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January 29, 2019 Issue #5 - Volume 23

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Talk About Rooster Tails – Funding For Snow-Making In Espanola



Photo - Members of the Lions Club, and the Ski Hill Executive braved the frigid morning temperatures for a photo shoot and BRIEF tour of the new snow making equipment bought with the Club's \$11,000 donation to the Ski Hill. Photo provided by Grant Lewis

By Rosalind Russell - It is hoped the generosity of local clubs and businesses will mean a longer season for ski and snowboard enthusiasts in Espanola.

Espanola Ski Club general manager, Tom Hutchinson says they are making the white stuff on Boogie Mountain

Continued on page 4...

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- *Snowshoe lending available @ Rec Complex
- *Outdoor Rink Open pending weather & ice conditions
- *Capture Our Community 2019 Winter Street Banner Contest make Winter Carnival your inspiration for winter design submissions! For rules & guidelines visit espanola.ca



NOTICE of RECORDING
Events at the Ski hill may be video recorded for use in social media.

Friday February 8th

@ LIBRARY

- 10am **FREE BYO Baby Family Movie "Lady Bird"**
- 2pm **FREE Afternoon Escapes Family Movie "Lady Bird"**
- 6pm **FREE Teen Munch to the Movies featuring "Tag"**
Hosted by the Espanola Public Library

@ REC COMPLEX

- 11am-1:30pm **Chili Luncheon**
Hosted by Espanola Masonic Lodge
- 7:30pm **Espanola Express VS Blind River Beavers**

AROUND TOWN

- 5pm-1am **38th Annual Spaghetti Supper & Elimination Draw**
for tickets 705-869-0692 or at the KC Hall between 4-6pm
- 6:30pm **Meat Roll-Off & 50/50 Draws**
Espanola Royal Canadian Legion

Saturday February 9th

@ REC COMPLEX

- 9am-12pm **Carnival Skate Exchange**
Hosted by Public Health Sudbury & Districts and the Espanola & Area Family Health Team
- 9am-12pm **Dansations Bake Sale**
- 1-2pm **FREE LIONS Swim**
- 10am-3pm **Paint S-Capes with Christine Mick**
Stained-Glass-Effect Painting Workshop
- 4-4:30pm **Dinner Prelude with Espanola Strings**
- 4:30-6:30pm **Paul & Hester Zahorec Memorial Supper**
Sponsored by the Espanola Lions
- 7:30pm **Espanola Express VS Powassan Voodoos**

@ LIBRARY

- 10am **FREE Book Reading + Signing with Kathy Carre**
- 11am **FREE Family Movie "Smallfoot"**

AROUND TOWN

- 9am-12pm **FREE Pickle Ball @ Espanola High School**
- 9am-12pm **FREE Family Yoga & Playgroup**
Hosted by Our Children Our Future @ Sacred Heart School
- 11am **Ball Hockey Tournament @ DFR Sports Bar Parking Lot**
Registration & payment at DFR before Feb 7th call 705-583-3663
- 3:30pm **Meat Roll-Off & 50/50 Draws Espanola Royal Canadian Legion**

@ BOOGIE MOUNTAIN SKI HILL

- 9:30am-1:30pm **The Boomer Big Air Event**
In honour of Brandon Boomhower's passion for jumping & rails
- 11am-2pm **Espanola Coffee Roasters @ warming station**
- 11am-3pm **Warming Station**
Hosted by Espanola 3rd Cubs & Scouts. Sponsored by Carlyle Construction
- 11am **North Shore Search & Rescue Survival Skills**
- 11am-5pm **GET ANIMAL! Professional Face Painting**
Sponsored by Gray Street Veterinary Services
- 2-3pm **Radar Run**
- 2-5pm **FREE Outdoor Games & Stephano the Magician**
Bubble Soccer * Snow Ball Toss * Slap Shot Wall * Stick Handling
- 4-5pm **Prize Presentations /BOOMER BIG AIR EVENT & RADAR RUNS**
- 5-6pm **Chalet Chili Dinner**
- 6-7pm **Christmas Tree Bonfire**
- 7pm **Starlit Guided Snowshoe**
- 8pm-1am **After Party / Licensed**

