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October 10, 2017 Issue #41 - Volume 21

Fashion, Fabric, Paper Art And So Much More

6th Annual

espanoja Fibre Arts Festivaj

By Rosalind Russell - This is the sixth year for the Espanola Fibre Arts Festival and it is turning out to be one

of the biggest of ever with a myriad of events, special guests and beautiful works created from fabric, paper, wood and natural materials. The only festival of its kind, it showcases fibre artists and their work. The team selects unique and authentic instructors, artisans and suppliers from all across Canada (and this year the USA).

From bobbin lace to wood working, the organizers feature a variety of workshops, demonstrations and fibre-arts related activities.

This year's lineup promises plenty of activities including keynote speakers, a fashion show, makers market and workshops.

It all kicks off Thursday evening, October 19th at 7:00 p.m. with Keynote Speaker

Continued on page four











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Primates And People – They're Smarter Than Us

the internet that explains a great deal of the chaos into which this world has descended. 'Equal Pay For Monkeys - YouTube' is a simple experiment conducted by primate expert Frans de Waal. Two Capuchin monkeys, placed in separate glass cages, side by side are given the same task for the same reward. Through a hole in the glass wall of their cages, each monkey was required to hand a rock to the lab technician who then rewarded each of them for their effort with a piece of cucumber. Acceptable payment for a task done well. This worked without a hitch with both monkeys 25 times in a row. Give rock, receive piece of cucumber, eat cucumber, repeat, repeat which is exactly the same effect cucumbers have on me.

But then, without warning, one monkey received a grape as payment for completing his task. The other monkey saw this, passed his rock through the hole and waited for his grape, a much more delicious reward than a hunk of white, watery gunk. However the technician hands him the usual piece of cucumber and the monkey goes ballistic. Knowing he's been screwed, he reaches through the hole and throws the cucumber at the handler. He shakes the glass wall of his cage and then beats his fists on the floor. He reacts exactly the way Lindsay Lohan did when the judge took her car kevs away to avoid another hit and run accident. For doing the exact same work and getting lousy pay for it, the Capuchin blew up the lab. You gotta' see this primate protest. Screamin' and yellin', he looks like Donald Trump after they took away the needles to his Obama voodoo doll.

It's funny to watch but you can't help but feel the poor bugger's pain. "No, no, not

There's a brief but very telling video on fair, not fair." Mad as hell and not going to take it anymore! The end result of this two-monkey study in inequity was one very pissed off Capuchin. But wait, it gets better. Sorry, worse.

The second time the same monkey did not get a grape for completing the task, he actually hit the technician with the chunk of cucumber. The third time the monkey did not get the grape but his buddy did, he busted out of the cage and beat the technician to death with a rock. Sorry, I made that one up. No, that could not happen because after all, he's a primate not a person! Monkeys do not seek revenge with guns or suicide vests, but the implication is there – the 'have nots' do not play nice with the 'haves'!

Allow that sort of discrimination to fester for a long time among people, say uneducated, whites from the rust belt of America who've been promised great things for decades but given the shaft and the disastrous result is the election of Donald Trump to the presidency of the United States. Silicon Valley gets grapes, rural America gets cucumber - anger and revenge rise up like acute indigestion. (I tell ya, I really hate cucumbers!)

The commentator of the Capuchin video, Frans de Waal summed up the explosive ending to the experiment by saying: "So this is basically the Wall Street protest you see here." This got a big laugh from Waal's audience ... but not from me.

When I had nearly half my life savings wiped out in the 2007/2008 economic meltdown by a skulk of greedy thieves boldly operating a highly profitable real estate sting operation, I became an ardent fan of the Occupy Wall Street movement. Normally a law abiding citizen, I found myself rooting for the kids with masks

Continued on page three...



Tune into Local Channel 10 or come on out to the Espanola Regional Recreation Complex.



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Continued from page two...

who were smashing Wall Street windows. The only way this could have been better, I thought, was if the executives from Lehman Brothers, Merrill Lynch and Fannie Mae were standing behind those windows when the rocks came crashing through.

