





#### www.aroundandabout.ca

January 24, 2017 Issue #4 - Volume 21

#### Snowarama For Easter Seals Kids



Helping to provide essential mobility equipment and communication devices, as well as summer camp opportunities for children with physical disabilities, are the goals of Snowarama for Easter Seals Kids.

The annual Easter Seals fundraiser is set to go on Sunday, February 12 with registration from 9:00-11:00 a.m. at the Espanola Tim Hortons. The ride will begin at 10:00 a.m.

From there, snowmobilers will head to Fairbanks Lake Resort, trail conditions permitting, for a lunch special and awards.

You can get your pledge forms by contacting Theresa Land at 705-869-1597 or Lisa Richer at 705-865-1441. Easter Seals operates two fully accessible camps for children and the success of Snowarama for Easter Seals Kids would not be possible without the support of the snowmobiling community.

Everyone is welcome to participate in a great day of outdoor fun, good eats and the great feeling that comes from helping children who need it most.





Friday to Sunday
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The One Tot Stop Day Care in Espanola has infant, toddler, preschool and school age spaces available.

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#### Junior Curling Receives Community Support



**Photo:** Back row, left to right: Ethan Lamothe, Sue Cairns, Zowe Hill Front row, left to right: Alyssa Lamothe, Emelia Lamothe.

Junior curling in Espanola is generously supported by the community.

The Royal Canadian Legion Branch 39 donated \$1,337.80 to the group from its November meat roll offs and another round is being planned for February.

"Our group also received a generous donation from Webbwood resident Chuck Lafoley," said Espanola Junior Curling Coordinator Sue Cairns. She said another fundraiser is a silent auction which is currently going on until March 13. The auction includes several signed and numbered prints which were donated by Northern Credit Union. The minimum bid is \$30

and the prints are on display at the Espanola Curling Club.

the Espanola Curling Club.
Cairns said the money raised will go to bonspiel enrollment fees, ice time, coaching and training.
"We appreciate the help our community gives," said Cairns.
"It not only supports junior curling but the future of the Espanola Curling Club."

She said of the twenty kids currently taking part in junior curling, nine of them recently participated in a funspiel to raise money for Victims Services.

Junior curling takes place every Wednesday at 3:30 p.m. and is open to youth aged 6 to 13. Enrollment fees range from \$75 to \$125 depending on age.



#### Recipe

Shepherd's pie is a classic dish and everyone makes their own version. It's one of those versatile recipes where you can use different types of beef, vary the vegetables



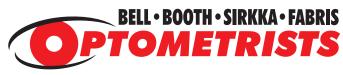
used, and add or not add cheese. My version is quick and simple, and another great way to use ground beef. One of my son's friends, who often stayed with us when the kids were younger, always requested I add cream corn. So now it's part of the recipe, and I think of him every time I make it. It does keep it from being too dry, but can be omitted if desired. This dish is also a great way to use up leftovers if you happen to have gravy and mashed potatoes in your fridge from a previous meal, just omit the packaged gravy.

## Mother May I's Simple Shepherd's Pie



- 1 lb of ground beef
- ½ onion, chopped
- ½ cup frozen peas
- ½ tsp garlic powder
- 1 package of brown gravy mix, plus water
- Freshly ground pepper.
- 1 large can of cream corn
- 4 large potatoes, peeled and cut into chunks
- 1/4 cup- 1/2 cup milk
- 1 heaping tbsp. of butter
- Grated cheddar cheese to cover

Boil potatoes in water until cooked and fork tender. Drain and mash. Add butter and milk (adding 1/4-1/2 cup, depending on the consistency of the potato). Mash them and stir them with your masher or spoon to make them fluffy .Meanwhile brown ground beef in a skillet with the onion. Drain off the fat. Add the garlic powder. Stir in the brown gravy mix plus the amount of water stated on the package. Add the peas. Stir well and allow to boil. Add some freshly ground pepper. Turn down heat and let simmer until thickened. Spray a medium sized casserole dish with non-stick spray. First add the ground beef mixture to the dish. Pour a can of cream corn across the top of the ground beef. Spread the mashed potatoes across to cover the top of the casserole. Top with desired amount of grated cheese. Bake at 350 degrees for 30 minutes or until bubbly around the edges.