Sunday February 10th

AROUND TOWN

- 9am **41st Annual Snowarama for Easter Seals**
Sponsored by CTV, Mid North Monitor, Moose FM, Around & About/Paper Works, My Espanola Now, Tim Hortons, Red Dog Grill
- 1pm **Canadian Wrestling Federation presents... Anti-Bullying Workshop & Pro-Wrestling Extravaganza FREE**
Doors Open at 12:30pm @ Espanola High School
Sponsored by Noojmowin Teg Health Centre in partnership with the Town of Espanola

@ BOOGIE MOUNTAIN SKI HILL

- 12-2pm **Races**
- 2:15-3:15pm **Kids Slopestyle**
- 3:30pm **Kids Slopestyle Prizes**

@ REC COMPLEX


- 2-4pm **FREE Who's Crafty KIDS Snowman Craft**
- 4pm **Espanola Express VS Elliot Lake Wild Cats**
- 7-9pm **Who's Crafty Valentine's Decoration & Card Making Event**

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All The World's A Circus

William Thomas

williamjthomas@gmail.com

Monday – Running Errands In The New, Not Normal World

So it's a drab and dreary Monday, a good day to run errands. I'm still puzzled about spotting the Canada Post rural delivery truck going from mailbox to mailbox yesterday! Sunday! I thought Canada Post was working to rule and here they are introducing six-day delivery service to rural Wainfleet.

With all the flashing lights on the truck it looks like an ambulance and make no mistake, if I did a face plant on my daily walk to Morgan's Point, 'Tim The Postie' would definitely stop and haul me into the back of his truck. The problem is Tim's so conscientious — he'd have to make several hundred stops before actually getting me to the hospital.

First, I should go to the shredding shop in Fonthill but I'm trying to avoid "cop on cop" shoot outs as much as possible. (What the hell was that about?)

So my first stop is a Pilates class at the Welland Wellness. Very clever those people because by putting the front entrance at the back of the building, first-time visitors get a brisk 20-minute walk before they can find an open door.

After the class — did you know there's a Pilates lift-leg exercise called the Fire Hydrant? — I'm off to Nick's Cleaners to pick up my shirts ... but my shirts are not there. I really hate the level of incompetence in today's high-speed world!!! So does Rhonda: "You already picked them up last week!" (Note to self-Sudoku/sharpen memory.)

Next stop Four Seasons Bakery down the block for the best Calibrese, Eccles and Palmiers this side of Italy's 'Boot.' For your information this bakery is closed Mondays, I know that. I just pull on the closed door once every few weeks to be sure. (Note to self — double down on Sudoku!)

Now I'm driving down Crowland Avenue when the traffic light changes and as I proceed through the yellow, I notice a woman going past me in the opposite direction and she's really late, speeding through the yellow. And she was wearing a hijab.

A recent newcomer to Canada, by chance? Running a stoplight no less! And I think to myself if she also bitches about the weather, parks outside her garage which is filled with junk, drinks beer, mocks America and thinks the Leafs have a shot at the Cup this year, then yes! Another successful conversion from immigrant to true blue Canadian.

A few blocks later I pass fifty kids waving green flags while cheering and yelling in protest of Doug Ford's cuts to services for Franco-Ontarians. And I can't help saying: "Thank You, Doug." Your meanness and narrow-mindedness just created two, maybe three social activists of the future who will go on to champion the goodness and fairness of their generation.

Almost home, I drop my chainsaw off at Lou's Small Engine Repair in Port Colborne. Expecting to get a Lou, I get Mary Lou who's small and wiry, rough and tough and says things like "okey dokey" and "don't that take the cake." Forget that "small engine" sign, this woman could replace the motor of an 18-wheeler while it was proceeding down the QEW at 100 KPH.

After a careful assessment of the chain saw blade — "this one's had the biscuit. New one's whatcha need." — Lou looks at my name on the ticket she just wrote up.

"William Thomas ... you that writer?" Guilty.

"You write that article in the ... what's it paper?" Okay.

Continued on page three...

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Continued from page two...

"You just wrote about people killing their spouses in various ways and what not?" Confirmed.

There's a very long pause until Lou looks me strait in the eye and asks: "So what'll you be needin' this chain saw for?"

I start laughing to the point I can't really answer her question. "Ah Lou? How be you do the repair work and I do the humour. Okay?"

And as the door hits me in the ass on the way out I hear: "Okey dokey."

