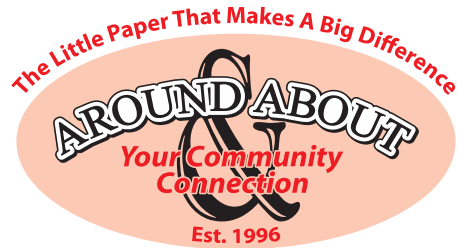


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**Espanola Lions Club  
Supports Hospital  
X-Ray Suite**



**By Rosalind Russell** - The Espanola Lions Club is supporting another capital project with the Espanola Regional Hospital and Health Centre.

On Monday, January 27 several members of the Lions Club met with hospital foundation board chairman, Mike Dunn, to pledge a donation of \$20,000 towards a new x-ray suite. Dunn says the Lions will use funds from the proceeds of the Catch the Ace draws for the project. The foundation needs \$550,000 to cover the cost of new equipment and retrofit of the x-ray suite. Just over \$30,000 has been raised so far.

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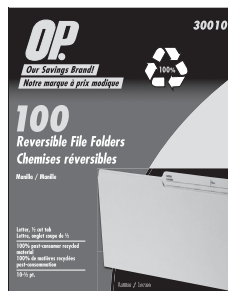
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# All The World's A Circus

William Thomas

williamjthomas@gmail.com

## Canadians Are On The Move! And Headed For Hell In Some Very Unique Ways

Canada is a nation of movers but not necessarily shakers. We are people of action but with no guarantee of satisfaction. We are men in motion, perpetual but not always purposeful and women think that's so damn funny, they're constantly overcome by emotion.

Recently a 29-year-old guy was speeding down a road south of Quebec City when he suddenly stopped and jumped into the Chaudière River. A man of obvious action, did he spot a big fish or an otter he planned to capture with his bare hands? No. Did he somehow set himself on fire with a cigarette and saw the river as his life saver? No. After he nearly sideswiped a police cruiser and then spotted the breathalyzer, that's when he took off running and jumped into the river.

And no, I checked. Although diving into ice cold water is a very sobering experience, you still won't pass the breathalyzer if you're drunk. Which he was when he was arrested...drunk and soaking wet.

Meanwhile out west, man of action Michael Allan Richter of Ponoka established what he thought was a Canadian first. Richter, wearing a mask and gloves and armed with a long-barreled firearm and a machete robbed a bank in nearby Alix and made his escape...on a snowmobile! This had never been done before. Besides presenting it to a jury, Richter's story may have been headed for the Ripley's Believe It Or Not Museum until an enterprising couple of guys right

here in Port Colborne cut him off at the pass...with a golf cart.

After allegedly stealing a host of items from a Wainfleet property, two young men from Welland were caught at a Port Colborne church trying to recharge the battery of their getaway vehicle which happened to be a late-model, canopied golf cart.

Passing on the gas-guzzling, exhaust-spewing snowmobile option, for their choice of an environmentally- friendly getaway vehicle, the boys are likely to spend their jail time at a low-security wind farm.

And no, I checked--the Welland lands with a penchant for rural theft were not involved in the heist of 130 300-pound pigs from a farm around Tillsonburg, Ontario. The boys have an iron-clad alibi. They took selfies of each other at the Table Rock Restaurant at the brink of Niagara Falls which they were planning to rob and then make their getaway down the river in barrels. Best getaway ever by two crooks in a comedy.

With the daring duo of the Quebec driver/diver and all the due diligence of two guys tripped up by a dead battery, Richard Hough of Calgary managed to go where no Canadian had ever gone before.

In Orlando, Florida while on vacation, Richard boarded an United Airlines plane headed for Chicago and sat himself down in first class. Once removed, he insisted he was the pilot of the plane and tried to get into the cockpit. Twice removed, this time

Continued on page three...

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*Continued from page two...*

from the plane itself, Richard executed his only remaining option. First he removed his pants then hijacked a baggage handler's vehicle and took it for a joy ride around the airport's runways.

