

Spend \$50 - \$200 on qualifying AT-A-GLANCE Products & receive a FREE TimCard



COFFEE PLEASE
By Mail Rebate
Valid; Aug 1 - Oct.31
Visit our website or ask for form

AROUND & ABOUT
Your Community Connection
Est. 1996

PAPERWORKS
OFFICE & ART SUPPLIES

The Little Paper That Makes A Big Difference

AROUND & ABOUT
Your Community Connection
Est. 1996

www.aroundandabout.ca

September 29, 2020 Issue #39 - Volume 24

**WE'RE BACK!
WE MISS YOU!**



Sudbury Orthodontics
For The Smile of Your Life
For updated information on all our COVID-19 Safety Protocols visit our website at thesmilecentre.ca
705.869.0880 1.888.8.BRACES

FALL SAVINGS WILL BLOW YOU AWAY

BG 50
GAS HANDHELD BLOWER
27.2 CC - 0.7 KW - 3.6 KG

\$199.95
MSRP \$219.95



TRAIL SIDE SPORTS
705-869-0170
rick@trailsidesports.com

Community Draws Together To Assist Espanola Man



By Rosalind Russell -- Supporters throughout the Espanola area are doing what they can to financially assist a well-known Espanola paramedic and volunteer who was involved in a serious collision.

Chris Gillis of Espanola is well known, not only as a paramedic with Manitoulin-Sudbury District Services, but also as a long-time volunteer.

Labour Day weekend he was involved in a collision with a deer on Manitoulin Island while out on a weekend motorcycle ride, which has left him as a paraplegic.

Family friend Kathy Yusko has set up a Go Fund Me to raise \$35,000 to go towards supporting him in his rehabilitation and medical equipment, as well as travel costs his family is incurring

Continued on back page...

CANADIAN TIRE ESPANOLA

Triangle

Turn big purchases into small payments

No Fee, No Interest⁺⁺ on equal monthly payments.

24 Month \$150+ purchase

GFL



Green Today. Green For Life.

- SOLID WASTE & RECYCLE SERVICES 705-869-2447
- SEPTIC AND PORTABLE TOILETS 705-869-2448
- NEED A WASTE BIN OR CONTAINER?

GFL GREEN FOR LIFE

ONYX + BLUE PROTECTIVE FACIAL MASK

\$5.99
ADULT - ONE SIZE DOUBLE LAYER

Durable - Washable - Reusable
100% POLYPROPYLENE (PPNW)
MADE IN / FABRIQUE AU QUEBEC, CANADA

FACE SHIELD - DISPOSABLE. 0.3MM ANTI-FOG

Deflecto® Disposable Personal Face Shield with Foam. 0.3 Clear PET Anti-Fog. Single-use protection. Forms a barrier to protect your face from respiratory droplets. Not rated for medical grade use. One size fits all.

\$6.69
705-869-6883

AROUND & ABOUT
Your Community Connection
Est. 1996

PAPERWORKS
OFFICE & ART SUPPLIES

HAND SANITIZER & WIPES

zytec
GERM BUSTER®
CANADIAN MADE

240ML - \$8.69
1 L - \$19.99
100 wipes - \$9.99



705-869-6883

AROUND & ABOUT
Your Community Connection
Est. 1996

PAPERWORKS
OFFICE & ART SUPPLIES

Home hardware ESPANOLA 705-869-2130
830 Centre Street Espanola

Wood pellets in stock 6.49/ bag



Lacwood
WOOD PELLETS GRANULES DE BOIS
CANADA A1

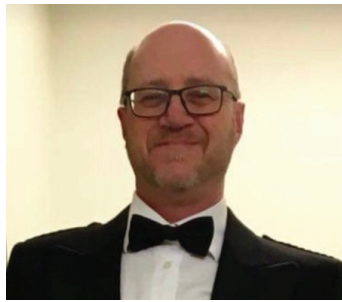
Continued from front page...

Community Draws Together To Assist Espanola Man

in taking care of him.

As of press time, they had reached three quarters of their goal.

Anyone wishing to help can go to the Go Fund Me site or make a direct donation as an e-transfer.



