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Canine Hip Replacement:
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Photo: Dr. PJ Rocheleau with some of his staff at the Espanola Animal Hospital. Rocheleau recently received his accreditation to perform canine hip replacements.

By *Chloe Kneer* – When it comes to hip replacements, in humans, they are generally reserved for the older person. However, in the canine world, a hip replacement can be necessary for many different reasons with age being one of the last on the list. Up until now, a fur mom or dad would have to travel great distances for their pooch to receive a total hip replacement. Now, after nearly a year of training and preparation at the Espanola Animal Hospital, Dr. PJ Rocheleau is certified to offer the surgery locally. Dr. Rocheleau says, “Even my own dog had a hip replaced a year or so ago and I had to travel to Guelph to have it done.” Not anymore, as he is now fully accredited to perform the operation, and the surgery

Continued on page four...

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Lending A Helping Hand



Espanola Minor Soccer players teamed up with the Lions Club for their annual food drive in support of the Helping Hand Food Bank on Friday, May 7. The day-long event took place at three Espanola locations: Giant Tiger, Freshco and Winkel's Independent Grocer. In total, the Lions and EMSA collected over 2,700 non-perishable items and \$1,000 in cash and gift cards, a great help in

stocking the shelves for the summer.

While players assisted at the Giant Tiger location, they were presented with a cheque in the amount of \$2,267 from the Espanola Legion for the April meat roll offs. EMSA would like to thank the Legion, the Espanola Curling Club and especially Bill Giles for their fundraising support. The upcoming soccer season starts in a couple of weeks.





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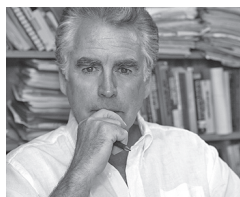
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All The World's A Circus

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CFL And Drugs – Four Strikes And You're Out! Really?

I think I'm going to start wearing a helmet with a neck brace from now on, whenever I read the sports pages. I almost gave myself whiplash on the vicious double take I did reading the headline in the Calgary Herald last week: "Four strikes and you're out under new CFL drug policy."

After years of fumbling the ball on drug-use guidelines, the Canadian Football League has come up with an abuser-friendly policy – four strikes and you're out. "Players caught using a banned substance will face a two-game suspension for their first failed test, nine games for a second, a year for a third and a lifetime ban in the event of a fourth."

This is almost as ridiculous as California's Three Strikes Law which has resulted in a man named Gary Ewing with two previous felonies serving 25 years to life in prison for stealing three golf clubs and Jesus Romero going to jail for life for possessing 0.13 grams of cocaine.

Piling one farce upon another, if Gary and Jesus were football players instead of petty criminals, they wouldn't be wearing orange jumpsuits in a California exercise yard, they'd be wearing the gold and black colours of the Hamilton Tiger-Cats and headed for training camp next month.

The Canadian Football League must

have patterned its drug policy after The Netherlands where the possession of drugs, importation of drugs and the exportation of drugs is illegal, but in fact everybody is free to use drugs without penalty and indeed, it has become a mainstay of their tourist trade. Not only does the CFL not see the absurdity of their "three strikes and you're okay" rule, they're quite proud of it as well. Said league commissioner Jeffrey Orridge: "We accomplished our goals which were to safeguard the health and safety of our players, particularly to young people and people that aspire to join this league."

On what planet does slapping players on their wrist for drug use protect the integrity of the game unless of course that game is "Grand Theft Auto, The Roid Rage Episode."

And sending the right message to young people who want to be professional football players!?

"Okay Jimmy, now I know you want to play for the Toronto Argonauts someday and we both agree you could use a little bulking up, so might I recommend Anavar? It's a popular muscle building steroid with somewhat mild side effects."

"But Dad, wouldn't that be wrong?"

"Well only if you get caught and even then,

Continued on page three...

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May means wearing blue and green! It is Community Living Month. Community Living Espanola is just one of several in Ontario that will be in the blue and green in May. Locally, CLE is hosting a variety of events: May 19 – CLE's annual sock hop at the Elk's Club; May 27 & 28 – CLE's annual yard sale at 345 Centre St. and May 28 -CLE will be at the Espanola complex promoting awareness.

Continued from page two...

the league will only suspend you for two games. Jimmy you missed three games last year with the flu for goodness' sake! C'mon, buck up Jimmy." "But what if I get caught a second time?" "Road trip."

