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Espanola Budget Nearly Finalized



Photo: One of Espanola's capital projects, if approved funding comes in, will be the reconstruction of Centre Street - Highway Six from the bridge and Tudhope Street intersection up to Station Road. The budget is to be finalized May 14th. Photo by Rosalind Russell

By *Rosalind Russell* - Espanola's municipal budget is showing a slight increase this year.

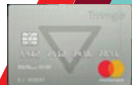
Espanola CAO, Cynthia Townsend, says the budget sits at just under a two-per-cent increase right now, but she expects that final amount to drop to less than one-per-cent by the time the document is finalized on May 14th.

Savings were found by not installing a new carpet in the library, a slight decrease in education taxes and some new grant money for infrastructure and service delivery.

There are three key capital projects

Continued on page four...

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All The World's A Circus

William Thomas

williamjthomas@gmail.com

Going By The Numbers, April Was A Big Fat Zero

Thirty days has September, April was a freakin' mess. If last month was any indicator, numerically speaking we are headed for hell in a driverless car and nobody is allowed to touch the brakes.

Just when you thought Boston Bruins—5, Toronto Maple Leafs—1 was an embarrassing defeat, Nambia beat Canada by 98 runs in world cricket play. Batting first, the Africans finished at 258 for six in 60 overs. Bowling first, the Canadians could only manage 160 over 42 innings with 387,000 unders and no less than four sideways, which the refs refused to call.

Nambia had previously eliminated Mali in a match that outlasted two civil wars and three total solar eclipses with all but six diehard fans being treated for acute sleep disorders.

If Doug Ford keeps his promise to sell beer in corner stores, it will cost Ontario tax payers \$1 billion in contractual damage to the Beer Store chain. But that's okay because if his profit margin on "Buck-A-Beer" sales is say 10%, we can recoup that billion dollars by the time the first great grandchildren of the Mars colonists return to earth. Trust me, by the end of Ford's first term we will all start drinking at 9 a.m.

Environment Canada scientists have discovered that companies in the Alberta tar sands have been under-reporting their greenhouse gas emissions by one-third thereby polluting more and paying less carbon tax. Really? We've been letting the oil companies police themselves?!? Yeah, like the way the Federal Aviation Administration allowed Boeing to write its own safety procedures for the 737 Max.

In the US Democrats are split 50/50 on whether or not to launch impeachment

hearings against President Donald Trump. The problem is the vagueness of the charges "high crimes and misdemeanors" Had the founding fathers of the Constitution added "and/or being a despicable human being" he'd have been gone the day after his inauguration. (Which is also under investigation.)

Best sign by a US protester in April: "Two of Trump's Three Wives Are Immigrants Proving Yet Again That We Need Immigrants To Do The Jobs Americans Won't Do!"

Math-wise, international events were chilling. Determined not to make the same messy mistake of chopping up the body of American Journalist Jamal Khashoggi with a bone saw, Crown Prince Mohammed bin Salman made a clean sweep of things in mid-April when he cleanly beheaded 37 Saudi citizens. This brought the year's first quarter to a total of 105. One man's head was pinned to a public pole to deter others from committing his crime. The crime? **EXTREMISM!**

Probably envious, Russian President Vladimir Putin who has seen 21 journalists murdered on his watch met face-to-face in Vladivostok last month with North Korean's President Kim Jong-un who has starved, murdered or imprisoned hundreds of thousands of his own people. Kim who has murdered his older brother and close uncle once had an army guard shot with an anti-aircraft gun for "disrespectful posture." The guy fell asleep in a meeting!

So the murderous Russian president sat down to talk with the homicidal Korean president and the topic was... **PEACE!** You gotta love Kim Jong-un's sick sense of humour. After

Continued on page three...

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Continued from page two...

torturing and eventually killing American tourist Otto Warmbier for stealing a poster from the wall of a hotel – he sent the US a bill for \$2 million. And what was the bill for? HEALTH CARE.

Absent from this meeting was President Rodrigo Duterte of the Philippines who has killed 20,000 of his citizens suspected of drug dealing, many of them teenagers and all of them denied a trial.

Last month Duterte threatened to go to war against Canada unless we retrieved 103 shipping containers filled with rotting garbage that has been sitting in a port near Manila for six years. Manila? I thought we sent our garbage to Michigan.

