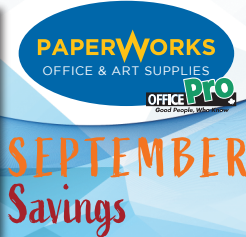


**Check out our
September Flyer online**



**2019 POLARIS
RANGER 570 FULL SIZE**

**STARTING AT
\$11699**

**PLUS FREIGHT,
PDI & TAX**



Warning: ATVs can be hazardous to operate. Polaris does not intend for this vehicle to be used for off-road racing. For your safety always wear a helmet, eye protection and protective clothing and be sure to take a safety training course. For safety and training information in the U.S. call the 800-887-2887. You may also contact your local Polaris dealer or call Polaris at (800) 342-3764. For safety training in Canada, contact your local Polaris dealer. Polaris Industries Inc. ©

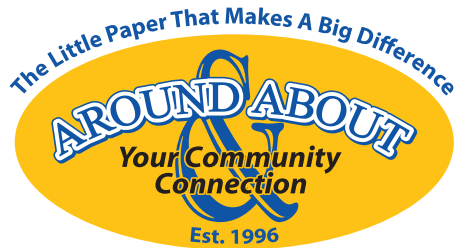
**TRAIL SIDE
SPORTS**

705-869-0170
rick@trailsidesports.com

**4 SEASON'S
septic service**
For Your Septic & Porta Potty Needs

**NOW SERVING
ESPANOLA
& AREA!!**

**705-869-2448
705-356-3444
1-800-587-3599**



www.aroundandabout.ca

September 3, 2019 Issue #36 - Volume 23

New Elders Centre Under Construction In Whitefish River First Nation



By *Rosalind Russell* - A new Elders residential centre is now under construction in Whitefish River First Nation.

Chief Franklin Paibomsai says the new \$2.6-million centre will house two two-bedroom apartments and six one-bedroom apartments with their own patio exits, as well as common areas, such as craft room, resource centre and foyer.

Paibomsai says at the present time many

Continued on page four...

Orthodontic treatment is a long term commitment.
Choose your orthodontist wisely.

**Serving Espanola
for 27 years.**



Dr. D'Aloisio
thesmilecentre.ca
705.869.0880 1.888.8.BRACES



**CANADIAN TIRE
ESPANOLA**

Tire Blowout!

P205/65R16 95T	\$59.99
215/65R16 98T	\$59.99
225/60R16 98 H	\$59.99
225/65R16 100T	\$59.99
P235/60R17 102T	\$69.99
P235/65R17 104T	\$69.99
265/70R18 116T	\$79.99

***Only tires located outside
on orange racks**

**WEDDING
PHOTOS?**
AS LOW AS
35¢
Order from the comfort of your home!



<https://aroundandabout.photofinale.com>



**THE
SOURCE
DEALER**

"The store for all your electronic and music needs"

Located in the Espanola Mall
Vintage Electronics & Sound (2008)

705-869-4820 www.thesource.ca/shopFlyer

**Home
hardware
ESPANOLA**

705-869-2130
**830 Centre Street
Espanola**



12 ft crown mld 1/2"x 3 1/16
Regular 24.99 Sale price 5.97

WELCOME BACK! NEW & EXISTING PATIENTS

**NEWLY
RENOVATED**



**RE-OPENED
FOR ALL PATIENTS!**



espanola DENTAL CENTRE

**ALL YOUR DENTAL NEEDS FOR YOU AND
YOUR ENTIRE FAMILY UNDER ONE ROOF!**

**> ORTHODONTICS > COSMETIC DENTISTRY & IMPLANTS > DENTURES
> WISDOM TOOTH REMOVAL WITH SEDATION > DENTAL EMERGENCIES**

**FREE WHITENING
FOR NEW PATIENTS**

**DIRECT BILLING
TO INSURANCE**

CALL TODAY (705) 869 2687

VISIT US ONLINE EspanolaDental.ca

MONDAY-THURSDAY 9 am - 6 pm

CONVENIENTLY LOCATED IN THE ESPANOLA MALL AT 800 CENTRE STREET, UNIT 108

At Your Fingertip Business Directory

High Circulation • Competitive Rates
FREE distribution to your customers!
To Advertise in the Around & About
Business Directory, call 705-869-6883

