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May 5, 2020 Issue #18 - Volume 24

**Tamra Jones Inducted
Into The Australian
Hockey Hall Of Fame**



By *Rosalind Russell* - Espanola born Tamra Jones has been inducted into the Australian Hockey Hall of Fame.

Jones started out her hockey career playing in Espanola and over the years played around the world including Brown University, the USA Hockey Women's National Team and then on to Australia where she not only played and won, she coached and won.

Team Coach at the 2016 Winter Youth Olympic Games in Lillehammer, she helped Perth's Madison Poole to an outstanding performance in the ice hockey skills events.

She now teaches health and physical education at the University of South Australia and hosts coaching clinics throughout the year.

Inducted in late April, the official ceremony will be held when COVID-19 protocols are lifted in Australia. For Tamra's full bio visit our website.

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COMMUNITY NOTES

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Espanola Helping Hand Food Bank - now accepting monetary donations by Interac e-Transfer. ehhfb87@hotmail.ca

Espanola Area Friendship Circle Alzheimer Support Group - will NOT be meeting until further notice because of CoViD-19.

Clothes Closet - Due to the Covid-19 virus the Clothes Closet at Calvary Baptist Church will be closed until further notice.

Do you have a NOTE for the Community? We invite not-for-profit organizations to submit information on their upcoming events in writing no later than

Wednesdays at 3:00 p.m. 25 Word Limit. E-mail: around@aroundandabout.ca

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Day of Mourning Espanola



Flags were lowered to half-mast and wreaths laid as part of the Annual Day of Mourning. A small group of Domtar workers in Espanola met at the memorial on the morning of April 28th to lay wreaths and hold a minute of silence in remembrance of workers who died or were injured on the job.

Company human resources manager Teresa Miller says it's not only a day to remember and honour those lives lost or injured due to a workplace tragedy, but also a day to renew the commitment to improve health and safety in the workplace and prevent further injuries, illnesses and deaths.

Recipe

Thank you to our favourite office baker for this quick and easy casserole.

Italian Chicken Casserole

- 4 lbs chicken, breasts or pieces
- ¼ cup of oil
- 1 cup chopped tomatoes, or 1 -16 oz can of diced tomatoes
- ½ cup chopped onion
- ½ cup, chopped green pepper
- 1 clove of garlic, minced
- 2 Bay leaves
- 1 pinch of oregano
- 2 tsps salt
- ½ tsp pepper
- 1 cup, long grained rice
- ¼ cup oil
- Water or chicken broth



Preheat oven to 350 degree. Brown cut up chicken in first amount of oil. Put into a large casserole dish. In the skillet combine remaining ingredients except the rice. Simmer for 5 minutes. Pour over chicken. Brown rice in ¼ cup of oil and add to the casserole dish. Add water or chicken broth to just cover rice. Bake uncovered for 1 hour and 45 minutes.

Have A Sweet Tooth? Want To Indulge?



Do it yourself Tim Horton doughnut kits will be ready for pickup in Espanola next Wednesday!

Make some yummy donuts... DIY kits available by ordering at the local drive-thru or call 705-869-0549 to place your order
The kids will love it!!

Families also need supports in Nova Scotia and you can help! How? Take the drive to Tim Hortons, go through the drive-thru and order Nova Scotia donuts ... Special doughnuts with all the proceeds going to the 22 families in Nova Scotia. Available at Espanola, Mckerrow, Blind River And Elliot Lake Timmy's!
We honour and remember them!

Community Gardens Are A Go

People who have a green thumb or want to grow one are being given the opportunity to participate in community garden programs.

Last week, Minister of Agriculture, Food and Rural Affairs, Ernie Hardman announced that planting in community gardens will be allowed but COVID-19 protocols must be met.

Espanola Gardeners spokesperson, Grant Lewis says that is great news when it comes to maintaining Algoma Gardens.

He says they have tools available if needed and new members will

receive a key to the gate.

Lewis says there are a limited number of plots left, which cost \$20 each and include a membership to the local horticultural group.