And that's what the world is coming down to – a war between the 'haves' and the 'have nots.' The poor and shrinking middle class against the ridiculously rich. The indignant cucumber spitters versus the oh-so-happy grape eaters. And yes, the very rich pay people (not very well mind you) to peel those grapes for them.

When recently the statistic emerged that the extremely 1% rich of this world have accumulated the same amount of wealth as the other 99% ... I wanted to rattle my cage and slam down my fists and spit out cucumber because in fairness, as previously

mentioned, I hate that damn vegetable anyway.

I thought all this diabolic inequality needs is to have the richest of the rich say "let them eat cake" and it's storm the Bastille time. Game on for the global revolution. But no, apparently as long as we have the bare necessities of life plus a daily pint and the occasional vacation, we're content just to bitch and whine about our predicament, but not take any action to change it.

There's no doubt in my mind that humans have evolved from the species of monkeys, but apparently that injustice gene, the one that turns a Capuchin into a screaming meme, that has not kicked in yet. Please have a look at the video at "Equal Pay For Monkeys – YouTube."

For comments, ideas and copies of The Legend of Zippy Chippy, go to www.williamthomas.ca

Students Rock It Out For Terry Fox



Terry Fox would be so proud. Diane Emiry, one of the coorganizers of this year's Terry Fox Run, well walk, in Massey, says the day was perfect.

"The students and staff of S. Geiger participated in the Annual Terry Fox Run on Thursday, September 28. Participants began by running around the schoolyard and then took the streets for a walk to Heritage Park. The park is at the corner of Highway 17 and Imperial Street in Massey—along the route Terry Fox ran in 1980 during his Marathon of Hope, said Emiry.

"Grade 4/5 students created a banner for the walk and used slogans that appeared on the welcome banner that flew in Massey in 1980. One of the creators of the original banner joined the students for their walk and was excited to see the school support."

At the park, community guests shared stories about their experiences seeing Terry when he ran through the area. Students learned that Terry slept at the Massey Motel.

"Brenda Skibinsky told students about the day Terry ran through Massey and how he stopped at the banner to have his photo taken by the Massey town sign.

She also told students about how important radio reporting

was for people wanting to see Terry in his run. "People listened to the radio to see where he would be running. We only had two television stations and no Internet, so the radio was the best place to hear about his run."

Students shared stories about the friends and family they were running for and how cancer had affected them. Grade 5 student, Lily Flynn, shared that she was running for her Grandma Flynn who was a cancer survivor. Lily went on to say that she ran for her grandma last year too "Because she is still a cancer survivor".

Student Samara Shay was also presented with a t-shirt for raising the most, \$253.50. The money will be sent to the Terry Fox Foundation to help fund cancer research.

When asked about the event, Principal Cori Pitre said, "The Terry Fox Run was a great way to bring the two school families of Webbwood and Geiger together to celebrate cancer research."

Staff and students were excited to see how much they had raised for cancer research. The school set a goal of \$500 which they nearly doubled at \$900.

Photo provided by Brenda Skibinsky









Young Ladies Offered Opportunity For Scholarships, Travel And Making New Friends: Miss Ontario North



Developing life skills including public speaking, putting your best foot forward, presenting a view point are all skills that can be developed through pageantry. Young women from the local region are being invited to enter one of Canada's most prestigious pageants to develop those skills, and make friends

The reigning Miss Northern Ontario Emma Morrison from Chapleau recently won the Miss Teenage Canada title.

She is encouraging young women from this area to connect and enter the pageant slated for May 2018 in Sudbury.

Director Cheryl Kozera adds

young women from Espanola, North Shore, west to Elliot Lake and Iron Bridge, east to Nairn and all of Manitoulin Island are encouraged to enter to represent their home town or district.

Potential entrants should have a platform, that is, speaking on any topic that is important to you and be between the ages of 13 and 26.

The pageant averages between 40 to 45 ladies annually.

Kozera adds scholarships for education are also available.

For more information and/or to enter, go to: missnorthernontario. com or call 705-869-6397.

