



www.aroundandabout.ca December 11, 2018 Issue #50 - Volume 22

Nearly A Perfect Score In Health Care



By Rosalind Russell - Scoring 99.9% on its accreditation papers, one of the highest in Ontario, is wonderful news for the Espanola Regional Hospital and Health Centre.

Accreditation Canada surveyors recognized the hospital as a model of care and a true example of integrated care across all health sectors.

The survey team, RN Jeanne Robertson and Dr. Cyd Courchesne, overviewed quality standards, required organizational practices and observed the hospital's teams in action.

From October 22nd to October 25th, a detailed on-site survey was conducted to review over 1,600 quality criteria in the hospital.

Accreditation occurs on a three-year cycle, with a full, on-site survey every three years.



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Whatever Happened To "Trouble?"

Before her death a decade ago, New York and the poor didn't just jump a generation, it Hotelier Leona Helmsley was the most hated woman in America. Ruthless and conniving with business associates, tax fraud put the millionairess in jail while slapping and insulting employees put her in the headlines.

When her son died she sued her daughterin-law to get possession of his estate, wiping the woman out financially. Well earned and on the money, Leona Helmsley was known as the 'Queen of Mean.' She gave credence to that old saying about the rich: "If you want to know what God thought of money, look at the people He gave it to!" The woman also had an affinity for dogs which may have resulted from so many people referring to her as a 'bitch!'

Leona became famous for her unique take on American financial responsibility. "We don't pay taxes. Only the little people pay taxes." Sound familiar? Remember when Trump was accused of not paying taxes he said: "That makes me smart." I know what you're thinking but ... no, I checked and nobody in the Leona Helmsley extended family ever had orange hair.

In her will, Helmsley left \$100,000 to her driver, because although he did have motive and opportunity, he did not back the limo over her. The bulk of her wealth, \$12.5 million was bequeathed to her little, snow white Maltese dog named 'Trouble.'

Yeah, with one swipe of the pen in a lawyer's office, the gap between the rich jumped a whole species! Suddenly running around a New York mansion was a fluffy little bitch with a "Puddy Toy" in her mouth who could well afford to take in hundreds of homeless people! Or stray dogs.

Think about it, you're spoiled little mutt now worth twelve and a half mil! You wouldn't have to hit me twice on the nose with a rolled-up newspaper to figure that one out:

If I was a rich dog,

Ya ha deedle deedle, bubba bubba, deedle deedle dum,

All day long I'd scooch across the rug, On my deedle deedle, biddy bum If I were a wealthy dog ...

I know exactly what I'd do if I was a multimillionaire mutt. First, I'd have all those guys in the painting "Dogs Playing Poker" over for a weekly Friday night card game. (And I'd give them cab fare so they didn't have to drink and drive.) Not one for playing with toys, I'd hire a bunch of Weiner dogs to come to my mansion and do that for me. (I'd also have vet cones put on the heads just because I find that so damn funny!) I'd get fitted for a pair of Depends and then I'd walk through Central Park attempting but failing to pee on trees. I would give most of my money to humanitarian and former US President Jimmy Carter to negotiate a lasting peace agreement between cats and dogs. The remainder of my windfall would

Continued on page three...

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Continued from page two...

go to a lobby group to enlist the mandatory death penalty for anybody involved in dog fighting except of course the dogs.

'Trouble' it seems, had no such lofty ideals. Given New York City's cold, damp winters and the fact she was now fifty-six human years of age – she just moved to Florida. Yeah, snow white became a snowbird almost overnight.

She flew by private jet under the assumed name of "Bubble" – not making this up – so as not to throw off dog haters and kidnappers. Once in "The Sunshine State," she settled into the exclusive Helmsley Sandcastle Hotel in Sarasota for the rest of her natural, privileged life.

Staff catered to 'Trouble's' every whim 24/7. From an annual \$100,000 budget, \$8000 was spent on grooming, \$1200 on food and \$28,000 on a gigolo service for crazy rich Maltese Matriarchs. Okay, I made that last one up. However the bulk of her annual cost of living went to around the clock security after receiving more than two dozen death and kidnapping threats. Think about it, you're in the professional abduction business. Which would you prefer to get your hands on - Jean Paul Getty's ear or a goofy little pup with her own American Express Card?

'Trouble' got old and bored and eventually passed away at 12 years of age. I mean when you get tired of watching Dog Vision TV and biting the butler's ankles what is there left to live for.

