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June 30, 2020 Issue #26 - Volume 24

#### Baskets Of Kindness Help Nairn Centre Seniors





By Rosalind Russell - Seniors in Nairn Centre had some special visits from members of the Espanola Lions Club. Volunteers delivered 'Baskets of Kindness' to the seniors in the Township of Nairn and Hyman.

The township received funding from the Government of Canada's New Horizons for Seniors Program in partnership with United Way Centraide North East Ontario.

The funds help improve the lives of seniors and foster their social inclusion while helping organizations provide support to seniors dealing with the impacts of COVID-19.





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### **COMMUNITY NOTES**

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**Espanola Public Library** - Book Return open as of June 11. Patrons can now return library materials that they have had to hold onto. We appreciate everyone's patience. Curbside Pick-Up available as of June 15th! For more details call (705) 869-2940 or check out our Facebook page @EspanolaPublicLibrary.

Do you have a NOTE for the Community? We invite not-for-profit organizations to submit information on their upcoming events in writing no later than Wednesdays at 3:00 p.m. 25 Word Limit. E-mail: around@aroundandabout.ca

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#### Marking EHS Graduation 2020



Espanola High School Kristina Rivard principal, says last week the staff posted graduate pictures in the front of the school in a large EHS banner.

Photo: This is Leanne McGregor-Cywink the valedictorian for the 2019-2020 school year. She will be pursuing Biomedical Mechanical Engineering at the University of Students and parents can visit the school at their leisure and take pictures outside of the school.

Staff phoned all graduating students and delivered gifts to them Wednesday and Staff also sent Thursday. students and families a slideshow celebrating the graduates.

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#### **Graduate Shines At Franco-Ouest**



A grade 12 student graduating from **ESC** Franco-Ouest, Christen Ramsey, is very involved in school While maintaining a very high academic average, she contributes enormously to her school's student life. Among her implications, she has served as school president for the past two years, represented the school on various sports teams while remaining a role model for her peers on several other committees such as the WE Day committee. Last year, she organized a student rally in Espanola to demonstrate her support for education in Ontario. Christen is also recognized for having put in place a leadership program for grade 4 to 8 students at École Saint-Joseph, ÉSC Franco-Ouest's feeder school.



The Grade 7 students of St. Mary Catholic School will miss their Grade 8 classmates who they shared so many great memories with over the past year.



### Congratulations Class of 2020



Nicholas Beland-Steinke Brody Berthelot Denzil Brown Richard Brown Cayden Chretien Kayden Dobransky Brianna Gagne Carter Graham

Max Meier Michael Renaud Matthew Ritchie Elizabeth Roy Evan Roy Landon Trudeau Ryder Trudeau Jake Wabegiig

Brayden Wabie

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# All The World's A Circus William Thomas

williamjthomas@gmail.com

#### **Pro Sport Nicknames Are Important And Silly**

Nicknames are not real names. For example Tesla's Elon Musk and his girlfriend (no known first name) Grimes just had a baby girl. Did they name her Ellen after him or Grimmy after her or the bull terrier in the Mother Goose cartoon? No, they named the newborn X AE A12. That's right, little X AE A12 will be toddling off to kindergarten before you know it and crawling into her own lunch box to escape the catcalls from other kids.

Ah Elon, Mary Musk is a real name. I believe X AE A12 is either Martian for "I come in peace" or the chemical symbol for Xanax which is great if you're depressed which I'm quickly becoming because weakass nicknames and simply stupid real names make me crazy!

Last week, baseball legend Steve Dalkowski died at age 80 after contracting COVID-19. The wildest but fastest pitcher anyone had ever seen including the great Ted Williams, Dalkowski inspired the role of the lunatic speedballer played by Tim Robbins in Bull Durham, the best sports movie ever! Ever! Dalkowski's nickname was "Nuke" and in the movie "Nuke La Loosh."

Last month the much-loved, legendary Harlem Globetrotter, Fred Neal died at age 77. Few knew Neal's first name was Fred because he was as bald as a cue ball and fans and teammates alike only knew him as "Curly."

Last summer Olympic gold medalist boxer Pernell Whitaker died after he was hit by a car. "Sweet Pea" was just 55. Days later the first black to play for the Boston Red Sox died at 85. Once again, old sports fans were confused. "Elijah Green? Oh you mean Pumpsie." Green himself could

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Nicknames are not real names. For example not remember why his mother called him Tesla's Elon Musk and his girlfriend (no 'Pumpsie," the name that stuck with him for known first name) Grimes just had a baby a lifetime.