Photo: Miss North Ontario logo - used with permissions

Continued from front page...

Fashion, Fabric, Paper Art And So Much More

Drew Matott Breaking the Deckle, Using the Paper Arts for Social Action and Art Therapy. What's a deckle you ask? Well, it's a device for papermaking that limits the size of the sheet of paper. Matott will be able to tell you so much more at his presentation at the United Church.

Matott divides his time between teaching at colleges, doing residencies, completing studio work, designing new papermaking endeavors and directing the Peace Paper Project. He has taught photography and contemporary printmaking at North Country Community College, as well as paper-making courses at the Community College of Vermont, Edgewood College, Ursuline College, Massachusetts College of Art and San Francisco Center for the Book. Since 2009, he has taught and exhibited internationally and completed numerous artist residencies.

Matott will also be visiting AB Ellis Public School, Espanola the Espanola High and Friendship Circle during his visit to Espanola.

One of several workshops offered this year, opens on Friday bright and early in the morning from 9:00 a.m. to 3:00 p.m. The Felted Pendant Workshop is a hands-on experience not to be missed at the Espanola Golf & Country Club. It will also be held on Sunday at the same location. To register, visit Espanola Fibre Festival Facebook page and contact Jody Pilon.

The grand opening of the festival takes place Friday evening from 7:00 p.m. to 9:00 p.m. with a reception and unveiling of the Kopanang Universe Canticle textile exhibit from South

Africa at the Espanola Mall. The Kopanang Universe Canticle is a traveling exhibit created by women in the Kopanang Community in South Africa.

The Kopanang Universe Canticle is a collection of 31 stunning wall hangings, which not only unfolds the universe evolution story but also reveals and strengthens the spirit of the Kopanang intricately community. The embroidered panels tell the story of the universe as interpreted by 17 Kopanang women as a means to celebrate life and creation.

Throughout the day, Saturday, October 21st there will be the Makers Market, paper making activities, all kinds of mini workshops and demonstrations from 9:00 a.m. to 4:00 p.m. at both the Elks Hall and the Knights of Columbus Hall. The Espanola Farmers Market will also be on site for you to pick up some great fresh local goodies.

And, the day will cap off with the 'I Made It Myself' Fashion Show and Sweet Treat Extravaganza at the Espanola Legion at 7:30 p.m.. The Espanola Hospital Foundation will be hosting a gently used jewellery sale during the show. If you have some almost new jewellery you would like to donate please contact Terri Noble at 705-869-1420 ext -

All proceeds from this sale will go to the Nursing Home Therapeutic Park project.

Want to have a bit more fun? Check this out on Sunday: the Rug Hooked Denim Hand Bag Workshop will be held from 9:00 a.m. to 4:00 p.m. at the Columbus Club hall.

For more information, check out Espanola Fibre Arts Festival website or Facebook page, or give Jody a call at 705 883 2326.

The Town of Espanola

TOUCH-A-TRUCK

Council Open House

Friday, October 20, 2017 1 - 4:00 PM



This free, fun, hands on event allows you to touch, explore and get up close and personal with vehicles of different sizes.

Explore some of your favourite vehicles such as a fire truck, police car, grader, trackless and more!

Come talk to your local Council in the Complex

Join us at the Espanola Track and Field and Regional Recreation Complex!

For more information, contact the municipal office at 705-869-1540



The One Tot Stop The One Tot Day Care - S. Geiger Site, is now open 6:00 a.m. to 7:00 p.m. **Monday to Friday.**

> For more information call Janice or email onetotstop@bellnet.ca

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Surprise Resignation By Councillor -Espanola Council To Now Fill Vacancy



It wasn't expected at all.

Stewart Miekleham announced his resignation during councillor comments at the September 26th regular meeting of council.

Miekleham didn't have too much to say throughout this week's regular meeting of council, except when it came to the end. Every councillor has the opportunity to share priorities, concerns and topics of interest when the agenda has been completed.

Miekleham took opportunity to personally thank Espanola Mayor Ron Piche for being a great listener and methodical in making his decisions, the staff for the work they have done in working for council, and a special thank you to town CAO, Cynthia Townsend, for carrying the burden of running

the municipality.