The final line of Leona's will read: "I direct that when my dog, Trouble, dies, her remains shall be buried next to my remains in the Helmsley mausoleum."

Pets however, are not allowed to be buried in that cemetery in Westchester County, New York. 'Trouble' was subsequently cremated. Kinda touching really, the 'Queen of Mean' burning in hell and her faithful Maltese ablaze in a small animal oven. Leona and Trouble together at last.

Trouble was eventually "privately retained" according to Eileen Sullivan, spokeswoman for the Helsmley Family Trust which "supports charities." Leona's charities probably provided legal fees for people who put pins in the Halloween candy or free lunches for people who help little old ladies halfway across busy New York City Streets.

For comments, ideas and copies of The Legend of Zippy Chippy, go to www. williamthomas.ca



A&A, PaperWorks, 85 Centre Street, 705-869-6883





Algoma-Manitoulin-Kapusking MP, Carol Hughes, says she was blown away by the show of support for the *From Soup to Tomatoes Program* and what it has achieved in such a short time. Diabetes educator and program founder, Susan Clarke and Renée Desjardins, Program Instructor, assist mostly seniors with the new trend they have started in helping people get fit in a fun and innovative way. A fundraiser was held at the ELks Hall in early December to help support the rapidly expanding program. Healthy eating and exercise are foundations necessary for living a fulfilling life. *From Soup to Tomatoes* is a unique armchairbased exercise program that's helping real people achieve health and fitness goals they never thought possible.

To learn more about the program, visit: https://www. fromsouptotomatoes.com/ Photos by Carol Hughes



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Teddy Bear Toss

The Espanola Lions Club Annual Teddy Bear Toss will be held on the 14th of December at the Express hockey game. So practise your throwing skills, bring a Teddy, support the Lions Club and enjoy great hockey. All in one night. Not bad!



Espanola Council Formally Sworn In



Espanola Mayor, Jill Beer, who took her initial oath in November welcomed her new council on Tuesday, December 4th. The inaugural meeting included a swearing in of the council and a blessing by Minister Jason Snider. Beer then presented a motion naming Bill Foster as Deputy Mayor of Espanola for a one-year term. Another motion formally named councillors to different committees. Following the meeting, a social gathering was held to congratulate the new council members. Photo by Rosalind Russell





Cardboard And Duct Tape Create A Unique Challenge

What can you do with cardboard and duct tape? Build a boat, of course.

Skills Ontario hosted Cardboard Boat Races at the Espanola Regional Recreation Complex in early December. Espanola High School students put their design skills to work to create cardboard boats for races and weight challenges.



Photo: Espanola High students in the construction phase of their boats. Photo supplied by Skills Ontario

The More Food, The Better



Members of the Espanola Emergency Medical Services are doing their part to feed others through the Holiday Season. Susan Kryzanowski, the president of the Espanola Helping Hand Food Bank, says the emergency providers included paramedics, police, fire and military service personnel were at the food drive

held at Freshco's on Saturday, December 1, 2018.

Kryzanowski adds around 600 food items and over \$200 was collected.

Another 516 items were also added through the Stuff the Bus campaign held earlier this fall. Photo provided by Susan



Kryzanowski

Two Espanola Organizations Come Together To Help With The Safety Of Others



The Espanola Lions Club presented a cheque for \$4,000 to members of North Shore Search & Rescue (NSSR) Unit on Saturday morning, December 1st.

With the funds, the unit purchased a 2,000W Yamaha Inverter Generator; 27" Gator Carry Tote Bag for New Computer; 43" Gator Carry Tote for New TV Screen: 43" HD LED TV Screen for Search management; Canon PIXMA MX492 Printer/Scanner/Copier; (2) 24" x 36" White Boards; 8' HDMI Cord; HP Pavillion 27" All in One PC, touch screen, Intel Core Processor, 1TB HDD; QV7 Quo Vadis Mapping Software and Surge Protector Power Bar.

Newly elected NSSR vicepresident, Adam Page, says the generosity of the Lions Club is much appreciated.

"The new generator was required to have 'Clean' power for the sensitive computer equipment. The 43" screen allows the search manager to quickly assess where his teams have been and to look forward to the next task. The new computer allows us to run the RAM intensive QV7 Mapping Software."

"This computer is essential in running an organized search. QV7 is a mapping software which allows the user to download information and display it on a variety of maps. These include topographical maps, google earth, hybrid maps, and many others. The new printer allows us to print off things such as tasking sheets and reports to name a few."

