

**Check out our April Flyer online**

**PAPERWORKS**  
OFFICE & ART SUPPLIES

**OFFICE PRO**  
Good People Who Know

Jump Into **SPRING** 50 Years

The Little Paper That Makes A Big Difference

**AROUND & ABOUT**  
Your Community Connection

Est. 1996

[www.aroundandabout.ca](http://www.aroundandabout.ca)  
March 31, 2020 Issue #13 - Volume 24

Due to overwhelming response we will continue to reduce any estimate by 7%!

**7%**

**Sudbury** Orthodontics  
For The Smile of Your Life  
Dr. D'Aloisio  
invisalign

thesmilecentre.ca • 705.869.0880 • 1.888.8.BRACES

**2019 sportsman 570**  
**\$6999 \$79** Biweekly OAC

**TRAIL SIDE SPORTS**

**705-869-0170**  
rick@trailsidesports.com

**COVID-19 Mobile Test Centre Opens For North Shore**



North Shore communities will have access to a mobile COVID-19 Assessment Centre. Hospital Spokesperson Jane Battistelli says the Espanola Regional Hospital has partnered with the Manitoulin-Sudbury District Services Board's Paramedics Services to travel across the North Shore to assess potential coronavirus cases. Battistelli stresses the centre's purpose is to assess, and only where appropriate, swab people who may be infected to minimize patients' visits to health providers and the emergency department. The COVID-19 Paramedic Response Team is accessed by appointment only. Individuals will be referred after the screening is done by: Telehealth Ontario, Public Health Unit Sudbury & Districts, Family Physician's Office, Sagamok Wellness Centre, and Birch Island Health Centre. If you have met the screening criteria, your health care provider will give you the number for the COVID19 Assessment Centre phone line. You will be asked to leave a message as directed and follow the telephone prompts on the COVID-19 Assessment Line.

Continued on back page...

**CANADIAN TIRE** **ESPANOLA**

**Temporary Store Hours:**  
Monday To Saturday: 8AM - 5PM  
Sunday: 9AM - 5PM

**Temporary Service Dept Hours:**  
Monday To Friday: 8AM - 5PM  
Sat & Sun: Closed

**GFL**

Green Today. Green For Life.

- SOLID WASTE & RECYCLE SERVICES 705-869-2447
- SEPTIC AND PORTABLE TOILETS 705-869-2448
- NEED A WASTE BIN OR CONTAINER?

**GFL** GREEN FOR LIFE

**Looking for something to DO??**

**It's a great time to get your photos up to date!**

**Set up your free account today!**

<https://aroundandabout.photofinale.com>

**BELL • BOOTH • SIRKKA • FABRIS**  
**OPTOMETRISTS**

**Espanola Mall**  
**Little Current Hospital**

**705-869-2030**  
**705-368-3245**

The Canadian Association of Optometrists

opto.ca  
your eyes deserve an optometrist®

**Home hardware** 705-869-2130  
**ESPANOLA** 830 Centre Street Espanola

**\$6.29/e PLUS TAX**

**1 X 12 X 6 ROUGH SPRUCE**

Continued from front page...

## COVID-19 Mobile Test Centre Opens For North Shore

The Assessment Line will answer calls between 8:00 am and 4:00 pm daily (Monday to Friday) and the COVID-19 Paramedic Response Team will run 8 am to 8 pm (7 days a week).

Individuals with general questions must not call the Espanola COVID -19 Assessment Centre. Instead, please visit Public Health Sudbury & Districts website, call your Primary Care Provider/ Family Doctor or call Telehealth to be screened.

Individuals must meet the following criteria for an Assessment Centre appointment:

1. Symptoms:

Fever (over 38 degrees Celsius) and/or cough (new or worsening)

2. Exposure History within the last 14 days prior to the onset of symptoms:

a. Travel outside of Canada

b. Had close interactions with

a confirmed or probable case of COVID-19

c. Had close interactions with someone who has symptoms of COVID-19 who recently travelled outside of Canada.

There are two steps to be followed to receive an appointment at the Espanola COVID-19 Assessment Centre:

• Patients need to complete an assessment by telephone and will be triaged by a nurse from ERHHC.

