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**September 13, 2016 Issue #37 - Volume 20** 

## Cambrian College And Algoma University Partner On Pathways To Degrees



Students, prospective students, and recent graduates of Cambrian College will reap rewards from a range of pathways to Algoma University degree programs, thanks to a new partnership between the two Northern Ontario institutions. On August 31, the Presidents of Algoma and Cambrian signed a general agreement that provides qualified Cambrian students and graduates of certificate, diploma, and advanced diploma programs with rewarding routes to Bachelor's degrees from Algoma University. The broad agreement streamlines pathways to Algoma's Bachelor of Arts or Science degrees, as well as its Bachelor degrees in Business Administration, Computer Science, Fine Arts, Music, and Social Work. Benefits to Cambrian students and graduates include: guaranteed admission, transfer credit recognition, and valuable scholarships from Algoma University based on their completion of a Cambrian diploma or

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## HARDWOOD PELLETS IN STOCK











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Water softening salt \$**5**\_<sup>99</sup>/ **BAG** 





The One Tot Stop Day Care in Espanola has infant, toddler, preschool and school age spaces available.

For more information, please call Devina at 705-869-3282.

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## Cambrian College And Algoma University Partner On Pathways To Degrees

certificate program and academic merit, enhanced academic advising and planning through their postsecondary studies and shorter and more cost-effective routes to combining college and university credentials.

"Our new pathways agreement with Cambrian College makes getting a university degree more accessible for Northern Ontario students," said Dr. Craig Chamberlin, President of Algoma University. "We are thankful for being able to work with such

a good partner as Cambrian College, who shares our belief in student-centred learning."

"We are pleased to establish this agreement with Algoma University that will benefit our students and graduates across a variety of disciplines," said Bill Best, Cambrian College President. "Our partnership maximizes credit transfer, streamlines admission, and offers greater choice for students who wish to pursue college and university credentials in Northern Ontario."

# **Dual Citizens Must Carry Canadian Passport To Travel By Air**



Canadian citizens who hold dual citizenship with another country must prepare for new travel rules that take effect at the end of this month. The Canadian government is in the final phase of its move to an electronic screening system aimed at stepping up border security. The system, called eTA, will not recognize other countries' passports as proper identification when travelling by air to Canada if the passport holder is a dual citizen. In other words, if you are Canadian and American,

live in Canada, but have been travelling by air on your American passport, you will now have to apply for a Canadian passport in order to return home instead. For now, cross-border travel by car isn't affected.

The 2011 Census approximated that roughly 3% of Canadians (just under a million people) hold multiple citizenships. The frequently reported being U.S., U.K., France and Poland. Many feel that the new rules are discriminatory and only amount to a cash grab by the Canadian government. Passport fees in Canada run \$120 for five years or \$160 for ten.

If you plan to travel this winter, it is best to apply as soon as possible, as the estimated time to secure your new passport is forty days.

# **Edge Of The Box Theatre And Movement For Autism Coming To Espanola**

Last fall, Theresa Laurenti developed a program called Edge of the Box Theatre and Movement for Autism/Special Needs. The pilot project was eight weeks long and ran in Sudbury. Espanola's Dennis Lendrum volunteered for the program and was amazed. In turn, he and Laurenti have been working together to put on a similar series in Espanola. That dream has now come to fruition. Starting October 3, those dealing with autism on a daily basis can participate locally in this highly touted program, which allows the children to be themselves and express themselves through

art, performance and dance, building confidence and skills. Laurenti and Lendrum are still in the process of securing sponsors, so if you or your business would like to be part of the "movement," please contact Lendrum at 705-869-9135. He is accepting donation cheques, made payable to Inner Connections, at 182 Syroid Street, Espanola, ON.

To see how this program benefited those who took part, join the Facebook group Edge of the Box Theatre and Movement for Autism/Special Needs. The Around&About will have updates as well.







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Tune into Local Channel 10 or come on out to the Espanola Regional Recreation Complex.



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# All The World's William Thomas

williamjthomas@gmail.com

### Americans Are Quite Curious About Canada

and The Huffington Post published a

Apparently Americans are quite curious about the big, cold country on their northern border even if they can't find it on a map. Although Americans seem quite eager to ask about Canada, they're not all that keen to actually visit our country with same-day car trips at an all-time low. More than half of all Americans still do not possess passports. Here then are some of the questions our neighbours to the south are asking about "We The North." The answers, I'm sad to say, are mine.

