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Massey Area Woman Needs A Liver Transplant



Photo: Leslie Knibbs and Elizabeth Cassidy. Elizabeth needs a liver transplant and the communities of Sagamok and Massey are drawing together to help them financially carry the cost of medication and travel not covered by any supportive programs. Photo provided by Leslie Knibbs

By *Rosalind Russell* - A well-known musician and education assistant from the Massey area needs a liver transplant. According to Leslie Knibbs, his wife, Elizabeth (Beth) Cassidy, has a rare liver condition called Wilson's disease where the body cannot assimilate copper properly and eventually it collects in various organs causing organ failure. Knibbs says in Beth's case, they were able to keep it in check for the last 25 years, but on December 22nd, her liver failed. She is now on medication and waiting a partial or full transplant, if a match is found. The cost of the medications, over \$1,500

Continued on page 4...

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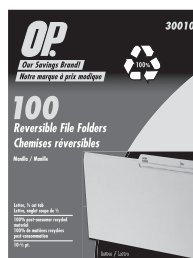
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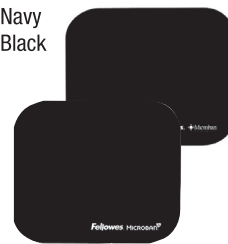
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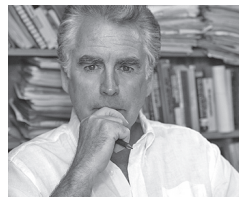
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All The World's A Circus

William Thomas

williamjthomas@gmail.com

As The Temperature Drops So Does Our IQs

I swear it's the dead of winter that bring out the chillingly strange.

Last month's weirdness began with a newspaper article about a horrible car bombing near police cadet barracks in Bogota, Columbia. Police blamed the rebel group National Liberian Army and singled out Jose Rojas as their prime suspect. They described Rojas as "a one-armed explosives expert." And I thought no, anybody who deals in explosives and has lost an arm is definitely not an 'expert'! I'm going with Jose "Oops! Kaboom!" Rojas.

In a first for Catholic technology, there's now an app with which you can pray along with the Pope and in a setback for NASA, a Dutch astronaut accidentally dialed 911 from the Space Station. Police acknowledged receiving the call but were reluctant to send an officer up there in a cruiser.

Calgary's Andrew Humphreys lost his cat Hank and after six months of searching assumed he was dead. But after all that time Hank showed up at... where else, a cat café! And as if that was not lucky enough, Andrew found him on adoption night at the Regal Cat Café so he was able to bring the little bugger home.

So the next time Sparky runs away from home, don't waste your time putting up posters. Call the Dog Café in L.A. where during Yappy Hour they serve Bowser Beer and a flinty little Zinfan Tail wine.

Last month the U.S. Consumer Product Safety Commission released a list of people who had to go to emergency rooms for things that got stuck in their bodies that aren't supposed to go there. Ears took a beating from popcorn kernels, Q-tips and crayons. Noses didn't fare much better on the receiving end of computer keyboard keys (one up each nostril), a pool noodle, a piece of steak and a sex toy. And out of the rectum came lots of string, a Christmas

ornament ball, a tooth brush and a cellphone. "Hello. I can't get to the phone right now so please leave a message and I, or the doctor on duty, will get right back to you."

Tearfully, a New York woman gave doctors her consent to end the life of her brother. Except her brother – who shared the same name as the man the hospital did in fact euthanize – was healthy and in jail. The woman is now suing the Brooklyn hospital and also promises to keep in better touch with her brother.

A Montreal woman ordered a cat dish from Amazon and was understandably surprised when she received, in a package left on her doorstep, a stun gun and a can of pepper spray. There's no evidence whatsoever that Amazon held a grudge against her cat. Both items, the taser and the aerosol agent used to cause temporary blindness are illegal in Canada. The woman immediately surrendered the items to Montreal police. Amazon apologized citing a bar code mix up and somewhere on the streets of Montreal, some sad crook is unsuccessfully trying to mug people with a cat dish.