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# All The World's William Thomas

williamjthomas@gmail.com

#### Can't Anybody In Port Colborne Drive Anymore?

I've always thought of Port Colborne as a poor man's Niagara-On-The-Lake. Far from upscale, Port nonetheless offers beaches and a walking waterfront, a thriving arts community and a gorgeous little theatre, more good restaurants than towns twice its size and quaint little shops to intrigue tourists and satisfy

Now, with two traffic accidents in the last month involving 17 vehicles in the downtown core, I think Port Colborne has earned a travel feature on Canada's Worst Drivers.

Mid morning on Wednesday, December 14 a guy comes ripping up King Street in a blue pickup truck and hits a parked car ... then another parked car ... then another and I know what you're thinking ... normally wouldn't you give it up after one or two?

"Daredevil Dave," now on a roll and gaining momentum then ploughed into a Honda stopped at the light on Clarence Street and drove it through the front glass doors of The Bargain Shop. Storefront renovations had been completed the day before!

And that should have been the end of it except ... police believe alcohol may have been involved in the same way that when a barn burns to the ground, fire is usually suspected ... except that the driver left that accident scene and aiming his vehicle in the direction of Cleveland, Ohio he proceeded south on King Street and slammed into two more parked cars. Needless to say, it was a bad day for driverless cars in Port Colborne.

Finally, a few blocks south of the small department store with the all-new, open-air entrance the Joie Chitwood Auto Thrill Show came to to end when Daredevil Dave took off on foot. Had Dave taken off on foot when he left the house that morning ... Port Colborne would not be abuzz with tow trucks, body shop workers, insurance agents, bricklayers and glass installers. When you look at it in that light, Dave is kinda good for the local economy.

There was also the very surprised front counter clerk. "No one was hurt, that's the main thing," said Rachael Williams who now wears hockey equipment to work and offers customers: "Visa? MasterCard? Or your licence plate number?"

And the other day, in the parking lot of Food Basics just one block away from The Bargain Shop, a 70-year-old man lost control of his minivan and proceeded to create a 10-vehicle collision in the parking lot. Yeah, the parking lot! Sadly, a 53-year-old woman walking from the store to her car was injured.

So make that two stores, four minutes, two drivers, 17 damaged vehicles including their own and the question remains: "Can't anybody in Port Colborne drive anymore?"

All this is reminiscent of Judy's Bakery in the Portal Village plaza in Port Colborne when a car jumped the curb several years ago and crashed through the front of the store. The car was driven by an older woman having a fight with her husband about the safest place to put the pies she'd just bought. The 75-year-old lady was exiting her parking spot directly in front of the store and bickering with her spouse when she hit the accelerator instead of the brake thereby shearing off both side mirrors as the car plunged through the front door and windows.

She and the car came to rest at the cash register at the back of the store where, by the way, parking is prohibited. Joanne, the only employee working that day, later had the rare experience of watching herself running for her life on the surveillance tape. Although no customers where in the store at the time of the crash, 20 people had been in there five minutes earlier.

When the smashing of glass and crunching of wood stopped, the elderly lady tried to put the car in reverse and back out of the store. "What accident?" "What damage?" For the record, the pies he placed on the back seat and she insisted should be put on the floor ended up on

Quite quickly, the area was swarming with police and firefighters as well as curious onlookers. Judy immediately returned from a visit with another shopkeeper in the mall and implemented the bakery's crisis management plan. Butter tarts. With three dozen freshly baked butter tarts, she made her way through the crowd comforting everybody with a treat, a smile and a few consoling words. Ironically

Continued on page three...



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#### Sea Cadets Train For Biathlon



The Espanola Sea Cadets RCSCC Hero have been taking full advantage of the winter weather conditions as they train for the area competition in Sault Ste. Marie the weekend of January 27 – 29. The cadets are pictured here in Massey after a day of biathlon training and practice, which includes skiing and target shooting.

From left to right are AB Jacob Naubert, LS Anysha Goode, MS Kyle Preuss, LS Tyler Seelen, OS Isabella Skilliter, OS Kindra Finch and kneeling CPO2 Michaela Harbour. Not pictured is CPO1 Riley Nadeau.

Best of luck to the corps in competition.