Headed for the LCBO I'm shocked to see three members of the alt-right "Patriots on Guard" staging a protest against immigrants and Prime Minister Justin Trudeau. In Port Colborne! Wearing lime green, hooded jackets they shove their hate-filled signs towards pedestrians and cars passing by. We have a brief exchange of ideas, me and the guy closest to my car window. I suggest they drop the Canadian flag in favour of a Swastika. He suggests something I can't print here and would be physically impossible anyway.

Premier Doug Ford's failure

to denounce that arm-in-arm photo of himself and white nationalist Faith Goldy have emboldened the haters... even in small towns like Port Colborne! I wonder if all these fresh-faced activists Ford is inadvertently creating will one day be enough to slam the door on the bigots he's bringing out of the closet. Bullies are but blips (or is that blimps) in time, but karma is forever.

Last stop the post office and before mailing by Colon Cancer Poop Test to the OHIP lab in Toronto I write above the address, "Urgent! Deliver To The Desk of Doug Ford ASAP." Sorry, but when it comes to political protests, every little bit counts.

I arrive home having survived Monday in the era of the 'new abnormal.' I could really use one of those Eccles. I should have stopped at Four Seasons ... wait! I did! It was closed. (Note to self: double down on Johnny Walker Red!)

For comments, ideas and copies of Never Hitchhike On The Road Less Travelled, go to www.williamthomas.ca

Espanola Opts In For Cannabis

Espanola could see a cannabis retail outlet, but not likely for a long, long time.

Earlier this month, Espanola council discussed whether to opt in with the province to have such a business in Espanola.

Councillor Maureen Vanalstine was the only member to oppose that option stating her concern is for youth and that she would prefer to wait and opt in later once there is some data available.

However, Councillor Heather Mallot said it would likely be a year before Espanola would likely have a retail outlet.

Deputy Mayor Bill Foster pointed out the town could see revenue of \$60 to \$75,000 yearly.

Councillor Ken Duplessis says cannabis sales would be treated like the LCBO and Beer Store, so he had no concern with opting in.

Councillor Sandra Hayden agrees with Vanalstine, but believes education will be key to helping youth.

Mayor Jill Beer agrees with both Hayden and Vanalstine that education will play a big

role in developing a cannabis strategy for Espanola, and suggested revenues could go to educational initiatives.

The paper work has been sent in before the deadline and still with the story, as of Wednesday, January 23rd, it is a yes from over 300 municipalities in Ontario.

The opt-out option has closed and the AGCO reports only 76 communities have said no to local pot sales. While, for the opt-in communities, this means access to provincially filtered pot-tax, it does not mean the immediate opening of brick-and-mortar stores in April. Only 25 will open in Ontario in cities with no less than 50,000 people.

The marijuana shortage that led to Ontario's decision to limit pot stores may drag on for years.

Experts say with edibles likely to be legalized this fall, much of the product will be used to create cannabis-infused drinks and foods. Officials say the medical cannabis market is also driving up demand, and producers likely won't be able to catch up until at least 2022.

Hospitals Digital System Recovered From Virus

Local hospitals in the Espanola, Blind River, Elliot Lake and Manitoulin Island saw a return to full digital status last Friday.

Early Wednesday morning, January 16th, a virus got into the medical electronic record systems, Meditech and Mosaiq, at Health Science North infecting all 24 northeastern Ontario hospitals on line programming including Espanola, and secondary services, such as medical clinics, mental services and more.

Known as a zero day virus, it is the kind that has no patches or solutions available, and it can wreak havoc on digital

systems.

Health Science North communications specialist, Jason Turnbull said the virus came from another hospital, but did not say which.

He adds, as a preventive measure, all systems were taken off line including medical records.

Since there is no digital services, 10 hospitals saw their medical imaging systems taken off line and four hospitals, including Elliot Lake, had no email or other I-T services.

Espanola and Blind River had no out-patient laboratory services for the time being.