He adds only three people are allowed on the site at one time and all must maintain the two-metre distancing protocol.

Lewis says the group is also allowed to maintain its flower beds throughout the town, so anyone interested in joining in is invited to do so.

Anyone wanting more information or to purchase a plot can call Ruth Steedman at 705-869-4937.

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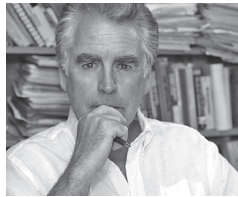


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All The World's A Circus

William Thomas

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Flattening The Curve And Stretching The Silver Lining

As the sadistically invisible coronavirus clouds still circle the globe in varying degrees of destructiveness, you gotta look on the bright side. Sometimes the darker the menacing shadow, the brighter the silver lining.

Sure, MLB shut down and we can't watch the Jays. But, if the NHL had not shut down, right about now we'd be watching the Toronto Maple Leafs having their heads handed to them by the Boston Bruins. No games also means no 'game seven collapse!'

With so little traffic on the roads, songbirds can be heard singing again, people are safer walking on sidewalks and Toronto drivers are speeding and stunt driving like never before. Inside every cloud a silver lining; inside every silver lining...a clod.

As President Donald Trump encourages Americans to ingest disinfectants and light bulbs, his former celebrity chef Jose Andres is sustaining millions by providing hot nutritious meals through his World Central Kitchen organization. In the aftermath of hurricanes, earthquakes, tornados, floods and now the coronavirus, from a scorched-earth Puerto Rico to an unwelcome cruise ship in San Francisco, "No Way Jose" has set up huge makeshift restaurants to feed the disaster victims on site.

Andres cancelled a restaurant deal with Trump's Washington hotel when he discovered his boss was a racist. "Mexicans are rapists." Harnessing 45,000 volunteers, the World Central Kitchen has served up 15 million meals in 13 different countries. In Donald Trump's America Jose Andres is considered an immigrant and therefore unwelcome.

Quite the contrast in leadership between the world's most prolific provider of free food and a president who has suggested Lysol shooters may kill the virus. Whereas Andres drove around Washington handing out 13,000 N95 respirator masks from the inventory of his feeding operation, right about now Trump has Dr. Anthony Fauci in a corner asking questions like: "Do you think Cyanide Soup Kitchens would work? Or maybe an ultra violet stun gun you fire up your nose? How about mainlining Purell the way blacks and

Mexicans shoot drugs?"

John "Always look on the bright side of life" Cleese has explained how dire the situation is in Britain. Cleese claims the understated English have raised their national threat level from "miffed" to "peevd." If it gets any worse, Cleese claims the level could be raised from "irritated" to "a bit cross." Not since they ran out of tea in 1940 have the Brits categorized a crisis as "tiresome." "A bloody nuisance" is reserved for a nuclear war.

Best quote from a country where people of colour are dying disproportionately from the coronavirus, their bodies weakened by non-existent health care. "Y'all worried about paying bills, police controlling you, getting unemployment money? Just relax. You only been black for about a week!" American Rapper Majin Tai. (Google YouTube: Jimmy Kimmel Mash Up Trump versus Obama binLaden and the song "Vote Him Away.") Shamefully, Sir Richard Branson is begging the UK government for bail out money to save his Virgin Group empire which makes \$21 billion annually from global revenue. Meanwhile his main private paradise, Necker Island in the British Virgin Islands and his other personal getaway, Makepeace Island off the Sunshine Coast of Australia still do not have "For Sale" signs on them. With a few exceptions, the very rich really believe the words of Wall Street's Gordon Gekko: "Greed is good!"

Exceptionally, Bill Gates and his wife Melinda are spending almost all of their \$50 billion fortunes to enhance healthcare and wipe out poverty around the world. Whereas the President of the United States dismissed this oncoming viral pandemic as a "Democratic hoax" Bill Gates claimed: "If anything kills over 10 million people in the next few decades, it's most likely to be a highly infectious virus rather than a war--not missiles but microbes. We have invested a huge amount in nuclear deterrents, but we've actually invested very little in a system to stop an epidemic. We're not ready for the next epidemic!" Gates said this during a Ted Talk he gave...five years ago!