Nuke, Curly, Sweet Pea and Pumpsie--original pet names of endearment and humour that gave each player an added measure of mystique.

Nobody knows how the great Willie Mays got the nickname "The Say Hey Kid" but it's still very cool. "Tiger" Woods, a ferocious competitor who devoured his opponents made fans forget his real first name is Eldrick. Wayne Gretzky was gifted "The Great One" moniker by fans who could not have seen Bobby Orr play or watched 'Slava' Fetisov in the wonderful documentary Red Army.

Like a lot of other important elements pro sports have lost like player loyalty, fan allegiance and real characters--great nicknames have also bit the dust. "Shoeless" Joe Jackson, "Clipboard Jesus" Whitehorse, "Air Jordan" and "Big Papi" Ortiz.

Nicknames used to mean something. NBA star Karl Malone was called "The Mailman" because he always delivered when it mattered most. Yankees Lou Gerig, "The Iron Horse" played in 2,130 consecutive games. Fellow Yankee "Joltin Joe" Dimaggio still owns a 56-game hitting streak record that will never be touched. Cal Ripkin beat Gerig's record by playing 2,632 games. His nickname? "The Iron Man." How very unoriginal, speaking of which...Toronto professional athletes

Former Blue Jays pitcher Marcus Stroman's nickname was "Stro" while current phenom Vladimir Guerrero's nickname is "Vladdy." Ashtone Morgan, the longest serving FC footballer's handle is "Ash." And the Leafs!

Continued on page three...









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Continued from page two...

Mitch Marner, the league's offensive magician is known to his teammates as "Marns." Frederik Anderson responds to either "Freddy" or "Andy." Good Gawd. And Auston Matthews goes by "Matty."

Marner's tag should be "Magic" Anderson's size and coolness under pressure should make him "The Refrigerator" and Auston should be known as "Moon" Matthews. Definitely not a fighter, he still likes to drop 'em on occasion.

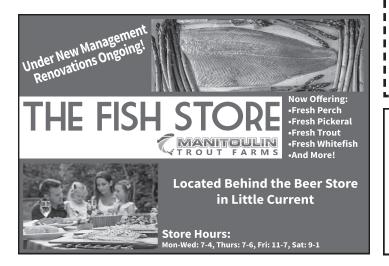
To be clear nicknames are just fun labels of affection for teammates and friends. For instance Maurice Richard, the greatest scorer in NHL history was nicknamed the "Rocket" for his explosive speed and short fuse. On the other hand Rocket Rodriguez is the real name given him by his film-making parents Robert Rodriguez and Elizabeth Avellan. In a riot of alliteration Rocket's brothers are named-not making this up--Racer, Rebel and Rogue. Those names--Rocket, Racer, Rebel and Rogue would look great painted on the side of a homemade car in the Soap Box Derby but not so much on your driver's license. By the way, Maurice's brother

Henri Richard died four months

ago at the age of 84. Winning 11 Stanley Cups, at 5'7" in height, he should have earned a nickname like the "Giant de la Glace" or "Henry the Navigator.". But because he was the "Rocket's" little brother he was forever known as the "Pocket Rocket." Henry's younger brother Claude just missed making the Montreal Canadiens roster. His nickname? "The Vest Pocket Rocket." Not kidding. Had Mr. & Mrs. Richard kept producing hockey players, fans might have been treated to a Hab's backup goalie with the nickname "The Back Pocket," a fancy-skating, puck-stealer known as "The Pick Pocket." A penalty-killer even smaller than Henri would have been known simply as "The Pouch."

The Leafs at their best with "Red" Kelly and "The Big M" for Mahavalich will never beat the Montreal Canadiens with "Newsy" Lalande and "Boom Boom!" Geoffrion (his slap shot made that noise!) in the game of great nicknames.

Books written by William Thomas are available at www. williamthomas.ca and delivered by Canada Post Comments: williamjthomas@gmail.com



#### Rainbow Board And ETFO Elementary Teachers Reach Tentative Agreement

Rainbow District School Board and the Federation representing over 600 permanent elementary teachers in Sudbury, Espanola and Manitoulin Island have reached a tentative agreement at the local level.

Details of the agreement will be released once ratified by members of the Elementary Teachers' Federation of Ontario (Rainbow Local) and approved by Rainbow District School Board Trustees.