For the go fund me site, go to: <https://www.gofundme.com> and search Chris Gillis. For an e-transfer, send to Chris's family member Stacey at: stacey.a.gillis@gmail.com

Smile Cookie Campaign Breaks All Records



WOW! Denis Lefebvre is speechless after all three of his outlets raised an astounding amount of funds for the popular Smile Cookie campaign. Espanola & McKerrrow raised \$15,936 for the Espanola Helping Hand Food Bank while the Blind River outlet raised \$8,612 for the North Shore Health Network.

Nancy Wyman, the owner of the Elliot Lake outlet says they also had a great week raising a total of \$5,086, which will go to the Elliot Lake Lions Club to assist them with their charity work. CONGRATS! Both extend a huge shout out to all their supporters, bakers, the Moose and



Around&About!
Photos: Espanola Helping Hand Food Bank volunteers make hundreds of cookies while Moose Morning Host/ News Anchor Roz enjoys!

Beautification Efforts Continue In Baldwin



Baldwin township council has set beautification as one of its priorities this year and that has led to a couple of local projects.

According to township CAO Karin Bates, Dowdall Crane Service and Scott McPhee donated their time to get Snoopy all fixed up. Snoopy has long been a fixture to motorists along Highway

17 but had fallen last year and had to have some repairs done including a new solid base.

As well, the township is now sporting its fall colours with banners featuring local artist's work marking their portion of the Trans Canada.

The Baldwin Fire Department helped with getting the banners up on their brackets.

Photos supplied

At Your Fingertip Business Directory

High Circulation • Competitive Rates
FREE distribution to your customers!
To Advertise in the Around & About
Business Directory, call 705-869-6883

STEVE'S
PLUMBING & HEATING
705-863-2877
office@stevesplumbingheating.com

SALES AND SERVICE OF: • furnaces • fireplaces • boilers
FREE ESTIMATES

Steve Donnelly Over 15 years experience locally

Singh Dentistry
Dr. Maninder Singh

Hours:
Monday 9-5
Tuesday Closed
Wednesday 9-5
Thursday 9-5
Friday 9-5

FOR ALL OF YOUR DENTAL NEEDS
State of the art facility
We deal directly with Insurance Companies
Free dental whitening kit with new patient exam

91 Tudhope St., Espanola 705-869-1880

RAINBOWCOUNTRY
GENERAL SERVICES
705-863-2492
SPECIALIZING IN KEEPING SENIORS IN THEIR HOME

Always wanted that
Dream Garage?
Dream Kitchen?
Dream Spa Bathroom?
Call us today.
Financing available

Financeit
<https://www.financeit.ca/s/vdiANw>
*Reduced rate for low income seniors

Studio Twelve
Hair Design

WE'RE BACK!
BOOK NOW 705-869-2915

Our Children Our Future
Nos enfants notre avenir

SPACES AVAILABLE
Sacred Heart Daycare
705-869-3171
OPEN 6AM to 8PM

ESPACES DISPONIBLES
Garderie Saint-Joseph
705-869-4800
OUVERT de 6h à 18h

DORION CONSTRUCTION

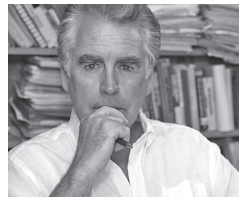
• New construction • Renovations
• Garage packages

Tel (705) 865-3113 Cell (705) 862-4294

Plumbing & Heating
Jason Cowles
Certified Technician

Serving
Espanola & Area

Business 705-583-3040
Mobile 705-863-3332
Sales & Service



All The World's A Circus

William Thomas

williamjthomas@gmail.com

I think we've been way too hard on President Donald Trump

Earlier this month a Research Co. poll concluded that 90 per cent of Canadians want the international border we share with the United States to remain closed until at least the end of the year. President Donald Trump pretty much confirmed this when he said, "We're looking at the border with Canada. Canada would like it open... we're going to be opening the borders pretty soon."