Charged with a whole bunch of stuff from trespassing, grand theft and impersonating a duffel bag, Richard was asked for a comment outside the Orange County Jail and he said: "Don't do crystal meth." And there it was--the guilty plea, the moral of the story and words of wisdom to the kids out there--don't do drugs. And if you do, try and keep your pants on in public.

And the highly-active, mover of furniture, "Chair Girl" is back in the news. Applying for her own fifteen minutes of fame, 19-year-old Marcella Zoia was video-taped throwing a wooden bench off a high-rise balcony in downtown Toronto while pedestrians walked below at street level. Thanks to an adoring Toronto media, "Chair Girl" has gained national notoriety, a modelling gig and her own meme. All glammed up, she's frequently filmed posing, laughing and joking with reporters outside a Toronto courthouse.

Considering a woman with a baby in a stroller was walking near where the bench landed, the prosecutor in this case of endangering life is seeking jail time. Zoia's lawyer is dismissing the whole thing as just a stunt by a young and impressionable girl. Hopefully they'll come to some satisfactory arrangement like the

next time Marcella Zoia throws a chair off a high-rise Toronto balcony, her lawyer will be strapped into it.

In a slow but great escape, some dumbass...wait, some ass, wait, a donkey in Calgary led several horses on what appeared to be a prison break or some weird protest over genetically-engineered oats down 37th Street on a recent Saturday evening. Bystanders, out for a stroll when the mini Calgary Stampede broke out, shooed them into an open field where the equine march ended.

"The donkey was the group leader," said police officer Nancy Farmer. Yeah, that's what they said in that fiasco here in Ontario two years ago when the Tories got elected.

And finally, there's a guy in Brighton, Ontario who is clearly a man of motion and a man of many words, most of them profane. After neighbours complained about loud noises and yelling, police arrived at a suburban home to find a man screaming hateful things like "I hope you die!"...at his parrot. Just your average domestic dispute between a man and his live-in bird. Police reported that the man, who had been drinking claimed the parrot had been "beaking off" at him. Although no charges were laid, the parrot has since asked for a restraining order.

To buy a book or invite humorist William Thomas to be your guest speaker, go to [www.williamthomas.ca](http://www.williamthomas.ca) or email [williamjthomas@gmail.com](mailto:williamjthomas@gmail.com)

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## Manitoulin-Espanola OPP Welcomes New Sergeant



There is a new sergeant with the Manitoulin-Espanola OPP.

Manitoulin-Espanola OPP Inspector Megan Cavanagh presented newly promoted Sergeant Marc Salisbury with his badge and warrant last Friday, January 24th.

She says he has close to eight years of service with the OPP and will be stationed out of the Gore Bay Detachment. Transferring from Middlesex OPP, Cavanagh adds he is looking forward to residing with his family on Manitoulin Island.

### HOME GAMES!!

**Friday, February 7, 7:30 pm**

**ESPANOLA VS BLIND RIVER BEAVERS**

**Sunday, February 9, 2:00 pm**

**ESPANOLA VS TIMMINS ROCK**





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## New Tool Revolutionizing Dementia Diagnosis



A new tool, the Canadian Indigenous Cognitive Assessment, is expected to change how dementia is diagnosed in aging Indigenous peoples.

Developed on Manitoulin Island over the last few years, it is now ready for Anishnabek across Canada.

Community Researcher, Karen Pitawanakwat says the diagnostic tool was developed using Anishinabek language, knowledge and the way that their people understand the world they live in today. She adds it is one of many

steps into a future world where they can bridge worlds of knowledge to support people and their families who are living with dementia.

The tool is an adapted version of the Kimberly Indigenous Cognitive Assessment, developed by researchers at the Western Australia Centre for Health and Aging.

Plans are now underway to develop different versions for people in Canada.

<https://ccna-ccnv.ca/news/announcing-the-launch-of-the-canadian-indigenous-cognitive-assessment-cica/>

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\*Reduced rate for low income seniors

## Wiikwemikoong Nursing Home Planning A New Build



PHOTO: The design plans for a new nursing home in Wiikwemikoong on Manitoulin Island has been finalized and the process for funding is beginning. The board of the Wiikwemikoong Nursing Home wants to expand from 59 to 96 beds in a new facility. Photos provided by the WNH board.