Continued on page three...

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Continued from page two...

If the world was not prepared for a pandemic, it sure as hell wasn't ready for Donald J. Trump.

The virus ended the "Running Of The Bulls" in Pamplona, Spain where they mildly torture los toros in anticipation of the upcoming bullfight season in which six of these magnificent beasts are ritually slaughtered every Sunday afternoon in every major city for almost six months. I take this as an omen, the first volley of the upcoming post COVID-19 war against worldwide animal cruelty. The free world needs to use trade and aide against Asian and African countries which traffic, kill and eat endangered species animals. Thanks to this pandemic the era of the gorilla-paw ashtay, the rhino-horn hat stand and the tiger-penis aphrodisiac is--or it sure as hell better be--DEAD! Millions of people and businesses should not

be laid low or die because some superstitious fool eats a bat or a pangolin or a puppy.

And finally, after writing a column questioning the IQ of Americans I got the answer when Cerveceria Modelo produced a video aimed at American audiences explaining that their product, Corona beer is not the cause of the coronavirus. This was an honest mistake since most of Donald Trump's supporters believe Michelob Light causes malaria.

As the no-nonsense American writer Dasheill Hammett put it: "You gotta look on the bright side, even if there ain't one." Distance, decompress and whatever you do...don't!

Books written by William Thomas are available at www.williamthomas.ca and delivered by Canada Post. Comments: williamjthomas@gmail.com

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COMMUNITY LIVING ESPANOLA would like to thank everyone who contributed to the success of our **2020 CASH CALENDAR** campaign. Together with ticket sales and donations we raised **\$7,456.52** towards a new Minivan.

Please refer to our **WEBSITE** - www.clespanola.ca or our **FACEBOOK PAGE** for the full winners list.

Watch for the CLE Cash Calendars on sale again this fall!

Louise Laplante, Executive Director
Community Living Espanola

OBITUARY



Michael Deschamps. It is with a heavy heart that we announce the death of Michael Deschamps. Mike passed away on April 14th, 2020 at the Espanola Hospital with his partner, Lavina by his side. Mike was a quiet, kind-hearted gentleman. He loved classic Hollywood movies, listening to Elvis, showing off his dance moves, and keeping up to date on the US Trump drama. He especially loved to cook for our large family dinners. As long as we remember a person, they're not really gone. Their thoughts, their feelings, their

memories, they become a part of us. A Celebration of Life will be held at a later date.



In Loving Memory of **Isabel Brouse** of Massey, On. It is with great sadness we announce the passing of Isabel Brouse (nee Grose) in her 90th year. Beloved wife of Easdale (Mick) Brouse for 69 years. Dear daughter of the late Clifford and Myrtle Grose (Brown). Loving Mother of Debbie McGregor (Peter), Michael Brouse (Donna), David Brouse predeceased (Cheryl) and Peggie Peters (Gary). Also survived by 10 grandchildren, Cameron, Molli, Katie, Amber, Jesse, Aaron, Mandy, Corey,

Jacob and Emmalee and 9 great grandchildren MacKenzie, Isabel, Madelaine, Aries, Edie, Aubrey, Wesley, Wyatt and Oaklynn. Predeceased by brothers Stanley, Harold, Herbert, Reginald, baby Frank and sister Maretta. Our Momma was a hard worker, a seamstress, a knitter, a gardener, a great cook and accountant. Her strong faith, love and support of her husband and her family left us a roadmap for our lives and we love you for that guidance. Thank you for giving the gifts of our love of camping on the big water and how to survive life's hardships. We will miss you terribly. Sweet dreams loving wife, momma, grama and great grama till we meet again on the other side. Cremation has taken place and memorial service will be held at a later date. Internment at the Massey Grandview Cemetery.

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