"In summary, this generous donation from the Lions



Club has outfitted our mobile command centre with up to date equipment which will be used not only for search activations, but also for team training. Our team members will now be training with the latest equipment in terms of mapping software and in an organized mobile command centre."

"It is because of generous donations from sponsors such as the Espanola Lions Club, that we can continue to train and be ready for activation at a moment's notice. On behalf of North Shore Search and Rescue, we say Thank You, Espanola Lions Club for your continued support."

The search & rescue unit is totally funded by fundraising and support from local partners. Still with the story, the NSSR held its elections on Tuesday, December 4th and a new president is at the helm. The newly elected executive and directors who accepted office at the Annual General Meeting are new President Jeb Brown; Vice-President Adam Page; Directors Michelle Matthews, Real Demore and Thelma Pelland, along with our returning Directors; Steve Jackson, Mel Cecchetto and Jason Devoy who have one year remaining in their term of office. A hearty thank you was extended to Bill Noon who has headed up the organization for many years.

Photo: Members of the Espanola Lions Club and North Shore Search and Rescue Unit met at the NSSR command outpost in Espanola to present the cheque for the new computerized command mobile centre. The support is vital to the success of the NSSR, which is totally self-sustaining by doing its own fundraising and/or by the generosity of organizations including the Espanola Lions Club.

Royal Canadian Legion Br 39 - Espanola

POPPY TRUST FUND Opening Balance (October 1, 2017) \$16,445.51 2017 Poppy Campaign \$11,452.35 **Expenses:** Youth Programs \$518.23 Promotional Material \$657.44 Local Expenses \$238.81 Veterans' Assistance \$2,717.38 Donations <u>\$12,158.96</u> <u>\$16,290.</u>82 Bank Statement as of September 30, 2018 \$12,605.45 Adjustments for cheques issued in September to clear account in October 2018 <u>\$998.41</u> Posted Balance as per Branch Records <u>\$11,607.04</u>

Thank you

To all of the volunteers, businesses, and citizens who contribute time and money towards the success of the poppy campaign.

Gary MacPherson 2017 Poppy Chairman



SERVICES

MASSAGE THERAPY - Amanda Elliott, Registered Massage Therapist is moving her practice to In Touch Chiropractic & Wellness Group, Espanola. Starting January 1st 2019. Phone number 705-207-2346. 1/1

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CHIROPRACTOR - DR. DARIO LAURENTI, D.C. 27 years' experience. Instrument, Manual, Cranial Adjusting, Acupuncture, Orthotics. Call 705-869-2737. All Insurances accepted. 12/18

PHYSIOTHERAPY OFFERED BY MARILYN WITTMANN - Located at Physio Moves in the Espanola Hospital. Accepting new patients. WSIB and MVA patients welcome. Acupuncture available. Visit www.physiomoves.net for services, rates, and hours, or call 705-988-3737. 1/22 - R

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MEETINGS

Massey Agricultural Society monthly meetings - 3rd Thursday of the month. Held at Massey Firehall @ 7pm. (Next meeting is November 15th) We welcome the public's attendance. 04/23

HELP WANTED

HELP WANTED - Looking for caring, dependable person to provide part-time respite care for teenage girl with complex medical issues in her home. Must be available for a variety of shifts, including weekends. All training provided. Must be willing to provide CPIC if hired. If interested, please email resume with references to ercaregiver03@gmail.com with RESUME in subject line or mail to Box 12, Massey, POP 1P0. 11/20. 12/18

FOR RENT

FOR RENT - One bedroom apartment for rent on Second Ave in Espanola. Large unit with spare room. Ground floor with main door to outside. Fridge and stove. \$950 per month heat and hydro included. First and last required. Available January 1st. call 705-869-7557 or 705-869-2443. 18/12

FOR RENT – One-bedroom apartment in Espanola. \$650.00 /month, first and last required. Gas paid, pay your own hydro. 705-869-1378. 12/11

FOR RENT - Lang Lake Resort – 1 & 4 bedroom cottages available. Full kitchen, satellite TV. Call 705-285-4241 for monthly rates. Available November 1. 12/25

FOR SALE

FOR SALE – Limited dry wood for kindling/backyard fire. Also table & chairs, one cast iron frying pan. Call Greg 705-822-4734. 1/1

NOTICE

HAIRSTYLIST AMANDA FAIRBURN MOVED TO NEW LOCATION— I am pleased to announce that I have moved to a new location at Donna's Hair Studio 120 Tudhope Street, Espanola. (across from Royal Bank) To book an appointment call (705) 822-6161 Everyone welcome! 12/18

CHERYL'S MASSAGE THERAPY & ACUPUNCTURE – NEW LOCATION. 363 John St. Espanola. To make an appointment call 705-863-3223. cherylsmassage7@gmail. com 1/22 R



Sables-Spanish Rivers Fire Dept

would like to thank all those who supported our firewood raffle fundraiser with proceeds to community fire safety trailer.