He then announced that as of the end of the meeting, he was tendering his resignation, but gave no reason why.

However, Espanola Mayor Ron Piche says Miekleham told him later he has resigned for personal reasons and will be continuing his travels and humanitarian work.

Miekleham was first elected in

Piche says council now has to decide how to fill the vacancy. Since the election is still a year away, the seat cannot be left vacant.

This means, council will have to announce the vacancy at the next regular meeting this October and then how to fill it. The average cost of a byelection can range from \$20,000 to \$30,000.

Piche says the other option is to fill the slot by appointment. Council can either appoint the candidate with the next highest number of votes from the 2014 election or to call for interested candidates from the community.

Council will make that decision when they declare the vacancy. providing information and If council goes that route, the new councillor could be Heather Malott-Dougan who had 905 votes in the last election.

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Drop in or call to book your appointment 705-869-033

espanola Fibre Arts Festival October 19, 20, 21 & 22 2017

Using the Paper Arts for Social Action & Art Therapy

an Evening Lecture with Drew Matott

October 19 @ 7:00 PM

Light Refreshments to follow Espanola United Church - Free Event

www.espanolafibreartsfestival.ca

Recipe

Do you need to add a little more spice to your side dishes? This recipe will do that, but not to the extreme. I can't eat anything that's too hot and spicy and this dish is just perfect for me. You can adapt this recipe if you like



more heat, by adding extra cayenne pepper. You can also make this dish more hearty by adding a can of rinsed black beans and if you like a little more Mexican flavour, you can add a 127ml can of chopped green chillies (found in the Mexican section of the grocery store).

Mexican Rice Casserole – Serves 12 (can be halved)

- 2 tablespoons canola oil
- 3 cloves garlic, minced
- 1/2 to 1 whole large onion, chopped
- 4 cups long grain rice (not instant)
- 28 oz can of whole tomatoes
- 540 ml Aylmer Accents Chili diced stewed tomatoes
- 1 teaspoon cumin (or more to taste)
- 1 teaspoon kosher salt
- 1 teaspoon ground black pepper
- 1/2 teaspoon cayenne pepper
- 1/4 teaspoon turmeric
- 6 to 7 cups low-sodium chicken broth (more if needed)
- • 1 1/2 cups grated Cheddar cheese
- Optional- black beans, green chilies
- • Fresh cilantro for serving

Preheat the oven to 375 degrees ■ F. Heat the oil in a large, oven safe, dutch oven and add the garlic ■ and onions. Cook, 3 to 4 minutes. ■ Reduce the heat to low and add the ■ rice. Stir constantly, making sure the rice doesn't burn. Cook over low heat, about 3 minutes. Next, add the whole tomatoes, diced tomatoes, cumin, salt, pepper, cayenne and



turmeric. Stir to combine and let cook, about 2 minutes. Finally, add the chicken broth and stir the mixture together. Bring the mixture to a boil, and then reduce heat to low. Cover, and simmer until the rice is not quite done, 10 to 15 minutes. Top with the cheese, and then bake with the lid off until the cheese is melted and the rice fully cooked, about 15 minutes. Serve with chopped cilantro

If you don't have an oven safe dutch oven, the first part of this recipe can be made in a large frying pan or pot and transferred over to a casserole dish for the final baking.

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FOR SALE—Hardwoowd—Firewood. Maple & Oak. Cut/Split/Delivered. \$100 per cord. \$50.00 Delivery. Call 705-865-3011. 10/24

FOR SALE – 4 Goodyear Nordic winter tires on 4 steel rims. P225-55R-17. One winter use. 6000 km. mint condition. \$600.00 (package new \$1056.69, have bill) 705-865-2011.