JC Plumbing & Heating
Jason Cowles
Certified Technician
Serving **Espanola & Area**
Business 705-583-3040
Mobile 705-863-3332
Sales & Service

Singh Dentistry
Dr. Maninder Singh
Hours:
Monday 9-5
Tuesday Closed
Wednesday 9-5
Thursday 9-5
Friday 9-5
FOR ALL OF YOUR DENTAL NEEDS
State of the art facility
We deal directly with Insurance Companies
Free dental whitening kit with new patient exam
91 Tudhope St., Espanola 705-869-1880

DORION CONSTRUCTION
New construction • Renovations
Garage packages
Tel (705) 865-3113 Cell (705) 862-4294

HDVS LANDSCAPING & CUSTOM DESIGN
LAWNCUTTING SERVICES
705-865-1506 www.hdvsonline.com

RAINBOWCOUNTRY GENERAL SERVICES
705-863-2492
SPECIALIZING IN KEEPING SENIORS IN THEIR HOME
For ALL your renovation needs.
Always wanted that dream Garage? Dream Kitchen? Dream Spa Bathroom?
Call us today. Financing available
Financeit
https://www.financeit.ca/s/vdIANW
*Reduced rate for low income seniors

STEVE'S PLUMBING & HEATING
705-863-2877
steve@stevesplumbingheating.com
SALES AND SERVICE OF: • furnaces • fireplaces • boilers
FREE ESTIMATES
Steve Donnelly Over 15 years experience locally

Studio Twelve Hair Design
New Clients Always Welcome
Formerly **Dittrich's**
705-869-2915



All The World's A Circus

William Thomas

williamjthomas@gmail.com

Food-The World's Nutritious Obsessive Compulsive Disorder

"Food--any nutritious substance that people eat or drink in order to maintain life and growth." Pretty simple and today, about as outdated as milk purchased last May and poured into this morning's coffee. Food has gone from being a nourishing plant, meat or fish-based commodity to a weapon of war, a killer of pets, the cause of eating disorders, the obsession of foodies, the grenades of recreational food battles, the demise of crickets, a motivator for murder, the delivery system for marijuana, the birth of a thousand terrible TV shows, an endorsement of gluttony and the fodder for really bad jokes. (Food is also a popular product of barter. I'm sure there's no connection but shortly after I wrote about the woman in Bradenton, Florida who offered an undercover cop sex in exchange for chicken nuggets, the local KFC in Port Colborne closed down. Honest!)

Let's start with food as stand-up comedy material for the Canadian National Exhibition. If not for the fact it brings with it the end of summer then the CNE should definitely be shut down because of "Apple Cheesecake Poutine Granny Smith Fries." Never mind the "Charcoal Ice Cream With Tabasco And Chili Peppers" or the "Mexican Scorpion Burrito." First Granny Smith would have horked the poutine cheesecake all over her ortho hush puppies and then swallowed a live scorpion in order to end it all. The CNE food menu is what you get if you fire a caterer like say Gordon Ramsey and replace him with the Nutty Professor.

The world has forgotten that food is simply the fuel that keeps the human machine operating. Have you seen what so-called "Internet foodies" have become? Purveyors of pornographic gorging. That is, Mukbang! For the last decade people in South Korea have been paying to watch other people eat food online.

The Number One Mukbang celebrity is a guy named Banzz who can wolf down ten hamburgers at a single sitting and has a following of 3,080,000 YouTube subscribers hanging on his every belch. Number Three is Shugi whose trademark is gobbling up four spicy rice cakes in one mouthful without making her producer puke and DKD, a team of two brothers who have attracted a following of 2.89 million paid viewers by eating with "real sound." Real sound? Remember when you were six and your mother cuffed you for talking with a mouthful of mashed potatoes most of which was dripping down the side of your face and everybody else at the table started to gag in unison. In South Korea this is known as a "unique skill set". Yuka, aka "Oogui" or "Big Eater" is famous for eating huge portions of spicy Korean food and then swallowing the webcam to end the show. Okay, that last bit I made up but still, this is binge eating's Game Of Thrones.

Shougi is a shoveler and could only improve her performance by replacing her chopsticks with a garden spade. Nickado Avocado sometimes cries over his food with a parrot on each shoulder while Erik The Electric rams 10,000 calories of Taco Bell fare down his gullet and then polishes it off with a Diet Coke.

