



the Little Paper That Makes A Big Difference

www.aroundandabout.ca March 19, 2019 Issue #12 - Volume 23

Birch Island Man Presented With Ontario Medal For **Good Citizenship**



By Rosalind Russell - A former chief of Whitefish River First Nation was one of eight Ontario citizens recognized with the Ontario Medal for Good Citizenship, the province's second-highest civilian honour.

Jim McGregor of Birch Island, a former Chief of Whitefish River First Nation. was acknowledged as a community leader and advocate for Indigenous rights.

Channeling his love of hockey, education and community service, he co-founded the Little Native Hockey League, promoting sports in First Nation communities.

He is also a devoted volunteer in his

d'espanola



Continued on page four...



Strategic Plan Survey.

705-356-3444

1-800-587-3599



We want to hear from you! Your input and feedback are important to us! Survey is also available on-line at

www.erhhc.on.ca<http://www.erhhc.on.ca







The World's Circus William Thomas

williamjthomas@gmail.com

Pranks That Turned The Tables On Radio Hosts

In 1995 the Queen of England had a very Orson Welles 1938 radio broadcast of serious 17-minute phone conversation with Jean Chretien about the possibility of Quebec breaking away from Canada. The Queen was against it. Prime Minister Jean Chretien was confused. Okay, more confused than normal. Quebec Radio host, Pierre Brassard later apologized to the Royal Palace for impersonating the leader of Canada on the phone, thereby hoaxing Queen Elizabeth. Prime Minister Jean Chretien, busy strangling a separatist heckler at the time, seemed not to notice.

Two radio hosts in Miami, Florida conducted an on-air interview in which they convinced Venezuela's leader Hugo Chavez he was talking to his good friend Fidel Castro. Later they hoaxed Castro by making him believe he was talking to Chavez. Imagine two ventriloquist acts going on at the same time in Spanish. It was so bizarre both men later died.

Last May, England's crown clown Boris Johnson had an 18-minute chat with a Russian claiming to be the prime minister of Armenia. Johnson congratulated the PM on his current election and then they discussed UK-Russian relations. It was a hoax. The Russians do this for comic relief between meddling with countries' elections and poisoning spies and protesters.

Sir Elton John was shocked when he took a call from Russian President Vladimir Putin to discuss the issue of gay rights. No one was more shocked that Putin or Russian gays for that matter who watch him stomp on their rights every day. Putin enjoyed this caper so much, hoaxers Vladimir Krasnov and Alexi Stolyarov were allowed to live! Perhaps the greatest radio prank ever was

The War of the Worlds. It was so utterly believable it sent hundreds of listeners running into the streets of Grover's Mill, New Jersey on Halloween as aliens from outer space descended on their town. Today that seems preposterous because even if intelligent aliens did attack the world, the last place they'd want to land would be New Jersey!

However, the best two radio pranks I have ever heard were perpetrated not by the hosts but by the listeners to their shows.

About ten years ago I was hitchhiking from St. John's Newfoundland up to Trinity Bay and listening to the Morning Show on local CBC Radio with a friendly old man who had picked me up. (Remember, this is Newfoundland, so the use of the word 'friendly' was entirely unnecessary.) The topic was how workers from the outports were coming into St. John's and stealing all the local jobs. The "Bay Boys" were the employment interlopers and callers to the show were furious. "They come here in winter when they're not fishin' and they're on the bloody dole!" "They work for next to nothin', undercuttin' all the union jobs!" "We oughtta build a wall around St. John's to keep the bastards out!"

Bill, the host, let it go on as long as the lines on his phone board were lighting up. Then came the call from Ernie.

"Yeah, Bill. I happen to be one of them 'Bay Boys' ... "

"You are?"

"Yeah, and I agree with all your previous callers."

Don's Electric

(705) 869-0511

Cell (705)-862-0753

E.C.R.A./E.S.A. #7009119

Email: dcf@personainternet.com

"You do?"

Continued on page three...



Around&About March 19, 2019 Page 2

*Reduced rate for low income seniors

renovation needs.

Continued from page two...

"Yeah, we steal jobs from those city slickers and we work cheap and all like that." "You should be ashamed of yourself."

"Well, Bill, a man's gotta do what a man's gotta do." "No excuse. What you're

doing is unethical and probably illegal."

"Suppose you're right Bill, but"

"But what?"

"But if you're gonna build that wall around St. John's, you think you might put a good word in for me so's I can get one of them construction jobs?" Caller hangs up. Radio host hoaxed. Pause. Cut to commercial.

