

they meet the Boston Bruins at the Bell Centre. Also she'd like Guinness to declare that the late Jeanne Louise Calment – who is recognized as the world's oldest-ever person – was a flat-out lying bitch! Oh yeah, at 120 - she's still feisty!

Just to put the timeline in perspective, in 1896, the year Cicilia Laurent was born, Henry Ford's automobile was still just a quadricycle. Utah became the 45th U.S. State with a population of 27,000 people including three men. The Sherlock Holmes' adventure Veiled Lodger had just been published that year and Sherlock Holmes was so young, he couldn't figure out who done it!

Now the problem with Cicilia fulfilling her lifelong, really long life dream of getting into the record books is that the Guinness World Records people have impossibly high standards of verification and Haiti, with its high frequency of natural disasters and incompetent politicians hasn't been able to keep good records. So I have taken

Continued on page three...

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## Espanola & Area

### Family Health Team

#### Prenatal Class

Join us and the Sudbury District Health Unit March 19th from 9am-4pm to learn all about prenatal care, the big day, infant care and more. Lunch will be provided. Please call to register.

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*Continued from page two...*

it upon myself to research the life of Cicilia Laurent and I hereby present the following irrefutable proof to Robert Young, Guinness's director of Gerontology that Cicilia Laurent is indeed the oldest living human being on the planet today.

- The day Christopher Columbus discovered the island of Haiti, Cicilia was the little girl in the photo, waiting on shore with a bouquet of flowers.

- Her first doll was whittled from a stalagmite ... by a carpenter named Joseph.

- As a teenager, Cicilia babysat for the Virgin Mary for crying out loud! What more evidence could you possibly need?

- Her teenage diary makes reference to "My Hottie From Iceland" who turned out to be 'Leif The Lucky.'

- Cicilia knew a guy who knew a guy whose uncle created the first bushel of dirt.

- When that comet crashed into Mexico's Yucatan Peninsula and killed off all the dinosaurs, Cicilia was on spring break in Cancun winning a wet T-shirt contest at the time.

- As a young suffragette, Cicilia led the protest against men pulling women out of caves by their hair.

- She taught Betsy Ross how to sew for gawdsakes!

- Cicilia helped her first husband build their house in Haiti with nothing more than Tectonic Plates.

- Cicilia has met every hostile foreign force to invade Haiti included Sean Penn.

- Before he starting shooting The Ten Commandments, Charlton Heston interviewed Cicilia to find out what Moses was really like.

- Cicilia and her second husband honeymooned at the Alamo.

- Cicilia was the one who gave American colonist Sir Walter Raleigh the idea for filtered cigarettes.

- After one too many glasses of sherry, Cicilia let it slip that Julius Caesar had been a selfish lover.

- Once here in Canada, Cicilia's shopping trips involved a bow, an arrow and a pair of extra-quiet sneakers.

- The Queen Mum called her "Mum!"

- Once in Canada she served as a nurse in a military hospital during the Battle Of The Plains Of Abraham.

- She did Jell-O shooters with Sir John A. McDonald.

- In the photo showing Dr. James Naismith inventing the game of basketball, Cicilia is holding the peach basket.

- She taught Laura Secord how to make chocolates.

And finally, she still has a souvenir photo of herself at Niagara Falls with a tour guide named Samuel de Champlain.

For comments, ideas and copies of The True Story of Wainfleet, go to [www.williamthomas.ca](http://www.williamthomas.ca)



## Moose Corner

**WOMEN'S WELLNESS DAY IN ESPANOLA:** The Royal Canadian Legion Branch 39 will host their annual Women's Wellness Day on Tuesday, March 8 from 9:00 a.m. – 3:00 p.m. A day of self-care and healing, a light breakfast and catered lunch will also be provided. For more information, call 705-370-3378 or email: [victimsservices@vianet.ca](mailto:victimsservices@vianet.ca) Brought to you by the M'nidoo Minissing Coalition Against Domestic Violence and The Moose.

