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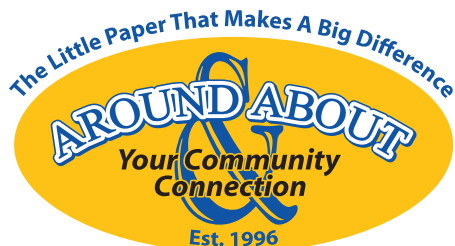
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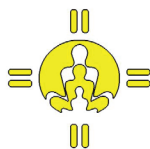
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May 12, 2020 Issue #19 - Volume 24

**Noojmwin Teg
Health Centre –
New Executive Director**



**Noojmowin Teg
Health Centre**

A place of healing

By Rosalind Russell - Danielle Wilson is the new incoming Executive Director for the Noojmowin Teg Health Centre.

In a media release, the agency states Wilson has worked within Indigenous circles throughout her career including as an Environmental Health Officer for the First Nation Inuit Health Branch, Aboriginal Health Lead with Interior Health and most recently as the Regional Director with South West Health Access Centre.

The transition is expected to take a few months.

The agency, Noojmowin Teg, is a primary care organization providing services to the seven First Nations in the Manitoulin area as well as those living off-reserve in the Manitoulin District and Espanola area.

The team is comprised of 60 staff who work in collaboration with area health care and other providers to support the care of individuals within a circle of care.

To find out more, call 705-368-2182 or visit <http://www.noojmowin-teg.ca> for more information regarding the services of Noojmowin Teg Health Centre.

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COMMUNITY NOTES

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Espanola Helping Hand Food Bank - now accepting monetary donations by Interac e-Transfer. ehhfb87@hotmail.ca

Espanola Area Friendship Circle Alzheimer Support Group - will NOT be meeting until further notice because of CoViD-19.

Clothes Closet - Due to the Covid-19 virus the Clothes Closet at Calvary Baptist Church will be closed until further notice.

Do you have a NOTE for the Community? We invite not-for-profit organizations to submit information on their upcoming events in writing no later than

Wednesdays at 3:00 p.m. 25 Word Limit. E-mail: around@aroundandabout.ca

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Students Study The Present Through Time Capsule Project



Photo: Three of several dozen students with the Conseil scolaire catholique Nouvelon school board are putting together journals about the novel coronavirus and how it has changed their world in 2020. The three all hail from Hanmer and are being guided virtually with the project. The journals will then be put into a time capsule for 'future' review. Photo supplied by CSCNO.

Recording student's reflections of COVID-19 and the changes it has made to their world is the focus of a unique project with the French Catholic school board, the Conseil scolaire catholique Nouvelon.

Board communications director Paul de la Riva says students realize the virus has changed the way of life on the whole planet.

De la Riva says to address their questions and to understand how what is happening today becomes history; two teachers have come up with a unique project, a time capsule of journals.

He says the collection will one day enable students to gain a better grasp of history in 2020 when the coronavirus travelled from country to country and its impact on everyone this year.



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**Coping with COVID-19:
Connecting matters for mental health.**

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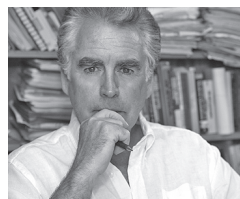
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All The World's A Circus

William Thomas

williamjthomas@gmail.com

COVID Q&A. If It's Not The 'How' Then It's The 'Why.' And The Answer's Probably 'Whatever.'

Two months into government-ordered house arrest and I'm wondering...why does a hot shower feel better than ever? A clean T-shirt like a fresh second skin? Why are my fingernails growing faster than grass and the grass is greener than a shamrock on St. Patrick's Day which by the way, was also cancelled. How can there be so many rude noises in this house when there's nobody else here but me? Yes my taste buds are still working but why does everything taste like Purell? Why is "abbreviated" such a long word? And why, if nothing sticks to teflon, how do they get teflon to stick to the pan? And speaking of teflon and 'Teflon Don,' how does Trump manage to be so stupid...and a smartass at the same time?

What do horses and turtles have in common? Very little except at this year's Kentucky Turtle Derby in which tortoises replaced thoroughbreds at the cancelled Kentucky Derby. Seattle Slow is the early favorite. The Turtle Derby race is expected to end at about the same time this pandemic does.

Last week officials in Ottawa began barring families from coming to nursing homes for 'window visits' and in a separate incident a city councillor harassed a young kid shooting hoops in a public park all by himself. If science confirms that COVID-19 attacks the lungs, could it be that in Ottawa it may also be bruising the brain?

