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## Espanola's Eighth Annual Fibre Arts Festival Changes Up Venues



By *Rosalind Russell* - With a possible impending strike by school staff, organizers of Espanola's Eighth Annual Fibre Arts Festival have had to make some changes to their venues.

Festival Coordinator Jody Pilon says they had planned to host a couple of events at local schools for the October 18th weekend. "If the CUPE action turns from work to rule to a full strike," says Pilon, "we would have been in a difficult position, since we did not want to cross a picket line or be in the middle of a labour disruption. We did look for other venues and were able to find alternatives except for the Knitting Pilgrim. He needs high ceilings and lots of space for his displays and we are limited here in Espanola, so he has been cancelled for this year, but we are looking forward to having him back in Espanola in the future."

With the changes, the new venues and

*Continued on page five...*

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# ESPANOLA'S ANNUAL PUMPKIN FESTIVAL

## SCHEDULE OF EVENTS

### Saturday, October 19th, 2019

#### 8-11:30am Pumpkin Pancake Breakfast

\$8 adults/\$6 children 5-12yrs/free under 5 yrs  
with purchase of an adult breakfast  
Upstairs @ Rec Complex  
*Hosted by the Hospital Auxiliary*

#### 9am Blessings

Blessings from Brenda Roberts of Noojmowin Teg Health Centre at the Pancake Breakfast  
Upstairs @ Rec Complex

#### 9-11:30am Pumpkin Games for Families

5 pumpkin themed activities for a chance to win a prize!  
Rec Complex Track & Field  
*Hosted by Our Children Our Future*

#### 9am-4pm Fibre Arts Festival Makers' Market

\$2. Elks Hall (539 Second Ave) & Espanola Legion  
(370 Annette Street)

#### 9am-2pm Farmers' Market

Elks Hall (539 Second Ave)

#### 9:30-11am Cultural Craft (18 yrs +)

Cultural Craft with Noojmowin Teg Health Centre  
Make tobacco ties & receive a traditional teaching.  
For info (705) 869-1564 ext 4262 or email  
[jennifer.marenger@noojmowin-teg.ca](mailto:jennifer.marenger@noojmowin-teg.ca)  
Rec Complex Lobby

#### 10am-4pm Espanola Regional Hydro Information Session

(Sign up for AFT) Outside Espanola Recreation Complex  
Spin the wheel for a chance to win!

#### 10am-4pm Quilt & Stitchery Show

Sat & Sun \$8, includes tea & sandwiches  
128 Park Street

#### 10:30am-12pm Indigenous Games for Youth

With Noojmowin Teg Health Centre  
Registration required at 705-869-1564 ext.4263 or  
[dakota.recollet@noojmowin-teg.ca](mailto:dakota.recollet@noojmowin-teg.ca)  
Rec Complex Track & Field

#### 11am-12pm PUMPKIN CONTESTS

Biggest Pumpkin weighed-in  
Smallest Pumpkin weighed-in  
Weirdest pumpkin  
Best carved or decorated (adults & children categories)  
Leave pumpkins for display until 4pm to show them off!  
Outside @ Rec Complex  
*Sponsored by Tim Hortons*

#### 11am-2pm Holiday Movies

"It's the Great Pumpkin Charlie Brown" & "Charlie Brown Thanksgiving"  
Library Meeting Room

#### 11am-2pm Domtar Fun Tent

Join Domtar for a Spider Scavenger Hunt, Fiber painting activity & free Halloween hot chocolate.  
Rec Complex Track and Field  
*Sponsored by Domtar*

#### 11am-4pm PUMPKIN BREW-Ha-Ha Tent

featuring Manitoulin Brewing Company.

#### 11am-1:15pm Sarah Craig with Jean Yves Bégin

for a sultry mix of Jazz & Reggae

#### 1:45-4pm Showponies Steve & Sarah Lachance

perform current pop hits to country classics

Outside @ Rec Complex

*Sponsored by Town of Espanola & Rainbow Concert Series*

#### 11am-4pm Pumpkin Pie Poutine Dessert

Sarah's Food Truck at the Beer Tent  
Outside @ Rec Complex

#### 12pm-4pm Face Painting

Face Painting with Caitlin Christakos  
Rec Complex Lobby

#### 12pm-4pm Bubble Soccer

Meet your match for a 5 on 5! Challenge your friends, team or work mates to some friendly body bouncing!  
(Must be 4 feet tall & over)  
Outside @ Rec Complex

#### 12pm-4pm Bouncy Castle

Fun for kids of all ages & stages!  
Outside @ Rec Complex

#### 1-2pm Free Lions Swim

Rec Complex Pool

#### 1-2pm Boogie Mountain & Elite Great Pumpkin Challenge

Race your pumpkin thru the obstacles & take it to the mountain! Prizes & gourds of fun!  
Adults 1-1:15pm  
Teens 1:15-1:30pm  
Lil pumpkins 1:30-1:45pm  
FREE entry/sign a waiver  
*Hosted by Boogie Mountain & Elite*