That right there might be the much-anticipated, landmark Lie #2000 in which the first journalist to confirm it as either a "Bold-Faced Falsehood" or a "Pants-On-Fire Whopper" wins a new Toyota Corona. Good gawd! When Melania asks him if he wants a coffee does he say: "No. Double cream." Americans have wanted the border open for months now. To date, 12,000 of them have been turned away at Canadian Customs claiming they just wanted to sightsee, shop or have fun. So Americans see the border as the front entrance to Walt Disney World while Canadians see it as a privacy fence which is keeping us safe from a bunch of distant relatives who have gone all screwy on us lately.

Another survey by Pew Research showed that Canadians really do not like President Donald Trump and our distaste for their leader is dragging our opinion of the entire country down to record low levels. The same anti-

American animosity was revealed among residents of 12 other countries in Europe and Asia which were included in the poll.

Among Canadians, only 20 per cent of respondents, expressed confidence in Trump "to do the right thing regarding world affairs". (It used to be we believed that Americans would always do the right thing... after they tried every other cockamamie thing first.) According to Pew Research's past surveys George W. Bush held record-low Canadian confidence at 28 per cent while Barak Obama held a high of 83 per cent throughout presidency.

On this side of the border, 84 per cent of Canadians approve of Prime Minister Trudeau's handling of the pandemic while his political popularity is dropping faster than the trousers on that guy who took a dump on Nancy Pelosi's driveway. (American voters were warned that the election would get ugly; they were not urged to carry 'pooper scooper' bags!)

So Canadians and the rest of the free world have a serious dislike and distrust of President Donald Trump. But maybe we're being a tad too harsh on the guy. Oh sure, he keeps slagging our prime minister as being "meek, mild and dishonest" but I would remind you that insulting the name of Trudeau, be it Pierre

Continued on page three...

TV Bingo
6:30 P.M.
Espanola Wednesdays
Tune into Local Channel 10

Advertise here for as little as \$27 per week

Call 705-869-6883 for details

NOW OPEN! Our office is following all Covid-19 safety protocols

Turn it Around

Chiropractic - Acupuncture - Orthotics
Pain Management - Cranial Therapy
Free Phone Consultation

Espanola Chiropractic Office
CALL US 705-869-2737

Dr. Darjo Laurenti
www.drjlaurenti.com

Flip The Switch
Steve Ferridge - Master Electrician
705-845-8478
info@fliptheswitchco.ca
Residential - Commercial - Farm - Camps

Andrew Vondette
Computer I.T. & Network Specialist

FALL SPECIAL
Virus & Malware Removal
Full System Tune up & Optimization
1 Year Free Antivirus included!
Offer Expires Nov 31-2020
\$84.99
705-521-3459 Professional, Reliable, Affordable!

MARTIN'S SERVICES
2233 Lee Valley Road

NEW TIRE SALES
Install, balance and repair services.
705-849-8038 705-583-2164

Continued from page two...

then or Justin now is a popular Canadian sport rivalled only by hockey. In Alberta they could replace the Calgary Stampede with a ten-day "Trudeau Bashing Festival" and the attendance would only go up.

Many say that Trump could care less that California, Oregon and Washington – all Democratic states by the way – are presently being engulfed by the worst wild fires the west coast has ever experienced but that would be unfair because last week the president passed along a very helpful hint to those fighting the fires. Dead leaves.

At an emergency meeting with the governor of California, Trump denied global warming had anything to do with the 'firenado' that has scorched 3 million acres, killed 24 people and sent smoke as far as Europe – citing "matchstick trees and dead leaves" as the cause. You can bet those front-line fire fighters who are inhaling the equivalent of 20 packs of cigarettes a day will now be on the lookout for brittle trees and withered leaves.

Trump has also denied that extreme climate change has anything to do with so many hurricanes this season that trackers have run out of names for the storms and are now using Greek letters. But to claim he's done nothing about the massive amounts of hurricane rainfall – they're now measuring the amount of rain in feet instead of inches – would be misleading. It was just two months ago Trump proposed new water-saving rules to allow more water to come out of America's shower heads which do not work fast enough for his liking.

Quote: "So what do you do? You

just stand there longer or you take a shower longer? Because my hair – I don't know about you, but it has to be perfect." See? Faster shower heads means shorter showers means President Trump really is a water conservationist!