Another time I was listening to a very acerbic talk show host on CFRB Radio in Toronto beating up a caller for what he described as a 'personal moral meltdown'. The topic was taking vows of abstinence before marriage and the host was all for it. Again, it was a 'Bill'!

"Yeah, Bill, me and my girlfriend, we took vows of chastity with the wedding two years away and we stuck to them religiously!"

"Good for you."

"Except ..."

"Except what?"

"Well, I don't know what happened. It seemed like we were possessed or something. It happened so fast." "What happened?"

"Well, she dropped a package of hamburgers on the floor and when she bent over to pick it up well ... I just lost it."

"Good lord, that's all it took to break that solemn vow, to sully yourselves before your Maker and ruin what might have been a sacred and lasting union?"

"Yeah, right there and then. It was like a devil made us do it."

"Well that is just disgusting. Both of you should be excommunicated and sent straight to hell."

"Ah, Bill"

"What?"

"That's not the worst of it." "What could be worse than lying to God?"

"Well Bill, we're also not allowed back in Loblaws any time soon!"

There followed the kind of silence usually reserved for funerals. Caller cut off before incurring further damage. Thoroughly hoaxed radio host growls that he'll be right back after the commercial break. Vow-breaker dances by himself in his kitchen. Listener in Wainfleet turns off radio and laughs so hard he snorgles.

For comments, ideas and copies of Never Hitchhike On The Road Less Travelled. go to www.williamthomas.ca



Looking To Grow Espanola: Business Case **Study Review**

The Town of Espanola will provide their input. be focusing on economic development.

Community economic development officer. Cheryl Kennelly, says the town wants to form an economic development corporation.

As part of the process, the public is being invited to

These sessions will provide interested individuals with an opportunity to review the draft business case study and ask questions. Two sessions will be held at the Espanola Public Library on Wednesday, March 20th: 1:30pm to 3:00pm and 6:00pm to 7:00pm.



... eat together

Eating together promotes health and creates connections with others.

Call 211 to learn more about local dining programs that offer nutritious meals.

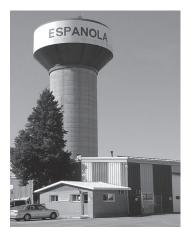


phsd.ca 🖪 🎔 @PublicHealthSD





Acquisition Of Espanola Hydro Underway



The public make can comments about the eventual purchase of Espanola Hydro by North Bay Hydro.

North Bav (Espanola) Acquisition Inc., an affiliate of North Bay Hydro Distribution Ltd., has applied for approval to acquire the two corporations, Regional Hydro Espanola Distribution Corporation and Espanola Regional Hydro Holdings Corporation, which oversee Espanola Hydro.

The move will lead to the amalgamation of the three under the name; Espanola Regional Hydro Distribution Corporation.

Public comments can be made by March 19th.

Espanola Hydro services Webbwood and Espanola, Massey.

This is phase one of a twophase process that requires approval from the Ontario Energy Board.

North Bay (Espanola) Acquisition Inc. has also applied for approval of a rate framework under which North Bay Hydro Distribution Ltd. and Espanola Regional Hydro Distribution Corporation will continue to operate as independent utilities until 2022 and will file their respective rate rebasing applications for rates effective in 2020 and 2021.

In 2022 and as part of the second phase of the transaction. North Bav Hydro Distribution Ltd. will file an application with the Ontario Energy Board seeking approval to amalgamate Espanola Regional Hydro Distribution Corporation with North Bay Hydro Distribution Ltd. and to operate as a single electricity distribution company under the name North Bay Hydro Distribution Ltd.

LINK: https://www. northbayhydro.com/wpcontent/uploads/2019/03/ noh North-Bay-Espanola 20190226.pdf Photo: Espanola Hydro/Public Works yard - photo provided



Birch Island Man Presented With Ontario Medal For Good Citizenship

member and president. Lieutenant Governor Ontario. Elizabeth of Dowdeswell invested the recipients with their medals at a ceremony at Queen's Park on Thursday, March 7th.

church as a respected council Created in 1973, the Ontario Medal for Good Citizenship recognizes people who have made exceptional long-term contributions to the quality of life in the province. Photo provided by Mike

Mantha

History in the Making: Anishinabek Nation **Governance Agreement focus of conference**



First Nation leaders from across the North met in Batchawana the first week of March for a twoday conference to discuss the Anishinabek Nation Agreement, Governance including chiefs from the North Shore corridor and Manitoulin Island.