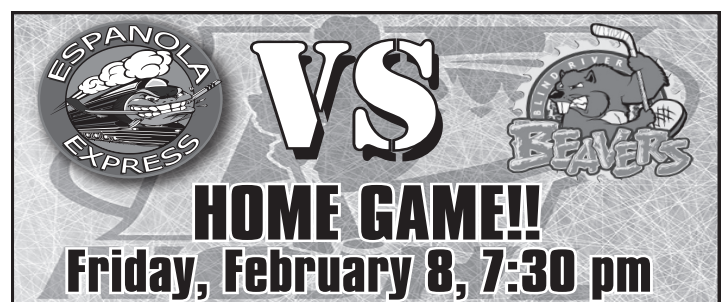
Wait rooms were also

full since old-fashioned pen and paper had to be used for registrations, and several patients saw their appointments cancelled or rescheduled, including many cancer patients.

HSN restored most of the critical systems by Monday, January 21st.

Turnbull adds, "it is not being considered a ransomware where someone hacks a system and then demands money for the fix." He also assures the public that no records of any patient's and their information was released.

The investigation is continuing.



Educators In Rainbow Schools Take Part In Suicide Intervention Workshop

Fifteen educators in Rainbow Schools took part in the Applied Suicide Intervention Skills Training (ASIST) workshop on Tuesday, January 22 and Wednesday, January 23, 2019 at the Centre for Education in Sudbury. This is the first of three training sessions to take place in 2019.

ASIST teaches participants to recognize when someone may be at risk of suicide and how to work with them to create a plan that will support their immediate safety.

During the workshop, participants engaged in numerous activities and exercises to build hands-on skills. The workshops will give them the skills to understand the ways that personal and societal attitudes affect views on suicide and interventions; learn how to provide guidance and suicide first aid to a person at risk in ways that meet their individual safety needs; appreciate the value of improving and integrating suicide prevention resources in the community at large;

and recognize other important aspects of suicide prevention including life-promotion and self-care.

"Mental health and well-being is essential for academic success and personal growth," said Norm Blaseg, Director of Education for the board. "This training will help our staff help our students who are experiencing distress." Rainbow District School Board adopted its first Mental Health Strategic Plan in September 2018. The plan guides the board's work by embedding student mental health policy within its strategic planning; raising awareness to decrease stigma and increase the capacity to recognize the signs of mental health problems early and how to access the appropriate intervention; and implementing evidence informed promotion, prevention, and intervention mental health services to promote mentally healthy classrooms.

To check out the plan, go to: <https://www.rainbowschools.ca/parents/resources-for-parents/mental-health-well/>

Continued from front page...

Talk About Rooster Tails – Funding For Snow-Making In Espanola

with a snow-making machine.

"The Espanola Lions Club was generous with a donation of \$11,000 towards the purchase," says Hutchinson. "We also had a fund raising mud run that raised \$3,500." "Two snow guns were purchased from Mount Dufour; one was purchased by Rona in Massey and the other was purchased by Hutch Academy. Each gun was \$1,000 plus transportation." The town donated the water for the trial year (\$4,000).

"Then we had some high pressure hose donated and the fire department gave us some of their old hoses. This was enough for us to make snow."

Eriks Industrial Services LP in Sudbury donated \$1,000 in air hose with fittings and another donation from BJ Leclair of \$1000 to make

snow on the main hill.

"The snow gun can handle 60 gallons of water per minute," says Hutchinson. "It takes nine gallons of water to make one cubic foot of snow."

The equipment could mean a good pay off for the club. Snowmaking helps the hill to deliver programs to the community on a more consistent time line. With the weather going up and down, the snowmaking will guarantee these programs when the weather turns warm.

"This will also enable our season to start a little sooner and end later," adds Hutchinson.

The club has had a few mechanical challenges in the first few weeks of use, but it is up and running, just in time to host the brunt of Espanola Winter Carnival events in February.

Espanola Men's Curling Bonspiel 2019



Photo - A Winners: Al Leduc, Jamie Perlin, Steve Neufeld, Dave Gallant

The Espanola Men's Bonspiel was held in mid-January with 16 teams taking part, hosted by the Espanola Curling Club

A Winners: Al Leduc, Jamie Perlin, Steve Neufeld, Dave Gallant
A Second: Alex Robinson, Ryan Scott, Justin Viel, Moe Lamothe

B Winners: Jason Sterletski, Don Hache, Joe Charette, Brent Carpenter
B Second: Ross Patterson, Perry Laderoute, Guy Constatin, Gary Cormier

C Winners: Greg Mooney, Al Emiry, Jeff Mooney, John Mooney
C Second: Jeff Sheppard, Keith Stringer, Don Farquhar, Eugene Ertler

D Winners: Dave Wells, Joey Comtoise, Marty Dobuc,, Thio Straatsma
D Second: Noah Gallant, Ethan Lamothe, Thomas Morrow, Kyle Spencer (missing)

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Dire Need For Coats

Some people, including children, are still without winter coats and a call is going out for the public's help.

