



August 22, 2017 Issue #34 - Volume 21

## Time For The Massey Fall Fair! 111 Years Of Continuous **Fun, Frolic And Family!**



The Massey Fair is celebrating its 110th gathering of agricultural types with something for everyone, including live entertainment, fire truck pulls, the demolition derby, cow patty bingo, pie eating contest, arts and crafts for the kids and more!

In the fall of 1907, a few, "communityminded individuals felt the need to encourage good farming principles by displaying their crops and goods in a friendly, neighborhood competition," thus forming the Massey Agricultural Society (MAS). And the fair was born.

The fair grew over the years and has become the largest and longest running fair in Northern Ontario. With the passage of time, minimal changes have been made to the fair for its improvement, but in most cases it is still the same. Tractor pulls, horse shows, quilts, fun and games, and crafts are still on the schedule of events 110 years later. Local farmers and gardeners still bring their best





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## More Ridings In The North, Still Leaves The North Fighting For A Voice At Queen's Park



**Photo:** Trevor Holliday, leader of the NOP

Trevor Holliday, the Northern Ontario Party Leader, states that the people of Northern Ontario are tired of not having their voices heard. Adding one or two new ridings will help Northern Ontario citizens to gain access to their MPPs, but will do little in the way of increasing their voice at Queens Park.

"When you have so many seats to win in Toronto, it becomes the only priority of the big three parties, they know if they win Toronto they win the province; There is no need for them to worry about any place else," Trevor states. "That is why the NOP is different, the party is just concerned with representing the people of the North. If we get elected, mark our words the North will be heard at Queens Park."

Over the last couple of weeks, a number of newspapers published an article written by Josh Dehaas. This freelance journalist from Toronto has stated that adding more seats to the North is going to hurt democracy by causing Torontonians votes to become diluted. He argues that the new proposed ridings in the North are smaller than most ridings in the South and thus people in these Northern ridings will have a bigger impact with their votes than people who live in Toronto.

"But look at the facts, Toronto has 21 ridings in a very small land area compared to the North which occupies 87 % of the land owned by Ontario and only has 11 seats. Several of these Toronto ridings are as big as a few city blocks and most, if not all the constituents in the Big Smoke can reach

their MPP's office by cab in less than 30 minutes, but most rural ridings in Northern Ontario can be several hundred kilometers long and will usually take the northern constituents four or five hours by car to reach their MPP's office. Those who do not have their own transportation will never meet their MPP because the North has very little in the way of widely available, affordable public transportation."

The other point that the Northern Ontario Party takes issue with in Mr. Dehaas' article, was the fact that he appears to try to belittle these new ridings as predominantly indigenous ridings.

"Shouldn't our Indigenous populations have fair and even access to MPPs like others enjoy in Southern Ontario. Shouldn't our Indigenous populations have a say in the policies and mandates of our provincial government? We in the Northern Ontario Party feel our First Nations should have an active voice and a say at Queens Park. The NOP will always welcome and ask for input from Our First Nation's peoples, as we feel they have an unique and valuable insight into the North." Algoma Manitoulin MPP Mike Mantha weighed into the controversy as well saying the Southern Ontario journalist has it wrong when he says two new remote ridings for Northern Ontario will dilute the vote of Torontonians.

Mantha says Dehaas' math doesn't add up because he doesn't tell the public the whole story about all the ridings.

"Although the reporter is correct in saying the North is getting two new ridings, he fails to mention Southern Ontario is getting 12 more ridings, Mantha says. "And about eight of those new ridings are earmarked for the Toronto area."

He emphasized the 11 current MPPs who serve the North do a fantastic job of bringing northern views to the Legislature and he believes the two remote ridings will give more communities a greater presence at Queen's Park.



Massey: 705-865-3281 • Espanola: 705-869-3282 Email: onetotstop@bellnet.ca • www.onetotstop.com







## All The World's Circus William Thomas

williamjthomas@gmail.com

## San Miguel – Hiking In The Land Of Swollen Udders

I recently returned from a hiking holiday cows in field, cows in pens, cows in barns, around the island of San Miguel of the eastern Azores group in the middle of the Atlantic, thought by scholars to be the last remnants of the 'Lost Continent of Atlantis.' First let me say – what? - hell. yes I travel a lot. You spend a winter in a place like Wainfleet, a nice community mind you, but a place where the locals regularly stop me and ask: "Have y'ever bin' to The Bog, Billy?" Trust me, three months of 'rhubarb in the can' jokes and you'd keep a packed bag in a locker at Pearson Airport too.