• Patients triaged by the ERHHC nurse will be referred to the COVID-19 Paramedic Response Team who will contact them for an in-home assessment. Manitoulin-Sudbury District Services Board – Paramedic Services, Espanola Regional Hospital and Health Centre (ERHHC), Espanola and Area Family Health Team and Public Health Sudbury District – Espanola office are the partners in the initiative.

## Getting Prescriptions A Priority

Local area pharmacies are staying open and want to assure the public that prescriptions will be available despite the coronavirus pandemic.

Remedy RX in Espanola is just one pharmacy, which has modified its hours and also changed up how they do business.

Spokesperson Jocelyne Bousquet says the pharmacy continues to provide prescriptions, but only for 30 days at a time.

She says they have also changed their hours from 10:00 am to 3:00 pm Monday to Sunday.

That said, she adds they will only allow four customers on the premises at a time.

Bousquet recommends people contact their local pharmacy by phone to discuss their prescriptions and times for pickup.

The public is asked to call their pharmacies at least a week before prescriptions are due to ensure delivery.

# The Fish Store

## Frozen Trout Fillets

# \$30.00 /case



MANITOULIN TROUT FARMS

Behind the Beer Store in Little Current

# 705-368-3755

Welcome to Local Hippie's weekly tip for living a greener life! Each week we will provide you with a quick tip to help you reduce your carbon footprint and change the world.



This week's tip comes in the form of a spring craft!

Seeing as we're all cooped up in the house right now, I thought I would share a fun little earth-friendly craft that you can do on your own or with the kids.

Simple Homemade Bird Feeders:

Spring has FINALLY sprung and there is nothing I love more than the sound of birds chirping in the trees. This craft is a small bird feeder that is quick, easy, and made from recycled and biodegradable materials.

**Materials:**

- Toilet paper rolls
- Peanut butter
- Bird seed (or any kind of seeds or nuts you may have in your pantry)
- Butter knife
- Plate

**Instructions:**

- Begin by pouring your bird seed (or nuts and seeds) onto a plate.
- Now, use the butter knife to spread peanut butter all over the toilet paper tube. Don't miss any spots!
- Roll your toilet paper tube around on the plate of bird seed.
- Simply find a tree branch and slide it through the toilet paper tube. Voila!
- Watch the spring birds enjoy their new snack.

Have questions or comments? Feel free to forward them to [jaymie@localhippie.net](mailto:jaymie@localhippie.net)

Have a happy hippie week!

## Hearing Solutions for the Whole Family

Our Audiologists **Michael Blythe** and **Jean Roveda** have over 50 combined years of clinical experience.

Call 705.673.2885 to schedule your hearing health assessment today!



825 McKinnon Drive, Espanola, ON  
[sudburyaudiologyclinic.com](http://sudburyaudiologyclinic.com)

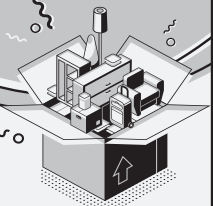
Conveniently located in the Espanola Hospital for over 20 years

## WE'VE MOVED - NEW LOCATION

# 87 CENTER ST MAIN FLOOR ESPANOLA, ON

OPEN

MON - FRI 9 AM TO 6 PM  
SATURDAY 9 AM TO 5 PM



H&R BLOCK®

# 705-869-0513 705-862-7857



**At Your Fingertip Business Directory**  
 High Circulation • Competitive Rates  
 FREE distribution to your customers!  
 To Advertise in the Around & About  
 Business Directory, call 705-869-6883

**JC Plumbing & Heating**  
**Jason Cowles**  
*Certified Technician*  
 Serving **Espanola & Area**  
 Business 705-583-3040  
 Mobile 705-863-3332  
 Sales & Service

**Singh Dentistry**  
 Dr. Maninder Singh  
 Hours:  
 Monday 9-5  
 Tuesday Closed  
 Wednesday 9-5  
 Thursday 9-5  
 Friday 9-5  
**FOR ALL OF YOUR DENTAL NEEDS**  
 State of the art facility  
 We deal directly with Insurance Companies  
 Free dental whitening kit with new patient exam  
 91 Tudhope St., Espanola 705-869-1880