Anishinabek Nation Grand Council Chief Glen Hare says the objective of the conference was to build a sense of unity and understanding about the proposed document.

He adds the draft is a selfgovernment agreement with Canada that recognizes the Anishinabek Nation member First Nations' iurisdiction over their elections, language and culture, citizenship, and

First Nation government management.

A vote on the proposed Anishinabek Nation Governance Agreement is planned for later this year.

The Anishinabek Nation is the political advocate for 40 member communities across Ontario, representing approximately 60,000 people. Photo: Chiefs from the Espanola area, North Shore corridor and Manitoulin Island joined their counterparts to take part in a conference to discuss the historical document, which will change the way First Nations are governed. Photo provided by Chief Frank Paibomsai of Whitefish River FN

Around&About March 19, 2019 Page 4

Benefit Raises Funds To Help Massey Families

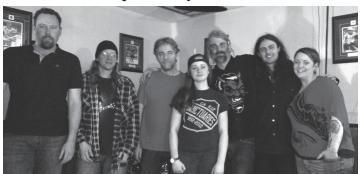


PHOTO: Curtis Coad and his band provided the music for the benefit concert, which was organized by Cedric Maltais. (L-r): Organizer, Cedric Maltais, Matt Breit, restaurant owner, Ivan Shane, Peyton Casserly, Curtis Coad , Logan Sielow and Jenny Barnes. They thank everyone for coming out and showing their support. Photo provided by Cedric Maltais

A Go Fund Me has been set up to assist the Caldwell family of Cutler Lake Road who lost their home to fire.

Thirty-six-year old Sandy Alexander Nott was visiting the Caldwell family when a fire broke out March 3rd. Caldwell family members managed to escape with fire and smoke related injuries, but Nott did not make it out.

the fire.

A Go Fund Me to assist them has been set up for immediate needs.

The Nott and Caldwell families will share \$1,782 from a concert held at the Dynamyc Family Restaurant in Espanola on Saturday, March 9th.

LINK: https://www. gofundme.com/devasting-The family lost everything to massey-house-fire?

Espanola's 8th Annual Fibre Arts Festival **Receives OAC Funding**

The Ontario Arts Council will be treated to a variety has provided yet another Craft Projects – Connection Grant OF \$10,000 to the Espanola 8th Annual Fibre Arts Festival.

Festival volunteer and Jody coordinator, Pilon, funding says the will allow for contracting with knowledgeable teachers and fibre masters.

The only festival of its kind in Ontario, it features all forms of fibre including fabric, wood, yarn, paper and natural materials.

additional She adds, community support will be necessary in terms of financial sponsorship and the many volunteer hours required to host the five days of festival activities and events.

Chairperson Keitha Kozachanko says visitors

of Ukrainian heritage crafts, a visit from the Holodomor Mobile Classroom, several workshops, demonstrations and the highly anticipated annual Makers' Market.

Kozachanko adds, "back by popular demand, textile artist, Susan Lenz, will be visiting from South Carolina offering her two day 'Hot' workshop. "Festival 2018 saw all

workshops and fibre craft recitals at capacity and we are expecting the same again this year," she added.

It is hoped there will be 2,000 people taking in this year's event.

"Vendor applications and workshop registrations will begin in the next two weeks," adds Kozachanko.

It will be held October 16th to the 21st.

PaperWorks, 85 Centre Street, 705-869-6883



The One Tot Stop Day Care, S. Geiger Site has expanded and we now have infant spaces!

For more information, please call Janice at 705-865-3281 or email jkonetotstmary@gmail.com

Massey: 705-865-3281 • Espanola: 705-869-3282 Email: onetotstop@bellnet.ca • www.onetotstop.com

Recipe

Refrigerated crescent dinner rolls are a great start for so many delicious recipes. They are perfect if you want to whip up



a snack for your family or guests at the very last minute. Adding a filling makes them a quick and delicious lunch, a great addition to a brunch menu or a perfect appetizer for a party. These are made with shredded chicken and four kinds of cheese, but you can easily adapt the filling to your taste and use anything you have on hand.

Cheesy Chicken Crescent Dinner Rolls

- 8 Big & Flaky Crescent Dinner Rolls (one 12 oz. tube)
- 8 oz. softened cream cheese
- $1\frac{1}{2}$ cups shredded cheddar cheese
- 1 cup shredded mozzarella cheese
- 2 cups cooked shredded chicken
- salt -to taste

I.