PRAYER

Say this prayer 9 times a day, by the eighth day, prayers will be answered. It has never been known to fail. May the Sacred Heart of Jesus be adored, glorified, loved and preserved throughout the world. Oh, Sacred Heart of Jesus, Pray for us, St. Jude, worker of miracles, Pray for us. St. Jude, helper of the helpers pray for us. Publication must be promised. Thank you for the favour granted. DLM

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HANDYMAN - ODD JOBS COLOMBUS - Need something fixed, painted, drywalled, built or flooring done, call me. Stephane Coulombe, 705-863-3434. 11/21 - R

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FOR RENT – One bedroom apartment. First and last required. Some maintenance responsibilities. Non-pet friendly. Stairs. Located in Webbwood. Call 705-869-0511. Leave message. 10/10

FOR RENT – 3 Bedroom house in Espanola, no pets, no smoking. \$925.00 /month, plus heat and hydro. References. First and last. 705-869-1219, leave message. Available Oct, 1st. 10/10

SPECIAL OCCASION



You are invited to join us on **Thursday, October 26** for a Come and Go Birthday Social

3:00 p.m. to 6:00 p.m. Massey Legion Hall

IN MEMORIAM



"On our sometimes tumultuous voyage across the sea of eternity; As we view the wake of past experiences from the stern; It is of paramount inportance to realize with faith - just WHO is really steering the ship - and hence our course in life."

N.I.W / 9-10-96

Norman James Williamson

10/21/1938 - 10/11/2016

On October 11, 2016, the world lost a true original

Peace to you Willy. Thanks for the memories Family & Friends

OBITUARY



Thibeault – Simone Marie of Nairn Centre passed away at her home with family by her side on September 29, 2017 at the age of 86. Dear daughter of the late Alderic & Juliette (nee Boisvenue) Goulard. Beloved wife of the late Aime Thibeault (Jan. 19, 2017). Loving mother of Paul (wife Debbie) of Nairn Centre, Nicky Reid (husband Melvin) of Nairn Centre, Richard (wife Maryann) of Webbwood, Joanne Fensom (husband Joe) of Nairn Centre, Rachelle Thibeault of Nairn Centre, Jerry (wife Carmen) of Garson, Raymond (wife Lynn) of Thunder

bay, Carol Penton (husband Rod) of Webbwood and Lyn Penton (husband Lorne) of Nairn Centre. Cherished by 16 grandchildren and 22 great grandchildren. Also, will be sadly missed by many brothers, sisters, relatives and friends. A Memorial Service celebrating Simones life was held on Wednesday October 4, 2017 at St. Jude R.C.C. with Fr. Raymond officiating. Interment of ashes in the Nairn Centre Cemetery. Family invited everyone back to the Nairn Centre Community Hall for a luncheon afterwards. If so desired, donations to the Alzheimers Society would be appreciated. Arrangements by BOURCIER FUNERAL HOME, Espanola.



NOONAN, Helen Grace of Espanola passed away at the Espanola Regional Hospital on Wednesday, September 27, 2017 at the age of 74 years. Beloved wife of the late Gerry Noonan. Dear daughter of the late Bill & Mary (nee Buchanan) Gillis. Loving mother of Preston Noonan of Espanola & Cathie Noonan (partner Charles) of Sudbury. Will be sadly missed by grandchildren, William, Megan, Matthew, Paige & Albert & great-grandson, Zephyr. Very dear sister of Margaret Ann Buchanan of Sudbury, Bonnie Guindon (husband Gilles) of Seagrave & the

late Frank Gillis & Nelson Gillis. Helen was a long time member (43years) of the Espanola Royal Purple and served with the Eastern Star for over 30 years. She was also a member of the United Church Women and the Espanola Horticultural Society. She was former first female Exalted Ruler of the Elks of Canada out of Lively. Helen was active with many sports such as curling, golf, and baseball. She served countless families with luncheons over the years. A Memorial Service was held at the United Church of Espanola on Thursday, October 5th at 11:00 a.m. with Reverend Cory Vermeer-Cuthbert officiating. Interment of ashes was in the Espanola Cemetery followed by a reception and luncheon at the Espanola Elks. If so desired, Memorial tributes may be made to the United Church of Espanola. Arrangements by Bourcier Funeral Home Ltd., Espanola

NOTICE

NOTICE: West River Bridge Closure

Gendron Construction is advising the public that they will be closing the West River Bridge at kilometre 5 on the Fox Lake Road Resource Access Road within Mongowin Township.

