

**Domtar Paper** (8.5x11)  
**\$6.29 Per Package** (500 Sheets)  
**\$54.99 case BOX OF TEN**



**PAPERWORKS**  
 OFFICE & ART SUPPLIES

**OFFICE Pro**  
 Good People, Who Know

The Little Paper That Makes A Big Difference

**AROUND & ABOUT**  
 Your Community Connection

Est. 1996

[www.aroundandabout.ca](http://www.aroundandabout.ca)  
 March 7, 2017 Issue #10 - Volume 21

**PAPERWORKS**  
 OFFICE & ART SUPPLIES

**OFFICE Pro**  
 Good People, Who Know

**NEW LOCATION**  
**85 Centre Street**  
 (Highway 6, across from EPS)  
**Hours: Mon-Fri 9-5:30**

**2017 Switchback Pro S**  
**600 & 800 cc**  
**0% Financing**



**POLARIS**

**TRAIL SIDE SPORTS**

**705-869-0170**  
[rick@trailsidesports.com](mailto:rick@trailsidesports.com)

**Exhibit Shades Of Our Sisters Honours Missing And Murdered Aboriginal Women**



*Photo - The cross marks the passing of Sonya Cywink of Whitefish River First Nation. Sonya was only 31 years old when she was murdered in Elgin County in 1994.*

One can't help, but talk in hushed tones and step lightly in the sacred space, which was set up at Espanola High School this past Saturday. It was all the more sacred since one of the two murdered women being remembered hails from the local area. 'Shades of Our Sisters,' is a group of unique collaborative multimedia installations, including two short documentary films and a number of art displays honouring the lives of Whitefish River First Nations' Sonya Cywink and Alderville's Patricia Carpenter, two murdered indigenous women. Sonya Nadine Cywink from Whitefish River First Nation was only 31 years old when she was murdered in the early 1990s.

*Continued on page five...*

**CANADIAN TIRE**

**ESPANOLA**

**NEED AN ALIGNMENT?**  
**Canadian Tire is the place to go**  
 We have 2 alignment machines  
 One is brand new and state of the art

**FREE ALIGNMENT CHECK**

**No appointment needed!**

**ONLY TAKES 2 MINUTES**



**4 SEASON'S**  
 septic service

For Your Septic & Porta Potty Needs

**NOW SERVING ESPANOLA & AREA!!**

**705-869-2448**  
**705-356-3444**  
**1-800-587-3599**

**NOW STOCKING**

**XPS OILS**

**ski-doo**


**Garnet's**

Like us on Facebook

120 McCulloch Dr., Espanola PH: (705) 869-2886



**Spring Forward**  
**Sunday, March 12th**



Remember to turn your clocks **FORWARD** one hour!  
 This is also a good time to check the power, and change the batteries in your smoke detectors!!

**Home hardware**  
**ESPANOLA**

**705-869-2130**  
**830 Centre Street**  
**Espanola**

**48" Oak Stair Treads**  
**\$49.99**





## TOWNSHIP OF SABLES-SPANISH RIVERS

Phone: (705) 865-2646 Fax: (705) 865-2736

Email: [inquiries@sables-spanish.ca](mailto:inquiries@sables-spanish.ca)

11 Birch Lake Road, Massey, ON, P0P 1P0

Website: [www.sables-spanish.ca](http://www.sables-spanish.ca)

### PUBLIC NOTICE Pursuant to Bylaw 2012-05

TAKE NOTICE that the Council of the Corporation of the Township of Sables-Spanish Rivers will consider amendments to the User Fee Bylaw as follows, at a meeting on WEDNESDAY APRIL 12, 2017 at 7:00 p.m. in the Council Chambers at 11 Birch Lake Road, Massey, Ontario.

- municipal sewers in Webbwood
- hauled sewage disposal fees (contractor)
- Massey water rates to include filling of large portable containers and the requirement for landlords to be responsible for all new tenants' water bills
- Parks and Recreation Department

Further information is available at the municipal office upon request.

Dated this 7th day of March, 2017.  
Kim Sloss, Clerk-Administrator

### SENIOR OF THE YEAR & YOUTH VOLUNTEER AWARD

Council is requesting nominations for "Senior of the Year" & "Youth Volunteer". This is our opportunity to honour outstanding local residents. Recipients of both awards must reside in the Township of Sables-Spanish Rivers.

Recipients of the "Senior of the Year" are individuals who, after age 65, have enriched the social, cultural or civic life of the community without thought of personal or financial gain. Ontario seniors deserve special recognition for their outstanding accomplishments.

Recipients of the "Youth Volunteer" are individuals between the ages of 15 – 24 who have contributed a significant amount of time and service without pay to a charity, not for profit organization or an individual.