- ¹/₄ teaspoon garlic powder(or more to taste)
- ¹/₄ teaspoon black pepper
- 2 tablespoons melted butter
- 3 Tablespoons grated Parmesan
- 1/2 teaspoon dry Italian seasoning mix

Preheat the oven to 375 F and line baking sheet with parchment paper. In a bowl stir together softened cream cheese, shredded cheddar and mozzarella, salt, pepper and garlic powder. Stir well to combine. Add shredded chicken and stir again to combine everything evenly. Unroll crescent rolls, separate them, and divide the filling between each crescent roll. Roll them up tightly, seal well and arrange them onto baking sheet, leaving 2 inches apart. Brush the rolls with melted butter and sprinkle with grated parmesan. Sprinkle a hint of dry Italian seasoning on top and bake 15- I 18 minutes until golden brown.



Around&About March 19, 2019 Page 5

LASSIFIEDS Highest Circulation & Highest Rates In Town! Real Estate • Rentals • Services Lost & Found • Items For Sale Pravers • Thank You • Notices Personals • Vehicles Special Occasion

SERVICES

ATTENTION SPORTSMAN Proper firearm cleaning, Stock repair & Refinishing, Barrel Rebluing, Scope Mounting & Boresighting available. For more information, Call 705-862-0389. 3/19

ELECTROLYSIS OFFERED BY LEE-ANN TURJA C.P.E - Starting at 453 Second Ave. Espanola, at Escape to Serenity. Hair removal and electrolysis for men and women, also waxing and other specialty services. For more information please call or test 416-432-1801. For rates, and hours of operation. 4/2

ROOF SNOW REMOVAL - It is important to remove heavy snow off your roof. Let a professional do it for you. Call 705-936-6160. 3/26

DR. DARIO LAURENTI, D.C. - CHIROPRACTOR - 27 years' experience. Instrument, Manual, Cranial Adjusting, Acupuncture, Orthotics. Call 705-869-2737. All Insurances accepted. 4/30

HANDYMAN - ODD JOBS COLOMBUS. I install click and tile flooring, ceramic tiles, drywall, mud, paint, baseboards, trim, door frames, doors, install cupboards, vanities, parging, siding, tub surround and more...call me Stephane Coulombe 705 863 3434. 4/23 - R

ESPANOLA SELF STORAGE -6x8 and 8x10 Storage units available in Espanola. Located behind the car wash. Call 705-869-8405. 3/19 - R

TOTAL MAINTENANCE SERVICES - Plowing, carpentry, painting, steel & shingle roofing, tree cutting, decks, dump runs. No job too big or too small. Call 705-936-6160 4/23 - **R**

PHYSIOTHERAPY OFFERED BY MARILYN WITTMANN -Located at Physio Moves in the Espanola Hospital. Accepting new patients. WSIB and MVA patients welcome. Acupuncture available. www.physiomoves.net for Visit services, rates, and hours, or call 705-988-3737. 3/19 - R





705-869-6883

FOR RENT - 1 bedroom apartment in Webbwood. \$550.00 / month including heat/hydro. Contact Sharon at 705-862-1526. 3/26

FOR SALE

LEE VALLEY FEEDS - Grain Pellets for beef cattle available in totes at Lee Valley Feeds. 416 Lee Valley Rd. Massey. 705-865-9996. 4/9

FOR SALE - Limited dry wood for sale, also kindling for backyard fire. Call Greg 705-822-4734. 3/26

NOTICE

HAIRSTYLIST AMANDA FAIRBURN - previously from Dittrich's Hair Design has moved to a new location Stylez by Amanda located at 120 Tudhope St. Espanola(previously Sassy Photos). Call (705)822-6161 to book an appointment. Everyone welcome. $0^{3}/19$

CHERYL'S MASSAGE **THERAPY & ACUPUNCTURE –** To make an appointment call 705-863-3223 or email cherylsmassage7@ gmail.com 3/19 R

HELP WANTED

PRIVATE EMPLOYER seeking a caring, dependable, female caregiver/ PSW to provide part-time respite care for young teenage girl with complex medical issues in her home in Massey. Must be available for a variety of shifts, including weekends. All training is provided. Confidentiality is a must. CPIC will be required. If interested, please email resume with references to Lisa at ercaregiver03@ gmail.com with RESUME in subject line or mail to Box 12, Massey, POP 1P0. 3/19

