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www.aroundandabout.ca
 March 8, 2016 Issue 10 - Volume 20

Spring Forward
Sunday, March 13th



Remember to turn your clocks **FORWARD** one hour!
 This is also a good time to change the batteries in your smoke detectors!!

NEW WINTER STOCK

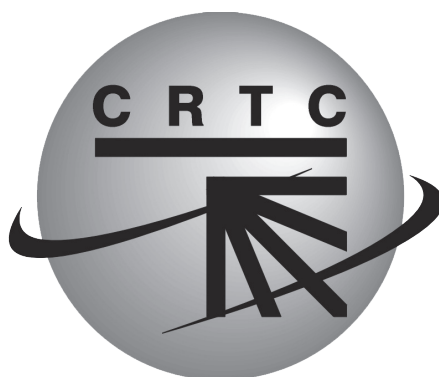


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Pick And Pay:
New TV Packages
Mandated By CRTC



As of March 1 (last Tuesday) all cable and satellite providers must be compliant with a CRTC ruling to offer a "basic" TV package to customers. The package price cannot exceed \$25, offering a minimum of channels with the option of purchasing additional channels a la carte ("pick and pay") or in small groups.

There was little to no promotion on the part of the providers in the lead up to the release of the packages (including Bell, Eastlink and Shaw) and information about the "skinny" options only showed up on their websites as of the date of compliance. Some offer limited, or no American networks; also, most of them have additional charges attached to the packages, such as mandatory equipment and installation fees. If you currently have a bundled package (internet, TV, phone), the basic package may not

Continued on back page...

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Continued from front page...

Pick And Pay: New TV Packages Mandated By CRTC

help you cut your monthly cost, if that's what you wish to do. However, if you are just using the providers for TV alone, you might be able to slash your costs and rid yourself of the many channels you have, but don't watch.

It has been widely reported that

the providers have trained staff to push the benefits of current TV packages when customers phone to inquire, rather than tout the benefits of the smaller option. Shopping around, either online or by phone, is the way to find the best package to suit your needs.

Minor Hockey Season Wrap Up



The Espanola Novice Eagles are the 2015-2016 ROWE Division A champs! The Espanola Novice Eagles were undefeated in tournament play this year, but actually finished 3rd overall in the season. This past weekend the team traveled to Azilda for their playoff weekend, and ended up first in their league, beating the first place team! It was an intense

game with the team down 3-0 with 7 minutes left into the third period. The team was able to tie up the score, the other team scored, and with 10 seconds left in the game, the Novice Eagles scored again, and the game went into overtime, with Jessy Brown scoring the winning goal. These kids played with all of their heart and soul and proved that they never give up!



Espanola & Area

Family Health Team

Prenatal Class

Join us and the Sudbury District Health Unit March 19th from 9am-4pm to learn all about prenatal care, the big day, infant care and more. Lunch will be provided. Please call to register.

705-862-7991

Espanola Council Finalizing Budget

By Chloe Kneer – Espanola's special budget meeting on February 29 dealt with a couple of big ticket items and whether or not to keep them in the budget for 2016. First up was equipment for the public works department, specifically a trackless MT5 tractor which is used for winter sidewalk maintenance, and spring/summer sidewalk sweeping and beach, playground and volleyball court tilling. The unit is from 2001 and requires extensive repairs. Public Works Manager Joel Yusko attended the meeting to sell the benefits of purchasing a new trackless at a cost of \$140,000. The versatile piece of machinery, he said, is crucial to many aspects of cleaning and clearing sidewalks and roads year-round. And, purchasing the trackless in 2016 would save the municipality about \$25,000 because of changes expected in 2017. Council voted to move forward with the budgeted item. Also kept in for this year are repairs to the municipal offices, totalling around \$130,000. Windows need to be replaced, insulation and firewalls installed,

in addition to a few other items. Council then mulled over the idea of installing water meters on only commercial properties within the town. A recent water study asserted that businesses are using more water than they are paying for, and as a result, residential rates are likely higher than they should be. The report recommended installing the meters to charge businesses for their actual use, despite a recent increase in commercial water and sewer rates. It was up to council to decide if they would install the meters on selected or all of the businesses. Councillor Stewart Meikleham stated that putting water meters on only certain businesses would be perceived as a "witch hunt." Others agreed, and council voted in favour of installing the meters on all of the commercial properties at a cost of \$170,000. Moving forward, tax ratios will be approved by council in the next few weeks, then put into place for the second and final round of tax bills for residents. The levy is expected to decrease, amounting to approximately a \$5/household savings over last year.