Please submit your nomination no later than 12:00 p.m., Friday, April 7th, 2017 to the Township Office. Nomination forms are available at the office or from our website, [www.sables-spanish.ca](http://www.sables-spanish.ca)

### SUMMER STUDENT EMPLOYMENT OPPORTUNITIES

Applications for summer student employment are being accepted for the Public Works Department  
Employment is conditional upon approval of grant funding

- Applicants must meet the following eligibility requirements:
- returning to school on a full-time basis during the next academic year (must provide proof of registration)
  - is a student in a secondary, post secondary, vocational or technical program; priority is given to students in post secondary education
  - drivers' licence with clean drivers' abstract would be considered an asset
  - is legally entitled to work in Canada

Resumes will be received until 12:00 p.m., Friday, April 21, 2017  
Kim Sloss, Clerk-Administrator

### PROPERTY TAX BILLS

Tax bills were due February 28th, 2017. If you have not received a tax bill, please contact the Township Office to confirm your mailing address to avoid misdirected mail. We would also like to remind you that we offer payment through online banking, pre-authorized debit as well as e-billing. If you wish to receive more information on any of these options, please give us a call!

### WATER BILLS

Water bills were sent out at the beginning of January and are due by March 31st. To help manage your account, we offer monthly and quarterly preauthorized payments. You also have the option to make payments using online banking. If you have questions regarding these forms of payment, please contact the municipal office.

### REDUCED LOADS ON MUNICIPAL ROADS

Please note that pursuant to Bylaw 2013-22 the reduced load period on municipal roads is in effect from March 1st to June 15th of each year, while appropriate signage is erected.

Only satisfactory road conditions will decide if the load restriction shall be removed prior to June 15th, as determined by Public Works.

### COUNCIL & COMMITTEE MEETINGS

Council and Committee meetings are open to the public. Everyone is welcome to attend! All meetings begin at 7:00 pm unless otherwise stated. A meeting schedule is posted on the door of the Municipal Office.

- Public Works Committee meets the first Wednesday of each month
- Council meets the second and fourth Wednesday of each month
- Parks & Recreation/Economic Development meet on the third Wednesday of each month

### CANADA 150TH CELEBRATIONS

The Economic Development Committee will be hosting a meeting for Not for Profit organizations on March 23 @ 6:00 PM at the Massey Fire Hall.

This is an opportunity for your organization to discuss plans for Canada's 150th celebrations and network with other organizations in the Municipality.

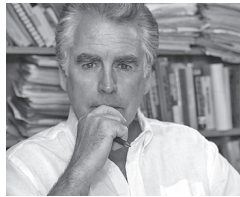
Please contact Kelli Hansson @ (705) 865-2646 or [khansson@sables-spanish.ca](mailto:khansson@sables-spanish.ca) to confirm attendance.

### MASSEY AGRICULTURAL SOCIETY ROAST BEEF DINNER

The Massey Agricultural Society celebrates Canada's 150th Birthday with a Roast Beef Dinner!

Come join us on Saturday, March 25, 2017 at 6:00 pm at the Walford Community Centre  
(Doors open at 5 pm). Tickets are \$20 each. Call Noreen for advance tickets at 705-869-7876

**At Your Fingertip Business Directory**  
 High Circulation • Competitive Rates  
 FREE distribution to your customers!  
 To Advertise in the Around & About  
 Business Directory, call 705-869-6883



# All The World's A Circus

William Thomas

williamjthomas@gmail.com

## RON RIVET Like us on Facebook CLEANING SERVICES

**25 YEARS OF EXPERIENCE**

- Carpet & Upholstery Cleaning
- Tile & Grout Cleaning

**www.rrcs.ca 705-862-1914**

**LAMBAC**  
 A Community Futures Development Corporation  
 Une Société d'aide au développement des collectivités

(705) 869-3656  
 1-800-461-5131

- Business Services
- Services commerciaux
- Business Loans
- Prêt D'affaires

www.lambac.org info@lambac.org

**Dittrich's Hair Design**  
 "A Look With A Difference"

To see our latest Monthly Deals **705-869-2915**

 Like us on Facebook

**RAINBOWCOUNTRY GENERAL SERVICES**

705-863-2492  
 SPECIALIZING IN KEEPING SENIORS IN THEIR HOME  
 ANY JOB. ANY SIZE. ANYTIME

- Special Rates for Seniors
- Renovations
- Light Plumbing
- Light Electrical
- Shed Packages
- Siding
- Demolition
- Dump runs
- Tree Removal
- Lawn Cutting
- Snow removal
- Decks/patio and Fencing.

http://rainbowcountry.wixsite.com/generalservices

**Don's Electric**  
 (705) 869-0511  
 Cell (705)-862-0753  
 E.C.R.A./E.S.A. #7009119  
 Email: dcf@personainternet.com

**JC Plumbing & Heating**  
**Jason Cowles**  
 Certified Technician  
 Serving Espanola & Area  
 Business 705-583-3040  
 Mobile 705-863-3332  
 Sales & Service

**TV Bingo**  
 6:30 P.M.  
 Wednesdays  
 Espanola

**Tune into Local Channel 10 or come on out to the Espanola Regional Recreation Complex.**

## February – A Month Too Weird For The Calendar

I knew February was going to be a very weird month when I read the message from my fortune cookie: "Very little is needed to make a happy life." And underneath they listed my six luck numbers to help me win the lottery.