The new deal, if ratified and approved, will be in effect from September 1, 2019 to August

31, 2022, aligning with the provincial settlement at the central bargaining table.

"We are pleased to reach a tentative agreement with the ETFO Rainbow Local," said Rainbow District School Board Chair Doreen Dewar. "Our elementary teachers responded to distance learning with creativity, care and compassion. We commend the bargaining teams from the Federation and the Board for their collective efforts. This is much welcome news in the last week of school."

#### Hiking with Your Furry Friend

It's officially hiking season, which means I'm bringing my new puppy out on the trails! Here are a few basic guidelines I have been following to keep my pup happy and safe on our adventures:



1. Be mindful of physical fitness.

Choose a trail that is appropriate for your pup's age, breed, and fitness level.

2. **Be respectful.** First, be sure that any trails you're using allow dogs. Second, unless your dog has EXCELLENT recall, keep them on a leash to avoid disturbing other hikers or wildlife.

3. **Plenty of food and water.** Food or treats with high protein can help fuel dogs during a hike, and much like humans – dogs need to stay hydrated too! Offer water to your pup every 15-30 mins and assume that if you're thirsty, they probably are too.

- 4. Leave no trace. Scoop any poop along the way, disposing of it in appropriate trash receptacles. If you're on a multi-day hike with no trash bins, walk 70 paces away from any paths, campsites, and water sources, bury the poop in a hole at least 6 inches deep, and disguise the spot when you're finished.
- 5. **Stay cool.** Dogs can suffer from heat stroke, so on particularly hot days, be sure to take frequent rests in the shade, offer plenty of water, and use water or a damp cloth to cool the back of your dog's neck and ears.
- 6. **Stay safe.** Don't let your dog drink stagnant water or chew on plants, as they can contain bacteria and natural poison that can harm them.

Have questions or comments? Feel free to forward them to jaymiemuncaster@gmail.com

Have a happy hippie week!



#### **Kindness Cruiser Weekdays**

Do you know someone who has been kind? Nominate them by private messaging Roz on Facebook at Moose FM CJJM 99.3- Espanola or go to myespanolanow.com and fill out the form or call 705-869-NEWS!

The Moose FM Kindness Cruiser will be looking for and celebrating KINDNESS!

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#### **WANTED**

**WANTED** – Farm land to buy or lease. 50 acres or more. Please call Ron Farr at 705-521-3658. 7/14

#### **IN MEMORIAM**

#### In Loving Memory of



December 24, 1957- July 2, 2010

Loved and very missed Love Jessica & Family



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#### **INVITATION TO TENDERS**



#### **TENDER - SNOW REMOVAL**

Tenders are invited for snow removal services at the Espanola Regional Hospital and Health Centre for the 2020 to 2022 winter seasons.

Bids will be accepted from qualified and experienced contractors.

Tender packages are only available by email or fax.

Please email arenaud@esphosp.on.ca and the documents will be sent to you by email or fax.

Bids will be accepted until 12:00 noon on July 13<sup>th</sup> 2020. Bid submissions are to be emailed to arenaud@esphosp.on.ca

The Espanola Regional Hospital and Health Centre reserves the right to reject any or all tenders and the lowest or any tender may not necessarily be accepted.

#### **OBITUARY**



Lafolley - Dalton Loraine (Chuck) of Webbwood passed away on Saturday June 13, 2020 at the Espanola Regional Hospital of natural causes at the age of 99. He was predeceased by his wife Maurice (nee McMillan) and daughter Mary. Chuck is survived by his partner Nora Stewart, son in law Don Wilkins, three grandchildren & three great grandchildren. He was a member of the Canadian Armed Forces, Seniors, Webbwood Eagles Club & Espanola Legion. Chuck enjoyed bowling, bingo, golf, pool,

dancing, horseshoes, square dancing, travelling and watching sports on T.V. Nora & her family would like to send out a huge Thank You to the staff at the Espanola Regional Hospital for taking special care of Chuck. Cremation with interment of ashes at a later date in the Webbwood Protestant Cemetery. If so desired, donations can be made to the Webbwood Eagles Club. Arrangements by BOURCIER FUNERAL HOME Ltd, Espanola.

#### **EMPLOYMENT OPPORTUNITY**



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The Manitoulin-Sudbury District Services Board is a municipal service management organization created by the provincial government to oversee the local planning, coordination and delivery of a range of services and programs divested to the municipal order of government. The specific programs our DSB is responsible for are: Ontario Works, Social Housing, Paramedic Services (Land Ambulance), and Early Learning and Child Care services.

