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**Espanola Cycling Plan
Moving Ahead - Final Draft
Expected In October**



Photo: More colourful bike stands such as this one are needed in Espanola to ensure bike security. A study shows this as a real need. Photo by Rosalind Russell

By Rosalind Russell - The Town of Espanola is working on their first cycling plan, and the work that has been done so far shows broad support for it in Espanola.

Justin Jones, the Manager of the Bicycle Friendly Ontario Program with the Share the Road Cycling Coalition, says polling done by OraclePoll shows that about 40% of Espanola residents are already using their bikes for utilitarian trips.

He adds 51% of residents are riding their bikes for recreational purposes in Espanola a few times a month.

Jones says the number one concern

Continued on back page...

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Espanola Cycling Plan Moving Ahead - Final Draft Expected In October

is more secure bike parking throughout town.

Increasing the availability of bike racks was seen as important by 66% of respondents, with people identifying destinations like the mall, the sports fields and the hospital as areas that lack safe, secure bike parking.

"From our tour of Espanola, we have observed that the community is quite bikeable by design - with its compact layout, grid network of streets and high percentage of in-town trips, every single trip that has an origin and destination within Espanola's

town limits is easily doable in 15 minutes or less on a bike. The stakeholder workshops identified a number of different ways to engage more residents in discussions about cycling in town, and the consulting team will be working closely with town staff over the summer to compile those suggestions into a draft plan that is ambitious, achievable and driven by what we've heard from the community to date."

Jones adds the final plan will be presented to council in October.

Richer Family Getting New Van

A Massey family has been able to raise the money needed for a new wheelchair accessible van.

The family's 2007 van was starting to fall apart so a go fund me was set up for Lisa and Julian Richer's daughter, Emily, who needs to travel to Sudbury and Toronto for ongoing medical care.

Lisa says with assistance from a secret benefactor in Sudbury who donated \$20,000, the support of the March of Dimes and the fundraising campaign, their new 2018 modified van is now reserved and could arrive by late summer.

She adds remaining funds are going to be put towards insurance, undercoating and a

trip to Sick Kids to Toronto in October.

The family thanks everyone who contributed.

Photo: Emily Richer, 13, the daughter of Julian and Lisa Richer of Massey, needs ongoing medical care. A fundraising campaign has helped the family obtain a new wheelchair accessible van. Photo by Lisa Richer



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AGS Summer Exhibit Documents La Cloche History



There was a reception for an exhibition of historical photographs co-curated by La Cloche regional historians Jon and Kerry Butler at the Art Gallery of Sudbury. The exhibit Through the Camera Lens: La Cloche 1900-1950, opened Thursday, July 12th at 5:00pm and runs until September 9th.

The Butlers have been collecting and conserving photographs from the

families of the Willisville area becoming historical experts on the histories and genealogies of La Cloche. After being featured at Art Gallery of Sudbury, the exhibition will circulate to the Timmins Museum and National Exhibition Centre in 2020.

The Sudbury gallery is located at 251 John Street. Visit artsudbury.org.

Donate Blood In Honour Of Blake Bond-Crawford

Please attend a blood donor clinic in honour of Blake Bond-Crawford.

In September of 2014, at the age of 5, Blake was diagnosed with Acute Lymphoblastic Leukemia (ALL). Blake received hundreds of blood and platelet transfusions. In January 2018, after three long years, Blake was given a clean bill of health.

Unfortunately, in February of 2018, Blake was diagnosed with Acute Myeloid Leukemia (AML). He received treatment at Children's Hospital of Eastern Ontario (CHEO) in Ottawa and his family was informed that he now needs to travel to Toronto for a bone marrow transplant in July.

"Thank you to everyone who

donates blood. Without blood and platelets, Blake would not have survived," says Kayli Bond (Blake's mom). "Please consider donating blood in honour of Blake at the Espanola blood donor clinic - you too could be saving someone's life," says Bond.

Espanola residents are encouraged to donate blood in honour of Blake on Monday, July 23rd from 12:30 pm - 2:30 pm & 4:00 pm - 7:00 pm. at the Espanola Blood Donor Clinic, Espanola Columbus Hall, 399 Mead Street.

To discover all the ways you can help and to book your appointment, visit blood.ca or call 1 888 2DONATE (1 888 236 6283)

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All The World's A Circus

William Thomas

williamjthomas@gmail.com

If It Weren't For Bad Luck, This Guy Would Have None At All

Lost: ten-year-old Endicott Beagle. Deaf, blind in one eye, missing front right paw. Comes when called to the name of 'Lucky.' (Yeah, but not right away, eh?) Dylan McWilliams is a lucky guy. Or to quote the 20-year-old outdoors man from Grand Junction, Colorado: "I don't seem to have a lot of luck but I'm kind of lucky in unlucky situations. That sounds like you're fortunate because you found a box of fortune cookies but wait, it gets better. Unlucky situations seem to shadow Dylan with the same frequency that chaos follows a Trump tweet. Last spring Dylan was body surfing off the coast of Hawaii when something hit his leg. "I started kicking it and swam ashore as quickly as I could."