With President Trump stoking the fires of world conflict, you had to know the world was on 'tilt' when the war that broke out last month was over pineapple on pizza. Really. For some reason President Guoni Th. Johannesson of Iceland in a talk to high school students claimed that if he had sole power to enact laws he would make pineapple on pizza illegal. He then rambled on about how much he hated Hawaiian pizza. You'd think the leader of Iceland might have more pressing problems like the disappearance of ... ice. On the other hand, when you live in a country where 54.4% of the population ... not making that up ... still believes in elves, then maybe putting pineapple on pizza is as horrible as North Korea's leader killing his fatter, older brother. Comedian Craig Ferguson's take on the controversy of putting fruit on a tomato-based pie: "Just because you can do it, doesn't mean you should. Pineapple on pizza might be legal, but it's also immoral!!" Not yet weird enough for you? Hawaiian pineapple pizza was invented in London, Ontario. (It's actually the middle name "Th." that bothers me more than the Don Ho baked dough.)

In what has to be the weirdest political assassination in history, Kim John-nam, eldest son of Supreme Leader Kim Jong II (fittingly pronounced "ill") was murdered by current North Korean leader Kim Jong-un, his half brother. The perpetrator Kim Jong-un is a paranoid schizoid who kills family and opposition members, holds a nation of 2.5 million

people in a zombie-like state of starvation and hopes one day to launch a nuclear weapons strike against the United States. The victim, Kim Jong-nam just wanted to mind his own business and visit Tokyo Disney. As far as political assassinations go – I think they got the wrong one!

Two full-grown goats were found roaming the streets of Nampa, Idaho wearing really nice royal blue snuggles. No explanation but if you have one, contact the Nampa police at: #WeveGotYourGoat. In Manchester, New Hampshire children sang "Here Comes The Bride" at a ceremony in which two ducks who were born at the school were married in holy matrimony. It's unclear if this event caused the heroin overdose of a three-month-old German Shepherd at a Home Depot in Texas but – he's recovering nicely.

In February a Chinese man known as "Iron Crotch Kung Fu Master" ... you probably know where this is going ... released a video in which his students were encouraged to kick him in the groin as well as hammer away at his private parts with bricks and a battering ram. (As I am writing this, my legs are crossed so tightly I've lost feeling in my feet!) Formerly a family secret, "Iron Crotch" says he wants his eunuch ... sorry, unique style of Kung Fu more accessible to the public. I've seen the video and ... trust me, this guys' not busting anybody's balls!

So as not to fast forward the Doomsday Clock by a full four minutes, I'm going to pass on such February news items as the vagina-sealing glue stick, the politician in Sweden who's proposing sex breaks for workers, the Toronto driver who by faithfully following his GPS, launched

Continued on page three...

**ROYAL LEPAGE**  
**Anderson Realty**  
 BROKERAGE  
 INDEPENDENTLY OWNED AND OPERATED

2-114 Mead Street  
 Espanola, ON P5E 1S5

Office: 705-869-4230  
 Cell: 705-862-4188  
 Fax: 705-869-6299  
 Email: paul.wright@royallepage.ca

**Paul Wright**  
 Sales Representative

**Celia Chaput, ctc**  
 Independent Travel Consultant

**Want to get away? I can help!**

AIR • HOTEL • CAR RENTAL • CRUISE • ALL-INCLUSIVE PACKAGES • ESCORTED TOURS • ATTRACTION TICKETS • TRAVEL INSURANCE

**1.800.267.8713** ext. 6590, email  
 cchaput@caaneo.on.ca or by mobile **705.863.1155**  
 https://caaneo.tstllc.net/agent/CeliaChaput





**Sacred Heart Daycare Centre**  
**INFANT, TODDLER, PRESCHOOL**  
**BEFORE AND AFTER SCHOOL**  
**SPACES AVAILABLE!**

*Our Children, Our Future*  
*Nos enfants, notre avenir*

Financial Assistance is available for those who qualify  
 For more information, please call  
**705-869-3171**  
[www.ourchildren-ourfuture.net](http://www.ourchildren-ourfuture.net)

Continued from page two...

his car 2,624-feet into the Queen's Quay station street car tunnel, the ghost filmed pedalling an exercise bike in a gym in Mexico sparking proof of an after life, the Pennsylvania mother who mailed a bag of garbage to her son at college because he forgot to take the trash out the last time he was home, the phone of Adolph Hitler (Trump: "A strong leader. I think we would get along.") which sold for \$243,000 at auction, the Palestinian barber who straightens hair by setting his customer's head on fire and the puppy in Britain who swallowed at eight-inch kitchen knife and survived, but is still suffering the kind of indigestion you get from eating four pineapple pizzas at one sitting.

And finally, just when you thought American politics could not possibly get any loonier, in stumbles 20-year-old Jared Brown of Buffalo, New York. On December 26th of last year, Brown was arrested for threatening to kill newly-elected President Donald Trump. Late last month he was sentenced to two years in jail. When he made the threat to kill the president, he was on supervised release

for a 15-month sentence for threatening to kill ... wait for it ... President Barack Obama. Digging a little deeper, past Jared's obvious anger issues and the fact that he's thicker than a half-baked Chicago-style deep-dish pizza, at the very least this kid is politically engaged. Given that he threatened to kill both a Democratic and a Republican President, Jared showed a great deal of bipartisanship, something both the U.S. House of Congress and the Senate could use a very strong dose of these days. An equal-opportunity, would-be assassin who crossed the colour divide, Jared is obviously not a racist. Simply put, he just doesn't like presidents. Also, much like myself Jared feels he's got better things to do on Boxing Day than go shopping. Still the weirdest thing on the planet is the carry-over from the month of January, January 20th to be exact. Three words: President Donald Trump. Makes that crazy glue thing seem normal.