#### Continued from page two...

the husband of the driver was so upset, he felt he needed two tarts. For Judy, this was a bizarre and once-in-a-lifetime event. At least it would have been except five years earlier another car crashed through her front window making this latest episode a twice-in-a-lifetime event. Hoping not to be 'three times unlucky' Judy considered erecting a STOP sign at the front door or a sign that read — YIELD TO PAYING CUSTOMERS ON FOOT.

So before Port Colborne city workers begin laying down speed bumps on the front steps of every store in town and the shops start offering "Tire Tracks Specials" while installing flashing caution lights next to the checkout counters, can we all get it straight once and for all? NOT ALL STORES IN THE TOWN OF PORT COLBORNE HAVE DRIVE-THRUS!!! OKAY?

So if you visit Port Colborne and you should – it's a lovely little 'walkabout' – downtown merchants want you to know they are not responsible for any personal items in your car, left in their stores overnight.

For comments, ideas and copies of The Legend of Zippy Chippy, go to www.williamthomas.ca



# "The Push For Change" Youth Homelessness Awareness Walk



**Photo:** Joe Roberts on his 9,000 km trek across Canada raising awareness and funds for youth homelessness.

On May 1, 2016, Joe Roberts, former homeless youth, began pushing a shopping cart across Canada to raise awareness and dollars to end youth homelessness. This national trek started from St. John's Newfoundland and will end September 30, 2017, in Vancouver, British Columbia. A 9,000 km, 17 month journey.

Throughout this journey, The Push for Change will raise awareness and funds by engaging at over 400 school and community events. Last Thursday, Roberts was in Espanola to take part in a 2 km walk that ended at the Espanola complex, where Roberts talked about his experiences to those in attendance.

The event was hosted by students and staff at Esc. Franco-Ouest High School. It was a day of learning and hearing Roberts' powerful message about an issue that gets little attention in the media.

To track Roberts' progress towards his end goal in B.C. later this year, check out his website www.thepushforchange.org.

# Espanola Elks "Join on the Spot" Membership Drive 2017



Where? Espanola Mall, Outside of Freshco & Dollarama

When? January 26, 27, 28 & February 2, 3, 4 (Thurs, Fri, Sat) 11:00 a.m. – 3:00 p.m.

Complimentary coffee/tea & donuts available

**HOW DO I JOIN?** Just sign up – sign on the dotted line. **CAN'T BE THERE?** Get an Elks member to sign you up.

Check out our community involvement and the local charities that we donate to as well as a variety of other worthwhile charitable organizations.

MEETINGS: Every 2nd & 4th Wednesday of the month No meetings in July or August. Regular meetings are approx. 1 hr long

**NEED MORE INFORMATION?** Call 705-869-1931 (Hall), 705-862-8463 or 705-869-4302

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ESPANOLA SELF STORAGE -6x8 and 8x10 Storage units available in Espanola. Located behind the car wash. Call 705-869-8405. 03/14 - R

**THERAPY** MASSAGE ACUPUNCTURE - By Cheryl Van Allen, R.M.T. Treatment focused on pain relief or relaxation. Covered by most insurance companies. Gift certificates available at the front desk. Located at the Pinewood Motor Inn. 705-869-3460. 1/24 - R

CHIMNEY CLEANING - Over 20 years of local experience in cleaning, repairs, and installations. For your security, have your chimney cleaned and checked today. Call Larry at 705-844-2878. 3/7

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- Located at Physio Moves in the Espanola Hospital. Accepting new patients. WSIB and MVA patients welcome. Acupuncture available. Visit www.physiomoves.net for services, rates, and hours, or call 705-988-3737 1/24 - **R** 

#### **FOR RENT**

**FOR RENT** – Two bedroom apt. available March 6 in Webbwood. \$700.00 plus hydro. Call 705-869-5332. 1/24.

FOR RENT - Two bedroom apt fridge and stove included, \$700.00 plus utilities, near down town Espanola. Call Roger Scheel 705-698-0645. tfn

FOR RENT – 3 bedroom townhouse in Espanola available March 1, 2017. Non smoking. No pets. Rent \$750.00 plus utilities. First & last months' required plus references. Call 705-869-3223.