And to refer to Tump as "unfocused" is the cruelest cut of all because on July 16, 2020 when he went 'all in' on the shower head crisis, America had just set a record with 70,000 COVID-19 cases confirmed in a single day and 138,000 total deaths. When he follows his list of top priorities like larger shower heads and windmills that cause cancer – the President can be laser-beam focused.

Certainly you could make a case that President Donald Trump has shattered America straight down the middle, dismantled democracy to a point where the Supreme Court of the United States is about to become the "Mitch McConnell Fan Club" and generally made the world a more dangerous and divided place but... look what he's done for dark comedy. Just yesterday at a rally in Ohio (No mask. No problem.) he claimed "The China Virus" affects nobody younger than 18 and is only a threat to seniors and people with underlying conditions. Solid black humour right there because the old and the ill were going to die anyway... just a lot sooner than they would have preferred. Buda boom!

Any of the ten books written by William Thomas are available at www.williamthomas.ca
Comments: williamjthomas@gmail.com



When you need a ride call
ISLAND WIDE
 New Taxi Services in the area
Covering all of Manitoulin Island, Espanola and surrounding areas long trips and delivery service also available

Call 705-308-9546 or 705-862-1320

Children Encouraged To Join Scouts

Espanola/Copper Cliff Scout advocate Rob Haarmeyer says Scouts Canada is making it possible for new youth to join for a free Trial until December 31st. He adds for returning members Scouts Canada has released its step-by-step return under the COVID-19.

Stage Two of their framework adding all current Scouts Canada memberships have been extended

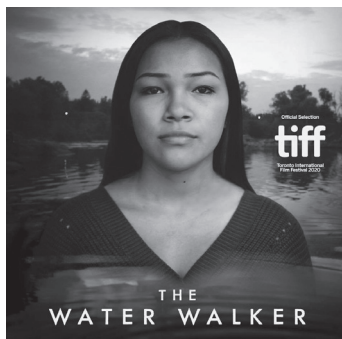
until December 31st.

Still with the story, he adds a new fundraiser, called Scouts Coffee; will help fund their programs adding supplier, Equator will ship Canadian roasted coffee directly to the customers.

Haarmeyer adds the fundraiser will run from Monday, October 12th to November 15th.

For more information, contact Haarmeyer on Facebook.

The Water Walker - Peltier Continues Her Advocacy



The film, titled The Water Walker, follows Peltier as she travels to New York City to speak at the Climate Action Summit held at the United Nations headquarters last September.

Peltier had also spoken at the UN General Assembly in 2018, about the importance of protecting water in Indigenous communities around the world, when she was just 13.

Peltier hopes the film will change people's perceptions of Indigenous people adding it is a good opportunity for her message to be heard.

Anishinabek Nation Grand Council Chief Glen Hare also praises Peltier pointing out she is their Water Commissioner and the work she has done domestically and internationally has raised awareness of the importance of the vital resource.

Anishinabek Nation Chief Water Commissioner Autumn Peltier has found yet another impressive venue to further her advocacy for clean drinking water.

According to Anishinabek News, a documentary about the 15-year-old water advocate and member of Wiikwemkoong Unceded Territory, had its world premiere on September 14th at the Toronto International Film Festival.

Under New Management Renovations Ongoing!



THE FISH STORE

MANITOULIN TROUT FARMS



**Located Behind the Beer Store
in Little Current**

Store Hours:
Mon-Wed: 7-4, Thurs: 7-6, Fri: 11-7, Sat: 9-1

Now Offering:

- Fresh Perch
- Fresh Pickeral
- Fresh Trout
- Fresh Whitefish
- And More!



Hearing SOLUTIONS
for the whole family.





Sudbury
AUDIOLOGY CLINIC
Est. 1978

705.673.2885
Sudbury · Espanola · Val Caron
sudburyaudiologyclinic.com

CLASSIFIEDS

Real Estate • Rentals • Services
Lost & Found • Items For Sale
Prayers • Thank You • Notices
Personals • Vehicles
Special Occasion

Highest Circulation &
Best Rates In Town!