Primary care manager, Jon Brunetti, of the Espanola Family Health Team says they have been notified that there are many community members

in need of warm winter coats. Brunetti says the coats will be given out to those in need in Espanola and similar drives are also underway in Sudbury and Lively.

Coats for children, youth and adults can be brought to the clinic adjacent to the hospital.

Recipe

I found this recipe in my Grandma's recipe box and it brought back fond memories of eating this deliciously sweet but tangy, creamy dessert. Of course anything with cream cheese and whipped topping in it is a winner in my eyes. This is better if it sits in the fridge overnight, so it's a perfect dessert to make ahead for special occasions or dinner guests.



NO-BAKE PINEAPPLE CREAM DESSERT

Filling:

- 8 oz softened cream cheese
- 1 tub (8 oz) whipped topping
- 1 large can (14-16 oz) crushed pineapple, drained
- $\frac{3}{4}$ cup confectioner's sugar
- $\frac{1}{2}$ cup pineapple chunks
- $\frac{1}{2}$ cup shredded coconut for topping.

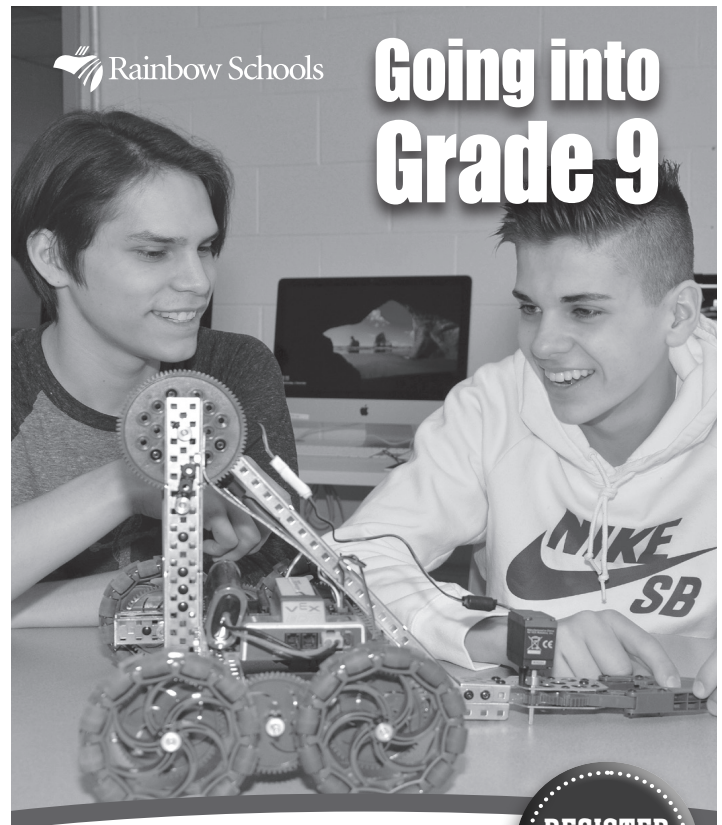
Crust:

- $1\frac{1}{2}$ cups graham cracker crumbs
- $\frac{1}{3}$ cup sugar
- $\frac{1}{2}$ cup butter, melted



For crust: Mix the graham cracker crumbs and sugar. Add the melted butter and stir to combine well. Press into a 8 x 8- or 9 x 9-inch pan.

Filling: In a large bowl, beat the softened cream cheese and confectioner's sugar until very smooth. Beat in the tub of whipped topping. Then fold in the drained crushed pineapple. Spread filling on top of crust. Top with pineapple chunks and sprinkle with coconut. Chill very well—at least 4 hours, preferably overnight.



Information Nights

REGISTER NOW!