MEETINGS

Massey Agricultural Society monthly meetings - 3rd Thursday of the month. Held at Massey Firehall @ 7pm. We welcome the public's attendance. 04/23

PaperWorks, 85 Centre Street, 705-869-6883

IN MEMORIAM

Sheldon Bentley

Jan 20, 1959 - March 18, 2016

Dear Sheldon &

Dad in Heaven

We thought of you with love today

But that is nothing new

We thought about you yesterday

And days before that too

We think of you in silence

We often speak your name

All we have are memories

And your picture in a frame

Your memory is our keepsake

With which we'll never part

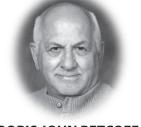
God has you in his keeping

We have you in our hearts

Love you (Always/Forever)

Donna, Curtis, Craig & Leeah

In Loving Memory of a Dear Partner, Dad, Dido, Brother, Uncle & Friend.



BORIS JOHN PETCOFF January 29, 1935 - March 24-2014 Sharing tales of those we've lost is how we keep from really losing them ~ Mitch Albom ~

5 YEARS SINCE YOU'VE PASSED DAD YOU ARE LOVED AND **REMEMBERED EVERY DAY**

Elaine, Theresa, Barbara, John, Peter, Paul, Patti Zena, Darcy, Veronica, Charlie, Gillian, Fox Pete, Karyn, Maria, Nancy, Paul, Mark, Joel, Todd and families.

OBITUARIES



Newton, Paul Edward (aka. Figgy), of Espanola, Ontario. Born March 3rd, 1950, Paul passed away peacefully at home in his sleep, with family nearby on February 17th, 2019. He was 68. He battled cancer for a year. He is survived by his wife, Lyn Starke, daughters Shannon Newton Dubreuil (Mitch) and Shauna Newton (Shawna). Also survived by stepchildren Kelley Moody (Dan), Elizabeth Green and Michael Green.

Grandfather to Shayna, Amelia and Nevaeh, step grandfather to Claire and Ryan. He was predeceased by his parents, Alfred and Fern Newton of Espanola, and siblings Wayne and Cheryl. Paul worked at Domtar for 40 years and spent summers after retirement in McGregor Bay. He will be fondly remembered by his many friends and coworkers. There are no plans for a service, as was his wish.



John L. Blake Jr. - It is with great sorrow to announce the passing of John on March 10, 2019 at the Espanola Nursing Home, born November 3, 1938 in Columbus, Ohio. Preceded in death by his parents John L. Blake Sr. and Geneva A. Blake (Van Alstyne), daughter Norma Ruth Blake, Sons John L. Blake III (Johnny), Terry L. Richardson and sister Mary Jo Morris. Survived by his wife of 48 years Marie Blake of Espanola, daughters Vicky (Charles) Trahan of McKerrow, Crystal (David) Smith-Claar of Centerburg, Ohio, Rebecca

Howard of Columbus, Ohio, son Paul Richardson of Delaware, Ohio. 10 grandchildren, 15 great grandchildren, and 2 great grandchildren. Sisters Patricia (Harold) Whipps of Loudon, Tennessee, and Nancy (Charles) Daniels of Hebron, Ohio, many nieces and nephews. John was a man of many talents. He was the Owner/Operator/Administrator of 2 Nursing Homes. Upon arriving in Canada he worked at the Espanola Hospital as an Orderly/Ambulance driver, was an Owner/Operator of a Tourist Camp and retired as the Owner/Operator of Blake's Air Service in Elliot Lake. His most beautiful talents were to love our family and his Lord with all his heart. At families request there will be no visitation or service. Interment at a later date will be at the Woodland Cemetery of Elliot Lake. Arrangements by BOURCIER FUNERAL HOME Ltd. Espanola.

Around&About March 19, 2019 Page 6

EMPLOYMENT OPPORTUNITY

Employment Opportunity

The One Tot Stop Day Care is looking for a Permanent Full Time Early Childhood Educator to start April 2019 at our St. Mary Site in Massey.

If interested, please send a cover letter and resume to The One Tot Stop Day Care, Box 695 Massey, ON POP 1PO, email to onetotstop@bellnet.ca or fax to 705-869-2646. Deadline is March 29, 2019.