> Winners: 1st: Rob Proctor, 2nd: Karen Ellin, 3rd: Jamie Heaton

Firewood donated by Goodchild Woodlot and Agnes River Outfitter

OBITUARY



NORMAN PAUL LANDRIAULT - It is with sad and heavy hearts that we announce the passing of Norman Landriault, son, husband, dad, grandpa, papa, great grandpa, great great grandpa, brother, uncle and great friend to all. Norman passed away on Saturday, December 1, 2018 in the Nipigon District Memorial Hospital with his family by his side. Norman was born and raised in Walford, Ontario, the baby of fourteen children. He was proud to serve his country,

overseas, as a member in the Army - Canadian Armed Forces. On release from his service he moved back to Walford to marry the love of his life Jeannine of fifty-one years. They raised four children in a modest house which he built and was very proud to call home. Norman (Stormin Norman) took much pride in his work as a pulp dryer at E.B. Eddy Forest Products Limited/Domtar for twenty-eight years. Norman loved the outdoors, camping, fishing, woodworking, puttering in his shed, playing cards and spending time with his family and friends. Norman was a compassionate man and would help family, friends and strangers in need. In 2008 Norman and Jeannine moved to Elliot Lake to enjoy retirement. Predeceased by his parents - Bertha and Theodule Landriault and by eight siblings - Vital (Ruby and Eileen), (Andy) Antoine (Marion), Orval, Helen (Eugene) Mailloux, Noella (Noble) Andress, Howard (Carol Anne), Henry (Grace) and Alfred and by in-laws - Joe Sidock and Brenda Landriault. He is survived by his wife of fifty-one years, Jeannine Landriault (nee Leblanc) of Nipigon, by children, grandchildren and great grandchildren - Debbie Landriault (Jay Durham) and Brenden Durham of Hamilton, Ontario, Wanda Phillips of Little Current, Ontario {Nathan and Duncan Phillips both of Nairn, Ontario and their father Dale Phillips of Webbwood, Ontario}, Terrilynne (Michael) Elliott of Nipigon {Rainy Elliott (Dustin Roberts) of Thunder Bay, Ontario and Winter Elliott [Owen] of Nipigon}, Robert (Courtney) Landriault of Hamilton, Ontario, {Leah [Olivia], Alexander and Faith Landriault all of Hamilton}, by five siblings - Marie (Bill) Sabe of St. Thomas, Ontario, Gloria Sidock of Blind River, Ontario, Theodore Landriault of Massey, Ontario, Zella (Aurel) David of Espanola, Ontario, Leo (Laurel) Landriault of northern British Columbia and by in-laws - Violet Landriault of Walford and Livy Landriault of Summerland, British Columbia. Numerous nieces, nephews and other relatives also survive including Anne and Stephen Withers of Elliot Lake, Ontario. According to Norman's wishes cremation has taken place. A Celebration of Life will be held on Saturday, May 25, 2019 at 11 A.M. at the Walford Community Centre with John Rimore officiating. Interment of cremains will follow at the St. Francis of Assisi Church Cemetery, Walford. Friends so wishing may make donations to the Walford Community Centre, the Nipigon District Memorial Hospital Palliative Care or the Walford Catholic Women's League. Arrangements are in the care of Elliott Funeral Home Ltd., Nipigon, Ontario.



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EMPLOYMENT OPPORTUNITIES

Employment Opportunity

Studio Twelve Hair Design is looking to fill a part time (with potential of full time) position. Preferably licensed stylist.

If you are motivated, enthusiastic and enjoy working with the public please drop off a resume at: 400 Centre Street, Espanola

Employment Opportunity

studic

The One Tot Stop Day Care in Espanola is looking for a reliable, flexible and caring individual for a 12-month contract as a child care assistant/cleaner for approximately 22.5 hours per week. Work will take place in the afternoon to early evening and supply hours may be available.