#### 3-4pm Tea at 3

Pumpkin treats with traditional tea service & coffee  
Admission by donation  
Library Meeting Room  
*Hosted by Save A.B. Ellis Committee*

**For a complete listing of Fibre Art Events and Workshops, visit [www.espanolafibreartsfestival.ca/](http://www.espanolafibreartsfestival.ca/)**

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# All The World's A Circus

William Thomas

williamjthomas@gmail.com

## Your Dog's Stomach—"The Museum of Un-Natural History."

Not so many years from now after the earth has been destroyed by floods, wild fires, pestilence and...please see the Bible for the complete list of violent end-of-the-world options.

They will then begin a massive archeological dig to discover who lived here and what life was like on earth. And it will be so unnecessary because all they would have to do is go to any veterinarian's office and look on top of the fridge where they keep a collection of the more noteworthy objects they have removed from the stomach, intestines, colons and rectums of man's best friend. What the vets remove from the innards of canines should be displayed in every town's museum of unnatural history. Aliens would certainly learn about our currency and how much money means to us if they studied the file on the family in Barrie, Ontario who, after discovering \$1,110 in three envelopes missing from the bedroom dresser, spent three winter days sifting through the frozen lumps left in the backyard by their three-year-old Golden Retriever. After working with hot water, Lysol and face masks, they managed to recover \$960 in cash. Nobody knows what happened to the remaining \$150 but they're keeping an eye on that dog like he's a pooping ATM. Similarly, a husband in Montreal was ripping through Christmas wrapping looking for the cellphone his wife had given him that morning. Nothing. But

when he went into the kitchen for another cup of coffee, he heard the cellphone ring...in their dog's stomach. The vet assured him the palm-size phone would not pass and surgery was necessary..

With nothing to lose but the bonus minutes, the couple decided to wait it out and lo and behold, with an awful lot of cod liver oil, the dog regifted the phone to his owner. The process is known as "Call waiting and waiting and whoa!... man, that had to hurt." Some important messages were lost...mainly in the lower colon.

A list of what my friend and Jake's vet David Thorne removed from dogs would include a ten-inch plastic bat that squeaks, a rubber motor mount, a red elastic hair scrunchie, a golf ball (Spalding), a flip flop, socks, tubes of medicine and salves with oversized tops, rubber bands, beer caps, safety pins and an 8-inch curved rib bone that miraculously made its way through the entire system of a dog who eventually and gratefully spelled relief with a capital "Roof!"

At Madeleine Zeller's clinic in Welland, socks, pantyhose, and scrunchie hair bands were the most popular contents of the canine stomach. She has removed carpeting, stones, rubber balls, twist ties, tinsel, earplugs, coins, baby soothers, and a shish-ka-bob skewer from a dog who pulled off a daylight BBQ robbery in full view of all the guests.

Continued on page three...

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Continued from page two...

Her colleague Mike Finnigan was scoping a dog's stomach when he jumped back at the sight of a big black spider staring back at him. It turned out to be rubber and therefore, eventually less painful to pass than that motor mount.

Dr. Allan Bennington of Guelph University once removed a mound of gravel from a dog's stomach after he ate the spot in the driveway where his owner had emptied the BBQ grease. He has also removed everything from razor blades to a fish hook with nylon line after a dog ate the bait. He once extracted a metal ball bearing after a kid rolled the "steelie" towards the dog who was laying on the floor at the time. The dog opened his mouth and the ball bearing kept going, all the way through to the end of the digestive tract.

Similarly Dr. Bennington had a teenager miscue on the basement billiard table sending the eight-ball sailing through the air. His dog, ever alert for a game of catch, opened his mouth and the weight of the ball kept it going all the way down the throat and into the

gut pocket.

It took the doctor an hour to recover the black ball from the dog's stomach and forty minutes to get the surprised look off the teenager's face. And remember Sparkie, when you scratch on the eight-ball, you lose the game.

Other items recovered from the bellies of mutts include: a horse's riding crop, a whole baked potato, a rubber chicken, the bald head of Malibu Barbie and 109 elastic hair ties swallowed by a golden doodle.

So yeah, meticulous excavation and archeological digging would be a waste of time by outer space explorers trying to unearth the life and times of humans. You name it, our dogs have swallowed it and most of those souvenirs are still on display.

Please keep a close eye on your canine. Unless the object is actually bigger than the dog, it could well wind up in his stomach thereby doing great damage to your wallet. And for comments, ideas and copies of The Legend of Zippy Chippy go to [www.williamthomas.ca](http://www.williamthomas.ca)

## Smile Cookie Campaign Blows Away The Numbers

That's a lot of cookies.