So where was I? Oh yeah, backpacking through the lushest, greenest mountains on semi-tropic earth and stepping carefully along coastal footpaths above a white and turquoise surf crashing across the black volcanic rock piles a hundred metres below and let me tell you - there are way, way, way, WAY, WAY, WAY, WAY, WAY TOO MANY FREAKIN' COWS ON THAT ISLAND.

There are 800,000 cows on the island of San Miguel, a Portuguese paradise that is home to 140,000 people. That's more than five cows for every man, woman and child and believe me when a baby is born in the Azores and has to look after five cows before he's able to walk, later in life he develops a great appreciation for toys. Think about that -800,000 cows and one very busy bull. His name is Lo Velho Vaca, which in English means "The Old Cowpoke." Yes, vaca humoristico or cow humour was all I had going for me as I tramped through pastoral villages that dot the pastures and forests of the volcanic Green Island. There may be a whole new career for me doing stand-up bovine comedy.

Two cows standing in a field: "Geez Louise, have you looked at yourself lately? You're saggin' baby."

"Erma, go sit on a salt lick and rotate." There are cows on the sides of mountains,

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cows in the back of trucks, cows on trailers pulled by motorcycles, small cows in cars, big cows in downtown backyards, cows in city parks, cows on ferries, cows driving RVs, cows checking passports at the airports. I saw one cow hopping along on a pogo stick being chased by a farmer holding out an empty milkshake container. Don't get me wrong, they're fine specimens of cud-chewing, milk-producing animals bred by the very latest in agri-biological techniques. In fact, they're so sophisticated some cows have done away with the traditional cow bell and can now be seen with cell phones hanging around their necks. Cows need bells because ... their horns don't work!

Two cows talking on cell phones: "Ida? There's a geek wearing a blue backpack and a Toronto Blue Jays hat headed your way. Can you get up on the overpass and drop the brown bomb on him?"

"Karen? Is that you Karen? Karen? Sorry, you're breaking up honey ..." Vive vaca humoristico!

One cow, a farmer and a stool. Cow: "Dammit Nordesto, would it kill you to warm up your hands?" (And that right there is the reason the cow jumped over the moon!)

Farmer: "Ay, yi yi! Yesterday she had a headache!"

And the cows all stare at you as you walk by, from a vast sea of sad eyes and then once you've passed they make these low mooing noises and vou know damn well they're talking about you. That, or they're telling hurtful and racist jokes about the oxen across the road.

It's troubling to walk by a field of 200 cows with 400 stomachs knowing that while they're standing silent, perfectly still and seemingly happy, they're actually puking and regurgitating on the inside. Like Donald Trump at the microphone trying to

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PaperWorks, 85 Centre Street, 705-869-6883

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show he's smart and in charge. And all these cows have big, bright orange identification plates stapled to their ears and huge udders bursting at the ... at the ... just bursting. The farmers have so many cows to milk they don't always get to some herds on time and some udders are being dragged along in such a way they look like they require their own licence plate. Some of them are so exhausted they just ... cowlapse. (Okay, look I'm sorry about all this, but I was alone and felt threatened by all those beasts and this real bad humour was my only defense mechanism.)

Azorean farmers see so many udders every day, many of them have just lost interest in topless bars. Vaca humoristico: The cow that tried to jump over the moon but forgot about the barbed wire fence at the far end of the field. Una completo catastrofio: Or, an udder catastrophe.

Yes, cow humour is meo vida. Two cows standing in a field. One cow says: "MOOOOO!" The other cow says ... pretty much the same thing.

Vaca humoristico. Two cows sitting by the hotel pool wearing sunglasses, smoking cigarettes and drinking vodka tonics from glasses with tiny umbrellas ... There's no joke here. "I'm telling you they're everywhere!!!"

San Miguel, a beautiful verdant sanctum in the middle of the Atlantic where sweet and simple people are outnumbered and surrounded by way too many cows. A place where nobody ever needs to ask: "Got milk?"

For comments, ideas and copies of The Legend of Zippy Chippy, go to www.williamthomas.ca

## Applying For An OTF Capital Grant? Businesses Should Join This Workshop In Espanola!

The public is invited to a if you plan on applying, two-hour workshop presented you must register your by the Ontario Trillium organization with OTF by Foundation (OTF) that focuses on OTF's popular Capital Investment Stream. Capital Capital Stream.