Apparently a Canadian company who's shipping manager has a twisted sense of humour sent all these containers of soiled diapers and kitchen trash to Manila and marked them "Plastics/Recycle." In a news conference Duterte threatened he would ship the garbage back to Canada and suggested we eat it.

Not much of a comedian is Duterte. Not like stand-up comedian Volodymyr Zelenskiy who late last month beat out incumbent Petro Poroshenko to become the president of Ukraine. Zelenskiy's only political experience consists of

playing the president of Ukraine on a TV show! Can't wait for the State of the Union address delivered by... President Alec Baldwin.

So with a comedian running Ukraine, a court jester leading Ontario, a clown living in the White House and Justin Trudeau appearing on the The Simpsons — the world is moving away from the United Nations and closer to Comedy Central. And the scariest part? All of the above were duly elected!

In April Merriam-Webster's Dictionary added 600 new words including 'omnicide' meaning the destruction of all life by man-made disasters which would include the month of April, 2019.

April also gave us record snowfalls in the Maritimes and the Midwest, huge ice jams in Lake Erie and the worst flooding ever in Northern Ontario and Montreal.

New name: "Thirty days has September, Awful, June and November."

Happy Spring everybody. I'm here if you need any more cheering up.

And For comments, ideas and copies of The True Story of Wainfleet go to www.williamthomas.ca

Filling Big Shoes



It takes thousands of steps to walk around the Great Lakes and a young advocate plans to do just that.

Fourteen-year-old Autumn Peltier of Wiikwemikoong Unceded First Nation has been named Chief Water Commissioner by the Anishnawbek Nation, made up of 40 First Nations including those in the local area.

Peltier says it's an honour to take on the role over from her great aunt, Josephine Mandamin, the founder of the Mother Earth Walk.

Peltier, will be honoured at the Anishinabek Nation Grand Council Assembly in June in Chippewas of Georgina Island First Nation.

Photo: Autumn Peltier by Water Canada

UCCM FN Chief of Police Retiring



Chief Nahwegahbow is the second chief of police to serve since the police service was recognized as a regional, self-administered First Nation Police Service in 1995.

Nahwegahbow joined the UCCM Anishnaabe Police Service in the fall of 1992 following three years with the Ontario Provincial Police where he served at the Still River and Espanola detachments --- and then

United Chiefs and Councils of Manitoulin Chief of Police, Rodney Nahwegahbow, will be retiring from the UCCM Anishnaabe Police Service effective November 2019.

served as constable and sergeant before being named chief in 2010.

The succession process is now underway.

Photo provided

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Day Of Mourning

The National Day of Mourning serves as a reminder and call to action says AMK MP, Carol Hughes.

The fact that people are killed, injured, or become sick at work due to poor enforcement of health and safety regulations is a tragedy, says Hughes.

She adds that why nearly 1,000 workers die from work related injuries and illnesses every year, while others are injured or suffer from occupational diseases.

The flag was lowered to

half-mast and wreaths laid at the memorial at Domtar's Espanola Mill Sunday, April 28th to mark the day.

Local 156 President Dean Houle, Local 74 President Joanne Lamothe and IBEW 956 Todd Tessier all spoke a few words about the importance of remembrance, but also advocated for safety for workers in the workplace.

Company senior management; Carol Lapointe, Shawn Vollicks and Teresa Miller also took part.

Three Local Ladies Competing For Miss North Ontario Title

There are three ladies competing for the title of Miss Ontario North 2019 from the local area.

Miss Massey 2019 is 20-year-old Erica Budge and her platform is on equine therapy and the benefits it can have helped youth struggling with anxiety.

She is upgrading her marks to attend the University of Guelph for their Bachelor of BioResource Management of Equine Management.

Miss Espanola 2019 is Brylie Yarkie, an 18-year-old grade 12 student at Espanola High School and is running on the platform, the Importance of Teachers in Student's lives.

She loves volunteering at school-related activities and also works at Giant Tiger.

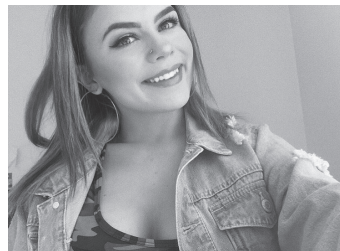
Advocating for women's rights and loving art are just two aspects of the personality of a 19-year-old from Sables-Spanish Rivers Township.