Work is scheduled to occur from September 29 to October 31. The bridge will be closed to all traffic and is necessary to ensure worker and public safety.

If you have any questions or concerns please contact the Ministry of Natural Resources Sudbury District Office at 705-564-7866

REGISTRATION

FUTSAL REGISTRATION

(INDOOR SOCCER)

October 11, 17 • 6:00 – 8:00 p.m. **Espanola Complex**

Ages 7-17 \$90



: Espanola Minor Facebook Soccer Association

Feeding Wild Animals Causing Concern In Espanola



Stop feeding the foxes.

That is the blunt message from Espanola Councillor Ron Duplessis following several calls from concerned citizens. Duplessis says back in early Spring a couple of foxes were spotted at the local cemetery. People started feeding them and now the foxes have become habituated to being fed by humans.

But, they are also frightening

people who are visiting their loved ones and that worries Duplessis.

He says he has been contacted by several people who are frightened of the animals, more so since they are wild.

Duplessis says he understands that people care about the animals, but it is not known if they could be rabid and it is causing a lot of anxiety. He also stressed they are wild animals and should not be getting fed.

He has asked town staff to see if they can post a sign for people to stop the practice.

It is also against the law to feed animals, according to the Ministry of Natural Resources and Forests.

Photo supplied

Nicky Lamothe - PUBLISHER



705-869-6883 email: around@aroundandabout.ca Around&About is printed locally by OJ Graphix INC.

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COMMUNITY NOTES

Domtar

"Jesus is Enough" Women's Conference - October 13-14, registration 6:00 - 7:00 p.m. Friday PM session 7pm Queensway Church, 270 Queensway, Espanola. Call 705-869-1700 for more info.

Spaghetti Supper - at the Webbwood Eagles Saturday, October 14 from 4:30 p.m. - 6:00 p.m. Everyone welcome. Thank You for your continued support!

Fall Harvest Dance and barbecue – Saturday, October 14, 1:30 p.m. at the Lee Valley Hall. music will be provided by the local band - Girls Night Out! Sponsored by the Lee Valley Autumn Leaves.

Meet and Greet - October 16 from 11:00 a.m. - 5:00 p.m. with local author M.J. Spickett at the Espanola Public Library for the launch of her newest YA novel Victory: Book 2 of Gods Among Dragons Saga.

Children's Clothes Closet - Calvary Baptist Church, Espanola, Wednesday, October 18. 10:00 a.m.- 2:30 p.m. Newborn - size 6.

Using the Paper Arts for Social Action & Art Therapy - an Evening Lecture with Drew Matott October 19, 7:00 p.m. Light Refreshments to follow. Espanola United Church -Free Event

Harvest Tea and Bake Sale – Friday, October 20 from 1:00 - 3:00 p.m. at the Seniors Complex. Sponsored by St. George's. 705-869-3939

South African Textile Exhibit Universe Canticle - Opening Night October 20, 7:00 p.m. at the Espanola Mall.

Pumpkin Pancake Breakfast - Presented by the Espanola hospital Auxiliary At the Espanola Rec Center Oct. 21 from 8:00 - 11:00 a.m

St. Andrew's Harvest Ham Supper & Auction – Sunday, October 22 at 5:30 p.m. at the Massey Legion. For tickets call 705-865-2450.

Femmes Canadiennes Francaises d'Espanola Soup & Sandwich Raffle – Thursday, October 26 from 11:00 a.m. - 2:00 p.m. at the St. Jude Parish Hall. Tickets available to adults and children

Community Living Espanola's 9th Annual Fall Harvest Luncheon - Friday, October 27 from 11:00 a.m. to 2:00 p.m. at the Royal Canadian Legion, Espanola. Tickets available at 345 Centre Street, or by calling 869-3131 or at the door.

Espanola United Church Roast Beef Dinner – Sunday, October 29. 1st Sitting 5:00 p.m., 2nd 6:15 p.m. Call 705-869-1215 for advanced adult and children tickets or for takeout/delivery.