If your organization is planning a project to improve your community space with a capital improvement (such as a renovation, new building, equipment purchase, etc.), then this workshop is for you. This workshop will offer concrete ways to build an effective Capital project and a strong OTF application "from the ground up".

The deadline for the Capital Investment Stream is October 25, 2017 at 5 p.m. ET, and you must register your organization with OTF by October 4, 2017 at 5 p.m. ET The workshop is set for next Tuesday, August 29th, 2017 at the Espanola Regional Complex, Recreation Rinkside Auditorium from 1:00 PM to 3:00 PM. registration at 12:30 PM RSVP by August 28th: https://www.eventbrite. ca/e/applying-for-an-otfcapital-grant-join-us-fora-workshop-in-espanolatickets-36484139042

Contact Carmen Robillard crobillard@otf.ca or Visit www.otf.ca for more information Manitoulin Midwifery Your Choice of Birth Place Your Body, your Birth, your Choice All services covered by OHIP Clinic at Cambrian College Tudhope St,. Espanola Every Thursday 4:00 – 7:00 p.m. Call 705-368-2362 or text 705-210-0423

#### OPP Detachment Head Office To Be Built In Little Current:

The Staff Sergeant of the OPP on Manitoulin says he had no input at all on determining where the OPP will setup a new building.

Earlier, the province announced nine new buildings were going up in Ontario to replace OPP facilities that are at the end of their usefulness. In the case of Manitoulin, Little Current is the site for the new building.

Staff Sergeant Kevin Webb says Infrastructure Ontario decided all the locations.

Webb says he had input on saying what officers needed and what the building could look like but he had no say on where it goes.

Members of the Manitoulin Community Policing Advisory Council believe the new building should be more centrally located on the Island. However, if the council takes into consideration that Espanola is now part of the detachment as a cluster, the Little Current site is indeed more central.

Webb suggested council call Infrastructure Ontario and find out why there was no local input on the building's location. The OPP realigned the detachments earlier this year. Espanola partnered originally was with Sudbury, but is now realigned with Manitoulin Island. The Espanola Detachment is located on Highway 17, just west of the Highway Six intersection and continues to operate overseeing the area surrounding the municipality of Espanola. The Espanola Police Service oversees the Municipality of Espanola itself. Algoma Manitoulin MPP Mike Mantha is surprised the OPP on Manitoulin, the public and community leaders weren't asked about where a new OPP building should go. Mantha says it should have been common sense to ask for local input.

"Of course it only makes sense to talk to those who will be using the service," stated Mantha. "I want to meet with the Attorney General and other ministries to learn why Infrastructure Ontario didn't ask for local input on the building's location. "Ålthough it's unlikely anything can be done about what happened on Manitoulin, I believe the goal is to avoid a repeat of not asking for local input in the future.'

Still with the story, it is known whether the not re-alignment of the OPP detachment to Manitoulin Island would make a difference if the Town of Espanola were to move forward with a costing for OPP services. A campaign promise, the OPP costing is still being considered, but whether it moves ahead or not depends on several factors: cost, new building renovations or construction required to meet code, manning with staff and jurisdictional boundaries. Council is expected to update the public in the fall.



PaperWorks, 85 Centre Street, 705-869-6883





## **NOJHL Releases Its 2017 Preseason Schedule**

SUDBURY – The Northern Ontario Junior Hockey League announced Monday its 2017 preseason schedule.

There are currently 21 contests on the exhibition slate with game action set to begin on Tuesday, Aug. 29 as the French River Rapids host the Espanola Express at 7:30 p.m. at Noelville Arena in the first of a home-and-home set between the two sides.

Two more tilts are scheduled for Wednesday, Aug. 30 as the newly minted Hearst Lumberjacks entertain the Cochrane Crunch at Claude Larose Arena while the defending NOJHL champion Powassan Voodoos travel to Noelville to meet French River in a pair of 7 p.m. starts. Among the four contests for scheduled Thursday. Aug. 31 it has the Voodoos welcoming the Kingston Voyageurs of the Ontario Junior Hockey League to the Powassan Sportsplex for a 2 p.m. matinee.

That same day, Hearst heads to Timmins to meet the Rock at 7 p.m. while the Rapids and Express square off at the Espanola Regional Recreation Complex and the Elliot Lake Wildcats visit Blind River to face-off against the Beavers with both of those match-ups set for 7:30 p.m.