Given the Global Hunger Fact that 82 million people do not have the food they need to live an active, healthy life--what the hell's wrong with South Korea?

I'm not saying Kim Jung-Un should nuke his neighbour to the south as he has threatened to do in the past but certainly sending in tens of thousands of Psychiatrists Without Borders is certainly not out of the question.

My biggest fear is that some enterprising foodie will look at the astounding number of people who are willing to pay to watch

Continued on page three...

NORTH CHANNEL CARPENTRY & GENERAL SERVICES
Custom Design and Builds
• Renovations • Bathrooms/Kitchens • Wet Basement/
• Flooring/Tiles • Garages/Sheds • Foundation Repairs
• Windows/Doors • Decks/Fences • Mini-Excavator
705-863-0095 Licensed/Fully Insured

Andrew Vondette
Computer I.T. & Network Specialist
Laptop/Desktop/Server Repair & Sales, Mobile Device Support
Virus & Malware Removal • Tune up & Optimization
Operating System Install • Data Recovery • Hardware Upgrades
NEW/REFURBISHED LAPTOPS & DESKTOPS STARTING AT \$125.00
705-521-3459 Professional, Reliable, Affordable!

Hearing Solutions for the Whole Family

Our Audiologists **Michael Blythe** and **Jean Roveda** have over 50 combined years of clinical experience.

Call 705.673.2885 to schedule your hearing health assessment today!



825 McKinnon Drive, Espanola, ON
sudburyaudiologyclinic.com

Conveniently located in the Espanola Hospital for over 20 years

Continued from page two...

food being Hoovered down the entrance of the human digestive tract and wonder... how many people would sign up to watch it exit.

Yes, I know, a very disgusting thought indeed except in today's world of bored, dumb-downed and self-absorbed people, that concept could earn a guy named "Yu-Jun The Throne King" the title of "South Korea's Entrepreneur Of The Year." As well as a salary of \$10,000 a month earned with a parrot sitting uncomfortably on each of his shoulders.

If this debauchery of dumplings and all things noodles was limited to a dozen or so gorging contortionists--well, that would only be bizarre. But there are no less than 3500 Mukbangers operating in South Korea and most of them are household names!

Don't get me wrong, I had a guy who enjoyed watching me eat for twelve straight years. But that was different. He was a dog named Jake who sat there, patiently praying that I would miss my mouth.

At least 15 people have died after participating in competitive eating contest since Nathan's Hot Dog Eating Competition began in 1979. So common has this tragedy become, last week a guy died at a taco eating contest at a minor league baseball game in Fresno, California and...they didn't even cancel the game.

And finally, let's not overlook the demand of foodies for prompt service. Last month a customer at the O'Cheese Naan Pizzeria in Paris shot and killed the waiter for taking so long to bring him his sandwich. And isn't that the most outrageous thing you've ever heard...a guy ordering a sandwich in a pizzeria?!!

According to Plato, knowledge was supposed to be the food of the soul. He could not have foreseen an age in which we have knowingly sold our souls for food.

And for comments, ideas and copies of The Legend of Zippy Chippy go to www.williamthomas.ca

PUMPKIN UP for October 19th

Gourds of spirit is needed to pumpkin up our town in preparation for the Pumpkin Festival & Fibre Arts Festivals.

"These annual off season events are an opportunity to sell our town, promote local business and support community organizations" says, Mayor Jill Beer. Event and festival tourism is one of the fastest growing forms of tourism and becoming increasingly popular in rural areas as a means to revitalize local economies and champion destination development. In addition, events & community celebrations bring us together,

and provide fun recreational and cultural program opportunities." Surveys indicate that 50% of festival goers in Espanola come from away which bolsters the local economy & supports the fundraising efforts of local charities and organizations.

Put some pumpkin in your promotion! Decorate your storefront or yard, host or sponsor an event.

Check out the festival schedule to date at espanola.ca.

For information, event & schedule inclusion contact ckennelly@espanola.ca / 705-869-1961

Massey Woman Still Waiting For A Live Liver Donor

A Massey woman says the most difficult part about having liver failure is waiting for a matching donor.

Elizabeth Cassidy has had liver failure since December saying her condition, Wilson's Disease, has made it impossible for her to absorb and excrete copper.