Question: I have never seen it warm on Canadian TV, so how do the plants grow?

Answer: With the average annual temperature of minus 78° Greenwich Mean, all plants and vegetables in Canada are fabricated from semi-edible plastic. With no root system, weeding the garden is a breeze but malnutrition has become a bit of a problem.

Question: Do you have toilet paper in Canada?

Answer: No, but we never seem to run out of maple leaves.

Question: Do they have the Fourth of July up there?

Answer: We do, but given the difference in the Central Time Zone, we have to celebrate it three days earlier on July 1st. We do however have really long wicks on our fireworks so they go off at the same time as yours do.

Queen?

Recently two popular online news sites Answer: The Queen welcomes tourists in the United States, namely Buzz Feed for high tea everyday except Sunday at Buckingham Palace in London, Ontario. series of questions Americans ask about Don't forget to salute. Tours of Prince Harry's model train collection are also open to the public.

Question: Are there any ATM's in Canada?

Answer: Not yet. We are, however, bringing our banking system online so that when you change your American dollars into gold dust at the airport, the currency exchange rate on the weight scales will appear digitally.

Question: Can I buy a souvenir Toonie for \$10 American?

Answer: Even better, I can sell you two Loonies for \$20 US.

Question: Which direction is north in Canada?

Answer: Oddly enough, north points in the same direction in Canada as it does in the United States. I say "oddly" because no matter which direction the needle points in America, your country is going south ... and in a hurry.

Question: Where can I buy totem pole seeds in Canada?

Answer: Minor Brothers Seed & Feed in Wainfleet, Ontario. Plus they have a nice selection of gifts for special occasions.

Question: Why do you sell milk in bags? Answer: Because if the milk is sour, the bag serves as a vomit receptor.

Question: Will I be able to see polar bears in the streets in Canada?

Answer: Not just yet, but as the Arctic Circle melts and floods, pretty soon you'll be able to see polar bears on Question: Where can I go to see the streetcars in Toronto. Mayor John Tory

Continued on page three...









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sees it as a natural solution to the city's raccoon problem. Question: Isn't Justin Bieber Canadian?

Answer: No, no way. Ryan Gosling is Canadian. William Shatner is Canadian. Pamela Anderson is Canadian. Just Bieber is British, from Brixton I believe.

Ouestion: there supermarkets in Toronto?

Answer: Canada's commerce operates on the division of goods and services principle. So yes, there are supermarkets in Toronto, but the grocery carts are located in Hamilton. Also the Coupon Clipping Centre is in Bracebridge. Look, let's keep it simple: Deposit \$1,000 US in my PayPal account and I'll send you the Canadian Unlimited Grocery Card whereby you can obtain free food anywhere in the country for two weeks including private residences. Question: How do you get Lake Louise to turn so blue?

Answer: Forty-five million Ty-D-Bol toilet pucks.

Question: Can I walk from Hamilton to Toronto by just following the railroad tracks?

Answer: Yeah sure, but if you're wearing ear buds, look up once in awhile. Also if you overtake a Via Rail train along the way, keep it to yourself.

Question: What time do you turn on the Northern Lights? Answer: In order to conserve energy, I have to answer that question with a question: "What time will you be watching?"

Ouestion: What state is Toronto in?

Answer: Given the gridlock, impossible parking, the homeless and the gun violence, I would say Toronto right now is in a state of disrepair.

Question: Why are they so nice and polite in Canada? Canadians have Answer: a long and proud history of being respectful and gracious to others. But I can tell you with this whole Trump thing, you're working on our very

For comments, ideas and copies of The Legend of Zippy Chippy, go to www.williamthomas.ca

last nerve!

#### "Birds I View"



By Bob Rigby - Walking through the woods these past few days has been very quiet indeed. The weather is being very kind to our feathered friends and migration can take its merry time. I do not see us having birds moving through until such time that temperatures cool down.