Included in the remaining preseason schedule will be the 2nd Annual Polar Bear Classic hosted by the Cochrane change) Crunch.

That three-day event goes Sept. 1-3 at both the Tim Horton Event Centre in Cochrane and Jus Jordan Arena in Iroquois Falls.

Joining the host Crunch will be Kingston of the OJHL along with Espanola and the Kirkland Lake Gold Miners.

The Polar Bear Classic will also feature a AAA midget division this year as the Timmins Majors, Kapuskasing Flyers, Rouyn-Noranda Citadelle and the Soo Thunderbirds midget side all vying for the title.

Other NOJHL exhibition contests include French River at Powassan at 2 p.m., Blind River off to Elliot Lake at 7 p.m. and the cross-border rival Soo Eagles hosting the Soo Thunderbirds at Pullar Stadium at 7:30 p.m. on Sept. 1.

The Eagles and Thunderbirds will meet again in Michigan on Sept. 2 while the preseason will conclude Sunday, Sept. 3 with the semifinals and championship game of the Polar Bear Classic along with the Lumberjacks entertaining the Rock in a 7 p.m. start in Hearst.

additional NOJHL Any exhibition games will be announced when and if they are determined.

The following is the 2017 NOJHL preseason schedule: (Dates and times subject to

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## Time For The Massey Fall Fair! 111 Years Of **Continuous Fun, Frolic And Family!**

produce, jams and breads, the face painting and more. women bring their quilts and handiwork, and the children are encouraged to display their creativity, all in the hopes of winning a prize. The famous midway churns

into gear Friday, August 25 at 1:30 PM. Gates open at noon Friday and opening ceremonies will be at 6:45 PM to officially kick off the fair.

Bring the kids out for an afternoon of fun and games with Kiddie Tractor, Stick Horse and Potato Sack Races - registration starts at 12:30 PM. The evening revs up with demolition derby happening

at 7:00 PM and finally, Dennis Goulais Jr. and Laurie Kaelas hit the stage from 7:30 to 10:30 PM.

Saturday, the gates open at 8:00 AM and the parade leaves from the Massey Arena at 10:00 AM (preregistration is requested).

The kids will love ventriloquist Yvette Locke and Her Puppet Friends, the petting zoo and pony rides, The Mud Bog and ATV races, heavy horse draw and Western horse fun show are just a few of the main attractions to enjoy.

Saturday night has more live music with the Hardwood Boys starting at 7:00 PM.

Gates open Sunday morning at 8:00 AM with church services at 10:00 AM.

Also Sunday is the heavy draw/singles horse and you won't want to miss the kids Mutton Busting fun. Enjoy Vanicks Muscle Demonstration at noon and see who will take the Cow Kissing Challenge at 1:30 PM.

There's so much to see and do all weekend long.

Weekend rates at \$30 for adults 15+; \$20 for children 6-14. Daily rates are: \$12 adults 15+; \$7 children 6-14; and children 5 and under are free. Parking is \$5.

For more information, visit www.MasseyFair.ca and like Massey Fair on Facebook.

### When Does School Start? It's An Early Start This Year And In The Middle Of The Week:

All four of our local area school boards: Rainbow District School Board. Sudburv Catholic District School Board, Conseil scolaire catholique du Nouvel-Ontario (CSCNO) and Conseil scolaire public du Grand Nord de l'Ontario (CSPGNO) have approved the School Year Calendar for 2017-2018.

The 2017-2018 school year for students will begin on Wednesday, September 6. 2017.

The four school boards have worked together to produce a common calendar coordinating and student transportation.

The 2017-2018 School Year Calendar will be the same for all English and French-language schools in Espanola, North Manitoulin Island, shore. Greater Sudbury, Shining Tree and Sudbury East, including Warren, Markstay, Noëlville, St. Charles and Killarney. The calendar will also apply, minor differences. with to CSCNO and CSPGNO schools in Elliot Lake, Blind River, Spanish, Sault Ste. Marie. Wawa. Chapleau. Dubreuilville and Hornepayne. Please note that Tuesday, September 5, 2017, the day

after Labour Day, will be a

professional activity day.

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## Join The Ties That Bind Project In Espanola: Even Kids Can Do This One!



Library

please.

Library.