A Manitoulin Island First Nation plans to increase its beds for a long-term care facility.

The Wiikwemikoong Nursing home is planning a new build and the board has announced they will be submitting an application to the Ministry of Health and Long-Term Care for approval to increase their beds from 59 to 96.

They will also be applying for the funding for the project, but will also need assistance from the public.

Design plans are now

complete and the next step in the process is to start the fundraising.

The WNH Playing with the Queen of Hearts initiative is now underway.

Final costs will be determined as part of the application process.

The board says they will also host community consultations later this Spring.

WEBSITE: <https://www.facebook.com/WNH-Playing-with-the-Queen-of-Hearts-109949693707057/>

## March Break Camp



**March 16th-20th**

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You provide lunch, We provide Snacks**



**Minimum of 20 children aged 4-12  
needed for this event to be possible!**

**Registration deadline is  
February 15th**



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Website: [www.sables-spanish.ca](http://www.sables-spanish.ca)

### EMPLOYMENT OPPORTUNITY PUBLIC WORKS INTERN

The Township of Sables-Spanish Rivers is seeking applications for the position of Public Works Intern. This Internship is offered by the Township through funding provided by NOHFC (Northern Ontario Heritage Fund Corporation) Northern Ontario Internship Program.

This is a challenging opportunity for a qualified and innovative Intern to assist the Public Works Department. This role will provide assistance for and training opportunities in areas such as; Facilities and Fleet Management, Roads, and Drafting and Surveying for project preparation.

The successful candidate will possess knowledge of the operation of a Municipal Public Works department with a good understanding of: Facility Management and Public Works services by the end of the Internship. In addition, a good understanding of all other relative Provincial and Federal statutes and legislation related to the position.

#### Qualifications for the position include:

- 1) University and college graduates who have graduated within the last three years from an accredited college or university. Candidates must be graduates of post-secondary degree or diploma programs in civil engineering technology or another suitable program at the technologist or technician level.
- 2) This must be the candidate's first employment in a related field of study.
- 3) Candidates must not have previously participated in an internship program.
- 4) Candidates must be legally entitled to work in Canada.
- 5) Certified Road Supervisor (CRS) or Road Construction certification is an asset;
- 6) Certification with another recognized municipal or professional association would be an asset;
- 7) Valid Ontario G license required. DZ license is an asset;
- 8) Leadership and communication skills; the ability to analyze problems and provide advice; an understanding of maintenance management practices and the use of equipment and material;
- 9) An understanding of M.T.O. policies that affect Municipal Public Works is an asset.

**Salary Range is: (\$40,000-\$45,000)**

Qualified candidates must submit their detailed resume by 12:00 p.m., Friday, February 28, 2020 to be considered for the position. All resumes must be submitted to the Township Office.

All applicants are thanked but only those selected for an interview will receive further notice. In accordance with the Municipal Freedom of Information and Protection of Privacy Act, the information gathered is collected pursuant to the Municipal Act and will be used for the purpose of candidate selection.

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### VALENTINE'S DANCE

Come out and support the Sables-Spanish Rivers Fire Department – Station 2! Saturday, February 8, 2020 from 8pm till 1am at the Massey Legion, 320 Imperial St. South. Tickets are \$10 each.

### INVITATION TO RESIDENTS

The Corporation of the Township of Sables-Spanish Rivers is inviting ratepayers to express their interest in serving on the Public Library Board for the remainder of this 2018-2022 term of Council.

If you have an interest in our public libraries and would like to participate and contribute on the Board, please submit your name, address and phone number to the Township office no later than 12:00 p.m. on Friday, February 21, 2020.

Kim Sloss, Clerk-Administrator  
Email: [inquiries@sables-spanish.ca](mailto:inquiries@sables-spanish.ca)

### MARCH BREAK MADNESS

The Massey Arena is hopping and full of activity and it won't stop in February!