Montana Brandow is a strong advocate for 4-H and AYA Youth Fishing and also advocates for women's hunting rights with the Northeastern Ontario chapter of the Safari Club International.

She has also been a featured artist at the Massey Museum Art Show and has had artwork featured at the Sudbury Art Gallery.



Miss Massey 2019 - Erica Budge



Miss Espanola 2019 - Brylie Yarkie



Miss Sables Spanish Rivers Township 2019 - Montana Brandow

Continued from front page...

Espanola Budget Nearly Finalized

planned for in the budget.

Townsend says the Canada Infrastructure Program funding of \$5 million will be used to reconstruct Mead Boulevard from Queensway Avenue to Second Avenue with other financial supports used to offset the overall cost.

Townsend adds Connecting Link supports will be used to apply for reconstruction of Centre Street – Highway Six from Tudhope Street to Station Road.

The third project is insulating the ceiling in the complex with \$50,000 from reserves to complete the work.

Espanola Dam Wide Open, But No Issues




There are rooster tails at the Webbwood Falls in Espanola, but the dam is running efficiently. The dam is wide open with water literally forming arches of water through its spillways.


Jan Martin, with Domtar's Media and Community Relations, says the river flow is

high due to normal snow melt and occasional rain, but adds the Espanola dam is functioning properly and they have no issues. The dam also provides the link to the rail system to move product, so its role is critical for operations.

Photo by Rosalind Russell



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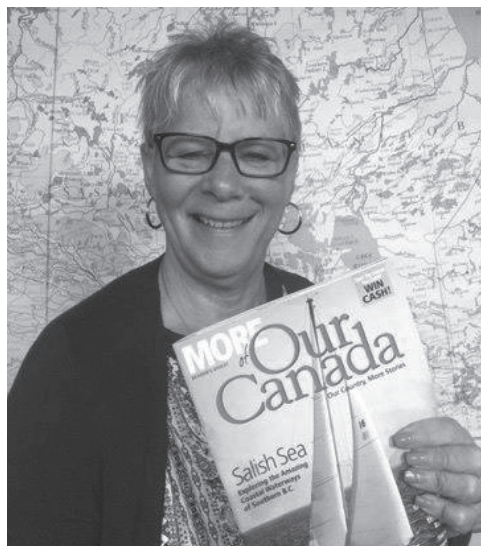


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Espanola Author Featured In May's More Of Our Canada



when she worked as an educational assistant.

Following retirement, she decided to resurrect the character, released the book, *Victoria and the Secret Umbrella*, and also sent her story about being an author to the Canadian magazine, *More of Our Canada*.

Her story, *Realizing the Dream in Retirement*, will

Victoria, a precocious, outgoing and out-spoken seven-year-old character is the brain child of author, Kathy Carre of Espanola.

Carre created the character some 20 years ago to teach life lessons to little ones

be featured in the May 2019 issue.

And she is now working on book number two, *'Victoria Hurts Whitney Baker's Feelings'*, a story that helps kids deal with jealousy.

Photo provided

Possible Matches Found For Massey Woman For Liver Transplant

Several individuals have been found to be a match for a Massey woman needing a liver transplant.

Leslie Knibbs says his wife, Beth Cassidy, appreciates the overwhelming response from the public in finding a match for a liver.

Only a portion of a healthy liver is needed for the transplant.

Knibbs says they have tests at Toronto General Hospital on May 29th including a crucial one with the transplant coordinator to set up the date for the transplant.

Knibbs described some of her challenges she is facing.

Beth has lost a lot of muscle mass and still suffers with ascites and severe cramping. Most commonly, ascites is due to liver disease and the inability of that organ to produce enough protein to retain fluid in the bloodstream as well as an obstruction to flow through a scarred or non-functioning liver. Normally, water is held in the bloodstream by oncotic

pressure. The pull of proteins keeps water molecules from leaking out of the capillary blood vessels into surrounding tissues. As liver disease advances, the liver's ability to manufacture proteins is decreased, so oncotic pressure decreases because of the lack of total protein in the body, and water leaks into surrounding tissues.