Public Library.

create the tree tie.

enthuses Pilon.

collectively

- 4:00 PM @ Espanola Public

• September 25th 10:00 AM -

No experience necessary and

all supplies are provided.

Participants 12 and under

accompanied by an adult

This is a joint project between

the Espanola Fibre Arts Festival

and the Espanola Public

"If you are unable to attend our

gatherings to create a tree tie,

you are welcome to create a

tie and submit to the Espanola

Submissions must be received by September 25th, 2017 –

attach a piece of paper to your

tie, which includes the first

name and the names of the

individuals who have helped

"Tree ties will be created to

express and represent ties we

share within our community,"

The tree ties will be exhibited

Park throughout the month of

October 2017 in conjunction

with the 6th Annual Espanola

at

Sherwood

2:30 PM @ Espanola Mall

Members and supporters of the Espanola Fibre Arts Festival are working on a special project for this year's upcoming sixth show.

Festival coordinator, Jody Pilon, says it is a street art project called TIES THAT BIND.

"It is where we will be creating tree ties to wrap the trees at Sherwood Park as a massive art project for the fall," explains Pilon. "We are hoping to inspire families, non-profit groups, churches, businesses and other interested groups of individuals to participate by creating tree ties that reflect connections within our community."

Pilon described some examples. zParticipants will stitch together fabric rectangles and embellish them with

buttons, bits of ribbon and even hand writing.

Join designers at the Espanola Farmers Market at the Queensway Pentecostal Church on the following dates:

• August 21st 10:00 AM – 2:30 PM @ Espanola Mall

• September 12th 5:00 PM – 8:00 PM @ Espanola Public Library

• September 22nd 10:00 AM Fibre Arts Festival.

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## Walford Station And Webbwood Post Offices Remains Open



Carol Hughes was happy to share some positive news for residents of Walford Station (located just west of Massey) and Webbwood.

Algoma-Manitoulin-Kapuskasing MP, Carol Hughes, was instrumental in ensuring the Walford post office remains open and staffed.

Walford residents received letters in March that their post office would be closed within months, but that is not now the case.

The letter told residents there was consultation, but in fact, none took place.

After finding out about the pending closure, Hughes, assisted by the backing of the town council and residents, pushed for it to remain open. Current Post Master Tina Davis originally took postmaster's over duties temporarily when Ellen Phillips retired in October of last year.

As of July 2 this year, she is now the full-time postmaster and will remain so.

There had also been some concerns about possible loss of service in Webbwood. The local post office has been housed at Stewart's Store for years.

Patti Stewart says there had been some concerns expressed about loss of mail service, but that is not the case.

"Carol contacted me as well and talked to us, but we are not in the same position as the other one in Walford," explained Stewart. "Our store has always housed the local post office, but we informed Canada Post they have to pay rent. They were looking for someone to take care of mail delivery, so there had been discussions in town about housing the post office in private homes, shared businesses, that sort of thing. But, as far as we are concerned, we will continue to house it here. Canada Post and the new postal clerk have agreed to our terms and we are looking forward to continuing to provide the space for this important service in Webbwood."





#### SERVICES

**ESPANOLA SELF STORAGE** – 6x8 and 8x10 Storage units available in Espanola. Located behind the car wash. Call 705-869-8405. 8/29 - **R** 

HANDYMAN - ODD JOBS COLOMBUS - Need something fixed, painted, drywalled, built or flooring done, call me. Stephane Coulombe, 705-863-3434. 9/26 - R

P H Y S I O T H E R A P Y OFFERED BY MARILYN WITTMANN - Located at Physio Moves in the Espanola Hospital. Accepting new patients. WSIB and MVA patients welcome. Acupuncture available. Visit www.physiomoves.net for services, rates, and hours, or call 705-988-3737. 9/5 - R

L & M STOVE SHOP – 308 Albert St. Espanola. We stock a wide range of appliance parts and vacuum supplies. We stock oven elements, and makes of vacuum bags, etc. Call 705-869-2944. 8/22

MINI EXCAVATING SERVICES – Excavator, compact tractor, dump trailer now available, for smaller jobs, garage, shed, driveways, ditching, trenching for propane, water & hydro lines. Contact Brad 705-869-8168. 9/12

MASSAGE THERAPY & ACUPUNCTURE - By Cheryl Van Allen, R.M.T. Treatment focused on pain relief or relaxation. Covered by most insurance companies. Gift certificates available at the front desk. Located at the Pinewood Motor Inn. 705-869-3460. 9/5 - R