For comments, ideas and copies of The Legend of Zippy Chippy, go to [www.williamthomas.ca](http://www.williamthomas.ca)

**ANYTIME FITNESS** 

**NOW OPEN**

**OPEN 24/7 365!**  
**1 AFFORDABLE MEMBERSHIP GIVES YOU ACCESS TO +3,000 CLUBS WORLDWIDE!**  
**COME IN TODAY TO BE A PART OF THE HAPPIEST FAMILY, THE ANYTIME FAMILY!**

**LOCATED IN THE ESPANOLA MALL 705-869-2407**

**Webbwood Recreation Committee Raises Funds For A Bursary:**



On behalf of the Webbwood Recreation Committee, Tracey Vandergulik presented a cheque in the amount of \$250 for a bursary, which will go to a deserving graduating Espanola High School student this June. The only criteria, the student has to call Webbwood home. The money was raised through a number of fund-raisers over

the last year hosted by the committee. Photo: Accepting the cheque for the bursary for \$250 from Webbwood Recreation Committee chair, Tracey Vandergulik, is Espanola High School Guidance Counsellor, Glyn Middell. The school will announce the worthy recipient in June at graduation time. Photo supplied.

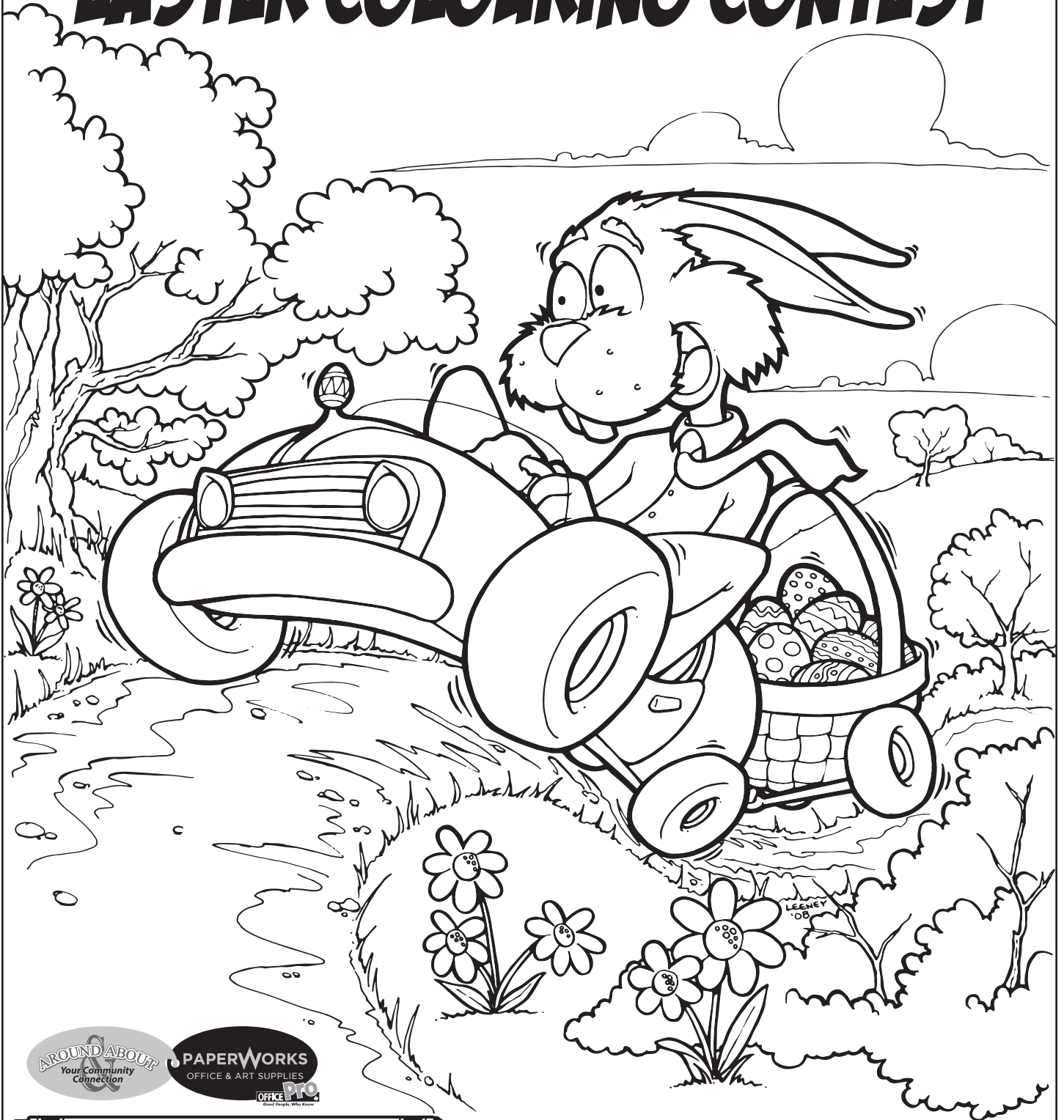
 **STEVE'S**  
**PLUMBING & HEATING**  
**705-863-2877**  
**steve@stevesplumbingheating.com**