There are currently 33 countries from A, Afghanistan to Z, Zimbabwe who employ the death penalty for drug use and I'm certainly not recommending the CFL put their drug-abusing players in front of a firing squad, but ... you have to admit, it would make for like the best halftime show ever!

Extend the punishment from Performance Enhancing Drugs to poor performances and what die-hard Blue Jay fan would not like to see Brent Cecil being led out to centre field blindfolded after yet another blown save, where an elite SWAT team awaits him.

"I thought he took those first two bullets rather well, Pat."

"Yeah, it was that fourth strike that killed him, Buck. Looked like a slider."

Here then are a few ideas the CFL's considering in their ongoing quest to protect the integrity of the game of football.

- Any domestic abuse complaint or charge by the spouse of a CFL player will be settled by a fair fight in the driveway with the mandatory eight-count in effect.

- Any player convicted of drunken driving will, for the period of one season be allowed no more than four beers in the dressing room after games.

- Any player charged with an offense of a sexual nature will be subjected to a "No Means No" video narrated by Kobe Bryant.

- Any illegal gun charges will be settled by a duel with another player up on a similar charge but from a division other than his own.

- Theft of any item over the value of \$500 will be met with a stiff fine of \$500.

- Any incident involving deflated balls will be immediately handled by the team doctor.

And while the rules they are a changin' you could easily eliminate acts of violence in all sports with the "I Really Hope He's Okay" rule. When you injure an opposing player, you don't play until he does. No matter if it's one game, one month, one season, you watch the action from your rec room couch muttering "I really hope the guy makes it back to the game." If he doesn't, you're retired.

For comments, ideas and copies of The Legend of Zippy Chippy, go to www.williamthomas.ca

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CUPE represents over 30,000 social services workers in the Province of Ontario. We work hard to provide care to people with developmental disabilities, providing child care, working with families in crisis and delivering programs such as Ontario Works. Government cuts force cuts to the people we serve. Social service workers are leading campaigns to defend our work.

"Birds I View"



By Bob Rigby – The past week has had its ups and downs weather-wise, and I suspect has impacted on the return of a lot of our feathered friends. I did, however, get out for a few hours on Mother's Day after the light bout of snow.... not much to report I am afraid, but a few newcomers did emerge including a yellow-rumped warbler, magnolia warbler, veery and a great crested flycatcher.

About the veery, a common bird in the north, often heard, seldom seen, but I am sure many of you have heard the song of this secretive thrush-like bird. Usually during the summer

evenings near lakes, rivers and/or creeks with running water, you will hear its call. It begins on a high note 'veer, veer, veer' hence its name. As I had mentioned, the veery is similar in size and colour to the thrush family, but lacks the spotted breast associated with thrushes. I had also mentioned in a previous article the sighting of a merlin within Espanola town limits. I can now confirm that this small hawk (second smallest bird of prey in Canada) has made its home in an abandoned crow's nest. The noise that this pair makes while in flight is loud and rapid. It sounds like, "kee, ke ke ke". This falcon-like bird measures 11" – 12" in length and its diet consists mainly of smaller birds, large insects and small rodents. I suspect that their nesting in town limits will impact on the population of our song birds, as a pair that nested on a small island did in Killarney, decimating the warblers in the area there. Such as it is, they are still a spectacular bird to watch and are part of nature.

Local Filmmakers Seek Funding



By Rosalind Russell – There is a new film in the works and an Espanola filmmaker is looking for support. Sarah Lashbrook of Espanola has partnered up with Cynthia Loiselle-Seguin to make a movie and they are so excited. Not only are they a rarity in the sense that it is not often you find two women teaming up to produce and direct a film, the two are the screenwriters of the short,

'Dearly Not So Departed,' as well.

Lashbrook won an award, Best Fresh Voice, in 2013 at the Female Eye Film Festival, and that opened up the doors. Internationally known director, Shirley Cheechoo, is their mentor director on the project, but there is still one hurdle to overcome: funding.

They received an \$8,500 Ontario Arts Council grant, but need about another \$15,000 to complete the film. So, an Indiegogo account has been set up online to help with fundraising. Donations are also being sought from local businesses and individuals in the Espanola, North Shore, Manitoulin Island and Sudbury area.

Auditioning is well underway and the duo hopes to begin filming within the next couple of weeks.

If you'd like to help out, visit www.indiegogo.com and search 'Dearly Not So Departed.'



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Local Church Turns 40



Photo: Calvary Baptist Church at 599 Barber Street, Espanola.