**TOTAL MAINTENANCE SERVICES** – Carpentry, painting, home and yard care, roofing, tree and stump removal, wood cutting, deck and driveway sealing, dump runs, and home organizing. 705-936-6160. 9/12 R

**DESIGN DRAFTING SERVICE**--New Homes, Additions, Garages , Dormer, Decks & Porches-service provided by Allen Rosario. Call 705-690-7053 or email the. revit.geek@gmail.com for more information! 9-12

APP COMPUTER SOLUTIONS-Complete computer repairs & service calls! Tune ups – system reloads – hard drive and memory upgrades. Laptop screen replacement Experts. Call 705-869-8872. 9/12

#### **LOST & FOUND**

**LOST&FOUND--** On HWY 6 in front of Canadian Tire on Aug 11, small spare tire 15S/60R/17 Call 705-863-3277. 08/22

#### FOR RENT

**FOR RENT:** One bedroom apartment available for Oct 1 or earlier. This newly renovated apartment has dark hardwood floors throughout, all new kitchen cabinets, large bright windows and new bathroom fixtures with dark vanity. \$750 per month plus includes heat, hydro and internet. 705-862-1011-- 08-22

**FOR RENT** - Small store/office for rent in Espanola. Available August 1st, 2017. Call 705-869-2944 for more information. 9/12

#### FOR SALE

FOR SALE – 2011 Ford Fusion SEL. Certified. 58,000 km. Asking \$9000 obo. Please call 705-869-1609 after 5:00 p.m. 8/22

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## Community Living

## NOTICE OF ANNUAL GENERAL MEETING

Monday, October 2nd, 2017 – 7:00 p.m. Day Services Cafeteria – 345 Centre Street, Espanola (back entrance)

A membership must be purchased prior to September 22nd, 2017 in order to be eligible to vote at the 2017 AGM. Memberships can be purchased for \$3 at CLE's Administration Office at 345 Centre Street, or by calling Debbie at 705-869-0442 ext 21.

If you are interested in becoming a Board Member for Community Living Espanola, please contact Debbie at 705-869-0442 ext 21 for further information.

Kathy Lewis, Chair

#### OBITUARY



It is with heavy hearts and deep sadness that we announce the sudden passing of *Rita Meier* (*Hughes*) August 9, 2017 at the age of 79. Rita passed peacefully at the Espanola Nursing Home while surrounded by her loving family. Rita loved spending time with her family. She especially enjoyed her retirement days with her devoted husband George and family at Bull Lake. This is where she patiently taught all her grandkids to play Scrabble and card games. Being such a family

oriented person Rita thrived by hearing the stories of adventures that her children, grandchildren and great grandchildren would take. This always put a big smile on her face. Late daughter of John and Wilma Hughes. Beloved wife of the late George Meier (2016). Loving father of Kevin (wife Sylvie) of Elliot Lake, Debbie Vondette (husband Mike) of Espanola, Annie Rogerson (husband Blair) of Espanola, Dorothea Meier (partner Jean) of Lang Lake. She will be greatly missed by her grandchildren Lori Thibodeau (husband Scott), Whitney Gray (husband Jamey), Sophie Godbout (partner Jordan), Chelsey Kitchener (partner Derrick), Adam Vondette, Andrew Vondette (partner Arielle), Dean Rogerson (partner Katy), Alex Rogerson (partner Jennifer). Rita will also be sadly mourned by her great grandchildren Carter, Gavin, Lily, Grace and Liam. Sister of John Hughes Jr., predeceased (wife Jane), the late Patrick Hughes and Jean Hughes both predeceased. Interment of ashes was held at the Espanola Cemetery on Tuesday August 15, 2017 at 1 p.m.. If so desired, Memorial tributes can be made to the Therapeutic Garden Project at the Espanola Regional Hospital and Health Centre / Long Term Care Centre.

## Recipe

Fresh, juicy peaches have arrived in the grocery store. They are one of my favourite fruits and I love to simply peel them,



slice them, and eat them with a bit of sugar and a drizzle of cream and when I'm feeling really ambitious I like to make a couple of batches of peach jam for the winter. The following recipe caught my eye because I love fruit crisps, and due to dietary restrictions I am unable to eat oats which most crisps call for in the topping. This one uses just flour and combined with fresh, seasonal peaches, it sounds like a winner to me.