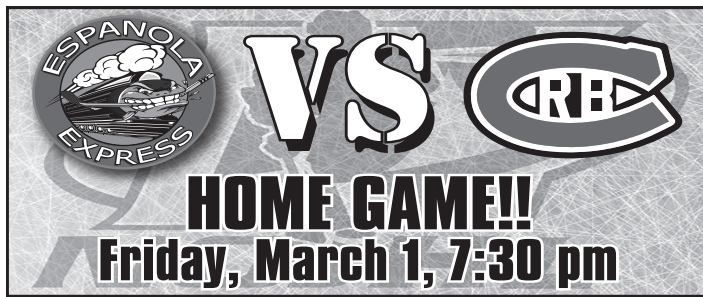
Pop star Ariana Grande thought she was getting a Japanese tattoo that read "7rings," a self-tribute to her new single. The tattoo artist screwed up and she now has a permanent tattoo on the palm of her left hand that means: "small Japanese charcoal barbecue." It also doesn't help that she's a vegan. It could have been much worse. Another famous screw up on the English translation on a Japanese menu once reads: "Fried Rice with Barbecued Porn."

In Indiana a horse got stuck in the split trunk of a tree in freezing temperatures while in New Jersey a toddler got stuck in his own toy in his bedroom. The horse was rescued by a town marshal with a chain saw while local police freed the kid from a plastic

Continued on page three...

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Continued from page two...

box designed to teach children various shapes. The horse sauntered back to the barn and ate his breakfast while the kid used a stun gun on his mother which was mistakenly mailed to him by Amazon.

In Petersburg, Kentucky a couple built a masterpiece 10-foot snowman with a top hat that brought smiles to the faces of almost everybody passing by. But not a couple of vandals on an ATV who tried to destroy Frosty by driving over him. However Cody Lutz and his fiancé had built the snowman around a massive tree stump. Police are looking for two mooks who can't find their bumper because all they can see are stars.

Bad publicity for Burger King in Portland, Oregon who reneged on a promise to give a customer a lifetime supply of meals after he was trapped in their smelly washroom for more than an hour. Good publicity for the Oyster Bar in New York's Grand Central Terminal when customer Rick Antosh spit out what he thought was a filling and walked out of the restaurant with

a pearl worth several thousands of dollars. Even better luck for high school student Don Lutes, Jr who paid for his lunch in the cafeteria and got back change that included a rare 1943 bronze penny worth \$170,000 U.S. And bad luck for any woman on a first date with Paul Guadalupe Gonzales who invites them to dinner in a restaurant then walks out without paying the bill. Gonzales is now in a Los Angeles jail where it's hard to walk out on... well, it's just hard to walk out. Period.

And in Manchester, New Hampshire students are anxiously awaiting the birth of chicks from the couple of ducks who were wed in holy matrimony at the school last February. Then they all sang "Here Comes The Bride" and now they're hoping to throw a baby shower. And you wonder why American Students are so bad at math and geography!?!

For comments, ideas and copies of Never Hitchhike On The Road Less Travelled, go to www.williamthomas.ca

Reviewing Anishnabe Policing

A review of First Nation policing is underway.

The Police Governing Authority has engaged the services of Performance Concepts Consulting and the Compliance Strategy Group to conduct the review of 16 First Nation police services, including Sagamok-Anishnawbek First Nation. Anishnawbek Police Service is

undertaking the survey as part of an organizational review, so they are looking for input from the public.

The governing body oversees First Nation policing services and programs.

The survey will be available until the end of February.

For the link, go to: <https://www.apscops.org/survey/>

Franklin Paibomsai Elected To Another Term



garnering 181 votes. He told the Moose, with their work on treaty-related issues, they will need everyone to be actively engaged in advancing the matter, much like the efforts they have taken on issues like matrimonial real property, recreational cannabis or the Anishinabek education system.

This will be Franklin Paibomsai, Chief Shining Turtle's, first four-year term as chief of Whitefish River.

That's because Saturday's election was the first to be held under the new election code passed in September 2018.

Part of the changes include a shift from a two-year term to a four-year term, similar to municipalities.

Paibomsai handily beat the three other candidates

This is his ninth term, having first been elected in 2002.

There were also seven band members elected from the slate of 26 candidates.