Knibbs says she has lost a considerable amount of weight. The medications she is taking are helping her to function; however she continues to lose muscle mass. Beth is following all of the doctors' instructions, taking her medications, is on a salt-free diet, only vegetarian meals are tolerable for her, she cannot digest or process meat products. She continues to exercise and do light yoga daily as her specialist suggested, but it is not even close to what she was able to do prior to her liver failing. Our family continues to receive support from the community for which we are very grateful.



SATURDAY MAY 25TH

Espanola Curling Club, 58 Mead Blvd

Lobster or Prime Rib

\$55.00/PERSON

OR

Surf and Turf
(Lobster and 1/2 serving of prime rib)

\$75.00/PERSON

Get your tickets before they run out, or by May 19th

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HELP WANTED – Waterfalls Lodge is seeking a server to help in our Dining Room. Friday, Saturday, Sunday, and Some Mondays. Willing to train if not experienced. Please email resumes to Kathy@waterfallslodge.com 5/14

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THANK YOU

Thank You

The family of Victor Laderoute would like to thank everyone for all their heart felt condolences on the passing of our father, grandfather and great grandfather Victor Laderoute. The fantastic staff at the Queensway Assisted Living facility and the Nursing Home in Espanola were all very helpful and kind making his last few years as independent as possible. The ladies of the Webbwood Catholic Women's Auxiliary pulled out all the stops and his funeral was a true celebration of life.

Thank you to everyone from The Laderoute family.

CELEBRATION OF LIFE



Josephine (Josie) Heneghan

There will be a burial service at 1:30 pm on May 10 at the Espanola Cemetery for Josie Heneghan who passed away on January 29, 2019, Fr Jerry officiating. Rosemary Heneghan and her family will host a get together at the Anishinabee Spiritual Center at Lake Anderson, immediately following the burial. All friends are welcome.

OBITUARY



Clarke – Rosemarie (nee Burns), passed away at Health Sciences North, Sudbury on April 27, 2019 at the age of 68. Dear daughter of Cecilia Loretta (nee King) & the late Howard Burns. Loving mother of Michael Vernon Clarke (Linda Rose) of Newmarket, John David Clarke (Kelsey) of Espanola, Alana Paige Jackson (Stephen) of Espanola. Loving Nana of Alexander Vernon Garth, Alyssa Paige, Griffin George of Newmarket and Hannah Gillian, Georgina May, Thomas Saul of Espanola. Dear sister of Beverly McCue (Jim), Diane Bell (John), Leona (Ross), Judith (Syd), Kim, James (Christine), Casimir (Cathy), Michael (Jennifer) and the late Robert Burns. Also sadly missed by many nieces, nephews, friends and families. Rosemarie taught for many years for various school boards, starting with the North Shore Roman Catholic District School Board. Also taught for the Sudbury Board of Education and the Sudbury District Roman Catholic School Board as well as Kegewenteg School Board. She ended with teaching for the Waterloo District School Board for 18 years. Bridge, Kayaking, Golf, Gardening, Shopping, Decorating, Grand parenting and reading were her favourite activities. Sadly missed by Chapters Books and her friends Jane, Brenda and Sandra. Family and friends were invited to the Bourcier Funeral Home for a visitation from 2-4 & 7-9 PM on April 30, 2019. Funeral Mass was on May 1, 2019 at the Immaculate Conception R.C.C. in Massey at 11 AM. Interment in the Immaculate Conception Cemetery, Massey. If so desired, donations to the Northern Cancer Foundation would be appreciated. Arrangements by BOURCIER FUNERAL HOME Ltd, Espanola.

IN MEMORIAM

In loving memory of Yves Grenier

February 12, 1978 – April 29, 2018



*Today's the anniversary
Of the day that I lost you.
And for a time it felt as though
My life had ended too.*

*But loss has taught me many things
And now I face each day,
With hope and happy memories
To help me on my way.*

*And though I'm full of sadness
That you're no longer here,
Your influence still guides me
And I still feel you near.*

*What we shared will never die
It lives within my heart.
Bringing strength and comfort
While we are apart.*

All our love

Kyla, Nicolas, Noah and Julianna

INVITATION TO TENDERS



Conseil des Services du District de

Manitoulin-Sudbury
District Services Board

210 boul Mead Blvd
Espanola, ON P5E 1R9
Telephone/Téléphone: (705) 862-7850
Fax/Télécopieur: (705) 862-7805
<http://www.msdsb.net>