705-869-6883

SERVICES

PHYSIOTHERAPY OFFERED BY MARILYN WITTMANN - Located at Physio Moves in the Espanola Hospital. Accepting new patients. WSIB and MVA patients welcome. Acupuncture available. Visit www.physiomoves.net for services, rates, and hours, or call 705-988-3737. 10/6 - R

LION LANDSCAPING - Fall clean-up! Book your spot now for raking and leaf removal. We also stack wood and do dump runs. Registered and insured. Call Bobby at 705-865-1039. 9/29

ESPANOLA SELF STORAGE - 6x8 and 8x10 Storage units available in Espanola. Located behind the car wash. Call 705-869-8405. 10/6 - R

CHERYL'S MASSAGE THERAPY & ACUPUNCTURE - To make an appointment call 705-863-3223 or email cherylsmassage7@gmail.com 10/6 R

ATTENTION HUNTERS: WILD GAME PROCESSING - Cut and wrapped. We are here to serve you. Daniel & Rachel Sauder. Massey. Call 705-865-1164. No Sunday Calls. 10/6

MINI-EXCAVATOR FOR HIRE/RENT - Daily and weekly rates. Affordable float fee's. All your excavation needs. Incl Blueskin/wetbasements,. Fully insured. 30+ years. 705-863-0095. 10/6

WANTED

WANTED - 2011 Ford F150 4x4 transmission. Call 705-583-2236.

NORTH CHANNEL CARPENTRY - All your carpentry needs. Drywall, siding, windows & doors. Custom garage packages & sheds. Fully insured, 30+ years. 705-863-0095. 10/6

TOTAL CONTRACTING SERVICES - Carpentry, renovations, painting, drywalling, tile & grout, flooring, bathrooms, siding, windows, steel & shingle roofing, decks, tree cutting, dump runs. Call 705-936-6160 11/3 - R

FOR RENT

HOUSE FOR RENT - Small two bedroom house for rent in Webbwood. Available Oct 1 or Nov 1-- Call Greg 705-822-4734. 09/29

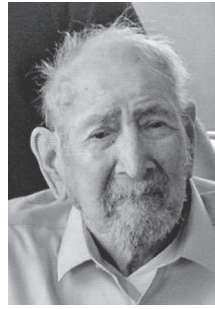
HOME SHARE - Comfortable room in warm bright home--suitable for mature person or student. 705-869-5805. 09/29

FOR SALE

DRY FIREWOOD FOR SALE - 18 cords of popular 65.00 per cord & 4 cords of maple—90.00 per cord. No delivery. Call 705-865-2276. 10/13

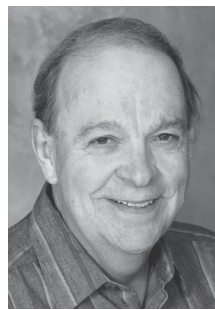
FOR SALE - Limited amount of drywood, and kindling for backyard fires. Also 2007 650 V-Twin Kawasaki Brute Force. Excellent condition. Call Greg 705-822-4734. 9/29

OBITUARY



Abitong - Frank of Sagamok passed away at his home with family by his side on September 21, 2020 at the age of 99. Dear son of the late Andrew & Philomene (nee Bissaillon) Abitong. Beloved husband of Isabel (nee Bob) Abitong. Loving Father of Jerome (wife Loretta) of Sagamok. Cherished grandfather of Veronica, Daniel, Roberta, Yvonne, Cheyenne and great grandchildren Lexi, Danika, Draiden, Jaycee, Rylee, Kellan, Reyna and Adria. Dear brother of the late Ben Abitong and late Elizabeth Keysis. Also, will be sadly

missed by many friends & relatives. Visitation starts Wednesday September 23 at the Multi Educational Centre, Sagamok at 11 AM. Funeral Service on Friday September 25, in the Multi Educational Centre at 11 AM. Interment to follow in the New Sagamok Cemetery. Arrangements by BOURCIER FUNERAL HOME Ltd, Espanola.