The Parks and Recreation Committee are making plans for March Break!! During the week of March 16th to March 20th ice rentals will be offered at **HALF-PRICE!!**

**FREE** public skating and shinny hockey will be scheduled each day.

**WINTER CARNIVAL** will happen March 20th to March 22nd. Mark your calendars and watch for further details.

Anyone who is interested in volunteering and helping out with Carnival events are welcome to contact the Parks and Recreation Department at [parks&rec@sables-spanish.ca](mailto:parks&rec@sables-spanish.ca) or call 705-865-2519 and leave a detailed message.

### MASSEY AREA MUSEUM

**Wanted: Great Board Members - Call Chris Berry at 705-562-6077**

The MASSEY AREA MUSEUM is looking for a few talented and conscientious volunteer board members to lead and strengthen the Massey Area Museum. If you can contribute your time, thoughtfulness, and energy one evening a month, and are interested in working with a great team to improve our community we need you! We're especially looking for folks with accounting and bookkeeping experience, with computer background, with an interest in curating and displaying exhibits from the Sables-Spanish Rivers communities and fundraising.

### THE MASSEY/WALFORD FOOD BANK WISHES TO THANK THE FOLLOWING FOR THEIR GENEROUS SUPPORT IN 2019:

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- E.S.C. Franco-Quest
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- Knight Cruisers Car Club
- Ruff Cuts
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- Massey/Walford Churches
- Sonnenburg RONA Hardware
- Walford Catholic Women's League
- Massey & Township Public Libraries
- Manitoulin-Sudbury Social Services
- Township of Sables-Spanish Rivers
- Manitoulin-West Sudbury Dairy Producers Committee

And thank you to all the people of Massey, Walford and surrounding areas for making a difference in our community.



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**ESPANOLA SELF STORAGE** - 6x8 and 8x10 Storage units available in Espanola. Located behind the car wash. Call 705-869-8405. 2/25 - R

## TOURNAMENTS

**EUCHRE TOURNAMENT** - Every second Sunday at 1:00 p.m. at the Espanola Elks Hall. \$15.00 per person. 1st, 2nd and 3rd prizes and a 50/50 draw, bar open. If you don't know how to play, we can teach you or just come and check us out, see you there. 2/4

## BINGOS

**MASSEY AGRICULTURAL SOCIETY.** 1st Monday of the month beginning January 6th, 2020. \$1825 cash prizes. Massey Arena - bingo starts @ 7:00 p.m. 04/28

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## FUNDRAISER

**Fundraiser event in support of Rodney Landry**  
**February 28, 2020**  
**DFR Sports Bar**  
9:00 p.m. - 1:00 a.m.  
**Live Band & Silent Auction**  
**\$5.00 Entrance Fee**  
Contact  
Tanya Landry 705-869-8242

## OBITUARY



**Welyhorskyj - Velta** of Espanola passed away at the Espanola Regional Hospital on January 26, 2020 at the age of 97. Dear daughter of the late Peteris & Marta Druvins. Beloved wife of the late Myroslaw Welyhorskyj. Loving mother of Maria Welyhorskyj (Malcom) of Port Dover and the late Andrew Welyhorskyj. Cherished grandmother of Alastair Crombie and great grandchild Violet. Dear sister of the late Milda Smits. Cremation with interment of ashes in the Espanola Cemetery at a later date. If so desired, donations to the North Shore Search & Rescue or the Espanola Hospital Foundation would be appreciated.

## EMPLOYMENT OPPORTUNITY

## CAREER OPPORTUNITY

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**Chili Lunch** – Friday, February 7 from 11:00 a.m. – 1:30 p.m. at the Espanola Recreation Centre. Prepared by the Espanola Masonic Lodge.

**Espanola Knights Of Columbus 39th Annual Spaghetti Supper** – Friday, February 7. For tickets contact Marc 705-869-0692.

**The Walford Community Club Indoor Yard Sale** - Saturday, February 8 from 8:30 a.m. – 2:00 p.m. at the Walford Community Center. For more information call 705-844-2887. Proceeds go to the Walford Community Club for various projects.