On May 31, Calvary Baptist Church in Espanola (CBCE) will celebrate its 40 year anniversary. Since May 31, 1976, CBCE has been actively involved in the community. From the early days of running vacation Bible schools, AWANA and bus ministry to their current programs of the Children's Clothes Closet and other training courses, CBCE remains a church committed to the community of Espanola and surrounding areas.

"We want to thank everyone for the years we have had and remind everyone that we are still here, in our community and you are welcome to join us for fellowship. Same location, 599 Barber Street (the blue church among the pine trees)," says Pastor Steve. The church is looking forward to some updates in the near future, including a new sign. "The sign out front is the original and sometimes it is easy to miss," Pastor Steve explains. "We would also like to remove some trees at the back and host a wild-west themed VBS." To stay up to date on all of the new features Calvary Baptist Church will offer, visit their website at <http://cbcespanola.wix.com/cbce>. Join them for a celebratory barbecue lunch after the service on Sunday, May 29.

Church prepares for expansion



Photo: The Calvary Baptist Church original (and still standing) sign will be replaced soon as part of the church's 40th anniversary.

Continued from front page...

Canine Hip Replacement: Now Offered At Espanola Animal Hospital

suite is booking up fast.

"We will be serving pretty well all of the north," Dr. Rocheleau says. "From Sault Ste. Marie to Timmins and Kap." He explained that there are less than a handful of veterinarians who do hip replacements in Canada, and that making the decision to offer the service has changed the way the hospital runs entirely. "It is a very integrated approach, so we had to adjust to that. It was painstaking, but it has improved our office to such a great degree, it was worth it," he says.

Dr. Rocheleau explains that keeping the surgery in the range of affordability for pet owners is key (it costs around \$3,800, with \$2,000 for the hip alone; purchasing pet insurance helps). In all likelihood, he will operate at least once a week, with patients scheduled in order by need.

For the first surgery Rocheleau says, "We had a big German shepherd lined up. Then I got a call from Jill Pessot at Pet Save.

She had taken in a rescue, just a young dog about 1 or 2 years old. He was in bad shape and could use a new hip." The wheels started turning and the two collaborated on fundraising to get the pup (named Panda) fixed up. "To me, it seemed very fitting that our first operation be on a rescue dog," said Rocheleau, who often takes in neglected animals.

The dogs stay at the hospital for 1-3 days post-op and for local patients gets checked every few days until their stitches are gone. Dogs can pretty well walk right after, but a complete recovery takes up to 12 weeks. "The total hip replacement can assure a completely normal dog forever," says Rocheleau. For more information on hip replacement, visit www.espanolavet.ca and click on Orthopedics, then Total Hip Replacement. To make a donation towards Panda, the rescue dog's operation, stop by Espanola Animal Hospital at 138 Tudhope Street or Pet Save in Lively.



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Date: Wednesday June 15, 2016

Time: 7:00pm

Location: Espanola Senior Citizen's Drop-In Centre
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Board vacancies will be filled by vote. Nominations must be received in writing and signed by two (2) corporate members by May 17, 2016 at 4:00pm to be eligible for election.

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Nicky Lamothe - **PUBLISHER**
STAFF

Andrew Vondette - Layout-Sales-Graphic Design
Bill Leeney - Graphic Design
Chloe Kneer - Sales/Correspondent
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Tim Hortons NOW HIRING

Full-time days and afternoon shift available.
Benefits , flexible schedules.

Apply inside or online at TIMHORTONS.COM

~ AVAILABLE AT BOTH LOCATIONS ~
McKERRROW and ESPANOLA

ESPANOLA REGIONAL HOSPITAL AND HEALTH CENTRE

Summer Students
1 Health Care Aide Assistant &
1 Activity Aide Assistant

We require two summer students for our Long-Term Care Facility. The successful candidates will be involved in the day to day functions of the Long-Term Care and Recreation Departments.