In how much COVID-19 trouble is the operator of the Yummy Mummy Emporium and Apothecary in Minden, Ontario? Amandha Vollmer, who refers to herself as a 'Momprenuer' first posted the statement: "Due to the COVID-19 pandemic hoax, we are cancelling nothing!" Then she encouraged people

to "come and cough all you want" at her store which sells medical jewelry, oils and crystal salts. The Dummy Mummy Shoppe of Misinformation may face legal action and the owner forced to post 'Mombail.'

The all-new and improved Premier of Ontario, Doug Ford characterized those dozens of foolish protesters demonstrating at Queen's Park against the provincial shutdowns as 'a bunch of yahoos.' How much has coronavirus altered our thinking? Eight months ago loud deniers like this group would have been welcomed members of "Ford Nation" and invited to his fall family BBQ.

Is the boredom all of us are experiencing now spreading like the contagion itself to brick and mortar institutions? I ask only because Simon Fraser University in British Columbia is bestowing an honorary degree on an entertainer named...Bif Naked. I have no idea what that means but I'm sure it will prompt Red Deer College in Red Deer, Alberta to present an honorary degree to performance artist and occasional flasher...Buck Naked.

How is that confined to our homes now for about eight weeks, we're actually shopping more. The net worth of Amazon's Jeff Bezos has increased by \$25 billion since coronavirus began it's rounds, totalling \$140 billion to date. Why do we not see his name on the race for the vaccine, a fund for front-line healthcare workers or even a group called Home Shopaholics Anonymous? Why are Canadian's buying online more than ever before? Because if Amazon offered free shipping and guaranteed three-day

Continued on page three...

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Continued from page two...

delivery on "Goose Poop," we would add it to the cart. Prime Minister Justin Trudeau and the federal government have so far spent \$280 billion on programs to counter the devastating effects COVID-19 on Canadian society. In the original 2020 federal budget \$4.2 billion had been allocated for new spending. At this rate will we run out of paper before the money it's printed on? And what will we run out of first? Paper money, toilet paper or cliches? "We're all in this together in order to flatten the curve once the virus has peaked but after that we can't take our foot off the gas until we see the light at the end of the tunnel but even then it won't be as easy as just turning on a light switch." Cliches! Don't touch em' with a ten-foot pole. Where's the shame in all this? The selfish who refuse to listen to reason, trust the science and respect the lives of others. Where's the blame in all this? Everywhere. Desperately trying to show he was not asleep at the COVID switch, President Trump has

labelled the contagion the "Chinese virus." Similarly racist sources in Europe have nicknamed it the "Muslim flu." Hardly original or even new, in 1957 it was the "Asian flu", in 1968, the "Hong Kong flu" and in 2009, the "Mexican Swine flu". Spain got stuck with the deadly "Spanish flu" although scientists are pretty sure it first broke out in Kansas. Maybe once COVID-19 is conquered, medical experts will work on a vaccine for the blame game, the fame game and the mental disorder known as "entitlement made worse with willful ignorance."

And finally a late breaking update on the Kentucky Turtle Derby which began Saturday May 2nd--Rocket To Nowhere has left the starting gate! Breathe deep, mask up and whatever you do...don't!

Books written by William Thomas are available at www.williamthomas.ca and delivered by Canada Post Comments: williamjthomas@gmail.com

Elliot Lake Drag Races Postponed For A Year



the 21st annual North Shore Challenge Drag Races, part of the Show Me the Money Tour will take place July 16th to 18th, 2021 at the Elliot Lake Airport Dragway. He says the city and its partners

are committed to a bigger and better event in 2021, when all can gather safely together once again.

Elliot Lake City Council agreed with a recommendation from the Drag Race Committee to postpone this summer's annual drag race event due to Covid-19. City CAO Daniel Gagnon says council and staff want to make it clear that the event is simply postponed and

PHOTO: The Elliot Lake Drag Races have been postponed until July 2021. Photo supplied by YouTube

New Principal Appointed For Blind River/Spanish

Principals and vice-principals have been appointed for the 2020-2021 school year by the Conseil scolaire catholique Nouvel-Ontario.

Education director Paul Henry says the work continues to prepare for the fall including appointments.

He says locally Hassan Azzi has been named as principal at Sainte-Anne in Spanish and Jeunesse Nord in Blind River. Henry adds the other principals will be overseeing schools in the Sudbury District.

He adds the board expects to have around 6,700 students enrolled in their 37 schools providing elementary and secondary education.



PHOTO: The Conseil scolaire catholique Nouvel-Ontario recently approved the appointment of school principals and vice-principals for the 2020-2021 school year. Hassan Azzi will be taking the reins at Jeunesse Nord in Blind River and Sainte-Anne in Spanish. Photo provided by CSCNO.