Knights of Columbus - Sportsman Stag, Friday, November 3. Smoked Fish & Chowder and prizes. Contact KOC members for tickets.

Royal Canadian Legion Branch 39 – SGT. Wilson Presents the Original Sound of the 40-50's, The Airforce Show. Saturday, November 11 at 7:00 p.m. Tickets available at the Legion Bar or at the door.

Do you have a NOTE for the Community?

We invite not-for-profit organizations to submit information on their upcoming events in writing no later than Wednesdays at 3:00 p.m. 25 Word Limit. E-mail: around@aroundandabout.ca

October 8-14, 2017



History of Fire Prevention Week

Fire Prevention Week was established to commemorate the devastating Chicago fire on October 9, 1871 in which more than 250 people died, 100,000 were left homeless, destroyed more than 17,400 structures and burned more than 2,000 acres. The fire changed the way that firefighters and public officials in North America think about fire prevention and fire safety. The Fire Marshals Association of North America (today known as the International Fire Marshals Association), decided that the anniversary of the Chicago fire should be observed in a way to educate the public about the importance of fire prevention. Fire Prevention Week was proclaimed in Canada in 1919 to commemorate the Chicago blaze, as well as a major fire that destroyed the Centre Block of the Parliament buildings in Ottawa

Smoke Alarms

LOCATING/INSTALLING **SMOKE**

on February 3, 1916.

- · Read and follow the manufacturer's instructions carefully.
- For best performance, an alarm should be mounted on the ceiling in or near the centre of the room, hall or stairway, and at the head of each stairway leading to an occupied area. Optimum location for wall mounts is at least 15 cm (6 inches) from the ceiling but not more than 30 cm (19 inches) from it.
- Avoid installing where the temperature is less than 5oC (41oF) or exceeds 48oC
- · Keep alarms away from doors and windows.
- · Never locate an alarm in front of an air register, fans or vents.
- Keep alarms at least 60 cm (2 feet) from any corner.
- Smoke alarms in rooms with ceiling slopes greater than 30 cm (one foot) rise per 2.4 m (eight feet) horizontally should be located on the high side of the room. Avoid locating an alarm at the peak of an "A" frame type ceiling. Do not recess smoke alarms in walls or ceilings!
- Never paint a smoke alarm.
- Keep alarms 60 to 90 cm (two to three feet) away from light fixtures.

ALARM WHEN HAVING AN **CONNECTED** INTO THE ELECTRICAL WIRING SYSTEM OF A **HOUSE YOU SHOULD:**



Phone 705-862-7000 service@eclinicpharmacv.ca **801 MCKINNON DRIVE**

- Use a qualified electrical contractor.
- Never install the alarm in the electrical circuit except at the main panel. Alarms must also never be installed in a circuit connected to an on/off switch.
- · Check the alarm when installation is

MARK YOUR CALENDAR: TESTING AND CLEANING:

- · Test your smoke alarm monthly and clean it every 6 months. Mark it on your calendar so that you don't forget. Things to remember when testing your smoke alarm:
 • Ensure that power is being transmitted
- to the alarm and that it will activate in the presence of smoke. Even alarms with a pilot light that indicate power is being transmitted, should be tested regularly. Test your smoke alarm by pressing the test
- · Battery-operated smoke alarms will warn you when batteries need replacing. Despite this, make it a habit to change the batteries yearly.
- Remember, your smoke alarm can't protect you if the batteries have been removed or a plug has been disconnected.
- The lifespan of a typical smoke alarm is about 10 years, but some models last as little as 5 years.
- To clean the alarm, open the cover and gently vacuum the interior of it. Frequently, the alarm will sound while the unit is being cleaned.

(705) 885-1252 1050 Lonsdale Ave, Sudbury

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Fire Safety Tips & Facts

•Smoking while in bed, tired or under the influence of alcohol or medication is the most common cause of fires that kill.

•Most chimney fires with wood-burning fireplaces. Ensure chimneys are cleaned and professionally inspected regularly. Burn only small quantities of wood at a time.