It was an astounding year for the Smile Cookie campaign in the North Shore corridor.

Tim Hortons across the country host the week-long campaign every September with the dollar raised from each cookie sold going to local causes.

Espanola and McKerrow's franchises raised nearly \$12,650 for the Espanola Helping Hand Food Bank.

Blind River raised just over \$8,800 with those funds going to the North Shore Health Network Foundation and Elliot Lake raised \$5,430 with

that money being donated to the local Lions Club for their Annual Christmas Toy Drive.



PaperWorks, 85 Centre Street, 705-869-6883



## Espanola Royal Canadian Legion Banners Going Up Along Centre Street

The Espanola Royal Canadian Legion Branch 39 have started installation of banners.

Legion president Gary MacPherson says earlier this year, the Legion launched an initiative to have families and supporters come together to purchase banners in remembrance of veterans who have passed away as well as those who have served.

He adds initially, it was hoped that 27 banners would be

purchased.

However, MacPherson says the campaign has been so successful that 60 banners are now ready for installation.

He says with so many, the banners will be rotated year-to-year complimenting Highway Six-Centre Street through Espanola.

The banners will be mounted along the roadway today and will remain in place until Remembrance Day.

PHOTOS: The new banners honouring veterans are ready to be mounted along Highway Six – Centre Street in Espanola. The Legion has some 60 banners, so they will be rotated year-to-year every fall. Photos supplied by Espanola Royal Canadian Legion – Branch 39.



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October 17-21, 2019



# 8th Annual Espanola Fibre Arts Festival

**7 VISITING ARTISTS  
10 WORKSHOPS**

Keynote by David Melnychuk  
'The Importance of Art & Craft  
in a Healthy Society'

1 Day Makers' Market October 19th 9am-4pm

2 Locations -

Elks Hall 539 Second Ave  
& Espanola Legion 370 Annette St

Espanola Farmers' Market  
Holodmor Mobile Classroom  
Ukrainian Exhibits & Demonstrations  
Traditional Ukrainian Food



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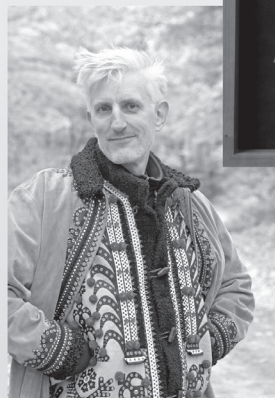
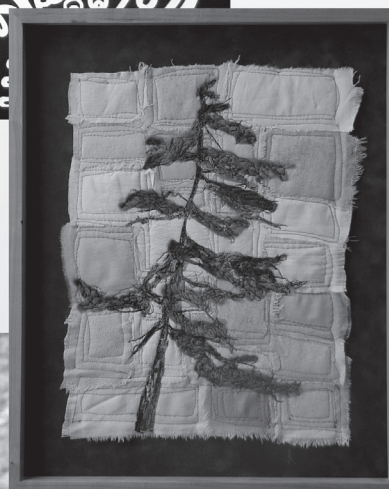
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Continued from front page...

## Espanola's Eighth Annual Fibre Arts Festival Changes Up Venues



PHOTO: The Eighth Annual Espanola Fibre Arts Festival has had to change its schedules and venues in light of a possible strike with school staff. Photo by Rosalind Russell

schedule have been put in place with seven guest artists making their way to Espanola and 10 workshops in all. This year's theme is everything Ukrainian. The Opening Celebration & Keynote Speaker will be highlighted by David Melnychuk.

"It will be held at the Espanola United Church, October 18th from 7:00 pm to 9:00 pm. Admission is a donation and we will have hospitality and special music.

"We will hear from artist David Melnychuk and learn about the Importance of Art & Craft in a Healthy Society. Art and craft have always played important roles in developing and sustaining traditional civilizations."

The two-day Hot Workshop With Susan Lenz is already sold out, but there are other options for avid supporters.

There will be a Fabricated Forests Workshop with Amy Bagshaw at the Espanola United Church on October 19th from 12:30 pm to 4:30 pm. People can sign up and create abstract landscape art by using yarn and other fibre art techniques. They will spend some four hours in the workshop envisioning and creating structural fabricated forest scenes. "Wrapping, hand weaving, painting, and sewing can all be utilized to articulate the feeling of being deep in the woods."

That should appeal to those who love the Northern flavor of the festival.

Ukraine history is also a big part of the festival with a very special film presentation; *Hunger For Truth: The Rhea Clyman Story*" (directed by Andrew Tkach, 2017).

"The film documents the story of Canadian reporter Rhea Clyman, the first Western journalist to expose Stalin's state-sponsored famine-genocide. In 1932, at the age of 28, Clyman travelled clandestinely through Ukraine to witness the famine first-hand. " Tickets are in advance and two presentations will take place: 3:00 pm to 4:00 pm and 4:15 pm to 5:15 pm. For tickets, visit the link for the festival.