PICHÉ, Roland Joseph - With heavy hearts, the family of Roly Piche announce his passing at Health Sciences North Hospital, Sudbury, on Saturday, September 19, 2020, at the age of 71. Adored husband to the late Caroline (Penner). Beloved son of the late Théodore Piché and Roméa Bois. One of 10 children, Roly's surviving siblings are Estelle Cameron (Mac - deceased) of Strathroy; Jeannine Chenier (Claude - deceased) of Sudbury; Harvey (Suzanne - deceased) of Espanola; Maurice (Noella - deceased) of Montreal; Frank (Lucette) of Blind River;

Richard (Françoise) of Sudbury. Predeceased by siblings, Gabrielle Yocom (Jim - deceased), Ronald (Theresa - deceased), Bernadette Laurin. Many nieces, nephews, great-nieces and great-nephews also survive. Godfather to Mathieu Roland Piché (Michele) of Kanata. Special friend to Allan and Natalie Boucher, Aurora; Eva Mayer, Sudbury; and Nhat Nguyen of Washington, DC. A loving global community of dear friends share in the family's loss. Roly lived life to the fullest and brought joy to everyone he met. Music was at the core of who he was and when he wasn't playing music, he was always entertaining. He was a kid at heart and never lost touch with a child's view of the wonder of the world. Kids were drawn to him (and him to them) because he shared their experience of the world as one of happiness and pure joy. Roly's zest for life was contagious and his talents were as varied as his passions. He was a gourmet cook, an avid collector, a world traveller, a baseball fan, a theatre lover, a movie buff, the ultimate Disney fan (and he loved a good slot machine too). He was the pickiest foodie ever. He was generous. He was kind. He was talented. He was loved. He will be fondly remembered and forever missed. A Memorial Mass will be held at St. Jude Roman Catholic Church, Espanola on Wednesday, September 30, at 11:00 am with Father Gilles officiating. Interment of ashes in the Espanola Cemetery. Covid-19 protocols are in effect, including limiting church attendance to 60 persons prioritized for immediate family, and interment attendance of 25 persons. An online tribute to Roly, including a recording of the mass, will be broadcasted on Sunday, October 04. Further details will be made available at <https://www.facebook.com/groups/rolypichetribute/>. If so desired, memorial tributes may be made to St. Jude RC Church, or The Children's Wish Foundation. Arrangements by BOURCIER FUNERAL HOME LTD., Espanola.



Moose Corner

Kindness Cruiser Weekdays

Do you know someone who has been kind? Nominate them by private messaging Roz on Facebook at Moose FM CJM 99.3- Espanola or go to myespanolanow.com and fill out the form or call 705-869-NEWS!

The Moose FM Kindness Cruiser will be looking for and celebrating KINDNESS!

View the paper for FREE every week at
www.aroundandabout.ca

EMPLOYMENT OPPORTUNITY

EMPLOYMENT OPPORTUNITY

1 - Skilled Carpenter FULL TIME

1 - Labourer FULL TIME

MONDAY – FRIDAY 44 HOURS/WEEK

WHITEFISH FALLS AREA - TRANSPORTATION NOT REQUIRED

HALEY CONSTRUCTION LIMITED

IF INTERESTED CONTACT
dewey@haleyconstruction.ca
fax 705-285-1806

Kentucky Fried Chicken Is Now Hiring "Full and Part Time Positions are available"

Are you a team player? Do you enjoy working with the public? If you are energetic, motivated and reliable. KFC might be a good fit for you. So if you are looking for a new experience and are up to the challenge come and join our team. Different shifts and different positions are available.

What We Expect

- Must be able to work independently
- Take direction from the manager
- Be able to execute multiple tasks as required
- Be able to manage your time efficiently

What WE Offer

- Competitive wages
- Flexible Hours ("To Your Availability")
- Paid Training

KFC is now under new management, please apply in person to the new general manager Christopher Hanninen or assistant manager Kristie Blanchard between 11am and 4pm at 383 Centre Street Espanola or drop off a resume.



THANK YOU

Thank You

Thank you everyone for the great support of the Elks Spaghetti Supper. Thank you Rebecca Finch, Stella Hunt, Claire Lamothe for the wonderful help, it was appreciated. Thank you to Ray Deyelle who made the sauce and the spaghetti. Thank you Cortina Pizza for helping with the to-go trays. A big thank you to Veterans Transportation for the \$500.00 donation plus becoming members, and to the gentleman who walked in and donated \$40.00. The supper was a big success, and we are planning on either a soup and sandwich for the next one or another Spaghetti Supper. We still need help with Members. Want to become one? Just call the hall and leave a message for Wanda Ouimette. Or call, text or leave a message at 249-878-8853.