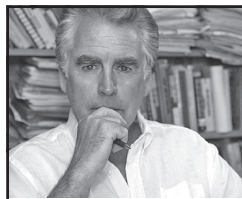
**DORION CONSTRUCTION**  
 • New construction • Renovations  
 • Garage packages  
 Tel (705) 865-3113 Cell (705) 862-4294

Our Children Our Future  
 Nos enfants notre avenir  
**SPACES AVAILABLE** | **ESPACES DISPONIBLES**  
 Sacred Heart Daycare | Garderie Saint-Joseph  
 705-869-3171 | 705-869-4800  
 OPEN 6AM to 8PM | OUVERT de 6h à 18h

**RAINBOWCOUNTRY GENERAL SERVICES**  
 705-863-2492  
 SPECIALIZING IN KEEPING SENIORS IN THEIR HOME  
 For ALL your renovation needs.  
 Always wanted that dream Garage? Dream Kitchen? Dream Spa Bathroom?  
 Call us today. Financing available  
 Financeit.ca  
 https://www.financeit.ca/s/vdiANu  
 \*Reduced rate for low income seniors

**STEVE'S PLUMBING & HEATING**  
 705-863-2877  
 office@stevesplumbingheating.com  
 SALES AND SERVICE OF: • furnaces • fireplaces • boilers  
**FREE ESTIMATES**  
 Steve Donnelly Over 15 years experience locally

**Andrew Vondette**  
 Computer I.T. & Network Specialist  
 Laptop/Desktop/Server Repair & Sales, Mobile Device Support  
 Virus & Malware Removal • Tune up & Optimization  
 Operating System Install • Data Recovery • Hardware Upgrades  
**NEW/REFURBISHED LAPTOPS & DESKTOPS STARTING AT \$125.00**  
 705-521-3459 Professional, Reliable, Affordable!



# All The World's A Circus

William Thomas

For this weeks William Thomas Column visit our website [www.aroundandabout.ca](http://www.aroundandabout.ca)

**Back To School ... Online**  
 Children may not be in school today because of the coronavirus pandemic, but there is now an option online to provide some education. Algoma District School Board Education Director, Lucia Reece, says the province has created an online portal to support parents and students over the next two weeks. Reece says the online portal is Phase One of the 'Learn at Home' strategy. She adds Education Minister Stephen Lecce has indicated that if it is recommended to keep schools closed beyond April 5th, he will consider implementing Phase Two. The online portal is available to parents and students throughout Ontario.

## Food Bank Maintaining Services

The Espanola Food Bank is maintaining their services, but with protocols adapted for dealing with COVID-19 protocols. Espanola Food Bank president, Sue Krysanowski, says the food bank is open at its regular hours on Wednesdays, 10:00 am to 2:00 pm, but the number of clients allowed inside at any one time is limited. The food bank is limiting volunteers and following protocols such as hand-washing, wearing gloves and maintaining physical distance. Monetary donations are being accepted to ensure the shelves remain full.

## Making Masks To Assist Health Staff And Families

Individual volunteers are busy at home these days making masks for families. The Mindemoya Hospital Auxiliary is just one group who are working individually at home to make masks. Judy Mackenzie says they will arrange for pick-ups of finished masks or donations of materials. All masks that are collected, she emphasizes will be immediately sent to a private laundry service to be prepared for use.

## Domtar Brightens The First Day Of Spring For Quarantined Seniors



**PHOTO:** Welcoming the first day of Spring was made a little brighter for quarantined seniors at the Espanola Nursing Home with gift packs compliments of Domtar. (L-r): Carol Lapointe – Mill Manager; Teresa Miller – HR Manager; Alyx Podlatis – Earth Choice Member & Drafts Person; Darla Southwood/Sowers – Earth Choice Captain & Executive Assistant and Jodi Podlatis – Financial Manager. Photo provided by ERHHC/Domtar

**By Rosalind Russell** - Residents of the seniors' apartments in Espanola received some special gifts from Domtar. Domtar executive assistant, Darla Southwood, says a small group of residents were pleasantly surprised last Thursday. She says the Domtar Earth Choice Team put together packages for the seniors who are quarantined due to Covid-19, adding the team thought it would be a nice gesture. She says Thursday was the perfect day since it was the first day of Spring - providing a flowering kit, individual tea packets and chocolates to the residents. The seniors expressed their thanks through the glass, all part of respecting social distancing, adds Southwood.