There are several other presentations that make up the festival and, Pilon adds this year, there are two markets.

"We will have one at the Elk's Hall, the other at the Legion. There will be Ukrainian food, crafts and so much more. We are so excited to see it all come together once again. A huge shout out to everyone who volunteers and helps us bring all of this together. It's so hard to believe, we have been doing this for seven years already. I'm looking forward to number eight," says Pilon.

For the new lineup, go to <https://espanolafibreartsfestival.ca/festival-2019-details>

## Espanola Honours Volunteers



The Town of Espanola paid homage to its volunteers who work with various charities, agencies and organizations. Espanola Mayor Jill Beer told some 200 volunteers who attended the event on Saturday evening at the complex that they are the backbone of the community. She adds with some 80

organizations in Espanola providing various services, the contribution to the community, economy and the growth of the town is crucial to its well-being.

She also encouraged more community members to step up and volunteer to ensure Espanola continues to be a success story.



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## 2019 Campaign

This year's FPW campaign, "Not Every Hero Wears a Cape. Plan and Practice Your Escape!" works to educate everyone about the small but important actions they can take to keep themselves and those around them safe.

### Did you know?

In a typical home fire, you may have

as little as one to two minutes to escape safely from the time the smoke alarm sounds. **Escape planning and practice can help you make the most of the time you have**, giving everyone enough time to get out.

*Plan ahead for your escape. Make your home escape plan and practice today.*

## Be a hero

**How do you define a hero?** Is it...a person who is courageous and performs good deeds? Someone who comes to the aid of others, even at personal risk?

**A hero can be all of those things. A hero can also be...someone who takes small, but important actions**

to keep themselves and those around them safe from fire. When it comes to fire safety, maybe you're already a hero in your household or community. If not, maybe you're feeling inspired to become one. It's easy to take that first step - make your home escape plan!

## History of Fire Prevention Week

Fire Prevention Week was established to commemorate the devastating Chicago fire on October 9, 1871 in which more than 250 people died, 100,000 were left homeless, destroyed more than 17,400 structures and burned more than 2,000 acres.

The fire changed the way that firefighters and public officials in North America think about fire prevention and fire safety. The Fire Marshals Association of North America (today known as the International Fire Marshals Association), decided that the anniversary of the Chicago fire should be observed in a way to educate the public about the importance of fire prevention.

Fire Prevention Week was proclaimed in Canada in 1919 to commemorate the Chicago blaze, as well as a major fire that destroyed the Centre Block of the Parliament buildings in Ottawa on February 3, 1916.

## Fire Safety Tips & Facts

- Smoking while in bed, tired or under the influence of alcohol or medication is the most common cause of fires that kill.
- Most chimney fires occur with wood-burning fireplaces. Ensure chimneys are cleaned and professionally inspected regularly. Burn only small quantities of wood at a time.
- Keep a pan lid or cookie sheet handy in case grease or oil catches fire. The lid or cookie sheet should be slid over the top of the pan to smother the fire.
- Place candles in sturdy, burn-resistant containers that won't tip over and are big enough to collect dripping wax.
- Don't use candles in high traffic areas where children or pets could knock them over.
- Never remove the third prong on a three-prong plug or bend it back to use a two-prong outlet. The third prong is a necessary ground for the appliance or

heater.

- When bathing children, always turn cold water on first before the hot. Test the water temperature before allowing your child to get into the bathtub or shower. Consider adjusting your hot water heater to a maximum temperature of 49 C or 120 F.
- Turn pot handles towards the centre of the stove.
- Battery-operated smoke alarms will warn you when batteries need replacing. Despite this, make it a habit to change the batteries yearly.
- Install at least one smoke alarm outside each sleeping area. For improved safety, install a smoke alarm in every bedroom.
- Have a thorough yearly maintenance check of the furnace carried out by a professional.
- Lack of maintenance is the number one cause of dryer fires. That is why it is critical to clean the lint filter before and

after each use, and wipe away any lint that has accumulated around the drum. Perform periodic checks to ensure that the air exhaust vent pipe is unobstructed (lint accumulation) and the outdoor vent flap opens readily.

- Extension cords must never be run inside walls or under rugs or furniture. They can be damaged by traffic or heavy furniture and start arcing, which can lead to a fire.
- It is important to install a carbon monoxide detector in your home. However, carbon monoxide detectors do not replace the need for prevention through yearly maintenance and inspection of heating systems and appliances.
- Do not overload electrical outlets or use extension cords in the place of additional outlets.
- Use a screen in front of the fireplace opening to protect children and to

prevent embers from escaping and igniting carpets, etc.