Conseil des Services du District de Manitoulin-Sudbury District Services Board Fax/Télé

210 boul Mead Blvd Espanola, ON P5E 1R9 Telephone/Téléphone: (705) 862-7850 Fax/Télécopieur: (705) 862-7805 http://www.msdsb.net

The Manitoulin-Sudbury District Services Board is a municipal service management organization created by the provincial government to oversee the local planning, coordination and delivery of a range of services and programs divested to the municipal order of government. The specific programs our DSB is responsible for are:

Ontario Works, Social Housing, Emergency Medical Services (Land Ambulance), and Early Learning and Child Care services.

The following Employment Opportunity is now available to anyone interested in joining our highly dedicated workforce.

SUMMER STUDENTS (3)

Finance Student Competition #2019-03-AD Espanola Integrated Social Services Student Competition #2019-02-ISS Espanola & #2019-03-ISS Chapleau Closing date: March 28, 2019 For position details, visit Job Opportunities on our website at www.msdsb.net/index.php/careers

While all responses are appreciated, only applicants selected for an interview will be contacted.

FREE WOOD PALLETS

Call 705-869-6883 for details.



The Moose 99.3 FM CJJM - Espanola is proud to support local charities and organizations. If you have an event you want to share, please call Roz at 705-869-6397 or email your information to: rrussell@moosefm.com The Moose- Espanola's Biggest Variety! Your Station, Your News, Your Stories

THANK YOU

Community Living THANK YOU

COMMUNITY LIVING ESPANOLA would like to thank everyone who contributed to the success of our **2019 CASH CALENDAR** campaign. Together with ticket sales and donations we raised **\$10,253.66** for our Low Air Loss Surface Mattress System.

Please refer to our FACEBOOK PAGE or WEBSITE – www.clespanola.ca for the full winners list.

Watch for the CLE Cash Calendars on sale again this fall!

Louise Laplante, Executive Director Community Living Espanola





Children's Clothes Closet - Calvary Baptist Church Wednesday, March 20 from 10:00 a.m. - 2:00 p.m. Clothing donations only.

Save A. B. Ellis Meeting - Thursday, March 21, 1:30—3:00 p.m. at the United Church downstairs. Everyone welcome

Massey Area Museum Regular Monthly Meeting - March 21 at 7:00 p.m. The annual AGM meeting with election of officers will be held on March 28, at 7:00 p.m. Public is welcome.

Massey Legion Branch 432 Spaghetti Supper – Friday, March 22 from 5:00 - 7:00 p.m. Takeout is Available. Please phone 705-207-4247 for Details.

Northshore Pins & Needles Quilting & Stitchery Guild - Next meeting, Wednesday, March 27, 7:00 p.m. at the Espanola Royal Canadian Legion. New members welcome.

Massey Area Museum – Open to play board games, card games on Wednesdays & Fridays from 1:00 - 5:00 p.m., until March 31. Family Fun Saturdays, March 9 & 23, 1:00 - 5:00 p.m.

Meat Roll Offs - The Espanola Helping Hand Food Bank will be hosting at the Espanola Legion for the month of March. The fun starts at 3:30 p.m. Everyone is welcome.

Espanola Horticultural – Karen Shlemkevich from Azilda Greenhouses – Horticultural Therapy Garden Design, April 1 at 7;00 p.m. at the Queensway Church Espanola.

St. George's Church Spaghetti Dinner 7 Almost Silent Auction – Saturday, April 6 at the Espanola Legion. Doors open 4:30, Dinner at 5:30. For more info or tickets call 705-869-3939.

Bridge Lessons – 6 weeks of lessons starting Wednesday, April 10, from 12:45-2:45 at the Seniors Drop in Centre. To Register call D. Allen 705-869-0475.

Espanola Public Library Board Game Night - NO fee or registration required! Every 3rd Thursday of every month 6:00-8:00 p.m.

Lighthouse Community Lunch - Free community luncheon at the Lighthouse, across from the Royal Bank, every second and fourth Tuesday of the month, 11:30 a.m. - 1:00p.m.

From Soup to Tomatoes - Basic Class 9:00 - 9:45 a.m., Gentle Class 10:00 - 10:45 a.m., Yoga Class 11:00 - 11:30 a.m. Mon-Wed-Fri at the Elks Hall for all three classes. Mon-Wed-Fri Basic class only at the Seniors Drop In Centre.

Do you have a NOTE for the Community?

We invite not-for-profit organizations to submit information on their upcoming events in writing no later than *Wednesdays at 3:00 p.m. 25 Word Limit.* E-mail: around@aroundandabout.ca

PaperWorks, 85 Centre Street, 705-869-6883