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- Renovations
- Garage packages
- Financing available

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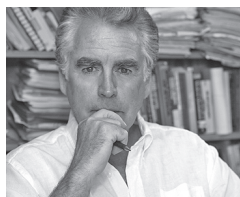
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All The World's A Circus

William Thomas

williamjthomas@gmail.com

Wainfleet - "The Dog Hanging Out The Car Window" Capital of Canada

It's the law. "Township of Wainfleet. Bylaw No. 097-2011. The Transportation Bylaw Dog Zone deems it expedient and imperative to have at least one canine with its big, stupid head sticking out of the car window at all times while said vehicle is in motion on all township thoroughfares."

But in Wainfleet, one dog is never enough. On my walks I have come to know "Boomer in The Back of The Pick-up," a massive mutt you can hear coming a half a mile down the road. Yesterday, I saw the "German Twins," two slim shepherds who sit perfectly still while sharing the same window behind the passenger seat. I have seen at least four small dogs in the laps of four old guys, all with their heads out the driver's window. I have seen a combo of three dog heads out of two windows and four dog heads out of two windows and the classic "Fleeter" seating arrangement – four dogs, each with its own window. And I've seen the huge head of a St. Bernard sticking out of a small size window, like a bobblehead peaking out of the eye of a needle.

It's the law. In Wainfleet you run the risk of being pulled over for a traffic violation while driving without a dog hanging mostly out of one of your car windows.

A dog with his head out the window of a moving car – eyes tearing up, tongue lolling to the side, nostrils flaring, smile distorted – is the picture of rural bliss. Dogs with their face flopping in the breeze of a passing car look perfectly at peace with the world. So how come when you blow in a dog's face, he hates it and turns away?

You see, there's no logical reason for a dog to ride in a moving vehicle with his head sticking out the window which makes it all the more hilarious. Unless it's an official act of a seeing-eye dog assisting in the operation of a moving vehicle. Years ago I wrote about Sherman Hill and his dog Shotgun who were pulled over for driving in a two-person lane on a San Francisco highway. Sherman not only considered Shotgun a 'person' but also his seeing-eye scout. Sherman was legally blind. Shotgun alerted him to oncoming traffic by barking. The system worked fine until that spoiled-sport trooper shut them down. In court Sherman also denied trying to outrun the police cruiser, claiming he needed speed to create the wind necessary to cool down Shotgun. Besides creating more laughter in a court house than the O.J. Simpson verdict, I believe Sherman and

Continued on page three...

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Continued from page two...

Shotgun sped up the production of driverless cars by a full ten years!

Here in Wainfleet the law is quite clear. At least ... (and yes, that gives you a bit of wiggle room right there) ... at least 35% of the dog must remain inside the car at all times. Better yet, allow me to refer you to the definitive manual for training a dog, a book designed to reestablish the man/dog relationship as one of master and submissive pet. Simply put The Dog Rules (Damn Near Everything!) is best described as 'tough love for dogs.' Or, you Tarzan, he Cheetah. Jane – stay the hell out of it!

I refer you to the original edition, Page 44, The Dog Rules As They Apply To The Family Car.

More and more I see cars and trucks travelling on public roads with what appears to be a dog in the driver's seat. I am utterly opposed to dogs driving cars because there's no doubt in my mind that they'd always be trying to bump off cats and make it look like an accident. Therefore:

Rule 1 – Dogs are not allowed to travel in motorized vehicles. Period.

Rule 2 – Okay, a seeing-eye dog is allowed to travel in a vehicle with its owner provided that the owner is not the operator of said vehicle.

Rule 3 – Okay in a medical emergency, a dog may be taken directly to and from a veterinary

clinic in a moving vehicle.

Rule 4 – Okay, if the family's out for a Sunday drive, on Sundays only, the dog can go along provided he sits in the back seat.