- Educate your children about the dangers of fire and make sure they know that all fires, even small ones, can spread very quickly.
- In case of fire, get out and stay out! Use a neighbour's phone to call the emergency response number in your area.
- Be wary of buying novelty candles. Avoid candles surrounded by flammable paint, paper, dried flowers, or breakable/meltable containers.
- Equipment that uses natural gas should show a clear blue flame—a yellow or orange flame may indicate a problem. If a problem appears, call a qualified technician.
- Ensure a source of fresh air is available, for an example an open window or flue, when operating a wood-burning fireplace.

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## Fire Escape Plan

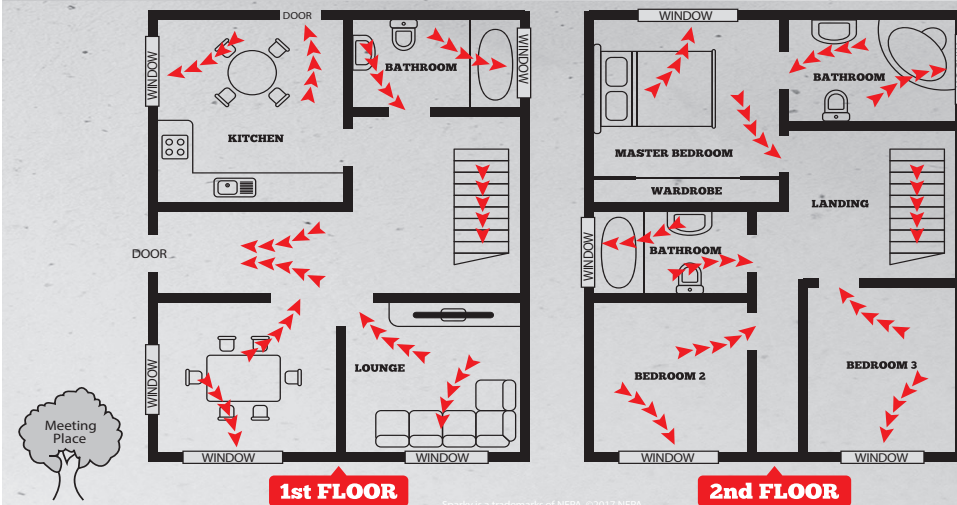
Domtar



Statistics reveal that 78 percent of deaths from fire occur in the home, with most of the fatalities taking place between 2 am and 4 am, while occupants are asleep. That is why it is critical to develop an escape plan, because one needs to react quickly with a fire:

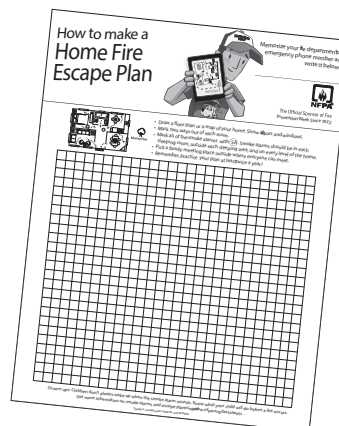
- practice your plan at night, getting down on your hands and knees with a flashlight while crawling to safety. Heavy smoke impairs breathing, which is why staying close to the floor increases chances of escape.
- In order to be able to react quickly to fire, draw a floor plan of your home showing all possible exits from each room. Where possible, plan two exits: a main route and an alternate route from each room.
- If you live in an apartment building, develop your escape plan taking into account fire escape procedures provided by building management.

- ☐ Draw a map of your home. Show all doors and windows.
- ☐ Visit each room. Find two ways out.
- ☐ All windows and doors should open easily. You should be able to use them to get outside.
- ☐ Make sure your home has smoke alarms. Push the test button to make sure each alarm is working.
- ☐ Pick a meeting place outside. It should be in front of your home. Everyone will meet at the meeting place.
- ☐ Make sure your house or building number can be seen from the street.
- ☐ Talk about your plan with everyone in your home.
- ☐ Learn the emergency phone number for your fire department.
- ☐ Practice your home fire drill!
- ☐ Make your own home fire escape plan using the grid provided on page 2.



**Visit our website**  
**[www.aroundandabout.ca](http://www.aroundandabout.ca)**  
**and print off a copy of**

How to make a  
**Home Fire  
 Escape Plan**



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## FORM SALE OF LAND BY PUBLIC TENDER

### THE TOWNSHIP OF SABLES-SPANISH RIVERS

**Take notice** that tenders are invited for the purchase of the land(s) described below and will be received until 3:00 pm local time on **October 22, 2019, at the municipal office, 11 Birch Lake Road, Massey, Ontario P0P 1P0.**

The tenders will then be opened in public on the same day at 3:15 pm local time, at the **municipal office, 11 Birch Lake Road, Massey, Ontario.**

#### **DESCRIPTION OF LAND(S):**

**File No:** SSR-18-01  
**Roll No.:** 000-001-06700-0000  
**PIN:** 73424-0020 (LT)  
**Property:** PCL 13967 SEC SWS; PT BROKEN LT 11 CON 3 HARROW AS IN WP 7334; SABLES-SPANISH RIVERS  
**Minimum tender amount:** \$ 7,717.12