An eight to ten-foot Tiger shark took a bite out of Dylan's leg requiring seven stitches to close. So yeah, Dylan's lucky enough not to be trying to get a 50 percent discount at the Foot Locker on a half a pair of shoes.

Dylan may have spotted the shark sooner but his neck was still stiff and the scar tissue on his head had not fully healed from the previous unlucky incident that happened last summer in his home state of Colorado. Sleeping outdoors on a camping trip, Dylan woke up suddenly at 4:00 am with his head in the mouth of a bear.

"This bear grabbed me by the back of the

head and I was fighting back, poking it in the eye until it let me go." It took nine staples to close the gashes on the back of his head and neck.

The 300 lb. male black bear was found the next day by park rangers and shot to death after they found traces of Dylan's blood under his claws. So yeah, Dylan's a luck guy and in the ongoing struggle between man and beast to cohabitate this planet, a whole lot luckier than that bear. How lucky? Well Dylan does a lot of tramping around Canada in the summer and even though I have a soft spot in my heart for hitchhikers, there's just no way I am going to stop and pick up a one-legged, headless backpacker with a permanent bite mark on his good leg.

Oh yeah, the bite mark. That unlucky incident happened three years ago in Utah where Dylan was just walking along a remote trail and thought he kicked a cactus. He quickly realized that cactuses don't coil and spring but really pissed-off rattlesnakes do. Sick for a few days until the venom worked its way out of his system, Dylan was back in the great outdoors within days. "A" for attitude, Dylan has great respect for animals and their territories and feels these unlucky situations just happen.

So for Dylan McWilliams it's on to the next near-death adventure which is

Continued on page three...

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Continued from page two...

probably fly fishing in the Florida Everglades where a 15-foot reticulated python has the initials DM tattooed on his lower lip.

And Dylan if you ever go whale watching, nail both your shoes to the deck, okay? Otherwise one slip and they'll be changing your name to Jonah and wait ... that actually did happen to James "Whitey" Bartley.

Documented in the ship's log of the Star Of The East on August 25, 1891, the 35-year-old sailor fell overboard and was swallowed by a sperm whale off the Falkland Islands. "I looked up and saw a big-ribbed canopy of light pink. I felt myself drawn downward, feet first ... a wall of flesh surround me. Yet the pressure was not painful and the flesh easily gave way like soft India rubber before my slightest movement."

Bartley goes on to say it was completely dark and he felt fish around him that were still alive. Soon breathing became harder, it got terribly hot and finally he passed out.

The whale was later killed and tied alongside the Star Of The East. The next morning

a 'cutter' noticed "a light spasmodic movement" in the whale's stomach. Hoping for a large fish, he sliced open the stomach and out popped his mate, James Bartley. He was unconscious and his skin was bright white having been bleached by the gastric fluids of his huge fish. After two weeks of delirium, Bartley finally began his recovery but he remained an albino to the day he died. Bartley was later killed in the Mohave Desert when he was run over by an ATV driven by Dylan McWilliams. No, I made that one up, but the rest is absolutely true.

Most young men aspire to landing a good job or hoisting a trophy over their heads, but I think Dylan McWilliams just wants to get his picture in Ripley's Believe It Or Not! They say you earn the luck you have but it's like Dylan broke a mirror and got seven years bad luck. Meanwhile his guardian angel is trying to get him ten.

For comments, ideas and copies of The Legend of Zippy Chippy, go to www.williamthomas.ca

Drownings In Local Area

Anyone going on the water is warned to be sure you are wearing your life jacket, especially after the recent spate of drownings in Northern Ontario.

Over the Canada Day holiday week, there were six drownings in north-eastern Ontario, two of them in the local area.

The body of a swimmer reported missing on the evening of July 1st at the Chutes Provincial Park north of Massey was recovered July 4th.

Espanola OPP say the body of

28-year-old Talwinder Singh from Lasalle, Quebec was recovered July 4th.

Meanwhile, a 62-year-old man from the Ottawa suburb of Orléans was found dead in Whiskey Lake, about 50 kilometres north of Massey.

OPP says a canoeist found the body near an abandoned boat Wednesday morning.

The body was recovered by OPP officers and identified as John Meilleur.

It's believed a lack of flotation devices led to these and other drowning deaths in the province in early July.