## Espanola Elks "Join on the Spot" Membership Drive 2016



**Where? Espanola Mall, Outside of Freshco & Dollarama**



**When? March 3, 4, 5 (Thurs, Fri, Sat)**

**11:00 a.m. – 3:00 p.m.**



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**MEETINGS:** Every 2nd & 4th Wednesday of the month  
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Regular meetings are approx. 1 hr long

**NEED MORE INFORMATION?** Call 705-869-1931 (Hall), 705-862-8463 or 705-869-4302





**HOME GAME!!**  
**Wednesday, March 2, 7:00 pm**

**Happy Birthday, Blake!**



**Photo:** The Espanola Express's biggest little fan, Blake Crawford, recently celebrated a couple of milestones with the team. Blake turned 7 years old and has been in remission from leukemia for one year. Although he has been deemed cancer-free, Blake still travels to Ottawa for medical appointments. At the February 19 Express game, Blake asked that fans bring teddy bears to toss on the ice. Blake plans to bring the bears with him on his next trip to the Children's Hospital to hand out to other young patients.

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*Continued from front page...*

## Curling For Camp Quality



**Photo:** It was all fun and games at the Espanola Curling Club February 19-20.

Curling Club's fundraiser is a bit of a twist on the standard curling; it combines curling and, yes, you guessed it, hockey. Organizer Jack Tait explains, "This event is really only about 40 percent curling and 60 percent challenges, which includes anything from the hat trick, the shoot out (in a

curling house) and a challenge we call face-off, where participants have to name the hockey player by looking at a picture of him without a face." This year's fun spiel had a full roster of sixteen teams registered. \$2,500 was raised to go towards a great camping experience at Camp Quality.

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## Espanola High School Spartans Sports



**Photo:** The Espanola High School junior boys' basketball team.

Espanola High School Spartan athletes have a lot to be proud of, as three teams have advanced to NOSSA competition. Congratulations go to Coach Schouten's volleyball team who earned a first place finish at NOSSA and head to NOSSA. Coach Emiry took the boys' curling team to Providence Bay, bringing back silver and their place in NOSSA action. Coach Yachuk led the junior boys' basketball team to first place and competed at NOSSA last weekend. (For coverage of last weekend's tournament, visit our website at [www.aroundandabout.ca](http://www.aroundandabout.ca)). And finally Coach McCourt led the girls' hockey team to a third place finish. Go Spartans go!

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## Recipe



This Slow Cooker Meatballs & Marinara recipe is a great one to prep in the morning and come home to after work, or to cook overnight and then reheat for dinner. The meatballs stay really moist and tender, and the sauce soaks up a lot of the meaty flavour when cooking all day. The meatballs are delicious served over pasta, on rolls as meatball subs, or just on their own as a meaty, saucy main course.

### Slow Cooker Meatballs & Marinara

*Yield: 8 servings (2 meatballs & 1/3 cup sauce)*

- ½ cup plain bread crumbs
- ¼ cup grated Parmesan cheese
- 1 tablespoon Italian seasoning
- ½ teaspoon garlic powder
- 2 eggs
- ¼ cup milk
- 1 lb lean ground beef
- 1 teaspoon olive oil
- 1 small onion, diced
- 2 garlic cloves, minced
- 28 oz can crushed tomatoes
- 8 oz can tomato sauce
- 6 oz can tomato paste
- 2 tablespoons chopped fresh basil or 2 teaspoons of dried basil
- 2 teaspoons Italian seasoning
- 1 teaspoon salt
- 1 teaspoon sugar
- 1 bay leaf