Fifty-nine percent of the membership voted, 425 individuals in all.

Of that, 232 voted in person, 48 by mail and 145 electronically.

For complete results: go to: <https://onefeather.ca/nations/whitefishriver/elections/february-2019>

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Continued from front page...

Massey Area Woman Needs A Liver Transplant

a month, and the travel to Toronto is wearing on the family, both physically and financially.

A dinner is being held and a Go Fund Me has also been

set up by family friend, Peter Cormichan.

For the link to make a donation, go to: <https://www.gofundme.com/supporting-my-wife-with-liver-transplant-stay>

Espanola Winter Carnival Sees Record Crowds



The weather couldn't have been better for the Espanola Winter Carnival bringing people out and about to enjoy

the festivities. The First Annual Boomer Big Air Run was well attended and part of the ski trail was

renamed Boomer Park by Mayor Jill Beer to honour the Legacy of Brandon Boomhower, a 21-year-old athlete who passed away in December.

Jordan Wilson was proud to accept top honours as the winner of the event.

One of the most popular events, saw two hundred

seniors treated to dinner at the Paul and Hester Memorial Dinner hosted by the Espanola Lions Club and assisted by the Espanola Figure Skating Club. And, the 41st Annual Snowarama raised nearly \$10,000 and counting for Easter Seals with 32 riders taking part.

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Public Beware Of Frauds And Scams

The Ontario Provincial Police (OPP) would like to remind the public that there are many schemes being used to defraud the public and businesses.

In recent months there have been several ransomware (hack/virus) attacks on businesses and municipal government offices within Ontario. The purpose of this alert is to inform Ontario Municipalities of this recent trend, providing background details and information on handling ransomware incidents.

WHAT IS A RANSOMWARE ATTACK?

A ransomware attack occurs when a cybercriminal infects a victim's computer systems with malware that encrypts the data on those systems making them inaccessible and unusable without a decryption key. The cybercriminals will then demand some sort of ransom (usually in Bitcoin) in exchange for the decryption key. There are many types of ransomware that are distributed in various ways. The most common methods of infection begin with a phishing email or direct hacking of a vulnerable computer system.

WHO IS BEING TARGETED?

Everyone is a target, but individuals tend to be targeted by mass-market ransomware campaigns, while businesses and government offices tend to be the victims of more targeted attacks. Recently in Ontario, there has been a number of attacks on businesses and municipal government offices.

WHO SHOULD I CONTACT FOR ASSISTANCE AND WHAT INFORMATION IS REQUIRED?

- Information provided to your local police service can then be provided to the O.P.P. Cybercrime Investigations Team to assist in identifying the particular family and versions of ransomware impacting Ontario.
- A screenshot/photograph of the ransomware demand

- A screenshot/photograph of the encrypted files including full file name and extension

- Any contact email address provided by the attackers

- Any bitcoin wallet addresses provided by the attackers

WHAT SHOULD BE DONE TO PREVENT A RANSOMWARE ATTACK?

IT technicians of private and public entities should constantly assess and invest in the security of their computer systems. An integral part of prevention is to ensure proper offline backups of computer system data, strong password policies, and cyber security education and awareness for their employees.

DOES THE OPP SUPPORT PAYING THE RANSOM?

Individuals or businesses that receive a security or financial threat must determine for themselves whether a ransom should be paid. The OPP does not support paying ransomware attackers, as it only encourages further criminal activity, and there is no guarantee that payment will restore the encrypted data. That being said, companies and individual victims should address threats based upon the nature and severity of the threat and only after carefully considering the best interests of the individual or company's employees, stakeholders and shareholders. Regardless of the decision made by the municipality, business, or individual, the OPP strongly encourages reporting ransomware incidents to your local police service.

If you believe that someone is posing as a fraudster, hang up. You can file a complaint through the Canadian Anti-Fraud Centre, Crime Stoppers at 1-800-222-8477 (TIPS), or online at www.tipsubmit.com

If you are a victim of a fraud or scam, contact your local police detachment at 1-888-310-1122 or you can self-report the incident at www.opp.ca/reporting

Drivers Give Police Poor Excuses For Passing Stopped School Buses



Photo - Adam Ranger. Provided by the Ranger family

Drivers give police poor excuses for passing stopped school buses

Pierre Ranger, the chair of the Let's Remember Adam billboard campaign, says people who are caught passing a stopped school bus with its stop arm extended and lights flashing, give the police a wide range of excuses.