FOR RENT – Available March 1. 1 bedroom apartment fully furnished. \$600.00 per month, includes heat, utilities. First and last months required. Ideal for a mature person or couple. Call 705-869-1726. 1/31

FOR RENT - Two bedroom, \$700 plus. One bedroom, main floor great for seniors, outdoor patio. \$750 plus. Laundry facilities available in building, parking and a storage unit. Both available now. Call 705-869-5989. R 2/7

#### **CLASSES**

LITTLE ART **GARAGE** - Sculpting Art Classes new registration dates: January 21, 22 February 4, 5 March 11, 12, 25, 26 at SasseyPhotoz in Espanola. Why not host an art party in your home? Call 705-869-7743 or visit www. littleartgarage.com to register. Gift certificates available. 2/28

#### 705-869-6883

email: around@aroundandabout.ca

Around&About is printed locally by OJ Graphix INC.

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#### **EMPLOYMENT OPPORTUNITY**

## **Employment Opportunity** Receptionist / Office Clerk

**Temporary** 

Experience an asset but training provided Please submit resume in person to;

H & R Block 3-123 Tudhope St Espanola Deadline Feb 01-2017 @ 2 pm



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Only those selected for an interview will be contacted. Thank you to all who apply.

The **Espanola Regional Hospital and Health Centre** is currently seeking passionate, qualified applicants for the position of...



#### **Housekeeping Aide** (Permanent, Part Time)



In this role, the successful candidate will be charged with keeping designated areas safe, clean, and orderly at all times. This is accomplished by performing cleaning and other related tasks, as assigned by the Manager of Environmental Services.

The successful candidate will be capable of standing and walking for Individuals in the Housekeeping Aide position will be expected to work independently and with minimal supervision from the supervisor. Bilingualism in French and English is an asset, as is previous related experience working in the healthcare setting.

At the Espanola Regional Hospital, we are committed to our "patients first" philosophy and are seen as a model organization for small communities. If you would like to be considered for this exciting opportunity, **please** apply in confidence by forwarding your resume and cover letter, outlining all relevant qualifications, by January 31, 2017 to:

> **Human Resources** Espanola Regional Hospital and Health Centre 825 McKinnon Drive, Espanola, Ontario P5E 1R4 Fax: (705) 869-4039 Email: recruitment@esphosp.on.ca

Thank you for your interest, however, only those applicants under consideration will be contacted.

The Espanola Regional Hospital and Health Centre is currently seeking passionate, qualified applicants for the position of...



# (2) Housekeeping Aides (Permanent, Casual)



In this role, the successful candidate will be charged with keeping

designated areas safe, clean, and orderly at all times. This is accomplished by performing cleaning and other related tasks, as assigned by the Manager of Environmental Services.

The successful candidate will be capable of standing and walking for several hours, as well as safely lifting weights of up to 50 pounds. Individuals in the Housekeeping Aide position will be expected to work independently and with minimal supervision from the supervisor. Bilingualism in French and English is an asset, as is previous related experience working in the healthcare setting.

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Email: recruitment@esphosp.on.ca

Thank you for your interest, however, only those applicants under consideration will be contacted.

#### **NOTICES**

#### **RURAL HEALTH HUB - ONLINE PATIENT SURVEY**

We are committed to providing the best health care experience for our patients and their families and one way to measure how we are doing is to conduct surveys.

The Ministry of Health is piloting five projects in Ontario to develop Rural Health Hubs and our region was chosen as one of those projects. In order to evaluate our services

we are gathering information from those who provide health care including Hospitals, Long Term Care Homes, Home and Health Care services, Community Support services, Primary Care services and Mental Health and Addictions services, as well as, from the community. It is essential that we hear about the patient experience from those who have accessed the services.

**Your input is important to us.** We are asking that you complete our online survey to help us identify the gaps and issues you and/or your family have experienced when accessing health care and share your ideas on how to help improve these services.

To access the survey, use the following link: https://www.surveymonkey.com/r/rhhpatient.



#### TOWNSHIP OF NAIRN AND HYMAN

#### NOTICE TO PERSONS QUALIFIED TO HOLD OFFICE AS A MEMBER OF COUNCIL

The Corporation of the Township of Nairn and Hyman is in the process of filling a vacant seat of a member of Council for the remainder of the current term of Council which expires November 30th, 2018.