OPP Police Briefs

ADULT MALE CHARGED WITH SEXUAL ASSAULT OF YOUTH

(MASSEY, ON) - On June 29, 2018, members of the Manitoulin-Espanola Ontario Provincial Police (OPP) Detachment received a report of a sexual assault of a young person. The accused individual is not a stranger to the family and the incidents have been occurring over a period of time.

As a result of a police investigation, Cecil NORONHA, age 66, from Sables-Spanish Rivers Township, Ontario has been charged with the following Criminal Code offences:

- Sexual Assault on a Person Under Sixteen Years of Age, contrary to section 271;
- Sexual Interference, contrary to section 151; and with
- Uttering Threats - Cause Death or Bodily Harm, contrary to section 264.1(1)(a).

The accused is scheduled to appear before the Ontario Court of Justice in Espanola on September 17, 2018.

Any person with information about these incidents should immediately contact the Ontario Provincial Police at 1-888-310-1122 or their nearest police authority.

Should you wish to remain anonymous, you may call Crime Stoppers at 1-800-222-8477 (TIPS) or submit information online at www.sudburycrimestoppers.com where you may be eligible to receive a cash reward of up to \$2000.

Victims of Sexual assaults are not alone. If you have been sexually assaulted or know someone who has, there are local resources to help you. You can visit the Manitoulin Family Resources website at www.mfresources.net for assistance. A toll free call can also be placed to the Assaulted Women's Helpline at 1-966-863-0511 where your information will remain anonymous and confidential.

If you are in an immediate crisis, please dial 9-1-1.

Drug Alert: Purple Heroin In Espanola And Area

An alert about purple heroin in Espanola and surrounding area has been put out by Public Health Sudbury & Districts, on behalf of the LaCloche Foothills Community Drug Strategy.

Public Health Communications Officer Christopher Pollesel explains carfentanyl is an opioid used by veterinarians for large animals and is 100 times stronger than fentanyl.

An amount the size of a grain of salt, or 20 micrograms could be fatal to a person.

Pollesel adds purple heroin can also be sold under the name "purple" or "pulp" and is heroin mixed with fentanyl or carfentanyl.

Overdose symptoms include:

- blue lips or nails
- dizziness and confusion
- can't be woken up
- choking, gurgling or snoring sounds
- slow, weak or no breathing
- drowsiness or difficulty staying awake

If you are using drugs, please do so safely

Have naloxone (NARCAN®) ready.

- Use with other people, but NOT at the exact same time. Never use drugs alone.

- Start with smaller amounts than usual.

- An overdose occurs quickly.

- Call 911 if you suspect the person is overdosing.

- Stay with the person until help arrives.

- For a free naloxone kit, contact Public Health Sudbury & Districts or ask your local pharmacist.

About fentanyl: Fentanyl is a powerful synthetic opioid pain reliever that is similar to morphine and is estimated to be 50 to 100 times stronger.

About carfentanyl: It is a toxic synthetic opioid which is sometimes mixed into street drugs and is not intended for human consumption.

It has been used in tablets that look like prescription drugs, has no smell or taste and you can't see it. You may not know that your drug is laced with carfentanyl, but it comes in many forms: powder, pill, liquid and blotter.

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NOTICE

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MEETINGS

Massey Agricultural Society monthly meetings - 3rd Tuesday of the month. Held at Massey Firehall @ 7pm. We welcome the public's attendance. 10/23

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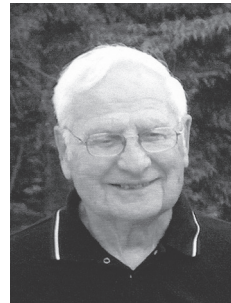
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OBITUARY



Sakaluk – Fred of Espanola passed away at the Espanola Nursing Home on Saturday July 7, 2018 at the age of 86. Beloved husband of the late Helene (2016). Loving father of Kirby (wife Kari) of Brantford, Steven (wife Suzanne) of Ottawa, Mark (wife Debbie) of Espanola, Caroline Burk (husband Ken) of Ottawa and Russel (wife Roxanne) of Espanola. Cherished by 14 grandchildren and 10 great grandchildren. Dear brother of Judy Sakaluk and Pat Sakaluk. Also will be sadly missed by many friends and relatives. A Memorial Mass was held at St. Jude R.C.C. on Wednesday July 11, 2018 at 10 AM. Interment in the Espanola Cemetery. If so desired, donations to the Espanola Hospital Therapeutic Park would be appreciated. Arrangements by BOURCIER FUNERAL HOME, Espanola.

NOTICE/VOLUNTEER'S WORKSHOP

Volunteer's Workshop July 29th, 2018 @ 1:00pm

We invite all former volunteers and persons interested in learning the new system of accepting exhibits for Massey Fair to attend this workshop and learn the changes that have taken place since computerization of the Fair.