She adds because of the degree of her liver failure, she is not able to be matched with someone who has passed on and donated their organs.

Cassidy says she is thankful for all the people who have continued to support her and her family, but is asking for people to consider getting tested so a match can hopefully be found.

Only a small portion of a live liver is needed and all costs are covered.

Cassidy was in Toronto in mid-August to see the transplant surgeon and says finding a living donor is really important for me because of my MELD score," she said.

The Model for End-Stage Liver Disease (MELD) is a scoring system for assessing the severity of chronic liver disease and is calculated using the patient's

blood tests.

"My MELD score is around 18 now, so it's still quite low, and that means I am not eligible for a liver from a deceased donor," explained Cassidy.

Cassidy, who is married with a 14-year-old son, has managed her condition with medication until she went into liver failure last December.

Cassidy admits she is tired but is keeping up her spirits as best she can and is asking for anyone considering a donation to get tested. To be a living donor, a person must be between 18 and 60, but none of Cassidy's immediate family members qualify as her son is too young and her husband, Les, is over 70. Other people have also come forward to be tested, but no match has been found as yet.

For links to learn more, go to: https://www.uhn.ca/Transplant/Living_Donor_Program/Documents/living_liver_donor_manual.pdf

and the health history form: https://www.uhn.ca/Transplant/Living_Donor_Program/Documents/Living_Donor_Health_History_Form.pdf

VS

HOME GAME!!

Friday, September 6, 7:30 pm

**Unplug.
Connect.**

Alpha Launch Night
Tues, Sept 17 @ 6:30pm
Queensway Pentecostal Church
Cost: FREE
Sign-Up: qpcespanola.com/alpha

Join us at Alpha

Alpha

BELL • BOOTH • SIRKKA • FABRIS
OPTOMETRISTS
Espanola Mall
Little Current Hospital
705-869-2030
705-368-3245


The Canadian
Association of
Optometrists
opto.ca
your eyes deserve an optometrist®

The One Tot Stop

Day Care

**The One Tot Stop Day Care,
S. Geiger Site has expanded and
we now have infant spaces!**

**For more information, please call
Janice at 705-865-3281 or email
jkonetotstmary@gmail.com**

Massey: 705-865-3281 • Espanola: 705-869-3282
Email: onetotstop@bellnet.ca • www.onetotstop.com

Webbwood Eagles/Ladies Auxiliary Wins Award For Increasing Membership

A local area club and their ladies auxiliary has won first place in a provincial membership competition.

Auxiliary member, Joan Leeson, says both the Webbwood Aerie #4629 men and the auxiliary received awards this week for taking first place in the Ontario Provincial Eagles Membership

Challenge.

She adds the men increased their membership by 180%, the women by 172% and now have over 100 members.

Adding to the win, long-time member Betty Fairbairn also received the Auxiliary's Mother of the Year Award for her years of contributing to the organization.



PHOTOS: Ladies: Members of the Webbwood Aerie #4629 Ladies Auxiliary received a plaque for boosting their membership. On hand (l-r): Joan Leeson, Dorothy Leisk, and Betty Fairbairn. Men: The Webbwood Aerie #4629 also received the provincial award and a cheque for winning first place in their provincial membership competition. Proudly accepting the cheque are (l-r): Leo Barnes, Dana Leisk and Lawrence Harris. Betty Fairbairn also received the Auxiliary's Mother of the Year Award for her years of contributing to the organization. Photos provided by Aerie 4629

Continued from front page...

New Elders Centre Under Construction In Whitefish River First Nation

Elders live in their own homes, but assisted programming will make a big difference in many of their lives.

He adds the ground-breaking was held last week and it is hoped the project will be completed by Spring of 2020. Lignum Builders of Espanola is heading up the project designed by Perry & Perry Architectural firm, the two firms responsible for design and construction of Espanola's new fire hall.



Birch Island New Daycare/School Nearly Complete



government, Chief Franklin Paibomsai says a new integrated childcare centre is near completion.

He says it will be much more than that since it is located right beside Shawanose School, which provides education from Junior Kindergarten

Integrating school programming and daycare has been the vision of the Whitefish River First Nation chief and his council for many years. Thanks to \$1.3-million dollars in funding from the federal

to Grade Six. The building houses several resource spaces, rooms for toddlers and pre-schoolers, a common foyer, kitchen and an entrance into the main school. Photo by Rosalind Russell


RAINBOWCOUNTRY
GENERAL SERVICES
705-863-2492
SPECIALIZING IN KEEPING SENIORS IN THEIR HOME

For ALL your renovation needs.