In a large bowl, combine the bread crumbs, Parmesan, a tablespoon of the Italian seasoning, garlic powder, eggs and milk and stir until well combined. Add the ground beef, mix together with a spoon or your hands until thoroughly combined. Separate the meat mixture into 16 even pieces and roll each into a ball. Mist a large skillet with cooking spray and heat over medium heat. Place the prepared meatballs in the pan and brown the outsides (about 2 minutes on each side). Do not cook through. When the outsides are browned transfer the meatballs to your slow cooker. In the same skillet, bring the teaspoon of olive oil over medium heat. Add the diced onion and cook for 4-5 minutes until the onions are translucent and a bit golden. Add the minced garlic and cook for another minute until fragrant. Transfer the onion & garlic to a large mixing bowl. Add the crushed tomatoes, tomato sauce, tomato paste, basil, 2 teaspoons of Italian seasoning, salt, sugar and the bay leaf to the onions and garlic in the bowl. Stir to combine and then pour over the meatballs in your slow cooker. Stir to cover/coat the meatballs. Cook meatballs on low for around 6-8 hours. Don't overcook or meatballs will fall apart. Remove the bay leaf before serving. Serve meatballs and sauce over pasta.

  
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## ESPANOLA REGIONAL HOSPITAL AND HEALTH CENTRE

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### QUALIFICATIONS:

- The successful candidate should possess the following:
- Certificate of qualification as a cook, assistant cook or red seal cook issued by the Ministry of Training, Colleges and Universities
  - Grade 12 diploma
  - Successful completion of a Food Service Worker Program approved by the Ministry of Health and Long Term Care
  - Successful completion of Food Handler Training Program
  - Knowledge of institutional cooking
  - 2 years recent cooking experience
  - Capable of safely lifting 50 pounds (23 kilograms) and standing several hours
  - Bilingual in French and English is preferred

To apply in confidence, please forward your resume together with a cover letter outlining your relevant experience and qualifications by March 8, 2016 to:

Human Resources Manager  
Espanola Regional Hospital and Health Centre  
825 McKinnon Drive  
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## Deaths



**SAKALUK, Helene** of Espanola passed away at the Espanola Regional Hospital, Espanola on Monday, February 22, 2016 at the age of 81 years. Beloved wife of Fred Sakaluk of Espanola. Loving mother of Kirby (wife Kari) of Brantford, Steven (wife Suzanne) of Ottawa, Mark (wife Debbie) of Espanola, Caroline Burk (husband Ken) of Marathon & Russel (wife Roxanne) of Espanola. Helene will be sadly missed by 14 grandchildren & 8 great-grandchildren. Very dear sister of Betty Buzdygan of Sault Ste. Marie & the late Kirby Wilson, Bill Wilson, George Wilson & Russel Wilson. A Memorial Mass was held at St. Jude Roman Catholic Church, Espanola on Friday, February 26th at 10:00 a.m. with Father Raymond officiating. Interment of ashes in the Espanola Cemetery. If so desired, Memorial tributes may be made to the Heart and Stroke Foundation. Arrangements by Bourcier Funeral Home Ltd., Espanola



**MULLEN, Peter Malen** of Espanola passed away at the Espanola Nursing Home on Tuesday, February 23rd, 2016 at the age of 84 years. Beloved husband of Helen of Espanola. Dear son of the late Angus & Theresa (nee Murphy) Mullen. Loving father of Patrick (wife Lorie) & Patricia Fortushniok both of Espanola, Maylene Joyce (husband Ron) of Massey, Larry of Toronto & Melissa Mullen (husband Robert Laing) of Moffat, Ontario. Malen will be sadly missed by grandchildren, Aaron, Curtis, Kyla & Kimberly and great-grandchildren, Shannon, Rachel, Claudia & Carter. Very dear sister of Alice Insley (husband Wayne) of Naim Centre, Margaret Cayen of Ottawa & the late Clifford & Bernard Mullen, Ella Savicky & Isabelle Ducharme. Cremation has taken place. A Celebration of Life will be held at the Bourcier Funeral Home, Espanola on Thursday, March 10th from 2:00 p.m. – 3:00 p.m. followed by a prayer service with the Reverend John Faulkner officiating. Interment of ashes in the Espanola Cemetery at a later date. If so desired, Memorial tributes may be made to the Espanola Hospital Foundation.