INVITATION TO TENDER

PROJECT DESCRIPTION

Manitoulin-Sudbury District Services Board (MSDSB), is now accepting sealed tender proposals for the removal, disposal and re-installation of asphalt roofing shingles located at **24, 28, 40, 44, 64, 68, 72, 76 Arthur Court.**

The Manitoulin-Sudbury DSB invites interested roofing contractors to provide sealed tender bids for the complete removal of the deteriorated asphalt shingles, venting, flashing and all associated components; installation of new 35-year architectural shingles, ice/water shield, venting, flashing and all other associated components to meet or exceed OBC. The work is to be 100% completed by July 30th, 2019.

LOCATION

Duplex, Row Housing, Arthur Court, Espanola, Ontario

DOCUMENTS ISSUED

Full details of the location and requirements are available on or after May 9th at:

- 1) Manitoulin-Sudbury DSB website: www.msdsb.net
- 2) Via email from tenders@msdsb.net

BIDS RECEIVED

No later than Thursday May 30, 2019 at 2:00 p.m. to the Office of:
Manitoulin-Sudbury District Services Board
210 Mead Blvd.
Espanola, ON, P5E 1R9

Any tenders received after this time will be declared ineligible.

SITE VISIT:

A mandatory site visit will be conducted at Arthur Court, Espanola, Ontario on Thursday, May 09, 2019 at 9am

THE LOWEST BID OR ANY TENDER WILL NOT BE NECESSARILY ACCEPTED. CONTRACTORS MUST MEET BIDDER QUALIFICATIONS INCLUDING CURRENT WSIB.



Conseil des Services du District de

Manitoulin-Sudbury
District Services Board

210 boul Mead Blvd
Espanola, ON P5E 1R9
Telephone/Téléphone: (705) 862-7850
Fax/Télécopieur: (705) 862-7805
<http://www.msdsb.net>

INVITATION TO TENDER

PROJECT DESCRIPTION

Manitoulin-Sudbury District Services Board (DSB), proposed removal and replacement of asphalt roofing at **66 Robinson, Little Current.**

The Manitoulin-Sudbury DSB invites interested parties to submit bids for the complete removal of deteriorated asphalt shingles, venting, flashing and all associated components; installation of new 35 year architectural shingles, ice/water shield, venting, flashing and all other associated components to meet or exceed OBC. The work is to be **100% completed by July 30th, 2019.**

LOCATION

66 Robinson, Little Current, Ontario

DOCUMENTS ISSUED

Full details of the location and requirements are available on or after May 8th at:

- 1) Manitoulin-Sudbury DSB website: www.msdsb.net
- 2) Via email from tenders@msdsb.net

BIDS RECEIVED

No later than Friday May 31, 2019 at 2:00 p.m. to the Office of:
Manitoulin-Sudbury District Services Board
210 Mead Blvd.
Espanola, ON, P5E 1R9

Any tenders received after this time will be declared ineligible.

SITE VISIT:

A mandatory site visit will be conducted at 66 Robinson, Little Current, Ontario on Wed, May 08, 2019 at 12:30 p.m.

THE LOWEST BID OR ANY TENDER WILL NOT BE NECESSARILY ACCEPTED. CONTRACTORS MUST MEET BIDDER QUALIFICATIONS INCLUDING CURRENT WSIB.

NOTICE - ANNUAL GENERAL MEETING



espanola
regional hospital and health centre
hôpital régional et centre de santé
d'espanola

NOTICE OF ANNUAL MEETING

Date: Wednesday, June 19, 2019

Time: 7:00 p.m.

**Location: Espanola Regional Hospital and Health Centre Staff Lounge (cafeteria)
825 McKinnon Drive
Espanola, Ontario**

Board vacancies will be filled by vote. Nominations must be received in writing and signed by two (2) corporate members by May 24, 2019 at 4:00pm to be eligible for election.

Corporate membership fee is \$5.00 and must be purchased by May 24, 2019 at 4:00pm to be eligible to vote on corporate affairs.

Memberships are available at Espanola Regional Hospital and Health Centre Registration desk.