Rule 5 – Okay, the dog can sit in the front seat on the passenger side provided there's no passenger in that seat. And if it's really hot, he can roll the window down, but not all the way.

Rule 6 – Okay, the dog can hang out the side window like a misplaced hood ornament going 60 mph with a big smile and saliva spraying the passengers in the back seat.

Rule 7 – The dog is never, repeat, never allowed to operate a moving vehicle. That would be insane.

Rule 8 – Okay, the dog can sit on the driver's lap with his paws on the steering wheel, but he's not allowed to put his foot on the accelerator.

Rule 9 – Okay, the dog can steer the car and work the pedals, but he's not allowed to drive at night or take the car out alone.

Rule 10 – Okay, the dog can drive at night by himself, but not if he's been drinking. No way. That's against the law. Even in Wainfleet.

For comments, ideas and copies of The Dog Rules (Damn Near Everything!), go to www.williamthomas.ca



Moose Corner

WOMEN'S WELLNESS DAY IN ESPANOLA: The Royal Canadian Legion Branch 39 will host their annual Women's Wellness Day on Tuesday, March 8 from 9:00 a.m. – 3:00 p.m. A day of self-care and healing, a light breakfast and catered lunch will also be provided. For more information, call 705-370-3378 or email: victimsservices@vianet.ca Brought to you by the M'nidoo Minissing Coalition Against Domestic Violence and The Moose.

Kids' Fitness Fair Brings Fun



The first TD Bank/Town of Espanola Kids' Fitness Fair was busy with lots of indoor and outdoor activities for children to experience free of charge. A few of the sports groups that had booths were Espanola Minor Hockey, the Skating Club, Espanola Minor Soccer, Curling Club and Skate Exchange. Upstairs at the complex, Theresa

Laurenti led an autism-friendly music and movement class, Kelsey Leclair did Zumba, along with many other organized activities. Outside, children participated in urban poling and snowshoeing. The event was part of the TD Bank Play initiative to engage children in sports or classes geared toward a healthy lifestyle.

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Miss Me But Let Me Go
When I come to the end of the road,
And the sun has set for me,
I want no rites in a gloom-filled room,
Why cry for a soul set free?

*Miss me a little but not too long,
And not with your head bowed low,
Remember the love that we once shared,
Miss me but let me go.*

*For this is a journey that we all must take
And each must go alone.
It's all part of the Master's plan
A step on the road home.*

*When you are lonely and sick at heart,
Go to the friends we know,
And forget your sorrows by doing good deeds.
Miss me but let me go.*

*Love Forever,
Suzanne, Brian, Ruth, Robert, Ryan, Jillian*

THANK YOU



The Espanola Lions Club would like to thank the sponsors and volunteers who made the 2016 Seniors' Appreciation Supper such a huge success.

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OS Marinier

Apologies to those whose names we may have missed.

Winner of the quilt draw from the Espanola Senior Citizen's Club: Carter McLennan

Winner of the Epicure Basket: Viola Deschamps

**This year was our 15th Anniversary!
See you next year!**

Dario Laurenti, Chairman

Recipe

This is another recipe that has been floating around on the internet that I thought I would try. I was impressed, and concluded that the recipe was worth sharing. The original recipe called for more brown sugar in the sauce but I personally think barbecue sauce is already sweet enough, so I cut the sugar back to 2 tbsp.; feel free to adjust it to your liking. These are very comparable to boneless chicken wings available at restaurants, but are baked and much healthier. I like my tenders/wings saucy so I dipped each tender right into the sauce. I didn't have quite enough sauce so therefore I will double it next time. Be sure to use Panko bread crumbs; they make these extra crunchy on the outside, while the inside remains moist. These are delicious dipped into ranch or blue cheese dressing.