Nicky Lamothe – Publisher/General Manager
STAFF

Andrew Vondette – Director of Publication & Design
Murielle Leblanc – Director of Office Supply Sales
Rayann Muncaster – Director of Production
Vickie Trahan – Bookkeeper
Jaymie Muncaster – Digital Content Creator
Rosalind Russell – News Correspondent
Bill Leeney – Graphic Designer

705-869-6883

email: around@aroundandabout.ca

Around&About is printed locally by OJ Graphix INC.

Distribution by Around & About

The advertiser agrees that the Publisher shall not be liable for damages arising out of errors in advertisements beyond the amount paid for the space actually occupied by that portion of the advertisement in which the error occurred. There shall be no liability for non insertion of any advertisement. The publisher reserves the right to edit, revise, classify or reject an advertisement. Ad space must be reserved Wednesday to be placed in the following week's issue. Copyright and/or property rights subsist in all advertisements and in all other materials appearing in this edition of Around & About. Permission to produce wholly, or in part, any part in any form whatsoever, particularly by photographic or offset process in publications must be obtained in writing. Any unauthorized reproduction will be subject to recourse in law.

PaperWorks, 85 Centre Street, 705-869-6883

COMMUNITY NOTES

PROUDLY SPONSORED BY



Espanola Helping Hand Food Bank - now accepting monetary donations by Interac e-Transfer. ehfb87@hotmail.ca

Do you have a NOTE for the Community? We invite not-for-profit organizations to submit information on their upcoming events in writing no later than **Wednesdays at 3:00 p.m. 25 Word Limit.** E-mail: around@aroundandabout.ca

Recipe

I made this recipe a month ago and everyone is enjoying it. It's a great addition to a charcuterie board or served with a sandwich. I think I'm going to make another batch to have on hand throughout the winter. I didn't add the hot peppers, they are optional.



Homemade Giardiniera (Hot or Mild)

- 1/2 head cauliflower, chopped into small florets
- 10 ribs celery, diced
- 5 carrots, diced
- 2 large red bell peppers, seeded and chopped
- 1 cup sliced green pitted olives
- 4 serrano peppers (or more or none, according to heat preference), sliced

Spices for EACH pint jar:

- 1/2 teaspoon dried oregano
- 1/2 teaspoon coriander seeds
- 1/4 teaspoon yellow mustard seeds
- 1/4 teaspoon fennel seeds
- 1/4 teaspoon black peppercorns
- 1/4 teaspoon red chili flakes (optional, for hot giardiniera)
- 1/8 teaspoon celery seeds
- 1 bay leaf
- 1 clove garlic, cut in half
- 1 tablespoon extra virgin olive oil

For the Brine:

- 4 cups white wine vinegar
- 4 cups water
- 2 tablespoons kosher salt

Place the chopped veggies in a large non-reactive pot or bowl. Pour 1/4 cup kosher salt over the vegetables and enough water to cover them. Let the vegetables soak in the salt water for at least 6 hours or overnight. To prepare the jars, place the spices into each of the jars, reserving the garlic and olive oil until after the brine is added. (you can make some jars hot and some mild by adding/omitting the red chili flakes). Thoroughly rinse and drain the vegetables before dividing them up between the jars. Pack the vegetables in as tightly as you can. Place garlic in each jar. To make the brine: Bring the water, vinegar and salt to a boil. Pour the boiling brine over the vegetables leaving a little more than 1/2 inch headspace from the top. Pour the olive oil over the top. Wipe the rims with a wet paper towel and seal the jars. It's important to make sure you thoroughly wipe the oil from the rims so that they seal properly. Or you can omit the oil at this stage and add it when you open the jar to use. If you plan on using the giardiniera within two weeks let the jars sit at room temperature for a day or two and then transfer them to the fridge. The flavor only gets better with time so wait at least 2-3 days before eating it. Will keep refrigerated for 2 weeks. If you're canning the giardiniera for long-term storage, seal the jars with the lids and rims and prepare a boiling water bath. Boil the jars for 10 minutes. Carefully remove the jars and let them sit undisturbed for 24 hours before moving them.