SALES AND SERVICE OF: • furnaces • fireplaces • boilers  
**FREE ESTIMATES**  Like us on Facebook

**Steve Donnelly** Over 15 years experience locally

Espanola Police Constable Ed Stortz,  
 Thank you for noticing the back gate of our SUV was left open to possible thieves and the elements last night. I was sleeping in the downstairs bedroom when you called so my wife Shirley answered the door. I must have inadvertently, I guess, pressed the wrong remote button when checking from inside the house that the car was locked before retiring. It just goes to prove, in our opinion at least, replacing the Espanola Town Police Service with the OPP would be a disservice to local residents. That is especially the case now the OPP have according to news reports decided to eliminate the local immediate OPP presence changing to a more remote formula based primarily on technology. I intend to send copies of this by email to the local newspapers as well as Espanola council. Thanks again for the great service.  
**Bob Gordon**

# EASTER COLOURING CONTEST



It's A Colouring Contest!

Colour this picture and drop it off at  
Around&About/PaperWorks for your  
chance to win fun prizes.

Ages 3-12. Only one entry per child. Entries accepted until March 31st, 2017

NAME: \_\_\_\_\_

AGE: \_\_\_\_\_

PHONE: \_\_\_\_\_

Continued from front page...

## Exhibit Shades Of Our Sisters Honours Missing And Murdered Aboriginal Women

An avid writer and the second youngest of 13 siblings, she was found slain on August 30th, 1994, in Elgin County, Ontario.

Patricia (Trish) Carpenter from Alderville, a 14-year-old mother of a two-month-old boy, was found dead at a Toronto construction site on September 25th, 1992. The coroner's investigative statement says Carpenter's body was "wedged very tightly, head-first, into a pit..." and that she died of asphyxiation. Members of her family, as well as construction workers who found her body, say it would have been impossible for Carpenter to have simply fallen into the hole, given that the opening was just 55 by 58 centimetres in size and about two metres deep.

Both cases are still unsolved.

Josephine Tse travels with the exhibit and took a few moments to talk to this reporter about the significance of the exhibit.

"How she lived, how she is loved and how much she is missed. These are the Shades of Our Sisters." is the statement we convey with this display," explains Tse. "The exhibit is the thesis for a number of us from Ryerson University, but it is more than that.

"It started out as a project for four of us third-year media students; myself, Laura Heidenheim, Michael Rebellato and Tomas Maturana ... but in the end, eight people worked directly on this project, as well as family members and other supporters, it became so much more than 'just' an exhibit. It represents so many missing and murdered Aboriginal women's stories."

Named 'Shades of our Sisters' by

the families of Sonya and Patricia, the title of the exhibit originates from an old Ojibwe understanding. Within this teaching, shades are said to be what is left behind on this earth when a person's spirit passes to the land of their ancestors.

One of the four students knew Maggie Cywink, a sister of Sonja, they talked and then met Alex Cywink, one of Sonja's brothers and the two became producers, and in turn, they introduced the students to the parents of Patricia. Joyce Carpenter, Patricia's mother, is yet another producer. From there, the project grew to become the travelling exhibit.

The exhibit is set up as personalized space, one side for Sonja, the other for Patricia. There is a girl's Brownie uniform, Cabbage Patch dolls, books, stories from Sonja, and a cross, a stark wooden cross marking her death and now travelling with the exhibit.

"The families both have complete control over the displays ... it is what they wanted to share with us ... and, in turn, the public."

This was the students' thesis, but for the families it is so much more, it keeps their daughters close and it keeps the memory of so many missing and murdered Aboriginal women alive. Short documentaries, soundscapes and personal artifacts tell a story of who these women were and what the loss of their life means to those who love them.

Tse says they will keep travelling with the exhibit as long as they can and have already received requests to continue their tour. For more information and to share the women's stories, visit the website: shadesofoursisters.com

Photo by Rosalind Russell

## No More Cut-Offs From Electricity OEB Says Restore Power To Everyone

The Ontario Energy Board (OEB) has ordered utility companies in the province to reconnect all customers currently without power. The order also states that companies must remove load-limiters, a device used to restrict the flow of electricity, from the homes of all residential customers. This includes Espanola Hydro as well, so there will be no more disconnection letters for those who are late with their payments. However, that doesn't mean you don't have to pay, it still could affect your credit and is required payment, but there is now breathing room for those who are not able to pay a high bill all at once. It is recommended you contact your local utility for payment arrangements.

The order will see roughly 930 customers from across Ontario reconnected to their electricity services. An additional 3,000 customers will have load-limiters removed.

I expect that distributors will make reconnections and the removal of load limiting devices a high priority," said Brian Hewson, vice president of consumer protection at the OEB. "The OEB will be closely monitoring electricity distributor progress, and will take further action if it appears that a given distributor is not acting responsibly."