**Always wanted that dream Garage?
Dream Kitchen?
Dream Spa Bathroom?**

Call us today. Financing available

Financeit  <https://www.financeit.ca/s/vdiANw>
*Reduced rate for low income seniors

OK TIRE™

**Automotive services, maintenance
and repairs, oil/fluid changes, tires,
and much more!**

Drop in or call to book your appointment
705-869-0333



TOWNSHIP OF SABLES-SPANISH RIVERS

Phone: (705) 865-2646 Fax: (705) 865-2736

Email: inquiries@sables-spanish.ca

11 Birch Lake Road, Massey, ON, P0P 1P0

Website: www.sables-spanish.ca

NOTICE OF PUBLIC MEETING AMENDMENT TO A ZONING BYLAW {Planning Act Section 34(13)}

TAKE NOTICE that the Council of the Corporation of the Township of Sables-Spanish Rivers will hold a public meeting in order to consider amendments to the Comprehensive Zoning Bylaw 2010-51. The public meeting will be held on Wednesday, September 25, 2019 at 6:00 p.m. in the Council Chambers at 11 Birch Lake Road, Massey, Ontario.

File No. ZBA19-04

Purpose and Effect: The purpose of the amendment would allow for a reduced setback of the front yard with shoreline frontage in the Rural zone. The effect is to permit an existing structure to remain closer than the required setback. The property is legally described as Victoria Township, Section 40, Parcel 40-1-2, Plan 53R-13611 Part 7, at civic address 178 Kring Road. The application is deemed to be complete for the purposes of Section 34 (10.1) of the Planning Act. The land subject of this application is not subject of any other application under the Planning Act.

File No. ZBA19-05

Purpose and Effect: The purpose of the amendment is to permit the establishment of a micro-cannabis operation that complies with Health Canada requirements for the growth of medical and recreational cannabis. The operation will be totally enclosed within a building with a footprint of 464.5 m² which is designed to provide the required security measures. The effect is to allow the installation of a cannabis growth operation employing 3-4 people on a 3.75 ha parcel legally described as May Township, Concession 2, Part of Lot 9, Plan 53R-15647 Part 3, at civic address 288 Lee Valley Road. The lands will be zoned Light Industrial (M1) Zone. The application is deemed to be complete for the purposes of Section 34 (10.1) of the Planning Act. The land subject of this application is not subject of any other application under the Planning Act.

TAKE NOTICE that if you wish to be notified of the decision of the Township of Sables-Spanish Rivers on the proposed application, you must make a written request to the Clerk of the Township of Sables-Spanish Rivers. To appeal the decision to the Local Planning Appeal Tribunal, send an appeal form to the Clerk of the Township of Sables-Spanish Rivers outlining the reasons for the appeal. You must enclose the appeal fee of \$300.00 for each application appealed, paid by cheque, made payable to the Ontario Minister of Finance.

If a person or public body would otherwise have an ability to appeal the decision of the Council of the Township of Sables-Spanish Rivers to the Local Planning Appeal Tribunal but the person or public body does not make oral submissions at the public meeting or make written submissions to the Township of Sables-Spanish Rivers before the bylaw is passed, the person or public body is not entitled to appeal the decision.

If a person or public body does not make oral submissions at the public meeting, or make written submissions to the Township of Sables-Spanish Rivers before the decision is made, the person or public body may not be added as a party to the hearing of an appeal before the Tribunal, unless in the opinion of the Tribunal, there are reasonable grounds to do so.

ADDITIONAL INFORMATION regarding these applications is available at the municipal office at 11 Birch Lake Road, Massey, P0P1P0 during regular office hours.

Dated this 3rd day of September, 2019
Kim Sloss, Clerk-Administrator

CLEAN-UP DAYS

Tipping fees at the Tennyson Landfill Site will be waived for all residential household waste on Thursday, September 26th and Saturday, September 28th, 2019 from 10:00 am until 4:00 pm.

Tipping fees will still apply for commercial or construction materials.

Please ensure all loads are properly secured and covered to prevent debris from blowing out of your vehicle or trailer!