**File No:** SSR-18-05  
**Roll No.:** 000-002-13000-0000  
**PIN:** 73417-0010 (LT)  
**Property:** MAY CON 4, PT LOT 3, PCL 991  
**Minimum tender amount:** \$ 5,555.05

**File No:** SSR-18-06  
**Roll No.:** 000-003-04000-0000  
**PIN:** 73418-0096 (LT)  
**Property:** SALTER SECTION 9, PCL 17392A  
**Minimum tender amount:** \$ 5,002.40

**File No:** SSR-18-12  
**Roll No.:** 000-005-15900-0000  
**PIN:** 73415-0144 (LT)  
**Property:** HALLAM CON 6; LOT 9, PCL 20897, RP SR2041, PART 2  
**Minimum tender amount:** \$ 12,216.36

**File No:** SSR-18-13  
**Roll No.:** 000-010-06700-0000  
**PIN:** 73413-0288 (LT)  
**Property:** PM6 PT LOTS 38-39, RP 53R9142, PARTS 2-4, PCL 27770  
**Minimum tender amount:** \$ 13,278.81

Tenders must be submitted in the prescribed form and must be accompanied by a deposit in the form of a money order or of a bank draft or cheque certified by a bank or trust corporation payable to the municipality (or board) and representing at least Twenty per cent (20%) of the tender amount.

Except as follows, the municipality makes no representation regarding the title to or any other matters relating to the land(s) to be sold. Responsibility for ascertaining these matters rests with the potential purchasers.

This sale is governed by the Municipal Act, 2001, and the Municipal Tax Sales Rules made under that Act. The successful purchaser will be required to pay the amount tendered plus accumulated taxes and the relevant land transfer tax.

The municipality has no obligation to provide vacant possession to the successful purchaser.

**For further information regarding this sale and a copy of the prescribed form of tender contact:**

<b>Title:</b> Patricia Deline, Treasurer	<b>Name of Municipality or Board:</b> Township of Sables-Spanish Rivers
<b>Address of Municipality or Board:</b> 11 Birch Lake Road Massey, Ontario P0P 1P0	<b>Phone No. of Municipality or Board:</b> 705-865-2646

## Espanola's French Catholic Schools Celebrate Franco-Ontarian Day



French Catholic students in Espanola joined their counterparts in celebrating Franco-Ontarian Day. Ecole Franco-Ouest and Ecole St. Joseph (French) students and staff sported the green and white officially celebrating Franco-Ontarian Day. Students raised the Franco-Ontarian flag, held a dance

concert and participated in crafts promoting their French heritage. Franco-Ontarian Day was established in 2010. The flag, designed by history professor, Gaétan Gervais and political science student, Michel Dupuis, flew for the first time on September 25th, 1975 at the University of Sudbury.

## Schools, First Nations And Communities Celebrate Orange Shirt Day



PHOTO: Shawanosowe School students and staff joined their counterparts across Canada to mark the Seventh Annual Orange Shirt Day held on Monday, September 30. Photo supplied by Franklin Paibomsai.

There was plenty of orange to be seen in communities throughout the local area including Shawanosowe School in Whitefish River First Nation. Chief Franklin Paibomsai was just one of several chiefs, band councils and community members who marked the seventh anniversary of Orange Shirt Day, which encourages

all Canadians to wear orange in solidarity and remembrance of the residential school survivors. The day is based on a book of experiences written by Phyllis Webstad called The Orange Shirt Story where she wrote about her first day at a residential school where she was forced to remove her bright, orange shirt because it was considered inappropriate apparel by the nuns.



**Preschool and School Age spaces available at our S. Geiger and St. Mary Sites.**

**For more information, please call Janice at 705-865-3281**

**Massey: 705-865-3281 • Espanola: 705-869-3282  
Email: onetotstop@bellnet.ca • www.onetotstop.com**

## Climate Change Was The Main Focus Of The First Of A Series Of Debates In The Algoma-Manitoulin-Kapuskasing Riding.



The focus of most of the Meet the Candidates Night in Espanola dealt with the climate, carbon tax and the price of gas. Four of the five candidates concurred that there must be policies put in place to fight climate change. However, People's Party candidate Dave DeLisle, says the issue is a hoax and people have to focus on removing the gas tax at the pumps and investing in attracting small factories to the North. Senior housing, autism, and job security were just some of the homegrown issues raised at the debate. A local resident, Gord Hipel, asked about how each candidate would help with senior housing. All the candidates advocated for improvements of the Canadian Pension Plan, Old Age Security

and other programs to improve the lives of not only seniors but veterans. Affordability to be able to sustain seniors in their homes was a key promise from all five candidates. Other issues included handgun control and border security. Some 100 people took in the debate at the Espanola Legion, the first of several to be held across the riding. There are five candidates vying for the federal parliamentary seat: NDP incumbent Carol Hughes, Liberal candidate Heather Wilson, Dave Williamson of the Conservative Party of Canada, Green Party candidate Max Chapman and Dave DeLisle of the People's Party of Canada.