Successful applicants will be required to have a current vulnerable sector criminal reference check and valid First Aid before first day of work. Position to start January 7th, 2019. If you have sent a resume previously, we encourage you to apply again.

Please send your resume, cover letter and references to The One Tot Stop Day Care, Box 695 Massey, ON POP 1PO, or to onetotstop@bellnet.ca by Tuesday December 18th.



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COMMITTEE/BOARD MEMBERS NEEDED



THE CORPORATION OF THE TOWNSHIP OF SABLES-SPANISH RIVERS

Invitation to Ratepayers - Committees and Boards

The Corporation of the Township of Sables-Spanish Rivers is inviting ratepayers to express their interest in serving on any of the following committees and boards, for the 2018-2022 term of Council.

- Economic Development Committee
- Parks and Recreation Committee
- Library Board

Please submit your name and contact information, along with a brief outline of what you envision and could contribute to that committee, no later than 12:00 p.m. on Thursday, January 3, 2019.

Kim Sloss, Clerk-Administrator Township of Sables-Spanish Rivers 11 Birch Lake Road, Massey, ON P0P1P0 Tel. 705-865-2646 Fax 705-865-2736 Email: inquiries@sables-spanish.ca

The Massey Area Museum is also looking for additional Board members. Interested individuals are asked to contact Barb Mawhinney, President, at 705-822-5957 or bb.babsea@gmail.com COMMUNITY NOTES

EHS Christmas Concert - Espanola High School gym December 11, 6:30 p.m. Admission is silver donation to the band or Donation to the food bank.

Children's Clothes' Closet at Calvary Baptist Church – Wednesday, December 12 from 10:00 a.m. – 2:00 p.m. Accepting donations at this time.

Spanish River Snowmobile Club - next meeting Wednesday, December 19, 7:30 p.m. at the Spanish River Inn.

From Soup to Tomatoes - Basic Class 9:00 - 9:45 a.m., Gentle Class 10:00 - 10:45 a.m., Yoga Class 11:00 - 11:30 a.m. Mon-Wed-Fri at the Elks Hall for all three classes. Mon-Wed-Fri Basic class only at the Seniors Drop In Centre.

Free Indoor Pickle Ball - Mondays 7:00 - 10:00 p.m. & Saturdays 9:00 a.m. - 12:00 p.m. at the Espanola High School Gym. Begins Saturday, November 3. Contact Mike 705-662-5859 or Greg 705-863-2684.

Do you have a NOTE for the Community?

We invite not-for-profit organizations to submit information on their upcoming events in writing no later than *Wednesdays at 3:00 p.m. 25 Word Limit.* E-mail: around@aroundandabout.ca

Recipe

If you love jalapeno poppers and stuffed mushrooms then this recipe is for you! The creaminess of the cream cheese and the slight heat from the jalapeno pairs deliciously with the bacon and cheddar. If



you like extra heat, leave a few seeds or ribs in the jalapenos. This can be easily doubled making it perfect for holiday parties.

Jalapeno Popper Mushrooms

- 2 slices bacon
- cooking spray

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L

- 1 1/2 teaspoons olive oil
- 8 mushrooms, stems removed and chopped and caps reserved
- 8 mushrooms, stems re
 1 clove garlic, minced
 - 1 jalapeno pepper, ribs and seeds removed
 - (or leave a bit for extra heat), finely chopped
 - 1 (3 ounce) package cream cheese, softened
 - 3 tablespoons shredded Cheddar cheese
 - sea salt to taste
 - ground black pepper to taste

Place the bacon in a large, deep skillet, and cook over mediumhigh heat, turning occasionally, until evenly browned, about 10 minutes. Drain the bacon slices on a paper towel-lined plate. Crumble the bacon slices and set aside. Preheat an oven to 350 degrees F (175 degrees C). Spray a baking dish with cooking spray. Heat the olive oil in a skillet over medium heat. Stir in the chopped mushroom stems, garlic, and jalapeno; cook and stir until the mushrooms release moisture and soften, about 10 minutes. Transfer the mushroom mixture to a bowl, and stir in the cream cheese, cheddar cheese, and bacon. Season with salt and pepper. Spoon the cheese mixture generously into the reserved mushroom caps, and arrange the stuffed caps on the prepared baking dish. Bake in the preheated oven until cheese begins to brown, 15 to 20 minutes.