Employment Opportunity PARKS & RECREATION DEPARTMENT

The Township of Sables-Spanish Rivers is accepting applications from interested individuals for two (2) casual, part-time operator positions. These are part-time positions, and the days and hours of work may vary from week to week with scheduling being at the discretion of the Parks & Recreation Coordinator.

The successful candidates will possess excellent organizational and leadership ability, knowledge of equipment, vehicles and materials used in the recreation area. Skills in ice-making, refrigeration and other mechanical maintenance for municipal recreational facilities will be considered an asset. A criminal records check/vulnerable sector check is required from the successful candidates.

Written applications shall be accepted by the undersigned until 12:00 p.m., Monday, September 16, 2019. E-mail and faxed resumes accepted.

Kim Sloss, Clerk-Administrator
11 Birch Lake Road
Massey, Ontario P0P 1P0
Phone: 705-865-2646
Fax: 705-865-2736
Email: inquiries@sables-spanish.ca

EMPLOYMENT OPPORTUNITY MASSEY MEDICAL CLINIC

The Township of Sables-Spanish Rivers is accepting applications from interested individuals to work as receptionist at the Massey Clinic. This is a permanent part-time position consisting of 24 hours per week. The days of work may vary from week to week with scheduling being at the discretion of the Office Manager.

The successful candidate will possess excellent computer skills and perform general office duties including typing, filing and scheduling patient appointments. Medical office experience would be considered an asset. Confidentiality in this office setting is imperative.

Written applications shall be received by the undersigned until 12:00 p.m., Monday, September 16, 2019. Email and faxed resumes accepted.

Kim Sloss, Clerk- Administrator
Township of Sables-Spanish Rivers
11 Birch Lake Road
Massey, ON P0P 1P0
inquiries@sables-spanish.ca

HYDRANT FLUSHING - MASSEY

Massey residents, please be advised that the Public Works Department will be flushing hydrants starting on September 9th and continuing through to September 20th, 2019 as weather permits.

Flushing may cause temporary discolouration of water or loss of pressure. Before using, please run your tap until the water is clear and refrain from doing laundry while flushing is occurring in your area. We apologize for the inconvenience that this may cause.

If you have any questions, please feel free to contact the Public Works Department at 705-865-2646 or 705-865-2358.

WASTE ELECTRONICS DAY – SEPTEMBER 26, 2019

ALL DAY in the Public Works Yard @ 11 Birch Lake Road.
Bring in your electronic recycling for FREE disposal!

CLASSIFIEDS

Real Estate • Rentals • Services
Lost & Found • Items For Sale
Prayers • Thank You • Notices
Personals • Vehicles
Special Occasion

Highest Circulation &
Best Rates In Town!

705-869-6883

SERVICES

MINI EXCAVATOR - operator available for any smaller excavation required: trench, culvert, stump removal, foundation prep, water lines. Locally owned. Available all weekends. 705-862-4294. 10/15

HANDYMAN - ODD JOBS COLOMBUS. I install click and tile flooring, ceramic tiles, drywall, mud, paint, baseboards, trim, door frames, doors, install cupboards, vanities, parging, siding, tub surround and more... call me Stephane Coulombe 705-863-3434. 10/8 - R

NORTH CHANNEL CARPENTRY & GENERAL SERVICES - All your renovation needs! Bathrooms/Kitchens, Garage/Shed. Windows/Doors. Siding Installation, Flooring/Tiles. Wet Basement & Foundation Repairs. Mini-Excavator. Licensed/ Fully Insured. Call 705-863-0095. 10/01 R

TOTAL MAINTENANCE SERVICES - Carpentry, painting, steel & shingle roofing, tree cutting, decks, dump runs. No job too big or too small. Call 705-936-6160 10/8 - R

FOR RENT

FOR RENT - One bedroom upstairs apartment, available Oct 1st. 1013 Hopkins Hill Rd. \$700.00 /m. furnished. Heat & hydro included. First & last required. Suitable for quiet single person or one couple. Call 705-869-1726. 9/3

CALLING ESPANOLA OPP

If you **REQUIRE OPP** for non emergent police matters call **1-888-310-1122**.
If it is urgent/life threatening call **9-1-1**