· Keep a pan lid or cookie sheet handy in case grease or oil catches fire. The lid or cookie sheet should be slid over the top of the pan to smother the fire.

·Place candles in sturdy, burnresistant containers that won't tip over and are big enough to collect dripping wax.

•Don't use candles in high traffic areas where children or pets could knock them over.

•Never remove the third prong on a three-prong plug or bend it back to use a two-prong outlet. The third prong is a necessary ground for the appliance or heater.

•When bathing children, always turn cold water on first before the hot. Test the water temperature before allowing your child to get into the bathtub or shower. Consider adjusting your hot water heater to a maximum temperature of 49 C or 120 F.

•Turn pot handles towards the centre of the stove.

·Battery-operated smoke alarms will warn you when batteries need replacing. Despite this, make it a habit to change the batteries yearly. •Install at least one smoke alarm outside each sleeping area. For improved safety, install a smoke alarm in every bedroom.

•Have a thorough vearly maintenance check of the furnace carried out by a professional.

•Lack of maintenance is the number one cause of dryer fires.

That is why it is critical to clean the lint filter before and after each use, and wipe away any lint that has accumulated around the drum. Perform periodic checks to ensure that the air exhaust vent pipe is unobstructed (lint accumulation) and the outdoor vent flap opens

•Extension cords must never be run inside walls or under rugs or furniture. They can be damaged by traffic or heavy furniture and start arcing, which can lead to a fire.

•It is important to install a carbon monoxide detector in your home. monoxide However, carbon detectors do not replace the need for prevention through yearly maintenance and inspection of heating systems and appliances.

•Do not overload electrical outlets or use extension cords in the place of additional outlets.

•Use a screen in front of the fireplace opening to protect children and to prevent embers from escaping and igniting carpets, etc.

•Educate your children about the dangers of fire and make sure they know that all fires, even small ones, can spread very quickly.

•In case of fire, get out and stay out! Use a neighbour's phone to call the emergency response number in your area.

•Be wary of buying novelty candles. Avoid candles surrounded by flammable paint, paper, dried flowers, or breakable/meltable containers.

•Equipment that uses natural gas should show a clear blue flame—a yellow or orange flame may indicate a problem. If a problem appears, call a qualified technician. •Ensure a source of fresh air is available, for an example an open window or flue, when operating a wood-burning fireplace.





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Home Auto Life Investments Business Travel



Fire Escape Plan



Statistics reveal that 78 percent of deaths from fire occur in the home, with most of the fatalities taking place between 2 am and 4 am, while occupants are asleep. That is why it is critical to develop an escape plan, because one needs to react quickly with a fire:

- practice your plan at night, getting down on your hands and knees with a flashlight while crawling to safety. Heavy smoke impairs breathing, which is why staying close to the floor increases chances of escape.
- In order to be able to react quickly to fire, draw a floor plan of your home showing all possible exits from each room. Where possible, plan two exits: a main route and an alternate route from each room.
- If you live in an apartment building, develop your escape plan taking into account fire escape procedures provided by building management.





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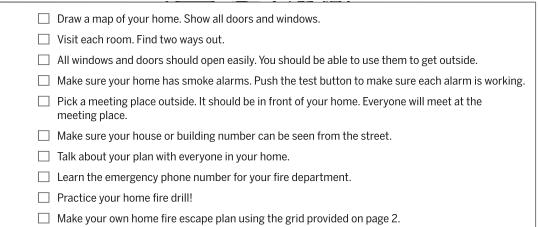


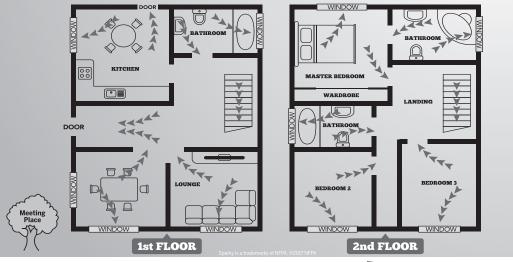












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