Ranger is the older brother of Adam Ranger, the five-year-old Mattawa boy who was struck and killed February 11th, 2000 while getting off a school bus in front of his home. This is the 19th anniversary of the youngster's death.

Pierre Ranger says none of the reasons people give police make sense and there are two of them that stand out.

The first, he says, is people "literally feel they don't have time to stop".

Ranger says people figure if they wait for the school bus to let students on and off the bus, they're going to be late getting where they have to be.

He says another poor excuse is the driver claims he or she was distracted.

"They say they didn't even know the school bus was there," Ranger says.

"Well if you didn't notice the school bus was there, how are you going to see a small child crossing the road in front of the school bus?"

Ranger has been lobbying to have cameras installed on the stop arm of school buses which would photograph vehicles that pass the stopped bus.

He's also suggesting a change to the eight light system on Ontario school buses.

Currently school buses have four red lights on the front and four on the back which begin flashing when the bus is coming to a stop.

Ranger says other Canadian provinces have a slightly different version of the eight light system.

He says in other provinces the front of the vehicle is equipped with two amber lights and two red lights and the rear has the same setup.

"So when the amber lights start flashing it's a warning that the bus is about to stop and when the red lights come on, it means you have to stop," Ranger said. He says the lighting is similar to traffic lights which give approaching motorists advance notice that the light is about to go red

The website: <https://www.letsrememberadam.org/> has information on how the public can help lobby to have the stop arm cameras become a reality.

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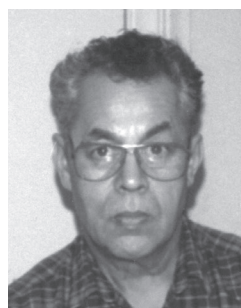
MEETINGS

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OBITUARY



ESPANIEL, RENE ALBERT Of Sagamok Anishnawbek passed away peacefully surrounded by loving family on Sunday, February 3, 2019 at the Espanola General Hospital. Rene was 88. Beloved husband of Jacqueline Elsie (nee Goltz-predeceased). Loving father of Dane (predeceased), Shawn (Julie) of British Columbia, Ian of British Columbia, Tracy Pasztor (Lou - predeceased) of British Columbia, Neil (predeceased). Grandfather to Shawn, Dane, Grant, Lindsay. Great grandfather

to James. Son of the late James and Susan (nee Commanda) Espaniel. Loving brother of Shirley Hatfield, Yvette Albert, Archie (predeceased), Douglas (predeceased), Kenny (predeceased) Irene (predeceased). Much loved by many nieces, nephews, extended family and friends. Special thanks to Troy, Ray and Samantha. Rene was born in Biscotasing, Ontario on June 12, 1930. He was a decorated war Veteran of the Korean War. He was a member of the Sagamok Anishnawbek First Nation and would look forward to annual pilgrimages to visit his former homestead on Biscotasing Lake. Following his father's footsteps, he began his career with the Lands and Forest and became the first indigenous game warden. He later worked for and retired from John Deere. During his retired years at Sagamok Anishnawbek he was an active member of Sagamok's Elder Committee and the Massey Royal Canadian Legion, where he took his duties as a Veteran seriously including the Remembrance Day Ceremonies and sharing those experiences with youth at various schools. A celebration of life for Rene will be held at the Massey Royal Canadian Legion Branch #432 on Saturday, March 23, 2019 at 1:00 pm with interment of ashes at a later date this spring. In lieu of flowers donations to the Massey Royal Canadian Legion or the Cancer Society would be appreciated.

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Recipe

Take a tough chuck roast, slow cook it on low for hours, and turn it into a tender roast with a creamy mushroom/onion gravy all in one pan. I made the slow cooker version last week with awesome results. When I got home from work, I removed the beef from the slow cooker to be sliced, poured the mushroom/onion drippings into a pot on the stove, and quickly thickened it with flour and water to make gravy. It was delicious served over mashed potatoes.