The OEB's decision came only a day after the government rushed through the Protection of Vulnerable Energy Customers Act and a failed ultimatum from Energy Minister Glenn Thibeault and Premier Kathleen Wynne to end winter disconnections voluntarily.

Wynne and Thibeault gave the province's utility companies until midnight to either change their policies or face the threat of government action.

"I asked all the [utility companies] to comply with the voluntary letter and we almost had all of them," Thibeault said. "It's just those that couldn't do it for one reason or another. And some of them, for example, needed to bring it to their board. So that's why they couldn't agree."

Of the roughly 70 utility companies

in Ontario, Thibeault says he's aware of only two that were unable to comply with his voluntary request.

Thibeault won't "name and shame" these companies, but says their reasons for not complying with his request are "legitimate."

"I find it to be in the public interest to amend the licenses of all electricity distributors in order to ensure that residential customers are not disconnected for non-payment for the balance of the 2016 - 2017 winter," Hewson said. "I understand that a number of electricity distributors have acceded to the Minister's request to voluntarily suspend the disconnection of residential customers, but others have not."

The order states that utility companies must comply in a "reasonable" time, but does not provide specifics in terms of when all customers must be reconnected. All reconnection charges, including fees for the removal of load-limiters, must be waived by the utility companies. The decision also states that companies are prohibited from any further disconnections or the use of load-limiters between now and April 30.

Companies must also work with customers to ensure they have access to available assistance programs and any government relief.

"During the ban on residential disconnection for non-payment, I also expect distributors to focus efforts on promoting solutions for customers that have substantial arrears, including offering arrears management plans; increasing awareness of assistance or support that may be available through the Low-Income Emergency Assistance Program, the Ontario Electricity Support Program or other sources," said Hewson.

The OEB says it will conduct a full and thorough review of its customer service guidelines "in the near future." According to Thursday's decision, rules surrounding disconnections from natural gas and electrical services will be a key component of this review.

The ban came into affect Wednesday, February 22nd, 2017.

**BELL • BOOTH • SIRKKA • FABRIS**  
  
**OPTOMETRISTS**

**Espanola Mall**  
**Little Current Hospital**

**705-869-2030**  
**705-368-3245**  
*your eyes deserve an optometrist®*

  
*The Canadian Association of Optometrists*  
**opto.ca**

**OK TIRE™**

**Automotive services, maintenance and repairs, oil/fluid changes, tires, wheel alignments, and much more!**

**Drop in or call to book your appointment**  
**705-869-0333**



# CLASSIFIEDS

Real Estate • Rentals • Services  
Lost & Found • Items For Sale  
Prayers • Thank You • Notices  
Personals • Vehicles  
Special Occasion

Highest Circulation &  
Best Rates In Town!



705-869-6883

## SERVICES

**LEE VALLEY FEEDS** – Freys Hatchery price lists are here now. Day old chicks, started birds, ready to lay pullets, ducks, turkeys, etc. Available from March – September. Call us or come see us to place your order. We carry a complete line of poultry, pet, and large animal feeds, available in bags, totes or bulk. We also do custom mixes. Continuous supply of wood pellets in stock. Lee Valley Feeds. 416 Lee Valley Road, Massey. 705-865-9996. 3/21.

**MASSAGE THERAPY & ACUPUNCTURE** - By Cheryl Van Allen, R.M.T. Treatment focused on pain relief or relaxation. Covered by most insurance companies. Gift certificates available at the front desk. Located at the Pinewood Motor Inn. 705-869-3460. 3/21 - R

**HANDYMAN - ODD JOBS COLOMBUS** - Need something fixed, painted, patched, drywalled, or something put together, give me a call. Stephane Coulombe 705-863-3434. colombus87@eastlink.ca 4/10 - R

**CHIMNEY CLEANING** – Over 20 years of local experience in cleaning, repairs, and installations. For your security, have your chimney cleaned and checked today. Call Larry at 705-844-2878. 3/7

**ESPANOLA SELF STORAGE** – 6x8 and 8x10 Storage units available in Espanola. Located behind the car wash. Call 705-869-8405. 03/14 - R

**PHYSIOTHERAPY OFFERED BY MARILYN WITTMANN** - Located at Physio Moves in the Espanola Hospital. Accepting new patients. WSIB and MVA patients welcome. Acupuncture available. Visit [www.physiomoves.net](http://www.physiomoves.net) for services, rates, and hours, or call 705-988-3737 3/21 - R

**THE KITCHEN** - fresh from mine to yours! Make meal time and get-togethers easier. Delicious home-cooked meals ready to go, perogies, cabbage rolls, meat pies, baking and more. Special requests also accepted. Please call 705-929-5768, email [thekitchen@bell.net](mailto:thekitchen@bell.net) or see my Facebook Page. 3/28

## FOR SALE

**FOR SALE** – 2016 Maple Syrup, 25% off, quantity discounts available. Northern Forest Maples, Walford 705-844-9977. 3/14

## THANK YOU

The Family of Terry Beauchamp, & Donna Beauchamp wish to extend our sincere thanks for the many condolences, cards, and support that we have received from the family and friends. We would also like to thank Bourcier Funeral Home and staff for all of their help. As well, we would like to thank the priest for the wonderful funeral. Thank you all.  
Donna Beauchamp & Family

## EMPLOYMENT OPPORTUNITY



Espanola & Area

Family Health Team

PART-TIME RPN

We require one part-time RPN. The successful candidate will work collaboratively with physicians, RNs and other members of the team to ensure excellent care for clinic patients.