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While all responses are appreciated, only applicants selected for an interview will be contacted.

#### Recipe

This recipe comes from one of my daughter's best friends. It's so quick and easy, but full of flavour! The maple syrup adds a wonderful sweetness that compliments the spice of the turmeric – which also has



П

potent anti-inflammatory and antioxidant properties.

#### Maple Turmeric Orzo and Chicken Salad

- 1 cup orzo
- $1 \frac{1}{2}$  cup chicken, cooked and cut into pieces
- 2 cups fresh spinach, chopped
- 1 red pepper, cubed
- 1/4 cup flat parsley, chopped
- Feta to taste
- Salt and pepper, to taste

#### Vinaigrette

- 2 tbsp olive oil
- 1 tbsp maple syrup
- 1 tbsp lemon juice
- 1 tsp turmeric powder



Cook orzo in a pot of salted, boiling water, according to package instructions. Drain and rinse in cold water. While it's cooking, combine chicken, vegetables, and parsley in a large bowl. Prepare the vinaigrette by whisking together its ingredients. Add the cooled orzo to the chicken-vegetable mixture. Pour on vinaigrette, add feta, and toss. Season with salt and pepper

#### NOTICE

#### THE CORPORATION OF THE TOWNSHIP OF SABLES-SPANISH RIVERS

## FOR APPLICATIONS FOR ZONING BYLAW AMENDMENT and CONSENT

{Planning Act Section 34 and 53}

**TAKE NOTICE** that the Council of the Township of Sables-Spanish Rivers will hold a public meeting on **Wednesday**, **July 22**, **2020** at **6:00 p.m.**, at the Township Office, 11 Birch Lake Road, Massey in order to consider a proposed application for Consent under Section 53 of the Planning Act, RSO 1990 as amended.

**ZBA File No. 20-01** Purpose and Effect: To allow for an accessory building to exceed the 6 metre maximum building height to 7.9 metres, and to allow for a reduced interior side yard setback from 4 metres to 3 metres. The property is described as Harrow, Concession 3, Lot 10, Parcel 14898, Plan 53R-11494 Part 2, at 10012 Buckmiller Road.

Consent File No. C-20-04 Purpose and Effect: To provide for a lot addition in the Resource Recreation zone to property at 5 Janice Drive in order to correct existing encroachments. The property is described as Shakespeare, Concession 4, Pt Lot 6, Parcel 53M1264-8, Plan 53M1264 Lot 8, at 7 Janice Drive.

The lands subject of these applications is not subject of any other Planning Act application.

TAKE NOTICE that if you wish to be notified of the decision of the Township of Sables-Spanish Rivers on the proposed application, you must make a written request to the Clerk of the Township of Sables-Spanish Rivers. To appeal the decision to the Local Planning Appeal Tribunal, send an appeal form to the Clerk of the Township of Sables-Spanish Rivers outlining the reasons for the appeal. You must enclose the appeal fee of \$300.00 for each application appealed, paid by cheque, made payable to the Ontario Minister of Finance.

If a person or public body would otherwise have an ability to appeal the decision of the Council of the Township of Sables-Spanish Rivers to the Local Planning Appeal Tribunal but the person or public body does not make oral submissions at the public meeting or make written submissions to the Township of Sables-Spanish Rivers before the bylaw is passed, the person or public body is not entitled to appeal the decision.

If a person or public body does not make oral submissions at the public meeting, or make written submissions to the Township of Sables-Spanish Rivers before the decision is made, the person or public body may not be added as a party to the hearing of an appeal before the Tribunal, unless in the opinion of the Tribunal, there are reasonable grounds to do so.

**ADDITIONAL INFORMATION** regarding this application is available at the municipal office at 11 Birch Lake Road, Massey, during regular office hours.

Public Participation in this Public Meeting will be conducted by electronic means. To attend remotely call 705-865-2646 for details and instructions. If you do not wish to provide input but would like to hear the audio recording, listen online on www.sables-spanish.ca (YouTube)

Dated this 30th day of June, 2020 Kim Sloss, Clerk-Administrator Township of Sables-Spanish Rivers 11 Birch Lake Road Massey, ON P0P 1P0 Tel. 705-865-2646 inquries@sables-spanish.ca