#### **Fresh Peach Crisp**

#### For the Topping

- 1 cup all-purpose flour
- 1 cup sugar

- 1/2 teaspoon cinnamon
- 1/2 cup butter

#### For the Filling

- 8 to 10 fresh peaches
- 2 tablespoons brown sugar
- 1 tablespoon granulated sugar
- 2 teaspoons cinnamon
- 1/4 teaspoon sea salt
- 1 tablespoon butter

#### **I** For the Topping

In a medium bowl, combine the flour, sugar and cinnamon, and cut in the butter, with

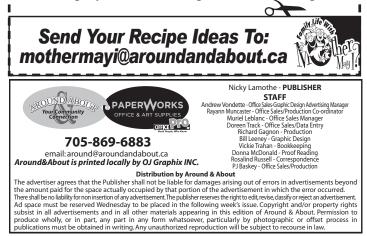
a knife, until crumbly. Set aside.

#### For the Filling

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Preheat oven to 350 degrees. Wash and peel the peaches, and slice thin. Arrange peaches in a 13 x 9-inch greased baking dish. Sprinkle brown sugar, sugar, cinnamon and salt over the peaches, and mix until well

coated. Dot the butter all over the filling, and add the topping mixture. Bake at 350 degrees for about 50 minutes, or until crust is slightly brown and filling mixture is bubbling.



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COMMUNITY NOTES
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**Spanish Horticultural Society**—12th Annual flower and Produce Show—Saturday, September 9 from 12-4p.m 40 Garnier Road in Spanish.

**Living Well With Dementia-**- Learn how to best serve persons with dementia & their care partners. Contact Alzheimer Society for more information 705-560-0603.

**Espanola High School Jump Day Orientation** - Aug 30th 11:00 a.m. to 1:00 p.m. -New Grade 9 Students and their parents/ guardians are invited to JUMP DAY orientation.

**Walford Protestant Cemetery Board**--Is Holding a "Celebration of Life Service" with Pastor Chris Johnson. Tea to follow at Walford Community Centre --SUNDAY SEPT 10, 2017 - 2:00 P.M.

Massey Area Museum presents the 34th Annual Jessie Burnside Memorial Art Show and Sale - August 12-27. Open hours: 9:00 a.m. - 6:00 p.m. weekdays, 10:00 a.m. - 4:00 p.m. weekends No admission, donations gratefully accepted.

**The Good Food Box program** - Now serving Webbwood, Espanola, Nairn & Massey! Now accepting orders for pick up in Webbwood! Get a box of fresh produce at wholesale prices with this non-profit program. Visit goodfoodboxsudbury.ca for info or call 705-869-3171.

**Espanola Helping Hand Food Bank -** located at 87 Centre Street, open every Wednesday between the hours of 10:00 a.m. and 2:00 p.m.

**The Lighthouse Community Luncheon** - is cancelled until further notice because of renovations to the building.

**Toastmasters** - Develop communication and leadership skills. Learn to think quickly and clearly on your feet Mondays 7:00 -8:30 p.m. at the Espanola Hospital board room. For details visit our website http://602922.toastmastersclubs.org.

**Al-Anon Meetings For Families And Friends of Alcoholics** -Tuesdays at 7:00 p.m., St. George's Anglican Church, Espanola. Call 705-869-6595 or 705-869-2505 for more info.

**Drug Problem?** - We've been there. We can help. Narcotics Anonymous, meetings are Tuesdays and Saturdays 7:30 p.m. - 9:00 p.m. United Church Espanola 137 Sheppard St.

**AA Meetings At St. George's Anglican Church** – Tudhope St., Espanola, Wednesday at 8:00 p.m. and also Thursday at the United Church at 8:00 p.m.

## Do you have a NOTE for the Community?

We invite not-for-profit organizations to submit information on their upcoming events in writing no later than *Wednesdays at 3:00 p.m. 25 Word Limit.* E-mail: around@aroundandabout.ca



The Moose 99.3FM CJJM Espanola is proud to support the Canadian Cancer Society for the local area. The Moose is an official media sponsor of this year's Colours of Hope Run 5 K in Espanola taking place OCTOBER 22ND, 2017. You can run, walk, bring the stroller, bike, but let's just beat cancer ... together!!! To register, obtain a pledge form or for more information, visit: www.cancer.ca/coloursofhopeespanola

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