### QUALIFICATIONS:

- The successful candidate should possess the following:
- Completion of RPN/RNA Diploma program with current registration in good standing with the College of Nurses of Ontario
  - Knowledge and understanding of the Canadian Triage and Acuity Scale.
  - Demonstrated knowledge of the role of interdisciplinary health care providers as part of a collaborative team.
  - Demonstrated understanding and application of the vision, mission and values of the Family Health Team initiative.
  - Good organizational skills and time management skills.
  - Demonstrated ability to manage multiple tasks, prioritize workload.
  - Ability to provide attention to detail.
  - Excellent communication skills and strong interpersonal skills.
  - Ability to provide regular attendance.
  - Knowledge of Consent and Release of Information legislation
  - Bilingualism (English and French) is an asset

To apply in confidence, please forward your resume together with a cover letter outlining your relevant experience and qualifications by **March 14, 2017** to:

Human Resources Manager  
Espanola Regional Hospital and Health Centre  
825 McKinnon Drive  
ESPANOLA, ON P5E 1R4  
Fax (705) 869-4039  
Email: [recruitment@esphosp.on.ca](mailto:recruitment@esphosp.on.ca)

Thank you for your interest. Only applicants who have been selected for an interview will be contacted.

## OBITUARY



**GERVAIS, Omer D. - February 25, 1925 – March 1, 2017.** It is with deep sadness that we announce the passing our father, Omer Dosithe Gervais, surrounded by his family at the Espanola General Hospital. Beloved husband of 63 years to Melba Josephine (Tracaneli) predeceased in 2012. He was a loving father to nine children, Bruce (Carmen) of Sudbury, Jeff (Wenda) of Webbwood, Joan (predeceased), Doug (Kathy), Rebecca (Keith), Ruth (Denis), Chris (Shari), Kelly and Wayne all of Espanola. Predeceased by his parents Louis & Florence (Leclair) and siblings, Narcisse, Edmon, Eugene, Edna, Ernie, and Virginia all predeceased and also sibling to Mae, Jeanette and Juliette. Omer was a grandfather to 19 grandchildren and 23 great-grandchildren. There was nothing that made Omer happier than children in his life; a fussy child stood no chance against that soft smiling face. He was a devoted Catholic and found great comfort in it. Omer worked at E. B. Eddy as a beater room foremen for 41



years and in his off time loved to read westerns, playing horseshoes, cards, going to his camp and enjoyed his family and friends. Omer was a W.W.2 Veteran and served in United Kingdom, France, Holland and Germany and remained behind for a year to help with the cleanup effort. Omer earned the France and Germany stars, Volunteer Service Medal and Clasp and the Holland Medal and was an Espanola Legion Member of Branch 39 for 70 years. Friends called at the Bourcier Funeral Home, Espanola on Friday, March 3rd from 7-9 p.m. Funeral Mass took place at St. Jude Roman Catholic Church, Espanola on Saturday, March 4th at 10:00 a.m. with Father Raymond officiating. Interment in the Espanola Cemetery. Donations to the Alzheimer Association would be appreciated.



705-869-6883

email: [around@aroundandabout.ca](mailto:around@aroundandabout.ca)

Around&About is printed locally by OJ Graphix INC.

Nicky Lamothe - PUBLISHER  
STAFF

Andrew Vondette - Office Sales-Graphic Design Advertising Manager  
Rayann Muncaster - Office Sales/Production Co-ordinator  
Muriel Leblanc - Office Sales Manager  
Doreen Track - Office Sales/Data Entry  
Richard Gagnon - Production  
Bill Leoney - Graphic Design  
Vickie Trahan - Bookkeeping  
Donna McDonald - Proof Reading  
Rosaling Russell - Correspondence

Distribution by Around & About

The advertiser agrees that the Publisher shall not be liable for damages arising out of errors in advertisements beyond the amount paid for the space actually occupied by that portion of the advertisement in which the error occurred. There shall be no liability for non insertion of any advertisement. The publisher reserves the right to edit, revise, classify or reject an advertisement. Ad space must be reserved Wednesday to be placed in the following week's issue. Copyright and/or property rights subsist in all advertisements and in all other materials appearing in this edition of Around & About. Permission to produce wholly, or in part, any part in any form whatsoever, particularly by photographic or offset process in publications must be obtained in writing. Any unauthorized reproduction will be subject to recourse in law.

## Recipe



This Veggie Lasagna is packed with vegetables including sautéed baby spinach and Crimini (Baby Bella) mushrooms, and grated zucchini. It also has ricotta and mozzarella cheese with oregano which adds to its delicious flavor. I made it last weekend for my vegetarian daughter and she loved it. Feed a crowd or your family with this hearty dish, it also makes a great warmed up lunch. Recipe recommends letting it sit 8 hours before baking, but I baked it immediately and it was delicious.