Manitoulin Secondary School

Thursday, February 7, 2019 at 6:30 pm

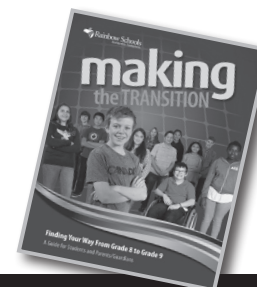
Jamie Mohamed, Principal | 705.368.7000 | 107 Bay Street, M'Chigeeng

Espanola High School

Thursday, February 14, 2019 at 6 pm

Kristina Rivard Gobbo, Principal | 705.869.1590 | 147 Spruce Avenue, Espanola

All Grade 8 students and their parents/guardians are invited to the Information Nights, regardless of which elementary school students currently attend.



This guide for students and parents/guardians is a must-read for all students making the transition from Grade 8 to Grade 9.

To access the guide online, visit rainbowschools.ca. Click on Programs, then Secondary Education.

To learn more, contact your Rainbow secondary school or email info@rainbowschools.ca.

The One Tot Stop



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The One Tot Stop Day Care, S. Geiger Site has expanded and we now have infant spaces!

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NOTICE

HAIRSTYLIST AMANDA FAIRBURN - previously from Dittich's Hair Design has moved to a new location Stylez by Amanda located at 120 Tudhope St Espanola (previously Sassy Photos). Call (705)822-6161 to book an appointment. Everyone welcome. 03/19

MASSAGE THERAPY - NEW LOCATION - Amanda Elliott, Registered Massage Therapist is moving her practice to In Touch Chiropractic & Wellness Group, Espanola. Starting January 1st 2019. Cell 705-207-2346. Office 705-862-7171. 2/5

CHERYL'S MASSAGE THERAPY & ACUPUNCTURE - NEW LOCATION. 363 John St. Espanola. To make an appointment call 705-863-3223. cherylsmassage7@gmail.com 3/19 R

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Call 705-869-6883 To Place Your Classified Ad!!

FOR SALE

FOR SALE - Limited dry wood for sale, also kindling for backyard fire. Call Greg 705-822-4734. 1/29

MEETINGS

Massey Agricultural Society monthly meetings - 3rd Thursday of the month. Held at Massey Firehall @ 7pm. We welcome the public's attendance. 04/23

CLASSES

LEARN UPHOLSTERY / SEWING - Courses - Furniture, Marine, RV, or Auto. Evening/weekend classes. Limited spaces available for each class. Feb.- Apr. More Info at 705-862-0457 or boattopscovers@gmail.com 2/12

THANK YOU

Thank You
to the residents of the Township of Sables-Spanish Rivers for your continued support.

*Glenda Massicotte
Deputy Mayor / Councillor.*

OBITUARY



Ross - Robert Lawrence of Espanola passed away at the Espanola Nursing Home January 18, 2019 at the age of 81. Dear son of the late Lorne & Elsie (nee Yates) Ross. Beloved husband of Jenny (nee Allain). Loving father of Shelley-Lynn Ross (husband Mike) of Espanola, Murray Ross (wife Pamela) of Lively, Jodi Podlatis (husband Paul) of Massey and Vivian Williams (husband Errol) of Hamilton. Cherished grandfather of Devin (wife Tricia), Stewart, Alyx, Kurt, Nigel, Melanie, Alec, Noah, Claire, Janice, Jessica, Tyler and two great grandchildren Willow and Aevyn. Dear brother of Doug (wife Regine) of Tillsonburg, the late James Ross (wife Stella) of Sudbury and the late Mary Scott (partner David) of White Rock B.C. Cremation with the burial of ashes at a later date in the spring. The Family invited relatives and friends to the family home (471 Old Webbwood Rd, Espanola) from 1-4 PM on Sunday, January 20, 2019 for a gathering. If so desired, donations to the Espanola Nursing Home Therapeutic Park would be appreciated. Arrangements by BOURCIER FUNERAL HOME Ltd, Espanola.

THANK YOU

Thank You

Re: Beverley May Bell (Rooney)

Thank you to everyone who sent their heartfelt condolences to my Dad, family, and myself. I have so many fond memories of Parchment Street, Mom & Dad's crazy friends, family, high school buddies and beloved Birch Lake. In the words from my favorite song by Neil Young; "There is a town in Northern Ontario, dreams, memories, comfort and despair, in my mind I still need a place to go. All my changes were there."

Thanks to all of you for support!

Lorie "Dinger" Bell.