Mackenzie adds if anyone is able to contribute fabric (cotton) or elastic (1/8in) it would be appreciated. She adds she has instructions as well. Individuals who have made masks in other areas of the district are welcome to donate them as well through local networks, volunteer groups, but to keep in mind physical distancing is a priority in delivering the masks to those who need them.

Nicky Lamothe - PUBLISHER  
 STAFF  
 Andrew Vondette - Office Sales/Graphic Design Advertising Manager  
 Rayann Muncaster - Office Sales/Production Co-ordinator  
 Muriel Leblanc - Office Sales Manager  
 Doreen Trach - Office Sales/Data Entry  
 Bill Leaney - Graphic Design  
 Vickie Trahan - Bookkeeping  
 Jaymie Muncaster - Proof Reading  
 Rosalind Russell - Correspondence  
 PJ Baskie - Office Sales/Production  
 Distribution by Around & About  
 The advertiser agrees that the Publisher shall not be liable for damages arising out of errors in advertisements beyond the amount paid for the space actually occupied by that portion of the advertisement in which the error occurred. There shall be no liability for non insertion of any advertisement. The publisher reserves the right to edit, revise, classify or reject an advertisement. Ad space must be reserved Wednesday to be placed in the following week's issue. Copyright and/or property rights subsist in all advertisements and in all other materials appearing in this edition of Around & About. Permission to produce wholly or in part, any part in any form whatsoever, particularly by photographic or offset process in publications must be obtained in writing. Any unauthorized reproduction will be subject to recourse in law.

**AROUND & ABOUT** Your Community Connection  
**PAPERWORKS** OFFICE & ART SUPPLIES  
 705-869-6883  
 email: [around@aroundandabout.ca](mailto:around@aroundandabout.ca)  
 Around&About is printed locally by OJ Graphic INC.

# CLASSIFIEDS

Real Estate • Rentals • Services  
Lost & Found • Items For Sale  
Prayers • Thank You • Notices  
Personals • Vehicles  
Special Occasion

Highest Circulation &  
Best Rates In Town!



705-869-6883

## SERVICES

**LOCAL HAIRSTYLIST**  
**AMANDA FAIRBURN** - formerly of Dittrich's Hair Design is now located at 120 Tudhope St. (across from Pharmasave). Please call Amanda at (705)822-6161 to book an appointment Stylez By Amanda welcomes new clients. 4/14

**HANDYMAN - ODD JOBS**  
**COLOMBUS**. I install click and tile flooring, ceramic tiles, drywall, mud, paint, baseboards, trim, door frames, doors, install cupboards, vanities, parging, siding, tub surround and more...call me Stephane Coulombe 705-863-3434. 3/24 - R

**CHERYL'S MASSAGE**  
**THERAPY & ACUPUNCTURE**  
- To make an appointment call 705-863-3223 or email cherylsmassage7@gmail.com 4/14 R

**TOTAL CONTRACTING**  
**SERVICES** - Professional roof snow removal. Carpentry, painting, steel & shingle roofing, tree cutting, decks, dump runs. No job too big or too small. Call 705-936-6160 3/24 - R

**ESPANOLA SELF STORAGE**  
- 6x8 and 8x10 Storage units available in Espanola. Located behind the car wash. Call 705-869-8405. 4/14 - R

**PHYSIOTHERAPY OFFERED**  
**BY MARILYN WITTMANN** - Located at Physio Moves in the Espanola Hospital. Accepting new patients. WSIB and MVA patients welcome. Acupuncture available. Visit [www.physiomoves.net](http://www.physiomoves.net) for services, rates, and hours, or call 705-988-3737. 4/14 - R

**ROGER PICHETTE BUILDING**  
**CONSTRUCTION** - Over 45 years in the trade. Book your winter projects now. 705-865-1128, or cell 705-862-1554. 11/26. 3/24

## FOR RENT

**FOR RENT** - 1 bedroom apt. for rent in Espanola. Heat, hydro, fridge & stove included. Available May 1st. for more information call 705-869-2692 or 705-862-1141. 3/31