### Veggie Lasagna

- 2 cups of your favourite tomato pasta sauce
- 28 ounce (794 g.) can of diced tomatoes (I liked the herb and spice ones)
- 1 medium zucchini, shredded (2 cups)
- 1 32 ounce (907 g.) container of ricotta cheese
- 11 oz. fresh baby spinach, sautéed with 2 tablespoons olive oil and a pinch of salt
- 8 ounce Crimini (Baby Bella) mushrooms, sliced and sautéed with 1 tablespoon olive oil and a pinch of salt
- 2/3 cup fresh grated Parmesan cheese
- 1 1/2 teaspoons dried oregano (or you can substitute 2 tablespoons chopped fresh oregano)
- 9 lasagna noodles (I make 12 just in case there are broken noodles )
- 3 cups shredded mozzarella cheese
- Salt and pepper to taste
- Optional: fresh chopped basil or Italian parsley to garnish

-Sauté baby spinach with 2 tablespoons of olive oil and a pinch of salt over medium heat in a large pan with a lid. Remove to bowl and allow to cool. Sauté the sliced Crimini mushrooms with 1 tablespoon of olive oil and a pinch of salt in a medium pan for 4 minutes over medium-high heat. Allow to cool. Bring a large pot of water and 1 tsp. salt to boil. Cook lasagna noodles for 10 minutes (defer to the directions on your lasagna noodle package).

-In a large mixing bowl, combine pasta sauce, diced tomatoes and 2 cups of grated zucchini.

-In a large mixing bowl, combine thoroughly the ricotta cheese, cooled sautéed spinach and oregano.

-Assemble: Spread 1/2 cup pasta sauce mixture evenly in an ungreased 13 in. x 9 in. pan. Using an offset or baking spatula will help with spreading layers. Lay 3 lasagna noodles on top. Spread 1 cup pasta sauce mixture on top of noodles. Scoop 1-1/2 cup of the spinach mixture and drop onto the sauce layer by small spoonfuls. Spread the spinach mixture evenly being careful not to mix the layers. Lay 1/3 of the mushrooms evenly. Sprinkle 1 cup of shredded mozzarella cheese over the mushrooms. Repeat 2 more times or until the top of the pan is reached. (9 noodles total). Top with cheese.

-Cover with aluminum foil and let it sit in the refrigerator for 8 hours. This allows flavours to blend well, but can be baked immediately.

-Preheat oven to 400 degrees F. Bake covered with aluminum foil for 45 minutes. At 45 minutes in, remove the aluminum foil and bake for another 10 minutes (55 minutes total baking time). When done, the Veggie Lasagna should be bubbling on the sides, allow to cool for 10 minutes before serving.

## COMMUNITY NOTES

PROUDLY SPONSORED BY



**Espanola Area Friendship Circle Alzheimer Support Group** – Monday, March 13, 1:30 - 3:00 p.m. at the Senior's Drop in Centre. For more information, call 705-869-1137.

**Children's Clothes Closet** – Calvary Baptist Church, Espanola, Wednesday, March 15th from 10:00 a.m. - 2:30 p.m. New born to size 12.

**Next Community Kitchen Luncheon** - March 14 & 28 at the Lighthouse in Espanola (across from the Royal Bank) from 11:30 am to 1:00 pm. NO CHARGE. Everyone Welcome.

**C.W.L. Saint Patrick's Day Soup and Sandwich Luncheon** – Thursday, March 16th at the St. Jude Parish Hall from 11:00 a.m. – 1:30 p.m. Take out available.

**Elks St. Patrick's Day Dance** – Friday, March 17 from 8:00 p.m. – 1:00 a.m. Tickets available through Espanola Elks Facebook page or at the door.

**Variety Show** – Saturday, March 25, 7:00 p.m. at the United Church of Espanola, 137 Sheppard St. Local talent will be performing a wide variety of acts including choirs, vocalists, skits, recitations and pie auction.

**Good Food Box** - Supported by United Way, the Good Food Box makes it easy to access affordable fresh produce. Serving Espanola, Nairn Centre and Massey. Visit [goodfoodboxsudbury.ca](http://goodfoodboxsudbury.ca) for info.

**Knit and Stitch** – Do you knit or do stitch work? Would you like to meet others who share your interests? Come join us at the public library on the third Friday of the month from 1:00 – 3:00 p.m.

### *Do you have a NOTE for the Community?*

We invite not-for-profit organizations to submit information on their upcoming events in writing no later than **Wednesdays at 3:00 p.m. 25 Word Limit.**  
E-mail: [around@aroundandabout.ca](mailto:around@aroundandabout.ca)



**Listening to your favourite radio station is just one click away.** Vista Radio, the owner of Moose FM, is pleased to announce the launch of the Radioplayer Canada app. It's available as a free download to stream over 400 Canadian radio stations on any connected device.  
Download at: <http://radioplayer.vistaradio.ca/>

The One Tot Stop



Day Care

**The One Tot Stop Day Care in Espanola has infant, toddler, preschool and school age spaces available.**

**For more information, please call Devina at 705-869-3282.**

**Massey: 705-865-3281 • Espanola: 705-869-3282**  
**Email: [onetotstop@bellnet.ca](mailto:onetotstop@bellnet.ca) • [www.onetotstop.com](http://www.onetotstop.com)**