Beef Roast in Creamy Mushroom Gravy

- 5 lb chuck roast
- 1 tbsp olive oil
- 1 package of white or cremini mushrooms
- 1 large yellow onion, chopped
- 1 package dry onion soup mix
- 2 10.75 oz cans of cream of mushroom soup
- 1 1/4 cups water

Oven method:

Pre-heat your oven to 400 °F. Heat a skillet or a Dutch oven over medium heat with olive oil it. Place the chuck roast in and brown on all sides in the hot oil. Keep the roast in the Dutch oven or put it in a lidded roaster. Place the mushrooms and onions around the chuck roast. Whisk together the onion and mushroom soups with the water until as smooth as possible (it will remain a bit chunky) Pour over the roast. Place the lid on top of the roaster/ Dutch oven and place it in the preheated oven. Cook for 20 minutes then turn down the oven to 325°F. Cook for another 4-5 hours until the roast pulls apart easily when touched with a fork. Remove and plate. Whisk together the mushrooms and onions and drippings to make a gravy. Serve over the beef.

Slow Cooker Instructions:

Heat a skillet over medium heat with the olive oil it. Place the chuck roast in and brown on all sides in the hot oil. Place into the slow cooker. Place the mushrooms and onion around the chuck roast. Whisk together the onion and mushroom soup with the water until as smooth as possible (It will remain a bit chunky) Pour over the roast and place the lid on the slow cooker. Cook for 8-10 hours on low until the roast pulls apart easily when touched with a fork. Remove and plate. Whisk together the mushrooms and onions and drippings to make a gravy. Serve over the beef.



COMMUNITY NOTES

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Children's Clothes' Closet at Calvary Baptist Church – Wednesday, February 20 from 10:00 a.m. – 2:00 p.m. Clothing donations only thank you.

Lumber Jack Luncheon – Thursday, February 21 from 11:00 – 2:00 p.m. at the St. Jude Hall.

Save A. B. Ellis Meeting - Thursday, February 21, 1:30 - 3:00 p.m. United Church downstairs, Everyone welcome.

Northshore Pins & Needles Quilting & Stitchery Guild - Next meeting, Wednesday, February 27, 7:00 p.m. at the Espanola Royal Canadian Legion. New members welcome.

World Day of Prayer 2019 Slovenia – Hosted by the St. Jude Parish Friday, March 1 at 7:00 p.m.

Zion Lutheran Church Massey Annual Baked Bean Supper – Sunday, March 3, 4:30 – 6:00 p.m. For more information call 705-865-2020.

Massey Area Museum – Open to play board games, card games on Wednesdays & Fridays from 1:00 – 5:00 p.m., until March 31. Family Fun Saturdays February 23, March 9 & 23, 1:00 – 5:00 p.m.

Voices Of Spring - Community Choir rehearsals every Saturday at 10:30 a.m., in the basement of St. Andrew's United Church. New members most welcome!

Canadian Cancer Society, Sudbury & District - We need volunteers in the Espanola area to sell pins for our daffodil campaign. To get involved and make a difference, visit: www.mycsschedule.ca

Lighthouse Community Lunch - Free community luncheon at the Lighthouse, across from the Royal Bank, every second and fourth Tuesday of the month, 11:30 a.m. - 1:00p.m.

From Soup to Tomatoes - Basic Class 9:00 – 9:45 a.m., Gentle Class 10:00 – 10:45 a.m., Yoga Class 11:00 – 11:30 a.m. Mon-Wed-Fri at the Elks Hall for all three classes. Mon-Wed-Fri Basic class only at the Seniors Drop In Centre.

Do you have a NOTE for the Community?

We invite not-for-profit organizations to submit information on their upcoming events in writing no later than **Wednesdays at 3:00 p.m. 25 Word Limit.**
E-mail: around@aroundandabout.ca

Espanola High School Information Night rescheduled

Due to the weather, Espanola High School's Information Night on Thursday, February 14, 2019 has been rescheduled to **Thursday, February 21, 2019 at 6 pm.**



705-869-6883

email: around@aroundandabout.ca

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