## FOR SALE

**FOOD SECURITY** - Black Angus calves, by the side, locally raised, locally processed, government inspected, best meat you'll ever eat! Only \$4.10 a pound cut and wrapped.  
Rotted cow manure for your garden - \$40.00 a tractor bucket load, reduced price for bigger loads. Charlie Smith, Massey, 705 865 2316. 4/21

**FOR SALE** - 2007 650 V-Twin Kawasaki Brute Force. Excellent condition. Also limited amount of drywood, and kindling for backyard fires. Call Greg 705-822-4734. 4/7

**FOR SALE** - Organ, stackable washer & dryer, double box spring, mattress, 28" stove, rockwell collectable plates, roofing nailer, framing nailer, coffee tables. Call 705-662-3770 for info. 3/24

## HELP WANTED

Looking to fill  
**4 positions**  
at fish farm location,  
at Manitoulin  
Trout Farms.

For more info please call:  
**Tom @ 705-869-8158,**  
or email  
[thorne@manitoulintrout.ca](mailto:thorne@manitoulintrout.ca)

## OBITUARIES



**Lajeunesse - Alice Rose Marie** of Espanola passed away at the Espanola Regional Hospital on March 20, 2020 at the age of 95. Dear daughter of the late Viateur & Oliva (nee Giguere) Crepeau. Beloved wife of the late Raymond Lajeunesse (1984). Loving mother of Vital (wife Karen) of Sudbury, Denise of Espanola, Richard (wife Wendy) of Ottawa, Robert of Espanola, Diane of Ottawa, Roger (wife Lyianne) of Ladysmith B.C., Claude (wife Joanne) of Blind River, Ronald of Espanola and the late Rheel and late Angele.

Cherished by many grandchildren and great grandchildren. Dear sister of Rejeanne Sylvester, Lise Pelland, Gisele Crepeau and Florimond Crepeau. Also, will be sadly missed by many friends & relatives. Cremation with a Memorial Mass at St. Jude Parish will take place at a later date. If so desired, donations to the Northern Cancer Foundation would be appreciated. Arrangements by BOURCIER FUNERAL HOME Ltd, Espanola

## COMMUNITY NOTES

PROUDLY SPONSORED BY



*Due to the COVID-19, many events have been cancelled. Please check to make sure these events are still happening.*

**Espanola Helping Hand Food Bank** - open every Wednesday from 10:00 a.m. - 2:00 p.m. We are located at 87 Centre St.

**Free Tax Clinics** - at Espanola Legion, must meet certain criteria to qualify. Please contact legion for more info and available dates.

*Do you have a NOTE for the Community?*

We invite not-for-profit organizations to submit information on their upcoming events in writing no later than **Wednesdays at 3:00 p.m. 25 Word Limit.**  
E-mail: [around@aroundandabout.ca](mailto:around@aroundandabout.ca)

## Recipe

Rumour has it that everyone is either painting rooms in their house, or baking during our current self-isolation. I am baking, but my scale says I probably should have chosen painting. Nevertheless, it's a good time to make those recipes you've been meaning to try. The following recipe comes from my mom. She wrote "Delish!" across the top of it, so I know it's a good one.

### Butter Tart Squares

- ½ cup soft butter or margarine
- 1 cup flour
- 2 tbsp sugar
- 2 eggs, beaten
- 1 ½ cups brown sugar
- 3 tbsp baking powder
- 1 tsp vanilla
- ½ - ¾ cup raisins or walnuts



Preheat oven to 350 degrees. Lightly grease a 9 x9 pan. If using raisins, cover with hot tap water and soak until ready to use. Cream butter/margarine, mix in flour and the 2 tbsp of sugar. With floured fingers, press mixture smoothly into pan. Bake for 15 minutes or until lightly brown around the edges and set. Drain raisins. Sprinkle raisins or walnuts across the crust. Mix the remaining ingredients together in a bowl. Pour and spread evenly over the base. Return to oven and bake 20 -30 minutes longer or until golden brown. Cool before cutting.



**Moose Corner**

During these times, the risk in all our communities is low and we continue to be the calm, informative voice with local health and family information about COVID-19. Health and safety, along with teamwork and communication is key to successfully navigating these choppy waters. Need information publicly released, call Roz at 705-869-6397 or email: [russell@moosefm.com](mailto:russell@moosefm.com)