*Obituaries • In Loving Memory  
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To place your announcement call or email

**705-869-6883**

**ads@aroundandabout.ca**

## COMMUNITY NOTES

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**Espanola Elks "Join on the Spot" Membership Drive 2016** - Espanola Mall outside of Freshco and Dollarama. March 3, 4, 5 (Thursday, Friday, Saturday) from 11:00 a.m. – 3:00 p.m.

**World Day of Prayer** - The Interchurch World Day of Prayer will be held on Friday, March 4 at Saint Jude Parish at 7:00 p.m. All are welcome to attend. Proceeds will go to support women and children in Cuba.

**World Day Of Prayer** – Immaculate Conception Church in Massey on Friday, March 4 at 7:00 p.m. Honouring the women of Cuba.

**Webbwood Eagles Spaghetti Supper** - Let us do the cooking, Saturday, March 5 from 4:30 - 6:00 p.m. at the Webbwood Eagles, 3 Centre Street Webbwood. Everyone Welcome!

**Bean Supper** - Zion Lutheran Church in Massey Sunday March 6 from 4:30 – 6:00 p.m. Feast on homemade beans, ham, sauerkraut, salads and pie for dessert. For more info please call 705-865-2020.

**Women's Wellness Day** – Tuesday, March 8 from 9:00 a.m. – 3:00 p.m. at the Espanola Royal Canadian Legion. For more info and to register call 705-370-3378.

**Next Community Kitchen Luncheon** - March 8 & 22 at the Lighthouse in Espanola (across from the Royal Bank) from 11:30 a.m. to 1:00 p.m.. No charge. Everyone welcome.

**Espanola Public Library** – Fun Day, come create a personal bookmark/and or a pinecone bird feeder. Wednesday, March 16 at 1:00 p.m. Ages 4-10. For more info call 705-869-2940.

**St. George's Church Sunday Service** - is now at 10:30 a.m. with Beverly van der Jagt. St. George's Church on March 17 at 4:45 will have "Messy Church". It is for ALL ages and stages with creating, worshipping, and sharing food.

**C.W.L Saint Patrick's Day Soup And Sandwich Luncheon** – Thursday, March 17 at St. Jude Parish Hall, Espanola from 11:00 a.m. - 1:00 p.m. Door raffles, take out available.

**Massey & Area Museum "Irish Frolic"** - March 18, 6:00 p.m. at Massey Legion. Feast on Irish stew, buns, veggies, & dessert. Enjoy some singing and entertainment. Prize for the "greenest" person. Tickets at the Hub or leave a message at 705-865-2266.

**Espanola Seniors' Easter Tea** – Friday, March 18 from 11:00 a.m. – 1:00 p.m. at the Seniors' Drop-In Centre.

**Northshore Pins And Needles Quilting And Stitchery Guild** - Next general meeting Wednesday, March 23, 7:00 p.m. at the Royal Canadian Legion, Espanola. Everyone welcome.

**Do you have a NOTE for the Community?**

We invite not-for-profit organizations to submit information on their upcoming events in writing no later than

**Wednesdays at 3:00 p.m. 25 Word Limit.**

E-mail: [around@aroundandabout.ca](mailto:around@aroundandabout.ca)



**Registration takes place March 8, 9 & 10 at the Espanola Recreation Complex from 6:00 p.m. – 8:00 p.m.**

Division	DOB - Children Born	Fees	* No late registrations in 2016
U5/U7	2009 - 2011	\$ 75	
U9/U11	2004 - 2008	\$ 95	
U13/U16	2000 - 2003	\$ 120	

Fees include full uniform (socks, shirt, shorts). Playing days and divisions will depend on registration.

\* Sign up to become a referee! Course available and paid by EMSA. Enroll your child now.

\* First-time registrants must bring proof of age.

\* Season runs May 30 - July 30

**Coaches and parent volunteers needed this season. Phone Bob Rigby at 705-869-5231 or 705-918-2456**