**Espanola Area Friendship Circle Alzheimer Support Group** – Monday, February 10, 1:30 - 3:00 p.m. at the Seniors' Drop in Centre 799 Queensway Ave. Espanola. For more info contact Wendy Ashton 705-869-1137.

## COMMUNITY NOTES

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**Children's Clothes Closet** - at the Calvary Baptist Church Wednesday, February 12 10:00 a.m. – 2:00 p.m. Not accepting donations at this time.

**Women of Faith Breakfast** – Saturday, February 22, 9:30 a.m. at the Espanola Golf Course. For Tickets please call 705-869-4608.

**Massey Area Museum** - is looking for a few talented and conscientious volunteer board members to lead and strengthen the Massey Area Museum. If interested call Chris Berry at 705-562-6077.

**Voices of Spring Community Choir** - rehearsals Saturday, 10:30 am in the basement of St. Andrew's United Church, Massey. New members always welcome.

**Free community luncheon at the Lighthouse** - every second and fourth Tuesday of the month 11:30 a.m. - 1:00 p.m. Everyone welcome.

### *Do you have a NOTE for the Community?*

We invite not-for-profit organizations to submit information on their upcoming events in writing no later than **Wednesdays at 3:00 p.m. 25 Word Limit.**  
E-mail: [around@aroundandabout.ca](mailto:around@aroundandabout.ca)

## Recipe

These Leftover Mashed Potato Cakes make an amazing side dish or light dinner or lunch. These are the perfect way to enjoy those leftover potatoes that are sitting in your fridge and the flavour combinations are endless. You can get creative with the seasonings and add-ins in this recipe, but here is the one I like. Next time you make mashed potatoes, add a couple extra potatoes to the pot so you can make these for another meal.



### Loaded Mashed Potato Cakes

- 2 cups cold mashed potatoes
- 1 cup shredded cheddar cheese
- ½ cup of flour
- 6 strips bacon
- 1 medium onion, chopped (or ¼ cup of green onion)
- 2 cloves garlic, minced
- 1 tsp salt
- 1/2 tsp pepper
- 2 tbsp fresh basil, chopped or 1 tsp dried
- 2 tbsp fresh parsley, chopped or 1 tsp dried
- 2 eggs
- 4 tbsp butter or margarine



Fry the bacon until crispy and drain on a paper towel until cool. Crumble into small bits. Place the bacon bits into a large bowl. Pour off all but 2 tbsp of bacon grease from the frying pan and cook the garlic, and white onion if using, over medium heat until translucent. (If using green onion, no need to precook). Add to the bacon bits along with remaining ingredients (except butter/margarine) and blend well with a spoon or your hands (it'll be sticky). Wash and dry your frying pan, then melt 1 tbsp of butter or margarine in it over medium heat. Scoop up about 1/4 of a cup of the potato mixture and form it into a ball. Place it in the hot pan, flattening it out until it's about 1/2 – 3/4" thick. Fry for about 3 minutes on each side, until they are lightly golden brown. For best results, serve immediately, while hot and crispy. Top with green onions, sour cream or ketchup.

*Welcome to Local Hippie's weekly tip for living a greener life! Each week we will provide you with a quick tip to help you reduce your carbon footprint and change the world.*



This week's tip is for all my dog lovers: fill your own treat jars at the pet store!

We recently rescued a pup from Texas, so needless to say - I've been at the pet store more frequently than normal. Between training and his excessive chewing, we've been flying through treats and chew sticks!

This has brought my attention to a wonderful earth-friendly option here in Espanola. At Pet Valu they have an array of dog treats and chews that are free of packaging. Simply bring your own bags or jars and fill 'em up. No plastic necessary!

Now if they could only do the same for cat treats... my five cats would be very happy!

Our boy Amigo --- >

Have questions? Feel free to forward them to [jaymie@localhippie.net](mailto:jaymie@localhippie.net)  
Have a happy hippie week!