EMPLOYMENT OPPORTUNITY



Conseil des Services du District de
Manitoulin-Sudbury
District Services Board

210 boul Mead Blvd
Espanola, ON P5E 1R9
Telephone/Téléphone: (705) 862-7850
Fax/Télécopieur: (705) 862-7805
<http://www.msdsb.net>

The Manitoulin-Sudbury District Services Board is a municipal service management organization created by the provincial government to oversee the local planning, coordination and delivery of a range of services and programs divested to the municipal order of government. The specific programs our DSB is responsible for are: Ontario Works, Social Housing, Paramedic Services (Land Ambulance), and Early Learning and Child Care services.

The following Employment Opportunity is now available to anyone interested in joining our highly dedicated workforce.

Finance Assistant – Espanola 3 to 6 Months Temporary Full-Time

Competition #2019-05-AD

Closing date: May 23, 2019

For position details, visit Job Opportunities on our website at
www.msdsb.net/index.php/careers

While all responses are appreciated,
only applicants selected for an interview will be contacted.



TOWNSHIP OF SABLES-SPANISH RIVERS

Phone: (705) 865-2646 Fax: (705) 865-2736

Email: inquiries@sables-spanish.ca

11 Birch Lake Road, Massey, ON, P0P 1P0

Website: www.sables-spanish.ca

NOTICE OF A PUBLIC MEETING

Concerning Application for Consent and Zoning Bylaw Amendment

TAKE NOTICE that the Council of the Township of Sables-Spanish Rivers will hold a public meeting on **Wednesday, May 22, 2019 at 6:00 p.m.**, at the Township Office, 11 Birch Lake Road, Massey in order to consider a proposed application for Consent under Section 53 of the Planning Act, RSO 1990 as amended as well as to consider an amendment to the Comprehensive Zoning Bylaw 2010-51 under Section 34(13) of the Planning Act, RSO 1990 as amended.

Consent File No. C-19-03

The purpose of this consent application is to provide for a new lot in the Residential zone. The property is described as Salter Township, Plan D-267 Units 35, 38 and 39, Parcels 35-1, 38-1 and 39-1, 560 Imperial Street North, Massey.

The Planning Act requires that consent approval is needed to transfer one of these parcels from the other as they are in the same ownership. There is no new proposed use or development of these parcels with this application.

The lands subject of this application is not subject of any other Planning Act application.

Consent File No. C-19-04

The purpose of this consent application is to provide for a new lot in the Rural zone. The property is described as Hallam Township, Parcel 490, Parcel 726, Part of Lot 8, Concession 6; Parcel 938, Lot 8, Concession 5.

The Planning Act requires that consent approval is needed to transfer these parcels from the other as they are in the same ownership. There is no new proposed use or development of these parcels with this application.

The land subject of this application is also subject of the following zoning bylaw amendment application under the Planning Act.

Zoning Bylaw Amendment No. ZBA-19-01

The purpose of this amendment once approved is to allow for reduced frontage on Heaton Road. The property is described as Hallam Township, Parcel 490, Parcel 726, Part of Lot 8, Concession 6; Parcel 938, Lot 8, Concession 5.

The land subject of this application is subject of the above consent application under the Planning Act.

Zoning Bylaw Amendment No. ZBA-19-02

The purpose of this amendment once approved is to allow for reduced setback for an accessory building in the Residential Zone. The property is described as Salter Township, Section 28, Parcel 28-1 & 29-1, Plan D261, Units 28 & 29. The lands subject of this application is not subject of any other Planning Act application.

If you wish to be notified of the decision of the Township of Sables-Spanish Rivers in respect of the proposed consent, you must make a written request to the Township of Sables-Spanish Rivers. This will also entitle you to be advised of a possible Ontario Municipal Board Hearing. Even if you are the successful party, you should request a copy of the decision since the Township of Sables-Spanish Rivers decision may be appealed to the Ontario Municipal Board by the applicant or another member of the public.

To appeal the decision to the Ontario Municipal Board, send an appeal form to the Clerk of the Township of Sables-Spanish Rivers outlining the reasons for the appeal. You must enclose the appeal fee of \$300.00 for each application appealed, paid by cheque, made payable to the Ontario Minister of Finance.

If a person or public body that files an appeal of a decision of the Township of Sables-Spanish Rivers in respect of the proposed consent does not make written submission to the Township of Sables-Spanish Rivers before it gives or refuses to give a provisional consent, the Ontario Municipal Board may dismiss the appeal.