Photo by Rosalind Russell



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**ROGER PICHETTE BUILDING CONSTRUCTION**  
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**DR. DARIO LAURENTI, D.C. - CHIROPRACTOR** - 28 years' experience. Instrument, Manual, Cranial Adjusting, Acupuncture, Orthotics. Call 705-869-2737. All Insurances accepted. 11/26

**ESPANOLA SELF STORAGE**  
– 6x8 and 8x10 Storage units available in Espanola. Located behind the car wash. Call 705-869-8405. 10/29 - R

**TOTAL MAINTENANCE SERVICES** - Carpentry, painting, steel & shingle roofing, tree cutting, decks, dump runs. No job too big or too small. Call 705-936-6160 10/8 - R

## FOR SALE

**FOR SALE** – 1991 Fleetwood Camper. 29 feet. \$53,000 km. All Appliances. Asking \$9,000. Call 705-869-2944. 10/1

**FOR SALE** – 2007 650 V-Twin Kawasaki Brute Force. Excellent condition. Also limited amount of drywood, and kindling for backyard fires. Call Greg 705-822-4734. 10/15

## REAL ESTATE

**FOR SALE – INVESTMENT OPPORTUNITY** – Two, two-bedroom houses, Many Upgrades in recent years. Located at 550-1 and 550-2 Mead Blvd, Espanola. Live in one and rent the other to pay mortgage. Asking \$135,000. For more information call 705-869-1639 or 705-207-4574. 10/22

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**CHERYL'S MASSAGE THERAPY & ACUPUNCTURE** – To make an appointment call 705-863-3223 or email cherylsmassage7@gmail.com 10/29 R

**PHYSIOTHERAPY OFFERED BY MARILYN WITTMANN**  
– Located at Physio Moves in the Espanola Hospital. Accepting new patients. WSIB and MVA patients welcome. Acupuncture available. Visit [www.physiomoves.net](http://www.physiomoves.net) for services, rates, and hours, or call 705-988-3737. 10/29 - R

**NORTH CHANNEL CARPENTRY & GENERAL SERVICES** – All your renovation needs! Bathrooms/Kitchens, Garage/Shed. Windows/Doors. Siding Installation, Flooring/Tiles. Wet Basement & Foundation Repairs. Mini-Excavator. Licensed/ Fully Insured. Call 705-863-0095. 11/26 R

## FOR RENT

**FOR RENT** – Short term rental apartment. Contractors, etc. rent by the week/month. Fully furnished. Contact Liz for more information. 705-862-2510. 45 Arthur Court Espanola. 10/29

**FOR RENT** – 1 bedroom apartment, available now. 2 bedroom apartment available November 1. 45 Arthur Court. 705-862-2510. 10/22.

**BRENTWOOD VILLAGE.** New Garden Homes in Espanola 55+. Wheelchair accessible, available immediately. Two-bedroom, two-bath, plus garage. \$1,695.00/month plus utilities. Contact 705-863-0487. 10/8

**FOR RENT** - Lang Lake Resort – 3 & 4 bedroom cottages available. Full kitchen, satellite TV. Call 705-285-4241 for monthly rates. Available October 15. 10/8

## WANTED

**ACCOMMODATION WANTED**  
– Women looking for 1 or 2 bedroom apartments, or small house on Agnew lake Rd, Webbwood. Quiet responsible tenant. Non-smoker, no pets. Call or Text 705-936-7106. 10/08

## OBITUARY



**Turpin – Tim (Timothy)** of Espanola. (March 29, 1960 – September 24, 2019). It is with a heavy heart the family announces the passing of their beloved “Tim” at Health Sciences North, Sudbury. A thoughtful and caring husband, father, papa, uncle, brother, son, co-worker and friend. Beloved husband and best friend of Laurie. Will be sadly missed by daughter Kala Adams (Tim), step daughters Crystal Coulter (Ivan), Carrington Leblanc-Nelson, Cassidy Bouillon (Joey) and Ami Langman (Chris). Predeceased by parents Don & Jean Turpin as well as sons Josh & Zack. Papa Tim will be sadly missed by Daniel Coulombe, Drake Coulombe, Greer Moffatt, Peyton Burnside, Quinn Burnside, Holden Langman, Leah Adams, Grayson Burnside, Isabelle Adams, Keirsten Turpin, Charlotte Adams, Sheppard Coulter and Jaide Bouillon. Dear brother of Gerry Turpin and Judy Bidal (Mark). Will be lovingly remembered by Dan & Alanna Turpin, Carrie Petrock, Gail Petrock (Dan Defer), Susi & John Taylor and his crew at Dan’s Towing. Tim was an avid hockey fan (Go Leafs!) and music enthusiast. Always a jokester and never ceasing to put a smile on your face. A man of many talents that will be missed greatly by many. **WE LOVE YOU TIM!** Cremation with a Committal Service celebrating Tim’s life was held in the Espanola Cemetery on Saturday September 28, 2019 at 2 PM. Arrangements by **BOURCIER FUNERAL HOME Ltd, Espanola.**