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In Loving Memory



Johnny - 1943-2019

"One Day at a time"
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Love you and miss you.

**Terry
John Jr, Sarah & Family**

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OBITUARY



Massicotte – Ernest of Espanola passed away at the Espanola Nursing Home on April 29, 2020 at the age of 80. Dear son of the late Charles & Cecile (nee Bouchard) Massicotte. Beloved husband of Henriette (nee Maltais) of Espanola. Loving father of Jeanine Hnatuik (Jim) of Espanola and the late Daniel Massicotte. Cherished by grandchildren Naomi and Danika. Dear brother of Art (Joanne) Massicotte, Laura Kennedy (late Mac), Edmond Massicotte, Helen Massicotte, Raymond Massicotte, Irene Shiels (late Alex), Allen (Jean) Massicotte, Tom Massicotte, June Massicotte and predeceased by Elva Poulin, Florence Proctor, Edward, Ronald and Debbie. Also, will be sadly missed by many friends and relatives. A private graveside committal service at the Espanola Cemetery. Arrangements by **BOURCIER FUNERAL HOME Ltd**, Espanola.



It is with great sadness and heavy hearts that we announce the sudden passing of **Ruth Schouten (nee Totman)**, with her family by her side, on Friday, May 1, 2020 at the age of 62. Beloved daughter of Lorenza Totman (Roy, predeceased). Loving and supportive wife for 41 years of Cor Schouten. Cherished mother of Trevor (Stephanie) and Carla Whynott (Kevin). Her memory and legacy will live on in her grandchildren Kurtis, Dominic, Jillian, Brooke and Brody. Ruth will also be missed by her siblings Debbie Bouwmeester (Con, predeceased),

Fay Rusak (Dave) and Roy (Margret). Her loss will also be felt by her sisters and brothers in law, aunts, uncles, cousins, and many friends. Ruth was a beautiful soul who touched the hearts of many. The importance of family and faith were at the core of who she was, what she stood for, and what she wanted to pass on to her loved ones. There will be a memorial service held at a later date to celebrate Ruth's life. If desired, donations can be made to St. George's Anglican Church in Espanola. Arrangements by **BOURCIER FUNERAL HOME Ltd**.



Moose Corner

During these times, the risk in all our communities is low and we continue to be the calm, informative voice with local health and family information about COVID-19. Health and safety, along with teamwork and communication is key to successfully navigating these choppy waters. Need information publicly released, call Roz at 705-869-6397 or email: russell@moosefm.com



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NOTICE - ANNUAL GENERAL MEETING



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NOTICE OF ANNUAL MEETING

Date: Wednesday, June 17, 2020

Time: 7:00pm

Location: Teleconference

Corporate membership fee has been waived for this fiscal year, however, an email to ttallon@errhc.on.ca stating your name, email contact and request to join the corporation must be received by May 18, 2020 at 4:00pm to be eligible to vote on corporate affairs.

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Relay For Life Going Virtual To Make A Difference From Home



In light of the COVID-19 pandemic, the Canadian Cancer Society recently made the difficult decision to cancel our in-person Relay For Life in Sudbury originally scheduled for June 19th, 2020. This year, we have reimagined Relay For Life into Relay At Home – a new, fun and interactive way for people to Relay online in the comfort of their homes and respect physical distancing. We're inviting everyone to

join us online for the event on Saturday June 13th from 7 – 9 p.m.

This online event will feature all the hallmark components of our traditional in-person events and allow people to make a difference from the comfort of their homes. There will be interactive activities for people of all ages and special moments to help celebrate survivors and remember those we've lost to cancer.

Recipe

I've had a couple friends make this recipe and tell me it was delicious and a must try; I haven't made it yet but it's on the menu for this week. I've been told it's great made exactly as the recipe reads and another friend said it was delicious, but she would double the cream cheese and broth next time, mostly because she loves cream cheese. It sounds like you can't go wrong either way.



Baked Pierogi Casserole

- 16 oz frozen pierogis
- 2-3 slices cooked bacon, crumbled
- 1/3 cup cream cheese
- 1/2 cup chicken broth
- 1/4-1/2 cup shredded cheddar cheese
- chopped green onions, optional



Preheat oven to 400 degrees. Lightly spray a 9 x 13 dish with nonstick cooking spray. Arrange frozen pierogis in dish. In a saucepan, mix cream cheese and chicken broth. Stir frequently until cheese is melted and smooth. Pour melted cream cheese mixture evenly over pierogis. Sprinkle evenly with cheddar cheese. Bake 20 – 25 minutes until cheese is bubbly and pierogis are warmed through. Garnish cooked dish with crumbled bacon and chopped onions.