A brief story from the recent past: if you weren't aware, a pair of peregrine falcons nested successfully here in Espanola two years ago. From my observations, I believe the nest was within the confines of the Domtar plant high atop

one of the building rooftops. While here, they fed mostly on feral pigeons, which I am sure you have observed from time to time being fed at the Queensway Motel. Sometimes as many as a hundred or more pigeons could be seen perched on the telephone lines at that location. At any rate, the nesting peregrines decimated this huge flock of pigeons to a mere handful, and it remains a small flock to this day. The falcons were also seen taking seagulls near the ski hill.

To have the falcons nest here is quite the thing as the peregrine is still regarded as a bird in peril, and, as such, extremely rare. I did not see them return this year, which tells me that ample food source must play a huge part of where peregrines decide to nest.

CUPE represents over 30,000 social services workers in the Province of Ontario. We work hard to provide care to people with developmental disabilities, providing child care, working with families in crisis and delivering programs such as Ontario Works. Government cuts force cuts to the people we serve. Social service workers are leading campaigns to defend our work.

## **Espanola Blood Donor Clinic**

Thursday, September 15 Knights of Columbus Hall,

(399 Mead Street)

11:30 AM - 2:30 PM & 4:00 PM - 7:00 PM

Please call 1 888 2 DONATE (1-888-236-6283) to book an appointment or on-line at www.blood.ca and help meet the continuing need for blood.



FUNDRAISER FOR MOBILITY VEHICLE FOR RYAN VLAAD Despite being diagnosed with Cerebral Palsy at 11 months, 7 year-old Ryan Vlaad strives to be independent. The Lindsay youngster, whose family calls Espanola home, are raising funds to purchase a modified vehicle, so that he can continue to remain active. A Go Fund Me account has been set for anyone who wishes to donate from the local area. The family is trying to raise \$20,000. Check the Moose Facebook for a link to the account.

# Real Estate • Rentals • Services Lost & Found • Items For Sale Prayers • Thank You • Notices Personals • Vehicles Special Occasion Real Estate • Rentals • Services Lost & Found • Items For Sale Prayers • Thank You • Notices Personals • Vehicles Special Occasion Real Estate • Rentals • Services Lost & Found • Items For Sale Prayers • Thank You • Notices Personals • Vehicles Special Occasion

#### **SERVICES**

**HANDY-DENN** – Yard work, clean-ups, grass cutting, weeding, repairs to decks and fences, pressure washing. Home repairs. Call 705-863-3778 or 705-583-2210. 10/4

#### MINI EXCAVATION SERVICES

- Smaller excavation services for your spring/summer/fall projects at home or cottage. Experienced operator for trenching, ditching, garage/shed foundations, weeping tile, stump removal, etc. Very reasonable all-inclusive rates. Available 7 days a week. Servicing the Espanola, Island, North Shore and Sudbury areas. Contact directly or leave a message at 705-869-8168. 9/27

HANDYMAN - ODD JOBS COLOMBUS - Need something fixed, painted, patched, drywalled, or something put together, give me a call. Stephane Coulombe 705-863-3434. colombus87@eastlink.ca 10/11

ESPANOLA SELF STORAGE – 6x8 and 8x10 Storage units available in Espanola. Located behind the car wash. Call 705-869-8405. 10/27 - R

L & M STOVE SHOP – 308 Albert St. Espanola. We stock a wide range of appliance parts and vacuum supplies. We stock elements, vacuum bags, etc. Call 705-869-2944. 10/4 - R

PHYSIOTHERAPY OFFERED BY MARILYN WITTMANN - Located at Physio Moves in the Espanola Hospital. Accepting new patients. WSIB and MVA patients welcome. Acupuncture available. Visit www. physiomoves.net for services, rates, and hours, or call 705-988-3737 - R

#### **CLASSES**

LITTLE ART GARAGE – is offering 2 sculpting pumpkin classes on September 23 or 27 at Sassey Photoz in Espanola. 6:00 – 9:00 p.m. Cost is \$45.00, to register call 705-869-7743. Sponsored by Espanola Fibre Arts Festival. 9/20

CINDERS NATURALS HEALTH FOOD STORE - is giving a workshop on Soap Making for Beginners. 4 dates to choose from: Oct. 6, Oct 8, Nov 4, Nov 5. Visit store in the Espanola mall or call 705-583-2555 in order to register. Register early to avoid disappointment. 10/4