PHYSIOTHERAPY OFFERED BY MARILYN WITTMANN - Located at Physio Moves in the Espanola Hospital. Accepting new patients. WSIB and MVA patients welcome. Acupuncture available. Visit www.physiomoves.net for services, rates, and hours, or call 705-988-3737. 9/10 - R

ESPANOLA SELF STORAGE - 6x8 and 8x10 Storage units available in Espanola. Located behind the car wash. Call 705-869-8405. 9/10 - R

CHERYL'S MASSAGE THERAPY & ACUPUNCTURE - To make an appointment call 705-863-3223 or email cherylsmassage7@gmail.com 9/10 R

FOR SALE

FOR SALE - China cabinet pecan wood with silver ware drawer, \$300 or best offer. Small antique wardrobe \$50. Small antique nursery rocker \$50. Call 705-583-2104. 9/10

FOR SALE - Large pottery kiln and molds, 2 new 36" steel exterior doors with frames. Call 705-583-2192. 9/10

FOR SALE - 2007 650 V-Twin Kawasaki Brute Force. Excellent condition. Also limited amount of drywood, and kindling for backyard fires. Call Greg 705-822-4734. 9/17

FOR SALE - 3 piece - 5 foot acrylic tub shower. Drain on the left. Complete with taps and fittings and shower doors. In good condition. Asking \$400.00. Phone 705-869-1167. 9/3

OBITUARY



Kozachanko, Keitha Elizabeth Ellen - after a brave battle with cancer Keitha passed away peacefully surrounded by family on August 26, 2019. Keitha was born on March 28, 1953 to Darwin and Leone Howard, the third of 11 children. She met and married Peter Kozachanko and started the family that became the pride and joy of her life. Krista (Bryan) came first followed soon by Tim (Renee) and Andy (Velma). Keitha loved sports. She was routinely involved in the activities in which her children participated. In the winter, Keitha would often be found at the Espanola Arena. She realized a life long dream of attending an Olympic Games. Keitha attended the Vancouver 2010 Winter Olympics. Nothing made her happier than when any Canadian team beat the USA. Keitha loved being a mother and adored being a grandma and Baba to her 6 grandchildren, Adam, Erin, Sophie, Spencer, Iris and Audrey. She so enjoyed attending all of their activities, teaching them pysanky and having sleepovers often. Keitha was a talented seamstress, learning and perfecting the art of smocking. Each of her granddaughters have beautiful hand crafted dresses as well as many little girls around the Espanola area. She was also an excellent gardener and was proud to be a founding member of the Espanola Community Garden and the Espanola Farmers Market, a legacy that she hopes will continue for years to come. Keitha is survived by her siblings, Patty, Darla, Sandy, Tim, Jamie, Lori and Darwin and is predeceased by Kenny, Judy and Peggy. She will be missed by many friends and family. Her wish was to have donations to Sacred Heart School Arts Program. Celebration of life to occur October 19, 1-4 pm at the Espanola Golf Club.

EMPLOYMENT OPPORTUNITY

valu-mart Orr's

Orr's Valumart Little Current

Now Hiring Meat Manager Full Time Permanent position

Job includes full benefits, incentives, wages negotiable

**If interested please email
mon02602@loblaw.ca
or call 705 368 0617 ext 103**

EMPLOYMENT OPPORTUNITY

Community Living Espanola requires the services of a reliable "handyman" to provide minor repairs and general maintenance (labour only) to all its properties. This is a contract position on an "on-call" basis only. The successful candidate may need to supply some of their own equipment. C.L.E. will supply all materials required.

All interested parties should submit a resume no later than September 19th, 2019 to:

Community Living Espanola

Re. Physical Services
345 Centre Street

Espanola, Ontario P5E 1E4

Attention: Human Resources Officer

Community Living
Espanola

"Volunteer Appreciation Night"

**Join Mayor Beer & Council
for appetizers & laughs!**

Saturday, September 28, 2019

Appetizers 7:00 – 8:00 p.m. • Show 8:00 – 9:00 p.m.

**Internationally recognized comedian/ventriloquist
@ the Espanola Regional Recreation Complex**



CASH BAR

RSVP dstlouis@espanola.ca

**by September 13th
with number of guests.**



*Welcome to Local Hippie's
weekly tip for living a greener
life! Each week we will provide
you with a quick tip to help you
reduce your carbon footprint
and change the world.*

This week's tip: Give up your
bottled body washes for bar soap!