ADDITIONAL INFORMATION regarding this application is available at the municipal office at 11 Birch Lake Road, Massey, during regular office hours. Dated this 7th day of May, 2019

HYDRANT FLUSHING - MASSEY

Massey residents, please be advised that the Public Works Department will be flushing hydrants starting on **May 7th** and continuing through to **May 17th, 2019** as weather permits.

Flushing may cause temporary discolouration of water or loss of pressure. Before using, please run your tap until the water is clear and refrain from doing laundry while flushing is occurring in your area. We apologize for the inconvenience that this may cause.

If you have any questions, please feel free to contact the Public Works Department at 705-865-2181 ext. 229 or 705-865-2358.

CLEAN UP DAYS

• **Massey Clean Sweep – Saturday, May 11, 2019** please meet at St. Andrew's United Church at 9 a.m. to pick up vests, bags and gloves. Come for a nice spring walk to tidy up Massey. Prizes for youngest and oldest participant.

Light lunch to follow at St. Andrew's United Church. Sponsored by The Inter-Church Council.

• **Bob Conroy Memorial Litter Walk – Sunday, May 26 @ 10:00 am** Meet at 10:00am at the Webbwood Public Library Free Lunch and Prizes provided for Volunteers *Students can receive credit towards their community involvement hours*

TIPPING FEES WAIVED

Tipping fees at the Tennyson Landfill Site will be waived for all residential household waste on Saturday, May 11th and Saturday, May 25th, 2019 from 10:00 am until 4:00 pm.

Tipping fees will still apply for commercial or construction materials.

Please ensure all loads are properly secured and covered to prevent debris from blowing out of your vehicle or trailer!

CONGRATULATIONS !!

The Council of the Township of Sables-Spanish Rivers wishes to extend congratulations to the following two young members of our community.

Faith Emiry, recipient of the 2019 Vimy Pilgrimage Award. Faith was selected as one of 20 youths from across Canada to participate in a week-long education program in Belgium and France to study Canada's First World War efforts.

Avery Graham, has been chosen as the Local Honorary Chair for the 2019 Gutsy Walk, for Crohn's and Colitis Canada. She will be walking in this year's event in Sudbury on June 2, 2019 to promote awareness and support for all affected by these diseases.

It is an honour to have such named residents within our municipality!!

MASSEY AREA MUSEUM

There will be a Trunk Sale/ Yard Sale in the back parking lot of the Massey Area Museum on June 1 at 9:00am-12:00pm (June 15 is the rain date). Please call 705 865-2266 to rent a spot or email info@masseyareamuseum.com.

The Massey Area Museum is now open 11am to 4pm Monday to Friday.

Consignments are being accepted during office hours.

École Franco-Ouest Students Get Certified!



École secondaire catholique Franco-Ouest (Espanola) students received specialized training on Tuesday, April 30th allowing them to obtain a certification in a field of their choice. Students were able to choose from three options: fork

lifts, nutrition 101 and maps, compass and GPS. In addition to obtaining their certification, this was a great opportunity for students to gain some hands-on learning experience and explore a field of work that they may not be familiar with.

Recipe

Cauliflower steaks are oven roasted with simple seasonings like salt, pepper, garlic powder, and paprika. They are a great meat alternative or a delicious side dish. I made these on the weekend as a side dish and roasting the cauliflower brought out a delicious sweet, nutty flavour.



Roasted Cauliflower Steaks

- 2 heads cauliflower (about 2 pounds (908g) each)
- 1 teaspoon kosher salt
- 1/2 teaspoon black pepper
- 1/2 teaspoon garlic powder
- 1/2 teaspoon paprika
- 1/4 cup olive oil (60ml)
- 1 teaspoon chopped parsley



Adjust oven rack to the lower third position. Preheat oven to 450 degrees. Remove the outer green leaves from the head of cauliflower and trim the stem. Using a large knife cut the cauliflower in half lengthwise through the center. Cut a 1 1/2-inch thick steak from each half of the cauliflower. If the head is large, carefully cut one more steak from each of the cut sides. Repeat process with the other head of cauliflower. Any florets that come off of the steak can also be roasted. There should be about 4 to 8 steaks in total. Place cauliflower steaks on a rimmed baking sheet. In a small bowl mix together salt, pepper, garlic powder, and paprika. Drizzle olive oil on both sides of each cauliflower steak. Evenly sprinkle the seasoning mixture on both sides of the cauliflower steaks, about 1/4 teaspoon per side. Tightly cover the baking sheet with foil and bake for 5 minutes. Remove the foil from the cauliflower and roast for 10 minutes. Gently flip the cauliflower steak and roast until a golden brown crust forms on both sides, about 6 to 8 minutes.