#### **FOR RENT**

FOR RENT - Lang Lake Resort - Waterfront suites and cottages available for rent. Full kitchen, satellite TV, Jacuzzi tub. Call 705-285-4241 for monthly rates. Available October 1. 9/27

ROOM FOR RENT – In Espanola, \$500 a month. Utilities, cable, and wifi included. Non smoking. Call or text 705-863-2797. 9/13

FOR RENT – One bedroom apartment available immediately. 45 Arthur Ct, Espanola. No pets, references required. Call 705-869-5989. 9/20

#### **FOR SALE**

**FOR SALE** – Whirlpool ceramic top range. White in colour. Oven does not work. \$100.00. Call 705-869-3514 for more info. 9/20

#### **NOTICES**

ESPANOLA FARMERS' MARKET – Open Thursday and Saturday until the end of Setpember; Saturdays only in October. 9/20

#### **ENTERTAINMENT/MUSIC**

MARSHALLS BAR & GRILL

 Presents open mic jam night Thursday, September 15, 2016. For more details go to: MarshallsBarGrill facebook page. 9/13

#### **IN MEMORIAM**

## In Loving Memory Russ Lacosse

Sept 5,2001 – 15 years

We do not forget you, Nor do we intend, We think of you often, And will to the end; Gone and forgotten By some you may be But dear to our memory You ever will be.

Always remembered Sheldon, Donna, Curtis & Craig Bentley

#### **EMPLOYMENT OPPORTUNITIES**

The Espanola Regional Hospital and Health Centre is currently seeking passionate, qualified applicants for the position of...

## **Dietary Aide**

(Permanent, Casual)

In this role, the successful candidate will be providing meal service to patients, residents, and staff. Individuals in this role are also responsible for cleaning and maintaining equipment, dishes, and work areas.

The successful candidate will require a current Food Safe Certificate from Public Health and will have completed, or be currently enrolled in, a Food Service Worker Program that has been approved by the Ministry of Health and Long Term Care. Knowledge of food production and therapeutics diets is required. Bilingualism in French and English is an asset.

At the Espanola Regional Hospital, we are committed to our "patients first" philosophy and are seen as a model organization for small communities. If you would like to be considered for this exciting opportunity, please apply in confidence by forwarding your resume and cover letter, outlining all relevant qualifications, to:

**Human Resources** 

Espanola Regional Hospital and Health Centre 825 McKinnon Drive, Espanola, Ontario P5E 1R4 Fax: (705) 869-4039

Email: recruitment@esphosp.on.ca

Thank-you for your interest, however, only those applicants under consideration will be contacted.



The Espanola Regional Hospital and Health Centre is currently seeking passionate, qualified applicants for the position of...

#### Housekeeping Aide (Permanent, Casual)

In this role, the successful candidate will be charged with keeping designated areas safe, clean, and orderly at all times. This is accomplished by performing cleaning and other related tasks, as assigned by the Manager of Environmental Services.

The successful candidate will be capable of standing and walking for several hours, as well as safely lifting weights of up to 50 pounds. Individuals in the Housekeeping Aide position will be expected to work independently and with minimal supervision from the supervisor. Bilingualism in French and English is an asset, as is previous related experience working in the healthcare setting.

At the Espanola Regional Hospital, we are committed to our "patients first" philosophy and are seen as a model organization for small communities. If you would like to be considered for this exciting opportunity, please apply in confidence by forwarding your resume and cover letter, outlining all relevant qualifications, to:

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Email: recruitment@esphosp.on.ca

Thank-you for your interest, however, only those applicants under consideration will be contacted.



#### **NOTICES**



## NOTICE OF ANNUAL GENERAL **MEETING**

Wednesday, October 12th, 2016-7:00 p.m. Day Services Cafeteria – 345 Centre Street, Espanola (back entrance)

A membership must be purchased prior to October 3rd, 2016 in order to be eligible to vote at the 2016 AGM. Memberships can be purchased for \$3 at CLE's Administration Office at 345 Centre Street, or by calling Debbie at 705-869-0442 ext 21.

If you are interested in becoming a Board Member for Community Living Espanola, please contact Debbie at 705-869-0442 ext 21 for further information.