Volunteers are needed:

- To accept the exhibits on August 22nd & 23rd
- To arrange exhibits in the exhibit hall August 22nd & 23rd
- To work with the judges on August 24th
- To release the exhibits to the owners on August 26th.

In order to volunteer for any part of the above – it is "mandatory" that all interested persons attend the workshop on July 29th, 2018.

If you do not attend the workshop – you will be unaware of the changes and will not be able to participate in any part of the exhibits during the 2018 Massey Fair.

Workshop will be held in the Office building @ Massey Fair on Sunday, July 29th @ 1:00pm. Refreshments will be provided. Please join us!

Massey Agricultural Society



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Coffee Lovers Got A Surprise In Espanola When National NDP Leader, Jagmeet Singh, Dropped By In Early July



Photo: National NDP leader, Jagmeet Singh and his brother, Gurratan Singh, along with AMK MP, Carol Hughes, dropped by the Moose studios on Friday as part of their day trip to Espanola and Manitoulin Island. Gurratan is also in politics and represents Brampton East as MPP and as a member of the NDP. Photo by Rosalind Russell

Singh visited Manitoulin Island for a few days and then stopped in Espanola on Friday, July 6th, including a coffee club impromptu town hall meeting at the Tim Hortons in Espanola, capping off the day with a visit to the Moose radio station to share his experiences and some of his opinions with this reporter on behalf of listeners and Around&About readers.

Singh says Northerners have brought many issues to his attention including what he calls the housing crisis.

He says he realizes there are problems for people to afford housing anywhere, whether they be seniors or young professionals just starting out and that there has to be countermeasures put in place to help offset the high costs of buying a home, let alone finding a place to rent.

He adds autism does not end when a child turns eighteen and

so there has to be a concerted effort to look at ways to continue providing supports for those individuals who need it once they age out. He adds he will be taking a closer look at the issue.

Singh emphasizes he also supports FEDNOR and economic initiatives to create jobs in the North.

Environmental protections for such beautiful places as the North is also a priority for Singh. He says it is beautiful here and that he will definitely return. Part of their three-day mini-holiday was spent with Hughes and her provincial counterpart, Mike Mantha. Mantha took the two brothers to Manitoulin hotspots including Dreamer's Rock, the Cup and Saucer hiking trail, Providence Bay and Misery Bay Provincial Park. They enjoyed hiking, swimming and cycling on our wide paved shoulders.

PaperWorks, 85 Centre Street, 705-869-6883

COMMUNITY NOTES

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Save A.B. Ellis Meeting - Thursday, July 19 from 1:30—3:00 p.m. at the United Church chapel. Everyone welcome

Vacation Bible School 2018 - Massey Bible Chapel VBS July 22-25 each evening from 6:00-8:00. For all children JK to Grade 7. Free admission.

Pickle Ball & Tennis at the Espanola Courts - Courts are open daily. Equipment available at the rec centre.

Clothing Donations - Donations for overseas relief can be dropped off at 80 Withers Rd. Massey. Also footwear, bedding & sewing supplies. Call Ray Brubacher at 705-844-9992.

United Church of Espanola - WE ARE OPEN - United Church of Espanola continues to have worship service every Sunday morning at 10:00 a.m. with Sunday School. All are welcome.

Do you have a NOTE for the Community?

We invite not-for-profit organizations to submit information on their upcoming events in writing no later than

Wednesdays at 3:00 p.m. 25 Word Limit.

E-mail: around@aroundandabout.ca

Recipe

If there's one thing that goes well with most favourite summertime mains, it's pasta salad! You seriously can't go wrong. A

pasta salad is customizable, and easily scaled depending on how many people you are serving; it's the perfect party food. We had the following salad at a Birthday party last weekend and it was a crowd-pleaser. The tortellini holds up really well with all the veggies, cheddar cheese, and bacon. Fresh ranch dressing from the produce section will make this salad extra special. You can add more dressing before serving if you like creamier.

Bacon Ranch Tortellini Salad

- 1 (20 ounce) pkg. refrigerated tortellini
- 10 slices bacon
- 1/4 cup red onion, diced
- 1/2 cup grape tomatoes, quartered
- 1/2 cup cheddar cheese, shredded
- 1/4 cup green bell pepper, diced
- 3/4 cup ranch dressing



Cook the tortellini according to the package directions. Drain and cool in an ice bath. Drain again and refrigerate while preparing the bacon and vegetables. Heat a large skillet over medium-high heat. Cook the bacon until crisp, drain grease, and then roughly chop. Set aside 1/4 cup of bacon to use as a garnish. In a large bowl, toss the cooled tortellini, crumbled bacon, tomatoes, cheddar cheese, red onion, and green pepper with the Ranch Dressing. Garnish with the reserved crumbled bacon and serve immediately.