Saucy Chicken Tenders

- 1 c. all-purpose flour
- 2 lb. chicken tenders (I used 3 boneless, skinless chicken breasts, cut into tenders)
- 2 c. panko breadcrumbs
- 3 large eggs, beaten
- kosher salt
- Freshly ground black pepper
- 1 c. barbecue sauce
- 2 tbsp brown sugar
- Juice of ½ a lime
- 1 tsp. garlic powder
- Ranch or blue cheese dressing, for dipping (optional)



Preheat oven to 425 degrees F. In a large resealable Ziploc bag, combine flour and chicken. Shake until fully coated. Set up a dredging station: In one bowl, add panko breadcrumbs and in another bowl whisk eggs and add 2 tablespoons water. Dip chicken in beaten eggs, then panko until fully coated. Transfer to a parchment-lined baking sheet and season generously with salt and pepper. Bake until golden and crispy, 20 to 25 minutes. Meanwhile, in a small saucepan over low heat, warm barbecue sauce, brown sugar, lime juice, and garlic powder. Coat baked chicken in sauce and serve with ranch, if desired.

CUPE

CUPE represents over 30,000 social services workers in the Province of Ontario. We work hard to provide care to people with developmental disabilities, providing child care, working with families in crisis and delivering programs such Ontario Works. Government cuts force cuts to the people we serve. Social service workers are leading campaigns to defend our work.



COMMUNITY NOTES

PROUDLY SPONSORED BY



Women's Wellness Day – Tuesday, March 8 from 9:00 a.m. – 3:00 p.m. at the Espanola Royal Canadian Legion. For more info and to register call 705-370-3378.

Next Community Kitchen Luncheon - March 8 & 22 at the Lighthouse in Espanola (across from the Royal Bank) from 11:30 a.m. to 1:00 p.m.. No charge. Everyone welcome.

Dodgeball Tournament – Ages 12 and up, parents welcome! Friday, March 11 at Espanola High School beginning at 5:30 p.m. Teams of 6-8, guaranteed 2 games. Call Katie at 705-869-1700.

St. Patrick's Day Dance – In support of the Massey Area Museum. Saturday, March 12 from 8:00 p.m. – 1:00 a.m. at the Massey Arena. Age of majority. Information at 705-865-3297.

Espanola And Area Friendship Circle – Meeting on Monday, March 14 from 1:30 – 3:00 p.m. at the Seniors Drop-In Centre. A support group for people diagnosed with memory loss and their care partners. Call Wendy for more information 705-869-1137.

Children's Clothes Closet – Wednesday, March 16 from 10:00 a.m. - 2:30 p.m. at Calvary Baptist Church, Espanola. Sizes newborn – 6X.

Espanola Public Library – Fun Day, come create a personal bookmark/and or a pinecone bird feeder. Wednesday, March 16 at 1:00 p.m. Ages 4-10. For more info call 705-869-2940.

St. George's Church Sunday Service - is now at 10:30 a.m. with Beverly van der Jagt. St. George's Church on March 17 at 4:45 will have "Messy Church". It is for ALL ages and stages with creating, worshiping, and sharing food.

C.W.L Saint Patrick's Day Soup And Sandwich Luncheon – Thursday, March 17 at St. Jude Parish Hall, Espanola from 11:00 a.m. -1:00 p.m. Door raffles, take out available.

Massey & Area Museum "Irish Frolic" - March 18, 6:00 p.m. at Massey Legion. Feast on Irish stew, buns, veggies, & dessert. Enjoy some singing and entertainment. Prize for the "greenest" person. Tickets at the Hub or leave a message at 705-865-2266.

Espanola Seniors' Easter Tea – Friday, March 18 from 11:00 a.m. – 1:00 p.m. at the Seniors' Drop-In Centre.

Northshore Pins And Needles Quilting And Stitchery Guild - Next general meeting Wednesday, March 23, 7:00 p.m. at the Royal Canadian Legion, Espanola. Everyone welcome.

Espanola United Church Women's Annual Easter Bake & Craft Sale - Thursday, March 24 at the Espanola Mall (in front of the Dollar Store) from 9:00 a.m. to 3:00 p.m.

The Espanola Helping Hand Food Bank - will be hosting the meat roll offs every Saturday for the month of March at the Espanola legion. Fun starts at 3:30pm and everyone is welcome.

Von Seniors Social Club - Music & exercise, trivia & reminiscing, special & seasonal events, socializing. Please contact Natasha for more info 705 869 3304.

Do you have a NOTE for the Community?

We invite not-for-profit organizations to submit information on their upcoming events in writing no later than

Wednesdays at 3:00 p.m. 25 Word Limit.

E-mail: around@aroundandabout.ca