## COMMUNITY NOTES

PROUDLY SPONSORED BY



**North Shore Pins & Needles Quilt Show** - October 20, 10:00 a.m. – 4:00 p.m., October 21, 10:00 a.m. – 2:00 p.m. 128 Park St. Also, Next meeting, Wednesday, October 23, 7:00 p.m. at the Espanola Royal

**St. Andrew’s Harvest Ham Supper & Auction** – Sunday, October 27 @ 5:30 p.m. at the Massey Legion. For tickets call 705-865-2450.

*Do you have a NOTE for the Community?*

We invite not-for-profit organizations to submit information on their upcoming events in writing no later than **Wednesdays at 3:00 p.m. 25 Word Limit.**  
E-mail: [around@aroundandabout.ca](mailto:around@aroundandabout.ca)

**Royal Canadian Legion Branch 39** – On Saturday, September 21, 11:00 a.m. at the Espanola Cemetery a ceremony was held honouring seven of our veterans whereby a Veterans Dedication Plaque will be placed on their respective tombstones. The Royal Canadian Legion, Branch 39 provided a rifle team and a Last Post bugler. There are some who have not yet been honoured with a plaque. Anyone who knows of such a veteran and would like to honour her/him, please contact Ray Constantineau (705-869-3669) or Leonard Foucault (705-561-3410).



**The Moose 99.3 FM CJJM - Espanola is proud to support local charities and organizations. If you have an event you want to share, please call Roz at 705-869-6397 or email your information to: [russell@moosefm.com](mailto:russell@moosefm.com) The Moose- Espanola's Biggest Variety! Your Station, Your News, Your Stories**



## Orr's Valumart Little Current

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mon02602@loblaw.ca  
or call 705 368 0617 ext 103**

## Recipe

Do you need to make a quick dessert for something and don't have a lot of time or maybe you are just craving something sweet? Then you will like this recipe. It's super quick to make, easy, and delicious; of course anything with chocolate and peanut butter in it is a win for me.



### Crunchy No-Bake Chocolate Peanut Butter Bars

- 1 1/2 cups semi-sweet chocolate chips
  - 1 cup creamy peanut butter
  - 1/2 cup honey
  - 1/4 cup unsalted butter
  - 3 cups regular or frosted cornflakes
- 
- Place the chocolate chips, peanut butter, honey and butter in a large glass mixing bowl.
  - Microwave for 2 minutes at full power.
  - Remove from the microwave and stir until the chocolate has completely melted and everything is well combined.
  - Stir-in the cornflakes. Mix well.
  - Line an 8 x 8-inch pan with parchment paper. Spread the chocolate mixture evenly into the pan.
  - Chill until firm for at least 2-4 hours.
  - Slice with a sharp knife and store chilled in the refrigerator for up to 2 weeks.



## CAREER OPPORTUNITY

### Environmental Safety Manager

For more information, visit our website

[www.erhhc.on.ca](http://www.erhhc.on.ca)



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*Welcome to Local Hippie's  
weekly tip for living a greener  
life! Each week we will provide  
you with a quick tip to help you  
reduce your carbon footprint  
and change the world.*



This week's tip is: shop smart!



One of the best things we can do for the environment is be conscious about what we spend our money on and what we bring into our homes.

Pay attention next time you're grocery shopping - you'll notice that a lot of items are wrapped in excessive (and usually plastic) packaging. All of this packaging generally ends up in a landfill as it is not reusable or recyclable.

So choose wisely! Instead of buying pre-cut broccoli in a bag, opt for a full head; instead of 3 peppers pre-packaged in a plastic sleeve, grab 3 individual ones; and instead of a cucumber wrapped in plastic wrap, grab a naked field cucumber!

This doesn't only apply to the produce section. Even buying pasta in a cardboard box is a better choice than pasta in a plastic bag.

By making these smart decisions, we can reduce the amount of waste produced in our homes and we can send a message to large companies about what we're willing to spend our money on.

Have questions? Feel free to forward them to [jaymie@localhippie.net](mailto:jaymie@localhippie.net) or find me at the Espanola Farmers' Market.  
Have a happy hippie week!



**705-869-6883**

email: [around@aroundandabout.ca](mailto:around@aroundandabout.ca)

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