Kathy Lewis, Chair



## NOTICE TO ESPANOLA WATER USERS WATER LINE SWABBING PROGRAM

Beginning on Monday, September 19, 2016 and running through to Wednesday, September 21, 2016 the Town of Espanola and OCWA will undertake the Water Line Swabbing Program. Hours of swabbing will be from 9:00 P.M. to 5:00 A.M. The focus area is the North-West section of Espanola and should take 3 days to complete. A mailbox flyer listing the road sections to be swabbed each night will be delivered prior to the program start. Daily notifications of swabbing areas will also be available on the Town's Facebook page, website (www.espanola.ca) and Community Channel 10.

Residents immediately affected each night are advised to close the main water valve in their homes and **DO NOT** attempt to use any water during swabbing hours. This is important to avoid drawing a piece of foam swab into your service and blocking it.

Residents not in the swabbing area could experience dirty water. If you experience dirty water let your cold water run and it should clear up. If dirty water persists, please call 869-1751 between 8:00 A.M. and 4:00 P.M.



#### 705-869-6883

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## COMMUNITY NO



Community Kitchen Luncheons - September 13 and 27 at the Lighthouse in Espanola (across from the Royal Bank) from 11:30 a.m. to 1:00 p.m. No charge. Everyone welcome.

Hockey Equipment Sale – Wednesday, September 14 from 5:00 – 7:00 p.m. at Espanola Complex, run by Espanola Minor Hockey. Bring your equipment to sell, or purchase what you need. Call 705-207-6052 for details.

Save A.B. Ellis (SABE) Public Meeting – Wednesday, September 14, 7:30 p.m. at the Espanola United Church. Come with ideas, information, vision.

Teen Challenge - At Calvary Baptist September 18 at 7:00 p.m.. Please visit Facebook page or website for more information. www.cbcespanola.wix.com/cbce

Espanola United Church – Evening church service Sunday, September 18 at 7:00 p.m. due to power outage.

**Game And Fish Proctective Association Meeting** - This meeting for the purpose of elections will take place on Wednesday, September 21 at the Elks Hall at 7:00 p.m. All members are asked to attend.

Espanola Little Theatre Auditions - For 'Bob's Your Elf,' by Norm Foster. Sunday, September 18 at 1:00 p.m. in the A.B Ellis B gym (former EHS B1 gym). Looking for adults, teens and kids of all ages! For more information, call 705-869-4590

Espanola Curling Club Annual Fish Fry, Auction And Dance - Friday, September 23. For tickets, call the club 705-869-2133 or Bill Giles 705-869-6237.

St. George's Church Yard/Bake Sale And Clothing Exchange Saturday, September 24 at 9:00 a.m. For donations, contact Beverly at 705-919-6541 or drop off at the church 1:00-7:00 p.m. on Friday, September 23. Proceeds to assist with mission and ministry.

Manitoulin Northshore Victim Services - Recruiting volunteers to join their team of crisis responders. For information and an application, contact victimservices@vianet.ca or 705-370-3378.

Do you have a NOTE for the Community?

We invite not-for-profit organizations to submit information on their upcoming events in writing no later than

Wednesdays at 3:00 p.m. 25 Word Limit. E-mail: around@aroundandabout.ca

## Recipe

This arugula and nectarine salad with a fresh basil dressing is pretty to serve and delicious for summer or fall. My sister sent me this recipe and told me it's a "must try". Nectarines are in season right now and the



garden is full of basil, so this is a perfect time to try this salad with its beautiful fall colours of green and orange. If you are not a fan of arugula, your favourite greens can be substituted.

#### ARUGULA & NECTARINE SALAD

Yield: Makes approximately 6 servings

- 1 box (5 oz) arugula
- 2 ripe nectarines, thinly sliced
- 1/4 cup walnuts, roughly chopped (toasted if you like)
- 1/4 cup feta cheese, crumbled

Ingredients for the dressing:

- 1/4 cup fresh basil leaves
- 3 tbsp extra virgin olive oil
- 1 tbsp balsamic vinegar
- 1/2 tsp maple syrup
- Freshly cracked black pepper, to taste

Add all of the ingredients for the dressing to a blender or food processor and blend until smooth. In a large bowl toss all ingredients together with desired amount of dressing.