QUALIFICATIONS:

The successful candidates should possess the following:

- Enrolled in a related post-secondary program
- Experience working in Long-Term Care or Geriatrics
- Ability to provide resident focused care
- Be responsible, organized, self-directed and motivated
- Ability to provide regular attendance
- Bilingual in French and English is an asset

In order to qualify for these funded positions candidates must meet the following requirements:

- (a) is between 15 and 30 years of age (inclusive) at the start of employment;
- (b) was registered as a full-time student during the preceding academic year;
- (c) intends to return to school on a full-time basis during the next academic year;
- (d) is a student in a secondary, post-secondary, CEGEP (Quebec only), vocational or technical program;
- (e) is a Canadian Citizen, permanent resident, or person on whom refugee protection has been conferred under the Immigration and Refugee Protection Act* and;
- (f) is legally entitled to work according to the relevant provincial / territorial legislation and regulations

To apply in confidence, please forward your resume together with a cover letter outlining your relevant experience and qualifications by May 24, 2016 to:

Human Resources Manager
Espanola Regional Hospital and Health Centre
825 McKinnon Drive
ESPANOLA, ON P5E 1R4
Fax (705) 869-4039
Email: recruitment@esphosp.on.ca



espanola
regional hospital and health centre
hôpital régional et centre de santé
d'espánola

Thank you for your interest. Only applicants who have been selected for an interview will be contacted.

Employment Opportunity

Anishinabe Spiritual Centre requires
Part-time Maternity Leave Replacement Bookkeeper.
Experience with book keeping and Simply Accounting an asset.

Send resumes by email to:

anishinabespiritualcentre@gmail.com or drop off at
1091 Anderson Lake Rd., Espanola.

COMMUNITY NOTES

PROUDLY SPONSORED BY



Children's Clothes Closet – Wednesday, May 18 from 10:00 a.m. - 2:30 p.m. at Calvary Baptist Church, Espanola. Sizes newborn – 6X.

Massey Agricultural Society Roast Beef Supper - Webbwood Eagles Club on Friday, May 20 from 5:00 -7:00 p.m.

Next Community Kitchen Luncheon - May 24 at the Lighthouse in Espanola (across from the Royal Bank) from 11:30 a.m. to 1:00 p.m. No charge. Everyone welcome.

Webbwood Recreation Committee Bake Sale – Espanola Mall Friday and Saturday, May 27 and 28. Friday 4:00 – 7:00 p.m., Saturday 10:00 a.m. – 1:00 p.m. Baked goods donations appreciated. Call Tracey for information at 705-862-2512.

Community Living Espanola's 10th Annual Yard Sale - Friday, May 27 and Saturday, May 28, 9:00 a.m. to 3:00 p.m. Front parking lot area of The Craft House, 345 Centre Street, Espanola, ON. Rain or shine. (no early birds please).

Elks Doll House Draw – May 28 at the Knight Cruisers car show. Made and donated by Richard Duranleau. Proceeds go to Canadian Tire's JumpStart Program.

E-Waste/Community Trunk Sale – Saturday, May 28 from 9:00 a.m. – 3:00 p.m. in the A.B. Ellis/EHS parking lot, Espanola. Reserve your parking space at 705-869-1590. Bring your e-waste including computers, game systems, cables, USB drives, cameras, etc.

Knight Cruisers 14th Annual Cruise In And Craft Fair - Saturday, May 28 at the Espanola Regional Complex track and field. Entry is a non-perishable food. Breakfast and craft fair start at 8:00 a.m. Car show starts at 9:00 a.m.

GeNeXt! Summer 2016 kickoff - May 28th! Black Creek pier in Espanola from 10am to 12pm. We will teach some great survivor and bush craft skills. Open to all ages. Check out www.genext-ccc.com or call 705-583-2281

Join the Walk for Alzheimer's – June 5, Rendezvous Pavilion, Water St West, Little Current. 11:30 a.m. – 3:00 p.m. Register today by calling Dana Crane 705-524-2024. Transportation from Espanola Mall to Little Current provided by Veterans Transportation. Will depart at 10:45 a.m. and return and 3:00 p.m.

Seniors Appreciation Day 55+ - Thursday, June 9 from 10:00 a.m. – 3:00 p.m. at the Espanola complex. Free aquafit programs, skits and songs, and dessert and coffee. Hosted by Friends of the Library. Free senior care van available. Call 705-862-0244.

Family Dodgeball Nights – Every Thursday in May at Webbwood Public School from 7:00 – 8:00 p.m.

Open Door Fellowship – Join us in home every Thursday. For more information please call 705-869-4578.

Toastmasters - Develop communication and leadership skills. Learn to think quickly and clearly on your feet Mondays 7:00 - 8:30 p.m. at the Espanola Hospital board room. Call Katherine for details 705-507-3623 or visit our website <http://602922.toastmastersclubs.org>.

Do you have a NOTE for the Community?

We invite not-for-profit organizations to submit information on their upcoming events in writing no later than

Wednesdays at 3:00 p.m. 25 Word Limit.

E-mail: around@aroundandabout.ca