*Obituaries • In Loving Memory
Thank You Ads • Births or Birthdays
Anniversaries • Engagements*

To place your announcement call or email

**705-869-6883
around@aroundandabout.ca**



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EMPLOYMENT OPPORTUNITIES

In partnership with the Manitoulin-Sudbury District Services Board, the Canadian Mental Health Association-Sudbury Manitoulin is hiring:

Transitional Community Support Worker, Lacloche
Full-Time, Permanent
CMHA-S/M offers a comprehensive benefit and pension plan

Deadline for accepting applications is
Wednesday, January 30, 2019 at noon.

Please visit our website at
<https://sm.cmha.ca/get-involved/careers/>
for all application details.

Employment Opportunity Receptionist Temporary Full Time

*Experience an asset. Training provided
Please submit resume in person to;*

H & R Block
3-123 Tudhope St Espanola
705-869-0513

Closing date : Monday Feb 04 at 2 pm

*Thank you to all who apply. only those selected for an
interview will be contacted.*



Conseil des Services du District de
Manitoulin-Sudbury
District Services Board

210 boul. Mead Blvd
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<http://www.msdsb.net>

The Manitoulin-Sudbury District Services Board is a municipal service management organization created by the provincial government to oversee the local planning, coordination and delivery of a range of services and programs divested to the municipal order of government. The specific programs our DSB is responsible for are: Ontario Works, Social Housing, Emergency Medical Services (Land Ambulance), and Early Learning and Child Care services.

The following Employment Opportunity is now available to anyone interested in joining our highly dedicated workforce.

CUSTODIAN – Gore Bay PART-TIME

Competition #2019-01-IAM

Closing date: February 19, 2019

For position details, visit Job Opportunities on our website at
www.msdsb.net/index.php/careers

While all responses are appreciated,
only applicants selected for an interview will be contacted.

Employment Opportunity

**2 class D Z Route drivers
1 Class G-Warehouse Personnel**

Both positions are full time, start is immediately

Please email resume to
accounts@jimsportabletoilets.com
Or in person at
5040 Regional Road 55 whitefish, Ont



Employment Opportunity

Full-time Office Administrator

*Must be experienced in the following areas: QuickBooks,
Microsoft office (especially excel) and Customer Service.
Must be able to work in a team environment.*

Please email resume to
accounts@jimsportabletoilets.com
Or in person at
5040 Regional Road 55 whitefish, Ont



COMMUNITY NOTES

PROUDLY SPONSORED BY



Spanish River Snowmobile Club Poker Run – Saturday, February 2. Register at Spanish River Inn at 9:00 a.m. For more information call 705-869-8193.

Webbwood Eagles Spaghetti Dinner – Saturday, February 2 from 4:30 until 6:00 p.m. Call your order in advance 705-869-4269. Everyone welcome

Knights of Columbus Spaghetti Supper – February 8. For tickets please contact 705-869-0691.

The Walford Community Center Indoor Yard Sale - Saturday, February 9 from 9:00 a.m. – 1:00 p.m. at the Walford Community Center. For more info call 705-844-2887. Proceeds go to the Walford Community Center.

Espanola Area Friendship Circle Alzheimer Support Group – Monday, February 11, 1:30 - 3:00 p.m. at the Seniors' Drop in Centre 799 Queensway Ave. Espanola. For more info contact Wendy Ashton 705-869-1137

Northshore Pins & Needles Quilting & Stitchery Guild - Next meeting, Wednesday, February 27, 7:00 p.m. at the Espanola Royal Canadian Legion. New members welcome.

Voices Of Spring - Community Choir rehearsals every Saturday at 10:30 a.m., in the basement of St. Andrew's United Church. New members most welcome!

Lighthouse Community Lunch - Free community luncheon at the Lighthouse, across from the Royal Bank, every second and fourth Tuesday of the month, 11:30 a.m. - 1:00p.m.

From Soup to Tomatoes - Basic Class 9:00 – 9:45 a.m., Gentle Class 10:00 – 10:45 a.m., Yoga Class 11:00 – 11:30 a.m. Mon-Wed-Fri at the Elks Hall for all three classes. Mon-Wed-Fri Basic class only at the Seniors Drop In Centre.

Do you have a NOTE for the Community?

We invite not-for-profit organizations to submit information on their upcoming events in writing no later than
Wednesdays at 3:00 p.m. 25 Word Limit.
E-mail: around@aroundandabout.ca