Council invites any person qualified pursuant to Sections 17(2) and 29(1) of the Municipal Elections Act, 1996 to hold office as a member of Council to submit the following:

- 1) Nomination Paper Form 1.
- 2) Council Vacancy Application Form.

Original signed copies of Form 1 and the Council Vacancy Application Form will be received by the undersigned on or before February 10th, 2017 at 4:00 p.m. Applications will be reviewed at the regular meeting of Council on February 14, 2017 at 7:00 p.m.

Dated at the Township of Nairn and Hyman this 17th day of January, 2017.

Robert Deschene CAO, Clerk Treasurer Township of Nairn and Hyman 64 McIntyre Street Nairn Centre, Ontario P0M 2L0 Tel. 705-869-4232





# **COMMUNITY NOTES**

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**Voices of Spring Community Choir** - Enjoy singing? Join us on Saturday mornings at 10:30 am in the basement of St. Andrew's United Church, Massey beginning Jan. 21st. Call 705-863-0781 for more info.

**Espanola Elks "Join on the Spot" Membership Drive 2017** - Espanola Mall outside of Freshco and Dollarama. January 26, 27, 28 & February 2, 3, 4 (Thursday, Friday, Saturday) from 11:00 a.m. – 3:00 p.m.

**Family Playtime (drop-in)** - Espanola Public Library starting Thursday, February 2 from 10:00 - 11:30 a.m. for 6 weeks. Free, no registration required.

**Horticultural Society General Meeting** - Monday, February 6 at 7:00 p.m. at the Queensway Pentecostal Church. Guest speaker James St. John, Superintendent of Horticulture for Greater Sudbury. Everyone invited.

**Adult Grief Support Group** – Starting February 8, every second Wednesday of the week from 1:30 – 3:00 p.m., 799 Queensway Espanola. Please register ahead of time by calling 705-862-7991 ext. 237

**33rd Annual Spaghetti Supper/Elimination Draw** – Knights of Columbus Hall, February 10, 5:00 p.m. – 2:00 a.m. Tickets available from any K of C member or call 705-869-3491 (4:00 – 6:00 p.m. weekdays) or 705-869-0692.

**13th Annual Camp Quality Fundspiel** - February 17 & 18. Looking for 16 teams. Dinner & Entertainment. For more info call 705-869-2133.

**Good Food Box** - Supported by United Way, the Good Food Box makes it easy to access affordable fresh produce. Serving Espanola, Nairn Centre and Massey. Visit goodfoodboxsudbury.ca for info.

**Toastmasters** - Develop communication and leadership skills. Learn to think quickly and clearly on your feet Mondays 7:00 - 8:30 p.m. at the Espanola Hospital board room. For details visit our website http://602922. toastmastersclubs.org.

**Al-Anon Meetings For Families And Friends of Alcoholics** - Tuesdays at 7:00 p.m., St. George's Anglican Church, Espanola. Call 705-869-6595 or 705-869-2505 for more info.

**Drug Problem?** - We've been there. We can help. Narcotics Anonymous, meetings are Tuesdays and Saturdays 7:30 p.m. - 9:00 p.m. United Church Espanola 137 Sheppard St.

Do you have a NOTE for the Community?

We invite not-for-profit organizations to submit information on their upcoming events in writing no later than *Wednesdays at 3:00 p.m. 25 Word Limit.* 

E-mail: around@aroundandabout.ca

# **CUPE**

CUPE represents over 30,000 social services workers in the Province of Ontario. We work hard to provide care to people with developmental disabilities, providing child care, working with families in crisis and delivering programs such as Ontario Works. Government cuts force cuts to the people we serve. Social service workers are leading campaigns to defend our work.



## Moose ≥ > Corner

**THAT'S A LOT OF STITCHES: CAN YOU DO THIS?: THE 1 YEAR OF STITCHES 2017** is a year-long project with an on-line group that commits to stitching daily and taking a photo each day/week to log their progress. Every Sunday, everyone in the group, which now has over 1,000 participants, is asked to post a single photo of the progress made during the week in a collective album on the 1 Year of Stitches: 2017 Facebook page. THE MOOSE IS PROUD TO SUPPORT SUCH AN AWESOME COMMUNITY EFFORT... this being Canada's 150th birthday, there are plenty of themes available ... JOIN THE GROUP AND HAVE FUN!!!