The next time you visit the
grocery store, I urge you to stop for a moment and take a look
down the bath and beauty aisles. Look past the pretty labels
and beauty claims to see hundreds of plastic bottles that will
likely end up in the landfill or ocean.

How do I know this? A recent study has shown that only 9%
of the world's plastics TRULY end up being recycled. The rest
ends up in landfills or apart of the 8 million tonnes of plastic
that ends up in the ocean EACH YEAR.

Our plastic bottles of soap are no exception! But luckily, I have
a quick, easy, and affordable solution.

Switch out your bottles of body wash for bar soap! Not only
can you buy them free of plastic packaging, they are often
more affordable than bottled body washes. Bar soap can come
in many fun scents and colours and I promise you'll still feel
squeaky clean!

Have questions? Feel free to forward them to jaymie@localhippie.net
or find me at the Espanola Farmers' Market.
Have a happy hippie week!



COMMUNITY NOTES

PROUDLY SPONSORED BY



Espanola Little Theatre Christmas Show Auditions - September 3rd and 4th,
7:00pm at the Espanola High School. For more info call 705-822-3154.

Family Fun Day - Saturday, September 7 from 11:00 a.m. - 2:00 p.m. at
the St. Georges Anglican Church Espanola.

Spanish River Horticultural Society Flower & Produce Show - Saturday,
September 7 from 12:00 - 4:00 p.m. at the Four Seasons Waterfront Complex,
40 Garnier Rd, Spanish.

Webbwood Eagles Ladies Auxiliary Spaghetti Dinners - are back Saturday
September 7, 4:30 - 6:00 pm. Call for take out the day of 705-869-4269.

Walford Protestant Cemetery Board - invites you to a Memorial Service
and Tea on Sunday, September 8 at 2:00 p.m. at the cemetery. If inclement
weather service will be held at Walford Community Centre.

Espanola Area Friendship Circle Alzheimer Support Group - Monday,
September 9, 1:30 - 3:00 p.m. at the Seniors' Drop in Centre 799 Queensway Ave.
Espanola. For more info contact Wendy Ashton 705-869-1137

Northshore Pins & Needles Quilting & Stitchery Guild - Next meeting,
Wednesday, September 25, 7:00 p.m. at the Espanola Royal Canadian
Legion. New members welcome.

Espanola Seniors - Memberships are now due. Members must come in
person to join- Tue & Thurs 11:30 a.m. - 4:00 p.m. Friday 7:00 - 9:00 p.m.
All seniors are welcome to join in at our Friday night social and play cards.
For more info call Claire 705-862-2663.

Lighthouse Community Lunch - Free community luncheon at the
Lighthouse, across from the Royal Bank, every second and fourth Tuesday
of the month, 11:30 a.m. - 1:00 p.m.

Do you have a NOTE for the Community?

We invite not-for-profit organizations to submit information on
their upcoming events in writing no later than

Wednesdays at 3:00 p.m. 25 Word Limit.

E-mail: around@aroundandabout.ca

Recipe

I was excited when I found
this recipe because Morning
Glory Muffins are my
favourite muffin AND like
most people at the end of
summer, I have zucchini that
I need to do something with. The crushed pineapple makes this
loaf very moist and the mixed in ingredients are open to suit
your taste; walnuts are also a nice addition.

Morning Glory Zucchini Loaf

- 2 c. All purpose flour
- 1 tsp. Ground cinnamon
- 1 tsp. Baking powder
- 1/2 tsp. Baking soda
- 1/2 tsp. Salt
- 1 c. Vegetable oil
- 1/2 c. Granulated sugar
- 2 large Eggs
- 1 tsp. Vanilla extract
- 1 1/2 c. Grated zucchini (from 2 medium)
- 1 c. Grated carrots
- 1 c. Crushed pineapple, drained
- 1/2 cup Raisins

Preheat oven to 350° and grease a loaf pan with cooking spray.
In a large bowl whisk together flour, cinnamon, baking powder,
baking soda, and salt. In another large bowl stir together oil,
sugar, eggs, and vanilla. Add zucchini, carrot, pineapple, and
raisins. Add dry ingredients and stir until just combined. Pour
batter into loaf pan and bake until a toothpick inserted into the
middle comes out clean, about 1 hour 15 minutes. Let cool
completely before serving.