Cambrian College Goes Smoke Free

If you are sitting in your car on Cambrian College property, you are no longer allowed to smoke in it.

The smoking, vaping, chewing, or ingesting of tobacco or cannabis products will not be permitted anywhere on college property, including the student residence and even inside private vehicles on college property.

As of May 1st, Cambrian

College will be smoke-free on all its campuses in Little Current, Espanola, Valley East and Sudbury.

The only exception will be the burning of tobacco for ceremonial purposes by the Wabnode Centre for Indigenous Student Services. However, smoking receptacles will also be set up in appropriate locations for those who wish to light up.

COMMUNITY NOTES

PROUDLY SPONSORED BY



A.B. Ellis 100th Anniversary Spring Tea Fund Raiser – Friday, May 10 from 11:30 a.m. - 1:30 p.m. at the Seniors Drop in Centre - Queensway Place. Tickets sold at the door or at the Health Food Store

Massey Legion Mother's Day Lasagna Dinner – Friday, May 10 from 5:00 p.m. – 7:00 p.m. Take-out is available. For information call 705-207-4247.

Mother's Day Tea – You're Invited Saturday, May 11 from 11:00 a.m. – 1:00 p.m. at the Calvary Church, 599 Barber Street, Espanola.

Community Living Espanola's 2nd Annual Fun Walk/Run – Saturday, May 11th, 2019. 1 KM at 10 a.m. 5KM at 10:15 a.m. Red McCarthy Ballfield. Contact Debbie at 705-869-0442 Ext 21 for more information, or to pay and register.

Walford Volunteer firefighters Mother's Day Pancake Breakfast – Sunday, May 12 from 9:00 a.m. - 12:00 p.m. at the Walford Community Center.

Espanola Area Friendship Circle Alzheimer Support Group – Monday, May 13, 1:30 - 3:00 p.m. at the Seniors' Drop in Centre 799 Queensway Ave. Espanola. For more info contact Wendy Ashton 705-869-1137

Children's Clothes Closet at Calvary Baptist Church – Wednesday, May 15 from 10:00 a.m. – 2:00 p.m. No donations needed at this time.

Royal Canadian Legion Service Officer - Sherry Culling, Service Officer is coming the week of May 20th. For more info contact Gary or Judy at 705-869-1711.

Community Living Espanola's 13th Annual Yard Sale - Friday, May 24 & Saturday, May 25 from 9:00 a.m. to 3:00 p.m. Front parking lot area of The Craft House, 345 Centre Street.

Knight Cruisers Car Club 17th Annual Cruise-In - Saturday, May 25, 9:00 a.m. - 3:00 p.m., Espanola Rec Complex/Track & Field. Call 705-869-4757 for info. Food bank donations appreciated

Espanola Public Library Board Game Night - NO fee or registration required! Every 3rd Thursday of every month 6:00-8:00 p.m.

Lighthouse Community Lunch - Free community luncheon at the Lighthouse, across from the Royal Bank, every second and fourth Tuesday of the month, 11:30 a.m. - 1:00p.m.

From Soup to Tomatoes - Basic Class 9:00 – 9:45 a.m., Gentle Class 10:00 – 10:45 a.m., Yoga Class 11:00 – 11:30 a.m. Mon-Wed-Fri at the Elks Hall for all three classes. Mon-Wed-Fri Basic class only at the Seniors Drop In Centre.

Do you have a NOTE for the Community?

We invite not-for-profit organizations to submit information on their upcoming events in writing no later than
Wednesdays at 3:00 p.m. 25 Word Limit.
E-mail: around@aroundandabout.ca

AROUND&ABOUT
Your Community Connection

PAPERWORKS
OFFICE & ART SUPPLIES

705-869-6883
email: around@aroundandabout.ca
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